

Humber Et Cetera



Sports

Amazing Terry's NHL
playoff picks /pg 22

Lifestyles

Get Hip at Toronto
Public Library /pg 16

Entertainment

The blues ain't what
they used to be
/pg 20



INSIDE

NEWS

Terminator
technology is
coming to Humber
page 4

Happy Anniversary!
Amnesty
International cele-
brates 25 years in
Canada
page 5

HEALTH

When dimples
aren't so cute
page 12

Finding
alternatives in the
battle against
cancer
page 12

ARTS

The Hunger
takes you with
an empty feeling
page 21



PHOTO BY TRICIA DOUGLAS

President's Award winners Cameron Swimm (VP External), Shirley Forde (SAC President) and Nikki Dhaliwal (VP) were acknowledged for outstanding achievement and commitment to enhancing the educational environment and experience at Humber College.

Students SAP-ping the system

BY LISA PERRY
News Reporter

OSAP cheaters listen up; the government wants you to know it's pay back time. Students who lie, cheat or collect from more than one social service body are being forced into court on charges of fraud.

Several Humber students have been forced into court and charged with fraud for lying on their OSAP application forms.

The area of greatest concern is section 625 of the form, which asks the applicant to enter all income from government benefits to be received during the applicants study period. Some students are getting financial help from other government sources as well as OSAP and are therefore collecting more money than they are entitled to.

Ted Lis, manager of Area Operations with the Toronto Social Services division, explained that recipients of social assistance must be eligible to work and therefore cannot be in a post-secondary institution and certainly cannot be collecting OSAP. He said the government is cracking down on these people, warning that if they are caught, "criminal prosecution might follow".

"We are currently working with financial aid offices to prevent these crimes," said Lis, who said the crackdown is a positive step in preventing this type of fraud.

In order to catch people who collect from both OSAP and another social service the government is attempting to match social insurance records with different social assistance programs. By doing this, they are hoping to catch

"double dippers". Humber College's Financial Aid Manager, Margaret Antonides, warns students that, "if you double-dip you are going to get caught".

Antonides has already been to court twice to testify against former Humber students who have committed this type of fraud. Both students were found guilty and were forced to pay back the excess money as well as a substantial fine. Five more cases are pending, although Antonides said most students will settle out of court.

"The government is catching up with students who cheat and they are going to have to pay up," said Antonides, who is frustrated by students who cheat the system.

Leading the investigation on OSAP fraud in the west end is police

Constable Sean Scanlan of 12 Division, who says the problem is widespread.

In the last three years, Scanlan has had to deal with more than a dozen cases of OSAP fraud in west Toronto. He warns students that the government will get its money back no matter what.

"Chances are very good you'll get caught," said Scanlan. "The people we are prosecuting are not aware of the level of sophistication that is going to be checked, no one should be able to fall through the system anymore."

Both Scanlan and Antonides warn abusers that if they get caught, penalties will be severe. "Students will face criminal charges and receive a criminal record which could catch up with you in the long run," Scanlan said.

This type of fraud is costing Canadians millions of dollars a year said Scanlan, and if prevented, Canadians will see the benefit. Humber College's Associate Registrar, Bill Pitman, agreed. He warned that, "ultimately fraud will hurt us all. The fees students have to pay is influenced by the amount of fraud committed."

Pitman has been consulted by several government agencies on the look out for fraud. He said in the last two years, Humber has been involved in cracking about 10 to 15 cases of this type of fraud. Pitman cautions students that this type of misuse of the system is being watched and will eventually, "catch up to them."

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On Campus

Radio grads need transferable skills to land jobs

BY JENNIFER CARTER
News Reporter

Trace E. Trimble had high expectations when she enrolled in the Radio Broadcasting program at Humber College two years ago.

"When I started the program, I wanted to be an announcer," she said, "Now, I just want a job."

This month, Trimble will be one of 460 students graduating from radio programs across the country. More than half of these graduates will be entering the market in Ontario.

At the recent advisory committee meeting, school administrators and radio industry experts gathered to discuss job prospects.

"Entry level is gone," said Bob Lane, vice-president of syndication at CHUM. "My first job was in Simcoe. Now, you need two years of experience to get that job."

Schools across the country are "over-producing" said Joe Andrews, Humber College's

radio broadcasting program co-ordinator. There are more students than the radio industry can absorb.

"Have we gotten ourselves into a trap that we can't get out of?" he asked rhetorically. "There are too many players who are doing what we're doing."

However, Humber refuses to cut the number of students accepted into the radio program. According to Andrews, students turned away by Humber would simply apply to other colleges in the area.

"Are other schools thinking about reducing their numbers?" he said.

"We're not going to cut our numbers." Colleges across the country may be forced to cut their numbers in the future. The Ministry of Education and Training is currently accessing the criteria for college funding.

According to Rod Rork, Humber College's vice-president of

Finance, there is discussion about retention - the number of students who stay and complete their program.

"There is quite a debate about this ... what is a successful completion," he said. "The job placement rate is the other part of the debate."

Nancy Burt, assistant director of the School of Media Studies, says Humber's radio program is unique.

"Here at Humber, we're offering an internet radio program - the only one of its kind in Canada," she said. "There will be thousands of jobs in radio in a few years."

According to Andrews, radio graduates have a multitude of skills that are relevant to many industries such as television, media relations, promotions and sales.

"Radio stations are not hiring as much as they once had," he said. "But students are parlaying

skills into other fields ... Much of what we teach is transferable."

Several Humber graduates have found jobs with Cybersonics - a company that develops radio programming for malls.

"They use their announcing skills, their production skills and their advertising skills to produce radio for malls," he said. "They're using their skills in a different medium."

According to Burt, journalism students are also finding work in non-traditional mediums.

At *The Toronto Star*, Humber graduates are using their writing and design skills to develop the company's web site.

"Our role is to train people for the workforce of Canada and the world," Burt said. "We have to make sure we're teaching students the skills that the economy needs."



PHOTO BY JENNIFER CARTER

Jim Marshall, a second-year radio student, hopes to get job.

Humber's International Centre - a cohesive force

BY JULIA KUZELJEVICH
News Reporter

Posters and rug hangings decorate the walls of the sunny office space at Humber College's Intercultural Centre, where Dalyce Newby runs an intense, one-woman operation as the centre's co-ordinator.

The centre is the result of a series of recommendations put

together by the president's office in 1991.

In 1990, the College was looking for a name other than "the multicultural centre" and the "Intercultural Centre" eventually came to be. Initially there were to be two centres: one for international students and one handling diversity issues.

Many models on other cam-

puses had joined the two facilities together.

"The joint element works, but one function might take precedence over another in a given year," said Newby.

In the early years, Newby worked the "multicultural beat", handling programs of interest to different ethnic groups in conjunction with the Student

Academic Council (SAC).

The office would co-sponsor bands and club events that had a cultural aspect.

"Now there's not so much emphasis on clubs. The dimension of programming has changed and with a one-person operation it is difficult to put such events together," said Newby.

Today services at the centre are "more tangible".

In addition to promoting various student associations, the intercultural centre provides work/study information for students wanting to go abroad, orientation and assistance for international students and new immigrants, and student mediation during appeals.

Jennifer Miller, a second-year arts student, sought out the centre when she was interested in summer work abroad.

"The centre has many different info sources if you're interested in going away for work. A lot of the work is done for you, with lists of job site web sites," she said.

Newby also organizes workshops which cater to international students or new residents with regard to issues such as study skills and immigration status.

An immigration officer will often come in for consultation with the students.

"The centre really helped out in terms of looking up information on some of the immigration questions and work rules that I had," said Shereen Porter, a computer programming grad.

A brochure is put out to help students with housing, public transit and just general information about life in Toronto.

"Sometimes, we have to get students to accompany the new arrivals for awhile until they know where they are going and how to manage," said Newby.

This is how the Humber Friends program came about. A certain number of students, through the work study program, will be paired with international students and assist them in day-to-day tasks until they are familiar with how things run.



FILE PHOTO

Dalyce Newby, co-ordinator, advising a student in her office.

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Et Cetera

April 9 - 15, 1998

Union talks continue

BY TERRY BAAK
News Reporter

After months of going nowhere, contract talks between college teachers, and the province's 25 colleges have reached the point where students may find out whether they will be returning to school on time in September.

The negotiating team for the faculty union tabled a comprehensive proposal they say would be a good compromise for both sides. The proposal was offered when they met with mediator Allan Heritage on March 23.

The faculty union representative at Humber, Maureen Wall, said that the proposal speaks to both sides' needs.

The proposal "addresses the management's needs as well as the needs of the teachers," said Wall.

The 11-point proposal is not a finished offer, it is merely an outline which addresses all of the issues that are in contention.

The key issues in the proposal involve a pay increase that will set the teachers wages in relation to high school and university teachers, additional security in the event of layoffs, and a strengthening of the teacher's classifications, so that teachers with seniority are better protected.

Wall said although she does not like everything that is included in the proposal, she is happy with the overall effort.

"As in any compromise position, there are things in the proposal that we are not pleased about. But I am glad the team is working hard toward solving the problem," said Wall.

The management team is expected to return to the mediator on Monday and Tuesday of next week to report on whether the proposal will work as a starting point for the negotiations.

Wall said that they should know then whether there will be a strike vote and a potential strike in the fall.

"I can't speculate at the moment, but I am fairly certain

"As in any compromise position, there are things in the proposal that we are not pleased about. But I am glad the team is working hard toward solving the problem."

**—Maureen Wall,
Union Representative**

that we will have a fairly good indication of where the negotiations are going. The students will have a pretty good idea (of whether there will be a strike) by the end of the semester," said Wall.

Wall said that the teachers are not looking forward to a strike, but they are willing to do what they have to, to get a fair deal.

"We don't want to strike, but we do want fair treatment," said Wall.

Banks silent about Student Aid Plan

BY JENNIFER McLAUGHLIN
News Reporter

Student debt continues to be a rising concern for lenders.

Three of Canada's major banks did not respond to the Ontario government's proposal for a post-secondary student aid program in Ontario.

Lyn McLeod, Liberal Colleges and Universities critic said the lenders' snub proves that the Ontario government has no plan when it comes to student aid.

"Student debt has sky-rocketed out of control under Mike Harris' watch," said McLeod.

"The banks have said they are concerned with the debt load and believe government must provide a plan to get debt down."

Earlier this year, the government asked banks to submit a proposal to take over the collection of student loans.

It also announced a plan to change the amount of time that students would have to pay back their debt.

"Why doesn't the government focus on what students really

need?" said Liberal Youth critic, David Caplan.

"They need a freeze on tuition increases, greater access to student assistance and a real grant program."

"Student debt has skyrocketed out of control under Mike Harris' watch."

—Lyn McLeod

Since 1995, the government has allowed tuition fees to rise by 32 per cent. The students' share of operating costs continues to rise as the government offloads the cost of education onto the backs of students.

Caplan said that the acknowledgement from the banks that student debt is too high should serve as a wake-up call to Mike Harris.

Re-election denied

BY JANE DIORETTE P. TAGUICANA
News Reporter

"It's all wrapped up," said Lakeshore Principal Pat Ferbyack on the Lakeshore Student Council Association (SAC) re-election process.

Sonia Levy is Lakeshore Campus' first president from the Music program.

Although it seemed like students in the smaller campus didn't have an official president two weeks ago, the Council of Student Affairs, with the advice of lawyers from Greenberg and Bellam Associates, upheld the original election results.

"For the sake of both candidates," said Ferbyack, "I am glad it's over. I know it's absolutely horrid for both although there is no way to get a solution where everyone could be happy."

Levy won for presidency in a recount by two votes.

Her opponent, Andrew Copeland, asked for the recount and forced a referendum to have a re-election.

Copeland said that the election process did not follow the constitution. He said that there were not enough polling stations and students in the Child and Youth Worker program were on their March break at that time.

It was expected that there would be another election when the executives agreed that the election process didn't follow the SAC constitution.

But when they sought advice from Greenberg and Bellam Associates, the law firm who helped draft the constitution, the firm said that the Chief Returning Officer has the final say.

On Monday of last week, the law firm said that a referendum



COURTESY PHOTO

Sonia Levy finally takes her seat as SAC president after a long dispute regarding the fairness of polling stations at Lakeshore.

cannot overturn the election result.

Article 1.409 in the SAC constitution says that "In case of a dispute, the Chief Returning Officer will be the final authority."

Another question was put on the table by Copeland with regards to the nomination period.

CRO Loreen Ramsuchit closed the nomination period on February 27 and opened it on Tuesday, March 3. The constitution allows an extension for five days, but it was not clear whether it could skip a few days except for the weekends and Humber College holidays.

Deputy Returning Officer for Lakeshore Campus, Richard Coke, believes that the election process "went through the right

procedures."

He said they were aware that there should have been one polling station set up at the cottages but it was too late by the time they realized the problem. Rules say the dates and polling places must be posted 21 days before the election.

"The election dates and the location of setting up the polling stations were advertised already and it didn't include the cottages," he said.

The CSA said that a five-minute walk should have not turned students away from voting.

"I feel that if students really want to vote, they could go to the polling station at the cafeteria," Coke said.

Student charged with sexual assault

BY GREGORY LEE
News Reporter

A Humber College student who has been charged with sexual assault is out on \$4,000 bail pending a trial date.

The bail hearing took place April 2, two days after his arrest at the college residence on the North campus. The bail requires that the suspect, a visa student from Mexico, stay in the country until the trial. The assault took place in the early morning hours of February 15 in the residence.

"We do have orientation sessions for the international students that come mid-semester," said Derek Maharaj, residence manager, when asked what steps the residence takes to inform students about the dangers of sexual

"He's no longer a student of the college," said Gary Jeynes, director of Physical Resources, when asked if the accused was still in residence and class here at Humber. The suspect had been at Humber since the start of January studying business.

assault at the beginning of semesters. "They also sign a hall guide on proper conduct," elaborated Maharaj.

According to Jeynes, notices alerting students about the incident were posted around the residence.

When asked about the frequency of campus assaults, Jeynes replied, "Over the years I think they're on the decline. One or two a year."

Charged with sexual assault is Jose Gonzales, 23.

Have you heard?

If you haven't, it's because you've been missing out on our News.

<http://etcetera.humberc.on.ca>

Terminator technology arrives

BY LUKE McCANN
News Reporter

A new high-tech animation course will be offered to a select number of post-graduate design students next year.

Students will learn how to use the type of animation seen in movies such as *Terminator 2* and

Toy Story but with a focus on graphic arts, architectural and interior design.

Humber hopes to aim its animation course at the industrial market, where it sees a potential for growth in the number of jobs available to graduates.

The start-up cost is estimated

at \$90,000, which covers faculty and supplies, said Rick Embree, the director of business development.

Humber already owns the necessary computer labs and software.

The provincial government will grant \$3,000 for every student

in the program, however, the grant doesn't kick in until the third year.

Humber estimated the school will lose \$52,000 for three years, but should turn a \$31,000 profit after the fifth year.

Last year, Humber's School of Architecture ran a 30-week trial

program in 3D animation and modeling which was funded by Human Resources Development Canada.

In February 1998, six weeks after the end of the program, 13 of 21 graduates had found full-time employment.

Jim Warren, a 1989 Humber architecture graduate, started his own architectural design company called Imagenius 3D Studios Inc.

"My company currently has a staff of 11, actually 12, I just hired a guy last week. Within the next two years, I expect it to be over 45."

— Jim Warren

Warren uses 3D animation to design a model of what a company is proposing to build.

"The 3D animation is a compliment to traditional brochure packages. When you're buying a product that is not flat or two dimensional, you don't want to be presented with something that looks flat and two dimensional," said Warren.

"This (3D animation presentation) helps market a product because it's a visual aid which is language free," he added.

Warren said he believes employment opportunities will grow over the next few years as software and hardware become cheaper and more accessible.

"My company currently has a staff of 11, actually 12, I just hired a guy last week. Within the next two years, I expect it to be over 45," Warren said.

For admission, prospective students need a degree or diploma in architectural design, industrial design, graphic design, desktop publishing, film, television and video production, and work experience in a related field.

Also, students must show a strong creative ability, computer skills, as well as present a portfolio and attend an interview.

The 3D animation and modeling course will enroll about 30 students and, will cost \$940 a semester. Over three semesters, the course will provide technical and classroom training along with an internship.

The college's Board of Governors agrees such a course will benefit the many design courses that Humber offers.

Sheridan College has successfully developed an animation program that is geared to the entertainment industry.

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Canada celebrates 25 years of amnesty

Canada protects human rights across the globe

BY NINA RADMAN
News Reporter

This year marks two very important anniversaries for Amnesty International (AI), a group that works to ensure fundamental human rights for people worldwide.

The United Nations Declaration of Human Rights (UNDHR) was established by the United Nations 50 years ago to ensure that atrocities like those that took place during the second world war would never happen again. The declaration inspired many non-governmental groups to also get involved in the worldwide fight for human rights, such as AI, which is celebrating its 25th year in Canada.

Founded by British lawyer Peter Benenson in 1961, AI now has one million members and helps more than 4,500 people who are victims of torture, rape, "mysterious disappearances", and unjust imprisonment by their governments or armed opposition groups in their homeland.

"Unfortunately, the 50th anniversary of the UNDHR is not necessarily something to celebrate given that human rights violations still persist 50 years after the document was produced and a lot of sophisticated human rights laws since that time have been signed and ratified," said Hilary Homes, National Youth and Student co-ordinator of AI Canada.

Homes explains that although the fundamental principles of AI

are based on those outlined in the UNDHR, Amnesty tends to be associated with civil and political rights more than economic, social and cultural rights.

"That is what our direct action mandate does," she said. "We lobby governments directly for political prisoners, but we also have a promotional aspect where we promote all human rights."

To promote its 25th anniversary in Canada, AI is trying to expand its membership by making the public aware of the human rights abuses that continue to occur all over the world.

"The whole notion is to get out into the public and talk about what the principles of human rights are and to make them real to people. That's what much of the campaign is," explained Homes.

Internationally, AI has set up a campaign asking people to make a personal commitment to human rights by seeing what they can do in their own communities to promote and protect these rights.

"We are trying to bring alive the principles enshrined in the Declaration. Amnesty members around the world are going around collecting signatures on a pledge statement that says 'I will do everything in my power to support and promote human rights,'" explained Homes.

Jack Orbaum, chairperson of AI group '98 in Toronto, explained that his group is still in the process of discussing ideas for a public event in the spring.

"Recently we started putting ads in local newspapers to get attention for the monthly meetings. We are hoping that will attract new members."

Meetings take place once a month, he explained, and usually involve discussions on planning future events, letter writing sessions on behalf of prisoners and occasionally include guest speakers.

"The whole notion is to get out into the public and talk about what the principles of human rights are and make them real to people."

— Hilary Homes

The letter writing campaign, a major component of AI's campaign, has helped many prisoners of conscience regain their freedom.

Each group is assigned a prisoner and through letter writing, they lobby the government that is holding the prisoner.

This campaign has saved many lives and continues to be a strong influential tactic for AI.

A former El Salvadorian torturer is quoted by AI as saying: "If there is an appeal from some foreign government or Amnesty International, then they will live. Otherwise, they are dead."

An Uruguayan army colonel, who was arrested after he pledged to uphold the constitution in the event of a military

coup, said the letters he received changed his life. "The letters were like being outside prison," he told Amnesty.

"To be in touch with people so far away was incredible. I had a companion who was in prison with me and he didn't receive one letter for 10 years. Then he started to receive letters and they changed his whole perspective," he said.

AI received the Nobel Peace Prize in 1977 and the United Nations Human Rights Prize in 1978.

Homes explained that, although AI is successful in helping stop human rights violations, many abuses are still not being dealt with appropriately.

"What we tend to do is put pressure on the International Community and sometimes the U.N. itself ... We find out who has the power to affect the situation and target them," she said.

Because of the serious nature of its work, AI is used to being scrutinized by governments as well as other organizations.

"We get a lot of replies from governments about the cases that we've lobbied them on. There is

not really one country that is most critical of us," Homes explained.

"It's a mixed bag of people disagreeing with us and accusing us of bad research. Another angle of attack that people say is that we don't understand the situation, that the human rights abuses were justified in the context," said Homes.

"There are others who admit that these things are happening but just don't have the resources to deal with it."

For example, she said, in Rwanda there are a lot of people imprisoned awaiting trial or even awaiting charges but they don't have the infrastructure, courts, judges, or people trained to deal with the situation. In cases like these, AI starts hammering away at the International Community to provide resources to these countries.

To ensure impartiality, AI does not accept any form of government funding; it relies solely on the support of its members.

To become a member or to find out more about the organization, call 1-800-AMNESTY or check out their web site at www.amnesty.org.

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Humber offers exotic travel

BY ANDREA CLENNON
News Reporter

Students will now have the opportunity to visit exotic lands like New Zealand, Costa Rica, and Jamaica, as part of a required 16-week industry internship.

As of next fall, the HRT Alliance, formerly the school of hospitality, recreation and tourism, will offer a post-diploma program in Eco-adventure tourism.

Dr. Susan Goodman, program co-ordinator, said that the three semester-long program focuses on shared values relating to the environment as well as training in the travel and tourism industry.

"Preserving the ecosystem while giving these communities the opportunity to benefit from our visits is a main priority," Goodman said.

With a two per cent annual increase in the job market, Goodman does not see this venture as a "trend".

"There are jobs in the field, and it continues to grow rapidly. That's why we are getting involved," Goodman said.

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Et Cetera Editorial

More Titanic fever

Just in case seeing the movie, the A&E documentary, or the televised "making of" episode isn't enough, you can, for the obscene amount of \$10,000, re-enact the doomed Titanic voyage on a replica of the ship.

If you're really lucky, you may even freeze to death in the frigid waters off the coast of Newfoundland, near the very spot Jack Dawson's fictional character lost his life, as the replica ship pauses to reflect on the lives of the original Titanic passengers.

What could be more authentic than that?

The ship will sail in April of 2002, on the 90th anniversary of the original Titanic's demise.

Two questions. First: will people still be interested enough to spend \$10,000 a pop on the ultimate Titanic experience? Or will the hypnotic, Hollywood induced state of Titanic obsession have subsided sufficiently for people to come to their senses.

Second: will the people who are taking the "ride" realize they are mirroring the conspicuous consumption of the Titanic's privileged upper-class, and in doing so, undermining those who actually froze to death on that tragic night?

Perhaps a better comparison can be made between the materialistic human values fueling the 2002 trip and the ignorant and egotistical attitudes that caused the original ship to sink, killing thousands.

Finally, it's sad to think the affluent Swiss and US partners planning the construction, can't come up with something better to do with \$500 million, than build the most elaborate theme ride ever.

OSAP bites back

Several Humber students have been implicated in a financial aid scam and are being sued because they have been collecting both OSAP and social assistance.

While it is hard enough nowadays to come up with the funding for a post-secondary education, many students struggle to pay the bills by working part-time jobs and acquiring hefty student loans.

Admittedly, not all students who require financial aid are so hard-working. OSAP has accused these students of fraud. And that's exactly what it is.

Misuse of the system will only serve to make securing student loans even tougher for students who genuinely need the aid. After all, there is a limited amount of money in the fund. And who needs more red tape?

Stealing from the fund is particularly reprehensible now, when students are demanding more and more assistance from the government to further their education and protesting government cuts. It is increasingly important that students not become hypocritical.

If we ask for a fair chance for an education, we shouldn't turn around and try to rob the government blind (even if they seem to do the exact same thing).

Students guilty of fraud, can and should be held accountable for their actions. They make it harder for students to get the loans they need to go to college or university.

This is a free country but there are no free rides.



Watch out for roommates

BY K.C. COLBY

I had no choice. It was a matter of dollars and sense.

In my case, a lack of dollars and in my roommate's case, a lack of sense: common sense, sense of couch and sensitivity for others.

We both wanted a college education and neither of us could afford to live alone. That's where the common thread ends and the endless trail of dirty underwear begins.

I find it everywhere. I find it in the kitchen: "I spilled some tea on the counter and had nothing to wipe it up with ... sorry."

I find it on the bathroom door-knob: "I took a shower and didn't want to leave it on the floor because it got wet ... sorry."

You have no idea how sorry I am.

Why does dirty stuff have to serve as a multi-purpose cleaning tool in our house.

The sight of it scattered throughout the house at various points of cleaning turmoil is driving me mad.

I buy paper towels and j-cloths. Is there a chance my roommate has somehow confused the two and now attends school wearing floral print extra absorbent Bounty or pacific blue J-cloths under his fashionable Bugle Boy jeans?

Sure, any of the three would guarantee a certain degree of warmth on these cold winter days but what about comfort?

Wearing starchy-stiff J-cloths with that fibreglass texture scraping up against delicate parts of your body would surely result in a type of pain that tends to linger.

Deciding to don the floral print

Bounty not only is an interesting fashion statement; it also gives new meaning to the idea a "quicker picker-upper."

This leads me to the next disturbing fact.

The endless trail of dirty gitch strewn around the house means that my roommate spends a great deal of time parading around in the emperor's new clothes!

Why me?

To all his friends he appears to be a normal, hardworking, clean living, swell guy.

To me, his roommate, he is the streaking knickerless pirate that leaves a trail of undergarment carnage in the form of misused Stanfields, Watsons and the occasional Joe Boxer.

My next greatest fear is that I'll find dirty wet socks hanging on the tea towel rack.

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Still waiting for the promised land

BY CARLOS PUSTER-BERGERO

Saturday marked the 30th anniversary of the assassination of civil rights leader Martin Luther King Jr., the driving force behind the 1964 civil rights act that ended legal segregation in America.

However, spend a few days in Kings' hometown of Atlanta, and it's clear that a profound economic segregation remains between the races.

Visit the Lenox Square Mall in the affluent northern suburb of Buckhead, and you encounter white shoppers carrying Gucci and Polo shopping bags. In contrast, the workforce, toiling for minimum wage at the mall's food court, is almost all black. Take a jaunt southward to the five-star Omni hotel (adjacent to CNN), and you come across black waiters - decked out in tuxedos and looking like caricatures out of an old Civil War movie - serving an entirely white lunch crowd.

The voting rights act of 1965 gave black Americans the vote. Two exclusionary hills had been seemingly scaled, but, according

to King, one remained: "We're getting ready to demand jobs and income," he said. "We're tired of working full-time jobs for part-time income."

Yet after 30 years of demanding, the vast chasm of income and worth that separates blacks from whites still exists.

In 1997 a study highlighted how the median income of blacks in the United States was about 60 per cent that of whites. The study also found that the median net worth of black Americans was only 8 per cent that of whites.

In March, a report on "race" by the Milton S. Eisenhower Foundation found a black middle class had grown, and black high-school graduation rates had risen.

Today, Atlanta has a black mayor and police chief.

Conversely, the report also found that unemployment in a number of black inner-city neighborhoods is at "depression levels" of 50 per cent or more, and "incarceration for black men is four times higher than in the days of apartheid South Africa."

President Clinton argues the "circle of opportunity" must be

widened through education. "In the new economy education is the leading economic indicator," he said.

If so, then California's Proposition 209 (passed in 1996) prohibiting the use of race and ethnicity in college admissions, has closed the circle of opportunity for swathes of black Americans.

In 1998, according to the New York Times, admissions of black applicants for next fall's freshmen class at the University of California at Berkeley dropped by 57 per cent. At UCLA, admissions fell by 43 per cent.

"Diversity is important," Terrence J. Pell, a senior counsel of the Washington-based Center for Individual Rights, who supports Proposition 209, told the New York Times. "The challenge is how to get it without focusing on skin color."

Pell and those like him, however, seem to minimize the perverse legacy of historical racism.

Recently, the atrocities of the past were exhumed when the Mississippi Department of Archives and History made pub-

lic the files of its now defunct Sovereignty Commission.

From 1956 to 1977 the commission, and those like it throughout the south, spied on and plotted against anyone deemed to be hospitable towards de-segregation.

One document discusses how one of the first blacks to enroll at Southern Mississippi University was framed, in 1959, on alcohol charges. In another instance, the commission facilitated the murder of three civil-rights workers by giving the Ku Klux Klan their license plate number.

Critics argue affirmative action is simply one form of racism replacing another.

It is not.

Its aim is to reverse dastardly actions (such as the ones discussed) which underhandedly and violently quash the educational and economic aspirations of black Americans.

The imagery of King leading the 1963 civil rights march on Washington will forever be etched in the minds of people.

But in 1968, King did not travel to Memphis to passively sing "we shall overcome."

Rather, he went there to march with striking sanitation workers, to demand a restructuring of the skewed American socio-economic order.

King, whose focus had increasingly turned toward economical issues, feared that black Americans, having won the power to vote and the legal right to drink at the same water fountain as whites, would now be confined to an eternal subservient role within the American economic machine.

In his last speech, King said, "Longevity has its place, but I'm not concerned about that now. I just want to do God's will, and he's allowed me to go up this mountain and I've looked over and I've seen the promised land."

In Atlanta, it is still a promise not a place.

It is what poet Langston Hughes called, "America ... the land that never was, and yet must be."

Amen.

Carlos Puster-Bergero is a Hunter Journalism student intern at CNN in Atlanta, Georgia.

Take me out to the old ball game

BY GREG MACDONALD

Geez ... times have changed.

Not long ago, spring signalled the approach of two testosterone-charged pleasures for warm-blooded Canadian males: the summer dress season and the Blue Jays' home opener.

But that was before T.O.'s baseball bluebirds landed in the glass and concrete corporate cathedral known as the SkyDome; before cotton-mouthed fans stood in long lines to pay too much to wet their whistles with watered-down suds; before watching a baseball game in the bleachers became family entertainment.

There was a time when Moseby, Bell and Barfield patrolled the outfield. The war-

riors on the field were merely wealthy, not multi-millionaires, and the unwashed faithful huddled in the old, roofless CNE Grandstand. Bundled up in winter coats, scarves and mitts, they bravely faced the frigid winds off the lake.

That was when the home opener was an event.

Spirit was abundant. No beer was sold in the stadium but lots of alcohol was consumed, usually from mickeys snuck in through the gate in the tops of winter boots. Smoke from cigarettes, cheap wine-tipped cigars, even joints, swirled from the metal seats up to the cold sky.

The cheap-seat crowds were the hardest to control. Daring young men challenged bulky

policemen's authority - and mobility - by dodging and dashing across the football field behind the outfield fence to the prized expensive seats. Frequently the lads, juiced on booze and rebellious, youthful adrenaline, underestimated the flat foots' speed and were tackled hard on the frozen turf, invariably triggering choruses of jeers, boos and the occasional afternoon moon from those bleacher creatures unwilling to run the gauntlet.

The seats at the Grandstand gave boorish attendees an advantage. A general admission ticket would get you the best seat you could find. Hapless security guards had to oversee countless hooligans and disciplining law-

breakers became impossible when just about everyone in sight was misbehaving.

No, the home opener wasn't for kiddies. Cannon-throated members of the crowd shot taunts and expletive-laced insults at visiting players when they took to the field. Sometimes snowballs and flattened popcorn boxes rained down on the bad guys from the stands. Boisterous belly laughs and shameless shouts thundered from the crowd between scattered rounds of applause. There would be arrests, the sour smell of vomit in the men's bathroom, and broken rum bottles.

"Tell those fans they suck!" a visiting player would whine to newspaper reporters after the

game.

Home openers back then were unruly, ugly affairs. They were also tremendous fun - win or lose. A hometown victory was just icing on the cake.

This year, inside the climate-controlled dome, the Jays beat the Minnesota Twins. Rocket Roger Clemens turned in seven solid innings and Jose Cruz Jr. showed he might be the league's next superstar.

The crowd was quiet, conservative, well-behaved and happy the good guys won.

No drunken shenanigans, no spirit, not much fun. Just a few paper airplanes that floated down from the nosebleed sections.

Oh well, summer dresses will be here soon.

Good Canadian



Basil Ingrouille

Ingrouille was a record-breaking blood donor in Canada. The 89-year-old man had donated 265 pints of blood in his lifetime, enough to replenish the blood supply of 32 adults. This record is unlikely to ever be broken since current donors are limited to five donations a year.

He began donating blood when a fire in a factory left a co-worker in dire need of a transfusion. His blood donation saved the man's life.

Ingrouille once told *The Toronto Star* "I was born to help people ... It's in my blood."

He was also a donor at Toronto's first-ever clinic at Grace hospital in 1940. It had been set up to provide supplies for war casualties.

Despite his numerous donations, Ingrouille never required a donation himself.



Bad Canadian



Roddy Lionel Irish

Here is a new candidate for enrolment in anger management classes. Irish has just been charged in the murder of Nigel Henry, whom he shot twice.

Now, this was no justifiable homicide by any means. Oh no. This was plain lunacy. You see, Irish shot the other man over a pool game. A freakin' game of billiards! And it wasn't over who won either, it was all about who got to play next.

After a tug of war over a pool cue escalated into something a little more heated, Irish pulled out a gun and blew the other guy away. Mr. Irish, please, calm down, man. It's a game for Chrissakes. You hit little balls into slightly bigger pockets. It's a gentleman's game, you know what I mean?

Wow, don't ever argue over a triple word score if you play scrabble with him.



Good Canadian, Bad Canadian is brought to you by Chris Stephenson

Et Cetera

April 9 - 15, 1998

Et Cetera On Campus

Catch this 'quixotic' fashion show

Fire, water, earth and air are the elements of the show

BY SOMA GOBIN
Campus Reporter

The Special Events and Promotions students of the Fashion Arts Program at Humber College will host "Quixotic," their fourth annual spring fashion show, April 16.

"The theme for our show is the elements of the universe which are wild, extravagant and unpredictable," said Manila Palol, a student in the Fashion Arts Program.

"The name 'Quixotic' stands for visionary and impracticality and that is why it was chosen as the name of our show."

The show features Canadian designers including, Bina Duranni, Marilyn Brooks and Ross Mayer.

In conjunction with the fashion show, a trades show, consisting of several local businesses such as Mary Kay Cosmetics and Syd Silver Formals, will be held.

Humber's Special Events students are responsible for producing the fashion show.

They organized everything from merchandising to choreography.

By holding special events, such as a bake sale and hoop game at the school, they generated the

fundraising for the show to complement donations and sponsorships from the many supporting companies in the Greater Toronto Area.

Previous fashion shows organized by the Fashion Special Event Planning and Management students include The Fashion Collections, in 1996 and Androgynous, in 1997.

Quixotic will be held in the Gordon Wragg Athletic Centre, North campus.

There are two shows, one at 2 p.m., and the other at 7 p.m. Tickets are \$8 in advance or \$10 at the door.

For information about this production or tickets to "Quixotic", please call (416)675-6622 extension 4663.



COURTESY PHOTO

Stephen Caras is only one of the 23 Canadian designers featured at the Quixotic Fashion Show.

Humber security is crimestopping

Childcare equipment, computers ... what will be stolen next?

BY K.C. COLBY
Campus Reporter

They patrol the halls, day after day, night after night, checking I.D. and securing doors and facilities. They are the Provincial Service Security officers contracted by Humber College.

Although many of their duties seem obvious, there's more to their job than meets the eye.

"We really see ourselves as an extension of public relations in addition to the security of the people and property at Humber," said Gary Jeynes, director of ancillary services and public safety at Humber College north campus.

"We deal with situations that can be as simple as (giving) campus directions to conflict resolu-

tion incidents. The officers are trained in first aid and CPR and are confident to take control and act in an appropriate manner in any situation," Jeynes said.

Including parking enforcement officers, there are 31 full and part time employees in the security department.

One of the most common problems at Humber is theft, and the college needs student help.

According to the Annual Public Safety Awareness Report, there were 113 incidents of theft at the North campus during the 1995/96 year. These were just the reported incidents.

On Wednesday, March 18, between 6:30 p.m. and 8:30 a.m. the next morning, in room J235A of the technical wing, a Dell laptop computer and a CPU were stolen.

Despite a reward of up to \$500, offered by Crimestoppers, it has not been found.

"Computers and computer parts are things people like to steal. There were three computers in the room when the last theft

occurred," said Nancy Pinson, manager of public safety and physical resources at Humber College north campus.

"It must be someone with a key because there were no signs of forced entry. Someone must have seen something and we're hoping that they come forward," said Pinson, who has served in the security department at Humber for more than seven years.

"We've had (stolen) property returned," said Jeynes, who is also the chairman of Crimestoppers in Toronto.

"A computer that was stolen was returned a couple of days after it was taken.

Someone had a guilty conscience and put it back," said Jeynes who has been with Humber security for 13 years.

Anyone with any information that might help with the return of stolen property is asked to call 222-TIPS.

You never have to give your name, no caller I.D. display is used by the police and it could make you \$500 richer.

Humber Security Programs

Off-the-Hook Program

If you feel threatened while working after hours at the college, pick up a telephone and security will respond immediately.

Work Alone Program

When working after hours at the college, stop by the main entrance and sign in with the

security dispatcher. Security officers will then periodically stop by the room you are working in and make sure you are fine.

Inform dispatch when you leave for the evening.

Student On-Campus Escort Program

Uniformed campus escorts will accompany students working

after hours to other available work rooms or their cars, to ensure their safety.

Crime Stoppers

Crime Stoppers is a program that rewards witnesses to criminal acts, or people with information leading to the arrest and conviction of an offence. Rewards are paid in cash and anonymity is guaranteed.

Next week is the last issue of Et Cetera for the 1997 - 1998 school year!

What's Up?

Theatre Humber

Theatre Humber is presenting William Shakespeare's *A Midsummer night's Dream* on April 9, 16 and 18 at 8 p.m. and on April 11 and 19 at 2 p.m. It will present *Romeo and Juliet* April 11, 15 and 17 at 8 p.m. and April 12 and 18 at 2 p.m. All performances take place at Theatre Humber, 3199 Lakeshore Blvd. West. For reservations call (416) 675-3111 extension 3414.

Distinguished Faculty Service Award

This award is presented to honor full-time faculty members who have made a significant contribution to their school, campus or the college. Award winners will receive a plaque and have their names inscribed on the honor roll.

For nomination forms and nomination criteria contact Ruth McLean in Professional

Development- (extension 4563) by April 15.

Quixotic Fashion Show

Second-year Fashion Arts students are putting on the Quixotic Fashion Show April 16. Shows start at 2 p.m. and 7 p.m. Tickets are \$8 in advance or \$10 at the door.

Board of Governors Election

All applications must be received in room D167 North Campus, by 4:30 p.m., April 17. Elections take place April 30. For more information contact Val Hewson at extension 4102.

Year End Formal

This year's formal will be held on April 30 at Sila Banquet Hall. Tickets are \$55 a person, and \$100 a couple, and are available at SAC Lakeshore.

The *Et Cetera* takes newspaper awards by storm

BY NANCY LARIN
On Campus Editor

The Humber College *Et Cetera* newspaper and magazines won four awards at the Ontario Community Newspaper Association (OCNA) convention, held in Toronto the weekend of April 4.

Prizes won were:

- First place - Student Writing (educational topic) - Christine Siemiernik and Matt Guerin won for their article on colleges granting degrees in the *Pinpoint* magazine.
 - Second place - Best Technically Enhanced Photo - Matt Blackett, against all OCNA members, not just college and university entrants, for the cover design for *Etc.* magazine, summer 1997 issue.
 - Third place - Student Writing - Cheryl Waugh won for her Humber *Et Cetera* articles on the Metro Days of Action.
 - Third overall - General Excellence in College and University Newspapers.
- This prize included a first

place in local features, sports and ad' design, a second place for ad' content and classified ads, and a third place for photography.



Matt Blackett's *Etc Magazine* cover won second place honors in the 1998 OCNA awards competition.

Students and staff recognized at the Student Appreciation Awards banquet

BY KELLY CROWE
Campus Reporter

"Just as each season brings new loveliness, so does each man and woman bring forth a special gift, making the world a more beautiful place to live in," said Heather Curran, president of the Students' Athletic Association, at the Student Appreciation Awards, held April 7.

These awards recognize members of the Humber College community, who go beyond what is expected and make this college home.

Fourteen exceptional people received Student Appreciation Awards at the banquet in their honour.

- Linda Yang - for her contributions to touring Scottish visitors and organizing the The Murder Mystery Night to raise funds for other students' travel.
- Arthur Campus - for his dedication to students.
- Shirley Forde - outgoing president of SAC - for her many contributions to student government at Humber.
- John Conrad - Residence Life Co-ordinator - for his contributions to residence life and residence staff.
- Matt Buttrill - for his work

with the peer tutoring program.

- Carina Cunanan - for her contributions to student life.
- Stelios Kypri - for his work with SAC.
- Slobodan Urdarevik - he inspired students through his teaching, both during and after classes.
- Leanne Henwood - office manager in Athletics - for organizing summer programs, teaching fitness classes and a myriad of other services.
- Kaush Nanubhai - for coordinating a club with over 200 members to preserve Indian culture.
- Linda Hausman - for her teaching inspiration and exceptional caring about her students.
- Paul Masotti - he has been a volunteer safety consultant, campus recreation participant, extramural participant, a varsity minor official, Humber's hockey team captain and club coach.
- Ann Maltby - she was a multiple award winner in the "Canada Blooms" competition and is described by her teachers as a role model.
- RoxAnne Nicholas-Stringer - as a SAC representative she initiated getting textbooks into the library, started the Humber

College Nurses Student Association and was elected to the Board of Governors.

Other awards given at the Student Appreciation banquet included:

- The President's Award was presented to this year's North Campus SAC members, Shirley Forde, Nikki Dhaliwal, and Cameron Swimm.
- The Residence Leadership Award is given to a student who, "lives in the residence and has demonstrated a very strong commitment to residence life." This year's winner is Adam Thackery.
- Malang Jammeh won the Residence Staff Award which is given to a student staff person who demonstrated excellence through their work in residence.
- The female recipient of the Dr. Susan Goodman Award was Tina Botterill, a member of the woman's basketball team and incoming president of the Student's Athletic Association as well as an honors student in Rec' Leadership.
- Patrick Treude was the male recipient of the Dr. Susan Goodman Award. He was a member of the golf team, an honor student, and has excelled in competition.

Do your teachers want a strike in September? No. We want . . .

Quality Education

There has been a 20% reduction in full-time faculty over the past 3 years. What this means for you is larger classes, less class time, stressed teachers. We want to preserve limits on faculty workload.

Recognition of Full Time Faculty Work

More of your classes are being taught by contract teachers and support staff. We want the college to recognize this teaching as full-time faculty work. We want people doing teaching to be fairly classified and paid accordingly.

Fair Pay

We haven't had a raise in 5 years. We currently earn less than most high school teachers.

Teachers, librarians and counsellors in Ontario's colleges have been trying to negotiate a new contract for over 2 years. Our current contract expired August 1996. What do these negotiations mean to you? Find out more about the issues. Ask your teachers or call ext. 4007 to speak to an officer of the Faculty Union.

OPSEU

SEFPO

Job site scares up work

New site creates a resumé, puts it online, then sends job notices via e-mail with the help of a search agent

BY CATHERINE MATHEWSON
Technology Reporter

Just as school ends the panic of job-hunting begins. The skills are there, you think, but you don't have a job.

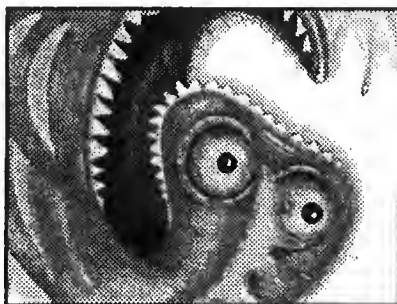
As most graduating students know, getting that first career job, isn't easy. Now, landing that all-too-elusive first job just became a lot easier, thanks to The Monster Board Canada.

Formed in late September 1997, Monster Canada's site is a fully-bilingual version of its four-year-old U.S. cousin. But it isn't just a billboard, even though there's nearly 1,200 jobs posted on the site.

"We've had that number go up to 1,500 - it's constantly

changing," said Joanne Caron-Musacchio, director of The Monster Board Canada.

Need help with your resumé? Monster features great tips on preparing a resumé, handling the "big interview," and negotiating the salary of your dream job. The Monster Board also includes a resumé-builder program that prepares a resumé based on the personal information typed into it.



COURTESY PHOTO

A popular misconception, said Caron-Musacchio about online job hunting is that high-tech companies are looking for high-tech people. Certainly there's plenty of that, but there are also a lot of other companies looking for people who can do things beside program computers, she said.

"I really think there's more to recruitment on the internet than high-tech," said Caron-Musacchio.

Companies scaring up candidates online include Honda, Hyatt Group, CBC, CIBA Vision and Toys R Us. Even upper-crust Rolls Royce has a corporate profile. Keep it in mind the next time you're job surfing while dipping hors d'oeuvre into your last jar of Grey Poupon.

Students can also put their resumé online. There are now over 24,000 resúmes on the site.

Students who don't have time to check out all the jobs Monster has to offer can have only the ones they are interested in sent to their e-mail addresses. This special feature on Monster allows users to create job profiles. By filling in the form provided, students can receive job notices according to occupation and province specified. When jobs fit their profiles, users are e-mailed instantly.

Caron-Musacchio says studies have shown that internet recruitment is becoming more popular.

It may be due to the cost-effectiveness of recruitment. A position offering a \$50,000 salary would cost a company \$12,500 in recruitment fees to get the ideal candidate. On the internet, an ad



COURTESY PHOTO

typically costs about \$1,000 to find the same person.

Because an increasing number of employers are recruiting online, job seekers are following employers to the internet. One has fed off the other with Monster, the beneficiary of this trend, receiving over 120,000 visitors a month, each spending roughly 10 minutes on average at their site, said Caron-Musacchio.

Keep an eye out for Monster's career fair for entry-level jobs next month.

SonicNet: Creating new limits for the net

BY NATHAN GORMLEY
Technology Reporter

The new age of interactive web sites is finally here: SonicNet, the multimedia web page for the New Age music lover.

SonicNet, formed in July of 1996, set out to become the centre for '90s music.

SonicNet is basically a web page devoted to new music. Hip Hop, Electronica, Alternative, R&B, it's all here. But this is no ordinary music web page. Through the wonder of streaming video and audio, surfers can see videos, interviews with bands, hear clips from new songs, chat

with musicians and even see whole concerts broadcast over the net.

David Jaye, the lead project manager at SonicNet, said they hope to pave the way for up and coming web designers.

"We hope that with our extreme use of current internet

tools, such as streaming video and macromedia, we can not only give people who are interested in music something special, but also show up-and-coming designers different ways this technology can be used."

Jaye said that there's still a lot more to be done.

Net language long on lingo

BY ANDY GEORGIADIS
Technology Reporter

There's only one place you can wink at somebody with a semi-colon, and that's on the internet.

If you're a veteran of internet chatrooms, you're already familiar with the language of computer chat slang. But if you've just started clicking from room to room, you may be confused by the obscure abbreviations and symbols appearing on your screen. Relax. It just means that you'll have to learn the lingo to "talk" in a chatroom.

"It gets tedious doing a lot of typing all the time. With symbols, you can say something without having to write it all out," said Gigi Yiu, a 23-year-old university student chatting from Vancouver.

Chatting on the internet is not like talking on the telephone. Over the net, you can't hear

someone change the tone of their voice, scream or whisper.

Lauralee_66, a chatroom user from southern Ontario, said the use of symbols adds the same

to the reader.

"A sentence with a smile or a sad face at the end of it can mean two totally different things," she said.



PHOTO BY ANDY GEORGIADIS

Embarrassed to be seen, a Humber student chats on the internet.

level of ambiguity as that of the spoken word. Instead of mere pages of text, the text now speaks

How one chats is also a matter of etiquette. Before entering a chat room, one must agree to certain

terms: no foul language, racist or sexist remarks - depending on the site, that is.

Macgirl, a 19 year old from Toronto, learned the hard way that the use of upper case letters is also forbidden.

"One time I was typing in block capitals and people told me to shut up or leave," she said. "How rude."

Using capital letters, as Macgirl found, is the equivalent of shouting, and that's not allowed.

And then there are the creative souls who have come up with new character strings for expressions and phrases. Dozens of new symbols are being created everyday to give life to the words we type and, according to Yiu, more are being invented all the time. But everyone has their own reasons for doing it.

Wicked Web Sites

MONSTER BOARD CANADA
<http://www.monster.ca>

Loads of jobs, but not as many entry-level jobs as I'd like to see. Monster said they'll be offering more in the next few weeks. Still, the job search agent and the resume builder feature make it a site worth checking out.

SONICNET
<http://www.sonicnet.com>

Stop the presses!!! This site deserves honorable mention for its leading edge multimedia format.

ROCKMALL
<http://www.rockmall.com/cgi-bin/rmquestion.pl?category=1>

Some day all trivia quizzes will be like this. Rockmall's music quizzes test in over 16 categories with increasing levels of difficulty. They'll be sure to challenge even the most knowledgeable music fan.

BUSYCOOKS
<http://busycooks.miningco.com/library/weekly/aa081897.htm>

Want to know how to make stir fry in ten minutes? This link offers hundreds of easy to make, quick to your plate meals you'll enjoy. After all, you've got stuff to do. Who wants to slave in front of a microwave when Vanna's about to pull that last letter?

JACKIE "THE JOKEMAN"
<http://www.jokeland.com>

Jackie said that he used to get in trouble with his father for picking pimples ... Well, no wonder! They were on his father's face. Pop?

ADBUSTERS
<http://www.adbusters.org>
Find out how ad execs manipulate us. This site has tons of articles and spoofs of ads.

COMPILED BY PAUL BILLINGTON

Investment game challenges students

7,500 students challenge their skills in online investment game

BY CATHERINE MATHEWSON
Business Reporter

No money. No financial knowledge. No problem! Internet financial games have become a popular way of educating people about the possibilities for investing.

The Green Line Investment Challenge allows investors to learn as much as possible about the investment world without actually risking their shirts.

"We wanted to make this simulation as realistic as possible," said Jeff Libis, sales and marketing manager for the Investment Challenge.

"Investors" are given an imaginary \$500,000 to invest in various options, stocks or funds. All trades are executed at current market prices. If desired, students can also perform trades by phone. Should anyone need help, agents are at the phones to explain how to place trades. However, the agents can't give advice or specific stock information, as this

would give some investors an unfair advantage.

Prizes are given for the highest returns. In addition, the Challenge, which also has the support of *The Financial Post*, publishes the names of the top student investors in the game.

Separate categories are offered for high school and college/university students. The American game is also separate from the Canadian version.

"We wanted to make this simulation as realistic as possible"

-Jeff Libis

There are currently 7,500 Canadian high school and university students involved in the Spring 1998 Investment Challenge, a number which has been rising steadily over the past four years. According to Libis, this is due to an increased acceptance of multimedia and the realism and adaptability of the simulation into educational curricula.

Libis said high schools are beginning to incorporate such

games into their curricula. "We could have an OAC economics teacher call us and tell us that a class of 30 wants to try the challenge; we'll set up accounts," said Libis.

What students get out of the game, said Libis, is "hands-on, interactive experience with real-life situations ... awareness of how our markets move and fluctuate, and a general economic understanding of how our economy is driven ... and a great time!"

"This is a very interesting program for the students. Most of them know very little about the stock market, but this simulation game has introduced them to the market," said Ken Miscisco, a business teacher at Terry Fox Secondary School.

Students receive a newsletter and an account statement every two weeks, which gives them details on top students, top schools, the most widely held stocks and current market performance.

The game costs \$49.95 a team to enter. Students usually enter in groups of two to five, meaning they would pay \$25 each or \$10 a person in a team of five.

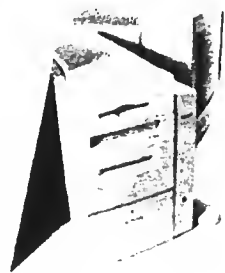


FILE PHOTO

Investment game provides new forum for classroom learning.

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Health

Alternative ways to battle cancer

BY DELIA CARNIDE

Health Reporter

On Christmas eve, four years ago, Margaret Shoemaker discovered a lump in her lymph nodes. She was diagnosed with lymphoma.

Shoemaker's doctor prescribed radiation and chemotherapy treatments, but the 50-year-old teacher found alternative ways to fight the disease.

Shoemaker began taking 24 vitamin, mineral and herb supplements three times daily.

"When I don't take them, I feel guilty, because I know I'm depriving my body of something it needs," said Shoemaker.

Hodgkin's and non-Hodgkin's lymphoma are the two main types of the cancer, with non-Hodgkin's being the most common said Nancy O'Brien, an information specialist with the Canadian Cancer Society. Symptoms vary: "A rubbery mass in the neck. Some people get systemic things like fever, night sweats, or weight loss," said O'Brien.

Radiation and chemotherapy treatments had taken their toll on Shoemaker emotionally and physically. This is when she decided to turn to alternative medicine.

Her daily regimen of supplements helped rejuvenate her and kept her going. Her list included spirulina for general health and energy, ginseng to combat weakness, selenium as an antioxidant and major doses of vitamin C to help strengthen the immune system.

A healthy immune system is the basis for treating cancer patients said Dr. Al Denov of the Deerpark Naturopathic Clinic.

"Someone with lymphoma, first of all I would use nutrition and food to build up the immune system. There are certain foods that actually have anti-cancer properties like broccoli, cauliflower, and brussel sprouts," said Dr. Denov. He recommends to his patients that their diet be 80 per cent raw vegetables.

Detoxifying the body is the second part of the equation in treating cancer through naturopathic means. What specific program a cancer patient will be on depends on a number of factors according to naturopathic doctor Lorenzo Diana.

"The type of cancer, the location, the individual and age range makes a big factor, the level of toxicity in the body, if it's mild, medium or moderate," said Diana.

Essiac tea is an herb combina-



PHOTO BY JULIA KUZELICH

Can herbs help fight cancer?

tion that has been used to treat a number of cancers. Shoemaker used the herbal tea, drinking it religiously for three and half years.

"It does detoxify and cleanses out the body," said Diana.

Diana also warns that before taking something for cancer, it is important to see an expert.

"There's a lot of botanicals out there and homeopathic medicines used for cancer and if you don't know how to use them correctly, you may not get the results you want, and you may get side effects you don't want too," said Diana.

When Shoemaker first approached her family doctor with her list of supplements, he wanted no part of it.

"He felt I would have the most expensive urine in town," said Shoemaker.

Still, Shoemaker combined both conventional and alternative medicines to treat her cancer. Dr. Diana said he always gives his patients the pros and cons.

"There's nothing wrong with combining both," said Diana.

The Canadian Cancer Society encourages people to educate themselves and evaluate any type of alternative therapy since it's success with cancer has not yet been proven.

For Shoemaker however, her story is the proof. Today, she is alive and well and her cancer has gone into remission. She credits in large part to her daily regimen of supplements. Her doctors haven't admitted that her supplements might have contributed to her recovery. Instead, they said she was just "one of the lucky ones."

Shoemaker now takes 15 supplements a day and says it's up to everyone to take control of their bodies to stay healthy.

Surviving Hodgkins

A look at Hodgkins Disease from a survivors point of view

BY TREVOR HICKEY

Health Reporter

Despite having an excellent cure rate, Hodgkin's Disease, if not discovered in time, is one of the most deadly forms of cancer.

Jade Harris, a Humber College Landscape Technician student, had to face the hard truth when he found out he had Hodgkin's Disease nearly three years ago.

"At first I was in shock. It didn't kick in for awhile. When I went to the specialist I thought about it a lot," said Harris. "I can't say I really got too depressed. There were times when I felt like crap all the time, and that would make me upset because I felt so bad. It was scary."

After an ongoing battle and six months of chemotherapy, Harris' cancer is in remission and he is confident that he has finally won his battle with the disease.

"I'm pretty sure it's over, but knock on wood. I don't think too much about it now," said Harris.

However Harris' victory was no easy task, especially when he first started showing some symptoms.

"I first found out when I was getting really bad back pains. I passed out in the bathroom. I was sweating, it looked like I jumped in the shower. That was pretty bad. So I went to the hospital and they told me I either had bilateral pneumonia or Hodgkin's, and it was Hodgkin's," said Harris.

Hodgkin's is the kind of cancer that affects the lymphatic sys-

tem. The lymphatic system is a network of organs and tissues that help protect the body against disease and infection.

Harris said that the painful process of chemotherapy was probably the worst part and that it made him feel like he had aged about 15 years in an hour and a half.

"I had 12 treatments, one every two weeks for six months. You go in and they give you four drugs. The first three are all injected through intravenous, and needles to protect you from the chemotherapy drug. That's in a bag that sits above and it takes an hour and a half to get the whole bag into your system," said Harris.

"If I would have left it for another month I probably would have ended up dying."

— Jade Harris

Hodgkin's Disease has to be detected as soon as possible. There are five stages of the disease, Harris's was detected in stage four, and it's a good thing they found it when they did.

"If I would have left it for another month I probably would have ended up dying," said Harris.

Harris' battle also involved a visit to the doctor every three months for a cat scan to make sure everything was all right.

"They take x-rays of you every time you go in, if they see something, because I have Hodgkin's and am in remission, the radiolo-

gist doesn't take a chance. For the first two years if I had a fever I had to go to emergency," said Harris.

Harris said he knew something was wrong, and thinks that it would have been easier if he would have found out sooner.

"I showed huge symptoms. I couldn't eat anything, I was losing sleep, I was so exhausted I couldn't move," said Harris.

Despite having cancer, Harris didn't move home and remained living in residence so he could be near his friends and his girlfriend who have been very supportive.

His advice for anyone who is battling Hodgkin's Disease or if anyone is to ever be diagnosed with it, is to be really positive and to think, I can beat this!

"You've got 99 per cent odds, you know what I mean. Those are pretty good. You just have to bear feeling like crap all the time. I got pretty crazy, I hated going to chemotherapy. I would try to get out of it but you can't, so you've got to kind of come to grips with it," said Harris.

Currently, the cause of Hodgkin's Disease is unknown and, according to the Canadian Cancer Society there are no proven risk factors for the disease. It is most common in people between the ages of 15 and 35, and after the age of 55. The most common symptoms of the disease are swollen lymph nodes in the neck, groin, or armpit, accompanied by fevers, chills, night sweats, and weight loss or itching.

Because the cause of Hodgkin's Disease is unknown, there are no recommended ways to prevent it. Therefore, it is especially important to have regular physical exams and to see a doctor if the symptoms persist.

Humber gives blood

Students participated in a blood donor clinic

BY TAMMY SEDORE

Health Reporter

Humber College held a blood donor clinic on April 8, put together by the second-year nursing students. Though the turn out wasn't as good as expected, the organizers couldn't complain.

"Our goal was 110 units. We received 81, but there were approximately 24 deferrals," said Prakash Masih, a registered nurse who helped the nursing students organize the event.

There are many reasons a person can be deferred from donating. If you have had a tattoo or piercing in the past year, you are not eligible. Also, if you're sick with the flu, or a cold, or even if you've been to

the dentist in the past three days, you're not able to participate. Low iron count is another reason.

"I've tried donating in the past, but was told I'm anemic, which means my iron count is low," said Shabana Nabi, a first-year pharmacy technician student.

However, a lot of students were glad to donate, saying they enjoy being able to help out.

"I think it's important to donate. It could save someone's life," said Ian Foote, a first-year hotel and restaurant management student. Foote received his 5-year pin after his donation.

The blood drive ran from 9:30 a.m. to 2:30 p.m. yesterday in the concourse. Though the volunteers expected more of a turnout, they figured with exams, possibly it was a bad time to plan the drive.

In the end, there were only four or five students who had nausea after donating.

The pain of the computer age

BY DINA PUGLIESE

Health Reporter

If long hours spent typing on the computer are becoming a royal "pain in the wrist," you may have Carpal Tunnel Syndrome (CTS).

Phil Leita, a 24-year-old Computer Information student at Humber, has experienced the pain caused by years in front of the computer.

"Completing essays in school has resulted in a build up of pain in my wrists, fingers and elbows, especially at night," he said.

Physiotherapist Nadine Carson said the rise in numbers of people suffering from CTS is a recent phenomenon that stems from the computer age.

"CTS became widely known in the '80s and was only considered an occupational hazard for supermarket check-out clerks and bookkeepers. Today, CTS is a repetitive strain injury found in people who spend hours typing.

The continuous and rapid use of the fingers in a non-neutral position forces too much pressure on the median nerve that runs through the fingers and wrist and leads to the painful disorder," said Carson.

According to Carson, women are at a greater risk of developing the debilitating condition. Reasons include menopause, pregnancy and hypothyroidism that put pressure on the area through swelling.

A warning sign of CTS is a numbness or tingling sensation in the thumb and/or in the first three fingers of the hand.

"The pins and needles sensation will become more persistent as the condition worsens. Then the pain becomes more disabling and spreads out in the hands, wrist and forearm," Leita said.

Eventually, the pain might get so bad that completing even the simplest tasks, like doing up buttons, will become difficult. The potential crippling effects of CTS is why early detection is key to prevent permanent nerve or muscle damage.

"Now I can type all day long and feel no pain. I love my keyboard. I'd sell my husband before I got rid of it."

— Michelle Murray

Michelle Murray is a 30-year-old secretary who has suffered from CTS. After working with keyboards for years, Murray was diagnosed with CTS and was told to wear a splint to alleviate the pain.

"I would put on the splint the moment I entered the office and only removed it when the day was done," Murray said.

Splints are just one of the treatment options available to reduce pressure in the wrist by keeping it in a neutral position.

Other treatments include taking anti-inflammatory drugs or surgery for the more severe cases.

For many who find it impossible to reduce the time spent on computers, a "natural keyboard" may be the answer.

When Murray realized her new job would require even longer periods of time on the keyboard, she decided to



PHOTO BY DINA PUGLIESE

Ignoring finger and wrist pain can be a serious mistake.

invest some of her hard-earned cash in the latest "wrist-friendly" technology and purchased a "natural keyboard". The latest advancements in keyboards have helped many with CTS, by placing wrists in a natural, comfortable position.

"It took a little getting used to at first," Murray said. "Your hands are suddenly spaced farther apart and it throws you off a bit. Once you get used to that, it's incredible. Now I can type all day long and feel no pain. I love my keyboard. I'd sell my husband before I got rid of it."

Leita opted for a less costly but an equally effective alternative.

"I acquired a wrist rest for my keyboard and mouse. They're gel-filled so they soothe your wrist while you type and are cool to the touch. They're cheap too. Now, I rarely get pain at the computer at all," said Leita.

A "wrist-friendly" keyboard will cost you a couple of hundred dollars. If you can't afford that, the gel-filled accessories that are added on to the equipment you currently own, can cost as little as \$5.

The important thing to remember is stop the discomfort before it becomes too serious, experts say.



PHOTO BY DINA PUGLIESE

Natural keyboard is a lifesaver for CTS sufferers.

Veg - out, carefully!

Vegetarians aren't always healthier

BY JOHNA WARE

Health Reporter

If you're a vegetarian and you don't do your homework, you could be at risk, dietitians warn.

Ron Davies, an employee at a Health Centre in Streetsville, Mississauga, suggests people do research before changing their eating habits, for their own safety.

"Young people are becoming perhaps, more socially aware. But most don't do research first and end up missing vitamins that are important to their health," Davies said.

When switching over and becoming a vegetarian it is important to know that you are losing protein and, specifically, vitamin B12.

How do you supplement these proteins without meat?

"It's simple, really. Food is varied to include tofu, soya beans, nuts, seeds, and great amounts and varieties of vegetables," Davies said.

"Although vitamins are important to help balance some of the nutrients in the body, they are

supplements — not replacements," said Carol Bowman, a Brampton registered nurse.

A vegan vegetarian is a vegetarian who will also avoid milk, dairy products and eggs.

"They will substitute milk with rice milk, soya milk and almond milk," Davies said.

If these vitamins are not replaced within a reasonable amount of time the body will become deficient. Bowman said this can cause anemia, lethargy, paleness, irritable and could possibly develop behavior disorders.

"Osteoporosis is becoming more common for a lack of calcium, causing brittle bones throughout the body," said Bowman.

Other possible side effects are various gum diseases, Diarrhea, Crohn's Disease and Amenoria.

To avoid these risks to your body and keep fit, keep in mind the importance of knowing your body and understanding the diet which you practice.

Davies recommends that people who change their diet to vegetarian, should read up and know where certain vitamins come from and how they affect the body.

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Attention all graphic artists! Or anyone else that is artistic. SAC is looking for a **creative design for the cover of the 98/99 SAC Handbook.**

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SAC

When bedtime can be dangerous

Snoring is just one sign of a life threatening sleep disorder

BY TAMMY SEDORE

Health Reporter

You're sleeping peacefully, then suddenly you stop breathing, turn blue and wake up with a gasp.

A little hard to believe? Well, it's true, and it's called sleep apnea. In fact, according to Bev Devins, executive director of Sleep Wake Disorders Canada, it affects 3.3 per cent of the population.

Sleep apnea is the temporary cessation of breathing, and it can be life threatening.

"It can be serious. Any time you stop breathing, obviously oxygen levels aren't quite right. Your heart is affected because of lack of oxygen. Your heart tends to work extra hard. It can't pump the blood properly because the person isn't breathing. Also, there's certainly a risk of heart attack or stroke as a result of not breathing during the night," said Devins.

Barry Phillip knows what it's like to have sleep apnea.

Phillip, 46, was diagnosed with the condition more than two months ago. Since his diagnosis, Phillip must sleep with a nose mask at night to stop sleep apnea from occurring.

This mask forces air in to keep the throat open. Continuous positive airway pressure (CPAP) is air from a bedside compressor forced into the nose through tubing attached to a nasal mask that an apnea sufferer wears while sleeping. The treatment is highly effective, though compliance may be problematic since a lot of people find the mask uncomfortable and

annoying.

Phillip is one of those people. "It's very hard to get used to and there's just a constant flow of air pressure going all the time. You can't open your mouth when you have this on because the air blows out your mouth and it's very uncomfortable. It's a very strong air pressure constantly blowing in, and when you put the mask on and try to breath out it takes a lot of getting used to," he said.

One of the biggest concerns about

"They bring you to a room, hook you up to a million and one different little probes."

— Barry Phillip

apnea is that it can increase the chance of heart disease or stroke.

"I wouldn't have bothered with the mask just to stop me from snoring. It was when the doctor told me I have a four time greater risk of having a stroke or heart attack that I got concerned," he said.

Phillip had to undergo a polysomnogram, a test used to monitor the nasal air flow, respiratory movements, blood oxygen saturation and brain-wave activity. He had to sleep overnight at the sleep clinic.

"They bring you to a room, hook you up to a million and one different little probes. They have, like 40 or 50 wires stuck on you," he said.

Though Phillip had a difficult time falling asleep, he eventually did. He was later told he had sleep apnea.

"The stereotypical person (affected by sleep apnea) is an overweight, middle age man. But, I don't think anyone truly is exempt," Bevins said.

Phillip was an exception to that rule. Though he admits to being 5-10 pounds overweight, his weight shouldn't be a factor.

Devins said there are symptoms to watch for regarding sleep apnea.

"People with sleep apnea complain of headaches in the morning. The standard definition is they feel like they've been hit by a truck when they wake up in the morning. Every time you stop breathing you wake up to start breathing again, and this could happen hundreds of times over the course of the night. It's as though someone's shaking you every few minutes to wake you up," Devins said.

Besides wearing the nose mask, there are other treatments for sleep apnea. One is modification of circumstances causing sleep apnea. This may include losing weight, avoiding alcohol, trying to sleep only on your side and quitting smoking.

Another treatment is to sleep with a dental splint on your tongue. Since your tongue is one of the causes of sleep apnea, a splint on the tongue would prevent it from moving back when you go to sleep.

The final treatment is a surgical operation to remove the redundant soft tissue at the back of the throat in an attempt to increase the size of the upper airway. It is usually quite successful at decreasing the loudness of snoring, but doesn't always improve sleep apnea.

For now, the continuous positive airway pressure (CPAP) is the most successful treatment.

For more information on sleep apnea, or other sleep disorders, call Sleep Wake Disorders Canada at (416)483-9654.

SYMPTOMS OF SLEEP APNEA

Common (>60%)

- loud snoring
- excessive daytime sleepiness
- feeling of choking or shortness of breath at night
- restless sleep
- unrefreshing sleep
- changes in personality
- nocturia (frequent and urgent need to urinate at night, but unable to)

Less Common (10-60%)

- morning headaches
- enuresis (bedwetting)
- reduced libido
- spouse worried by apnoeic pauses
- nocturnal sweating

Taken from Chest Medicine On-Line
John R Stradling MD FRCP, Consultant
Physician and Senior Clinical Lecturer.

The unwanted dimples

BY SATHYA ACIHA

Health Reporter

Cellulite - it's fat and believe it or not, it's normal!

Lucinda Christian, fitness coordinator at Sports Clubs of Canada, Dunfield Club said 80 to 90 per cent of the population battles with cellulite.

According to fitness expert and nurse Peg Jordon, cellulite is better defined as "a dimpling effect of fat caused by the way fat cells lie in or between connective tissue in the body, primarily in the hips-thighs-buttocks region."

"We (women) are the reproductive species, so we tend to have more fat in these areas, but don't be fooled - men suffer from it too," Christian said.

Women who have cellulite should note that skin tone and fat deposits are hereditary, said Jordon. The thickness of your skin is also a factor. Cellulite is evident in both men and women, but it is prevalent in women because men generally have thicker skin. The thickness of skin is determined by genetics, over which you have no control.

Skin also tends to become thinner with age and that is why cellulite becomes more noticeable later in life.

However, while the beauty industry believes an array of



PHOTO BY VICTORIA PATTISON

Pills and creams aren't the cure.

creams and lotions can solve the problem, others disagree.

"These creams are an absolute fad," said Christian.

Although, according to Jordon, they have the ability to tighten the skin. This reduces the appearance of cellulite, but the reduction will only last for a brief amount of time.

"The media propagates it (the use of 'magic' lotions) and the models we're being presented with seem to make it work," Christian said.

Christian said that the only way to get rid of cellulite is to fight it with a balanced diet and exercise - especially a cardio-vascular workout.

Health

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Et Cetera Lifestyles

Polish Easter full of tradition

BY ALICJA PARLAK
Lifestyles Reporter

When Easter comes to mind, so do thoughts of chocolate bunnies and Easter egg hunts. But for those who celebrate in the Polish tradition, the occasion is a bit more solemn.

"In Poland, it's much more traditional than it is here. Most of the people are Catholic and (Easter) is a very religious holiday. Everyone goes to church," said library clerk Teresa Kuczynska.



PHOTO BY ALICJA PARLAK

The Easter eggs are blessed during a short service at the church.

"Good Friday isn't really a holiday for my family. We treat it as just a regular day. But traditionally, people used to fast on that day. Some still do. Usually, people give up meat for the day, but some celebrate what is called a 'Great Fast' and they don't eat anything at all on Friday," said homemaker Janine Mikulak, who came here from Poland 12 years ago.

On Saturday, people gather at church to bless the Easter basket.

"In the basket, you put hard boiled eggs, Polish sausage, bread, salt and pepper," Kuczynska said.

"The basket is decorated with a crisp, usually white, cloth napkin, pussy willows, and a ram figurine made out of sugar. I also put in some colorful Easter eggs. A miniature version of a cake called a babka is usually added," Mikulak said.

Although these are the staples of the Easter basket, people add different things.

According to Mikulak, the eggs are blessed during a short service at the church. The minister sprinkles holy water over the basket, and says a prayer.

The Easter breakfast takes place on Sunday.

"At 6 a.m. there's a mass in the church. People go to the mass, then you eat the celebratory breakfast," said Kuczynska.

"My family isn't that traditional now. When we lived in Poland we would always go to

the Sunday mass, but we have not gone in a long time. We do go to church on Saturday to get the basket blessed, and we have the Sunday breakfast with family and friends," said Janine's husband, retired bookkeeper Alex Mikulak.

The food in the basket is served at the meal. The blessed eggs are shared with those at the table and everyone is wished health, luck and success in the coming year.

Other customary dishes are served at this breakfast, including honey ham, different salads and two types of special Easter cake.

"I also serve cold cuts," said Janine Mikulak. "We don't have much chocolate at Easter time."

Family and friends are a huge part of this celebration.

According to Kuczynska, her favorite part of Easter is "to be together with family and friends. Normally, you have no time to get

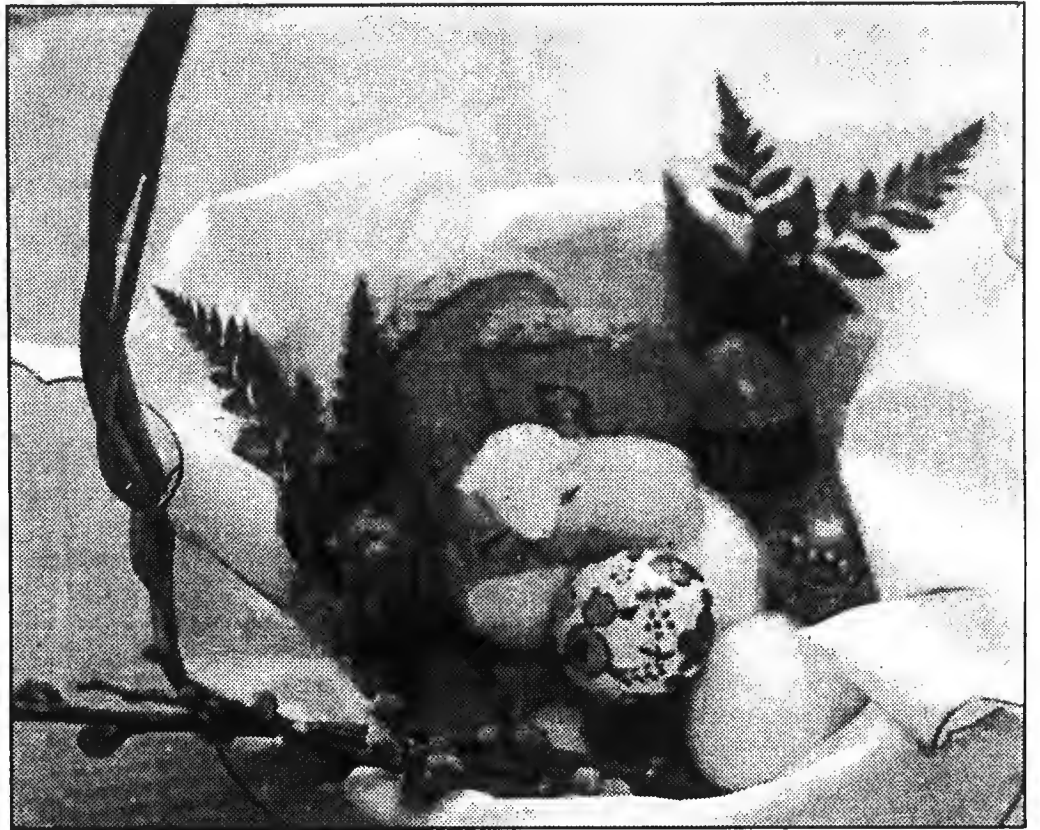


PHOTO BY ALICJA PARLAK

The Polish Easter Basket is filled with traditional items such as pussy willows, a ram figurine made out of sugar, colorful Easter eggs and a miniature version of babka.

together like this."

Easter Monday is a totally different experience.

"Traditionally, anyone who was crossing the street would be drenched with water - a lot of water," said Kuczynska. "Now, you just do it with a bit of water or a bit of cologne."

"We usually wake up our family on Monday morning by spraying them with some water. It's fun," said Alex Mikulak. "Then

everyone runs around trying to get back at whoever sprayed him or her. I usually try to be the first one up on that day!"

This kind of a water fight is a Polish custom going back a very long time.

"I have no idea why it's done, but we've done this in my family for as long as I can remember," said Janine Mikulak. "I just continued the tradition."

Humber offers counselling services

BY NOREEN O'LEARY
Lifestyles Reporter

Having problems? Need to talk? Humber College's counsellors are ready to listen.

Counselling services has trained professionals to help you with your concerns. With a student population of approximately 11,000 full-time people, the college's counselling team is kept busy.

"Counsellors can cover any issue," said Nicki Sarracini, the peer tutoring facilitator for the college. "Sometimes there's a preference to the gender, (of the counsellor) so we try to keep a male-female balance."

Humber has three full-time counsellors, one sessional counsellor, and one part-time counsellor. There is also a full-time counsellor at Humber's Lakeshore campus.

Sarracini said that each counsellor must have a Master's degree in Education, with a counselling profile, but the learning doesn't stop there.

"It's an ongoing learning process," she said. "Counsellors continue to attend workshops dealing with counselling issues."

Sarracini said counsellors deal with personal issues and academic pressures. The school has one counsellor who deals specifically with grief, while all help students cope with academic stress, and develop proper time-management, note taking, and study skills. All sessions of this type are performed on a one-on-one basis.

"Some students will come in and spend a whole semes-

ter learning how to learn," said Sarracini. "The results are tremendous."

Potential Humber students are also welcome to speak to a counsellor before making a decision as to what route to follow in school. Vocational testing is also available to students.

Sarracini said many students are too timid to come in and say why they are there. It is for that reason that the counselling services created an intake form for the students to complete.

"It's important that students are able to sit with a non-judgmental individual and know that it is safe."
—Nicki Sarracini

"I think this offers the students a lot of privacy and let's them feel safer. This way the student doesn't have to voice why they've come in," she said.

Humber's counselling team also offers a peer-tutoring service. Students experiencing difficulty in courses may receive three hours of tutoring a week in two courses, for a fee of \$10 for eight hours. Sarracini estimates that 1200 students use the peer-tutoring service.

All of Humber's 200 student tutors must have 80 per

cent in the subject they are tutoring and at least a 75 per cent average.

"The tutors must be academically strong students to be able to give up their time," said Sarracini. "They must also go through a rigorous interview process and tutor training sessions."

The counselling services special needs area deals with students who have a physical impairment or a learning disability. Services such as note taking, scribes, readers and test aides are available.

Career Services are also available to students. Sarracini said that the placement officers will help students develop proper portfolios and resumes, as well as perform mock job interviews. Resume tutors are also available.

Sarracini stressed that all counselling sessions are confidential and private.

"It's important that students are able to sit with a non-judgmental individual and know that it is safe," she said. "We offer a very confidential service."

The counselling services are advertised on bulletin boards throughout the school and through the *Et Cetera*

"It is generally the teachers who become aware of the problems of their students," Sarracini said, "and will either phone down or suggest that a student speak with a counsellor."

Humber's counselling services are available Monday to Friday from 8:30 a.m. to 4:30 p.m. in room D128, across from the Registrar's office.

Get Write Hip at the Toronto Public Library

BY KELLY CROWE
Lifestyles Reporter

About 50 people showed up at the Palmerston Library to learn how making a zine can allow you to say what's on your mind, without being edited.

Thursday's "Make a Zine" seminar was the third of five workshops that the Toronto Public Library has planned as part of its Write Hip Cafe.

A zine, or a self-published magazine, can range from rough photocopied zines, to more professional looking efforts that are actually printed on a press.

The Library had the publishers of the zine *CUNT* (*Chicks United for Non-noxious Transportation*), and the maker of the zine *King of the Fairies* (*KOTF*) at the seminar to talk about how to start up a zine, and some of the experiences they've had.

CUNT has been around since 1995, a long time compared to the average life of a zine. It was started by three young women Cathy Katrib, Nancy MacDougall, and Bridget Newson, who worked in the same office and, "were more excited about sharing stories about riding our bikes to work, than moving the papers in our in trays."

CUNT is published around four times a year, about 500 copies of each issue are made. The women have one ad in their zine, which has covered their paper costs. They use the photocopier at work.

The women explained that they thought hard about the name of the zine and chose the one they did, "(to take) that word out of the mouths of people who aim to use it against women."

One man at the seminar was so offended by the name of the zine that he got into an argument with another participant. The second man argued that a zine is about free speech, and saying whatever you want.

KOTF is a zine by Glendon McKinney dedicated to Ashley Maclsaac and his "sexual honesty". Maclsaac is openly gay.

McKinney described the first time he heard Maclsaac's music. It was shortly after the death of his father, who had taught him to love fiddle music. McKinney said he, "sat down and cried right there."

"I thought he was courageous, and he became a personal hero," McKinney said.

McKinney admits that it isn't usual that a man in his forties has a hero who is 20 years younger than himself, but that "(Maclsaac) makes people nervous, and (he finds) that fascinating."

Actually, *KOTF* is not only about the life of Maclsaac, but about McKinney as well. A warning though, McKinney is blunt in his writing. If you can get over the shock, he has a lot of interesting things to say.

McKinney prints about 150 copies of each issue, and said that each issue is selling better than the last. He aims at publishing around

four times a year, but said that sometimes he gets behind schedule and it doesn't happen.

If you are interested in finding out more about zines, the *Broken Pencil*, a Canada-wide, independent literary publication, has a list of them on line at www.cmpa.ca/no4.html.

On April 9 the library is hosting a workshop on "On the Fringe Play Writing", and on April 30 they are hosting a workshop on "Performance Poetry".

If you would like more information about the final two workshops call 416-393-7582.



PHOTO BY KELLY CROWE

There are going to be five workshops in the Write Hip Cafe series put on by the Toronto Public Library.

Humber School for Writers is bigger and better

BY ANDREA FRIEDLI
Lifestyles Reporter

The Humber School for Writers may well be one of Humber's best kept secrets.

Though there has been the occasional Humber student attending the program, many don't take advantage of the golden opportunity to break through in the world of elite writers.

From July 25 to 31, aspiring writers have an opportunity to work with authors like Timothy Findley, Tim O'Brien, Nino Ricci, Isabel Huggan and many more.

Joe Kertes, director of the Humber School for Writers, started this program eight years ago. Now, it is considered one of the foremost creative writing schools in North America, and it's reaching for the stars. Ambitious writers from around the globe travel to Humber for the five-day intensive workshop.

Many go on to complete the correspondence program, a 30-week course where the student has direct correspondence with an author through mail or computer.

"Last year, I'd say we had about 45 American students, and we get students from Great Britain. We had someone last year from Japan and someone from Saudi Arabia," Kertes said. He hopes to bring the program to a different level, by introducing French-Canadian writers next summer.

"The advantage of taking a program like this is that if, let's say you study with Timothy Findley, you spend a whole academic year of corresponding back and forth. If Timothy Findley likes your work, you're way ahead of the pack. First of all, he will now

recommend you for publication and he goes to his publisher or agent and you're miles ahead of people who just send in their manuscript," said Kertes. Publishing companies receive tens of thousands of such manuscripts and they go into what is called the 'flush-pile'. You're very lucky if someone reads more than a page of it. But if a manuscript comes in from Timothy Findley, it goes straight to the fiction editor."

Due to the large demand, Kertes has expanded the program. This year, the summer workshop will hold 120 seats, more than any previous years, in order to make it available to as many people as possible. The correspondence course, which began in January holds 175 students.

Anyone interested can register for either the summer workshop or the correspondence program. Scholarships worth \$500 are offered to promising students in need of financial aid to help cover the \$700 cost of the course. Manuscripts are read and those who show promise get into the program. Students who harbor the desire to write, but have never given themselves the chance, also have prospects for a spot.

"We like to have a few students like that in the program because they help add a kind of excitement and energy to it. There is usually one person like that in every class," said Kertes.

Wayson Choy, author and English teacher at Humber, taught in last year's summer workshop.

"It's an experience to work with the students in full detail. We focus on teaching them how to criticize their work and everything that helps them construct a way of seeing new development. You see the student as a personality, you can see the narrative voice of the story and you have more focus on how to fine-tune the work."

Many students who have attended the summer workshop cross over to the correspondence program later on.

"What they find is that in a single week, while it's very intensive and you get very excited, you can't work on a whole novel, it's not enough."

The greatest accomplishment and most rewarding aspect for Kertes is when students go on to publish their work.

"We've had some 51 people go on to publish books. Eight or nine of them have even been chosen for major prizes."

Sylvia Mulholland, Donna McFarlane, Richard Scrimger and Erika de Vasoncelos are just a few of the prize winning authors who started out at the Humber School for Writers.

For more information, those interested can contact Joe Kertes at (416) 675-6622 ext. 4436.

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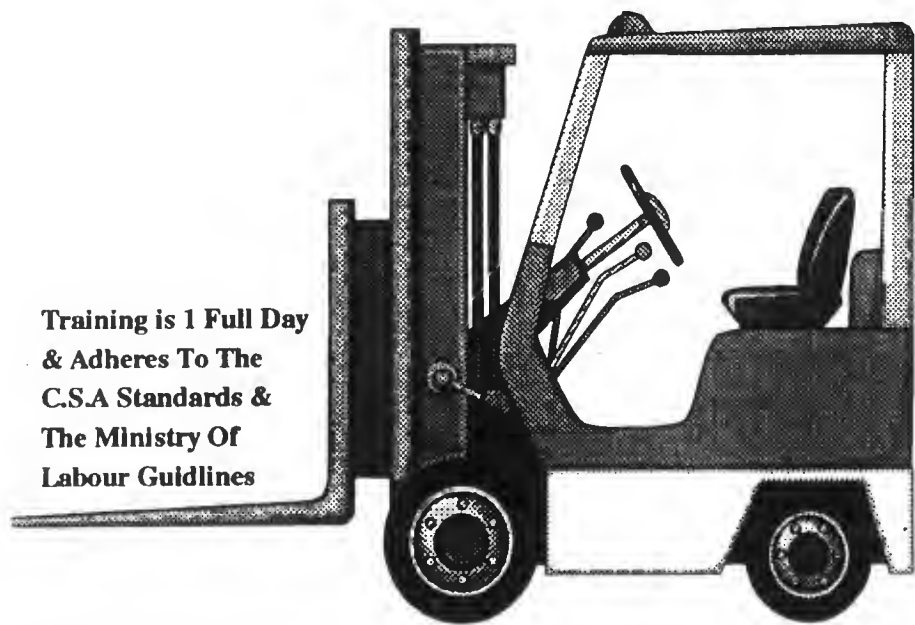
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Adoption – a special gift

BY NESREEN SARRAS
Lifestyles Reporter

Kimberli hates that she doesn't know where she inherited her blue eyes.

The 20-year-old travel agent, who like many people interviewed for this article, asked to remain anonymous, only recently discovered she had been adopted as an infant and that the only parents she's ever known, aren't blood related.

"I felt numb when my parents first told me," she said. "It was like something out of a soap opera. I began to feel unwanted and misplaced."

Kimberli wasn't given many details.

"All I know about my birth mom was that she was a single 16-year-old who got pregnant by her boyfriend. Her parents made her give me up," Kimberli said.

Adoption is no longer the big mystery it was in the past, said Joan Kosmachuk, executive director of Jewels for Jesus, a Mississauga-based adoption agency.

"These days, parents are telling their child that they are adopted right away," she said.

Jewels for Jesus is a private domestic adoption agency. The agency deals with single mothers in Ontario who find themselves inadequately equipped to care for a child.

"The women who give their children up for adoption through our agency, are usually younger, single mothers who find themselves physically, financially, or emotionally unequipped to care for an infant," Kosmachuk said.

"These are often women who haven't been properly parented themselves, and are unsure about how to care for a child of their own."

Kosmachuk said the agency's goal is to provide these young women with support and to let

them know that they have life options.

She said the organization also strives to present these women with alternatives to aborting their children or raising them in single-parent home.

But what does all of this cost? The Children's Aid Society of Toronto does not charge applicants for their services. Private adoption agencies do.

"There are costs affiliated with private adoption," said Pam Poulton, administrative assistant at Jewels.

"Applicants must pay an application fee and a group fee," she said. "There is also a cost for an interview with the agency's program co-ordinator."

Fees at Jewels for Jesus change periodically, but currently stand at a \$150 application fee, \$225 group meeting fee and a cost of \$325 for a meeting with the program co-ordinator.

These fees are mandatory for the adopting couple before they are considered "active," or eligible to adopt, Poulton said.

Then, after a couple has adopted, additional costs such as travelling, counselling, phone and faxing, become their responsibility.

The agency cites statistics showing that 30 to 40 years ago, 80 per cent of single mothers chose to give their children up for adoption.

Now, the figure has plummeted to two per cent. This, Kosmachuk said, can probably be attributed to societal changes.

"Years ago, parents would be furious to find out of their young daughter's pregnancy and send them off to grandma's to have it. Immediately afterwards, they'd give the child up for adoption. Problem solved," said Kosmachuk.

But with more females choosing abortion, adoption has become

a less popular elective.

According to Statistics Canada there were 16,244 therapeutic abortions in Ontario in 1971. The number jumped significantly by 1995, showing that 29,133 women chose to abort their child.

Elisha and her husband were married in August of 1993. Soon after, they discovered that they were not able to conceive.

"I was absolutely devastated," she said.

"Growing up, I felt all kinds of pressure to be this baby machine. You know, have babies, name them after their relatives and live happily ever after. But when I

"Years ago, parents would be furious to find out of their young daughter's pregnancy, and send them off to grandma's to have it. Immediately afterwards, they'd give the child up for adoption."

– Children's Aid Society of Metropolitan Toronto

found out that there was no way for me to bear a child, I felt that adoption was one of the most practical ways for my husband and I to have a family," said Elisha.

They adopted a young girl from a private domestic agency much like Jewels in 1995.

They named her Angel.

"Angel is just over two now," said Elisha. "We've already begun to explain to her that she was adopted. We had to go through counselling with the agency

before we could adopt and we still see this counsellor every once in a while."

"She helps us explain this sensitive matter to our child, so that she grows up fully aware of the situation," said Elisha.

Kosmachuk also explained that completely open adoption, in which adoptive and birth parents keep open communication, allows the child to get to know their birth mother personally.

Many biological mothers, however, chose not to keep direct ties with their children and opt only to get updates through the agency on how their children are adjusting to their new home.

"We encourage all mothers who put their children up for adoption to write their child a letter explaining why they were given up," said Kosmachuk.

"The mother may also leave them pictures of themselves and other relatives so that the child may see who they look like.

"These things just weren't allowed in the past, which is sad. The child really didn't have any explanations given to them, which is what may cause feelings of hurt," she said.

But what about those children given up for adoption without explanations?

The Adoption Disclosure Register (ADR) is a service operated by the Ministry of Community and Social Services. Its purpose is to handle requests for reunions and searches in Ontario.

A parent who has relinquished her child for adoption may choose to file identifying information with the ADR. This information may be released to adopted children once they have turned 18.

The service also caters to those wishing to find out more about their birth parents.

An adopted child may choose to look for them in hopes of attain-

ing personal information about who they look like and who they inherited their skills and personality traits from.

Birth parents may want to know how their child is adjusting to his or her adoptive family.

The Children's Aid Society cites statistics showing that 1,200 people use the ADR annually.

"There isn't always a match (between birth parents and adopted children)," said Melody Wilson, adoption secretary of the Children's Aid Society of Metropolitan Toronto.

"How well an adoptee deals with not locating their birth parent depends on how well they've adjusted to their adopted family," she said.

Parents looking to adopt have to undergo mandatory and extensive testing by the government to make sure they are fit parents. Everything from the couple's medical history to annual income is questioned to make sure that they are sufficiently capable of child rearing.

The couple must also provide four character references, have a medical examination and undergo a police check.

Also, adoptive parents who deal with Children's Aid have to follow these procedures. Unlike private adoption agencies that deal mostly with newborns, Children's Aid also looks after kids whose parents have relinquished them later in life.

Reasons might include an inability to care for them financially, or a court decision that would render a parent or parents incompetent.

Every organization and agency has its own set of regulations for adoption.

"I'd advise anyone who is in the position to, to adopt: You're giving yourself and that child a very special gift," Elisha said.

Humber River to be a Heritage river

BY STEVEN PROCEVIAT
Lifestyles Reporter

The mighty Humber River is on the verge of receiving the fame it so rightly deserves.

The Humber, part of which flows through the college campus, is one step closer to becoming a Heritage river.

Last month, a group known as the Humber Alliance trekked to Quebec City to plead the river's case before the Heritage River Nomination Board.

Their plea was well received. "It was extremely successful," said Bob Burgar, an archeologist with the Toronto and Region Conservation Authority and

member of the alliance. "The board gave us its unanimous recommendation."

Burgar said the board was impressed by the effort put in by the Alliance in preparing its presentation.

"We produced and developed volumes of data over a two to three year period," noted Burgar. "It was distilled into background reports and then further distilled into (the) nomination document."

Why all the effort?

According to John Fisher, special projects planner with Ontario Parks, the moniker of Heritage River gives formal recognition to the role that the river played in the

history and development of Canada. The Humber was instrumental in the formation of Toronto and, as such, should be honored.

"Once a river receives this honor," said Fisher, "a plaque detailing the river's importance is placed on the river, drawing attention to the river's importance and history."

But the work is not over yet. First, the heritage minister must approve the Board's recommendation. Then the Alliance has to produce a river management plan.

As Fisher stated, "We have to go through the whole process all over again with the Board."



PHOTO BY DENISE LOCKHART

The Humber River, part of which runs through the college grounds, is one step closer to becoming a Heritage river.

Burglar proofing your home

BY NINA RADMAN
Lifestyles Reporter

Making sure you feel safe in your own home is a priority for everyone. Often, home is the only place you can feel totally secure.

But, no matter how many precautions are taken to keep intruders out, security specialists say,

there is no way to be sure that a home is absolutely burglar proof.

"I tried everything to prevent burglars from coming in. I always kept lights on when I wasn't home, I always double checked to make sure windows were locked and I always closed my curtains when I went out," said Emma

Baric, a Mississauga senior citizen who had \$5000 worth of valuables taken from her home last summer. "You can never really be totally prepared."

According to Peel Regional Police, more than 6800 break-ins occurred in the Peel Region in 1996, almost half of those in resi-

dential areas.

Many people assume installing a home alarm system is the best way to prevent burglaries. Henry Berube, a forced entry specialist with the Peel Regional Police explained that home alarms are not as effective as people think.

"They basically detect an intrusion, in most cases, after it has occurred," he explained. "Most burglaries that we see probably last 90 seconds. An alarm system monitored to an alarm station can't supply any type of measurable response in that amount of time. Even if police respond extremely fast to alarms it still takes them about 90 seconds to receive the call."

Berube said the illusion of occupancy is the number one deterrent for burglars. Putting lights on timers is an effective and inexpensive

way to make it look as though there is always someone home.

Berube also stressed the importance of preventing mail from accumulating.

"If your mail box has an apartment number on it, or if there is a window, cover it up from the inside so that people can't see that there is mail accumulating in the mail box," he explained. He added that if you are planning a long trip, always have someone pick up your mail frequently.

"I always tell my daughter to pick up the mail when I am away," Baric said. "One time she was away as well and I figured that I could leave it for a few days. When I got back from Florida, I noticed that all my screen windows were moved. Someone tried to break in. Luckily, the sticks in the windows stopped them that time."

Homemade devices such as using pieces of wood to prevent windows from being opened are often used to deter burglars.

Berube said that although using this method doesn't hurt, it can't be relied upon.

"Sometimes, depending on the style of the window, the sticks are useless. You can buy temporary locking mechanisms to put on your windows."

He added, "We don't recommend keys on the inside but you can still buy very useful pinning

devices for reasonable prices to place on your windows and take them with you when you move to a new location," he said.

Humber journalism student Heather McKinnon said her apartment was broken into last year. Although she had locks on her windows, she didn't realize the windows easily came out of the frame. The robbery took place in the middle of the day and the intruders took off with more than \$10,000 worth of inherited jewelry. Though McKinnon was insured, she only received a quarter of the worth because she did

not insure her expensive pieces separately.

According to McKinnon, having someone break into her home left her feeling insecure and violated. It was a traumatizing experience for her that she has still not overcome.

"I think about it all the time,"

said McKinnon. "After it happened I was so paranoid. I didn't leave my house for three days and even took a shower with a knife. I was sure they were going to come back. Finally I couldn't stay there anymore because I was going crazy. Every little sound I heard, I thought it was someone."

Berube strongly suggests that when students move into new apartments, they change their locks because previous tenants may still have access to the apartment. He also said that for extra protection, students should reinforce a door frame and buy a second lock.

"You can reinforce a door frame for about \$30. Students should consider buying a dead bolt lock that's the same model that is in the apartment, but is of better quality. There are good locks that can be removed and taken when you move. It's a good investment."

Students need to know that a knock on the door is a danger sign, Berube stressed. A door should always be equipped with a peep hole and not be opened until the identity of the visitor is confirmed.

Safety prevention and self defense courses are offered by most police departments and many community centres.

"After it happened I was so paranoid. I didn't leave my house for three days and even took a shower with a knife."

— Heather McKinnon, Humber student

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Et Cetera Entertainment

Where forth art thou?

BY MICHAEL STAFFORD
Entertainment Reporter

"Excellent, gentlemen!"

The six players on stage cheer with a mixture of delight and relief. They have been rehearsing an intricately choreographed sword fight for their production of *Romeo and Juliet* and just completed it perfectly.

There are several sword fights in the production, and each is a

finely tuned combination of stabs, swashes, ducks, shuffles, and jumps. I am warned not to use a flash when taking pictures or someone might get hurt.

The play is the last project of the year for Humber's theatre students.

"It (learning the fight scene) was tough," said Jake Barker, a second-year student who plays the part of Paris. "We've had fight

calls everyday for the past month."

Although Barker is in second year, most of the major characters are in their final semester and at this stage they are striving for perfection in what will be their last production as students.

Running concurrently with *Romeo and Juliet* is another Shakespearean classic, *A Midsummer Night's Dream*. Both plays are being directed by Theater Humber's artistic director, Mark Schoenberg.

"We do Shakespeare because we are hoping these people will go on to play on a world class stage," said Schoenberg.

And there is no doubt that honing these masterpieces over the past month-and-a-half has been a taxing endeavor.

"It is a very time consuming process," said Barker. "It's wonderful to do it, but it is very stressful worrying about classes and other productions. Shakespeare is never easy."

Given that fact, the cast deserves every credit for the quality of its performance. Of particular note are the equally moving — to laughter or to tears — performances of the actors playing the

Nurse, Mercutio, Romeo and Juliet.

Schoenberg said he has an outstanding company working together on these projects and he is trying to get as many agents and actors to come to the plays as he can.

"The apprentice company of Stratford this year is made up of eight players, and two of them are Humber grads," he said. "There are at least three in this company who are capable of doing Stratford or Shaw. Maybe even five."

It's easy to believe that Schoenberg means what he says. During the dress rehearsal, at the point when Romeo overhears Juliet talking about him, he stumbled in shock. This, possibly adlibbed, gesture brought a look near to admiration to Schoenberg's face.



PHOTO BY MICHAEL STAFFORD

"Romeo" and "Juliet" rehearsing their dialogues.

It's subtleties like this, bringing out the humor implied but often lost in the text, that sets this *Romeo and Juliet* apart from, and above, so many others.

"It's a wonderful play," said Schoenberg, "and I think we are doing it as it should be done."

A Midsummer Night's Dream opened Tuesday, and *Romeo and Juliet* opened Wednesday. They will be running on alternating nights at Lakeshore campus until April 23. Tickets are \$7 for Humber students and seniors, \$10 for adults.



PHOTO BY MICHAEL STAFFORD

Two of Humber's finest putting passion into their performance.

Getting together under the tent

BY ANTONIO TEDESCO
Entertainment Reporter

When discussing things of the spirit, the only way to get answers is by not asking questions, and gospel music does exactly that.

"Ultimately, why I think the play feels different is because it is all about the spirit and the longings of the spirit," said director, co-author and set designer, Morris Ertman. "And that's why, I think, it sinks into people. Why it makes it magic."

Tent Meeting, the new play by award-winners Morris Ertman and Ron Reed, looks at the stormy relationship between a man (George) and his wife (Dolly) during The Depression.

Set in a prairie town where the church is at one end and the pool hall is at the other, with the townspeople caught in the middle, a feeling of separation permeates through the play.

Although the play revolves around the abandoned relationship between George and Dolly, *Tent Meeting* is more about what can be lost when people separate

the secular from the sacred.

"I believe that if we open our eyes, we would see the sacred in the secular and the secular in the sacred," said Ertman. "We'd see God right in front of our eyes, if we stop trying to define how he/she is supposed to talk to us. That's part of what happens here."

With the break up of the town's gospel quartet years ago, George lets his life fall apart. His relationship with his wife, and the relationships with the townspeople all break apart as a result of George's inability to see past the dogma of religion and sense

the spirituality around him.

Balanced with strong spoken performances by the five cast

members, *Tent Meeting* is filled with strong gospel standards that would lift anyone's spirit. Music Director Alan Moon takes on the challenge with sensitivity and a sense of vitality for the music and the spirit of the story.

"I enjoyed the music very much," said audience member, Matt Rependa. "It fit the mood of the play really well. The music wasn't anything I would normally listen to at home or sample at a music store, but it came across amazingly."

With a sense of dust drying in your throat and the Canadian motif of man versus the elements,

man versus the very land that should be supporting his existence, the five characters sing songs to their God.

"Even if you're not religious, even if you don't identify with the church community part of this play, you certainly identify with the landscape," Ertman said.

With the last note sung and the audience filtering out, Ertman tested the addictiveness of gospel music by bringing back the performers for a surprise encore of sorts. It worked! Anyone in earshot turned around and came back to hear another inspired gospel song.

With *Tent Meeting*, Ertman accomplished his mission: he allowed the spirit to speak to those who came to see the play. He went beyond the questions and spoke directly to the spirit because, like Sam (Jonathan Bruce) said in the beginning of the play, God is "the spirit (that) comes from up high."

Tent Meeting runs from April 3 - May 10, 1998 at Elmore's Hall, 188 1/2 Lowther Ave. For more info call (416) 922-1238.



COURTESY PHOTO

Tent Meeting puts on a brilliant show of gospel and good times while dealing with complex relationships in a small town.

Art becomes 'Realities'

BY TRICIA DOUGLAS
Entertainment Reporter

Sometimes it's necessary to refrain from those head banging, ear-shattering concerts and those dark theatres where conversation exists in hushed whispers - if at all.

Once in a while a bit of aesthetic culture should be experienced.

Monday night at The Living Room club at 330 Adelaide St. East, entrepreneur Jude Kelly held a fundraiser for "Realities". That's the name of a new coffee table book on black-Canadian art that Kelly plans to publish and present to the world next February, — Black History Month.

When asked where the title comes from, Kelly answered simply:

"The reality of black-Canadian artists is a force to be reckoned with," he said. "The reality is black people have been in

Canada since the beginning, we are one of the four founding people's with the French, British and Native Indians. The reality of the art is that it's just good and I want to show the world."

The freelance writer, who quit his steady job when his boss said this project might interfere with his performance, had good reasons for embarking on such a task.

"I went into Chapters one day, looking for a book of black-Canadian art but couldn't see one — couldn't find one," said Kelly. "There was all kinds of stuff on Cézanne, Group of Seven, black American art, African art but nothing on black-Canadian art. I asked some artist friends and they said there's nothing out there. As

an entrepreneur, a light bulb went off over my head and I said, 'I'm gonna put it together'."

Judging by the huge gathering of people that turned out for the event, it's clear the project will be a success.

"Everyone's been really supportive," said Kelly. "The artists themselves know that we need a book like this to shop our works

around the world. It's a lot easier to get a book of art and artists to send to Japan than to take 100 artists over there for a tour."

The night was not only about raising money to publish the



PHOTO BY TRICIA DOUGLAS

Kelly talks about the true "Realities" of life.



PHOTO BY TRICIA DOUGLAS

Headley (left) with Ray Williams who bought several pieces, including "Amandla" at \$1,200.

book, it was also about introducing some of the artists and their works and, through an auction held at the end of the evening, it was also about letting some of the guests take something home.

Artist Wayne T. Headley, sold several pieces of his sculptures — one of which started and ended at \$1,200. But as the grandson of Alvin T. Marriott, an artist knighted by the Queen of England and famous for his sculpture of Bob Marley which stands in Kingston, Jamaica, as well as other famous pieces, Headley remains modest.

"It's nice to see people appreciate it," he said. "It's a long process but it's a love of mine and it's fun."

And, as with a lot of other artists, Headley has sacrificed to follow his dreams.

"I quit my sales job and I'm

going after something I love to do," he said. "I was encouraged and motivated by a big sales promoter who said 'what is it that you love to do, what is it that drives you when you wake up in the morning? What is it that you want to do regardless of whether you're getting paid

or not?' and sculpting kept coming back."

As for his inspiration, Headley summed it up in one word:

"Nature. That's my inspiration," he said. "I love the human form, it's the ultimate creation."

Most of the time when his pieces are sold, Headley feels happy, but there are times when he feels a bit disappointed. When his piece, "Amandla" — a Zulu word meaning freedom cry, was sold for \$1,200, it was one of those times. Headley said

the sculpture should have been sold for at least \$3,000 but it's all about sacrifice.

"I have to start somewhere — nobody knows me," said the artist who does it more for personal gain than monetary gain. "To be able to capture a feeling or emotion from a piece of clay ... I get a high off of that."

Headley echoes the same passion that drives Kelly to do the book in the first place — with very little help from more established organizations.

"I'm hoping to interest one of the big publishing houses," said Kelly. "If not, I'm going to publish it myself."

And in the end when it's all said and done, there will be something different in the world said Kelly.

"When the book is finally published next February, Black History Month, the reality will be fulfilled, signalling the beginning of a new era of black-Canadian art within the context of glorious Canadian art."



PHOTO BY TRICIA DOUGLAS

Headley's sculpture of the female form in its glory.

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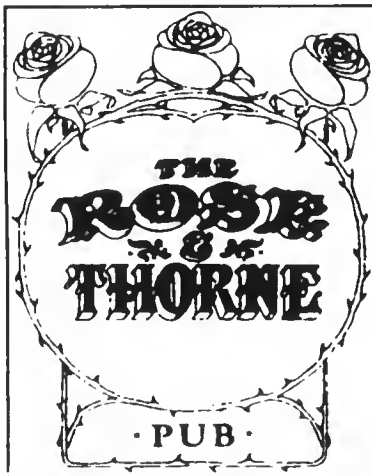
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A life of blues

BY CRAIG JOHNSON
Entertainment Reporter

One look at the acts playing at the Silver Dollar Room at College and Spadina is enough to satisfy anyone with an appetite for the bluesy sound of a slide guitar. It is because of this club's appreciation for the blues that it was voted the best blues club in Toronto.

Last Friday was a special treat for blues fans when veteran Eddy Clearwater and his sideman, John Hill, took to the stage and blew the audience away.

The show started a little late but was well worth the wait.

Hill has been singing and playing blues guitar professionally for about 20 years and has been playing with Clearwater for about a year.

"The blues," said Hill, "is the musical expression of life."

Backing up Hill was bass player Hassan Ahan who has been playing blues professionally for the last 10 years, but said he has really been playing blues for about 30 years.

"I've been playing blues ever since I was 12," said Ahan. During that time he has jumped from band to band all over the US and Canada.

Like Clearwater and the rest of the band, Ahan is from Chicago, a place renowned for creating a

very distinct blues sound — a rocking fast sound that is quite removed from the blues music that was coming from places like Mississippi and Tennessee.

This is Ahan's second gig with Clearwater.

"I'm just some person they kinda picked up along the way," he explained. "But playing with Mr. Clearwater has been quite an experience."

On drums was Jerry Porter who has been playing for about 20 years and looks to jazz drummer Buddy Rich as one of his influences. He has spent the last 10 years playing with Clearwater. Before that Porter played with blues great Buddy Guy for about 10 years.

But Guy is only one of several superstars on a list consisting of B.B. King, Eric Clapton, and the immortal John Lee Hooker.

"You name them, I've played with them," said Porter, who holds a special place for the blues.

"It's a feeling," he explained. "It's a feeling you get inside in day to day life. I got 'em, you got 'em, everyone does."

After about 15 minutes, Clearwater roamed across the club carrying a Les Paul guitar and wearing full native Indian head gear. His appearance made it seem like he was a member of the Village People instead of a blues man.

But, it didn't take long before the audience realized they were definitely watching a blues man who has played with the best of them.



PHOTO BY CRAIG JOHNSON

Clearwater brings the blues to his many adoring fans.

He mixes old and new music in his act, some of which comes from his new album, *A*

Mean Case Of The Blues. On the album, Clearwater throws in some songs that are familiar to blues fanatics. He wails out rocking versions of I'm the Hoochie-Coochie Man and I Just Want to Make Love to You, both of which were originally performed by the late Muddy Waters.

Just before returning to the stage, Clearwater sums up what the blues has meant to a man who has seen and done it all with some of the greatest legends.

"The blues is a way of life," he said. "The blues is life."

Topless women with voices

BY JOHN CHICK
Entertainment Reporter

Although the title may sound strange, *Topless Women Talk About Their Lives* is an engaging feature film from New Zealand.

From first-time feature director Harry Sinclair, this frequently amusing film follows a group of twenty-something friends through their tempestuous lives in Auckland, New Zealand.

However, don't think it's just another recycled Gen-X storyline.

One of the things that makes this film work is the flavor of the New Zealand setting. It's a foreign feeling that gives the picture more character — something that also worked well with films like *Trainspotting*.

In fact, *Topless Women* is similar to *Trainspotting*, complete with the imaginative sex scenes, but

without the hardcore drug use.

"I liked the idea of an unsanitized portrait of people, of how they live, doing the things that young people normally do, without it being overlaid with messages," said Sinclair, who is one of New Zealand's most popular short-film makers.

Actress Danielle Cormack plays Liz, a lost soul type who misses her appointment for an

abortion and is pressured by doctors to have the baby.

That suits the child's father, Neil, just fine because he wants to get back together with Liz.

The problem is, Liz prefers Geoff, her current lover, who hasn't mentioned that he has another girlfriend.

This isn't your usual love triangle.

At the same time, their neurotic friend Ant (Ian Hughes), an aspiring director, has written his first movie called *Topless Women Talk About Their Lives*, a documentary featuring half-naked women telling their life stories.

Ant sells his script to a German director and the movie is filmed in Germany. But when his film turns out to be a flop, Ant falls deeper into insanity.

Ant, is the glue of this film — the part that keeps the film from being taken too seriously.

The movie is fast-paced and

allows the audience to be easily drawn in through the use of hand-held cameras. And, despite the problems the characters face, the movie is ripe with dark comedy and often hilarious dialogue.

Perhaps the most remarkable thing about this movie is its low budget, considering the finished look. The quality of the piece could rival Hollywood films which usually cost five times the price of this one.

No art direction or costuming was used, as the movie was filmed at various people's apartments over a six-month period with the actors wearing their own clothing.

The result was a Best Film award in New Zealand as well as a Best Actress award for Cormack.

Topless Women Talk About Their Lives opens May 1 in Toronto.

ON DISC



Carter the Unstoppable Sex Machine
I Blame the Government
True North Records

BY MICHAEL STAFFORD
Entertainment Reporter

One day, when the '90s have become retro (or has that already happened?), a very frustrated mother will have to explain to her daughter "that is not what it was like." Nobody ever listened to that music, they just played it on the radio.

It is not guaranteed that this mother will be a Carter the Unstoppable Sex Machine (CUSM) fan, but the possibility cannot be ruled out.

And if this mother is a CUSM fan, she may be sad today because they have put out their last album.

I Blame The Government is filled with simple, good songs. But the

instrumentation is always thin and sometimes bare.

The album switches from upbeat toe-tapping songs to quiet, morose ones. The overall sound owes much to post-punk bands of the '80s, like Husker Du — easy chord progressions and sweet melodies with an underlying punk sensibility.

The lyrics are highly political and extremely blunt. But the mood of the music makes it seem less like whining, as some would believe it is, and more like what it is — a rallying cry and a celebration of awareness.

Not all the lyrics are political. *I Blame the Government* is balanced with songs of self-doubt and introspection. But if you don't like your politics mixed with your rock and roll, you won't like this fine final effort from CUSM.

The Hunger Cinematic Superhug

Universal Records

There is a record. We all know it. We've all heard it. They play it on CFNY a lot, this record.

You know the record I'm talking about.

It has that "song" on it. The one you know so well, but can never place. Who sings that song? Is it the Offspring? Econoline Crush? Creed? Our Lady Peace?

Silverchair? Van Halen? Who can ever tell? There are 13 such songs on this CD.

This album is full of prominent bass lines, distorted guitars, and pounding drums. There are also keyboards. The impression is that it has been influenced by electronica.

It's an attempt to cash in on a



trend — or kill it. It is succeeding in both.

Haven't I heard this one before?

The overall sound of this CD is not dissimilar to the heavy metal of the '80s. It's heavy metal for kids who hate heavy metal.

If you like this kind of music, you might want to look into it, although you may already own it and not realize it.

The CD is *Cinematic Superhug* by The Hunger.

Lorraine Segato Luminous City

True North Records

BY AMY TYSON
Entertainment reporter

After achieving moderate success with the Canadian pop group, Parachute Club in the '80s, Lorraine Segato has gone solo.

Her new album, *Luminous City*, is a cross between jazz, gospel and pop. Recorded over a period of one year, Segato sings about female angst — a lot.

Of the 10 tracks on the album, at least half of them are about bad relationships and bad influences in life. Not that this is a bad thing, but it does make the songs a little repetitive.

If it weren't for the pause between songs, *Luminous City* would sound like one, long, 30-minute song.



Unfortunately, Segato's songs sounded more like long, confusing poems than songs. In *Dig Deep*, she starts out making sense, but turns the song into a jumbled, mixed up bunch of words: "...stragglers become stragglers but noble

we are not, cast your eyes toward tomorrow".

Segato's solo effort is a far cry from her Parachute Club days. At least you could sing along with *Rise Up*.

With her Sass Jordan-like voice, Segato seems to struggle through some of her songs. It's almost as if there are too many words in the songs. After the first couple of verses, the tracks no longer sound even remotely interesting.

The only song worth listening to is *Dreams*. It's short and to the point.

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Sports Et Cetera

The Amazing Terry's NHL predictions

By THE AMAZING TERRY BAAK
Sports Sage

Well folks, the NHL playoffs are about to begin, and once again, Leaf fans will have to find another team to cheer for.

Almost every team suffered severe injuries to their star players, and many of them may still be injured when the playoffs start, leaving their teams in jeopardy.

Now, on to the predictions.

Western Conference

The **Detroit Red Wings** have to be the favorites, because they've really turned it on in the last half of the season. Sergei Fedorov will be the X factor for the Wings. After missing a major portion of the season due to contract dispute, Fedorov should be just rounding into top form. If he can play solid defense while striking fear into opposing defense, Detroit could once again march to the finals.

Although Jamie Macou, and Dimitri Mironov are not Norris trophy candidates,

they are serviceable veteran defensemen. They know their jobs and don't try to do more than they have to.

The best team in the NHL for most of the season, the **Dallas Stars**, are in a lot of peril. Their best player, Mike Modano, has missed the last month of the season, and may be lost for a good portion of the playoffs.

Outside of Modano, there are few players on the roster that can create offense.

You can't discount the Stars though, if they can find some scoring, they will be very tough to beat.

St. Louis Blues. Are the endless years of playing 70+ games going to catch up to Grant Fuhr? If not, they have a team that could make it to the third round, but beyond that, they have little chance. Can top Blues players stop whining about their contracts and beat more talented teams. I doubt it.

The **Colorado Avalanche** was a team on the verge of a dynasty,

but they've passed their peak. Sure they have the same star players, but the rest of the team has been changed drastically.

Will Joe Sakic be healthy enough to contribute the scoring that the Avalanche will need from him?

Injuries and a lack of focused intensity will dispatch the once dominating Avalanche.

Eastern Conference

New Jersey Devils. The second or third best goalie on the planet in Martin Brodeur makes Jersey a very tough team.

Doubts surround former Leaf Doug Gilmour, and his status. Is he ever going to come back from his knee injury and if so, will he make a difference? He didn't last year and probably won't this year.

Pittsburgh Penguins. They have the best player in Jaromir Jagr. Jagr has the abilities

to take over a game completely, but is he enough when a team lacks a goalie? No! Their goaltending will end their dreams.

With Eric Lindros hurt, and no sign of returning soon, the Philadelphia Flyers have little, if any, chance.

If Sean Burke is hot and Lindros comes back, the Flyers could be back in the Finals with Detroit.

What a perfect way for **Buffalo Sabres'** Dominik Hasek, to follow up his Olympic Gold with Lord Stanley's Mug. Don't bet against him.

Canadian Corner

The **Montreal Canadiens** are our best chance to bring back our holy grail, but injuries will bow them out in the first round.

If they make it in, Edmonton Oilers and Ottawa Senators will be pitstops for the top teams.

The ABCs of Humber Women's Basketball

ERIKA FORD
Sports Reporter

Annihilations - With an average point spread of 51, there is no other way to describe the women's victories this year.

Buses - Could they have been any later this year? And what was that smell?

Click. Click. Reload. - Wait a second, what was being reloaded and was there ever a weapon?

Depth - No other team could sub five players every five minutes and maintain the level of play that Humber could. Every player could score, pass, play defense, and was willing to do whatever it took to win.

Encore - Next year. Next year back-to-back OCAA titles and another trip to the CCAA Championships.

Fans - Where were they? Although the Humber Hawks have some very vocal fans, a few more faces in the crowd would have been appreciated.

Guns - Don't leave Humber players open for shots, especially behind the three point line.
• Heather Curran shot 100 per cent this year.

Heaven and Hell - The women experienced both this year. The elation of going undefeated, winning tournaments and titles, to the hell of falling short of a dream.

Intimidate - Even before the team started its warm ups, fear must have been in the hearts of opponents. If their reputation wasn't enough, Humber's energy and shouts, fist pumps and on court looks would do it once the game was on.

Jerry Springer - An excellent motivational pre-game video.
• Jimbo - the man who kept his team working hard through an easy season.

Krista Madsen - A special shout out goes to Krista for bandaging, icing, massaging and wrapping this bunch of bruised brawlers.

LET'S GO HUMBER! WE GOTTA WORK...WORK...WORK! Who needs cheerleaders when your bench has this kind of spirit and support?

Mobile Change Room - Late bus + early game = something interesting for frustrated rush hour commuters.

NahNahNahNahNah! - Not only do the women pound their opponents into the ground, but they scream in their faces while doing it.

ONTARIO COLLEGES ATHLETIC ASSOCIATION CHAMPIONS

Pride - The women never sank to the level of dirty teams and never lost their cool when faced with idiotic, blind reffing. They held their heads high.

• Perrier - assistant coach, friend and motivational speaker.

Quick hands, Quick feet, Quick defense. So quick was the team this year, that opponents were left shaking their heads.

Royal Rumble - Maybe it was the victories, maybe it was inspired by Jerry or maybe it was something else, but the women's undefeated season record includes the Royal Rumble on the bus home from Fanshawe.

Sing Alongs - What else are you going to do on the bus back from Hamilton, but sing cheesy songs.

Thongs - Sorry, no explanation forthcoming.

Undefeated before the Nationals except one loss to American college Daemon. This record includes wins over tough, ranked Quebec teams.

Vindicated - After an embarrassing loss in last year's OCAA championships, Humber proved they deserved the title of Ontario's best.

Whopper - It was tough, but by joining together we were able to help Nikki deal with the loss of her burger, tragically cut down in its prime.

Xtra hard, Xtra special, Xtra skilled, anything Xtra, these girls have it. You try and figure out something for X.

Yak - I have never met such talkative people - unless it's on the record.

Zone - Once the Hawks went into the zone, there was no stopping them. Runs of 20 points or more were not uncommon.

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1. Phone conversations are over in 30 seconds flat.
2. Movie nudity is almost all female.
3. All your orgasms are real.
4. You can leave a hotel bed unmade.
5. You get extra credit for the slightest act of thoughtfulness.
6. Nobody secretly wonders if you swallow.
7. If someone forgets to invite you to something, he or she can still be your friend.
8. Your underwear is \$10 for a three pack.
9. People never glance at your chest when you're talking to them.
10. Three pairs of shoes are more than enough.
11. Foreplay is optional.
12. You never feel compelled to stop a pal from getting laid.
13. Car mechanics tell you the truth.
14. You can watch a game in silence with your buddy for hours without even thinking he must be mad at you.
15. You never misconstrue innocuous statements to mean your lover is about to leave you.
16. One mood all the time.
17. You can sit with your knees apart no matter what you are wearing.
18. Same work ... more pay.
19. Wedding Dress \$2000; Tux rental \$100.
20. If you retain water, it's in a canteen.
21. You can rationalize any behaviour with handy phrase "F*#k It!"
22. If another guy shows up at a party in the same outfit, you might become lifelong buddies.
23. Princess Di's death was almost just another obituary.
24. You think the idea of punting a small dog is funny.
25. Not liking a person does not preclude having great sex with them.

Source: anonymous e-mail

Proposed
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of booze



1. WARNING: consumption of alcohol is a major factor in dancing like a jerk.
2. WARNING: consumption of alcohol may cause you to tell the same boring story over and over again until your friends want to SMASH YOUR HEAD IN.
3. WARNING: consumption of alcohol may lead you to believe that ex-lovers are really dying for you to call them at 4 a.m.
4. WARNING: consumption of alcohol is the leading cause of inexplicable rugburn.

Source: anonymous e-mail

ALL AROUND THE WORLD

Think Stupidly, Act Globally

London (Daily Telegraph) - A man who held up a gun store full of shooting enthusiasts, and two men who tried to put a marigold garland around the neck of a Bengal tiger, are among the 1997 Darwin Award winners announced Wednesday.

The award, organized by Jim Penberth, an Ohio computer expert, is given for "contributions to the gene pool through self-sacrifice".

To qualify, recipients must remove themselves from the gene pool in a ridiculous manner, either through death or infertility, thus preventing their stupidity from being passed on to another generation.

This year's winner, Prakesh Tiwari, had been drinking near Calcutta Zoo with a friend, Suresh Rai, on New Year's Eve 1996. The pair bought floral garlands and crossed a moat into a pen holding a Bengal tiger named Shiva.

While trying to throw his tribute around the tiger's neck, Rai was attacked. When Tiwari intervened by kicking the animal in the face, the tiger turned and killed him.

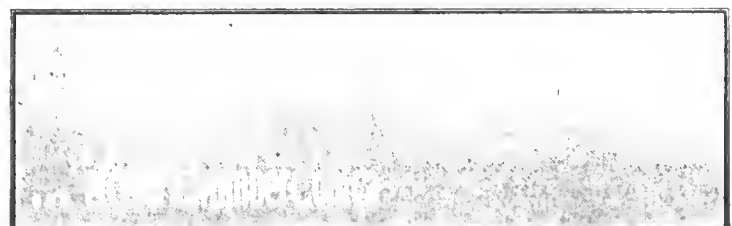
Runner-up was David Zaback, 33, of Seattle, who chose a gun shop for his first hold-up. Overlooking the fact that many Seattle residents are licensed to carry firearms, and missing the police car parked at the door, he entered the shop firing several wild shots into the air.

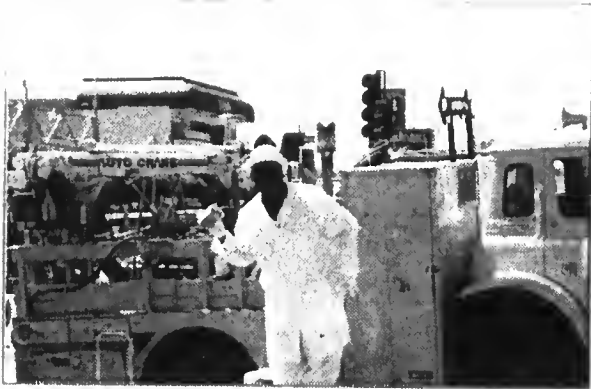
A rattle of clicks resounded around the room as customers and staff pulled their guns. Police officer, Timothy Lally, 49, panicked and jammed his thumb in his semi-automatic pistol.

Although there is no record of the number of rounds fired, Zaback was hit seven times in the arm, chest and stomach. He died in hospital a few hours later.

Mr. Penberth said the Darwin Awards, voted for via the Internet, are announced on April 1 "because it is a day known to celebrate fools in all their forms".

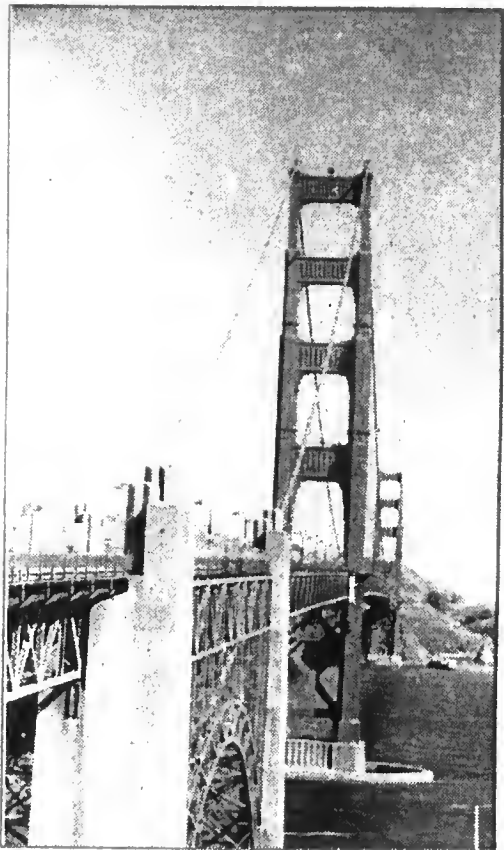
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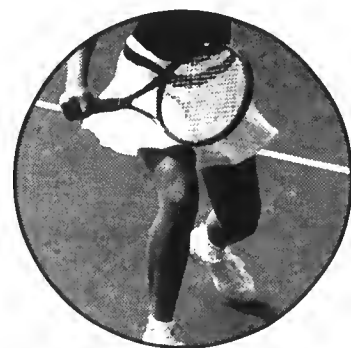


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San Francisco through the
eyes of Denise Lockhart



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