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on tent. You will be freath!

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Humber students are shocked by the death of a doctor that they had loved and admired.

When Dr. Bernard Lau, 40, was shot dead in his office by a gunman on Tuesday, the violence of his death hit the hearts of those who knew him.

Amee Paul, a third-year nursing student, had been Dr. Lau's patient since she first came to Humber. She learned of his death from a friend who had seen it on the

"I thought 'no!. That can't be true, so I watched it myself. I couldn't believe it. I still can't believe it," Paul said. "He was a great doctor. I go home to London in the summer, but I would drive all the way back just to see him."

Around 2:30 p.m. Tuesday, a man walked into a crowded waiting area of the HumberGreen Medical Centre carrying a gasoline can and a gun. He searched out Dr. Lau and shot him twice while the patients in the reception area scrambled for cover.

Sukhvinder Chema was waiting with his wife when the gunman entered.

"He was calm. He walked right in. He was carrying a gasoline tank in one hand and something else in his other," said Chema. "I heard two shots and ran out to call police."

After shooting Dr. Lau the gunman, George Holdbrook, 58, barricaded himself in the doctors' office, torched it and then shot

Police arrived at the medical centre, just across from the Etobicoke General Hospital, with heavily armed tactical officers carrying shotguns. They quickly secured the area while they searched for the killer, who they

Above: Memorial flowers were placed at the front doors of the medical centre where Dr. Lau was gunned down.

Photo by Greg MacDonald Right: On-lookers, including many Humber students, observe behind police barricades Tuesday afternoon. Photo by Aila Y. Ali

believed was still at large.

However, the police soon determined that the killer took his

During the investigation, police found a third body at a house around the corner from the centre, at 25 Brownridge Crescent.

The third body was that of Carmen Filici, 71, owner of the house and Holdbrook's landlord.

Holdbrook was identified by two former roommates as the killer. One of them, Jeff John, said Holdbrook thought he was getting screwed by the system.

"He kept losing his social assistance. George wanted Dr. Lau to declare him unfit for work, but Lau

wouldn't do it," John said.

Humber student Amee Paul said she believes that Dr. Lau would have tried everything to help his partner Dr. Parmila Sehgal well. eventual killer out, and if he would not sign documents then the man didn't need them.

"He's just not the type of person that you can see someone being that angry at him. He was a family doctor. His whole office was covered with pictures of his patients and their families. Baby pictures, newborns, complete family pictures, he was friendly and comfortable to talk to. When you talked to him it didn't seem like you were talking to a doctor. He would've given that guy (his killer) every chance."

Humber graduate Jim Craig, 33.

of Chatham, Ontario, hasn't seen Dr. Lau in a few years but remembers him and his medical office

"He was always very nice, very knowledgeable. They both cared about their patients. That's the bottom line," Craig said. "I don't know why bad things happen to good people. They're here to serve the community and something like this happens."

Witnesses are calling Dr. Sehgal a hero for her role during the terrifying moments when the gunman opened fire on Dr. Lau.

See pg 4 'DOCTOR'

- with files from Cheryl Waugh, Alla Y. Ali, Sean Hamilton, and **Greg MacDonald**

Humber College Computer Shop

Point your browser to pages 5 & 7

Free T-Shirt Offer see page 3

Indoor Rock

News

Tories tear the roof off

Public sleeps while Tories aim to push new rental laws through parliament

by LIAM LAHEY **News Editor**

Students could be the front-line victims of planned housing legislation by the provincial government.

The Tenants Protection Act (TPA), will abolish the present Rental Housing Protection Act, and stands to weaken tenants' rights, according to Tim Welch of the Coalition to Save Tenants' Rights

"This piece of legislation, should it become law, will have a devastating impact on low income individuals, especially students," Welch said. "The provincial government is paving the way for landlords to raise rent, while doing less maintenance and repair work to their buildings.'

The TPA is the work of Municipal Affairs and Housing minister Al Leach.

Spokesperson Christine Burkigt said the Tory government is moving towards a system that allows for a competitive market value in renting.

"We want to create a climate where there are more places for people to live," Burkigt said. "By streamlining and cutting the red tape, we are allowing for developers to build new buildings, and improve maintenance to older buildings. Renting is a business after all."

But NDP Municipal Affairs and Housing critic Rosario Marchese, said the Tory government is guilty of using "Orwellian doublespeak".

"The provincial government needs a new propaganda office to learn how to title their bills," Marchese said. "The TPA is going

Rent Increases (OPRI) which protected tenants from illegal rent increases. It's also going to put an end to the Rent Registry that the NDP created to give tenants the opportunity to compare their rent to the former tenants'."

"We're (the Harris government) not expecting a severe jump in rental fees." - Scott Harcourt

The closing of the Rent Registry allows landlords to raise rents illegally and, unless the tenant complains within the first year, the raised rent becomes legal.

Marchese also said that the Harris government will allow for a change to the Human Rights Code, by allowing landlords to check on tenants' income.

'What the Tories are saying is, to abolish the Orders Prohibiting you can use this information to find

out where a tenants' income comes from, but it's illegal to use it against them," he said.

For instance, landlords would know which prospective tenants were on social assistance.

"My question is, how do you prove if a landlord is using this information to discriminate," Marchese said. "They say it's for the tenants' protection, they claim that's their intent. But it's the opposite."

Along with the elimination of the Rent Registry Office, some of the sweeping changes included in the TPA are:

- a landlord can change a tenants' lock without permission as long as the tenant is given a key, however it is illegal for a tenant to

- after a tenant moves out from an apartment, a landlord may raise the rent to whatever he/she feels is the market value. This is especially damaging to students who move frequently.

- a landlord no longer has to provide reasons for an eviction (in most cases).

- under the TPA, rents can be

increased by 4 per cent. On top of this increase, the full cost of property taxes and operating taxes, like Hydro, will be passed onto the tenants.

- tenants lose the right to challenge rent increases in court by arguing that capital expenditures were not needed, or that they arose from neglect.

- a Housing Tribunal will be set up by government appointment to deal with issues arising from disputes between landlords and tenants. The court will no longer be involved.

Scott Harcourt, the Manager of the Housing Policy Branch for the provincial government, said he doesn't expect students and low income individuals to suffer from high rent increases.

"Many landlords are presently charging rent well below the maximum limit," Harcourt said. "We're (the Harris government) not expecting a severe jump in rental

Please see Tories - page 5

A new city, a new election, a new era... November

Municipal Election in the new City of Toronto Monday, November 10, 1997



Is your name on the 1997 Voters List?

How Can You Check? It's Easy.

Check the Voters List in the Clerk's Office at your local civic centre or city hall. Or, call the Toronto Vote 97 information line at (416) 397-VOTE (397-8683).

If your name is not on the list, or it is listed incorrectly. Clerk's Office staff will ask you to fill out a form to correct the omission or error.

The Clerk's Offices are open for the purpose of revising the Voters List on weekdays from Tuesday, September 2 to Friday, November 7 from 8:30 a.m. to 4:30 p.m. and on Monday, November 10 from 8:30 a.m. to 8:00 p.m.

Who Is Eligible To Vote?

You can vote in the municipal election if:

- · you will be 18 years of age or older on November 10, 1997; and
- · you are a Canadian citizen; and
- · you or your husband or wife live, rent, or own property in the new City of Toronto any time between September 2, 1997 and November 10, 1997.

Remember:

You may only vote at one location and cast only one ballot in the new City of Toronto.

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Absorbing our history

Former Keelesdale Campus slick with buried treasure

Y NICK PAWSON ews Reporter-

Humber. College is divesting self of one and maybe two not so ittle surprises found during an environmental survey at an area formerly known as Keelesdale Cámpus.

The survey which was commissioned by the Learning Enrichment. Foundation (LEF) found a thousand gallon oll storage tank, left over rom days gone by, buried under four feet of soil on the grounds. The tank which had been filed with sand and had a small layer of water on top of the sand, was structurally ound and had not leaked. The inding of the tank prompted a ook at the old architectural drawigs, revealing what may be a second tank, buried under the build-

The cost of removal is estimatd to be \$2, 500, and will be bsorbed by Humber College in order to facilitate the sale of the

Keelesdale, once a part of lumber College as a whole, was used primarily for futures programs. English as a second language programs, and B.T.S.D.programs.

The building which consists of 2 classrooms, a library resource



Workmen unearth an oil drum buried at Humber's former Keelesdale Campus. The college will pay an estimated \$2,500 for its removal.

the process of being sold to the LEF for an undisclosed amount.

Humber College vice-president of administration Rod Rork says that because of the location of the campus, and the lack of expansion potential, it is no longer a viable entity for Humber College. "It's not in a good location, in fact the college spent a considerable amount of energy trying to relocate to one of the corners at Black Creek and Eglington"

"The facility itself wasn't in that great a shape, and is located on a piece of land that we couldn't

centre, and a small cafeteria, is in expand, and didn't have ready access for the students...lt's located up the hill and on a back street, and surrounded by industrial buildings. So it didn't have the attributes for a long term solution that we were looking for."

It was decided then that the courses taught at the campus would be absorbed by the Lakeshore and North Campus' of Humber College. Lack of occupation, and government cuts to education in the name of downsizing, were the catalysts to the proposal to sell the campus.

"Its like any other facility guess, so unless your occupying it it tends to deteriorate rather rapidly even though we were trying to monitor it, so I had to either invest in it or liquidate it."

Final sale of the property has been pushed back eight weeks, this will give the LEF time to complete its study.

Humber expands to Bramalea auto maker

New program is revolutionary for industry sector

by ANDREW McKAY News Reporter

Do you work for Chrysler? Need a university degree? Don't have a lot of spare time? Don't worry, Humber will come to you.

Humber College is expanding to Bramalea - sort of. A proposed alliance between Humber, Chrysler Canada, and Central Michigan University will give Chrysler management officials a chance to earn a collaborative Bachelor of Arts (B.A.) degree, onsite, in considerably less time than it takes the average student.

Roy Giroux, vice president of Emeritus, is spearheading the project, which he expects to get off the ground by late fall. He said it's about time a program like this saw the light of day.

"Ontario is the last province or state to provide opportunities for students to have degrees without spending three years in school. We're changing that."

Giroux has co-ordinated Humber's Master's of Education Degree partnership with CMU for the last 15 years. He said Chrysler's involvement is a natural

"Chrysler executives in Michigan have CMU degrees, they teach at CMU. It's a common sense connection."

The program will be tailored to meet the needs of each individual. It will grant advanced standing for each student's prior academic training, workplace training, and on-the-job learning. As such, the time needed to complete the program will be cut considerably, and scheduled to meet each student's availability.

"Employees get discouraged by travel, schedules, and registration, so they don't return to

school to upgrade their skills. In this program, they decide when classes are held, and all registration and fees are processed at Chrysler's plant," said Giroux.

The program is more of a necessity than a luxury. Chrysler policy states that salaried new hirees are required to hold the minimum of a Bachelor's degree. Non-graduate executives looking for a promotion must also hold a B.A. Therefore, Chrysler needs a program to upgrade their workers' educations, without losing them to full-time schooling.

"Basically, Chrysler provides the tuition, we send Humber employees and faculty as instructors, and they get a Humber diploma. They then complete the final quarter of the program through CMU with internet classes, because of residency requirements." Grioux said. (To receive a degree, 25 per cent of classes must be taken directly through the granting institution.)

Rob Perryman, human resources manager for Chrysler Canada, said Humber's involvement is both imperative and pio-

"We require a 'portable' degree to accommodate staff who may have the opportunity to move between Canadian, U.S. and worldwide locations," Perryman said. "This type of program is currently not available through our Canadian university system.'

Giroux said if Humber wishes to meet the needs of upgrading students, this program is the key.

Roomax with a view new to T.O.

Matchmaker for roommates a big success in the U.S.

by LOUISE E. BROWNE

If you find yourself dreaming of killing your roommate, you're probably not alone. That's why Toronto's newest roommate matching service can help you.

According to Roomax founder, Janet McLeod, the service is a safe, convenient way of meeting potential roommates. It closely mirrors similar businesses in New York and San Francisco. Although scenes from the popular movie Single White Female may pop into your head, McLeod insists safety concerns are the pinnacle of Roomax's service.

"I thought very carefully about security issues. All listings contain only the first name and contact numbers." McLeod said. "This way people can first speak over the telephone, and then choose to meet."

Applicants are first interviewed and then asked to fill out a questionnaire, describing what they're

seeking in a roommate, and also, in a place to live.

People's preferences are matched by maximum rent, neighborhood and building type. Optional questions are asked about sex, smoking, sexual preference, pets, children and couples. Questionnaires are then matched by computer.

A service like this is much needed in Toronto, where the vacancy rate is a very low 0.8 per cent. The service is also open to landlords who can post available rental spaces for free and receive reports about potential tenants.

Those using the service to look for a roommate are required to pay a \$50 fee, which includes GST. The Roomax database is regularly being updated and is available six days a week. Coming soon, clients will have the opportunity for fax and e-mail services on site.

So, if your roommate's dog is driving you nuts, or if you're sick and tired of your roommate not pulling their weight around the house, you can always pay Roomax a visit. It is located at 176 John Street, or call (416)977-



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Etobicoke General celebrates 25th year

by STEVE ALEGRIAS

News Reporter

Etobicoke General Hospital, Humber's neighboring hospital, opened 25 years ago this month and more then 740,000 patients have since been through its doors.

Today at 12 noon EGH will be launching its 25th Anniversary. In a media release distributed by EGH President and CEO Leo N. Steven said, "This is just the first of many special events over the next year that I hope will bring the hospital and the diverse community we serve closer together."

Melina Cromier, of the Foundation and Public Relations for EGH said she believes that the official launch of the 25th anniversary will be one of highlights of the year long festivities.

"We've invited so many people who have supported the hospital, including past board members, donors, and volunteers," Cromier said.

The Health Services Restructuring Commission (HSRC) report released in March recommended the hospital continue operating "as a full-service community, acute care hospital, serving the residents of Etobicoke and the regions of Peel and York."

"I think we're extremely important," Cromier said, on EGH's standing in the community. "We often refer to hospitals as a testimony to the support of the people in the community."

The HSRC is now conducting a review of the health care needs of people that live in the 905 area code that, according to the Health Connection newsletter, is "expected to result in further recognition of EGH's role as a key provider to the people of York and Peel regions."

Cromier believes, for now, the hospital, is in pretty good condition even though it is operating under a reduced budget much like all the other hospitals in Metro Toronto.

"I think right now we're very confident and very pleased with the recognition of the importance of our role in the community," Cromier said, "but I would say it's a cautious optimism in this environment."



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Doctors murder shocks Humber

continued from pg. I

"She's a hero. She got everyone out of the waiting area and then went back in for Dr. Lau. She could've been shot," said Sandra Lendvoy, of Hamilton.

"It was pandemonium in there. All I remember is Dr. Sehgal shouting 'Get out, get out." Lendvoy told reporters. "I came out of the room and I saw a man with something that looked like a rifle. He was doing something with it. I ran out. I didn't know if he would shoot me or not. I've never been so terrified in my life," she said.

Derek Maharaj, Humber residence manager, had been seeing Dr. Lau for 12 years. The news of his death was a total surprise. He and his family were on a first name basis with Lau and Maharaj felt very comfortable with him.

"I've never seen the man without a smile," said Maharaj. "People didn't mind waiting for him because they knew they would get his undivided attention once in his office."

Heather Mayer, medical secretary in the Humber Health Centre, said that Lau was, "very friendly, kind of a character."

SAC has created a memorial card for Dr. Lau which students can sign in the SAC office. Students have some time to collect their thoughts and best wishes for the Lau family as SAC plans to keep the card out for a week.

Dr. Lau is also fondly remembered by those who worked with him. Dov Harel, pharmacist at the HumberGreen Medical Centre, remembers him as a man whose door was always open, who always had a smile on his face and always

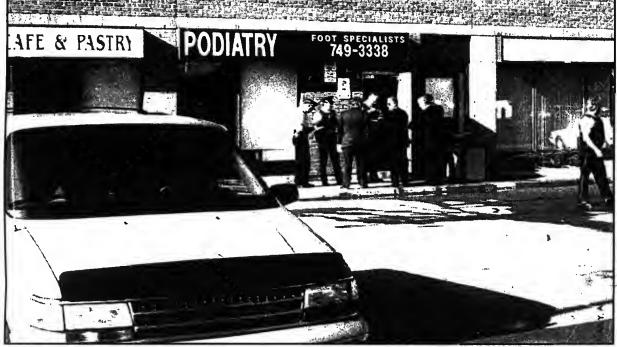
had time for his patients and other people.

"He was one of the few doctors who came to the pharmacy Christmas party," said Harel. "If a patient had no money he would call and say, 'listen, put this one on my office account.' I've seen a lot of doctors and he ranks tops."

Harel had his own theory of why Holdbrook shot Lau. According to Harel, Lau was a man of convictions and strong ethics. He did not believe that doctors should prescribe medication for the sake of a quick buck, or sign workers compensation forms that had false claims.

Harel has some advice for the students who knew Lau.

"Enforce what Dr. Lau stood for, uphold what you believe in, and don't back down."



Police stand outside the side door of the HumberGreen Medical Centre where Dr. Lau was killed by a gunman.

SAC and the Health Centre presents...

AIDS Awareness Day

in the Concourse, October 1st

A sympathy card is available for all to sign at the front desk to express condolences for the late Dr. Lau.

SAC presents
comedian
Simon B. Cotter
in
2:00pm
October 1st

"Yes" to new contract

by TERRY BAAK

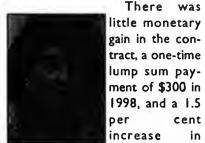
Labor Reporter

It's a deal. With 73 per cent of the eligible voters turning out Tuesday, the college support staff union (OPSEU) ratified a threeyear contract offer.

Sixty three per cent of the votes were in favor of the offer.

There was

gain in the con-



tract, a one-time lump sum payment of \$300 in 1998, and a 1.5 per cent increase 1999. Job secu-Helen Hrynkiw

rity was one of the more important issues.

The new deal guarantees that no employee who has passed the probation period can be replaced through contracting out

Although the offer was accepted overall, there were widely varying results. Algonquin College had a mere 22 per cent in favor, while Niagara College escalated to a high of 90 per cent of their members in

At Humber, 78 per cent were in favor, which was a surprise to Helen Hrynkiw, the president of the support staff union at Humber.

the deal. "It was a tough one to call. I thought it would have been turned down, because there was very little monetary gain. There has been no gain for five years, even though the cost of living has gone up," Hrynkiw said.

Hrynkiw said that she did not like

Humber President Robert Gordon was pleased with the acceptance of the deal.

"I am very pleased. It is the first time that a three-year deal has been agreed on. There wasn't a lot of money, but it is in our budget," Gordon said.

Now that the colleges have an agreement with the support staff, their main focus will be negotiations with the faculty union.

Gordon said that Tuesday's agreement with the support staff will send a strong message to the faculty union.

"The low level of the raise should send them a message that we don't have the money," he said.

63% - Support staff say Tories tear the roof off

... continued from pg2

Harcourt said the Harris government is confident the TPA will become law without major inci-

"We haven't received much

press coverage on it, and despite the fact that many tenant advocates have not supported the bill, there's been no revolutions. Everything has been running smoothly," Harcourt said.

Marchese said a calculated attack on the forthcoming third

frightning that more people aren't fighting back or are not aware of this coming law."

Welch predicts that rent will rise by four per cent next year, despite government assurances to the contrary.

"There will be no more rent control, therefore a landlord can charge whatever they want, and it'll be totally legal," he said. "This entire bill is ideology driven. The Harris government is not interest-



Students may find affordable housing harder to come by with Al Leach's proposed changes to the Tenant Act.

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Biz/Tech

Macintosh vs. P

A fight that might be good for Humber College

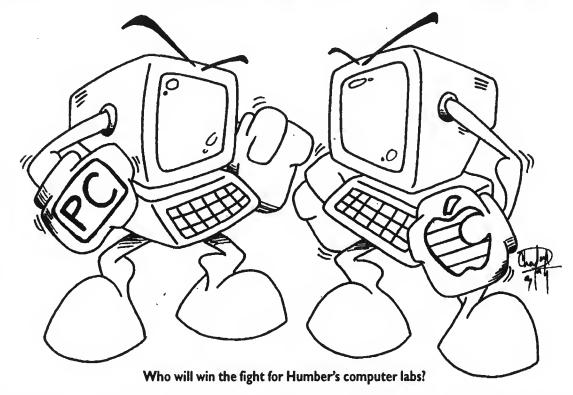
by PATRICK BIRIKORANG **Business Reporter**

Humber College's future computer laboratories could be built at reduced costs due to the close collaboration announced last month between Apple Computer Inc. and Microsoft Corp.

James Cullin, a media technologist for the School of Media Studies, disclosed that the school could save as much as 50 per cent of the cost of a laboratory because instead of two labs, one could be built.

"Another benefit this association will have on Humber is that, within two years the school will be able to build dual OS computer labs. What this means is that a single computer will be able to operate either as a Macintosh or Windows 9S, or as a Windows 95 or NT machine. Therefore for the user will have a choice whether his/her computer should act as a Mac or Windows 95, or Windows 95 and NT Machine," Cullin said.

The agreement announced by the Director and co-founder of



Apple Computer Inc. Steve Jobs, following:

A) The companies agreed to a, paves the way for the two companies to work more closely on leading-edge technologies for the Mac platform;

B) Microsoft will develop and ship future versions of its popu-

lar Microsoft Office productivity and Microsoft Corp. chairman suite, Internet Explorer and and CEO Bill Gates includes the other Microsoft tools for the Mac platform;

C) Apple and Microsoft plan broad patent cross-licensing. It to collaborate on technology to ensure compatibility between their respective virtual machines for Java and other programming languages:

Microsoft Internet Explorer the next century is good for our

browser with the Mac OS, making it the default browser in future operating system software releases:

E) To futher support its relationship with Apple, Microsoft will invest \$150 million in nonvoting Apple stock.

Cullin said Microsoft's commitment in making sure that D) Apple will bundle the Apple is a viable platform into culture as a whole and certainly good for the graphic art and creative art industries using Macintosh as their platform of

"In addition, the technology sharing agreement between Apple and Microsoft means that the best functionality of the Mac OS will find its way into the Windows 95 and NT Platform and the best functionality of Windows and NT Platform will find its way across to Mac OS," Cullin said.

When asked if Microsoft's investment in Apple's non-voting stock reveals Bill Gates' intention to control the World Wide Web Cullin replied:

"Microsoft has bought some marketing advantage over the years and it could have spent that \$150 million to advertise extensively and Mac could have probably accomplished the same thing," said Cullin. "So I don't really subscribe to the conspiracy theory that simply by whipping up \$150 million, Microsoft could be able to control the web. They have to create compelling products that people will want to use. Ultimately you can't bribe people to use inferior products, that's

PCS technology is coming to the cellular world

The completely digital phone will offer many new features

by RICK SMART Tech. Reporter

Businesses are switching to cellular phones thanks to the development of new personal communication service technology - the world's first completely

digital cellu-

lar phone.

cellular phones? Charles Duncan, a sales representative Cantel Communications Incorporated in

> between the able," he said. digital PCS analog cellulars, like price, features, and battery

"PCS is completely digital. It shows the incoming phone number, the person's name, and has three to four lines of paging display," Duncan said. "It has a longer battery life, you can send text messages to another person, and you can screen your calls using visual call waiting, and all for less than \$500."

According to Bill Edge, a sales consultant for Mobile Business Communications Ltd. "The best analog cellular phones can be over \$1000 and don't even have the features that the PCS has."

Edge said that the PCS will be more widely used in the future than any other form of communication, especially the two-way radio.

"The PCS is going to be big in business-

How does the PCS differ from regular es all over the world," he said. "Businesses are going to discover the PCS and they will want to run out and buy one. It's top of the line in cellular phone Toronto, said there are many technology, but at the same time, it's differences cheaper than the best cell phones avail-

> A lot of businesses use two-way radios and regular to communicate, but PCS technology will

> > "The PCS is going to be pretty popular in the future because it's all digital...you can screen your calls."

- Michael Lewin

"open people's eyes," Edge said.

PCS is an easier and more relaxed form of communication than the twoway radio because "on a two-way radio, only one person at a time can talk by pushing down a button while they speak, and releasing when they listen, whereas on a cellular phone both parties can speak to each other simultaneously without pushing any buttons," Edge said. "You can talk to a person as if they're sitting right beside you."

Michael Lewin, a radio communications you can't keep up with it," Edge said.

operator in Pickering, said that CB radios, HAM radios, and two-way radios just aren't going to compete with the new dig-

"The PCS is going to be pretty popular in the future because it's all digital, and because it has more features, such as numeric displays for paging, and visual call waiting so you can screen your calls," he said.

Thanks to the PCS repeater, the PCS receiving station (usually mounted on a high area), your voice is transmitted in less than half a second. As a result it's hard to notice the time delay when you're speaking to someone.

"The PCS is going to be so big in the future because its range is supposed to be longer than CB, HAM and two-way because of its repeaters.

Because CB radios and two-way communications are short range and Amateur HAMs have a longer, but limited range, you require a license to operate them. But with the PCS you have "more range and it does not require a license to use it," Lewin said.

Despite what experts and operators believe, with all the technology available at the moment, it's hard to tell if cellular phones, PCS in particular, will dominate the business market.

"There's so much technology out there,

Policing the Internet

Tech. Reporter

The International Web Police are cleaning up the net with great success. The main purpose of the program, since it was organized in 1990, is to provide assistance to the international Web community by tracking down and getting rid of criminal activity. The program has been doing so with some impressive weekly numbers.

"Web police receive 300 to 500 complaints a week," said President Peter Hampton. "They complete 100 to 200 investigations per week that can be considered closed."

The consequences will differ depending on the severity of the criminal activity, which can range from fraud, e-mail harassment, to any kind of pornography, scams, and theft, to name a few.

Due to the confidential nature of the investigative procedures, the web police won't disclose how they control criminal activity on the Net.

"Our method of operation is not public information as every criminal on the internet is seeking this information," said Hampton.

The Web Police also provide news information links and more serious links such as crime reports or missing persons.

"These links are presented as public information. The feedback has been excellent and very effective," said Hampton.

Part of the success of the Web Police is attributed to the people getting involved. People can get involved by becoming a member and help protect the Net from any manner of illegal activity.

"Membership can be obtained by completing the membership form on any of our 14 websites. To become involved with Web Police requires completing two training courses and a probationary period," Hampton said.

With more help and support, the International Web Police can strengthen the fight on criminal activity on the Net. Contact the site @ www.web-police.org/

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Hate spending time cleaning your cat's stinky litter box! Throw it away because here's your solution. Learn to toilet train your cat with helpful tips and photographs on how to do it. Your cat will feel like one of the family, and who knows? Maybe it will clean the bathroom too.

DAVE'S LIST OF FUN WORDS TO SAY

http://members.tripod.com/~DeathInPlaid/list.html

Have you ever had someone say a word to you and you didn't know what it meant? Maybe it was a compliment, or maybe it wasn't. Enter this world of new and weird words and next time ask your english. teacher if she can look at your palindrome.

EVERYTHING COOL

http://cool.infi.net/

Everything on this site is cool. Visit the cool site of the day, vote for the cool site of the year, or visit past guests like the Beastle Boys or Stephen King. You must visit Club Coolium before you leave, and do as t says right on the site, "Chat with the digitally hip as you sip on an itomic martini."

TWISTED TUNES

http://198.68.188.212/

The title says it all. A site filled with many twisted and bizarre tunes. Listen to some of the old favorites like I Fought the Lawn, Weight Watcher, or listo the hottest new releases including, Media Killed the R Whatever your flavor of music, you're sure to find it here.

Wicked Websites is compiled by David Aceto

ATTENTION **STUDENTS** \$1285 TO START

We are filling the last part-time positions for the fall. These are flexible hours working with housewares and sporting accessories. There are no door-to-door or telephone sales involved. The training is provided and there are scholarships available. Cail Mon., Tues., Wed. (905) 812-9152.

Gameplay surpasses graphics

The look is less important than a solid storyline

by RICK SMART

Tech. Reporter

According to some computer operators, gameplay, not computer graphics or visual effects, is the key to a video game's selling success and popularity.

Alex Wong, a sales representative at Electronics Boutique in Scarborough, said that "gameplay" is the most important factor in a video game, not whether it incorporates good graphics.

"The story line is most important but good graphics helps a lot," Wong said.

Tom Maa, also an Electronics Boutique representative, agreed that visual effects are good to have in a video game, but that gameplay is what counts.

"You could have a game that has great graphics but hardly anybody will buy it because the storyline is no good," Maa said.

Wong and Maa said that the games hottest and most popular video game right now is Final Fantasy VII, a role-playing video game for the Sony Play Station. You're a rebel-

lious adventurer who's trying to save the planet from high-powered beings who will destroy it, if they don't get money.

The game has superb graphics and visual effects, Wong and Maa said, but they agreed it's not the graphics that make it so popular, but the gameplay and the long tradition of the Final Fantasy fran-

"The graphics and visual effects make the game more exciting, but if the story line wasn't like it is then people wouldn't buy it," Wong said.

Video and computer game players like Matthew Lewin, a comput-

er programmer from Toronto. could be considered gaming afficianados, but don't always find the blow 'em peak their interests.

"I saw an advertisement on MuchMusic for the game Final Fantasy VII, and i looked like a war game where you blow things up and try to save the world," he said. " wanted to rent it not just for the graphics, but mainly because the story line looked very interesting.'

Lewin said that graphics are important in a game and make it more fun to play, but that the gameplay or story line has to be good or he won't be interested in playing it.

"Video games can be ver; addictive because of their game play," Maa said.



Sometimes you just can't judge a video game by its graphics



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Pon't break the law. Software theft is a crime!

Microsoft

Where do you want to go today?

Editoria

SAC keeps mum on spending

t's mid - September, do you know where your student fees are going? If no one from SAC has approached you on how you would like your \$500,000 student activity fees spent - don't hold your breath.

Once SAC has the money securely in its bank accounts, it doesn't seem to matter what the students want.

Some of the causes money is donated to are worthy and justifiable, but why should money go to the hockey club or the environmental club if the student isn't interested in either of these?

Schools such as York and Carleton are on the other side of the spectrum, holding referenda for every dollar spent by their student government. York asks students to vote on the allocation of as little as seven cents per credit, per student. That amounts to only 50 cents for a semester and, while students probably wouldn't miss the loose change, at least they are being asked.

SAC argues if students want their money spent on a specific cause they can present their case at a council meeting. Why should the onus be on the students, if SAC is supposed to represent the entire student body?

Clearly, the sheer impracticality of having 10,000 students asking SAC to spend their student fees in different ways, makes this impossible. A simple compromise would be to ask the students every March where they would like to see their money go, much like the United Way does when asking for

If the students don't have an opinion or don't fill out the survey then SAC can spend away.

Torie's tenants law unfair

The Tories' Tenants Protection Act reflects their disregard for the province's poor and vulnerable.

Of course, the Conservatives claim they are simply trying to broaden Ontarians' housing options by establishing a business environment that encourages the development and construction of new rental housing units.

You know the market logic. Encourage investment by clawing back renters' rights and more units will be built. The supply will go up and demand (and price) will go down. In the end, renters will be able to pick from a bigger, more competitive rental stock.

However, lifting rent control in urban areas with chronically low vacancy rates will give landlords free reign in a free market. Toronto's rate, for example, has hovered around 0.8 per cent for years. Even if the Tories' plan does stimulate the construction of more rental units, it will take years for supply to catch up to demand.

In the meantime, it will be low income people caught in the chaos. Rents will go up and landlords will hold more power than ever. Under the new system, once a unit is vacated, the new rent is negotiable. Tenant advocates consistently report that one in four Ontarians move every year, so within a few years, the majority of apartments in Ontario will no longer be bound by rent control

Along with the inevitable rent increases, several rights are being stripped. Tenants will lose the right to challenge rent increases attributed to capital expenditures and landlords will be able to change locks without tenants' permission.

That the Tories would throw something as essential as housing to the free-market when there is such an imbalance of power is unconscionable and speaks volumes about their priorities.



Letters to the Editor

Our SAC – A Bunch of non-Thinkers

First of all let me introduce myself. I'm Kurt Krug, a mature Bus. Adm. Management student, who just happens to have been the Vice President of the 1984 Lakeshore Campus, SAC. However I did spend my first two semesters here at the North Campus.

Well in the first week of school, we the students were treated to a real welcome, nothing like the joke provided by this year's SAC. In 1982, for the first week during each afternoon, we the student body were entertained by the likes of Mike Mandel the mental illusionist, comedians from Yuk Yuk's, performances by members of the Second City Group, professional bands, ice cream eating contests where the winners won tickets to see the Rolling Stones and much more. ALL of this was done in the one area of the campus in which every student must past through between the hours of 11 a.m. and 1:30 p.m. THE CONCOURSE! Not all of us go to Caps, and in the world of entertainment, you go to the place you know the audience will be for sure.

I went to the SAC office and complained about their lack of student body concern. Their answer

was "The administration won't allow it to be held in the concourse. It would make too much noise for the teachers." Well my answer to that is pure B.S. For that one first week, I am sure that the administration won't have minded all that much.

What SAC does do is invite a vendor's fair into the concourse, to sell their JUNK. Then the next week, who gets invited to hand out their material, the Baptist Church and their Bibles. They had no right to come into our school and hand out their religious propaganda, for it was not only offensive to myself (an agnostic), but to every other religious group that makes up our student body. If any religious group wants to hand out the material, then they should do it off Campus, just like any other group handing out their free promotion. (And let's not forget that religion is the biggest form of business in the world.) Remember the PTL club (Pay The

So SAC, get off your butts and start doing th job you were elected to do, and are paid thousands of dollars each year in the form of honorariums.

- Kurt G. Krug

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HUMBER ET CETERA ONLINE

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pinion

Used and abused

by AMAR JOUHAL

Education is a fundamental right and should not become a privilege. It measures a nation's progress. The sound of footsteps in the corridors of the college slowly die down at dusk. Every footstep echoes a different story.

The college is the Mecca of learning and the bookstore is the first step to achieving that knowledge.

With government cutbacks, tuition fee hikes and high unemployment, every penny counts.

Cash-strapped students are looking for bargains, so they opt for used books. The words used books should be synonymous with affordable, cheap and within reach, but it somehow eludes this description in our college bookstore.

Students are being shortchanged. There is no significant difference in the price of used or new books. For example, Physics, fifth edition, by Arthur Beiser costs \$89.25 new and \$79.50 for the used version.

Principles of language and learning and teaching by H. Douglas Brown, costs \$42.00 new and \$31.50 used. In some cases one can only find used books.

Every business in the college wants to make a buck, but to what extent and on whose backs?

Students have no choice but to buy books, so I guess they are stuck without an option.

Survival of the richest seems to be more evident here than ever.

There should be some mechanism in place to fulfill both the needs of students and the financial appetite

Sitting on the throne in the dark

by K. C. COLBY

The administrators who decide where to cut costs at Humber college North campus need a good slap. In particular, the administrator who decided it would be a good idea to put a timer switch or motion sensor inside the men's washroom.

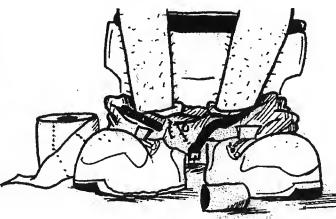
Yes, I believe you try to cut costs wherever, possible, but not at the expense of people's personal dignity or hygiene.

It was my first day at Humber and I needed a washroom in the worst way. Oh, yeah...the worst way.

Upon entering the washroom I heard a loud click. The lights came on. Grateful to finally be tending to what desperately needed to be tended to, I again heard that same loud click.

Even as a child I cannot remember being so afraid of the dark. I had fallen victim to the dreaded motion sensor timer switch. I experienced a black so black that I almost felt I was suspended in air.

Having not finished what I so desperately needed to do, I was faced with the dilemma of how to finish my "business" in a sufficient, clean and dignified manner. Did I stand a chance, waddling towards what I thought was the door while flailing my arms about trying to catch the motion sensor's beam? And how loud would the scream of the poor, unfortunate soul



who opened the door, only to find me with trousers at ankles adjusting my eyes to the "new" light, telling him how glad I was that he had walked in?

So I sat and thought about it. I sat for what had seemed eternity. Finally, disgusted, I had managed to undo the latch and pass through the door when I again heard that now familiar click.

Maddening... YES. Degrading... YES. Unnecessary... ABSOLUTELY... YES!

Recycle, re-use and conserve, all that stuff is wonderful but...

Algonquin College

Algonquin of On Sept. 13, thwarted a the Sept. 10 to 6 thefts of a construction of the President of the Problem On Sept. 13, security at Algonquin's Rideau campus thwarted a theft attempt. Too bad they didn't stop the Sept. 10 theft of a computer system or the Sept. 6 thefts of a computer and a fax machine. Not even Algonquin's Woodroffe Campus is safe. Since Sept. 3, 10 wallets have been stolen, including Vice President Robert Mitchelson's wallet. Part of the problem appears to be that people are leaving their belongings unattended. Hmmmmm!?

Brock University

Theft, theft, and more theft! Three cars have been broken into at Brock since Sept. 6. So far, thieves have made off with anything not bolted down, including CDs and car stereos. None of the cars that were broken into showed signs of forced entry.

Mount Allison University

And a bit more...theft! On Fri. Sept. 12, a new central processing unit (the box which holds the hard drive, memory etc. of a computer) was stolen from the fine arts department office. This is the first theft in that building in almost 23 years. Only the CPU was stolen. A monitor, a printer, a keyboard, a stereo, and an older computer were left untouched. Although the CPU was important, the information contained in the hard drive was valuable as well.

Ryerson Polytechnical University

A 30-screen, 6,000-seat theatre complex may soon sit on top of Ryerson's two-storey parking garage. AMC Canada, a US based theatre company, will pay Ryerson \$1 million for the space to build the complex. Although the complex will be a theatre by night, during the day, from 8 a.m. to 1 p.m., it will serve as a lecture hall. Dalhousie University recently stopped plans to hold a first-year psychology class in a movie theatre, because of concerns about the university's academic reputation. But the Ryerson theatres will be built to be more conducive to education. All I want to know is; How are they going to solve that sticky floor problem that plagues every theatre I've been in?

Good Canadian



Foreign Affairs Minister Lloyd Axworthy

Not only does Axworthy receive our accolades for representing Canada with dignity, but more importantly, the current minister is pressuring the rest of the world to ban the use of land mines.

A treaty will be signed in Ottawa on December 2. Although the United States, Israel, Korea, and some other middle east countries are refusing to sign the deal, this rare historical event will be the first time that several countries ban a weapon of

Former minister Andre Oullet attempted to do the same before leaving office in January 1996, but credit Axworthy for getting the job done; a significant step towards international peace. One that may be recognized with a Nobel Peace Prize.

Bad Canadian



Author Lynn Crosbie

Lynn Crosbie's new book, Paul's Case, is a fictional story containing correspondence with convicted shoolgirl killer Paul Bernardo. The publication, which was recently reviewed in Eye Weekly, was described as a "brave book" and was praised for its unique approach to the actual case.

Although Crosbie changes the names, dates and details of the crimes, it is clear she is cashing in on the deaths of three teenage girls.

Good Canadian, Bad Canadian is brought to you by LIAM LAHEY

Lifestyles

Hush Puppies are making some noise

Comfort and style have made an old '60s staple a new '90s fashion trend in shoes.

by CHRISTINE BOSKOVSKI Fashion Reporter

Hush Puppies are an old shoe making a comeback. Hush Puppies are suede flat shoes that come in a variety of colors ranging from gold to black.

"They first became popular in the early 60s with young men, and now they're popular again. They are a really strong fashion look," said Raul De Sreitas, assistant manager of Brown's Shoes at the Eaton Centre in downtown Toronto.

The Hush Puppy craze started growing when celebrities and music stars like hip-hop artist NAS began sporting the funky shoes.

"I saw something on TV with JFK Jr.'s wife. She was the first one to start wearing Hush Puppies again. She started the craze," said Kim Clarence, a first-year Humber student.

"One of the actors in the movie Scream was wearing Hush Puppies and sometimes I'll see people on TV and say hey, they're wearing my shoes," said Jennifer Smith, a first-year Culinary Management student who owns three pairs.

Hush Puppies have become a strong fashion look,



Look down, someone you know is probably wearing a pair of these right now.

but their comfort is what really keeps them popular.

"You can wear them with anything and they're really comfy," Smith said.

"Hush Puppies are very popular. They're really known for their style and comfort," said a manager of Brown's Shoes at Yorkdale Mall.

Although Hush Puppies are popular with young people, some older people find the comeback quite

"I hated Hush Puppies. Only geeks wore Hush Puppies. I remember wearing them in the '60s when I was a kid. This is very strange," said 44 year old Dr. lan Johnson.

Hush Puppies come in sizes to fit babies and adults, and cost between \$80 and \$100.

Workout wake ups

Gyms offer more than the usual classes to attract exercisers

by NOREEN O'LEARY ifestyles Reporter

Tired of aerobics and lifting weights? How about trying cycle classes or boxercise as a way of working out?.

More and more health clubs: around Toronto are offering alternative ways to get in shape.

"These new fitness programs add variety to the monotony of working out," said Melina Cannistra, a self-proclaimed fitness buff. "It's nice to get a work-outand have fun at the same time."

Cannistra, 22, works out four times a week. She still attends the regular aerobics classes, but once in a while, likes to try something

Body Alive Studios is one of many clubs offering these new

"Boxercise is basically a boxer's warm-up," - said 🦠 Stephanie Addinson, a Body Alive employee. It involves a lot of skipping and bag punching, and at the same time gives you an excellent work-

Body Alive's cycle classes are 45 minutes in length, and include an instructor who leads the class in cycling to music while changing positions on the bike.

Boxercise and cycle classes as well as regular aerobics and step classes are available on a daily basis at Body Alive.

 Bloor Park Club offers spinning classes. They are aerobic work outs on a stationary mountain bike. The rider can adjust the tension at any time during the workout to simulate riding on a mouncain bike crail.

"These classes are becoming fairly popular," said Chrissy Boudreau, a Bloor Park employee "The morning classes are a bit slower than the evening classes, but are growing in popularity. The spinning classes offer an amazing workout and are very effective."

Humber College is not currently offering any boxercise or spinning classes. Leanne Henwood, of the department of athletics and recreation sald that if enough interest is shown, Humber will consider offering such classes.

Chernobyl children get a second chance

by ANDIE WADSWORTH Lifestyles Reporter

Thanks to the warm hearts of others, 11 Russian children are seeing another way of life. The children have been invited to stay with local families to enjoy things that we take for granted, like fresh

These children have grown up in a region of elevated radiation, following the Chernobyl disaster in April, 1986. Belarus is a country tha borders the Ukraine and received 70 per cent of the radioactive fallout.

According to professional studies, the amount of contamination in everything has been compared to 200 times that emitted by the bombs dropped on the cities of Nagasaki and Hiroshima.

The studies also state the children are at great risk of getting thyroid cancer as well as contracting many more childhood diseases because of their suppressed immune system.

The children, ranging from eight to 12 years of age, and their interpreter, arrived on Friday September S, from Slutsk, Belarus. One of these children is II-year old Ludmila Semitko. Ludmila, who goes by Luda, is overwhelmed by little things. A gift of two pairs of earrings put a glow on her face. Dressed in a pair of overalls and

her hair in pigtails, she shook my hand and smiled.

During the children's six week stay, the group has arranged for them to see several doctors and dentists who have volunteered their time and services.

"We found out that Luda has eight cavities, and hopefully in the six weeks we will be able to get them fixed," said Dale Flannigan a participant in the program.

"By inviting the children to come stay with us, it becomes a way of extending our family as well as making the children happy," said Renee Laba, Flannigan's wife.

Laba and Flannigan belong to a Mississauga group which stems from an Ottawa-based organization called the Canadian Relief Fund for Chernobyl Victims in Belarus. The CRFCVB is responsible for bringing close to 600 children from Belarus each year.

Catherine Barnes is the Mississauga group leader, along with her husband Stewart. They have two children visiting with them and two boys of their own.

"It's a handful, but it's worth it," Barnes said.

Will the children's visit get their hopes up for having a better life?

"When our kids go to Disney World, they know it's not real. But while they're there, it's a magical time," Barnes said.

"You can tell by the smile on from home so long. the children's faces that they're having fun while they're here. But when it comes time for them to go home, most of the children are looking forward to it," Barnes said.

This may be the only chance they get to leave their native country. The time away from home allows them to experience something new and refreshing, but towards the end of the visit, the children tend to become home-

with families who have children of the same age and gender. It eases their discomfort at being away

"Kids at school are really cool about it. They keep asking me a lot of questions. Some people even want to help," Lindsay Flannigan

Weekly classes are set up for the Belarusian children with a translator. This gives them a chance to communicate with each other, and for their translator to monitor their school work.

During Luda's stay it is hoped that our access to fresh air, food Visiting children are matched and vitamins will build up her damaged immune system. The Russian doctors believe the equivalent of two years of life are restored to

them through their stay here. Their six week stay is enough time for them to refresh their blood and the quality of their lives is maximized.

"We went to Wasaga Beach last weekend and it was wonderful. The children don't have a chance to swim or play in the rivers and lakes in Belarus, so it was a joy to see them splashing and playing in the water," Laba said.

The Mississauga group is responsible for the children's health care and their transportation to Canada. They've had several successful fundraising events to help cover costs. Once the child is in Canada, the financial responsibility is passed on to the host fami-

"It costs about \$1,200 to bring the child over, and then you have the day-to-day costs," Flannigan

When the children go home, they are given care packages. They include vitamins, boots, shoes and toiletries. Toys and clothing for their families are also sent. To accomplish this, they accept donations of new and gently used cloth-

Anyone interested in making a donation or requesting more information should contact Catherine or Stewart Barnes at (905) 824-



Two of the Belarusian girls who are seeing Canada for the first time through the family program.

11

Fascinated with nature's beauty

Humber students go on excursion in their backyard

by JAY WARE

Environment Reporter

Preserving the awesome beauty of nature, is a little step in the right direction.

Humber students have the chance to see an endangered butterfly species at the arboretum. Monarch butterflies stop there on their way south to Mexico.

"Between habitat loss and pesticide use (on milkweed), the monarch is losing its home," said Nicolette. D. Uyeno, a staff Naturalist.

The monarch butterfly is now on the endangered species list. Uyeno said the arboretum is a haven for many endangered species such as frogs.

Known as the 'tree' museum, the arboretum takes up acres and acres of green space.

Other animals who have made their home in the arboretum are owls, beavers, herons, Kingfishers and the occasional fox or deer.

Uyeno said Landscape and Horticulture students use the arboretum as a lab, taking part in the planning and planting of the gardens.

Community programs have been created to include nature walks, pond studies, summer camp, senior walks, bird watching, and many other similar activities.

The arboretum was established in 1977 by four agencies, Metro



Monarch butterfly is now on the arboretum's endangered species list.

Parks, Humber College, the City of Etobicoke, and the Toronto Conservation Authority.

This group meets once a month to discuss arboretum issues like finances, programs and the gardens.

The nature centre was built in the early 1980s, with three manmade ponds near the entrance of the arboretum.

The nature centre has dedicated the top floor as a nature classroom for the groups of children who come to visit.

"As naturalist, we try, and get people in tune with nature, so we take them through as many different habitats or animal places," Uyeno said.

With Federal funding boardwalks were built a foot above a lot of the trail, to allow the survival of wild flowers and plants. They also help prevent the soil from being compacted and hardened.

Uyeno said every section in the gardens has a theme and every plant and tree is tagged to show the date it was planted, its scientific name, common name and family.

Allen Friars, a third-year Child and Youth Worker student reflects, "I didn't know throughout my first two years of Humber that the arboretum existed. I wish I

Uyeno said, "I've met people as adults, who bring their families with school age children, and say 'I went to Humber College and I didn't know you were here. We were here ten years ago. They didn't know how beautiful it is back here. They thought we were a little nothing."

Uyeno recommends that you stay on the trails, and take a friend with you in the forested area.

VIRUS

WEEKLY LINE-UP

THURSDAY

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Guys free with student I.D.!

FRIDAY

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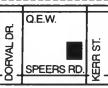
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Consumer Impact Marketing,

Attn.: UNIV. 002







Health

Women defend their rights

by TAMMY SEDORE

Health Reporter

Women shouldn't wait until it's too late to learn self-defence. This message was stressed at the Festival of Women's Martial Arts during Healthy City Week in Toronto.

Ontario Women In Martial Arts, a non-profit organization, is designed to give women the confidence to defend themselves in potentially dangerous situations.

"You'll feel more confident in yourself so you can be free to travel around to any country," said Shirley Imaizumi, who helped organize the fourth annual festival on women's martial arts.

Veronica DeSantos, who holds a fourth degree black belt in Tae Kwon Do, agreed.

"I came into martial arts with a lot of low self-esteem. I find it gives you a lot of confidence. You get physical confidence, then you work on the verbal part of it," she

DeSantos has been involved in martial arts for more than 21 years, and has been teaching for 15 years. She has studios in two locations in Toronto.

"I like the idea of being able to be confident walking, and having no problem being able to defend myself," she said.

Her martial arts skills came in handy a few years ago when she was attacked in a deserted parking lot by a group of men.

"They wouldn't let us in (the parking lot). Some guy started to kick my headlamp in. He started calling me names and we had a physical scrap," she said.

Though DeSantos used her physical strength to stop the

attack, she said she tries to avoid it whenever possible.

Wen-Do, a martial arts discipline meaning women's way, has been in Toronto since 1972. self-defence This method teaches women how to use their bodies to hit, kick, and block. They learn how to release themselves from choke holds from both front and back, arm holds being from and Wen-do dragged. defend themselves

against knives, guns and clubs, as well as gangs, and sexual assaults where the victim may be pinned.

"We think it's very important to talk about sexual assaults and our options and resources," Wen-Do instructor Deidre Bainbridge

Bainbridge said before she took Wen-Do classes she did not have any confidence when she was attacked at a local bar in Toronto.

"I ran away, which was, as I discovered later, a great self-defence strategy. But I still felt vulnerable because I did that having no other options," she said.

At the time of the attack, Bainbridge was working as a volunteer at a rape crisis centre. Part of her job was to recommend women's self-defence courses to the victims. Bainbridge decided to take a course herself.

The seminar, held on Saturday, Sept 20, was designed by women, for women.

"Just to hang out and share



Kageyama, a Toronto martial arts centre, offers teaches women how to training in Kung Fu, Karate, and Hapkido.

their stories with other women is really inspiring. There are a number of women in society who would love to have the energy of martial arts, but they don't know what's involved," Imaizumi said.

Imaizumi got involved with martial arts 17 years ago. She was living in Japan, and married a Japanese man who got her start-

"I've been watching over the years, and women have gotten more confident," she said.

This was only one of the events to be held during Healthy City Week. The week runs through September 20 to 28, and is aimed at making Toronto a safe and healthy place to live.

For more information about events taking place during this week, call (416) 392-0099.

To inquire about women's martial arts, call Shirley Imaizumi at (416) 963-5680. For women's self defence courses, call Deidre Bainbridge at (416) 929-3636.

New birth control for women now approved in Canada

An injection every three months will prevent unwanted pregnancies

by LAURA SCRIVER

Health Reporter

A new form of birth control is available in Canada that can save the hassle of taking "the pill" everyday.

Depo-Provera, a prescription drug that is injected every three months by a doctor, was approved last April.

'It's very similar to the pill, and just as effective, but more convenient," said Hazelle Palmer, the communications manager at

Canada's abortion rate rises every year. There were more than 100,000 abortions in 1994.

Planned Parenthood of Toronto.

Depo-Provera is a synthetic progesterone and is 99.7 per cent effective. That is a greater efficiency rate than oral contraceptives and is equal to sterilization. It can have the same side-effects as the pill, such as weight gain, headaches, and abdominal discomfort.

'The only difference there," Palmer said, "is that if you suffer side-effects from the pill you can stop taking them. Once Depo-Provera is in your system, you will have to deal with the side effects for about three months."

Unlike estrogen-related side effects common to the pill, this inter-muscular injection will not cause high blood pressure, blood clots, or strokes. It was initially introduced as a treatment for endometriosis, and later approved as a treatment for endometrial, kidney and breast cancers.

Debbie Gates, public affairs coordinator for Pharmacia and Upjohn Inc., explained how it works.

"The concentration increases for three weeks, then gradually weakens to the point where it's untraceable in your system. It stays in your system anywhere from 90 to 120 days. That's why you get the injection every three months, so that it doesn't disappear before the next shot. Even as it weakens, the effects don't. There is no high-

er risk of becoming pregnant near the end. It's only if you wait longer than three months for your next injection," she said.

Gates said regaining fertility depends on how long the product is used. Fertility can be delayed from nine months to two years after the last injection.

An advantage of Depo-Provera is decreased menstrual cramps with less bleeding. Some women stop having periods all together.

Doctors hope the new product will control unwanted pregnancies.

"This product has the potential to cause a drop in the abortion rate and maybe even in the number of tubal ligations conducted each year," said Dr. Victoria Davis, an obstetrician and gynecologist at Toronto East General Hospital, in a press release. "These procedures are relatively serious surgeries that are very hard on women and cost the health care system a great deal of money."

Canada's abortion rate rises every year. There were more than 100,000 abortions in 1994.

There are 6.5 million Canadian women of reproductive age, 5 million of whom have used oral contraceptives at some point. About 2 million women are using them

Women's reactions to Depo-Provera are mixed.

"I would never take it," sald Beth Adamson, a second-year Marketing student. "I've heard too much about it and I don't think it's very good for you. I've heard that it messes up your system."

"I would never take it. I've heard too much about it and I don't think it's very good for you." - Beth Adamson

Darlene Woods, 25, disagreed.

"I think it's a good Idea. It would save me time - save me from taking a pill everyday," she said. "Based on the information I know from talking to my doctor, it looks like something I'd be interested in. I mean, there are advantages and disadvantages, but that's the same with every form of birth control. It's perfect if you don't want to have kids for a couple of years."

Depo-Provera is available at medical centres for about the same cost as the pill.

Vaccine available for H

by DANA JAMES

Health Reporter

An estimated 250,000 people are infected with the hepatitis B virus in Canada.

"It is the most common form of hepatitis, although a lot of people aren't aware of what it is and how it is contracted," said Pat Chiswell, a registered nurse.

Hepatitis B is a disease that attacks the liver. It is transmitted by blood, semen, vaginal secretions and saliva. The virus can also be spread from mother to fetus and by sharing needles to inject drugs.

The most alarming fact about this virus is 50 per cent of people infected don't experience symptoms and pass it on without knowing they have it. Others get flu--like symptoms and one in 10 become chronic carriers, which may lead to liver cancer.

blood test. Generally, the virus is take extra precautions. contracted only once, and then Humber's Health Centre offers the body develops enough antibodies to fight it.

A vaccine is available. It is given three times, over a period of six months. After the first vaccine is given, a second one follows in one month. The final vaccine is given at the end of six months.

"The vaccine doesn't work for 10 per cent of the population. Sometimes it takes one more injection to trigger the body to build antibodies," Chiswell said.

People who have had close contact with a hepatitis B carrier should be vaccinated. Someone who has shared needles or has had tattoos or piercings should also be vaccinated. Others at risk are those exposed to blood and bodily fluids though work. Health care workers, health care students, dental professionals, emer-

Hepatitis B is diagnosed by a gency and rescue workers, should

for \$25 a vial. The vaccine is also available at any health clinic or doctor's office.



Hepatitis B is more infectious AIDS, but vaccines are available.

Entertainment

Between a rock and a cold place

Performances hold strong while plot perishes

by DUSTIN DINOFF

Entertainment Reporter

The Necessary Angel Theatre Company kicks off its new season with a doomed journey into the Antarctic.

Inexpressible Island, a new play at Toronto's Canadian Stage Theatre, is a cheerless, and often disturbing drama, based on Robert Scott's 1912 expedition to the South

Toronto playwright David Young's fictional account of the tragic story, is about six men (three British officers and three common sailors) stranded during a scientific expedition, and must burrow into the ice to survive the unbearable winter conditions. The men are faced with a low food supply, a class struggle and a series of illnesses, both physical and mental.

As we watch the bodies and minds of these men slowly deteriorate, we are steered through the gamut of emotions, from fear to joy. Moments of joy, however, are few and far between.

The six actors in Inexpressible Island do an excellent job, much to the credit of director Richard Rose. Rose takes these actors and turns them, quite literally, into animals. They scream, they cry, they hear voices, but their performances seldom come across as melodramatic.

One particularly outstanding performance is given by R.H. Thomson (best known as the host of CBC's Man Alive) who plays Lieutenant Campbell, the leader of the expedition. He displays a wonderful knowledge of the thin line between sanity and insanity, and it is evident in

his performance as he tries to keep the men in line. All six are very talented performers and under the guidance of Rose, hold the show together.

What David Young has done with his Inexpressible Island is focus too much on madness and the rules of the ice-cave and not enough on conflict. The script is full of beautiful thought-provoking lines and big words, but it is ultimately unbelievable.

If there are six men trapped in a cave, with very little food, and three of them are ordering the other three around, there are going to be some pretty serious struggles, regardless of rank or seniority. This idea is hinted at often throughout the play, but never fully explored. Instead, Young presents disturbing images of the men soiling themselves and the severing of frostbit-

Perhaps their inner conflict is what is most important about this piece, but it is impossible to ignore the fact that there is constant interaction between six starving and desperate men and very little happens between

The set is made of white abstract images and works well as the backdrop for this play. The one visible entrance to the cave also works effectively as a picture window where flashbacks are played out. The sound effects are important to Inexpressible Island, but they are booming and often drown out the performers.

Inexpressible Island is worth seeing for the performances, if nothing else. The actors carry the show so well that, you can overlook the holes in the plot.

Inexpressible Island is running at the Canadian Stage through October 18. For ticket information, call the Canadian Stage Box Office at (416) 368-3110.



McMillan and Thomson in David Young's Inexpressible Island.

Phursday Skunk Anansie with Rule 62, Lee's Reiday The Edge and The Peacemaker open t theatres hear you. U.S. The Warehouse, \$26 The Charlatans UK with The Dandy turday n Volt with The Apples In Stereo, n x Concert Theatre, \$10.50 eping Tile with Starling, Lee's Evolutions, the AGO, 2 p.m., free o d On The Street, Queen St. West vid Bowr , The Warehouse, \$45 honday Grift rs with Copyright, Horseshoe luesday O.A.P. Dance Theatre, Premiere nce Theatre, Harbourfront Centre Dionysian Smile, Reverb Room, 11 p.m. Vednesday Culture On The Skids, v=rn,\$10



Pecola frontman works up a sweat at El Mocambo

Pecola on the rocks at the El Mocambo

by ADAM FOX

Entertainment Reporter

CBC's Brave New Waves favorites, Pecola, hosted a three-band bill Friday at the El Mocambo.

Blue Light Blockade opened the evening with their instrumental brand of noise-art-rock. The young Mississauga trio raised more than a few eyebrows with unpredictable rhythms and precise time changes.

What they lack in vocals, the power-trio more than make up for in dexterous manipulation of their instruments. It's obvious these boys have spent some time in the basement. Shortly after the applause faded for Blue Light Blockade, Picastro took the stage.

The band shares the same number of members as the first band, but that's where the comparison ends.

Their sound is sober and understated, due to the sparse instrumentation of acoustic guitar, cello and electric hollowbody guitar. The trio played a haunting set of desperate songs with Polly Jean Harvey meets Cat Power vocal stylings.

Picastro is very adept at what they do, although their music might have been better suited for a different, less aggressive company of supporting acts.

Headliners, Pecola, stepped onto the lit stage of the El Mocambo around midnight. The band punched out an aggressive set of Fugazi-meets-Unwound discordance and brought the bar to its feet.

The four-piece band has had * some national recognition via air play on CBC Radio's Brave New Waves, a nightly four-hour underground music program which airs weeknights at mid-

Pecola has released two recordings on Toronto's own indie label, Skull Geek Records. Both releases are vinyl and include a self-titled seven-inch, and more recently, The Dat Hoang EP.

Singer-guitarist and frontman, + Jamie, led the churning guitars with passionate, almost drunken vocals. Pecola played brilliantly, going through their set list at breakneck speed and barely tak- ing enough time between songs for a swig of beer.

LOOK

FOR IT In

The Devil in Dr. Faustus

by ANDREA HOUSTON

Entertainment Reporter So you sold your soul to the devil. What now?

According to Dr. Faustus, the only thing you can do is go back 400 years, read Marlowe's famous play and get it back. No time! Just

catch the chilling stage version.

Dr. Faustus, which recently opened at Buddies in Bad Times Theatre, tells the tale of the descent of a man whose contempt for humanity's limits leads him to bargain his soul in exchange for power.

The core of the story is a struggle between ego and alter-ego.

Adapted and directed by Steven Rumbelow, it features Philip Shepherd as Dr. Faustus and Steven Rumbelow as Mephistopheles.

The show begins after Faustus' death. Mephistopheles opened the play by breathing life into Faustus, but it is life after death, which is Faustus' hell.

Faustus is drunk with images of the wealth and power he will receive now that he has signed his body, mind and soul over to Lucifer. In exchange, he receives Mephistopheles as his personal servant, to live with him in his dark, gloomy study for eternity.

The electricity between Rumbelow and Shepherd is haunting. Each character is both hero and villain.

Rumbelow's character is sinister, yet droll, and lives up to all our expectations of how a servant to Lucifer would be.

away the fireworks from the original text (devils, demons and angels), the show concentrates on

the ultimate meaning and that's who Mephistopheles really is, an individual struggle of ego vs. alter-Rumbelow discovered "Mephistopheles" is ancient Greek for "me-Faust-opolous" meaning "Faustus' other self."

Shepherd's character, Faustus, creates a type of romance with the audience. He takes them on an evil journey only to bring them safely home again.

The actors work around the lighting, which really sets the mood of the performance. Six hanging light-bulbs set the stage and the characters turn them on and off as they need them.

The torture of Faustus' living hell is that nothing changes. The same agonizing dream in the same dark study, reading the same boring books and talking endlessly to your executioner portrays the ultimate

Dr. Faustus runs about 60 minutes with an hour glass on stage to measure the final hour of Faustus' life. Like a reoccurring dream, at the end of the performance we find Faustus in the same position as when the show began.

Tickets for Dr. Faustus are \$16 for weekday shows, and \$20 for Friday and Saturday showings with Because Rumbelow stripped a 20 per cent discount for students.

> Dr. Faustus will run to October 5. Buddies in Bad Times Theatre is located at 12 Alexander St.



How Come Nobody Ever Says They're 'Healthy As A Dog?'

ne of the many misconceptions about exercise is that everyday activities like walking your best friend does little to improve your health. In fact, nothing could be further from the truth. The daily bound with 'Spot' is great for both of you. And, considering how eager he is to go whenever you are, says a lot about how little it takes to be active and feel good. Just 30 minutes a day, most days of the week, for a whole new leash ... er, lease, on life. Of course, if you don't have a dog, there's nothing stopping you from taking yourself for a daily walk. (Leash optional)



Cheap dates for those who look by AMY TYSON

Entertainment Reporter Theatre lovers, can save some of that hard-earned cash by shopping for discounts.

All over Toronto, big and small theatres provide price-reduced tickets for students. Not a surprise for everyone, but students can pay less than other people to see The Phantom of the Opera and other major productions.

The Princess of Wales Theatre offers a student rate of \$21.50 for The Importance of Being Earnest. The theatre is located at 300 King

The Pantages Theatre, home of The Phantom of the Opera, also offers students reduced ticket prices. For between \$47 and \$79 (Wednesday matinees), students can see and experience the Phantom for themselves.

The Tarragon Theatre offers a pay-what-you-can performance every Sunday, but suggest a minimum of \$7. The only exception is

There are no discounts on Saturdays (\$25), but all other days are \$18 for students and \$20 for

Beginning October 26, The Tarragon presents an American drama called The Designated Mourner. Between Sept. 17 and Sept. 28, a one person show called Kicked will be playing at the Tarragon.

On Tuesdays at the Poor Alex Theatre, Theatre Sports starts at 8 p.m. and costs only \$5. Every Saturday at midnight, The Poor Alex has the Paranormal Show.

Here you go students. This won't cost you much. The Equity October. Although the tickets are programs and acting lessons.

terrain which

areas,

rappel

when a show is being previewed. free, Equity Showcase does appreciate donations.

> At Humber College's Lakeshore campus, located at 3199 Lakeshore Blvd. W, students can enjoy performances by Theatre Humber.

> If you decide to go to the theatre at the last minute, you may find the ticket you're looking for at T.O. Tix – and for half the price!

> T.O. Tix, located at 208 Yonge St., offers same day tickets for 50 per cent off. The tickets are subject to availability and are sold in person on a first come, first served

If you're interested in plays in and around Toronto, then Theatre Untario is the place to go. This Showcase Theatre presents What organization also provides theatre The Butler Saw beginning in buffs with information on theatre





Happy hunting ground for Ninja Tune records

by JEREMY RELPH

Entertainment Reporter

Ninja Tune rolled into The Opera House again Friday Sept 12.

This time their entourage consisted of DJ Food, ColdCut and Kid Koala along with Images by Hex. The little label that could is based in Europe with a satellite operation running out of Montreal.

Toronto has proved to be happy hunting grounds for their Stealth Tours, and their last visit was no dif-

Wall-to-wall kids got open to the sounds of hip-hop breakbeats, jungle, drum 'n bass - or the bleached sounds of trip-hop and electronica.

Yes, it can be fun to just watch the DJ's perform, but their primary goal is to move the crowd. Kids threw their hands in the air, while others seemed content to bob their heads and watch the images flash on the screens set up on either side of the turntables,

For all the hype, the audience wasn't particularly mixed. Homogenous is the

While this would damage eyes of a notoriously unforgiv-

ing underground, Kid Koala offered this explanation.

to this (music)."

If none of this changes anything for you, try what Kid Koala might do (by mistake) - leave your glasses at home so you can't see, just hear.

Images of graffiti, b-boying and rare movie snippets flashed all night along with some psychedelic type stuff. - Enough to warrant an actual stage. DJ Food set up shop on the turntables first - the most memorable of the tracks they dropped was The English Beat's Mirror in the Bathroom, complete with some crazy drums - an update that got kids skanking.

> Strictly Kev (one half of the DJ FOOD duo) later mentioned that he and his partner find it weird on stage, spinning for a full house. Their shyness didn't damage their performance.

Kid Koala (from Montreal via Vancouver) showed himself to be a true performer, smiling at and working the crowd with precise cutting and scratching, laughing it off when he messed up. Definitely someone to watch for. He is a DJ's DJ who's making a name for himself across North America.

Where DJ Food and Kid Koala. ran things with breaks, scratching and a hype-hype backing of beats, ColdCut smoothed things out - but still had the crowd moving

with his atmospheric, sci-fi type beats.

While people talk this and that about Ninja Tune, remember Public Enemy's media assassin, Harry Allen, when he said, "Don't believe the hype." The music is



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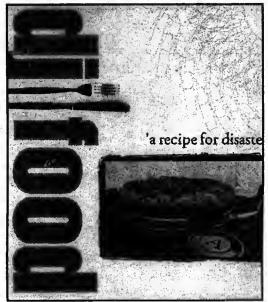
The Hottest Dance Party on the West Side with M.C. Jay T. and D.J. Manzone.

Join them for the Wildest Night in town!

STONE COLD SATURDAYS

Live to Air on Q107 with your host the Frosty Man himself Andy Frost The West Sides only Rock Night

on October 11, 1997



Ninja Tune's credibility in the DJ Food's latest creation, a recipe for disaster.

"Our audience varies from city to city. Sometimes the turnout will all be writers, b-boys, DJ's...either way it's just people. For those who come and don't really know about the roots of some of our music, we hope they'll go further with it. The kids here are hip

Reviews by Scott Middleton



311 **Transistor**

Capricorn

Holy big freakin', funkin' 21 song album. 311's radical yet smooth blend of hard rock, reggae, funk and hip-hop on Transistor show what kind of energy and ability the five Nebraska boys have. It is obvious that harder edged tunes with hip-hop and funk interludes are where the band really shines. Equally obvious is that Hexon's voice has no place singing straight dub like Inner Light And Spectrum. Soaring two part vocal, ultra fuzzy guitars and inventive rhythms mark a positive achieve-

ment for 311. etc)etc)etc)

Andrew Dorf Hint of a Mess

Sony

This guy sounds like Tone Loc's country cousin. He's slow and steady, gnarled yet soulful, scruffy and touching but bordering on annoyance. Dorf, 19, has a rough, raw intentional feeling to his shows and has managed to translate that onto disc. I Splash promises to be a big hit for this soon to be released album. Close but not a part of the current trend in Brit-pop,



etc.)(etc.)

The Sundays Static and Silence

DGC

The Sundays lilting modern sound is close and personal. Static and Silence serves up the clean, chiming guitars of David Gavurin and the melancholic overly-sweet voice of Harriet Wheeler. Their first album since gold selling Blind, The Sundays' third release isn't to everyone's taste but fans of soft pop should enjoy it.



Et Cetera Sept. 25 - Oct 1, 1997

Barstool Prophets

Last of the Big Game

Hunters

Mercury

The Canadian rockers have come

out with their best album to date.

them better musicians and tighter

melodies pull the listener through

adventures with the mob, UFOs

Producer Joe Hardy (ZZ Top,

Collin James) brings out the best

highly energetic sound. Great car

in the band, creating a thick yet

Extensive touring have made

in direction. Big guitars and a

hard-ass blend of riffs and

and man-eating dandelions.

Sports Store S



Three Humber basketball team hopefuls fighting for a rebound and a spot on this year's team.

Hawks ready to strike

by MARK SUBRYAN

Sports Reporter

The squeaking of sneakers on Humber's polished hardwood floor was music to the ears of both players and coaches.

The 1997-98 Humber Hawks men's basketball team started tryouts last Tuesday. More than 50 hopefuls were vying for 10 to 15 spots on the squad.

Last season, the Hawks finished the year by losing a heartbreaker to the Durham Lords in the national championship at Langara College in British Columbia. Overall, Humber's basketball program is recognized as one of the best in the country. It has produced four national titles in the 1990's and a coach who guided the Canadian entry at the World University Games to a silver medal.

"The high points of last season included upsetting Sheridan in the Ontario Colleges Athletic Association (OCAA) quarterfinals," said Hawk Coach Michael

Katz. "Another highlight was having our team come back from a 14 point deficit at the half, to beat Algonquin in the OCAA semifinals in Ottawa."

Missing from the team this season is Jason Daley, who graduated in the spring. Daley was the team's best player last season.

The only returning starter is

"The high points of last season included upsetting Sheridan in the OCAA quarterfinals."
- Coach Mike Katz

second-year player, Rowan Beckford. There are five other veterans returning to the squad as well

Coach Katz said that one of the holes on his team is player height.

les on his team is player height.
"Our team is looking very small

at this point. We also need a point guard to step forward and lead the team," Katz said. "We need a player down the middle as well. We're pretty deep at the off guard position though."

After assessing the first day of tryouts, Katz said he was surprised by the depth of talent of the Soplus players trying to earn a spot on the team.

"I'm looking forward to this season," he said. "I always look forward with enthusiasm to each basketball season. Most years we get a pretty good mix of talent and we try to find a way of grouping the players so that they can play well together," Katz said.

This year's squad is hoping to avenge losses to the Lords at both the provincial and national finals last year. They'd also like to earn a berth in the national championships that to be held in Edmonton next March.

First up is the alummi tournament on October 4 at eight p.m.

Women's soccer dominate

Lopsided win can be improved

by JOE SILVA

Sports Reporter

Humber's women's soccer team started the season on a good note this past Friday, thumping George Brown College 3-0 in their first game of the season at home.

All three goals came in the first half. Filomena Aprile scored the first two and Lorrain Hamil netted the third.

The final score does not reflect how the team played. George Brown's goalkeeper prevented the score from being much worse in contrast, Hawk's goalkeeper, Kim Thompson wasn't even tested in the first half. It wasn't until the middle of the second half that George Brown had a shot on goal.

That was one aspect of the game that coach Vince Pileggi-liked. The key to the victory was being able to control the ball and setting up a few plays," Pileggi said. He was also pleased with the play of the defence.

The one player who stood out on defence for Humber was mid-fielder Vikki-Lynn Brain. She was all over the field. Brain, who isn't the biggest player on the team, was a powerful force in the mid-field.

The moment George Brown began an offensive rush, Brain was there to strip the ball away, and start Humber the other way.

Co-coach, Mauro Ongaro was enthused by Brain's performance. "Vikki played a very good game. She controlled the middle, and she did her job controlling the offence," sald Ongaro. The middle was a concern for Ongaro going into the game.

Even though the team won in convincing fashion, Pileggi and Ongaro believe there are a few things the team still has to work on. Both coaches want the players to talk on the field a little more.

Mid-fielder Jennifer Morris
agrees, "We have to talk more to
each other out there, and be a litde more aggressive," Morris said.
The lack of communication

was noticeable at times. The forwards were rushing plays even though they had plenty of time to run them.

The Lady Hawks play again September 30 at Redeemer.

Women's basketball squad gets a facelift for the season

by MARK SUBRYAN

Sports Reporter

They came. They saw. They played hard.

The Humber Lady Hawks basketball training camp opened here September 15, as 22 players vied to play varsity basketball this year.

"I definitely didn't expect this many people to be here," said Head Coach Jim Henderson, who expects big things this year.

Coach Henderson expects big things from this year's squad.

"Size is something that we are definitely looking for" - Jim Henderson

"I have all five of my starters returning this year," Henderson said. "That includes three players who were rookies last year."

All-Canadian Tanya Sadler who led the league in scoring last year, Heather Curran, a fourth year player who was a league all-star, and the three second year players: Aman Hasenbenebi, Amy Lewis, and Melissa McCutcheon, are all

returning to the team this year.

"Last year, this team finished second in Ontario," said Coach Henderson." At a Christmas tournament, we beat John Abbot College who eventually finished the season as the number one team in Canada."

The biggest hole that Henderson must fill before the beginning of the regular season is defense.

"We want to focus on defense," said Henderson. "Our first tryout tonight was defense oriented. Humber basketball teams have always been offensive, high scoring teams. We would definitely take a strong defensive player from the tryout group."

Size is another problem for the team. Shane Ross, the only player over six feet, graduated last year.

"Size is something that we are definitely looking for," said Coach Henderson. "Anyone with any height advantage will be given strong consideration."

The basketball hopefuls were auditioning for about five to seven spots on the team.

"I feel good about this year," said Henderson. "With our five starters returning, we could do well. In fact, the level of competi-

tion of the whole league improves every year."

This year the Hawks have recruited three players during the off-season. There are two recruits (Nicole McClean and Ernestine Dunkley) who, according to Henderson, could step in and have an immediate impact on the team.

Another recruit, Maria Stangherlin, tore her anterior cruciate ligament (ACL) in a soccer game and is already out for the basketball season.

Coach Henderson and his staff plan on having a roster out this week.



Some of the hopefuls trying out for one of the seven available spots Coach Henderson has room for on his roster.

Humber volleyball spikes into new season

Men's team looking for action this year

by HIMANI EDIRIWEERA

ports Reporter

Humber College reld their first set of ryouts for men's voleyball, last week."

The young men ere being rated on. verything from their ttitudes to their pass-

The players had numbers written on their legs from one to 29. "It's a team sport, pottom line," said voleyball coach Wayne Wilkins. "You really have to rely on the guy ext to you. I look for ersonality. They hould be friendly, yet competitive. I believe n competition within the team."

Joining Wilkins on the coaching taff, is returning assistant coach, Hank Ma, team manager Jeff King ookie assistant coach and OCAA Il scar Eugene Selva.

He said that he is looking forard to this season, and his first

year as an assistant coach.

"It looks good. There's lots of good young guys out here," Selva

After four years of playing for Humber, Selva will have to step

New assistant coach Eugene Selva said he likes what he has

seen during the men's volleyball tryouts.

back and provide the team with

assistance without being on the

the courts, but I'm looking forward

His feelings on coach Wilkins?

to it. I want to play, but I can't."

"It's going to be hard staying off

"He's a tough coach. But he really knows his volleyball," Selva said. "Wayne is a really good friend of mine. I enjoy working with Wayne, and Hank [Ma].

Once the first set of tryouts

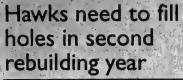
were complete, Wilkins thanked all the players and asked for their support during the games, reminding all of them that there is always next

Last Wednesday, the first round cuts were made lowering the roster to 21. By the end of the tryouts this week, Wilkins will have between 12 and 14 players on the team.

With five returning players; Chris Wilkins, Matt Cunliffe, Tlm Pennefather, Matt Tims and Darryl Bryan, this will be the first year that Wilkins will have the opportunity to coach players that he did not play with,

when he was part of Humber's volleyball team.

He is looking forward to the new season, and expects the same success that the team has had in the past.



by CINDY STEINMAN

Humber's women's volleyball tryouts started last week, giving a number of new, prospective players, the chance to show their stuff.

There were 28 women at the tryout, including a few faces from last year's team. Head Coach Dave Hood was impressed.

"There are legitimately 12 to 15 very good volleyball players here," he said.

This season's tryouts tested both the skill and determination of the team hopefuls. The women worked hard, but Hood had advice

"We'll have practice at least twice a week. It takes a lot of dedication to be on this team. It's not all fun and socializing," Hood said.

All potential players whether returning or rookies, must go through tryouts.

"It's not an automatic thing," said Hood. "Just because you were on the team last year doesn't mean you're on it again."

With its all rookie squad, Humber finished second in the

league and fourth in the province last season, an accomplishment that Hood is proud of.

"We were in the growing phase last season," explained Hood. "This year we'll have a few second year veterans, and we'll be able to

One hole that needs to be filled is the middle because Amanda Roberts, a dominant middle last year, graduated.

This year's focus will be on gaining experience. And the only way to gain that is through playing.

"We have to play more and more, and more. In tournaments, exhibition games... we also have to play deeper, and fight for position," said Hood. "That was a weakness last year."

Along with Hood, the team will be coached by his assistants, Colleen Gray and Chris Wilkins. Gray was a provincial all-star, as well as an All-Canadian. Hood had nothing but praise for his assis-

"They are both excellent coaches," he said. "As well as excellent players."

The three coaches expect to post a team list by September 25

Less than a month away is their first tournament, but first up is the Alummi game on October 4.

sac Notice of Election

NOMINATIONS ARE NOW OPEN! FINAL DAY TO SUBMIT!

Wanted Chief Returning Officer & District Returning Officer

Please submit your resume to the SAC Office North or Lakeshore by noon Sept. 12th. **LEADERSHIP OPPORTUNITIES • RUN FOR THE DIVISIONAL ELECTIONS**

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(Nominations Close Thursday September 25th @ 4:00pm) Representatives Required

School of Liberal Arts & Sciences

School of Business School of Horticulture, Fashion & Design School of Architecture & Construction School of Health Sciences School of Media Studies School of Manufacturing

Accounting & Electronics School of Hospitality, Recreation & Tourism

School of Information, Technology,

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Lakeshore Campus

(Nominations Close Thursday September 25th @ 4:00pm)

Representatives Required

School of Liberal Arts & Sciences School of Business School of Performing Arts 3 School of Social & Community Services 3

Nomination Packages Available in the SAC Offices

September 18th @ 9:00 until September 25th @ noon for Lakeshore & 4:00pm for North

Looking ahead at Canadian soccer

Humber grad admits there is a lack of opportunity in Canadian soccer scene

by Aila Y. Ali

Sports Reporter

Canada's dismal showing in qualifying for the 1998 World Cup indicates that soccer has hit rock bottom on a national level.

Humber grad and Toronto Lynx midfielder, Phil Caporrella, who has also played in Europe, admits the opportunities are limited in Canada. "In Europe if you play well you can move up whereas here you can play well but you might not go anywhere," he said.

Perhaps what is hard to believe is that amateur soccer is growing at such a rapid pace. It has more kids kicking balls than going to bat for baseball.

Bursting on to the A-League Circuit, the Toronto Lynx Soccer Club may be just the shot in the arm soccer needs in Canada.

A-League is what Triple-A is in baseball, just below Major Soccer League (MSL). But unlike baseball, it is currently the only competitive form of soccer in Canada. It's the only place to see rising stars before

they go on to shine abroad or don national colors for international play and the World Cup.

Ex-Lynx Dwayne De Rosario typifies the dilemma that all competitive soccer players face in Canada. De Rosario was a standout as a member of Canada's National Under-20 team that qualified for the World Championships in Malaysia this past summer. Soon after, the 19- year-old Lynx striker inked a two-year deal with a Division II soccer team in Germany.

More promising is Lynx striker Paul Stalteri, who played alongside De Rosario in Malaysia. Stalteri, Lynx midfielder Tommy Kouzmanis and goalkeeper Pat Onstad were named to the Canadian National Team in an international friendly match against Iran in Toronto. For now, all remain Lynx players.

Caporrella says the team has big shoes to fill at the amateur level. "It (Toronto Lynx) gives kids and younger player somewhere to aim



Former Humber soccer standout Phil Caporrella, on the left, is currently starring at midfield for the Toronto Lynx.

for and they don't have to end up quitting after the age of 18. A lot of players do that because there isn't much to go for," Caporrella said.

In their inaugural year, the Toronto Lynx join the Vancouver 86ers and the Montreal Impact as the only three Canadian teams in the League.

Peter Pinizzotto, head coach for the Lynx believes this is part of the problem that national coach Bobby Lenarduzzi has to deal with

"Right now in the MLS there are very few Canadian teams. The CSA (Canadian Soccer Association) has to sit down to find ways to get more professional teams "Pinizzotto said. "At the A-Level, I hope the number of Canadian teams can grow from three to six or seven "

Critics of the National Team say that the writing is on the wall for Lenarduzzi, and that his coaching is the problem. Coaches like Pinizzotto disagree.

"It's hard to blame the coach. You have to blame the whole system," Pinizzotto said.

Humber College men's soccer team coach, Germain Sanchez, who also coached Caporrella, concurs. "Lenarduzzi's problem is lack of professional players, we don't have professional soccer" Sanchez said. "There is a lack of vision here. There is no structure. Ten years ago, we were at the same level as the Americans. Now they have a very strong college level for the sport."

"It would be in their (CSA) interest to get involved at the university and college level," Sanchez said. "We have very good programs with the best facilities, good coaching and good developing players."

Sanchez, who also coaches soccer at York Memorial High School, said nothing has ever crossed his desk from the CSA, to get high school students excited about soccer.

"They could set up soccer clinics, anything to give soccer the exposure it needs," he said.

Caporrella's journey from Humber College to A-League play is an encouraging example that talented players do not go unnoticed, despite CSA's lack of involvement. An All-Canadian with Humber College in 199S, and voted Canadian Collegiate Athletic Association MVP in 199S, Caporrella had been playing for the Toronto Italia team for three

years before signing on with the Lynx.

"The college route can help, if you are an outstanding player and you do well. The word gets around, people find out and word of mouth is really good. Plus, Germain knows a lot of people," Caporrella sald.

In what has become a sleeper of a sport for fans, the Lynx and the National Team have similar goals, to score points with fans.

The only time Varsity Stadium, where Lynx home games are played, came to life with enthusiastic fans was when the Canadian National Team hosted Iran. Even then, most did not stay to watch the Lynx game that followed.

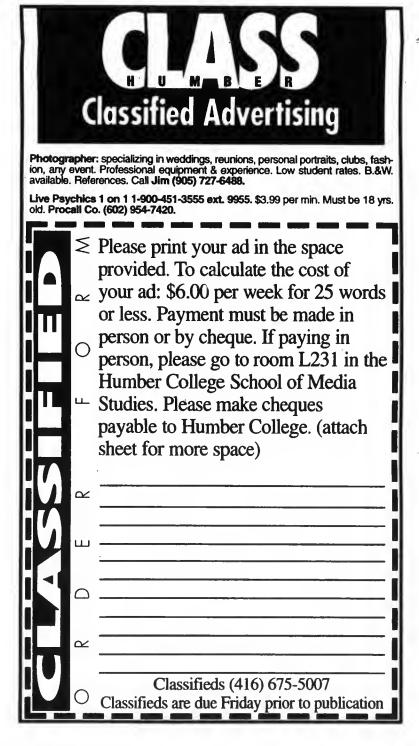
"Canada's not showing any progress, so people are saying why should I go watch games when they are not doing anything to make themselves better, whereas the States are showing that they are making the effort," Caporrella said.

The Lynx are already showing promise. By making post season play in their first year, the Lynx have helped rub sleep out of the eyes of fans waking up to soccer in Toronto.

The Lynx managed a 14-14 record and snatched fourth place and a berth in the Northeast Division playoffs. Ironically, they would face the only other Canadian team in the division, the Montreal Impact, in a best of three series. After being shut out with a 2-0 loss in their first game, Montreal claimed victory winning 4-0 in the second game. The Lynx lost at the hands of one of their own. Impact Darren Tilley, traded from the Lynx, scored three deciding goals to win the series.

Caporrella said he wants to come back next season and sell soccer to the city by winning. "I'd like to come back and help the team achieve the championship and show that Toronto is taking it a step further and making soccer work."

Given their impressive showing this year, the Lynx could become a breeding ground for national players in the future.

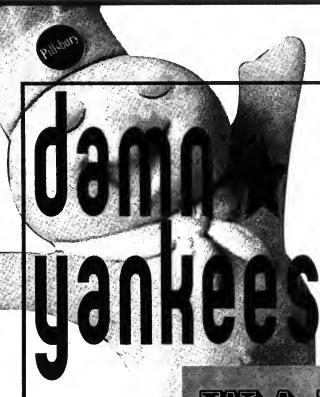


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The Last Word

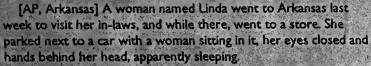
- The New England Medical Journal reports that 9 out of 10 doctors agree that 1 out of 10 doctors is an idiot.
- A mosquito has 47 teeth.
- Students at U.S. colleges and universities read about 60,000 pages in four years.
- It took engineers 22 years to design the zipper.
- A cockroach can live for several weeks without its head.
- Mosquitoes have killed more people than have all the world's wars combined.
- Just a moderate sunburn can cause such damage to the blood vessels that it takes three to ten months for them to return to their normal condition.
- The temperature in eastern Siberia can get so cold that the moisture in a person's breath can freeze in the air and fall to the ground.
- Worldwide, about 40 square miles of land are transformed into desert each day.
- There is enough stone in the Great Wall of China to build an eight-foot wall circling the globe at the equator
- The shrimp's heart is in its head.



Tales of brilliance from south of the border



RIMSBURY DOUGHBOY FOR ATTEMPTED MURDER



When Linda came out a while later, she again saw the woman, her hands still behind her head but with her eyes open. The woman looked very strange, so Linda tapped on the window and said "Are you okay?"

The woman answered "I've been shot in the head, and I am holding my brains in." Linda didn't know what to do; so she ran into the store where store officials called the paramedics. They had to break into the car because the door was locked. When they got in, they found that the woman had bread dough on the back of her head and in her hands.

A Pillsbury biscuit canIster had exploded, apparently from the heat in the car, making a loud explosion like that of a gunshot, and hit her in the head. When she reached back to find what it was, she felt the dough and thought it was her brains.

She passed out from fright at first, then attempted to hold her



nnnnmennna

Libra (Sept. 23-Oct. 22)

Mismatched, you venture to the ball. There he/she is. Waiting for you near the punch bowl. You pull the micky out of your pocket and start with the pickup line that should get you to first base - Hey, have you read Sartre?

Scorpio (Oct. 23-Nov. 21)

It wasn't easy to find a way into the conversation, but it sounded something like this, "HEY! I'm pissed off at...ah...ah." Man, you screwed that up! You start to cry, which is all it really took.

Sagittarius (Nov. 22-Dec. 20)

You missed the opportunity because you were too busy making sure you looked just right for Mr./Mrs. Right. In the time it took you to comb your hair and fix your clothes your prospect caught the eye of a smooth, dishevelled creature in the corner. The Irony.

Capricorn (Dec. 21-Jan. 19)

"Out of the way," you scream at everyone in the bar. "It's time for me to take over the dance floor." You begin to shake your booty, but the one person you hoped would

notice hasn't. You swiftly inch your way closer. Still nothing. You make eye contact and see it's your ex. That's got to be Embarrassing.

Aquarius (Jan. 20-Feb. 18)

You see the person of your dreams and think you have the Jedi mind trick down. You start projecting your thoughts, "Come to me! Come to me! PLEASE! Come on. PLEASE!!!!"

Pisces (Feb. 19-Mar. 19)

You can smell the Capricorn from across the room. You're not sure who it is, but something says it must be the gorgeous one leaning up against the bar. Wrong!

Aries (Mar. 20-Apr. 19)

Each drink brings you closer to the inevitable. You're too smashed to see, but they must be cute, you've got great taste. Right?

Taurus (Apr. 20-May 20)

There's a Pizza Shop near here, would you like to go for a bite to eat and maybe a little cuddling. Suddenly you feel a slap on your cheek! "Damn! they must really hate Pizza,"

you think.

Gemini (May 21-June 20)

Baywatch or the more spooky X-Files? Which characters are better looking? I guess it depends on which of your two personalities is watching the tube.

Cancer (June 21-July 22)

it doesn't really matter. You're too busy making friends and buying everyone in the damn bar a drink and something to eat. Damn, you're nice!

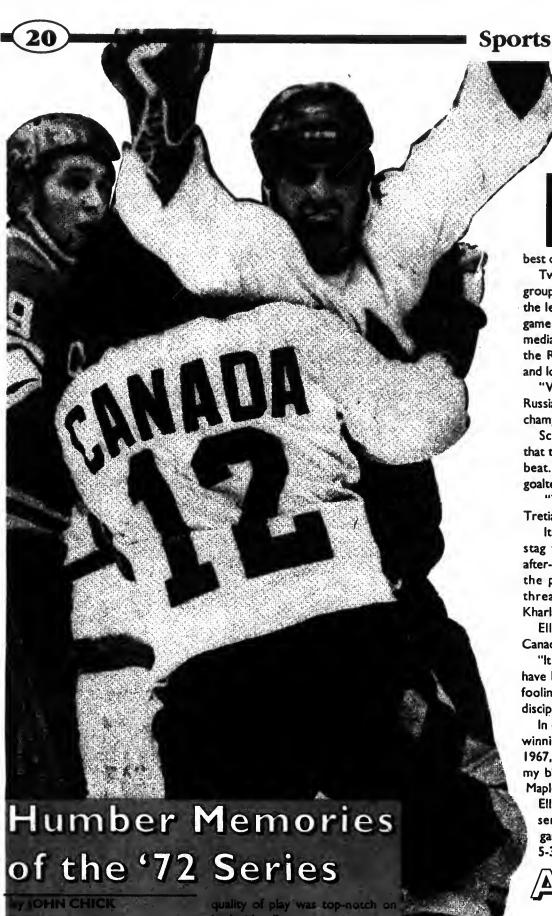
Leo (July 23-Aug. 22)

"Look at me! I've spent the last 6 hours trying to look good and no one is even taking the time to look at me." Suddenly you decide it's time to make an impression. You come back from the bathroom wearing nothing but the hair you acquired throughout your life.

Virgo (Aug. 23-Sept. 22)

All that needs to be said is this, "Watch out for those people ... bearing strange gifts from strange gift shops."

> Horrorscopes in the sky are compliments of **ANTONIO TEDESCO**



It was one of the greatest

noments in Canadian sports his-

ory, ranking alongside .joe :

Carter's World Series winning

omerun and Donovan Balley's

old médal in Atlanta. But many

see Paul Henderson's goal as one of the greatest moments in

Canadian history, beating the

ted Soviet Union in our game.

löst Humber students weren't

ven alive on September 28,

972, when Henderson went top

helf on Viacheslav Tretiak, but

I have fond memories of it.

It was the first time I felt that

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Humber College Director of Purchasing Pat Kelly has his own unique memory of the final game. At the time, Kelly was playing lacrosse for the Maryland Arrows of the now-defunct North American Lacrosse League.

The team was on a road trip in Vancouver, meaning the game came on early in the morning. The team gave us breakfast, and set up what was then a big screen TV in the hotel restaurant," Kelly explains: "When Henderso scored, the place just went geop in the room, but we made

5,000 peop "
rs, hower r, see
and the goal as more ey. It was the height of the cold war, freedom versus

The Russians were the evil

r type" says Kelly. It's un there will ever be

The Goal

by NEIL BECKER Sports Reporter

on Ellis played in the most memorable hockey series ever. The 1972 Summit On Ice series against Russia pitted the best of Canadian hockey against the best of Russian hockey.

Twenty-five years ago Ellis was among the group of Canadian hockey players, chosen by the league, to represent Canada in the eight game series against the Russians. Canadian media, hockey fans and players believed that the Russians would be inferior opponents and lose every game.

"We did not know much about the Russians. We just knew they were Olympic champions," Ellis said.

Scouts that returned from Russia said that the Russians would not be a problem to beat. The report on the team said their goaltending was their weakest point.

"The day the scouts were watching, Tretiak let in eight goals," Ellis said.

It was revealed later that Tretiak had his stag the night before and was feeling the after-effects. Apparently the scouts warned the players that the only two potential threats were Alex Yakushev and Valeri Kharlamov.

Ellis described the atmosphere at the Canadian training camp.

"It was not nearly as intense at it should have been," he said. "There was too much fooling around on the ice instead of hard, disciplined practices."

In comparing the Summit On Ice series to winning the Stanley Cup with the Leafs in 1967, Ellis said "Representing my country is my biggest hockey thrill. Wearing the Red Maple Leaf was an honor."

Ellis said that the turning point in the series was Phil Esposito's speech after game four in Vancouver. Canada had lost 5-3 and had just won one of four games

on Canadian soil. It was the last game before the Canadians went off to resume the series in Russia. During and after that game the fans showed their frustrations by booing the Canadians.

"That was the lowest point in my career," Ellis said.

During the eight day break in the series Esposito's speech had time to have an effect on Canadians according to Ellis.

"It let Canadians think about Esposito's comments. To say, 'Hey our guys are out there giving it their all for Canada, let's sup-

The Canadian team lost the first game in Russia 5-4, blowing a 3-0 lead in the third period. This set the stage for the team to step up and show what Canadian hockey is

"We had only one goal in mind, we had to win that thing."

They tied up the series courtesy of Paul Henderson's winning goals in games six and seven. The historic one game showdown In game eight would decide the series winner.

" I felt very confident and so did the team going into game eight. We had fought so hard to tie up the series."

In game eight Canada found itself trailing 5-3 after two periods. However, Ellis said that there was a quiet confidence in the

"What helped was the Canadian fans there. Our 3,000 fans were unbelievable. They held their own against 15,000 Russian fans," Ellis said. "They were critical. It would have been harder without them."

With 34 seconds left, Paul Henderson scored the winning goal and made a nation proud for the next 25 years and countless

"This will never fade away. Canadian fans always want to talk about it. They never allowed It to die."

A Canadian experience behind the Iron Curtain

Sports Reporter

Twenty-five years ago, a battle took place between two countries. Without using guns and bombs, they fought the best way they could

> they played For 10 the U.S.S.R.

opened the Iron Curtain for Team Canada and some of its fans to enjoy four of the greatest hockey games ever played. Two of those fans were die-hard hockey fanatics Jim Wheat and Gavin McCrae.

Through a friend (the interpreter for Team Canada), they were able to get tickets to the last four games in Russia. But going to the series involved more than hockey.

"It wasn't just the hockey," said Jim Wheat, a 52-year-old provincial court clerk. "It was the first time a Westerner was allowed to see their country."

It was the biggest hockey event

by SHAWN GIBSON of the time, and Wheat said it was that big only because it was against

> Canadians who visited Russia in 1972 saw how lucky they were to live in Canada. Canadians weren't able to communicate with Russians without surveillance by the everpresent KGB.

"Everybody went in one entrance and out one exit, that way they could watch everybody,"

Fifty-year-old, retired civil servant. Gavin McCrae remembers a dark side of this historical event.

"Imagine being in your own country and not being allowed to shop at certain stores because they were only for tourists. Russians had to wait in lines so long that sometimes they didn't even get what they wanted, even if it was food for the family," he said.

McCrae recalls a shocking incident over a piece of gum.

"Some of us saw what little the kids over there had. They'd beg you for a stick of gum," McCrae said. "A kid dropped a piece of gum given to him by one of the Canadians. Some soldier stepped on the kid's fingers and then kicked him in the stomach."

However, this was the greatest hockey series of all time and there was a lot of humor, drinking and celebration also.

During one of the games, recalls McCrae, a fan started blowing a trumpet, something you weren't allowed to do. A soldier made his way over to the fan to confiscate it only to find it being passed from fan to fan. They took turns blowing the horn.

After running up and down aisles for several minutes, the soldier gave up. The stadium crowd had a good laugh and McCrae said it seemed to bring everyone together.

Laughter and celebration would erupt in game eight.

Thirty-four seconds were left in the game. The score was tied at five apiece. And Paul Henderson took a shot. Then the impossible became possible. The puck went into the net. "The goal."

"Henderson's goal brought fans to tears. Even Latvians and Ukrainians cheered for Canada," McCrae said. "They called us the Crazy Canucks over in Russia. We must have been because we were waving the Canadian flag in Red Square at 3 a.m."

Et Cetera Sept.25 - Oct.1,1997