



PHOTO BY PETER DAVEY

Working in forestry isn't just about cutting down trees. Other jobs include sales, human resources and supply chain management, programs taught at Humber.

## Forestry seeking workers

Youth, women, Aboriginals and new Canadians among those being sought as sector looks for 60,000 new recruits by 2020

**Peter Davey**  
Applied Tech Reporter

The Forest Products Association of Canada has launched a recruitment campaign to attract younger workers into Canada's forestry industry in light of an oncoming shortage.

Working with the federal government, the campaign is hoping to attract at least 60,000 workers by 2020.

As part of the Greenest Workforce recruitment campaign, Humber students have the chance to win a four-month paid internship at a forestry company and an iPad mini.

Mechanical and electrical engineering, human resources and communications, which have relevant programs at Humber, are three of the eight available internship positions.

Robert Parsonage, the program coordinator of Humber's mechanical engineering program, said the location of the internships, British Columbia and Quebec, may put off some students from applying.

"There is a real reluctance from our students in the GTA to move," said Parsonage. "However, some guys want to travel and some don't."

Michael Hancharyk, 24, a graduate of the University of Winnipeg's environmental sciences program, has been looking to upgrade his current job in recycling for the past

seven months. He said moving to and working in smaller towns and outdoors doesn't bother him.

"One of the perks of the job is working outside. There is nothing like it and it's better than working in an office," said Hancheryk.

According to Susan Murray, executive public relations director for the Forest Products Association, many jobs will be available as older employees retire.

"About 40,000 positions are to replace people leaving the workforce," said Murray. "The others are from growth in the forestry industry."

No longer just producing timber and pulp, wood fibre is being used for plastics and even in the making of bulletproof vests, said Murray.

"The industry has found new life and is definitely hiring."

Along with younger workers, the industry is interested in hiring women, Aboriginals, and new Canadians. Murray said women haven't been a large part of the workforce in the past and forestry companies often operate near Aboriginal communities.

Contestants are required to submit a short two-minute video explaining why they would be perfect for the internship. Videos with the most votes will get on a short list for internship interviews, said the association's news release.

## Paramedics urge more assault protection in law

**Justin Vasko**  
Queen's Park Reporter

The Toronto Paramedic Association is calling for changes to be made to the Criminal Code to better protect paramedics from assault.

Association president Geoff MacBride said that, ideally, he would like to see the code amended to include paramedics, not just police officers, in the definition of peace officer.

Doing so would afford paramedics access to stricter, peace officer-specific protections under the code, which MacBride said he hopes will act as a deterrent against future assaults or abuse.

"There already exists a charge for assaulting a police officer, and paramedics and other emergency workers are simply looking for parity in that," he said.

MacBride said their proposal will be simple, for now, as fire services lobbying for similar reforms failed in 2001 and 2011. MacBride said those proposals were not successful because they became too complicated and tried to include too many elements.

"This has never really been tried for paramedics," MacBride said.

"It's a standard approach to changing legislation, but the focus is unique."

Stephen Slessor, a communications officer with the Department of Justice, said that currently police see no special treatment or protection when it comes to offences related to assault,

nor are their assault cases treated with any more seriousness or urgency.

"These maximum terms of imprisonment are the same in all cases, whether the victim is a police officer, a paramedic, or any other person," he said.

The Association's call for stronger legislation comes in the wake of a Jan. 17 assault that left Toronto paramedic Aron Sperling with a broken leg.

A 2011 study by St. Michael's Hospital found

the abuse of paramedics is a relatively common occurrence.

The study showed more than two-thirds of paramedics experience abuse, often in the form of verbal abuse, intimidation, physical abuse, sexual harassment or assault.

Blair Bingham, an advanced care flight paramedic for York EMS and provincial air ambulance service ORNGE, and lead investigator on the study, said that while legislation can be helpful, it is one of many angles that must be explored.

"It's a complex problem and no two violent episodes are the same. One episode might best be managed by legislation, others might not," he said.

"You have to take a very broad, interdisciplinary perspective to address the problem. You're not going to have a one-solution fix."

Craig MacCalman, a professor in Humber's paramedic program, said that much of the abuse that paramedics face is spontaneous, making it difficult to adequately address through legislation.

"I don't think a law will change entirely violence against paramedics. I think it will make some people think about it twice, but I think most violence against paramedics is because of the psychology of the situation."

The paramedic association is still in talks to name a politician that will champion their proposal.



PHOTO BY JUSTIN VASKO

Toronto paramedics are seeking to be classified in the same way as police officers while on the job.

## IN THE WORLD THIS WEEK

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
<b>4</b> Kenyan elections Kenyans take to the polls to elect a new leader today. The last elections in 2008 were marred by violence, with a reported 1,300 people killed.	<b>5</b> 60th anniversary of Stalin's death Soviet dictator, Joseph Stalin, passed away in 1953 under mysterious circumstances. He remains a divisive figure in Russia.	<b>6</b> Miriam Toews Visits Lakeshore campus The award winning Canadian author will be visiting the Assembly Hall at Humber's Lakeshore campus to read selections from her various works.	<b>7</b> World Baseball Classic hits North America The first North American game of the WBC, which sees Italy against Mexico, will be played in Phoenix, Arizona at Salt River Fields. Canada's first game is March 8.	<b>8</b> International Women's Day The occasion began as a socialist initiative to celebrate working women. It marks the achievements of women and recognize where work still needs to be done.	<b>9</b> Game of Thrones exhibit in Toronto A travelling display of weapons, armour and costumes from the hit HBO show runs until March 16 at the Design Exchange.	<b>10</b> Tibetan Uprising Day Supporters of a free Tibet recognize the 1959 uprising against the presence of Chinese troops in the region. The tough Chinese reprisal led to the Dalai Lama going into exile.

# Training tomorrow's chefs in high school

**Penny Munoz**

Culinary/Hospitality/Fashion Reporter

At St. Michael's Catholic Secondary School in Bolton, there's a lot more going on than just reading and writing.

Michael Gallo, a Humber graduate and now head chef/teacher of St. Michael's culinary program, is changing the way students learn about food.

While a Humber student, Gallo gained what he called a valuable internship with Gleneagles Hotels in the U.K. and worked with Andrew Fairlie, a renowned Scottish chef.

Gallo said the practical experience gave way to many opportunities which satisfied his passion for food. However, a part of him still felt compelled to find a way to pair this talent with his inclination to help others.

By 2011, Gallo had graduated from Queen's University and was starting his career as a high school teacher.

"I have three passions: cooking, helping people and living life," said Gallo. "I tried to find a way to combine these things; I put inspiring kids and something I really enjoy together, and I ended up hitting the nail on the head."

Gallo showed that he was willing to put in the hard work to attain his goals, according to the coordinator of Humber's culinary program.

"He was always very focused and dedicated. He had a 'never-give-up' at-

titude. He knew what he wanted and followed through," said Rudi Fischbacher, about the characteristics that led Gallo to his success.

"For such a short career, it's taken off quickly."

The Bolton school's innovative approach has received much praise from community members, staff and students, attracting enough attention to gain exposure from a local magazine, Food in the Hills.

In partnership with the cafeteria catering company, the school actually provides the labour for the production of the cafeteria food. Coordinators are also starting to grow their own fruits and vegetables to teach students how to use these products in the kitchen.

"[Culinary students] are totally engaged, to the point where they look up from their work and realize class is almost over and they have to start cleaning up," said Gallo.

"Our goal is to teach them how high-production kitchens work. They'll be quite advanced before they get into culinary school."

Gallo's hard work and perseverance has inspired current students in the program.

"It's great to hear that Humber graduates are doing other things with their diplomas, to help prepare younger generations of students," said Michael Dela Cruz, a first year culinary



PHOTO COURTESY OF MICHAEL GALLO

Students from St. Michael's Catholic Secondary School in Bolton work in the school's kitchen to help prepare fresh food to be sold in the cafeteria. Humber grad Michael Gallo, who runs St. Mike's culinary program, says inspiring kids is a passion.

student at Humber.

Gallo, now 30, is working on his first book on balancing life, cooking and following your dreams. He hopes to have the book published this summer.

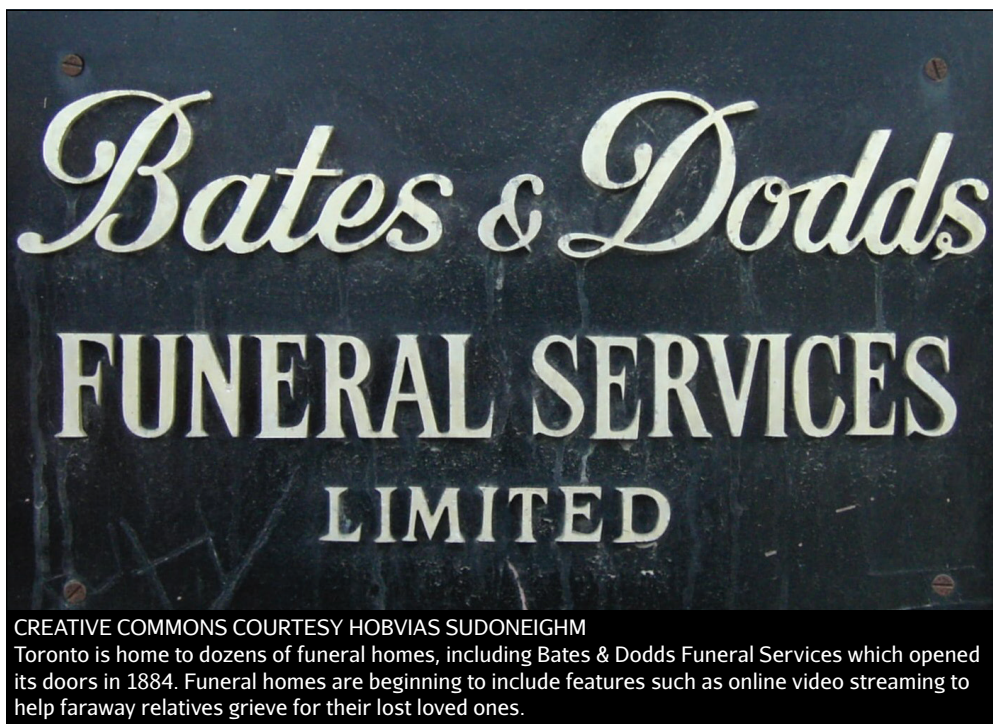
He said he is grateful for the experiences he had at Humber as a student and advises current students to remember that, "as long as you truly love and appreciate food and life, don't

think you can't accomplish things in this industry.

"Never give up through the times you're struggling and the times that are difficult."

# Funeral homes using tech to help families grieve

Some Toronto funeral homes now offering online streaming, video to connect with distant loved ones



CREATIVE COMMONS COURTESY HOBVIAS SUDONEIGHM

Toronto is home to dozens of funeral homes, including Bates & Dodds Funeral Services which opened its doors in 1884. Funeral homes are beginning to include features such as online video streaming to help faraway relatives grieve for their lost loved ones.

**Jake Kigar**

Police/Fire/Funeral Reporter

Funeral services are moving towards more technologically innovative ways of helping people memorialize their loved ones through video recordings, television replays and sometimes Internet streaming.

Andrew Cardinal, 23, a second year Humber student completing his funeral education internship, said this trend is becoming common practice as funeral homes are looking for new ways to aid families.

"When a death happens, the family wants to be involved," Cardinal said. "Sometimes, they live across the country, so funerals are videotaped or streamed to show people back home."

Cardinal, whose family owns Cardinal Funeral Homes in Toronto, said his own family business has had videotaping requests and they've just made changes to upgrade their visitation rooms.

"We just put in big flat screen TVs in all of the visitation rooms with a DVD tribute that's played which shows pictures of the person who passed away and their family while the visitation is going on," Cardinal said.

Anthony Natolino, Humber's funeral service education program coordinator, said he has seen many changes already in funeral homes and the industry is continuing to develop with technology.

"Funeral homes are now actually even having remembrance booths where you can go into this little booth while at the funeral home and you can start recording your words of sympathy to the family," Natolino said.

"During the funeral and visitations, emotions are so high a lot of families don't remember who was there. So, with these new ideas, it's nice that they can go at a later date and watch this video with people saying kind words about their loved one."

Michelle Beckett of Ogden Funeral Homes in Toronto said they offer new video services to bring funerals to people in a more innovative way.

Beckett said they currently offer a video service for a fee, but they have a free Internet broadcast option in the works.

"It's almost like Skype, but to the next level because what we can do is broadcast it so that families can see it on the Internet, but also if they have a webcam we have a big monitor where the family can see them and talk with them as well."

# Five vying to be next HSF prez

**Espe Currie**  
Student Gov't Reporter

The 2013 Humber Students' Federation election campaign commenced on Feb. 25, with 18 candidates running for the seven available positions at Lakeshore and North campuses, including the \$40,000-a-year president's job.

"For the next few weeks, you'll definitely see it. It's all going to be based around elections," said Natalie Quinlan, HSF's chief returning officer.

"During the break, we had an all candidates meeting, where all 18 candidates came together to learn the rules and regulations associated with elections and campaigning," she said.

Ercole Perrone, HSF's executive director, has been helping Quinlan with the election process. As part of the nominations package, candidates had to answer questions regarding their platform.

"We, HSF, converted their answers to those questions, along with their photo, into large posters that we will be responsible for as a means of informing the public what's going on," Perrone said.

Students can also expect to see candidates' platforms on campus televisions.

Bhalinder Bedi, HSF's current president, will be graduating from the ad-



**COURTESY OF HSF**  
The candidates for the position of HSF president are, left to right, Atinder Vaid, Shawn Manahan, Harmeet Singh Sudan, Tim Brilhante and Hansel Menezes. Humber students will be able to vote from March 11 to March 15.

vanced certificate program in project management this year.

Five Humber students are competing for his position this election, and Bedi has had an open door for any seeking information about the responsibilities of running HSF.

"I've been talking to them over the past three weeks and I've been encouraging them and challenging them to contact me. I've been an open book and I will continue to be so.

"The position has been a lot of work, but it's been something that I expected," Bedi said. "I just want to make sure that whoever sits in this chair is afforded an opportunity to know the

position before May 1 so they can hit the ground running."

Quinlan said the HSF executive is a full time, year-round job.

"There's a lot of training all summer. They get trained with other schools to see how they are taking care of their governments, too. They get together with a lot of other campuses, colleges and universities, to see how they're doing things, especially the president."

The North campus Student Centre will host an All-Candidates Forum on March 5, with the parallel Lakeshore campus event happening March 6. All Humber students are encouraged to attend and to question the candi-

dates. "This will provide candidates with a great opportunity to present their platform to students and to answer any questions student attendees might have for them," Quinlan said.

On the last day of the campaign period, March 8, there will be an elections party at the North campus pub, hosted by MTV's Jessi Cruickshank.

Voting begins March 11, and ends at 4:30 p.m. on March 15, when winners will be announced.

"It's going to be interesting," said Bedi, who will relinquish the president's chair May 1. His successor will take office the following day.

## LGBTQ bullying decreases as kids age

**Kelly Townsend**  
Child/Youth Reporter

A study released earlier this month suggests life does "get better" for LGBTQ youth.

Conducted and published by the American Academy of Pediatrics, the research found LGBTQ youth aged 13 and 14 experienced bullying at a rate of 60 per cent. That number dropped to roughly 10 per cent by the time they reached 19 and 20.

Wolfgang Vachon, a professor in Humber's child and youth worker program, has worked with homeless youth for 25 years, many of whom are gay or transgendered.

"It can get better," Vachon said. "It doesn't always, though."

According to Rainbow Health Ontario, LGBTQ youth are 14 times more likely to commit suicide than heterosexual youth. Forty-five per cent of transgendered youth have reported attempting suicide.

In 2010, The Trevor Project's It Gets Better campaign gained momentum after several publicized gay teen suicides. The organization continues to provide mental health support for the queer community.

Vachon has kept in contact with some of the people he helped in his time working with homeless youth.

"For some, absolutely it gets better," Vachon said. "There are others who have committed suicide, whose deaths are unclear, or many who have just disappeared."

One place helping LGBTQ youth is the 519 Church Community Centre at Church and Wellesley.

"It's an excellent source, at the heart of the village that speaks to the needs and concerns of [youth], and celebrates transsexualism," said David Wootton, the manager of the Church Wellesley Village BIA.

Rotem Raz, 33, a first year child and youth worker program student, knows firsthand the struggles of coming out and finding acceptance.

"I came out in my early twenties after years of denial about who I am," Raz said.

Raz, raised in a small town in Israel, said he felt as if he wasn't natural. He did not have the benefit of having anyone to educate him about his sexuality.

"I think there is an improvement," Raz said. "I don't think that means that everything is okay."

"When people speak about improvement – yes, there is a legal improvement, but it's really easy to forget the long-term effects of trauma if you don't live through it day-to-day,"

"Homophobia is traumatic."

## Lack of clinic space for eating disorders

**Kerrisa Wilson**  
General Assignment Reporter

Canadians with eating disorders do not have enough treatment clinics available to them, according to the National Initiative for Eating Disorders.

Wendy Preskow, president of the not-for-profit organization, said she created it to spur action and raise awareness, understanding and recognition about eating disorders in Canada and the lack of treatment options.

"Eating disorders are not chosen. These are sick people who need help, they need a support system and they need early intervention," she said.

People die on waiting lists because of this disorder and the lack of space to admit patients in Ontario hospitals is a huge concern, said Preskow.

In North America, up to five out of 100 adolescents suffer from an eating disorder, according to Toronto's Hospital for Sick Children.

The most common eating disorders are anorexia, bulimia and binge eating which anyone could develop, said placement student Michelle Teunissen at the National Eating Disorder Information Centre.

The problem in Canada and especially Ontario is that hospitals have a four-month waiting list, said Teunissen.

"There's definitely not enough service providers out there at all," said Teunissen.

Preskow said the number of beds in Ontario for those with eating disorders is insufficient.

"There are 21 beds in Ontario for probably hundreds of thousands of people suffering from eating disorders," she said.

For students at Humber College who may have an eating disorder or know someone who does, there are people available on campus to talk to, said Humber counselor Liz Sokol.

Everyone copes with a disorder differently but counselors are available to listen and give advice to students on what they can do to deal with their condition, said Sokol.

"What we're going to deal with is the unhappiness, the stress, how to make them feel better."

Preskow said she is trying to bring awareness to the deadly disease of eating disorders and get the support that Canadians need to fight it.

"This is not a disease that is going away, it is getting worse. The amount of help that is available has not kicked up with the seriousness of the situation," she said.



**PHOTO BY KERRISA WILSON**  
Eating disorders can affect any demographic, with anorexia, bulimia and binge eating being the most common.

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### CLARIFICATION

A cutline in the Feb. 11 article *Sexual diversity group seeks awareness through posters* should have defined SpeQtrum as a gay-straight alliance.

# Tanning beds soon to carry warning signs

## Ontario has yet to set ban for minors due to skin damage & cancer concerns

**Therese Jastrzebski**  
Nursing/Health Reporter

The federal government announced Feb. 25 they will be enforcing the placement of warning signs on tanning beds.

The use of tanning beds by minors is banned in a couple of Ontario regions such as Peel but a province-wide ban promised by outgoing premier Dalton

“The effects of a sunburn goes away. Your tan fades, but the skin has a very limited capacity to actually repair itself.”

Florentina Stencu-Soare  
public issues senior coordinator, Ontario division of the Canadian Cancer Society

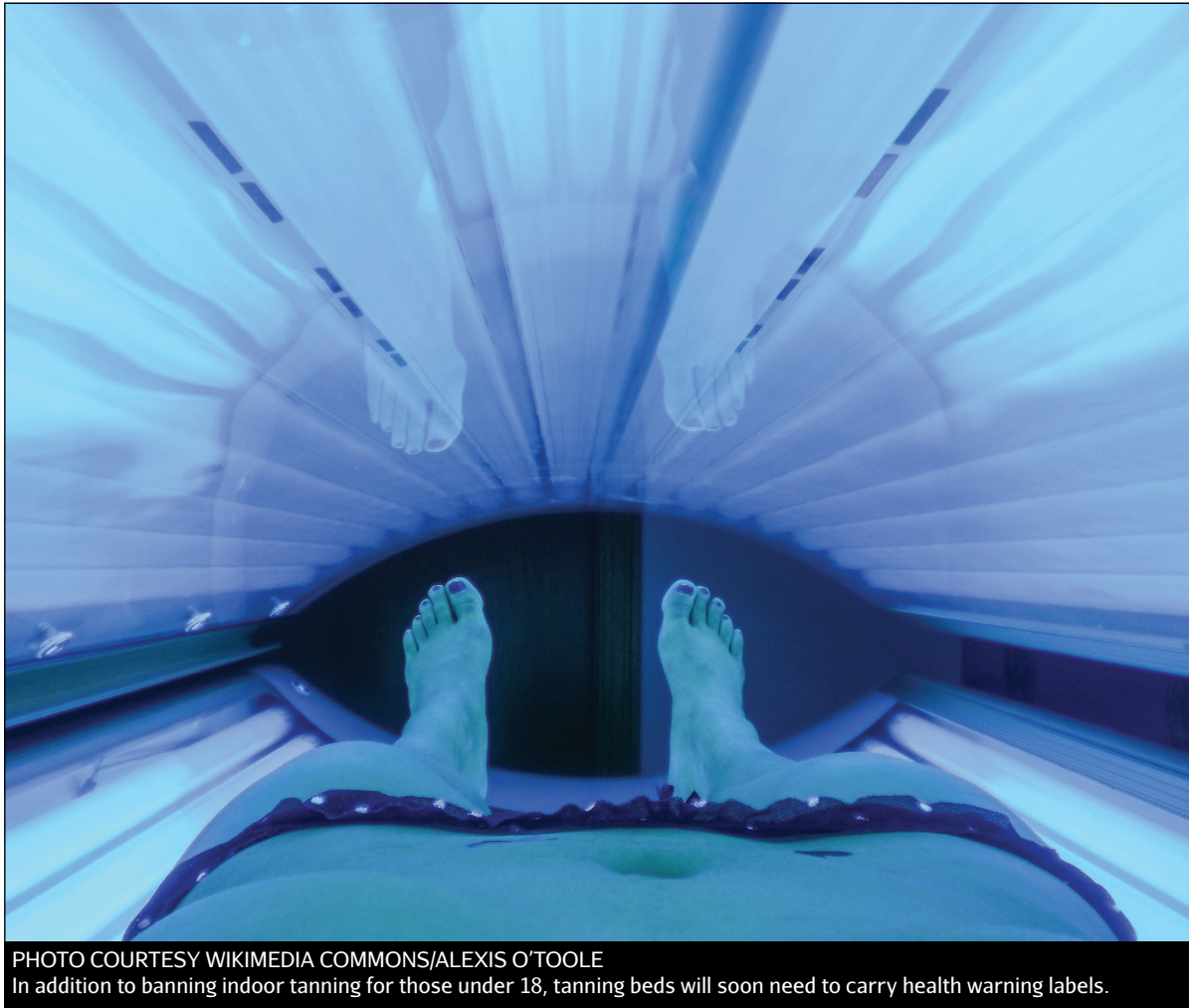


PHOTO COURTESY WIKIMEDIA COMMONS/ALEXIS O'TOOLE  
In addition to banning indoor tanning for those under 18, tanning beds will soon need to carry health warning labels.

McGuinty has not yet entered law.

“It’s an important step in the right direction,” said Florentina Stencu-Soare, public issues senior coordinator for the Ontario division of the Canadian Cancer Society. “But we are still hopeful that they would go forward with a ban for youth under 18 specifically as well.”

Ultraviolet rays emitted by indoor tanning equipment can be at levels five times stronger than the mid-day summer sun, said Stencu-Soare.

“People don’t go in protected and you don’t wear clothing when you go in to a tanning bed, so your risks are really high,” said Stencu-Soare.

Skin damage accumulates over time

and if people start tanning at a younger age they are putting themselves at an increased risk, said Stencu-Soare.

“The effects of a sunburn goes away,” said Stencu-Soare. “Your tan fades, but the skin has a very limited capacity to actually repair itself.”

The Cancer Society is pleased there are bylaws in place in some municipal-

ities to help protect minors from these risks, but they are still hoping for a province-wide ban to protect everyone in Ontario.

When the bylaw went into effect in the Region of Peel, Catherine Babcock, who worked at Body Rayz in Mississauga at the time, said the bylaw didn’t negatively affect business and she

doesn’t see a province-wide ban affecting business.

“I don’t think it’ll make a difference,” said Babcock. “They will easily get their parent or someone who they say is their superior to sign for them.”

Babcock doesn’t believe that warning signs on tanning equipment will have a negative impact on business at tanning salons either.

“It’s like smoking, people just do it,” said Babcock. “They know the effects of it but they like the way they feel and the way they look.”

Although warning signs and bans aren’t always effective, some people choose to stop visiting tanning salons on their own.

Christa Elford, 19, a first year fashion arts student says that it’s good that the government will be putting warning labels on tanning beds because it will give people information.

Elford used to visit indoor tanning salons when she was a minor, however, she no longer goes due to the risk of getting cancer as a result.

“I don’t go anymore because I got scared,” said Elford of the health risks.

### List of countries with jurisdictions that have banned minors from using tanning beds:

- Brazil
- Canada
- European Union
- New Zealand
- United States
- Australia

## Ovarian cancer gets rare focus at ‘Love Her’ event

Social occasion seeking to shed light on disease that affects thousands without receiving much attention

**Lily Tran**  
General Assignment Reporter

Ovarian Cancer Canada hosted the Love Her event last week to raise awareness and funds for an often unrecognized cancer in women with a high mortality rate.

There currently is no screening test for ovarian cancer, typically resulting in late diagnosis with only a “five-year survival rate of less than 30 per cent of women diagnosed” said Rochelle ten Haaf, the organization’s awareness coordinator.

Held at Corus Quay in Toronto, the second annual Love Her featured cocktails, hors d’oeuvres, music and a fashion show, but the heart of the event was focused on ovarian cancer.

“Currently, there are approximately 17,000 women diagnosed with the disease in Canada,” ten Haaf said. “About 2,600 women will be diagnosed this year with ovarian cancer.”

The live and silent auction had patrons bidding on such treats as an escape to Paris. All proceeds raised by Love Her are donated to Ovarian Cancer Canada.

Urszula Kosecka, clinical research faculty at Humber, has extensive work in prostate and cervical cancer but ovarian cancer hits close to home.

“My mother had ovarian cancer, so I know quite a bit about it,” Kosecka said.

“Practically all the cases of diagnosed ovarian cancer have already spread to organs,” Kosecka said. “When pain is involved, it’s usually too late. That’s a challenge in diagnosing ovarian cancer.”

In most cases, by the time the cancer is diagnosed it is very advanced and not always treatable, Kosecka said.

Linda Ferguson, an expert on cancer prevention at Toronto Public Health, said that there are not any current initiatives for ovarian cancer, but hopes a screening method becomes available for all women.

“We don’t know what the best message is around that yet,” Ferguson said about awareness for ovarian cancer.

Ferguson said part of the reason why Toronto Public Health does not have an ovarian cancer campaign is because there are no methods of prevention or screening as there are for breast, cervical and colorectal cancer.

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PHOTO BY THOMAS ROHNER  
Chartwells said it cannot yet track where all its food ingredients come from.

# Tracking food sustainability at Humber complicated: Chartwells

**Thomas Rohner**  
Social Justice Reporter

Humber College's primary food services provider, Chartwells Food Services, has a number of sustainable initiatives but measuring the carbon footprint of the products it acquires from suppliers is not one.

"We're not at the point where we can say we know where all of our ingredients come from," said Eli Bamfo, manager of sustainable environment for Compass Group Canada, the organization that owns Chartwells.

Chartwells manages a number of franchises on campus and prepares food for sale as well.

Bamfo said there are challenges to sustainability unique to the food services industry.

"Say we make a chocolate chip

cookie...the chocolate chip in the cookie, it might come from somewhere else, and then there's the dough in the cookie and the sugar," Bamfo said.

"It can get quite complicated."

Sustainability is important to Chartwells, the firm maintains, but the company is controlled in part by existing business partnerships Humber College has, said York Tang, the manager for Chartwells at North Campus.

"In Java Jazz, for example...cold drinks are provided by Coca-Cola, by Humber's business relationship with Coca-Cola," Tang said.

Humber is working hard to make itself more sustainable but such efforts in food services are hampered, in part, by fair competition legislation, said Emily Eyre, manager of purchasing and sustainability at North campus.

"We have laws across Canada ... that

say we can't give preference to local things, because we have trade agreements with other provinces," Eyre said.

Humber also doesn't have the resources required to monitor its carbon footprint thoroughly, Eyre said.

"We don't look at how [a supplier] manufactures ... or how they buy their own material. Mostly because we don't have that kind of staff and time," she said.

Lindsay Walker, sustainability manager at the North campus, said sustainability efforts are a matter of public vigilance.

"If left to their own devices and nobody's checking up on them, and I think this with any provider, not just Chartwells ... then how do they know anybody cares?" Walker said.

"Frankly, I think that's how humans work."

## Bullies have a new playground in cyberspace

**Olivia Roger**  
Crime Reporter

Schoolyard bullies may have largely vanished from college and university campuses, but they've become an ominous presence online, where they troll for prey.

Bullying awareness campaigns are on the rise, but many fail to recognize the effects of cyberbullying, a common form of bullying among college-aged kids, according to Toronto police.

"This is an issue that definitely needs more attention within the community, amongst students and with parents," said Cst. Ryan Willmer of 23 Division.

Although online predators are often associated with children, the threat extends to post-secondary students as well.

"Kids are starting school as young as 17 or 18 nowadays and they are still very much in that high school frame of mind," Willmer said. "With a school as large as Humber, there is no doubt that at least 5,000 students are feeling isolated online."

Liz Sokol, Humber's coordinator of counselling services, said the negative effects of cyberbullying are similar to those associated with physical bullying.

"It will lower the victim's self esteem and make them feel powerless," said Sokol.

Sokol said cyberbullying, in some cases, can be confused with joking where many people don't know where to draw the line.

"Ask yourself what your intent is," Sokol said. "If you're not sure how it will impact the other person, don't go there."

A lack of awareness on the matter is partly due to the number of cases that go unreported, according to Nancy Deason, manager of public safety for North campus.

Deason said many incidents will never be reported, although she said they do take place at Humber.

Many bullying cases don't involve overt criminal behavior, proving it difficult for police to apprehend the offenders.

"There is intimidation and threat, but there is no real crime there, so all the [police] service can do is keep promoting education on the topic to get awareness," Willmer said. "We can hope that, one day, there will be a charge for bullying, but it's not now."

If a student feels threatened by cyberbullies, Humber's department of public safety can help.

"You can file a comfort level report with us and with judicial affairs at the school," said Deason.

There is also the option of speaking with a counsellor on campus.

"Cyberbullying is a silent killer," Willmer said. "It goes unnoticed."

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# Indie video games leading rise within Toronto industry

**Kaitlyn Morris**  
Biz/Tech Reporter

Humber videography and broadcast television students recognized a void in the Toronto gaming industry and decided to make a short documentary on how indie gaming is filling the missing gaps.

The students will be speaking to game developer and Ontario College of Art and Design professor Ben Rivers and two members of Team Vector, the coordinators of the recent Vector Fest "Game + Art Convergence."

"Small companies are making games that are, in my view, more important and often better than mainstream game companies are," said Sam Watson, the producer of the film, tentatively called *Indie Toronto*.

"The biggest city in Canada is not a gaming base," said the documentary's director James Barth. Most major game developers in Canada are in

Montreal and Vancouver, not Toronto.

Game developer Ben Rivers, said that Toronto is trying to change its gaming image by attracting more independent companies to work with larger companies.

"Right now, it's definitely indie focused," said Rivers. "There is certainly room for larger entities, we all go out for beers together, it's not David vs. Goliath," he jokes.

Indie games, according to Rivers, are what got Toronto involved in game development but he welcomes larger companies with open arms.

The model for releasing games has changed. Instead of going through major developers, hopeful developers can sell their games through their own websites if they wish, said Watson.

Games, both major and indie, are also available through Steam, an online platform that allows users to interact with the gaming community, whether by downloading a game, cre-

ating content for pre-existing games, or participating in the forums.

"You can make this small little game and you can sell it to Steam and if you even get a small percentage of that community to consider your work, it's great exposure," Barth said.

Steam allows users to download a range of games, from mainstream releases like *Call of Duty* to independent releases, like Toronto game developer and River's horror/adventure game *Home*.

Rivers chose to release his game on Steam for several reasons.

"As far as PC games go, it's the best market to be in," he said. It is also a great way to give a release more legitimacy and exposure than just releasing it through a personal website, said Rivers.

Rivers chose to participate in the documentary because the industry is often very inward looking, and said that it is always interesting "when people express an interest in indie gaming and reporting on it."



PHOTO BY KAITLYN MORRIS  
Videography and broadcast students James Barth (bottom) and Sam Watson are behind the tentatively titled documentary *Indie Toronto*.



COURTESY PHOTO ORACLE SOFTWARE  
Oracle's Java software is considered part of today's Internet standard.

## Security flaw with Java has reached Colleges

**Xiaoli Li**  
Biz/Tech Reporter

Microsoft, Apple and Facebook are only three of many major companies that have recently admitted their computers were hacked due to a vulnerability in the January release of Java.

Java, one of the most popular programming languages, is owned by Oracle and used widely at many banks, businesses and post-secondary education facilities, including Humber College.

"It is used by many of our corporate software solutions including such things as Blackboard," said Ryan Burton, Humber's director of IT Planning and Client Services. "Banner, which is our enterprise data service, uses it as well."

Burton said the risk to users at Humber is minimal.

"We actively manage the computers here on campus. Where appropriate, we are updating them," he said, adding "any activity that takes places on an academic computer is very contained."

Seneca College published an alert about the Java vulnerability through its Information Security website. Joseph Lee, the security and compliance officer at Seneca, said the school wanted to "help people understand how to avoid some of the risks associated with using technology," and "we'll publish these alerts, so our user population will be aware of them."

Burton said Humber's information technology department used a distribution list to similarly "inform all the school's departments, and ask that they share any information like this with our colleagues and students."

Facebook said on Feb. 16 that it was attacked through the Java exploit, and Apple and Microsoft said the same on Feb. 19 and Feb. 25, respectively. All three companies said no data was compromised.

Despite its widespread use, Java is not considered by experts to be exceptionally safe. The exploit in Java 1.7u10 was spotted publicly in early January, and patches issued by Oracle to fix the exploit, have featured their own problems.

"There have been cases before, where in the Oracle database, they were applying patches up to 18 months after the vulnerability was identified," said Robert Beggs, CEO of Digital Defence, a company that specializes in internet security.

"[Oracle] have been so heavily criticized in the past," that they've released patches quickly this time to "demonstrate that they are doing something proactive," Beggs said.

To protect users, Beggs said computers should be patched when updates become available, but if necessary, Java could be disabled entirely.

# Latest jobs report doesn't tell of improved prospects: Fast

**Josh McConnell**  
Biz/Tech Reporter

Post-secondary students should ignore the latest unemployment numbers that say thousands of Canadians have stopped looking for work, according to Humber faculty and staff.

Despite a 1.6 per cent jobs increase from Jan. 2012 for employment across the country, so many Canadians dropped out of the labour force in Jan. 2013 that it caused a 0.1 per cent decrease in unemployment according to the report. But Karen Fast, manager of Humber's Career Centre, said she thinks the statistics are misleading.

"We should be looking at the new reality of the workplace," Fast said. "What I am seeing is work is moving toward project and part-time based jobs and walking away from full time careers. These projects may still last for a year or two, but they are not technically full-time work."

**“Students have a high level of social media capabilities.”**  
**Karen Fast**  
Career Counselor

Ihor Sokolyk, an economics professor at Humber, also said that Canadians have to look at the bigger picture before being concerned.

"We have to remember that this is just a one-month number and it is not a trend yet," Sokolyk said. "We are pretty happy to jump up and down when it is good, but then we quickly worry when it appears negative. We are going to have to keep watching to see if this is the beginning of a trend or if it is an anomaly."

Sokolyk said that when compared to the United States, Canadian employment numbers are growing appropriately alongside our population.

"In the States they are saying they are adding jobs, but their population is still growing faster," Sokolyk said. "Jobs are actually growing faster here than the population, which is great."

Jonathan Yildiz, 27, is a final year accounting student at Humber and said he expects an uphill battle after graduation in the spring.

"I think a lot of students expect to get work out of the gate, but I can accept that it will be a challenge," Yildiz said. "I'll take whatever work I can get in my field, whether part-time or full-time."

Fast said post-secondary students have newer and more attractive skills than those who may have stopped looking for work in the report, and they should be optimistic.

"Students have a high level of social media capabilities," said Fast. "They have more creative juice. They are creative and can be higher thinkers, so they have an advantage over those who are dropping out from the work force."



PHOTO BY JOSH MCCONNELL  
Post-secondary students have new and more attractive skills than those who may have stopped looking for work.

# Precarious employment of youth

If you are between the ages of 20 to 35, you are more than familiar with temporary, part-time, contract or on-call employment. If you've heard of the word benefits, it was probably in the context of a discussion on sexual partners.

Indeed, a study by McMaster University and the United Way of Toronto made headlines last week after it revealed that barely half of people working in the Greater Toronto-Hamilton Area had full-time jobs with benefits. Everyone else – roughly 40 per cent of people working – was deemed to be in the unfortunate category entitled “precarious employment”.

This should serve as a warning to the powers that be in Ontario and get them to start rethinking how we approach job creation in the province.

The report referred to the wide-reaching impact that unstable contract, part-time, or on-call positions had on the GTHA demographics. And while Premier Kathleen Wynne was quick to announce that she was ready to tackle the issue of precarious employment facing Ontario, and some people were shocked by the statistics, it was hardly news to the twenty-something youth of Ontario.

The McMaster report, titled “It's More than Poverty: Employment Pre-

carity and Household Well-being,” surveyed 4,000 working adults between the ages of 25 and 65 and conducted in-depth interviews with 100 of them, as part of a five-year research project on employment in Southern Ontario. Outlined in the study are several social implications that employment precarity leads to. Some of the consequences of insecure work include: people delaying having children, increased anxiety that interferes with family and social life, less volunteering in communities, people most likely to remain single, and although not explicitly mentioned, people generally being miserable.

The report does an excellent job of highlighting the problems that arise around insecure unemployment and it even offers a few solutions, but it doesn't highlight the reasons as to why this dramatic shift from stable to insecure employment in Southern Ontario happened.

The report notes that the rise in ‘precarious’ or insecure work in the region has increased by 50 per cent in the past 20 years, which is interesting considering that Canada entered into the North American Free Trade Agreement on Jan. 1, 1994. Economists touted the immediate benefits of free trade with the U.S. superpower but the Canadian economy has in fact inden-

tured itself to the American economy. The result has been a job drain, with hundreds of thousands of jobs leaving the province of Ontario.

And in the last decade, Canada's political climate has shifted to an all-out war on unions, which had previously provided the middle class with good paying jobs and benefits. The recent work-to-rule campaign allowing workers to opt out of American unions is slowly creeping its way into the upper echelons of Stephen Harper's cabinet and continues to threaten big labour across Canada.

The remedies provided to counter this shift towards employment instability have been the usual: increasing minimum wage, provide more affordable housing and more help for transitioning immigrants. These ideas are hardly new, and asking an electorate to pay for this with increased taxes is political suicide in this province.

A better answer to the employment problem is facilitating new sectors to create jobs. Ontario, and the country in general, does such a fantastically terrible job of supporting emerging sectors like technology that many companies run to the United States to access the seemingly endless supply of venture capital to start a business.

Waterloo, home to the embattled

but still resilient BlackBerry company, has been small home for the tech savvy individual, but still gets little help or recognition from the government.

Going forward, Ontario is going to have to realize that the manufacturing sector that led to the province's prosperity is simply disappearing, despite the best efforts of union bosses and the left wing. When we signed up to participate and compete in a global job market, it shouldn't have come as a shock that companies would back up and move production to cheaper workplaces in search of a bigger bottom line.

Ontario instead has to accept its fate and push into new job sectors like emerging tech industries, energy and supporting startups as a pathway out of this bleak employment situation.

A separate report released last fall by CIBC economist Benjamin Tal, is painting a sunny option for people left in an uncertain employment situation. According to Tal's report more people are starting their own businesses than ever before in Canada. And due to “irreversible, structural forces” in job markets, this trend will only continue. While this could lead to a more individualistic society prophesized by the likes of Ayn Rand, it could also be a new way forward for the GTHA.

HUMBER  
**Et Cetera**

*Humber Et Cetera* serves to inform the Humber community and give its people well rounded coverage on the things that matter to them.

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## EDITORIAL CARTOON



Shark Tank

Colton Gilson

**“Shark Tank”**  
Editorial cartoon by Colton Gilson

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## QUOTED

Do you think you'll find a full-time, permanent job with benefits after graduating?

“For sure. I already have a job in the industry. I'm just doing this to get official.”

Nicole Prince, 25  
Culinary Management,  
1st year



“The program I'm in sets me up for that and puts me in the workforce. I think I'll be good with that.”

Navin Suruj Deo, 20  
Law Clerk Program,  
1st year



“I hope so. I know it's going to be very difficult because of the field I'm in. It's very competitive, but there's a lot of different things you can branch off into.”



Aliyah Anderson, 18  
Media Studies, 1st year



# Out of control hockey parents are an inexcusable disgrace

Chanelle Seguin  
Managing Editor



There's a line in sports that many parents tend to cross.

It's the line that separates supportive motivating and irrational interference. Whether it's the age-old saying of parents wanting to "live vicariously" through their kids or adults who invest way too much in a game that is supposed to be fun, more often than not, many parents stray to the wrong side of this line.

A father in Vancouver recently received 15 days in jail for purposely tripping two players from an opposing team during the customary handshake at his son's hockey game. The father was an assistant coach for his son's team. One of the two boys that fell during the incident hurt his wrist and eventually needed a cast. A video of the event can be seen on YouTube.

After watching the video a few times, all I could think was, "What the heck is wrong with you?"

Parents are supposed to be role models in all aspects of life to their children, and in a setting like a hockey game, an exercise that a child plays to feel a variety of happy emotions and inclusion within a team, a parent behaving aggressively against other play-

ers should not be tolerated.

For this particular situation, the father received jail time, because it was considered assault. But there are countless other acts of rage and sabotage that parents all over the world display without any consequences.

**“Hockey associations should consider the idea of levying fines on parents who don't respect hockey game etiquette.”**

One hockey game I went to a few years ago featured my brother's team. It was the playoffs and the match was getting out of hand quickly. Parents from the opposing team were yelling at kids on my brother's team, parents in the stands were yelling at other parents

in the stands, parents were yelling at coaches. Then, the opposing team began throwing garbage at my brother's coach. It was an utter disaster. No one was punished for this blatant expression of uncontrollable behavior, mostly instigated by adults.

Now that a precedent has been set with the father in Vancouver receiving jail time for his actions, more severe penalties need to be given for parents who bully players. Simply being asked to leave the premises isn't going to cut it anymore. Hockey associations should consider the idea of levying fines on parents who don't respect hockey game etiquette.

And while it's the parents that are the problem here, this behaviour mostly stems from the pressure society puts on kids to succeed in sports.

Nowadays, if scouts aren't considering your 10-year-old child for a team, the kids have no hope. It sounds crazy, but it's unfortunately true.

What many parents seem to forget is that their kids feel the pressures of competition. At a young age, kids and youth athletes feel the weight of society's high, and often impossible expectations. There is this assumption by parents that they are the ones that feel the majority of the pressure. This is incorrect.

There is no excuse for tripping an innocent child after a game.

It's time that parents pay for their misconduct. Or it's time for them to act like adults. Either or would suffice.

# My Egypt needs to hear its women

Dona Boulos  
A&E Editor



Being a woman in Egypt today is harder than ever.

I know this first hand. I've been hissed at, cussed at, and undermined every time I visit my home country. Although I was born in Cairo, I grew up as a Canadian; I dress like one and act like one, too. My parents brought my sister and me to Canada hoping we could become anything we wanted to be, which is not a privilege every Egyptian woman has.

My Egyptian passport says I'm Christian and a woman, two things that put me at a disadvantage in this North African country known for Cleopatra and the Great Pyramids. I could never be a journalist in Egypt.

Although being a Coptic Christian in Egypt today is a huge issue on its own, the Egyptian Copts have always been firm and unwavering in their beliefs, even after many attacks on churches. Unfortunately, women don't have it that easy.

The country has always been patriarchal, but now with the Muslim Brotherhood in power, feminists in Egypt will have a very difficult time

twisting the political arm of the group in support of women's rights.

The position of the Ikhwan (the Egyptian name for the Brotherhood) on women is very clear and straightforward: women are a "possession" and or "personal property," and are dealt with according to Sharia law.

Proponents of Sharia law state that women and the international community do not have a voice in how women are treated in society, which is a testament to the way women are perceived in this male-dominated country.

In 2011, during the temporary military rule after the ousting of former president, read: dictator, Hosni Mubarak, military police brutally beat a female protestor. Actually, "brutal" is an understatement. Army forces beat the woman across the face and head with batons repeatedly before dragging, kicking and even stomping on her.

Ironically, after her blue bra was revealed an officer gently covered the young woman. And so the feminist movement of the "blue bra girl" was born.

Afterwards, women in Egypt used the incident as fuel to yell louder than ever in some of the country's first-ever women's rights protests.

According to an Egyptian news agency, Ahram Online, in 2012 Egypt's population reached 91 million, with roughly 45 million of each gender.

Even with their progress in female enrollment in primary school - 92 per cent for girls - the female proportion of the workforce is just 23 per cent of the Egyptian population, according to United Nations statistics published by *The Economist* in 2011.

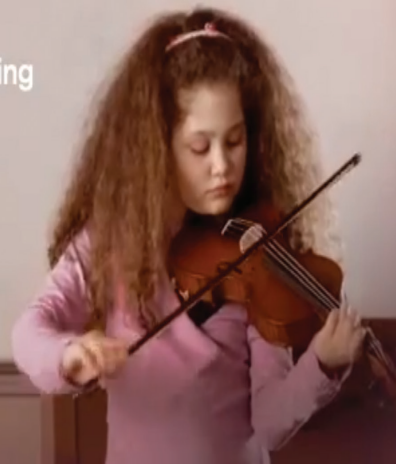
The report shows that women are six times less likely to be someone's boss - 15.9 per cent likelihood for men and 2.8 per cent for women - and are four times more likely to be unemployed - 19.3 per cent compared to 5.9 per cent for men.

And with the "democratically" elected President Mohammad Mursi, a puppet for the Muslim Brotherhood, the situation facing Egyptian women will only get worse.

Yet even with all of the obstacles, which seem impossible to overcome, the battle for gender equality and women's rights in Egypt can never be fully silenced or controlled. The women's movement in North America was a victory, and eventually the same will be said for Egypt.

If we want to stick to any stereotypes concerning women, let's focus on the ones that categorize women as strong vocal advocates and implacable fighters for freedom.

Speaking up can stop bullying in 10 seconds.



COURTESY CKNW980  
CKNW980 released an anti-bullying commercial on YouTube to commemorate Pink Shirt Day, this year on Feb. 27.

# Bullying continues from school to college to life

Stacey Thompson  
Associate Art Director



Many kids and teens must tolerate bullying throughout their school years. Students who are the victims of harassment, teasing, and physical aggression often suffer in silence. While pushing through those last four years of high school they are told by teachers to "just hang in there, all of this will end when you are in the real world."

Many of us believe in the promise of a life free of bullying only to realize that the real world has its own share of the dis-ease. I know because I have been on the receiving end of taunts and aggression, throughout my life, early on because I was a smart kid who was also visibly bi-racial, later in the workplace - and even college - by those who simply sought to elevate themselves by putting others down.

What I've learned is that teasing in high school never really ends, and if anything, those years should brace us for what is out there.

We might be done with school with the proverbial throw of the mortarboard, but the wounds re-open when the reality of a bullying world hits us square in the face.

Take the RCMP, for instance.

The CBC reported that the Commission for Public Complaints Against the RCMP launched an investigation in November 2011 in response to widespread complaints from female Mounties about sexual harassment in the work place.

Between 2005 and 2011, 718 grievances about harassment were filed, which gave the impetus for the Commission's report that was released on Feb. 14, 2013. The number represented 2.5 per cent of female RCMP officers.

Significantly, however, sexual harassment was only a portion of the problem: 90 per cent of the complaints that were reported involved bullying, Ian McPhail, the interim chair of the Commission told CBC. Current Com-

missioner Bob Paulson of the RCMP at its Ottawa headquarters told the Globe and Mail that the police force must tackle the "cultural dysfunction" that leads to bullying and the abuse of power in the workplace.

It appears that the lessons people are taught as children do not apply to the adult world that we are in. Treat others according to how you want to be treated seems to be a tough statement to live by.

As a society and a species we view ourselves as civilized and evolved and yet our behaviour speaks a different tone. Our actions too often mimic those of our hunter-gatherer ancestors trying to assert authority over the pack. But if one brave soul stands up to the tyrant, then others might be influenced to speak out.

On the flip side, Commissioner Paulson has the right idea. Tackle the issue at the source, namely the bully, and there is hope to end the cycle. Bullying is a double-edged sword. Those who feel the stabbing pain of abuse live the pain. The people doing the "stabbing" are hurting too, dealing with their own trauma that is causing them to dish out the pain.

We could all take a stand against bullying by supporting anti-bullying campaigns like Pink Shirt Day, held this year on Feb. 27. The nation-wide campaign was created by two Nova Scotian teens, David Shepherd and Tavis Price. The two teens wanted to show their solidarity for a student who was bullied for wearing pink. The support grew and soon kids and adults from across Canada were wearing anything with the colour pink.

We can demonstrate the same kind of courage as adults to oppose bullying in the work place, and educate people on better ways to manage their anger and aggression. It's time to go pink for life.

**ALEX KUCHARSKI****VP STUDENT AFFAIRS - LAKESHORE CAMPUS**

My name is Alex Kucharski and I am in my second year of the Bachelor of Public Relations degree program. I work at HSF as Digital Content Editor, exploring social and digital media applications.

I want to implement positive change to help Humber Lakeshore students succeed academically and personally. Students currently face numerous issues that prevent them from having a fulfilled college experience. My goals for next year focus on making the Humber experience better for everyone. I want to Help. Give. Humber Life.

If elected, my goals are to: better food diversity on campus so students have access to more healthy and international food options; create a stronger connection between HSF and international students to ensure they are comfortable and involved within our student community; increase coverage of contraceptives in the HSF health insurance; and expand community outreach to bolster Humber's reputation within the community (opportunity for students to get involved and make connections that will help in their future success).

**CANDACE PELLEW****VP STUDENT AFFAIRS - LAKESHORE CAMPUS**

I'm an ambitious student with leadership qualities, aspiring to become Vice President of Student Affairs. I am honest, hardworking, dedicated, loyal, and caring student, currently enrolled in the Advertising and Graphic Design program at the Lakeshore campus. I am a young, vibrant, outgoing person who loves to accept challenges.

I would like to make a tangible contribution to the student body at Humber College, and to achieve fulfillment by becoming actively involved on campus beyond my role as a student. I would like to contribute by using my skills and talents to provide a positive, fulfilling environment for students.

I will endeavor to uphold HSF's mission, vision, and values by making a difference in the lives of Humber students. I will maintain effective communication with and advocate on behalf of the students to address their issues. I will oversee the food program and would like to expand on the services offered by our Volunteer Crew. I wish to improve on existing services and to create additional services to benefit the students.

**BLAIN TATTERSALL****VP STUDENT AFFAIRS - LAKESHORE CAMPUS**

My name is Blain Tattersall and I am in my fourth semester of Police Foundations at Humber Lakeshore. I am transferring into the Criminal Justice Degree program in the next academic year. I am the current Police Foundations Representative to HSF, as well as working as a work-study student for the Police Foundations Coordinator, Henri Berube.

I am running for the position of Vice President of Student Affairs, Lakeshore. I am interested in this positions because I truly love to help fellow students and administering programs that have the potential to positively impact both students and the greater Humber College Community.

My goals, if elected, is to work towards more integration with Humber college to administer programs that have similar goals, and to streamline these processes in order to more effectively serve the student body. I also wish to continue to initiatives of the current VP of Administration of Lakeshore, Ashley Martin, such as Tokens-4-Change, the Humber Students' Federation Food Bank and the Canadian Blood Services. Lastly, I hope to increase the presence of HSF at all buildings at Lakeshore through the establishment of satellite offices at all buildings at Lakeshore, where a HSF representative can be present once a week to answer student concerns.

**DANIEL PASIN****VP STUDENT LIFE - NORTH CAMPUS**

I'm Daniel Pasin, I'm from Venezuela and I've been studying at Humber for the past 3 years. I'm currently in my 5th semester of business Administration.

My first two years at Humber were not the best, however in my 3rd year, I got involved with the Humber Students' Federation and my student life changed completely, it's AWESOME. I realized all the great experiences you can get from being more involved in student life. I want to make sure that you guys don't miss these opportunities and have the same fun as I am having now. That's why I'm running for this position.

We go to college for two main reasons, to study and to have fun! With that said; I would like to improve the quality of our job fairs, bring free workshops that interest you, and bring successful speakers to learn a bit of their life experiences. For Frosh Week, I want to bring back the FOAM PARTY, and have a NEW 3D Glasses party. I want more engagement with you guys by providing you with a free breakfast at the beginning of the month, and more weekly events where you guys can show off what you're good at, and MUCH more.

**KYLEE WINN****VP STUDENT LIFE - NORTH CAMPUS**

I'm a second year in the Radio Broadcasting Program. I've been working with the Radio Humber Promotions Team by working with a team to come up with monthly campaigns. You can usually find me with a big cup of tea writing concert reviews for Live In Limbo.

I'm running for the VP of Student Life position because through my work with the Radio Humber Promotions Team, I've found a new love for coming up with fresh ideas to get students involved. I believe I can help students' experience at Humber and Guelph-Humber be a positive one.

From gaining my fellow students' signatures, I asked each of you for feedback on how to improve their student experience. I plan on taking that information and putting it into actions. I'm well aware of the high diversity Humber and Guelph-Humber has. I want you to know, that I will take all feedback seriously and will always be open to suggestions so I could continue to make your student experience worth it.

**COLIN R. EDWARDS-CREWE****VP STUDENT LIFE - LAKESHORE CAMPUS**

Hi I'm Colin R. Edwards-Crewe (ColinResponse) Your current Vice President of Campus Life! This year I am proud to say that I have been able to fulfil many of my goals to improve your life on campus including:

- Monthly Pub Nights (for Lakeshore campus)
- The first January 'Frost Week'

If re-elected as your Vice President of Student Life Feel confident that a year's worth of experience has given me a firm understanding of how to address some of the more difficult issues I would like to challenge this upcoming year:

- Affordable Food on Campus
- An Increased Number of Pub Nights at Lakeshore
- Seminars/Workshops for Post-Grad Students interested in more educational forms of entertainment

Re-Elect ColinResponse  
"Because You Elected Me For a Reason"



VOTE March 11<sup>th</sup>-15<sup>th</sup> | For more info: [humberlife.com/elections](http://humberlife.com/elections)

HSF ELECTIONS 2013

**ERIC COLLINGS**

**BOARD OF DIRECTORS - NORTH CAMPUS**



My name is Eric Collings. I am a mature student in the General Arts and Sciences University transfer program. I moved here from Vancouver last summer. After working 5 years as an assistant manager for Sport Check I decided I needed more education to increase my career opportunities, and to get more out of life. I am driven, dedicated and love working with people.

I am proud to be a Humber student, and want to encourage and foster a supportive student community with an emphasis on school pride. I want to facilitate positive and sustainable change for all students at Humber:

- Begin dialogue with local public transit for the purpose of creating a more streamlined/simpler pass system for post-secondary students.
- Create an eco-relay race from Lakeshore campus to North (+/- 22 K) to be held during Frosh week. Possible categories: running; biking; swimming; canoeing/kayaking; tricycle; and, college knowledge.
- Create more school pride and a family-like community through pep rallies, more fashionable Humber attire, and better communication of all Humber activities.

**CRISTINA MARIN**

**BOARD OF DIRECTORS - NORTH CAMPUS**



Hey guys!

I'm Cristina, a second year Architectural Technology student at North Campus and I am a candidate for a position on the Board of Directors. I love to work with people and try to involve myself in many volunteer projects, and I would love to be your voice in HSF's entire decision making this coming year.

I find that we, as the student body, and the ones who are spending thousands of dollars on our education at Humber have the most important responsibility to make these years the best years of our lives. The best way to make this happen is to take action in our own hands and make this a reality.

As a director on the board my goals and responsibilities will be to represent the voices of the thousands of students that attend Humber College and have your thoughts and concerns be heard. I will strive to help make changes and improvements based on the opinions of those of us who find the college experience to be of top priority. I will also strive to engage those who don't necessarily expect much from the institution and get everyone involved and excited to be attending this great school!

**DIANA GASPAR**

**BOARD OF DIRECTORS - LAKESHORE CAMPUS**



Fellow Lakeshore students, I am determined to hear your concerns, dedicated to improving our Humber community and driven by positive change. As an active leader on campus for 2 years, I will reach out to you and communicate your interests to the HSF Board of Directors. When I'm not studying E-Business, I'm leading Toastmasters as President, facilitating TAP workshops, volunteering for Orientation and Peer Tutoring students. Change is necessary and I'd love to hear your input for our campus!

I believe I can positively contribute to the enrichment of the Humber community. I would like the opportunity to advocate student issues and truly represent your voice. I can help steer HSF to implement strategies that will translate matter into action for the benefit of the student body.

If elected, I will work diligently to bring forth Lakeshore student concerns to HSF. I will focus on improving and implementing development in areas such as food services, event awareness, campus facilities, international student services, student clubs and awareness of free services available to students.

My mission is to comprehend what the student body envisions and to affect HSF's strategic direction in implementing change. Determined. Dedicated. Driven. Vote for @Diana\_Gaspar!

**SHANIQUE GRAHAM**

**BOARD OF DIRECTORS - LAKESHORE CAMPUS**



Hi my name is Shanique Graham. I was born Jamaica and is an international student here at Humber College. Currently, I am enrolled in the International Business Program and I am in my second year. At this moment, I am the Director of the Business School and being part of the Board has been fantastic and have given me the opportunity to network with talented, creative and future entrepreneur. I am a hardworking, outgoing and vibrant individual who enjoys meeting and interacting with new people and I am fun person to be around. Along with this, I am also a dedicated, hard working individual who believes that education is vital and that ongoing learning is necessary to build one's knowledge and to keep one competitive. For this reason, I am running to become a director again. Being a director will provide me the opportunity to contribute ideas and assist in providing more and better services to the students at Humber. If I should be elected as Director of HSF Board, I would like to build a close relationship with students and to voice any concerns or problems student faced at school.

**EMILY ROCKARTS**

**BOARD OF DIRECTORS - LAKESHORE CAMPUS**



Emily is in her third year of the Bachelor of Music program at Humber. She has represented her peers for three years now as a year representative within the music program, and has had an amazing experience this year as HSF Director of the School of Creative and Performing Arts.

I am running for HSF Director of Lakeshore Campus because I am passionate about bringing positive changes to our school. I think that Humber does so many things well, but we can always improve and raise our standards, reputation and overall experience at Humber.

My goals if elected are to find creative ways to utilize space on campus as Humber's enrollment increases. I want to continue working for student government to improve the student experience through projects focusing on giving back to both our local and global community. I hope to support more environmental and social justice initiatives as well as focusing on student well-being socially, physically, and mentally.



**VOTE March 11<sup>th</sup>-15<sup>th</sup> | For more info: [humberlife.com/elections](http://humberlife.com/elections)**

**HSF ELECTIONS 2013**

**TIM BRILHANTE**

Fellow students, I am honoured to be your 2013-2014 Presidential candidate. Thank you for allowing me to serve you on the Board of Directors this past year. I am excited and determined to now represent your interests as HSF President. With an honest, forward-looking, inspiring, and competent approach to leadership, your voice will be heard. True leadership is not about position or status; it's about serving and inspiring others. My mission is to: EMPOWER you with resources, ENRICH your student experience, and ENGAGE you with opportunities to get involved. My dedication and leadership experience will help to achieve this vision for the benefit of all students. Here are 5 brilliant goals that I will strive for:

1. Promote the implementation of a co-curricular record.
2. Awareness of international student concerns.
3. Advocate for an affordable and accessible education with support from the College Student Alliance (CSA).
4. Enrich the student experience through leadership development and entrepreneurialism.
5. Ensure that HSF maintains and builds strong relationships campus-wide.

Vote for student empowerment, enrichment, and engagement. Join and support my campaign via [facebook.com/tim.brilhante](https://www.facebook.com/tim.brilhante) or [twitter @timbrilhante](https://twitter.com/timbrilhante)! A Brilliant VOTE is a BRILHANTE vote!

**PRESIDENT - ALL CAMPUSES****SHAWN MANAHAN**

My name is Shawn Manahan. I am an optimistic, passionate, honors student who is easy to get along with. I've worked in a range of different industries, from working in a factory to running my music studio. Currently, I am President of Enactus Humber North, a volunteer position that allows me to help students and people in the community along with gaining the experience of being the President of an organization.

I am running for this position because Humber is an amazing school that has given me so much. I know I can improve Humber and give back to my fellow students and friends. I have much experience, work ethics, and skills from the many leadership positions I have had that I can easily apply to this position.

My goals, if elected, are: Give Humber students a stronger voice regarding issues such as parking, lack of study space and computer labs, and high book and food prices; Improve the communication between HSF and the Humber students; And vastly improve the social environment of Humber so every student can have an amazing college experience. If elected President I will lead to the absolute best of my ability.

**PRESIDENT - ALL CAMPUSES****HANSEL MENEZES**

My name is Hansel Menezes and I currently study Sustainable Energy & Building Technology. Previous to Humber, I was working in Finance as a Personal Banker for RBC and as a Senior Financial Advisor for CitiFinancial. I believe that sustainability benefits all members of our community. By encouraging sustainable collaboration between Humber students, it ensures a more competitive, professional and educated individual for future employers. I also believe in educating the student body on the importance of sustainability and how the triple bottom line of Equity, Economy and Environment can affect their personal and professional development.

Goals:

Equity: incorporate a co-curricular transcript program for Humber Students. This incentive will be an official transcript to encourage student participation with HSF and Humber.

Economics: allocate \$1 from the current ancillary HSF fees towards more collaborative events. Through these competitions, students will benefit by networking with other students, learn real world applications and also encourage entrepreneurial pursuits.

Engagement: student voice to speak with HSF regarding issues, as well as increase curriculum accountability by pushing for academic program reps.

**PRESIDENT - ALL CAMPUSES****DR. HARMEET SINGH SUDAN**

I am Dr. Harmeet Singh Sudan, presently pursuing PG. Program in Marketing Management from Humber Lakeshore Campus. I have also done M.Com. M.B.A., LL.B., Journalism and Ph.D. I have diversified experience in Teaching, Research, Journalism and Leadership. Erstwhile held the portfolios of President, Vice President and General Secretary and even members of different academic, social and professional bodies.

Honoring my knowledge, multi-faceted experiences and the leadership skills, I have cherished to become the President of this huge, diverse and unique body of HSF. I possess the ability to lead such a talented student body and ensure each and every student of my full cooperation, support and association to resolve their issues.

To follow the objectives of academic excellence, change for growth, transparency, greater accessibility to the resources available, promotion of sports activities etc. The issues of international students will be resolved with their participation and priority. A conducive campus environment will be created with mutual functioning of the executive body, directors and administration. I will be committed to represent the interests of students before any corporation/media to seek justifiable redress of grievances.

**PRESIDENT - ALL CAMPUSES****ATINDER VAID**

I am currently pursuing my business administration degree with an emphasis in finance. I have held student leader positions on and off campus, including working in the financial services industry. I possess the skills, knowledge, and experience required to oversee the various tasks associated with the HSF President position.

As a current leader on campus, I've recognized areas of improvement voiced by you, the students. I realize the need to provide students with access to additional opportunities and support. Furthermore, I would like to strengthen the school's reputation with employers and prepare students for real world experiences.

If elected, I would emphasize the importance of personal skill development and networking with industry professionals. Furthermore, I would like to provide a greater number of outside opportunities for students throughout the various Humber and Guelph-Humber campuses. I would also like to ensure a rewarding experience for students by bringing attention to various issues, such as long wait times for parking. I feel there is a need to create a campus environment that promotes active student involvement and leadership. As a candidate for the HSF President position, I would like to ensure your ideas are heard and acted upon.

**PRESIDENT - ALL CAMPUSES****SATINDERPAL SINGH**

My name is Satinderpal Singh I am 20 years of age I am currently enrolled in business management program at Humber college north campus and this is my 3rd semester. I have calm and friendly nature, always ready to help the others the maximum I can.

I am running for the position of vice president student affairs because I think I have all the necessary qualities of leadership. Moreover, I have good experience in this field as I was a representative for three years back home in my school and also me and my friends used to run a sports and cultural club in my hometown.

If I will be elected as vice president of student affairs, besides performing duties and responsibilities of HSF I will also focus upon student welfare. I will perform my duties with great dedication because promotions such as health and medical insurance plans, food programs, volunteer crew etc. should reach each and every student so that they can achieve maximum benefit from it. Also I will always respond to emails of everyone as soon as possible and I will arrange meeting with them in order to sort out their problems.

**VP STUDENT AFFAIRS - NORTH CAMPUS****KAY TRACEY**

I am a down to earth person who tries to get along with everyone; I am also energized and all rounded individual. I have been told that I am a driven person, because whenever I want something done I do not stop until I accomplish the task at hand. The students need an advocate who hears their plights.

They need a dominant and goal oriented person who is not afraid of hard work. I have a leadership personality and fits comfortably in impossible situations as I think well on my feet. This is why I'm running because I want to make a difference at Humber and I can make a change as Vice President of Students Affairs.

The changes that I would make if elected into office are based on what are students' needs and problems, some pertinent issues that students face are:

- Insurance problems such as pay upfront and get reimbursed later.
- Try to correct the schools "do it yourself policy".
- Innovative job creation.
- Get students more involved in voluntary activities in terms of create new fun ways of giving back to society.
- Prices for parking and lunch (affordability).

**VP STUDENT AFFAIRS - NORTH CAMPUS**

VOTE March 11<sup>th</sup>-15<sup>th</sup> | For more info: [humberlife.com/elections](http://humberlife.com/elections)

HSF ELECTIONS 2013

EVENTS IN TORONTO THIS WEEK

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
<p><b>4</b> Enter Shikari to wreck it up</p> <p>The post-hardcore band comes to the Annex Wreckroom. Watch, Sorry I'm Not a Winner, to prepare yourself.</p>	<p><b>5</b> Erykah Badu</p> <p>The neo-soul singer, will be performing her critically acclaimed 1997 debut album, Baduizm, at the Kool Haus.</p>	<p><b>6</b> Still Breathing</p> <p>The pop duo, Air Supply, brings their 80's soft rock music to the Living Arts Centre in Mississauga</p>	<p><b>7</b> The love continues at Parts and Labor</p> <p>Cult of Youth bring their spring tour to Toronto in support of their second and latest album, Love Will Prevail.</p>	<p><b>8</b> Soulfly's to the MOD</p> <p>The heavy metal band are in Toronto to promote Enslaved, a concept album about slavery, out March 13.</p>	<p><b>9</b> Valdy comes o the Richmond Hill Centre</p> <p>The multiple Juno award winner, Valdy, will be performing his greatest hits over a career that spans 34 years,</p>	<p><b>10</b> Cabaret at the Q</p> <p>Lizzie Violet's Cabaret Noir will introduce arts such as poetry, music, burlesque, comedy, and a variety of other Vaudeville acts.</p>

# Community radio a powerful messaging tool

From Humber Radio's showcasing of campus talent to efforts in Germany to reduce drunk driving, local radio has an impact



PHOTO BY JONATHAN MACE  
 Programmers working on air at Humber Radio 96.9 FM are part of a global presence of community radio.

**Jonathan Mace**  
 A&E Reporter

In the midst of the digital age, community radio is a powerful communication tool and remains an effective means of public messaging.

Dr. Scott Andrew, a professor of music at Humber College, operates a weekly program titled *Arts Abled*, a radio program designed around the sharing of arts and culture in the community, now beginning its second season.

Every week, Andrew has people of importance in the arts community on the show for discussions as well as live music on occasion. He aims to draw attention to all of the achievements within the School of Creative and Performing Arts.

Community radio stations all look to promote local content said James Kerr, program director at Trent Radio.

"At Trent Radio we practice producer-oriented radio," Kerr explained. "Which means that we reflect on representing what is not represented in the mainstream radio."

Ben Vallieres, a programmer at Trent Radio, said he is constantly seeking out local entertainment to be featured on his weekly segment.

"Apart from playing predominantly Canadian content, I try and find bands in our music scene to give me copies of their albums to play on the air."

Programs such as this can be found worldwide, but what is not often emphasized is the power of public messaging through creative radio use.

Every year in Germany, for example, 342 people die on the streets as a result of drinking and driving. To combat this issue, Humanitarian Organization Johanniter-Unfallhilfe, created an initiative called Radio Ghosts.

Any time someone drives by the scene of a drinking and driving fatality, a voice interrupts their radio program and describes the accident from the point of view of a dead victim.

Israel made headlines for creatively implementing "The Day the Radio went Mono," a means to promote public breast cancer awareness. All radio stations played sound out of only one speaker to demonstrate what it would be like to live life missing a part of yourself.

According to CBC's Terry O'Reilly the amount of help-line calls increased by 98 per cent, and mammography testing increased by 24 per cent.

At Humber Radio, programmers like Carrie O'Marra, a final year broadcast diploma student, used the medium to promote Humber community events.

"We promote anything that's going on at Humber like the upcoming elections. If it's important to Humber we try to keep it in the ears of students."

# Photo fest turns to Toronto cityscapes

Ten exhibitions of amateur and pro work point lens on town

**Julienne Bay**  
 A&E Reporter

The first annual Toronto Urban Photography Festival will open on March 9, featuring 10 exhibitions at various venues in downtown Toronto.

The event focuses on photography and urban landscapes of the city and other urban environments. It's organized by volunteers, mostly students and artists, on a small budget.

Some of the exhibitions, such as *The Disposable Camera Project*, are meant to be interactive. These are "activities for all sorts of people to get involved," said Cliff Davidson, the executive director of the festival.

*The Disposable Camera Project* and *TO Neighbourhood Project* consist of images shot by participating Torontonians, who are not all professional photographers.

*The Disposable Camera Project*, for example, started in January with six hidden disposable cameras around

"Of all the media, photography is a very accessible medium, [one] where you don't need a label of 'professional' in front of a name."

**Anne Zbitnew**  
 Photography instructor

the city. Anyone can find these hidden cameras, following the clues on the Toronto Urban Photography Festival's website. Then, the participants can take one photograph of what they see at the moment of finding a camera. The images from these cameras will be shown at the Lomography Gallery Store during TUPF.

Anne Zbitnew, a photography instructor at Humber College, said such exhibitions show that photographers don't necessarily have to be pros.

"Of all the media, photography is a very accessible medium, [one] where you don't need a label of 'professional' in front of a name," she said.

"For me, that's the highlight (of the festival)," said Davidson. "It's more of a grassroots organization. We don't have big money (from sponsors), like Contact Photography Festival, we've done this as a team."

Nancy Clemo, a participating artist and a gallery assistant of Akasha Art Projects, joined TUPF willingly.

"We decided to be a part of TUPF, because we're a photography gallery," she said. "And also because we think the director is innovative."

Clemo's exhibition, *Causatum*, shows images of the identity of Toronto's changing waterfront.

The festival will run until March 23. See [tupf.ca](http://tupf.ca) for more information.



COURTESY PASCAL NORMAND  
*Untitled 2* by Pascal Normand is among the many works opening at the Toronto Urban Photography Festival on display at a series of venues in the downtown.

# Swimsuit Issues in weird situation

Toronto Sketch Comedy Festival being produced by Humber grad Cameron Wylie

Faiza Amin  
A&E Reporter

Several young comedians and a graduate of Humber's comedy program will be competing in the Toronto Sketch Comedy Festival, the largest independent comedy festival in Canada.

The two-week event featuring short comic vignettes begins Thursday, bringing together artists from across North America.

A team of Humber students, The Swimsuit Issues, was invited to participate in this year's festivity.

One of their members is Danny Dillabough, 20, who recently won the Brian Linehan Comedy Writing and Performance Scholarship for Artistic Promise, said the festival is an opportunity for more exposure.

"We haven't done a lot of performing in this capacity," said Dillabough. "This is our first time really getting with a larger crowd."

The second-year student said his troupe plans on using versatility in their comedic approach.

"Some of our sketches are more verbose and witty, and others are more



COURTESY THE FESTIVAL/PHOTO BY MATT CALDWELL  
Clockwise from top left: Adam Gall, Darren Springer, Conor van Abbe, Allison Dulmage, & Danny Dillabough.

silly and absurd," he said.

Fellow team member, Allison Dulmage, 20, adds that the group's sketches draw from current events and their personal lives.

"We make fun of real life situations,

and weird situations that we ourselves have been in," said Dulmage. "We love making audiences laugh."

Dulmage, the only female group-member, said she isn't taken-aback by the lack of women in the industry.

"We make fun of real life situations, and weird situations that we ourselves have been in."

Allison Dulmage  
Comedy team member

"There aren't a lot of women in the program or the comedy community," she said. "But sometimes you forget there are gender boundaries."

Along with Dillabough and Dulmage, the troupe also includes Adam Gall, Conor Van Abbe, and Darren Springer, and they are not the only ones representing Humber.

Festival producer Cameron Wylie graduated from the radio program in 2002 and the post-production program in 2007.

He will be performing with two sketch comedy troupes, Smells Like The 80s, which originated out of Humber, and Fun Car.

Wylie said an important part of the festival is that it helps young comedians improve their craft.

"Students get to see how the pros are doing it and they also get to see their work showcased in front of other comedians," said Wylie.

"It's also an incredible networking experience for them."

For schedule or ticket information, visit the festival's website.

## Village Vinyl cafe hosts first exhibit

Amy Stubbs  
A&E Reporter

The Lakeshore café and local record shop, Village Vinyl, will feature their first art exhibition called Private Music by Matthew Dupuis.

The 24-year-old photographer moved to Toronto to attend his first year in Humber College's Broadcast Television and Videography program in the fall. His exhibition will show near life-size prints of a decade's worth of assignment and freelance photography, seen in magazines such as SPIN and Beatroute.

"Art, it's one thing when it exists on its own. But it's best when it is shared with other people," said Dupuis.

Viewers will also see a range of big name musicians including both international artists and Toronto's locally grown talent.

Before the opening, Dupuis was tight-lipped when it came to specific names, but he said one theme runs throughout.

"They embody what it means to be a performing artist, an absolute enthrallment of their place in the world at that moment," Dupuis said. "I want to evoke an emotion. Empathy is a big part of that - when you understand your subject matter and meet them half way."

Dupuis stumbled upon Village Vinyl Emporium & Café, located just off Humber's Lakeshore campus at 2925 Lakeshore Blvd, after his move to the Lakeshore neighborhood. As a regular customer Dupuis suggested the idea of an art exhibition to the owner, Keith Pope, on one of his frequent visits.

"From there it was just a perfect fit," Dupuis said. "A music photography show in a record shop."

Suzanne Stevens, 21, also a first year student in the broadcast television/videography program, said it is important as a student to exhibit work for a number of reasons.

"As students we need to build a reputation for ourselves," Stevens said. "In our professional futures, especially in a creative field of work, our past projects reflect upon what our strengths and abilities are for potential employers."

Village Vinyl recognizes the artistic talent of locals. The shop already hosts live music events every Sunday and Pope said he hopes to make art exhibitions a regular occurrence as well.

"We give both professional and up and coming artists a chance," said Pope. "Hopefully Matthew is setting the standard for us."

Private music runs March 5 to April 7, with an opening reception on March 5 from 7 p.m. to 10 p.m.

## Toews highlights living-author reading series

Kateryna Barnes  
A&E Reporter

International best-selling Canadian author Miriam Toews will be reading from her book *The Flying Troutmans* at the Lakeshore campus on March 6.

The reading coordinates with a winter semester English course where students read a book by a visiting author, then research and write an essay on a topic in the novel. English Professor Ben Labovitch teaches the course and said he likes the interactive dimension added for the students by talking to the author of a book they studied.

"We usually study dead people," said Labovitch, explaining the novelty studying a book written by a living author and talking to them about their work. "It's a lot of fun."

The positive feeling from the reading is mutual for Toews.

"It's a very rewarding experience," she said. "Writing is a very solitary pursuit, so it's nice to be out and talking to people who are interested in my work. In particular, students who study my work have interesting questions and the discussion is meaningful."

Toews has a closer Humber connection than most of the authors who come for the reading series. She has taught at summer workshops for several years with Humber College's School for Writers and has a honorary degree from Humber.

"It's a really good experience for



PHOTO BY KATERYNA BARNES  
Prof. Ben Labovitch and students discuss passages from Miriam Toews' *The Flying Troutmans* in anticipation of her reading. Lakeshore Campus.

writers and teachers and I've had a really good time when I'm there," she said.

Antanas Sileika, the director of the School for Writers, worked with Toews for the workshop.

"The wonderful thing about Mir-

iam Toews is not only is she a great writer, but she speaks to people in the college in a very moving way," said Sileika. "*The Flying Troutmans* has to do with a family that is falling apart and each of us has either been in a fam-

ily that is falling apart or know one. It comes very close to home."

The reading will take place at Assembly Hall on the Lakeshore campus on March 6 at noon. The event is open to the public.

# Till Eulenspiegel comes to life on Humber stage

Third-year students combine puppets, movement in retelling classic through life of author Jerzy Kosinski

**Erica Vella**  
A&E Reporter

Humber Theatre's production of *Till Eulenspiegel: in the afterlife of Jerzy Kosinski* transports audience members to an alternate world filled with puppets, singing and movement.

The play is based on the life and writings of Polish author, Jerzy Kosinski and is set in a world plagued by war. Till Eulenspiegel, a character from ancient German folklore, offers a comedic break from this dark world.

Director Varrick Grimes said the play is about the consequences of life and death.

*Till Eulenspiegel* communicates its story to audiences in a nontraditional theatrical way, said Christopher Legacy, third-year Humber Theatre student.

At the top of the show actors are masked among the minimal set pieces that make up the stage.

"The most exciting and nerve wracking part for me was the preset because I am sitting under a blanket and I can hear everyone's conversation as they are coming in and what they are expecting about the show," said Meghan Chalmers, third-year Humber Theatre student.

Over the last year, students have been collaborating with Grimes to create *Till Eulenspiegel*.

"The training leading up to the show was challenging but I learned so much and it came together," Chalmers said.

"I've never been so challenged physically, vocally and mentally, as an actor before," said Julia Porter, Humber theatre student. "I am constantly testing myself and pushing myself."

Third-year theatre students were challenged to create a made-up language that incorporated Polish dialect with gibberish.

"It can be scary as an actor to take those risks, but that's what [Grimes] finds exciting," Porter said.

"We have received a lot of positive feedback from the show," Chalmers said. "I think it's a show that people will see and think about a lot afterwards because of the subject matter discussed in the show."

The production has tested the ability of 12 students from the Humber Theatre graduating class to tell a story through physical expression.

John Bourgeois, program director of the Theatre Performance program at Humber, emphasized the importance to students of learning how to work together.

"It's an excellent opportunity for students to work as an ensemble- to come together and tell a shared experience of a story that they created out of nothing."

Chalmers said the ensemble having to depend on each other is his favorite part of the show.

"Students will take whatever they learned in terms of techniques from *Till Eulenspiegel* and on their own, without any faculty, they will create a

production in the theatre community."

*Till Eulenspiegel* prepares students for their final production, Breathe: Backspace project, which will take place at Theatre Passe Muraille in Toronto.

Humber Theatre Presents

*Till Eulenspiegel*

~ in the afterlife of Jerzy Kosinski ~

Conceived and created by the graduating Theatre Performance students with the Theatre Production students

February 22 - March 2, 2013

Director - Varrick Grimes  
Set & Costume Design - Joanna Yu  
Lighting Design - Laird Macdonald

Box Office: 416.675.6622 x 3080  
or humber.theatre@humber.ca

## Buddies in Bad Times fest

**Andrea Fernandes**  
A&E Reporter

Boundaries had to be left at the front door of the Buddies in Bad Times Theatre, which began its experimental shows for the 34th Rhubarb Festival.

"Rhubarb has come to stand for, I guess, risk, and a place where artists from all different performative disci-

plines can come to experiment and take risks," said Megan Norwich, the apprentice curator for the festival which concluded yesterday.

Norwich said critics were better off not attending the event.

"We encourage people who are writing professionally, or in some kind of institutionalized forum who are writing reviews, to just sit this one out," she said.

The initial evenings were kicked off by *WEproteSTern*, a show that dealt with two homosexuals from Winnipeg who confront cowboy culture. According to the theatre's website, the performance is a protest "that asks 'if we call it all 'queer', does that make it okay?'"

The experimental show ended with one performer spitting beans onto the next, accompanied with the strangling and spanking of the other performer.

Mike Karapita, the program coordinator for Journalism Print and Broadcast at Humber College has been to the Rhubarb Festival before.

"Experimental theatre is like the prow of the ship, its job is to push ahead, break new bounds and try something new," he said. "It may not always be easy, it may not always be comfortable, it often isn't, but that's part of the experience and part of the point."

Vlad Soloviev, a 23-year old audience member, studying at Ryerson University, was appalled by the performance of *WEproteSTern*.

"I thought the topic could have been interesting, but it wasn't really explained well," said Soloviev. "I get that they were trying to make a point with the bean incident but all it really did was off-put audience members and the performance lost all credibility."

Norwich didn't want any of the actors to be discouraged by any negative feedback to the point that they didn't want to pursue the project any further. Someone who does not favour the experimental approach is Jamie B. Sheridan, an actor and a Humber professor for camera work, lighting and editing. He said he prefers traditional theatre.

"I like seeing how an actor interprets a character, or creates a character, whereas with experimental theatre, I think they do go for the 'gross out' or something that is going to shock the audience into remembering them," said Sheridan.



COURTESY TANJA TIZIANA  
Benjamin Kamino is one of the performers in the Rhubarb Festival at the Buddies in Bad Times Theatre. It's the 34th mounting of the experimental stage festival.

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# Conservatives hope to reform tuition grant

In new proposal, students are encouraged to consider college instead of university for hands-on skills



PHOTO BY SANDRA DE GRANDIS  
Students at Humber receive practical and theoretical experience in their courses.

**Sandra De Grandis**  
Life Reporter

New strategies promoting college education and reforming the Liberal government's 30 percent tuition grant have been presented by the Progressive Conservatives in Ontario.

The strategies were presented in the Conservative's "Paths to Prosperity: Higher Education for Better Jobs" paper, which encourages students in Ontario to consider college instead of university, as it can better prepare young adults for the workforce by developing skills that employers are looking for.

"The reality is that employers are looking for both sets of skills, students that have a theoretical background and they are also looking for students that can apply that theory," said Judy Tavares, Humber student recruitment adviser.

Many students attend university and graduate with debt, finding it difficult to get a job, while there are many skilled vocations that remain empty due to a lack of people filling those jobs, said PC leader Tim Hudak in a press release Feb. 12.

"A lot of students in universities don't have the related work experience the employers are looking for, whereas

"I think a lot of parents push kids into the universities because they think that kind of guarantees employment or success at the end and now we're finding that it doesn't."

**Karen Fast**  
Career Centre Manager

in colleges, we've embedded that into almost every program with field placement and internships. You graduate with a couple of work experiences that are related to your program," said Karen Fast, manager of Humber's Career Centre and career advancement services.

College provides a diverse approach to education for students, one that can better prepare them for the real world and give them the skills they need to hit the ground running when it comes

to starting their careers.

"People may still have an older mindset that the colleges aren't as progressive or are a bit more vocational in nature," Fast said. "I think a lot of parents push kids into the universities because they think that that kind of guarantees employment or success at the end -- and now we're finding that it doesn't."

Along with the "colleges first strategy," was a proposal to replace the provincial government's recent 30 per cent tuition grant for some families with a more merit-based system of financial aid. Students would have to keep their grades up in order to keep receiving money for school.

However, Holsee Sahid, Humber manager of financial aid, says there needs to be a threshold for grades when determining financial aid, and that students shouldn't be rewarded solely on high marks.

"It's one thing to recognize achievement, those students that are getting over 80 per cent average, but...also the ones who successfully complete their program within the specified time and complete all their courses. Some students can have an average of 75, it doesn't have to be high achievers," Sahid said.

## TO THE NINES

**What are your favourite brands?**

Zara, H&M, Harry Rosen

**Who is your style icon?**

David Beckham

**What are you wearing (in the photo)?**

Old Navy vest and sweater, Burberry scarf, True Religion jeans and Aldo shoes

**Solomon Ikuiwu, 28**

Paralegal, second year

BY NATALIE STOBERMAN



PHOTO BY KATE PADDISON  
Sugar in regular soft drinks somewhat slows alcohol absorption into the blood, an effect diet drinks don't have.

## Diet drinks increase blood alcohol levels, study says

**Kate Paddison**  
Life Reporter

Using low calorie diet drinks in alcoholic beverages causes greater intoxication by 18 per cent, a study has found.

The work was conducted by researchers from Northern Kentucky University and led by researcher Cecile Marczynski of the department of psychological science.

Low-calorie diet drinks are not enough to obstruct the alcohol in the gastrointestinal tract, while sugary beverages act like food that will slow the absorption of alcohol.

Marczynski tested this theory on 16 volunteers, eight male and eight female, giving each: vodka with a sugary beverage, vodka with

a diet beverage and a placebo drink.

"The subjects had no idea that they had different levels of intoxication while drinking the different combinations of mix and alcohol," Marczynski said. "This was consistent with all subjects."

In addition to the 18 per cent blood alcohol increase, researchers also found that this boost pushed the subjects over the .08 legal alcohol limit.

This can prove to be very dangerous as the subjects were unable to tell their risk factor for drinking and driving.

"People are very poor judges of what is a safe level or not, of what impairs your judgment," Marczynski said.

This can happen with anything,

not just drinking and driving. Many students have a drink at the campus pub during the day, and this could affect participating in classes.

"Eighty per cent of college students are alcohol users," Marczynski said.

"We sell mostly beer, but about 40 per cent are mixed drinks," said Alyssa Martin, bartender at LinX, Humber College's campus pub. "And it is women asking way more than men for diet drinks."

"I've been drinking rum and diet Coke since I started drinking when I was 17," said Asia Wolfman, a Ryerson student having drinks with her friend in the LinX pub. "But I will be much more aware of the choices I make while drinking."





PHOTO BY SARAH LENNOX

Even a hypothetical zombie apocalypse is among the scenarios considered by social media for emergency preparedness.

## Social media rises as important tool for emergencies

**Erinn Kenney**  
Life Reporter

Social media is a tool that when used effectively, can save lives.

That's been proven over the last decade in tragedies such as the Japanese tsunami, Haitian earthquake, school shootings, abductions and Hurricanes Katrina and Sandy.

When these disasters struck, social media such as Facebook, Twitter, Reddit and Flickr brought the world closer to such problems than ever before.

Karen Snider, national media manager for the Canadian Red Cross and her team use social media to tell people what's really happening when disaster strikes.

"[Social media] is a great tool for understanding what's going on as it's happening. It allows us to listen to people on the ground. Sometimes people just need info and we can pass that info on to them," Snider said.

A survey conducted by the Canadian Red Cross in October 2012 showed that 64 per cent of Canadians use social media sites.

In that same survey, 63 per cent thought disaster and emergency response agencies should be prepared to respond to calls for help on social media networks.

In one instance, a Red Cross digital team helped a New Jersey woman find her missing grandmother after Hurricane Sandy, using only Twitter.

Disaster prevention is just as prominent in social media as the disaster itself.

Several social media outlets have groups of people and organizations dedicated to disaster prevention, even zombie apocalypses.

Crime Stoppers International social media officer Constable Scott Mills and his team dedicate themselves to keeping a community informed, educated and safe.

"We'll figure out what's happening by listening to our own people and social media. We then verify with accurate updates. At that point we do posts about the issue, what's being done and how people can help," said Mills, a Toronto Police officer.

Mills says this greatly reduces panic, anarchy and stress on emergency responders and the community.

Humber College is also working towards improving its disaster response with social media and technology, said Michael Kopinak, Humber's associate director of public safety.

"Everbridge is a system designed to send out a mass message to faculty and students in residence in the event of an emergency. They can choose how they receive that message, be it email, text or social media."

Kopinak said the administration could be working towards making it mandatory for all students to sign up for Everbridge in order to improve emergency response.

"You should always have a backup plan and stay on top of it. Although we can do a good job at [emergency response], there's always room for improvement."

## 'Thigh gap' now trending on the Internet

Gaining traction on Twitter, slim legs are becoming another body image challenge

**Gabby Mann**  
Life Reporter

"Thigh gap," a new term trending on social networking sites, is driving girls to starve themselves, to achieve a space between their upper legs.

**"It's a type of body dysmorphia when you're unhappy about your body."**

**Jennifer Marotta**  
Humanities professor

Jennifer Marotta, professor of humanities at Humber College, links thigh gap to body dysmorphic disorder.

"It's a type of body dysmorphia when you're unhappy about your body," Marotta said. "People feel they have control over food if they don't

have control in their relationship, school or job."

"They feel achieving this body, will make [them] worthy," said Ann Wainwright, Humber psychology professor. "If I can achieve this, I will be perfect.' Models have that build. But many photos are retouched, so women are trying to attain something that's not even real."

Some social media sites like Pinterest have banned any photos or content related to anorexia.

"Social media initiates it, when people see it (online) they think it's okay and (so social media) promotes it," said Tara Ocansey, a second-year fashion arts student. "It's very common, especially at the Victoria Secret fashion show. On Twitter, people were wishing they were like that and those models. It makes it seem like that's normal and that's how people should look."

Letting food control self-worth and self-esteem can be a slippery slope, said Wainwright.

"I would hope they realize your



PHOTO BY GABBY MANN

Experts fear current online thigh gap trend will play into negative efforts to let eating and body image control self-worth.

value as a person doesn't come from if your thighs are touching or not," she said.

Festina Smith, second-year fashion arts student, isn't new to the world of thigh gaps.

"Being in the fashion program, I'm constantly surrounded by beautiful people. It's everywhere in the media, it's second nature to desire that look," said Smith, adding that as someone tall and thin, her perceived thigh gap

is naturally attained.

"Because of the generation we're in, the [thigh gap] is a trending topic," Smith said. "In a few months, it'll die down and you'll regret (making efforts to attain a thigh gap)."



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PHOTO OF THE WEEK



PHOTO BY LIME BLAKE  
Misty lounges on the back deck.

CARTOON

Fitz and a Tantrum



Colton Gilson

Sudoku Puzzle - Hard

		6			4			
	5					1		3
	2						4	7
						9		2
		4	8				5	6
5			7	2				
3		2	9		8			
							8	
1	6			3				

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Apr. 21 – May 20  
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**GEMINI**  
May 21 – Jun. 20  
Stay true. Stay positive. Stay awake.

**CANCER**  
Jun. 21 – Jul. 22  
Your family is all you need right now.

**LEO**  
Jul. 23 – Aug. 22  
The lion within will soon strike fear in your enemies.

**VIRGO**  
Aug. 23 – Sept. 21  
Give your body whatever it needs. Sleep, a cheeseburger, exercise. Feed it love.

**LIBRA**  
Sept. 22 – Oct. 22  
A pet is in your future.

**SCORPIO**  
Oct. 23 – Nov. 21  
It's time for that book you've been wanting to read to be a priority. Give your brain some pleasure.

**SAGITTARIUS**  
Nov. 22 – Dec. 20  
Your sense of humour will be helpful in times of stress and despair.

**CAPRICORN**  
Dec. 21 – Jan. 19  
If you get knocked down, don't get back up again. Lie in silence and realize that things could be worse.

**AQUARIUS**  
Jan. 20 – Feb. 19  
Quick judgement will be your greatest strength right now. No regrets. You know what you want.

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# A trio of Hawks teams hit top 15 in national rankings

Humber badminton, women's volleyball and men's basketball reach CCAA peak on strength of players and coaching

**Hugh Smith**  
Sports Reporter

The national CCAA rankings, last updated on Feb. 26, placed three Hawks' teams in the top 15 of their respective sports in Canada.

Humber's director of athletics Doug Fox is proud of Humber's representation in the most recent list.

"I'm always pleased to see us in the rankings," Fox said.

Humber's badminton players were ranked second in the country, while women's volleyball ranked third after winning the OCAA championship on Feb. 23. Men's basketball ranked 11th nationally.

Michael Kopinak, head coach of the badminton team, says the rankings are accurate.

"That's probably about where we sit," he said. "We're one of the best teams in the country."

Kopinak says all the credit for the team's achievement belongs to the students.

"I would love to say it's coaching, but it's the players," said the coach. "We have some tremendous athletes on our team."

Dean Wylie, assistant coach of the women's volleyball team, says longevity is the key to success.

"There's a lot of continuity," he said. "We keep players around for four years, five years on occasion. We know a lot of schools will go around and roll their roster over two or three years, so it's tough to build the consistency of a program. So having players graduating with multiple diplomas, here for three, four, five years, that's a plus for us."

Additionally, recruiting plays a constant and crucial role throughout the construction of an athletic program.

"We work hard. Our coaches are at every tournament," Wylie said. "We spend hours and hours on the road, year-round, recruiting."

Fox said his strategy was to build the program around the coaching staff.

"I'm pretty careful in the selection of coaches, which I think is probably the most important thing," Fox said.

"I have a real formula that I use with coach selection. I want them to be people who really are going to make it a great experience for athletes, because that tends to make them stay around longer."

Continued success is supported by recruiting and other various programs, but coaching remains paramount, Fox says.

"It's not one thing, it's many things, but I would start with coaching."



PHOTO BY HUGH SMITH

Alley Newman, a first-year right side in the kinesiology program, prepares to return a serve during volleyball practice. The women's team was ranked third nationally in the latest edition of the CCAA rankings.



PHOTO BY MADELINE FUCHS

Mark Mullen, 23, a third year business administration student at Guelph-Humber, became the men's volleyball team manager after playing on the team for five years.

## Team manager role chance to stay close to varsity sport

Former Hawks athletes, others take on organizational duties

**Madeline Fuchs**  
Sports Reporter

One position often overlooked on any sports team is that of the team manager.

Several of Humber's varsity teams have a student in this position, assisting the players, coaches and staff.

Students apply for the manager position for various reasons, whether it's a need for a part-time job, a previous player with connections to the team or a desire to break into a career in sports.

Fiona Laurie, 22, a fourth year justice studies student at University of Guelph-Humber, became the women's basketball team manager because she needed a part-time job for the school year.

Her main responsibilities include making sure the team is organized, specifically when it comes to equipment and uniforms. Laurie admits she

does laundry "at least three or four times a week."

"I'm team mom," Laurie said.

Mark Mullen, 23, a third year business administration student at Guelph-Humber, is manager for the men's volleyball team.

As a previous player for the team, Mullen had completed his five years of eligibility but "wasn't willing to let it go yet."

He says that switching from player to team manager has revealed a lot about the program.

"I have a clearer understanding of what [the coach's] job is now. As a player... you couldn't possibly understand all of the things they have to go through. It was kind of cool seeing the other side of things and what they have to do to prepare for games."

Garrett Meades, 25, a third year sport management student, has been

the men's basketball team manager for the last three years.

One of the team manager's main priorities is to support the coaches, Meades said.

"We're there to make sure the coaches are in the best position to do what they want to do."

Meades' experience as a manager has led him to many opportunities beyond Humber.

He has already worked for the City of Vaughan along with the Canadian junior golf association and recently completed an internship with the Toronto Raptors.

"The reason I went to athletics for the job is because I wanted to do something in the field. I wanted to get the relevant experience," said Meades.

As he completes his final year at Humber, the team manager position allowed him to satisfy that ambition.

# Fourth place finish for men's volleyball

Defending national champions won't get a chance to repeat with off day at OCAA

Brian O'Neill  
Sports Reporter

The mark of a true champion is not how they win, but how they pick themselves up after they fall.

For the first time in three years, Humber Hawks men's volleyball came away from the OCAA championship without a medal.

The squad dropped its semi-final game 3-0 to the eventual champion Nippissing Lakers.

It was a rematch of last year's OCAA final where the Lakers lost by the same score.

"[Nippissing] played excellent. It's probably the

best I've seen them play all year, they are definitely peaking at the right time," said Hawks coach Wayne Wilkins. "I think this year they realized they had to bring it and they have been preparing to play us."

Humber came out flat-footed and trailed for the majority of the game.

Unforced errors, particularly on the serve, were an issue all night, putting an end to any Hawk runs.

"Those couple of points, we gave those away. The unfortunate part is we never made up for them," said Wilkins.

"We made a lot of unforced errors, the serve wasn't there. To sum it up it just wasn't our day. We just didn't play our game," said middle/right side Andre Brown, 22, a second year student in

the business program.

The loss seemed to linger as Humber would lose their next match against the Redeemer Royals 3-1.

A win would have given the Hawks a shot at a bronze medal.

A slow start and unforced errors were again an issue as Royals controlled the first set, taking it 25-18.

In the tightly contested second set, with the score tied 17-17, two consecutive errors would be the difference maker.

The Hawks took the third set, but it wouldn't be enough.

Despite coming up short, there are still positives to take from this season.

"We're going on 20 years in a row of making (the provincial finals), it's an accomplishment. We had four all-stars. The whole thing was a success," Wilkins said.

Brown and third year libero Aleks Inveiss were West division First-Team All-Stars, while Quinn and third year middle Matthew Isaacs were Second-Team All-Stars.

"Overall it's definitely been a roller coaster compared to other seasons, but every team has to deal with that. For my last season playing at Humber, I wouldn't have traded it," said fifth year setter Derek Quinn, 22, a business student.

"The journey was better than the outcome was. Spending time with all my teammates, I would never take that back."

“Those couple of points, we gave those away. The unfortunate part is we never made up for them.”

Wayne Wilkins  
Coach



PHOTO BY BRIAN O'NEILL

Second-year middle Mark Waldon makes a dig during the OCAA semi-final against Nippissing College, which eventually went on to win the OCAA gold medal. Hawks provincial finish means they won't be defending their title at Nationals.

# Humber lets Seneca get under their skin

The loss to Seneca hurt the Hawks mentally as they couldn't recover their game against the tournament hosts

Jonathan Rumley  
Sports Reporter

The Humber men's basketball team put forth a valiant effort without avail as the team was eliminated from the OCAA Championships this past weekend.

Humber lost the bronze quarterfinal game 76-65 to Algonquin, which unfortunately dismissed them from the tournament.

However, many of the Hawks players felt it was their loss to Seneca, their first game in the tournament, that became the deciding factor for their finish.

Jason David, a second-year shooting guard in the fitness and health program at Humber, said that Seneca got the best of them.

"They got in our heads a little bit."

David said who admitted the trash talk shouldn't have had an effect on the Hawks game.

Hawks had been riding high entering the tournament, winning their last four games before an intense showdown against crosstown rival Seneca.

Gibson Eduful, a first-year point guard taking TV and video at Humber, said there was much to learn from the experience in a hostile environment.

"We've got to be more mentally prepared because it was tough out there," Eduful said.

Eduful remains confident in the team moving forward.

"I don't feel that any team here is better than us. We've just got to execute more."

Seneca looked comfortable on their home court as they suffocated Humber early and often with pressure. The

Hawks couldn't blame the 89-77 loss on a lack of effort.

Humber assistant coach Ben Sanders said the Hawks could use this experience to grow and mature.

"We definitely have come a long way ... Guys got to learn from these losses."

Sanders acknowledged that the intensity and atmosphere of the tournament was new for this young squad.

"We have a lot of guys that are going to return ... For most of our guys, this is probably the first OCs they've ever been in."

Seneca President David Agnew spoke highly about the Hawks basketball program.

"Humber, of course, has been so strong. It's got that great legacy and a lot to live up to."



PHOTO BY JONATHAN RUMLEY

Jason David, shooting guard, releases a free throw as the Seneca crowd does everything they can to get the Hawks off their game.

# Home crowd a factor in bronze medal win

**Jake Courtepatte**  
Sports Reporter

It was an exhausting weekend for both the Humber Hawks women's basketball squad and their fans, but the payoff was an OCAA bronze medal for all to share.

Humber played host for the 2013 OCAA women's varsity basketball tournament. An event that had the Hawks bleachers nearly filled all weekend.

James DePoe, athletics event coordinator at Humber and tournament organizer, said the support for the girls never wavered all weekend.

"I think it's been huge all tournament," said DePoe. "The energy they gave the last two games was huge for the girls to really perform."

The road to bronze wasn't a simple one for the Hawks.

It began on Thursday evening, in front of a packed house, against the St. Lawrence Vikings, the team they would eventually face again for a bronze victory. In their first meeting, Humber dominated early in an impressive 66-54 win.

On the Friday, Humber faced Fanshawe in a heart-stopping game. A

final minute three-pointer would see Fanshawe finish ahead 67-63.

Then, the Humber squad would defeat Seneca 66-43 Saturday morning to advance to the bronze medal game.

After what Humber coach Ajay Sharma called a "slugfest" in the first matchup against the Vikings, he said this one would not be as easy.

"We have to move the ball. Their defensive scheme is to stop the ball heavy, and they send a lot of people into the zone. We have to get the ball to the other side and make those plays."

Ajay's words would prove true, as the bronze final turned into a nail biter.

With strong offensive leadership from centre Chioma Oriuwa with 17 points, the Hawks would capture the bronze medal. Player of the Game honours went to small forward Natalie Hagopian.

After the game, the large crowd of Humber supporters joined the team in celebration.

"The crowd just feeds off each other," said Elaine Richmond, a third-year culinary student and Hawk fan. "And in turn, I think the team is motivated by that extra little

**"Nobody does it better than Humber."**

**Ajay Sharma**  
Coach



PHOTO BY JAKE COURTEPATTE  
Mary Asare gets ready to take a shot in Humber's nail bitter loss to Fanshawe.

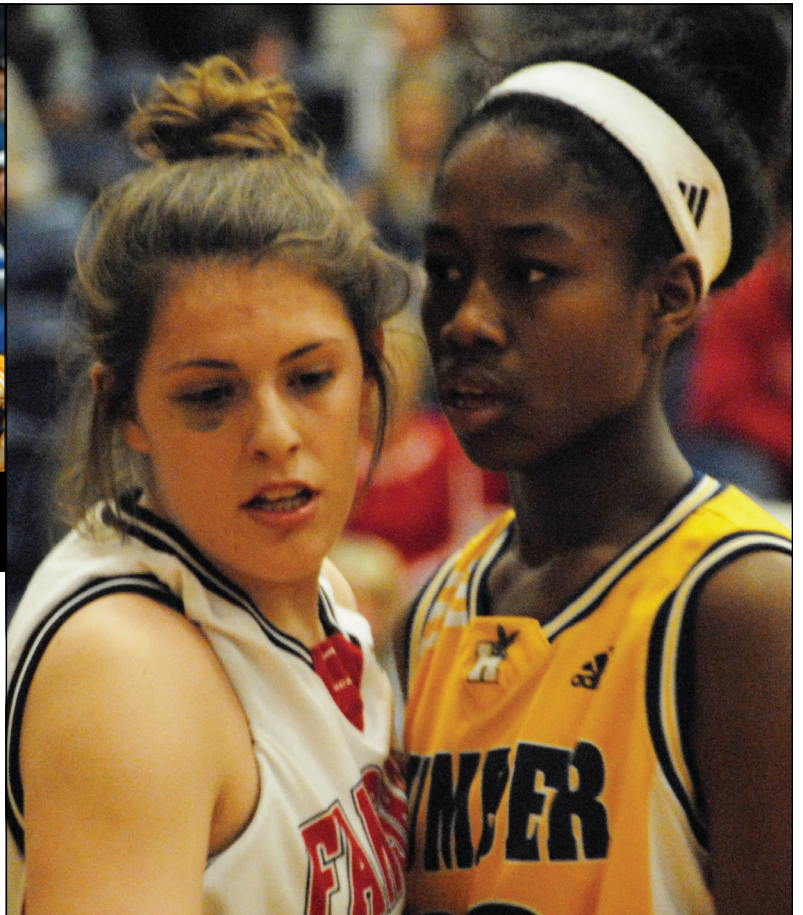


PHOTO BY JAKE COURTEPATTE  
Emotions were tested in the Humber-Fanshawe match as Aleena Domingo bumps up against a Falcon in their 67-63 loss.

boost."

Overall, DePoe considers the event a success for the college.

"When we host events like this, it's very exciting for us," said DePoe. "I think the response has been great, the athletes are happy, and the feedback has been very positive."

Sharma considers the team's experience in the tournament to be "phenomenal".

"We've heard other girls from other teams say that it's been first-class," said Sharma. "Nobody does it better than Humber."



PHOTO BY JESSICA RAYMOND

## WONG AND YIP

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CCAA  
Women's  
Doubles  
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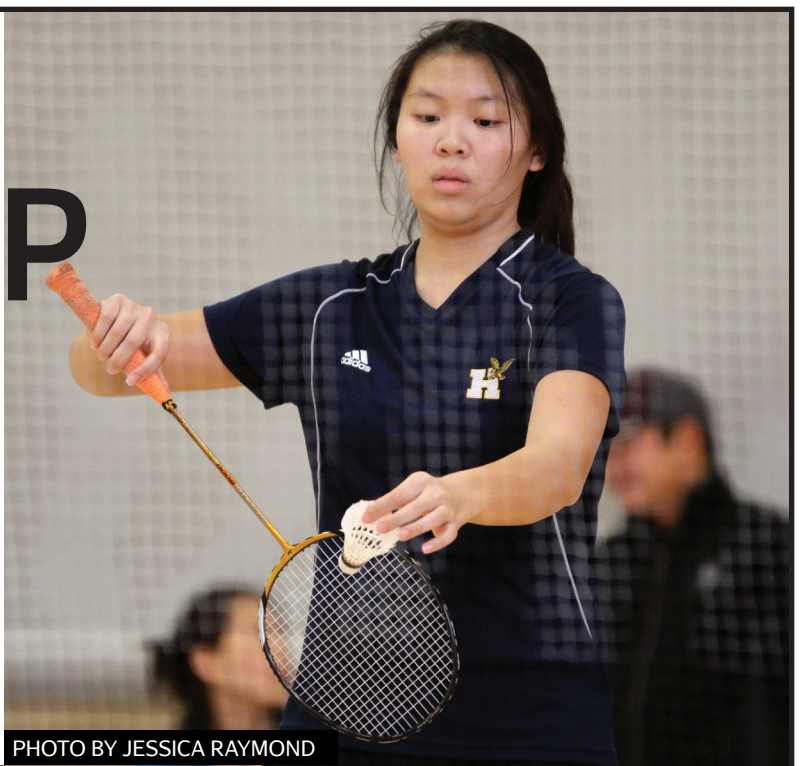


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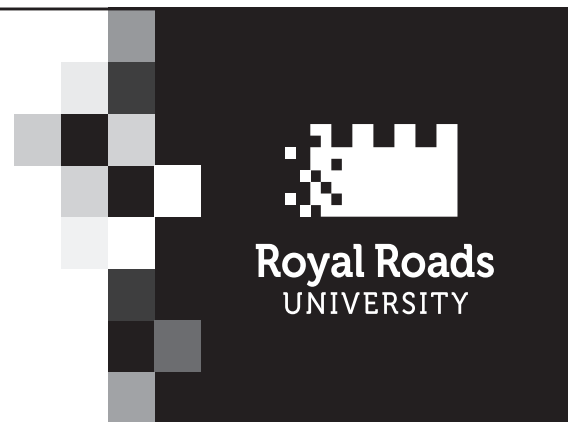
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# The hostess with the mostest

Eight women's basketball team's battled it out on our very own court for provincial supremacy this past weekend. Relive the excitement with our OCAA highlights photographed by Sports Reporter **Jake Courtepatte**.

