

ET HUMBER E T E R A

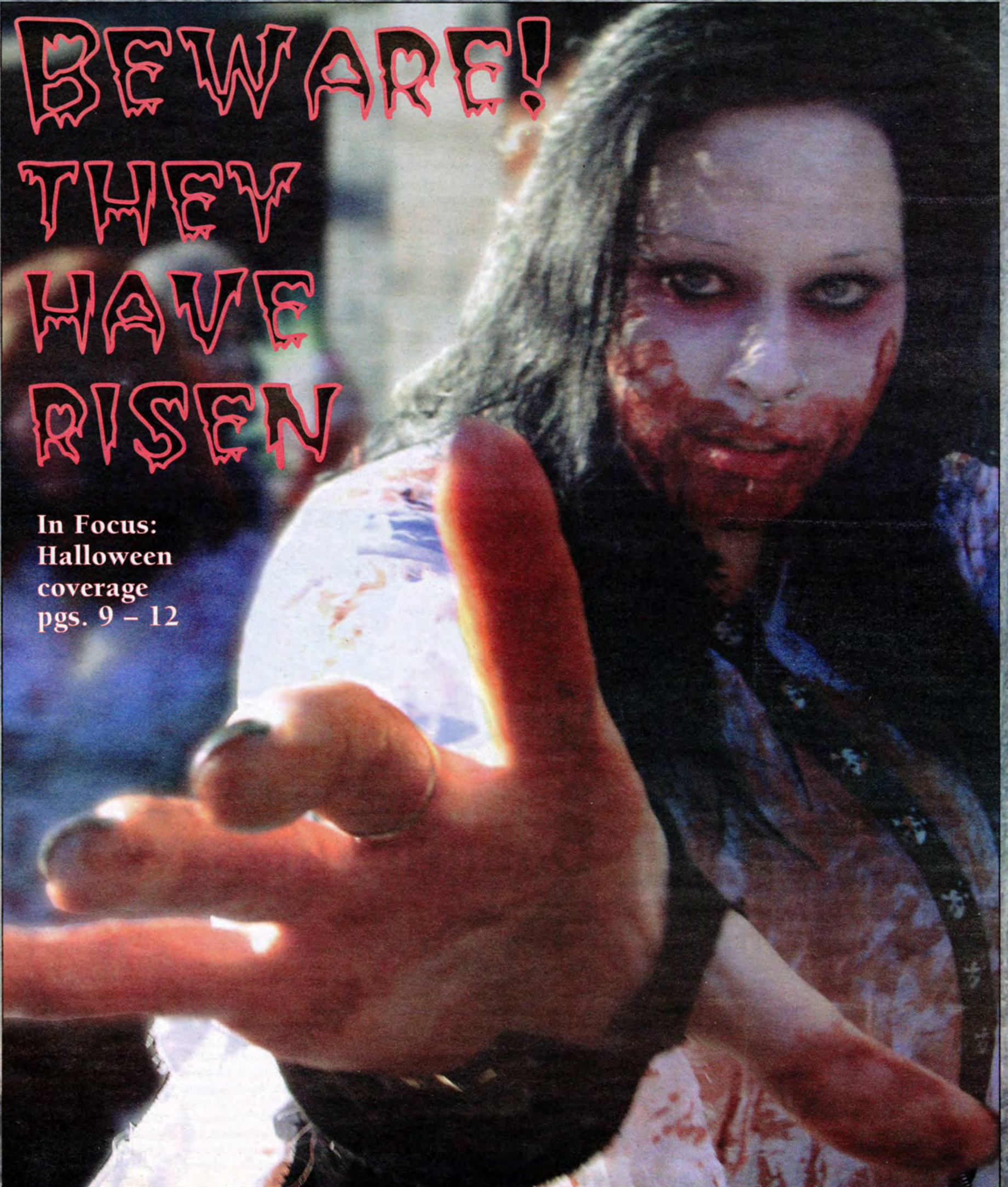
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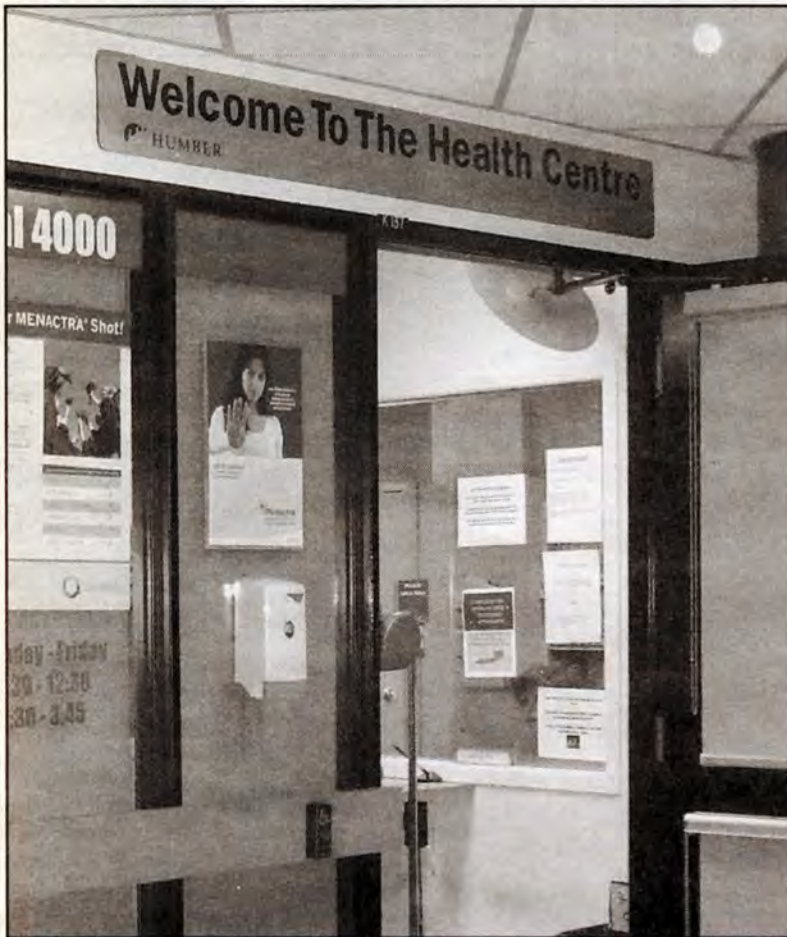
**BEWARE!
THEY
HAVE
RISEN**

**In Focus:
Halloween
coverage
pgs. 9 - 12**



NEWS

The mother, brother and nephew of Oscar-winning actress Jennifer Hudson were found murdered last weekend in Chicago in an apparent domestic dispute. — nbc.com



Brandon Geobey

Humber College's Health Centre could face nursing job delays.

Ontario saves \$50M, 9,000 jobs delayed

Miguel Agawin
NEWS REPORTER

The provincial government's announcement of delays in hiring thousands of nurses in order to offset a projected deficit is causing worry in the nursing community.

"We're already in a shortage for nurses," said Kathleen White-Williams, bachelor of nursing coordinator.

The announcement, made last week by the Ontario government, said the delay of hiring 9,000 nurses will help the province save \$50-million this year as they face a \$500-million deficit caused by a decrease in economic growth.

White-Williams said that although the economy is a huge factor in what's happening right now, the fact is, people are still going to get sick.

"By not hiring the nurses as promised, the health of Ontarians will not get better with less care providers,"

she said.

Ashley Misurka, Laboratory Technologist at Sheridan College, said the delay is ridiculous and agrees there is a shortage.

Misurka, a registered practical nurse at Scarborough General, said that 90 per cent of the time, unless you arrive in a stretcher, you can expect to wait at least four hours in emergency.

She said the delay would cause more leaves due to physical and mental stress as nurses are forced to take on a bigger work load and handle more patients on their own.

She said that nurses relationships with doctors would be replaced to quick, meaningless meetings.

"It's a revolving door — patients come back because they're not treated properly the first time," said Misurka.

Humber President John Davies said it would be easier for nursing students to be employed if there was

no delay in expansion. Still, almost all of last June's nursing graduates found employment.

He said many jobs will open up as baby boomer's retire and need replacing.

Second-year nursing student Stephanie Leclair, 20, who has her placement at Trillium Hospital in Mississauga, said patients keep telling her there isn't enough care and they need more nurses.

"It's not fair," she said.

With all this economic uncertainty that's rippled down to Ontario's health care system, White-Williams' message to students is to be very optimistic.

"There are always challenges that will have to be faced and right now we have an economic crisis but that doesn't mean we lose sight of our focus and goal, which is to be a registered nurse."



David Lidstone

Humber student Fred Lee donates blood for the first time with help of clinic nurse Elena Vass.

Donating to save lives

David Lidstone
NEWS REPORTER

The HSF organized blood drive at Humber's North Campus last week has the potential to help as many as 360 people, according to the clinic.

"We've been doing this at Humber for 15 years at least. We do it twice a year, coming in October and March," said Prakash Masih, clinic supervisor.

"More than 80 donors have gone through, which is a very good turnout. The clinic floor has been very steady and I hope we can get to our goal," she said.

The goal for each day of the blood

drive was 55 units, and both days Humber students gave over 60.

"We usually do find that when we go into schools and colleges that we do get a very good response," said Eileen Quinlan, the second day clinic supervisor. "When people find out that one unit can help three people its very gratifying."

Media foundations student Mark White has donated blood five times in his hometown of Brantford, Ontario.

"I've done it for a while. I started in high school and just continued."

It was the second time that second year business student Meagan Lockhart has given blood.

"It won't hurt me losing any and it can help other people so why not?" said Lockhart. "It's only bad after they take the needle out, because then you feel like you want to faint. But that's only if you don't eat breakfast and lunch."

On Wednesday's drive, first-year hospitality student Fred Lee gave blood for the first time.

"It stung for a little bit, but just once or twice," said Lee.

The blood drive took place on Wednesday and Thursday of last week, but will be returning some time in March.

The 411

Local

The man sought in the shooting death outside a Toronto bar has turned himself into police. Kyle Weese, 25, faces a second degree murder charge in connection to the shooting death of Bailey Zaveda outside the Duke of York Tavern last Saturday night.

— thestar.com

National

An Ottawa man is the first to be charged under Canada's anti-terrorism laws. Mohammad Momin Khawaja is charged with plotting to bomb targets in Britain. He was found guilty by an Ontario judge on Wednesday.

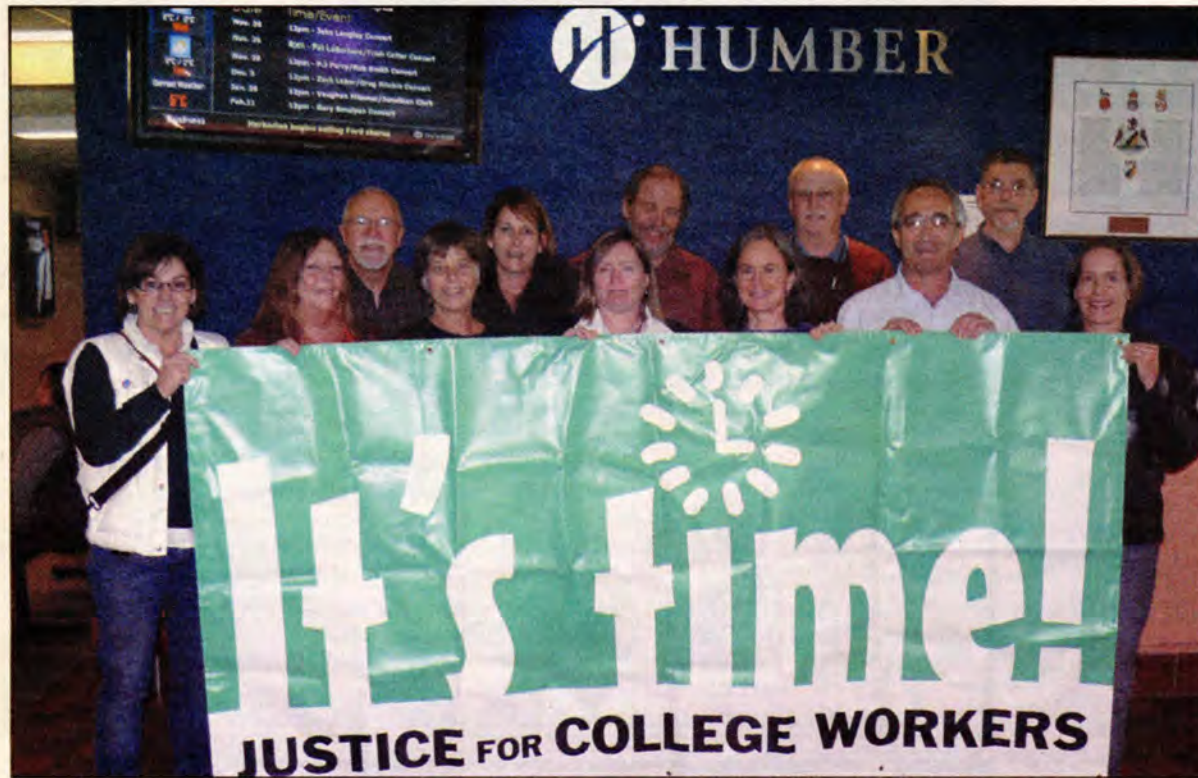
— cbc.ca

International

An earthquake in Pakistan has killed 150 people. The quake, which measured 6.5 on the Richter scale, affected parts of southwestern Baluchistan province.

— nytimes.com

Those out late on Saturday night will appreciate an extra hour of sleep this weekend as Daylight Savings officially ends and the clocks go back a whole hour. — cbc.ca



Courtesy of Maureen Wall

Roger Couvrette (third from right) and Candy Lindsay (far left), president and vice-president of the part-time college workers' organization, celebrate at Humber along with part-time faculty and staff.

Part-timers to unionize

Debora Sardaneta
NEWS REPORTER

Part-time college teachers and workers in Ontario now have the right to collective bargaining.

The new Colleges Collective Bargaining Act 2008, passed earlier this month, gives part-time and seasonal college workers the right to join a union for the first time in Ontario in over 30 years.

"I think that it will improve the quality of education," said Maureen Wall, Humber College faculty union president. "The fact that they now have access to collective bargaining is a step in the right direction. I think, ideally, it will help to create a much more consistent, continuous faculty."

Roger Couvrette, president of the part-time workers' organization, said this passage of legislation signals the dawn of a new era.

"It will set standards not only for the workers, but standards that will

improve the quality of education for students," Couvrette said.

The part-time support staff also includes working students. There are currently 5,000 working students within colleges who will benefit.

"Today the majority of the college system is made up of part-time teachers and support staff, which makes it important to include them as the bargaining unit," Couvrette said. "The last legislation was passed in 1975, when it didn't seem important to include part-timers, today it's radically different. This legislation rights a historical wrong."

According to the full-time faculty union, last semester, almost 60 per cent of Humber faculty was part-time, partial load, or seasonal.

The fact that these faculty now have the right to collective bargaining should give more stability, said Paul Michaud, a computer engineering teacher at Humber.

"This will provide more stable working conditions, and more stable

teachers," he said. "I'm very much in favour of it. I think that it's a long time coming."

Vice-president of the part-time workers' organization, Candy Lindsay, said they are now working on the next steps.

"The next step is going to colleges, doing meetings, letting workers know about bill 90 and that it's still alive," she said.

The Ontario Public Service Employees Union led the campaign for the fight for collective bargaining rights and organized the 17,000 part-timers, on 24 college campuses.

This was done in order to provide support when the Organization of Part-time and Seasonal Employees of the Colleges of Applied Arts and Technology was formed last November.

Ontario was the only province in Canada where there wasn't a law that allowed college teachers and workers to be unionized.

High hopes for upcoming election

David Lidstone
NEWS REPORTER

The upcoming U.S. presidential election is leaving many people, including students, with high expectations.

Visiting assistant professor of political science at the University of Toronto Ryan Hurl said the reason people are interested in this election is because candidates Barack Obama and John McCain are so different than past elections.

"With the candidacy of Senator Obama it seems as if the United States is turning this major page in its history," said Hurl. "It is a major achievement for American politics that an African-American has become a candidate for one of the major parties and is quite likely to become president."

"If you had asked me ten years ago, I would have said that won't happen in my lifetime."

Even though he has dual citizenship in Canada and the United States, second-year architectural technology student Kalvis Mikelsteins found the recent Canadian federal election to be more important to him than the American presidential election.

"I've definitely followed the Canadian federal election more closely," said Mikelsteins. "I live in Canada so it affects me much more directly. Undoubtedly, the American election is going to affect Canadians in many ways, but I think the Canadian election should be more important to Canada."

First-year social services student James Mehisto said he followed the American election more closely.

"I think the Canadian election was kind of predictable and didn't have the same possibility of dramatic change that the American one does," said Mehisto. "The American politicians and their choices tend to have a greater impact on Canada than the Canadian ones because we tend to follow the United States. Everything that happens to them affects us."



Courtesy of Transplanted Mountaineer



Courtesy of Marc Nozell

U.S. presidential candidates Barack Obama, top, and John McCain will go head-to-head.

Both Mehisto and Mikelsteins said they would rather see Obama as the next president.

Hurl said people shouldn't expect immediate change after the election. "Some Canadians believe that a landslide victory for Senator Obama in this election will cause a massive transformation in American politics," said Hurl. "American politics isn't like that, it changes very slowly. I could see him running into some serious difficulties over the next few years."

More first-year students cause enrollment to rise

Keith Roberts
NEWS REPORTER

Ontario's largest college is at an all-time high in enrollment and is only expected to grow more.

"We are now the biggest college in Ontario," said Humber President John Davies.

The largest growth is among first-year students with an increase of nearly eleven per cent in 2008.

Humber had about 7,700 first-year students last year between the North, Lakeshore and Orangeville

campuses and this year has over 8,500, said Davies.

Shawn Brenneman, first-year television broadcast student, said he chose Humber because he heard nothing but good things.

"I heard that there was a lot of professionals, right out of the field, that work here and the employment rate is very good," Brenneman said.

With more students comes the need for more space and Davies is aware of the issue.

"The North Campus is expanding into the space we built in anticipa-

tion of college growth," said Davies.

He added much of the expansion is happening at the Lakeshore campus, "where most of this growth is actually taking place because of the rollout of the new four year degree program."

Davies said there might be a time when Humber caps its growth and he thinks that time could come sooner than later, especially at North Campus.

"There is a growing shortage of post-secondary spaces in the GTA...Humber's got to play a sig-

nificant part in meeting that demand," said Davies.

That demand is estimated to be as high as 50,000 post-secondary spaces within the next five to seven years, according to Davies.

Not included in the numbers released by Colleges Ontario are Humber's roughly 1,700 apprentices, 800 nursing students and the approximately 2,600 students who attend Guelph-Humber, said Davies.

"Humber's a very strong financial institution," said Davies. "If there's a downturn in financial contributions

from the provincial government we're certainly in the best position to weather that of any college in Ontario."

Davies said the college operates on a roughly \$220 million annual budget.

According to Humber's 2007-2008 financial statement posted on its website, the college receives nearly \$110 million in government grants and reimbursements.

EDITORIAL

"It rarely adds anything to say 'In my opinion,' not even modesty. Naturally a sentence is only your opinion and you are not the Pope." – U.S. author Paul Goodman

McCain all wrong

At the precipice of the U.S. election, John McCain is floundering as an increasingly stoic Barack Obama fires ahead in the polls. With signs pointing to a clear winner, some will no doubt point to the legacy left behind by George W. Bush as tainting the Republican hope for a new president. But that's taking the easy way out. In early September of this year, the race for the White House was a "statistical dead heat," according to an Ipsos/McClatchy poll. Clearly, the Maverick and his fellow Republicans have done a few things wrong since then.

First and foremost is McCain's insolent choice of Sarah Palin as his running mate. Once the initial Palin excitement wore off, reality kicked in. Clearly, Republicans hoped that millions of American women, disappointed at Hillary Clinton's loss, would blindly cast a vote for one of their own kind – regardless of Palin's hard-right ideology. Not only was McCain's choice intensely disrespectful to women – who surely care more about their hard-earned rights than breaking some proverbial glass ceiling – he was willing to choose an unqualified candidate to try and eke out a few more votes. McCain was not only greedy in choosing Palin, he was shallow.

As delightful as it was to watch McCain squirm during a joint interview with Palin on CBS in September, the V.P. choice was not his only mistake. McCain's allegation that Obama

has ties to terrorism was the political equivalent of an eye-gouge – it was simply dirty fighting. William Ayers may have set off bombs, but "terrorism" has a new connotation today, and "terrorism" certainly doesn't raise the image of an over-zealous anti-war protestor anymore. Earlier this month, McCain was forced to come to his opponent's defence when Republican supporters at a town-hall meeting voiced irrational fears of Obama, no doubt stoked by McCain's unfair allegations.

Even Colin Powell denounced McCain for his over-use of personal attacks during the campaign. "What they're trying to connect him to is some kind of terrorist feelings. And I think that's inappropriate," he told NBC's Meet the Press.

To be sure, McCain could have made some better decisions, but he has also demonstrated incompetence. His initial decision to suspend a debate with Obama was either indicative of cowardice or an inability to multitask. Although he did end up participating, it was only after caving in to public pressure. His ad campaign, too, didn't display any of the savviness that Obama's did. By placing ads in video games and the like, Obama displayed that he clearly has his finger on the pulse of this generation, unlike his Republican counterpart.

We can try to blame Bush's legacy all we like, but the truth remains that McCain simply dug his own grave.

Union beneficial for all college employees

Collective bargaining would give job security to part-time and sessional workers on campus

A drive is on to unionize the 17,000 part-time and sessional employees at Ontario's 24 colleges. At Humber, 60 per cent of the faculty falls into one of those categories. This means they haven't had the right to bargain collectively, unlike their full-time counterparts, until the Ontario government extended them that privilege earlier this month. They are the last province to do so, and it is about time they did.

According to a report published in 2007 by the Organization of Part-time and Sessional Employees of the Colleges of Applied Arts and Technology, which is leading the drive to unionize, part-time employees now outnumber full-timers at Ontario's colleges and work in all areas of every school. They include 5,000 students who work part-time to pay their way through college.

Colleges have come to rely on these workers, who get paid less, enjoy fewer benefits and have less job security. Many part-time faculty work contract-to-contract and rely on their teaching jobs as a supplement to their other income. The risk of being out of a job constantly looms over them. While some may argue it improves their performance by making them consistently work towards keeping their job for the next semester, people should not be forced to work under those conditions.

In addition to providing part-time employees with better working conditions, unionizing will hopefully lead to colleges hiring more of them on full-time. However, colleges should not take away part-time jobs from students who need money to pay for their education – they should provide better and more stable work conditions for all.



WORD ON THE STREET

Who would you like to see as the next U.S. president and why?



Xolisa Jerome, 19, first-year media foundations

"I think Obama. Honestly, I try to be more focused on Canadian politics."



Cameron Sutherland, 18, first-year physiotherapy

"I think Obama would be good because he'd be the first black president."

Marlon Morris, 23, second-year business administration



"I would like to see Obama. Mostly because he's black. But his views are different from the current view."

Kulpreet Bhambra, 23, first-year business management



"Well, I'm really new to the country so I don't know too much about politics."

The Et Cetera wants to know what you think.

We greatly appreciate letters or emails expressing your opinion on issues covered in the paper. Reporting the news is not a one-way street. Hearing from our readers is important to us and debate will bring more depth to the news we report. Think we're missing out on the real issues at Humber? Have we not told the whole story? Let us know!

Send us an email at humberetc2008@gmail.com.

HUMBER ET CETERA

The Et Cetera will engage, challenge, and inform the Humber College community with progressive and contemporary content reflecting the diversity of its readership.

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"There are certain times when public opinion is the worst of all opinions." – eighteenth century French writer Sébastien-Roch Nicolas De Chamfort

Politics are no match for prizes

Students show excitement for Xbox competition but not HSF's bi-annual meeting



David Lipson
SENIOR REPORTER

We Help. Give. Humber Life. The Humber Students' Federation was able to back up its punctuated slogan last week. It hosted two popular events that proved students aren't apathetic about school issues, they're just selective about the wrong ones. How did HSF – which had a 10.5 per cent election turnout last year – manage to draw large crowds this time around? iPods, Xbox, and milk chugging.

HSF hosted its inaugural iPod bat-

tle last Wednesday. Hundreds of students showed up for the three hour plus DJ competition. This is how an iPod battle works. Students try to one-up each other by playing songs from their coveted playlists. The person who gets the most raucous crowd response wins a Mac book. But the real winner of the day was HSF. It proved it could host an event that students will attend.

Compare the iPod battle to HSF's fall bi-annual general meeting held Oct. 8. It is one of the few events during the school year when students can vote on HSF issues such as the approval of board directors. A

critical mass of 50 signatures was needed to start the meeting. The event was a farce. It took 30 minutes of incessant pleading over a public address system until enough names were collected. Most students at the meeting were disengaged, talking among themselves. I asked HSF Executive Director Ercole Perrone if he thought the event was humorous. "I wouldn't say it's humorous, I'd say it's frustrating," he said. "We do so much to engage students."

Students were engaged last week at an HSF event where a man vomited chocolate milk through his nostrils

in a celebratory response to winning an Xbox. The milk drinking competition was so popular that HSF could only choose 14 students to compete from more than 40 requests. HSF does give Humber life, and apparently a gag reflex too.

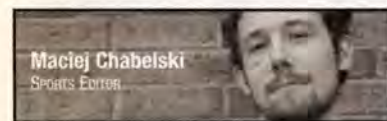
they give HSF life. Students pay a mandatory \$416 student government and non-tuition fee each semester. HSF says it spends 61 cents from every dollar it receives on student services. This money helps host events such as the iPod battle and chocolate milk drinking contests. It also funds student elections and the bi-annual general meetings that attract pitiful crowds.

HSF needs more than a 10.5 per cent voter turnout to truly give Humber life. But this month showed that many students don't care who represents them – just who hands out the most prizes.

"Many students don't care who represents them – just who hands out the most prizes."

But many students don't realize

Some dog owners are off their leash



Maciej Chabelski
SPORTS EDITOR

My least two favourite words are "he's friendly."

Have you ever been in a park, enjoying a beautiful day, when a dog off his leash has suddenly jumped you? You look at the owner, pleading for him or her to do something about the situation. Enter the

words: "he's friendly." Oh, thanks, that makes it all better.

"He's friendly," is a modern day 'abracadabra,' empty words that promise magical things and offer little in terms of results. The dog doesn't listen to the words, as it tries to de-clothe you in a frantic search for food or acceptance. You won't listen to them either, as you look to either run or kick out in terror.

I have to make it clear that I love animals. At one point, I had nine

buggies, a fish and a cat in my two bedroom apartment. My best friend in Poland was a dog named Sara.

"So, it's nothing personal when I flip you off and kick at your dog when he's coming at me."

Rather, my beef lies with the dog owners who are often off their 'leashes' themselves, blatantly ignoring municipal laws that ban dogs from running free in public parks, school yards and the like. There are 32 off-leash areas in Toronto, and several websites devoted to where owners can take their dogs when it needs some running time, so there's no excuse for having a dog off-leash anywhere else.

These laws are implemented to

safeguard the public from animals. No matter how often you take your dog to a spa, or how often it recognizes its own name, it's still an animal, with instincts that include biting human flesh.

So, it's nothing personal when I flip you off and kick at your dog when he's coming at me. The words, "he's friendly," won't change years of human socialization and ancestry, which tell me to treat anything with sharp teeth as dangerous.

Print dictionaries dying out

Costs are sending lexicons from the press to the web



Livla Pama
COPY EDITOR

If I were to tell print dictionaries their fortune, I would liken their fate to that of the typewriter – that sad orphan of Hemingway's past sentenced to junkyards and antique shops.

Print dictionaries are the latest example of how foundational sources of information are being transformed by the Internet and the new information age. The rise of online dictionaries has put the shelf life of their print versions in great jeopardy; the Canadian arm of the Oxford English Dictionary has just laid off its staff due to declining print dictionary sales, which have dropped 10 to 15 per cent annually for the last three years, according to the company's president.

In our increasingly paperless world, we often undermine the importance and benefits that tangible resources offer.

Print dictionaries are superior to their online counterparts, and

unfortunately, their declining popularity means that the age-old tradition of lexicography will be lost for a generation of new writers.

Consider our vocabulary. Typing in an entry online and getting a definition of that singular word is not comparable to flipping through a tangible volume where we can discover new words and expand our terminology. How else might we come across words like the adjective jejune (displaying or suggesting a lack of maturity) or the noun denitriloquist (one who talks through their teeth) unless we were actually looking for them?

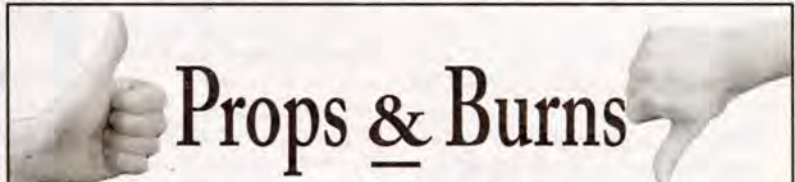
Blame it on our culture of convenience – it short-changes us from doing anything that takes longer than the click of a mouse. However, speed cannot account for quality. As a reader posted on *The Globe and Mail's* website in regards to online dictionaries, "people are using 'quick fixes' to get information."

What we should remember is that easier doesn't mean better. Online dictionaries employ more cost-effective measures; corners are cut to reduce skilled staff, making it

impossible to provide the same level of expertise and in-depth etymological research that is part of print's lexicological process. Online dictionaries are a superficial source for serious writers, providing only a microcosm of a word's potential, and often failing to include similar and related words alongside definitions.

Many would argue that it makes more sense to access an online dictionary rather than bothering with a cumbersome book. In all fairness, they do have advantages – they can be updated faster and are more economical than owning a print version. There's also the speed factor, and the ease that comes with typing in an entry instead of actively seeking one out. The drawback is that they turn us into passive word searchers whereas print versions encourage us to explore without having a particular term in mind to seek out.

Print dictionaries enrich our comprehension of language, and we need to be open to the advantages they offer so that future generations aren't left at a loss for words.



Props & Burns

To Barack Obama for showing that Americans can be engaged in politics by holding a rally in St. Louis Missouri on Oct. 18 that attracted 100,000 supporters.

To an Australian car thief for his ingenuity in stealing a police car to escape the authorities after his original vehicle broke down.

To Manuel Uribe, the world's heaviest man, for marrying his partner of four years, Claudia Solis.

To the new purple tomato, touted as a cancer-fighting super food.

To thieves in the Carribean for stealing beach sand from local areas to build hotels and resorts and destroying the beautiful beaches.

To the Canadian dollar for falling to 77 cents for the first time since 2004.

To the now former Miss Teen Louisiana, Lindsay Evans, who lost her title on Oct. 22 after a failed dine-and-dash where she left her purse containing I.D and marijuana at the table.

To Barbara West of WFTV in Florida for asking unprofessional, partisan questions to Democratic vice-presidential candidate Joe Biden.

Research from the US Veterans Affairs Department states 15 per cent of Iraq and Afghanistan vets that sought care have suffered some form of sexual trauma. —AFP.com

Police reach out

Rose Ditaranto
NEWS REPORTER

The Beyond the Code lecture at Guelph Humber last week taught students that policing goes far beyond just arresting people.

The hour-long lecture began with a member of the Toronto Police employment unit, Joanne Gooding, explaining to students the necessary skills and values they would need to become an officer on Toronto's force.

"We want people who can relate to our community and look to add diversity in our work force," said Gooding. "We would like to give you a chance to make a difference in the communities we serve."

Gooding said to be considered for a job as a police officer a person must be honest, fair, respectful, and able to work on a team.

Toronto Const. Randall Lee told students how hard it was for him to become an officer and how even his

mother doubted his success. She thought a career in policing was unrewarding.

In an interview with *Et Cetera* after his speech, Lee said he thought his message got through to students.

"It was good for a basic information session, but I was hoping for more in-depth information."

-Hansaka Kumarasinghe student

"I saw their reaction when I told them how I first became a police officer, through their reaction I felt that they could relate to me. It felt really good to see that reaction from the students.

"I speak biased, but I also speak from the heart when I say that we do a great job and that it is definitely something the [students] can achieve, that anyone can achieve," said Lee.

Hansaka Kumarasinghe a third-year justice studies student at Guelph Humber felt he did not get what he was looking for out of the lecture.

"It was good for a basic information session, but I was hoping for more in-depth information," said Kumarasinghe.

"It was too general on the actual job and civilian opportunities. When I asked further questions post lecture, they just told me to call this place and that place and then I would get my answer," he said.

The lecture ended off with tips on resume writing and ways students can increase their chances of achieving employment in police foundations.

"They are our future, I mean after college and university they're the ones that are going to be coming out and coming into the work force," said Lee.



Rose Ditaranto

Toronto Police Const. Randall Lee speaks at the University of Guelph-Humber atrium about the duties of a police officer.

Canada's first virtual fair sets the trend

Hameed Husseini
NEWS REPORTER

Macleans magazine has started Canada's first-ever virtual college and university fair.

The free OnCampus virtual fair, which runs from Oct. 22 to mid-January, is designed to make life easier for students unsure of the school they want to attend.

With a large number of Canadian universities and colleges to choose from, participants get the chance to research all of their choices from the comfort of their computer.

The University of Toronto, Wilfred Laurier University, Seneca College and Sheridan College were among the participants from Ontario. Some major absentees were Ryerson University, McMaster University and

Humber College. Humber's absence was attributed to the lack of staff able to make the event, said Sarah-Jane Brimley, manager of recruitment services. Brimley went on further to explain that Humber plans to participate at next year's OnCampus event.

"I think it's great. I signed on myself to check out the booths," said Brimley. "We weren't involved because we just didn't have the staff and had we known in April, we would definitely been involved."

The event raises the question of whether fairs will be the new medium for recruiting students in



Dila Velazquez

Macleans goes online to reach potential students.

the future. While it has great potential, some students at Humber still

prefer the old-fashioned fair rather than the new virtual one.

Natoya Culley is a supporter of the new fair and likes the opportunities it provides for those who can't attend the fairs in person.

"I think it's good just because people who live really far away from the campuses don't necessarily have to find a ride if they don't have a car," said Culley, food and beverage service student. "I think it's easier in a way just because all the information's right

there."

However, Culley couldn't help but

point out that she still prefers a face-to-face visit.

"Personally, I kind of like the hands-on approach," she said. "I would rather go see it for myself and then this way if you have any questions you get a direct answer."

Radio broadcast student Bianca Santos agreed and stressed the importance of one-on-one interactions with the representatives.

"I definitely like to meet the person face-to-face and have a one-on-one discussion," said Santos. "When you're text messaging online, I think you're limited and you lose a lot of the message in-between the words."

"It's hard to connect with somebody and to share where you're coming from and why you're interested in this program and to get a really honest opinion."

Changing the justice system one class at a time

Keith Roberts
NEWS REPORTER

The college is looking to change the way Canada's justice system operates with its new transformative justice program set to begin in September 2009, said school officials.

The program looks at "new ways to deal with age old problems of youth in conflict with the law and in school," said head of Lakeshore's police foundations program, Arthur Lockhart.

Transformative justice consists of an offender, their victim and mem-

bers of the community where the crime occurred having a meeting. The crime's effects are discussed with all parties taking part in figuring out why the crime has occurred and what should be done, not just as a punishment, but also how to prevent the same crime from happening again.

This method has roots in Aboriginal culture, said Lockhart.

"For hundreds of years its how conflict was resolved," he said.

Lockhart said Canada's current justice system isn't up to par.

"It doesn't work, hasn't worked, it's not working and still won't work,"

he said. Lockhart has worked with school boards in implementing the practices of transformative justice into their schools as an alternative to suspending or expelling students.

"It's an alternative to the traditional criminal justice system," said Associate Dean of Lakeshore's School of Social and Community Services, Gina Antonacci. "It diverts youth from the long and cumbersome traditional system which is adversarial and no one leaves feeling good at the end of it. Transformative justice offers the opportunity to make the community better in that

it doesn't involve further victimizing anyone."

Manager of day programs and community services at Scarborough's Rosalie Hall, Cathy Sorichetti, has worked with similar programs in the past and said that despite the lack of criminal charges being imposed "it held youth accountable for their actions and they have to answer for them to community members... the youth is given a second chance to make a better choice for them self and the community gets to impose a meaningful task that is in keeping with the crime," said Sorichetti.

"We want Humber to be the number one place for education on transformative justice," said Lockhart. "We want - when people think of Transformative Justice to say, 'Oh, I guess you better call the Lakeshore campus.'"

Lockhart said he envisions Lakeshore, in the future, being host to International Conferences that celebrate initiatives being made on Transformative Justice worldwide.

The program would be available to those already in professions, organizations or sectors that touch the Criminal Justice System, said Antonacci.

The United Church of Canada is launching its own channel on YouTube, broadcasting sermons and features to members and non-members online. — thestar.com

Students go hungry for 30-hour famine

Maddie-Jo Tillapaugh
LIFE REPORTER

The Nursing Society and Lifeline Christian fellowship, a campus club, organized a 30-hour famine to raise over \$1,000 for World Vision, said Deb Scott-McGarva, famine organizer and member of the Humber Nursing Society.

According to 30hourfamine.org, the famine involves participants going 30 hours without eating with the intention of giving people a taste of what starving children around the world go through every day.

About 30 Humber students participated in the organized famine. They refrained from eating from Thursday Oct. 23 at 12:30 p.m. until Friday Oct. 24 at 6:30 p.m. They were only able to have two bowls of rice and unlimited water over the 30 hours.

On Friday, the famine participants spent their remaining hours playing games and trying to raise famine awareness with a booth in the middle of the Woodbine Centre.

Organizer and famine participant Monica Sutton stood at the booth in the mall from 10 a.m. until 6:30 p.m. "In North America you can eat as much as you want. It's so different,"

said the 22-year-old president of the Humber Nursing Society.

The money raised from the 30-hour famine is given to World Vision.

According to its website, the money goes to where it is most needed, funding nutrition and food programs in Kenya, Malawi, Tanzania, Cambodia and Ecuador. As well, water projects are funded in Ethiopia, Malawi, Niger, Sierra Leone and Zimbabwe.

The famine participants weren't allowed to approach shoppers under Woodbine's guidelines. People had to approach them for information.

The participants were made up of the Humber Nursing Society, nursing students and Lifeline Christian fellowship members, friends and family members.

Dr. Kathleen Macmillan, Dean of health sciences, made the largest donation, giving \$100 to the charity, said Sutton.

Originally the participants planned to spend the night at Humber to encourage one another.

Even though other groups, like the Big Brother event have spent the night at Humber previously, they were turned down due to a lack of security patrol, said Sutton.



Maddie-Jo Tillapaugh

With only minutes of their 30-hour famine left, Humber Nursing society members and nursing students pose in the middle of the Woodbine Centre, where they raised \$1,000 for World Vision.

Tea for two, tea for health

Angelica Samad
LIFE REPORTER

Doctors say there are many health benefits to drinking tea, from a decrease in the risk of cancer, to help with sleeping problems.

"Even just helping someone stay hydrated is the most simple health benefit of tea," said Dr. Du La, a naturopathic doctor from the Toronto Centre of Naturopathic Medicine. "With tea, you can get nutrients, minerals and it's also used as an anti-oxidant."

Dr. La said drinking tea can also help as a calming or sleeping aid and is used to help the immune system.

Ashor Lazar, 20, a civil engineering student, said she notices a physical change when she drinks tea.

"I drink tea when I get sick of drinking coffee," she said. "I do notice, that when it's chamomile tea, I feel relieved after a long day."

Besides the flavours, types and packaging, there are different ways that tea is grown.

"Organic tea has been grown without pesticides being involved in the process," said Dr. Kam Toor, founder of Balance Integrated Healthcare. "Organic tea may also have different packaging and isn't bleached like other teas out on the market."

La also pointed to a process called broncho dilation, which opens up blocked airway passages.

"If someone is having an asthma



Angelica Samad

A variety of tea, including chamomile, green and orange pekoe, is said to have health benefits, but there can be drawbacks.

attack, he or she can drink something with caffeine and it helps clear the airways," he said.

La said although there are many health benefits for tea, it can have drawbacks too.

Those who are sensitive to caffeine might have issues drinking tea, although white tea has less caffeine

than other teas.

Another problem with tea is the staining of teeth. Still, certain teas don't have this effect.

"In tea, there is something called tannin or the tea plant, and it stains your teeth," said La.

"White tea doesn't have as much tannin in it."

How to find runway trends for less cash

Angelica Samad
LIFE REPORTER

Finding runway fashion items for less might not be as hard as you think.

"You can find these items anywhere for a cheaper price instead of spending hundreds of dollars for a high end label version," said H&M sales associate Lili Sopher.

Following fashion trends can be difficult for those looking to save money.

"I do pay attention to fashion — I'm not going to lie about it — but I would definitely not spend \$300 on a shirt or scarf. I don't understand that," said Joseph LoMazzo, a 19-year-old general business administration student.

The top three trends for guys and gals on the runways are popping up in stores.

"For guys the trends that seem to be everywhere are flannel and plaid shirts, faux leather jackets and cardigans," said Sopher. "For girls, it's long cardigans, faux leather jackets as well and moccasins."

Some shoppers prefer to buy high end versions of these trends and justify the cost.

"People sometimes stick with the high end labels, those who don't mind splurging," said Siobhan Knights, another H&M sales asso-

ciate. "It's not mass produced like H&M, the quality is different as well as the material used."

Stores like H&M offer these trends at a cheaper price.

"We have long cardigans for women, that are \$16.90 instead of say \$150 at a higher end store like Holt Renfrew, and for the guys they are a bit more at almost \$60, but that's because of the detail and collar," said Knights.

Sopher said there are other stores that have the same clothing for cheaper prices.

She suggested Zara, Mango and Forever 21 for women, and The Bay and The Gap for men.



Angelica Samad

An example of current runway fashions available at H&M.

According to the universal flu shot program, Ontario has 300 deaths, 1,000 hospitalizations, 30,000 emergency visits and 200,000 doctor visits a year. - Healthzone.ca

Jackie Chan helps students be safe at self-defence class

Tanisha Du Verney
LIFE REPORTER

For only \$10, students can learn how to protect themselves thanks to a four-hour self-defence class.

Third-year film and television production student, Jackie Chan who teaches the defence class, said self-defence it's a tool similar to CPR or first-aid that everyone should learn.

Chan was named after the martial arts legend and has been trained in karate for the past 15 years. He has been teaching for the last seven. He started the self-defence course at Humber four years ago.

"The most important thing to do is to protect yourself," he said.

The classes were originally \$45, but HSF covered \$35 of the cost, meaning it affordable for students.

Chan originally pitched the idea for the self-defence class to Amanda Connolly, vice president of HSF and she began to look for the space to hold it.

The classes were promoted at the HSF booth and advertised on HSF's

"The most important thing to do is to protect yourself"

—Jackie Chan
third-year film and TV production

Facebook page.

"It's important to feel safe no matter what," said Connolly.

Joey Miles, first-year film and television student attended the class because he thought it would be interesting to learn some basic self-defence.

Miles already has a martial arts background and he practiced Judo for almost three years and wanted to get into another type of martial arts.

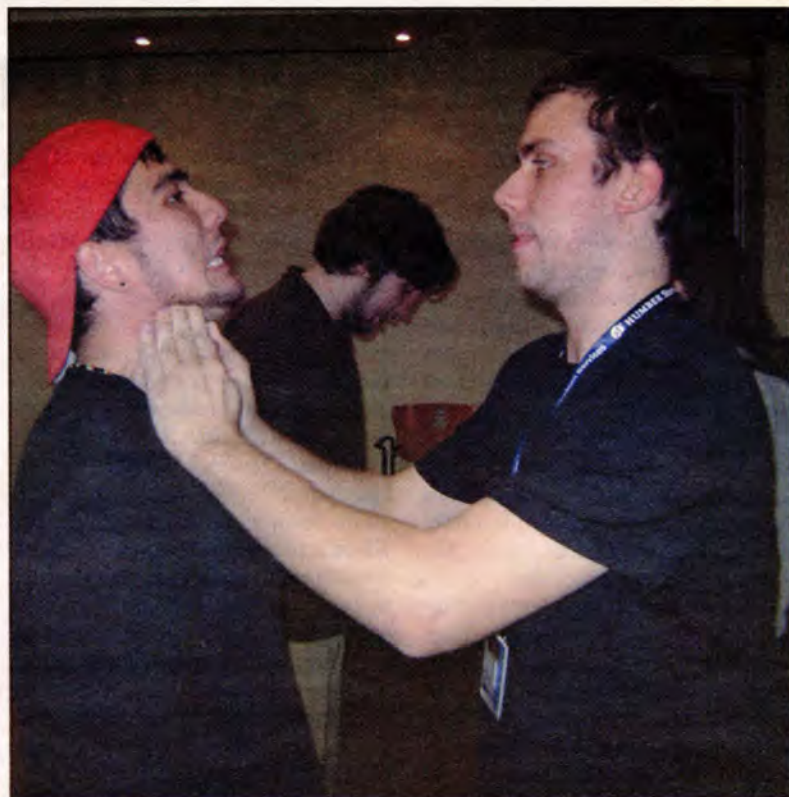
"I never got to learn pressure points or forced pain before," said Miles. "Judo is all about throwing people around."

Chan did a lot of his training in China and took after his dad who started martial arts at age 17.

"I have invested a lot of time and money into teaching self-defence and I have volunteered my services," he said.

He advises any students who are interested in furthering their knowledge of self defence to get in contact with HSF and if enough students are interested, training sessions can be arranged.

"It's definitely something I can use in real life situations," said Miles.



Andi Hui

Jackie Chan (left) teaches a self-defence class that shows students different protection methods. He uses a type of defence on student Joey Miles, a first-year film and television student.

Higher radiation increases cancer risks

Maddie-Jo Tillapaugh
LIFE REPORTER

Tanning beds may be great to escape the cold weather, but there are risks.

Health Canada said that when your skin turns darker, it is telling you that damage has been done.

Tanning beds can be responsible for cancer in certain people, said Michelle Cybulski, Health Canada's radiation emitting devices inspector.

"It is responsible for sunburn, eye damage and premature skin aging," she said.

Health Canada said the lights inside the beds give up to five times more ultraviolet A radiation than the sun. It also said ultraviolet A and B radiation increases your risk of skin cancer and weakens your immune system.

Cybulski regulates the sale of tanning beds in Canada, and ensures that the requirements of the tanning



Maddie-Jo Tillapaugh

Tanning beds become popular in colder seasons, but depending on your body, radiation may damage your skin and your eyes.

equipment regulations are met.

The beds aren't a direct cause of skin cancer because everyone's body is different, he said.

Cybulski said the more you go tanning the more damage you could be doing to your skin.

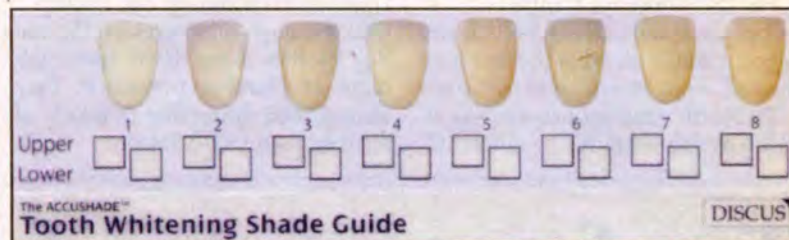
Sam Warren, 20, a photography student at Humber still goes to the tanning salon, even though her father recently had skin cancer removed from his face.



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Courtesy of Geeta Nair, Asadi Lewis dentistry

Whitening guide shows how teeth change over an 8 week period.

Teeth whitening office kit cheaper choice for students

Tanisha Du Verney
LIFE REPORTER

Students wanting to whiten their teeth can undergo a cosmetic procedure, or they can purchase a cheaper all-in-one kit, says dental clinic manager, Asadi Nair.

Nair, of Asadi Lewis dentistry said the laser procedure is the fastest and most expensive method.

"The patient sits under an ultraviolet light for three 20 minute sessions," she said.

Since laser takes place in such a short period of time, Nair said the peroxide bleach used is stronger, however it causes the most sensitivity and damage in the mouth.

She said there is also the in-office kit, which is similar to the over the counter ones. The dentist supplies the kit including a mould of the patient's mouth, which they would take home and fill with provided bleach.

The kit is used every night for two weeks.

"The kit provides you with a stronger bleach rather than an over the counter kit such as crest white strips," she said.

Counter bleaching methods are done over two week periods as well

but are not as effective as the in-office kit because the concentration is not as high, said Nair.

"Bleach itself causes sensitivity and the patients who come in every three to six months for a whitening, it can also cause erosion of the enamel, it dries out the teeth which will eventually cause the outer surface to crumble," she said.

Nair also said with rotting teeth, dentists use superoxell, a very strong bleach to change the dead to colour to the patients natural colour.

Second-year law clerk student Katie Bullock has not heard any bad things about teeth whitening. In fact she said she wants to get it done, preferably at the dentist, but she can't afford it.

"They're too expensive," she said. The in office kit costs between \$350 to \$600 and the laser starts at \$600 and up.

"Students have up to \$500 to use on dental procedures that are necessary," said Sieu Moi Ly, the service director of HSF.

"Our dental care does not cover teeth whitening because it is considered a cosmetic procedure, which does not really do anything good for the teeth."

Jack-o-lanterns originated in Ireland, where people placed candles in hollowed-out turnips to keep away spirits and ghosts. – www.halloween-website.com

THE HAUNTED COTTAGES

RJ Riley
IN FOCUS

Humber's Lakeshore Campus is one of Toronto's most haunted sites, according to The Toronto & Ontario Ghosts and Hauntings Research Society.

The buildings and the underground tunnels that connect them were once home to Toronto's Mimico insane asylum.

Students allege the buildings are haunted.

Last year, lights flickered in class and "you kind of got that weird vibe," said second-year golf management student, Jamieson Dzenekoj, 20.

"One day me and some guys from golf management were walking by and we swear from one of the abandoned buildings we saw a head and something moving."

Carol Anderson, head of facilities

at Lakeshore Campus, denied campus rumours that the tunnels would be opened to the public during Halloween.

"Absolutely not," she said. English professor Jim Macdonald

"We swear from one of the abandoned buildings we saw a head and something moving"

–Jamieson Dzenekoj
Student

said he has heard the stories, though he does not believe them. Others – whom he would not name – said they had seen ghosts.

"In a mental institution like that there were sometimes some pregnancies between the inmates," Macdonald said. "In a lot of cases

they would abort those babies, put the fetuses in boxes and bury them under the apple orchard."

The Mimico Branch Asylum buildings were first constructed in 1888 as a branch of the Toronto Asylum for the Insane. It housed the chronic insane from across Ontario, said architect Jill Taylor, who oversaw the renovation from a hospital to Humber's campus.

Rumours that the buildings were erected using patient labour are only partly true. They were originally done by construction workers, Taylor said.

"Over time, because the hospital was also a place of training, they wanted the patients to have meaningful occupations," Taylor said. "So they used patient labour and they had training schools on site for people to learn how to do brick laying and carpentry and painting."

Patient labour was used during

renovations in the 1930s, Taylor added.

The I and K buildings are currently under renovation and renovations should begin by the end of the year on the G building, which were formerly the hospital's administration building, Lakeshore Campus principal Ian Smith said.

Golf management student Kevin Crozier, 24 said G building has always seemed strange to him.

"It's creepy to look up at that building because it's unoccupied," he said.

Crozier said he thinks Lakeshore campus is haunted because they used electric shock therapy there and he's afraid that someone has died in there too.

That is true, but the bodies are buried more than a mile away.

"The cemetery was and still is at the corner of Horner and Evans," said Smith.



Alex Cooper

THE BOYS ARE BACK

ET Cetera Staff

Pictured above are Lakshan Weerasinghe and Kevin Stephens, top winners at the HSF Pumpkin Carving contest.

The two first year mechanical engineering and design students beat out four other all-female teams to win a pair of Toronto Maple Leaf tickets.

"We saw a whole bunch of girls up there and we thought, 'Oh man, we're just a couple of guys,'" said Stephens.

They said the design came from past Halloween night experiences. "We're not very artsy," added Weerasinghe.

HOUSEHOLD MAZE EVENT RAISES MONEY FOR SICK KIDS CHARITY

Alina Sotula
NEWS REPORTER

The Charity Haunt, a maze that raises money for SickKids, is heading into its fifth year and according to organizers it promises to be bigger and better this year.

"This event has drawn as many as 2,000 visitors every Halloween," said Andrea Wadell, a Humber student in charge of organizing the event's many volunteers.

"We have volunteers from all over the community. Lots of high school students helped out," she said. "They can help with stage props and make the place their own. It's more of a personal investment."

Charity Haunt's goal is to collect \$10,000 for SickKids this year.



Alina Sotula

"Just creating this whole experience is a thrill in itself.

Bringing my passion for Halloween to collecting money for charity was amazing," said Lorne Andrews, organizer and founder of the haunt.

It was previously housed in the home of the Andrews, but moved to the Powerhouse Recreation Cener near the Humber Lakeshore Campus this year.

One of the reasons the Haunt changed locations was because hosting an event of this scale was becoming overwhelming for the Andrews family.

"It was limited within the house

with the rain and the wind blowing the tents away," said Aneta Andrews a worker for the house. "So when we got this opportunity, we took it."

"The power house is rumoured to be haunted anyway," she added. "The building is very creepy."

The maze includes scenes constructed by the volunteers – like a child's room with beheaded dolls created by two high school students.

Other scenes include the bug wall, the vortex, a cemetery, and of course the classics Jason and Hannibal Lecter.

"We have a chicken board for people who don't want to go through," Aneta said. "We had a lady who said 'I'm not going in, I haven't seen anybody walk out yet!'"

The volunteer count is currently at over 90 and rising, Wadell said.

"I was looking for volunteer opportunities. It's a concentrated bunch of hours over one week and it seemed like fun," said Damian Smehtala, a volunteer for the Haunt.

"I'll just keep an eye on things."

Smehtala will have a lot of work on his hands since the Haunt is expected to attract as many as 16,000 people.



Alina Sotula

THE DEAD LIVE

RJ Riley
IN FOCUS

Hordes of zombies screamed "Brains! Brains!" as they lurched from a pit at the Trinity Bellwoods Park towards the Bloor Cinema to celebrate the horror genre in the sixth annual Zombie Walk last Sunday.

"I advocate cauliflower instead of brains," said Torontonian Mia Macdonald, 35, holding a head of

cauliflower spewed with blood.

"I'm here to advance human rights. As zombies we have an ethical mandate to save the humans," said Macdonald. "And it's an excuse to dress up."

This year's Zombie Walk in Toronto pulled in over a thousand people, according to Toronto Police.

"There's tons of people here! It's really a fun thing to see," said Humber grad Jeff Collins, 35, who was dressed as a zombie on a bloody

bicycle chopper.

"I've always been a big fan of the horror genre, the George Romero films," said Collins. "Last year was my first zombie march, it was a lot of fun."

The first walk in the city was in 2003 with just six participants, but it has quickly grown thanks to the organizers' efforts and the increased popularity of the horror genre, said event organizer, Thea Munster.

"The organizers have really kept at

it and it has really grown," said Collins.

Some people even dressed as zombie hunters from the famous "Umbrella Corporation" from the Resident Evil movies to make sure the zombies didn't get out of hand.

"I'm hoping I can take out as many as fifty of them before they get me," said Umbrella Corporation's Robert Herrera, 17 of Toronto.

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The Tales of the Crypt host climbs through a window at the Charity Haunt.

Alina Sotula

MONSTER BASH

Nicole McIsaac
IN FOCUS

The leaves are changing colours, there's a chill in the air and we've stuffed ourselves full of turkey. That can only mean one thing: it's time for Halloween.

For second-year fashion arts student, Shantel Rousseau, 19, it's also prime time to party.

"It's fun, you're allowed to dress up and be creative," she said.

Humber sociology teacher John Steckly said fantasy is a popular commodity, given the times we live in.

"It has become a form of escape," he said.

Halloween did not always have the same connotations that it does now, said Nicole Cooper, a second degree priestess of the Wiccan Church of Toronto.

The holiday originated in early England with the Celtic people. During this season change, it was believed that the night before Nov. 1 blurred the boundaries between the living and the dead, said Cooper.

"The energy between the worlds thinned

and it became easier to communicate with the spirits."

Steckly explained that with the appearance of winter, there was a lot of concern relating to change. "Relying on the predictions of the spirits for the future was very important."

During the pagan celebration of Samhain, the Celts would kill animals they would not be able to feed during the winter due to a lacking harvest. The animals would be offered as sacrifices to the spirits of their ancestors over a large bonfire, Cooper said. This is one tradition that has been eliminated from modern celebrations.

"People simply assume that we're making animal sacrifices this time of year," said Cooper. "Which of course we don't."

As a part of Samhain, pagans and Wiccans actually honour the spirit of animals as companions.

The jack-o'-lantern comes from an old tale about a man who had tricked the devil and upon his death was not allowed into heaven or hell and was therefore forced to

walk the earth with only the light of a coal which he placed in a turnip. People in England began placing candles in vegetables by their doors, and later pumpkins carved with scary faces, in order to scare him and other evil spirits away.

Trick-Or-Treating also came from early times in England when poor people would beg for food during the parades and bonfires of Samhain and during the parade on All Saints Day, Nov. 1.

The act of going door-to-door is mimicked in the act of costumed Mummies, who would go door-to-door in raggedy clothes begging for money around Christmas time, said Steckly.

For Wiccans, many of the old traditions are mixed with the new.

"The cycle of seasons is a reflection of the divine God and Goddesses and their presence and their gifts in our life."

There are festivals and ceremonies on Halloween that wiccans participate in such as communion, contact with the spirits and honouring their ancestors.



Fire dancers entertain with hoops at the Kensington Halloween Parade to represent the pagan bonfires of Samhain.

Nicole McIsaac



A Zombie Walk participant uses a realistic mask to make himself undead.

R.J. Riley



Trick-or-Eat is a student-organized fundraiser. See the full story on page 12 of the In Focus section.

Leslie Wilks



Lorne Andrews, one of the founders of the Charity Haunt, gets down to business in the surgery room.

Alina Sotula

IN FOCUS



It was customary for Druids to light bonfires during Halloween

to ward off evil spirits. —www.inglewoodcarecentre.com

FILM FEST FREAKS

Alana Gautreau
In Focus

Watching scary movies gives people a hormonal boost that can translate into symptoms of pleasure said Dawn Macaulay, a psychology professor.

The arousal that comes from a scary stimulus can be interpreted in a number of ways said Macaulay.

"It can actually make others seem more attractive," she said.

"It's a big adrenaline rush, and when you get that kind of rush it becomes addictive," said Chris Emery, communications director for the Toronto After Dark Film Festival (www.torontoafterdark.com).

The festival is in its third year and screened 17 movies over eight nights to packed houses last week in preparation for Halloween.

Most films were North American or international premieres.

The festival is visited by industry professionals, like directors, actors and producers.

Such was the case on closing night with the North American premiere of *I Sell the Dead*, a low-budget, dark comedy about the perils of grave-robbing.

The film, which has not yet been picked up by a distributor, screened to a packed house of enthusiastic movie-goers.

"The audience is often the most energetic audience you can get," said Emery. "They cheer, they yell. It's a great atmosphere."

"When everyone is being scared at the same time there's a sense of community," said Peter Kuplowsky, one of the festival's program directors.

Macaulay said when people are scared their bodies gear into fight-or-flight mode; blood pressure rises, more blood pumps to muscles and pupils dilate.

In situations such as a car accident where that fear is unexpected it can cause nausea or a jittery sensation Macaulay said.

But in a scary movie our bodies are prepared for that hormonal boost.

"We wouldn't do it if we really felt so scared we thought we were going to



die," Macaulay said.

"I still get scared," Emery said. "I love that the genre still produces that reaction out of me."

Kuplowsky said many movie genres give the audience a laugh before the jump-scare.

"You know it's coming, but people still jump. That's a good movie," Kuplowsky said.

"It's the sensation of getting the goosebumps but knowing you're not actually in danger," said Macaulay.

"Once we conquer it we can feel extremely triumphant," she said. "We can go from terrified to joyful. It's easy to make that flip."

Adrienne Middlebrook

GHOULS AROUND THE GLOBE

Adrienne Middlebrook
In Focus

Halloween isn't always celebrated with candy, costumes and jack-o-lanterns. Celebrations for the holiday vary by country and culture—some don't celebrate at all.

"This is my first Halloween ever," said Amity Chhabra, 21, a Humber international student from India. "In my culture we don't celebrate Halloween at all, so I'm very excited to see what it's like."

In North America and the United Kingdom, Halloween is predominately celebrated by dressing up in costumes, carving pumpkins and going trick-or-treating.

"Back home we celebrate Halloween by dressing up in what you feel brings out the monster in you"

—Tashana Gordon
Nursing student

Halloween was popularized by immigrants from Europe in the mid-1800s. Traditions included celebrating the fall harvest and sharing stories about the dead.

"In Mexico, the first two days of November are dedicated to remembering the dead," said Adriana Perez Rocha, a business management student from Mexico. "We're aware of North American Halloween but it's not as widely celebrated."

Other Halloween variations are celebrated around the world, but with a twist.

"Back home we celebrate Halloween by dressing up in what you feel brings out the monster in you," said Tashana Gordon, a second-year nursing student from Jamaica. "Halloween is popular in Jamaica but still less than half the population celebrates it."

Similar traditions are celebrated throughout the world, but not on Oct. 31.

"In a part of India we celebrate something called the Lohri festival in January," said first year multimedia student Balraj Singh. "Children go door to door and sing songs in exchange for sweets."

Jorge Condova, a graphic design student from Peru, said, "In Peru, a lot of people don't celebrate Halloween because of a conservative president we had in the 1970s who was against American holidays."

"It's now celebrated through a national day where people dance and sing traditional Peruvian songs."

TRICK-OR-TREATING FOR CANNED GOODS

Leslie Wilks
In Focus

Not all zombies knocking on doors tomorrow evening around Humber's Lakeshore campus are looking for brains or candy—some want non-perishable food items.

As part of this year's nationwide Meal Exchange Trick-or-Eat fundraising initiative, student vol-

unteers are canvassing neighbourhoods in costumes looking for donations for local food banks.

Alex Tindale, 24, and Brock Warner, 23, are two of eight Humber fundraising and volunteer management students who have been organizing this campaign for the past seven weeks.

"It's definitely gone beyond a class assignment," said Warner. "We all love it."

"I'm really excited," added Tindale. "You can't just go door-to-door trick-or-treating when you're 24-years-old. But if you're collecting food than you have an excuse to dress-up. I was so excited I got assigned this."

All the proceeds will be going to the Jean Tweed Centre, a women's shelter that helps women facing problems with substance abuse and gambling.

"We thought that women's shelters may be sometimes overlooked when it comes to food donations," said Warner.

Dave Kranenburg, executive director of Meal Exchange, a non-profit

charity fighting hunger in Canada, said Trick-or-Eat was started in 2001 by St. Thomas University in Fredericton, NB.

It is one of several student fundraising initiatives organized by Meal Exchange.

In its first year, Trick-or-Eat raised \$9,000 worth of donations, said Kranenburg.

Since then the program has grown. In total they have raised close to \$1.25 million in donations.

"We are expecting about 6,000 volunteers this year," said Kranenburg. "We have 62 registered locations in Canada, plus an additional two in the United States and one in Australia."

Through networking, a Facebook group, posters and on-campus canvassing, Tindale and Warner have attracted 30 Humber volunteers and counting, surpassing their goal of 20.

"Our main focus is to make sure every volunteer is having a good time, they know what they're doing and it's fun," said Tindale.

On Wednesday the fundraising

students went out and put door hangers on every house they will be visiting to inform residents they will be coming.

On Halloween volunteers will meet in the cafeteria at the Lakeshore campus where they will be assigned routes, awarded prizes for best costumes and head out in groups of four in search of donations.

Their goal is to collect 500 cans of food, said Warner. They have already received \$200 and counting in online cash donations, plus gift certificates from the local No Frills.

Tindale said she's enjoyed working with Meal Exchange.

"You don't usually run into a charity that'll encourage young people to fundraise for whatever's a concern in their neighbourhood," said Tindale.

Warner said he has high hopes for the Trick-or-Eat campaign and hopes it can become a permanent fixture at Humber.

"We really feel like we're making a difference," he said.

"We know it's going to go really well."



Leslie Wilks

Alex Tindale and Brock Warner helped organize this year's Trick-or-Eat fundraiser.

A report by the Conference Board of Canada ranked Canada tenth of 16 countries in health performance, an evaluation of a population's overall health. -healthzone.ca



Eyal Liebman

Our featured student chef, Eyal Liebman is in his first year of the chef training program. He is working at a fine dining restaurant downtown called Didier, which serves up Parisian cuisine. He came to Canada to express his eclectic style that fuses French and Middle-Eastern cuisine. This week, he prepared a dessert.

Tastebuds

Orange flavoured Panna Cotta with spiced candied orange marmalade

Ingredients:

Panna Cotta:

- 1 medium orange, zested and juiced
- 1 cup table cream (18%)
- 1 cup heavy cream (35%)
- 1/3 cup sugar
- 2.5 teaspoons gelatin powder (usually one baggie)

Marmalade:

- 1 medium orange, diced small (including peels)
- 4 cloves
- 1 stick cinnamon
- 1/3 cup sugar
- 1/2 teaspoon curry powder
- 1 cup water - to cover

Preparation:

Panna Cotta:

1. Dissolve the gelatin in a small bowl in 1/4 cup of hot water.
2. Bring the creams, sugar, orange zest and juice to a boil and simmer for 2 minutes, let sit for 20 minutes then boil again and add the gelatin when simmering.
3. Remove from heat and whisk well to incorporate the gelatin.
4. Portion into personal ramekins and refrigerate for at least six hours.

Marmalade:

1. Boil all the ingredients in a small pot, bring to a low simmer and cook for 20 minutes stirring occasionally.
2. Let cool for about an hour in the fridge.

To serve:

- Pour some liquid onto the plate and place the panna cotta in the middle, spoon some marmelade aside.

Got a great recipe or photo?

Email us at humberetc2008@gmail.com with your name, program and year. We look forward to hearing from you.

Photo of the week



Courtesy of Cheryl Pinto

Humber students, faculty and friends climbed high last weekend in the United Way CN Tower Stair Climb. Participants had to pledge a minimum of \$50 and collectively, the group raised over \$2,000. United Way has yet to release the total amount of money raised, but attendance records were broken with over 13,000 participants. The event raised money for United Way's network of health and social service agencies. In the photo sitting, Falisha Soogrim. Left to right: Naser Al-Khatib, Ozel Abdul-Jabbar, Cheryl Pinto, Tara Kuiper, Endra Sukhai, Risha Toney and Sharon Lobo.

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If you're good-there's work

BIZ/TECH

German researchers say that a cancer-fighting substance found in beer hops can be used to brew an anti-cancer beer. — theage.com.au

The revolution will be paper-ized

New buckypaper, named after inventor Buckminster Fuller, is lighter and more durable than steel, offering many new possibilities for planes, trains and automobiles

Claude Saravia
Biz/TECH REPORTER

Though small, buckypaper packs a lot of strength.

The thin paper can be stacked, one on top of another, forming a composite capable of conducting electricity.

"Buckypaper is a thin sheet of carbon nanotubes," said Wade Adams, director of the Richard E. Smalley Institute for nanoscale science and technology at Rice University in Texas.

"Carbon nanotubes are of the order of a nanometer in diameter and a nanometer is a billionth of a meter, which is about 100,000 times thinner than one of your human hairs," said Adams. "Pluck a hair, feel how thick it is, imagine something that is a tube, like a fibre, 100,000 times smaller than that."

Professor Ben Wang, director of high performance materials at

Florida State University, said buckypaper is fascinating.

"It has many potential applications: lightning strike protection, backlighting for liquid crystal display, armor, airplanes, cars and the list goes on."

According to Adams the carbon nanotube was discovered in 1991, and in the last ten years researchers at Rice University discovered how to make buckypaper.

"It's exciting because the intrinsic strength of a single carbon nanotube is the strongest thing that we know on the universe," said Adams. "So that would be pretty amazing if we discovered a carbon nanotube which is the strongest thing ever made."

"I suspect in the next several years you will start to see buckypaper composites on the market. There are already some 800 products out there with all kinds of different nanotechnology in them," said Adams. Such products include tennis rackets and

golf clubs.

Buckypaper's biggest payoff will come in the transportation sector, said Adams.

"I think it is very interesting because we are always looking for new and innovative technologies for future products that are sustainable and also work well in construction."

—Eric Kert
Third-year industrial design student

"Imagine making a buckypaper composite that is three times stronger than steel but one-sixth the weight. Imagine making a car out of a buckypaper composite. You can actually make an SUV that is as big as the SUVs we like to drive, but only is perhaps one-third the weight of a

regular car. That would be much less expensive to drive around, you burn a lot less gas driving the weight of the vehicle around."

Third-year industrial design student Eric Kert, 20, thought the product sounded intriguing.

"I think it is very interesting because we are always looking for new and innovative technologies for future products that are sustainable and also work well in construction because construction methods are obviously very important," said Kert.

"If it is environmental then that is definitely important and a good selling feature for it."

Wang said buckypaper actually reduces any potential environmental or health risks of carbon nanotubes because they are powder-like and therefore are air-borne.

"Everybody in the world knows about nanotechnology and all the countries are going after it big time," said Adams. "They see the revolu-

tionary nature that nanotechnology brings to any technology and there is a lot of interest worldwide. I suspect the implementation of these materials is going to be worldwide and pretty dramatic in how fast it is going to happen."

Buckypaper was named after Buckminster Fuller, a futurist and architect whose work includes the Montreal Biosphere, which he built for the 1967 World Expo.



Delossantos

Buckypaper will be able to protect airplanes as a lightning strike protection layer.

Drinking for an Xbox 360

Matthew Garcia
Biz/TECH REPORTER

Aaron Koven battled his stomach and 13 other students to win an Xbox 360 Elite during a chocolate milk drinking contest in the student lounge on Oct. 22.

Humber Students' Federation programming director Aaron Miller said the rules were to keep one hand on the Xbox at all times, with the other hand holding a cup of chocolate milk.

Every two minutes the cup had to be emptied and then raised in the air, with the interval between drinks becoming shorter each time.

Aaron Koven, a first-year, landscape technology student, won the Xbox by drinking more than 6 cups

of milk in five minutes, but he didn't escape the backlash of drinking too much dairy product.

The student lounge erupted in cheers and looks of disgust, after the other contestants gave out.

Koven's post-victory celebration involved running to the nearest garbage can and vomiting.

Jeremy Summers, third-year HVAC student, was one of the final contestants to throw away his cup and walk off the stage.

"The last three cups, my stomach started saying 'uh-oh,'" said Summers.

He said he would probably sign up for the contest again if it runs next year, but only if it doesn't involve chugging chocolate milk.



Matthew Garcia

Aaron Koven finished his last glass of chocolate milk and claimed his prize of a new Xbox 360.



New video games in time for the holidays

Matthew Garcia
Biz/TECH REPORTER

Halloween is only the beginning when it comes to long-awaited videogame releases. November continues what October started as some of the biggest titles of the year hit store shelves.

From free running across rooftops to commanding legions of attack bears, there's likely something you will find appealing on the list.

Release dates are retail street dates, the day when stores should have them on their shelves.

Resistance 2 (PS3) — This PS3-exclusive shooter sequel features larger multiplayer battles and new campaigns, will be released Nov. 4.

Gears of War 2 (360) — Fight the Locust once more when this third person shooter hits on Nov. 5.

WWE Smackdown vs. Raw 2009 (360/PS2/Wii) — Wrestling fans can face-off with new stars on Nov. 9.

Call of Duty: World at War (360/PC/PS3/Wii) — The Call of

Duty series returns to World War II on Nov. 11.

Mirror's Edge (PC/PS3/360) — This free running take on first-person action comes out Nov. 11.

Command & Conquer: Red Alert 3 (360) — The console version of the newest C&C real-time strategy game releases on Nov. 11.

Tales of Symphonia: Dawn of the New World (Wii) — This sequel to the GameCube RPG introduces new heroes to the Wii on Nov. 11.

World of Warcraft: Wrath of the Lich King (PC/Mac) — Explore Northrend in the latest expansion coming Nov. 13.

Need For Speed Undercover (360/PC/PS3/Wii) — The newest title in EA's racing franchise hits the road on Nov. 17.

Mortal Kombat vs. DC Universe (360/PC) — Popular characters from each series throw down in this fighting game on Nov. 16.

Left 4 Dead (PC/360) — Fight off zombie hordes in this co-op shooter on Nov. 20.

—EBgames.com

"The saddest aspect of life right now is that science gathers knowledge faster than society gathers wisdom." — Isaac Asimov, professor of biochemistry and author.

New gadget helps drivers hang up

Mike Nasmith
Biz/TECH REPORTER

With new legislation proposed that would ban the use of cellphones by drivers in Ontario, companies like Aegis Mobility aim to help drivers follow the rules.

The Vancouver-based company, has developed software to block incoming calls while people drive, said company spokesperson, George Cohen.

The software, called DriveAssisT, uses GPS technology to sense when a person is in a moving vehicle. Callers will be told the person they are trying to reach is driving and will be instructed to leave a message, said Cohen.

If the situation is an emergency the caller can choose to proceed, at which point the driver will receive a signal that the call is important, said Cohen. The driver can pull over,



Mike Nasmith

Students will have to curb their bad driving habits if the new cellphone legislation is passed.

which will unlock the signal.

The software can be turned off for people who are passengers in a car or who may be riding on public transportation. The company hopes

to offer it for between \$10-\$20 a month.

When the cellphone user stops, the software is re-activated. Cohen said DriveAssisT is smart enough to rec-

ognize normal delays such as traffic lights.

The ability to disable the technology has some questioning whether it will have a big impact.

"It can certainly be useful," said Neal Dawe, communication media program co-ordinator at the Canadian Safety Council. "But in and of itself it won't greatly reduce accidents unless it's used properly."

Students also see issues with this software.

"If there's a law passed, it would prevent accidents," said David Chipman, a second-year computer engineering student. "But if the user can turn it off then there will be problems."

John Geyer, co-founder of Aegis, says the technology can be useful to parents and employers because it is linked with software that lets them check phone use from computers.

"The software would tell people when the function has been turned off," he said.

The software must be supported by cellphone carriers, which Cohen said should happen in 2009.

Online textbooks are the wave of the future

Angelo Elia
Biz/TECH REPORTER

Online textbook websites are attracting students because of their accessibility and affordable prices, but students also foresee possible problems with the sites.

Eric Frank, co-founder and chief marketing officer of Flat World Knowledge, a new company that posts textbooks online, said the company offers a much cheaper alternative.

"The choices that we offer are free online, so you literally don't even have to log in," Frank said. "Anybody can go to our website and get the book online for free."

The books are viewable on the website for free, but the company

charges for downloadable or printable versions of their content.

He said for a full color soft cover book, "If a student wants it in a printable format, that costs \$1.99 per chapter or \$19.95 for the book."

Not many textbooks are available yet, but Frank said they plan to make ten books available by May.

Practical nursing student, Aida Wahdat said she liked the idea that one could pay for online textbooks at the end of the year.

"It's good because a lot of people can't just buy stuff at the beginning of the year."

She said having books online is more convenient than having it as a hardcopy merely because of the hassle of carrying heavy books.

Wahdat said buying textbooks at

the Humber Bookstore can be very expensive. "They're really high. If you just buy five books it goes up to \$1,000," she said.

Business Management student, Jeff Kirk, said he may consider buying

texts online if the price was reasonable.

"Maybe if it was cheaper; textbooks are too high and pricey."

Kirk also said having the text online is easier.

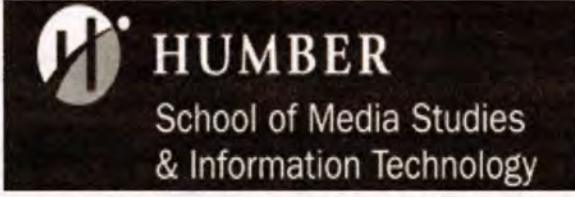
"It's more convenient online, instead of going out to buy books, you can just look it up."

However, Kirk said he finds it easier to read from a hardcopy than a computer screen.






Angelo Elia

Some students say Humber's campus bookstore is overpriced.



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Canadian actor Keanu Reeve's civil trial for hitting a paparazzo with his car started unusually when one of the jurors did a Bugs Bunny impression. — popeater.com

Comic creates outlet for exposure



Courtesy

Neil Bansil performs in the *The Most Races Show On Earth*.

Melissa Hayes
A&E REPORTER

When Neil Bansil found it difficult to break into the world of stand-up comedy, the Humber grad took matters into his own hands.

"It was a selfish reason why I wanted to start the show," said Bansil.

"I thought, if no one's going to put me on the big stages, I'll do it myself."

Ever since graduating in 2004, Bansil has been busy making people laugh as performer and producer of *The Most Races Show on Earth*, a groundbreaking production intended to fight racism with laughter.

Featuring comedians of various ethnic backgrounds, Bansil's show was inspired by a lack of cultural diversity on stage.

"I noticed that a lot of my friends were all different nationalities and comedians," said Bansil. "And they were funny comedians, but they weren't getting the opportunities on stage that most Canadians do."

Humber comedy prof Larry Horowitz remembers Bansil coming up with the idea in college.

"I told him it was a great idea," said Horowitz.

"I thought it was inclusive, I thought it capitalized on the chang-

ing face of Canada."

Comedian and Humber alum Quinn Martin, who has been with the production from the start, said people who come to the show learn while they laugh.

"They walk away just a tad more educated," said Bansil.

"I'm sure that the show, to everybody at some point, changes their perception or a misconception they have about a different race."

Bansil added the show is a real learning experience for the audience.

"We're all the same, that's what it's all about."

While the show has played various venues across Canada and the U.S., Bansil wants to take it to other countries to widen the audience even more.

"I want it to be global show. I want it to be worldwide," he said.

Although the entrepreneur finds marketing a challenge, the growing success of the show speaks for itself.

"We had 450 people the first year, and we just kept getting bigger, and every year we've doubled and tripled our audience."

In honour of its fifth anniversary, *The Most Races Show On Earth* will celebrate with shows in Toronto, Montreal and Ottawa this March.

Changeling falls short of greatness

Dila Velazquez
PHOTO EDITOR

The lights dimmed and the words "A True Story" appeared on the screen. The music swelled and the camera panned down to show Los Angeles in 1928, complete with desaturated film and a trolley car tingling along in front of a parked Ford Model T.

From the first scene of Clint Eastwood's *Changeling*, the intentions for Oscar nominations seem clear.

This ambition is made blatant by the many close-ups of Angelina Jolie as Christine Collins. She is tear-streaked, enraged, vulnerable, and shouts "my son" more times than anyone can count; it has all the makings of an acting tour de force for Jolie, but that would be an erroneous conclusion.

The film and Jolie's performance are missing a certain honesty. If the film had not started with the words "A True Story" it would almost be laughable with the over the top acting and awkward narrative that gets bogged down in historical accuracy.

In March 1928, Collins, a single mother living in Los Angeles returns home from work to find that her son Walter, played by Gattlin Griffith, is missing. Collins frantically calls the police and receives a casual and patronizing response. This foreshadows her future treatment by the department.

Five months later and after much press coverage Collins is reunited with a found boy, the cruel twist is that it is not her son. Collins points this out to Captain J.J. Jones (Jeffrey Donovan) and is told to just "try him out." She tries to prove there was a mistake by showing that the boy is inches shorter, has conflicting dental records and is circumcised, when Walter wasn't. To escape embarrassment the corrupt police department first treats Collins as a hysterical, traumatized mother and then as a lunatic threatening public order and is sent to a mental institution. Collins is eventually saved by the crusading Reverend Gustav Briegleb, played by John Malkovich.

As the misery of Collins' ordeal intensifies, Eastwood lays on the drama, but with every new subplot it seems that another movie begins. Lester Ybarra, a detective and the only decent man in the department, begins to unravel the mystery of Walter's disappearance.

With a good editing job this movie could have been an Oscar contender. Don't be surprised if it still picks up a couple of undeserving nominations for Jolie and Eastwood. *Changeling* is in theatres now.

Dean's new novel triumphs over war

Paul Paquette
A&E REPORTER

The Dean of the School of Creative & Performing Arts, Joseph Kertes, recently released his new novel entitled *Gratitude*.

"There were lots of stories that I felt I needed to capture in a novel," Kertes said. "It was painful for me to write, but nevertheless one that I felt I had to do. It's a novel of triumph. It's not a Holocaust novel, but it is the setting of the novel."

The novel documents Kertes parents survival during World War II.

"It was before my birth," he said. "My parents had a terrible time through the Second World War. My mother lost her parents and her six brothers and sisters."

Kertes previously received critical acclaim for his first novel, *Winter Tulips*, which won the Stephen Leacock award for humour.

According to Humber President John Davies, the school is lucky to have Kertes as a faculty member.

"He taught in the school for writers over the summer and is a highly respected teacher."

Kertes's dedication to his craft has not gone unnoticed by his colleagues.

"He is a very hard working, sincere person with a good sense of humour. Joe is dedicated to the

advancement of the performing arts programming at Humber. He has a great reputation in writing."

Kertes has always had a profound love for writing, and tries to express himself in a unique way.

He was the founding member of Humber's Comedy Writing and Performance program.

"We are very fortunate to have Joe at that position because he is a visionary person of the arts," said program co-ordinator, Denny Christianson.



Courtesy

Joseph Kertes pens new novel entitled *Gratitude*.

In My Headphones

1. Pet Cemetery - *The Ramones*
2. Dark Night - *Cheater Slicks*
3. (Don't Fear) The Reaper - *Blue Oyster Cult*
4. Teenage Werewolf - *The Cramps*
5. Cursed World - *Mark Sultan*
6. Dead Moon Night - *Dead Moon*
7. Dr. Frankenstein - *New York Dolls*
8. Night of the Vampire - *Rocky Erickson and the Aliens*
9. Zombies - *King Khan & BBQ Show*
10. Haunted House - *Sam the Sham*



Alex Cooper
MANAGING EDITOR



"Halloween is the one night a year when girls can dress like a total slut and no other girls can say anything about it." – Lindsay Lohan as Cady Heron in *Mean Girls*.



Music student Eli Bennett recently won the Yamaha Young Performing Artists Award as the best saxophonist under 21. Rebekah Williams

Musician hits perfect note with saxophone

Melissa Sundardas
A&E REPORTER

The sound of the saxophone sparked Eli Bennett's interest in learning to play the instrument.

Now his own velvety, smooth sound appeals to people around the world.

Bennett, a 19-year-old Humber music student originally from Vancouver, began playing professionally at 14.

"In high school, my dad played the saxophone as well," said Bennett. "When I was 12, he thought it'd be a cool idea for me to try and I played it ever since then. I've liked the sound of the instrument and I've really taken it to heart."

Since then, his musical career has taken off, landing him gigs at the Grammys, the Ottawa International Jazz Festival and the All-Canadian Jazz Festival.

Recently, Bennett was selected as the winner of the 2008 Yamaha Young Performing Artists Award for best saxophonist under 21.

He is the first Canadian to win the award since it was created in 1989.

"I think that's one of my biggest

awards so far and it felt really amazing," Bennett said.

"I was really excited to represent Canada and also Humber," he said. "It was great to accept the award in Illinois and perform a concert there as well," he said.

The saxophone may not be everyone's favourite type of music, but Laura Fumagalli, a second-year graphic design student said she fell in love with the sound of Bennett's playing.

"I was really excited to represent Canada and also Humber. It was great to accept the award in Illinois and perform a concert there as well."

—Eli Bennett
Musician

"That type of music really isn't my thing, but I heard him play in Montreal and he's awesome," said Fumagalli. "I can't believe he's that young and he goes to my school."

In addition to being taught by saxophone master Stan Karp, Bennett said Humber is helping him further

his career.

"Humber College has the best music program in Canada and one of the best in the world as far as I'm concerned," Bennett said. "The program—the way it's structured—caters to my needs in the sense that I can study both jazz performance and composition in the same degree."

Mark Promane, head of Humber's saxophone department, said he thinks Bennett will become a world class musician and notes that he has grown a lot since they met three years ago in Port Hope at the All-Canadian Jazz Festival.

"He auditioned for (the Canadian all-star band of high school students) I was directing then, so I heard the talent he had and I brought him to Humber on the Monday before he flew back to Vancouver. He really liked what he saw," said Promane.

"It's a world class school so we were really happy to have him obviously seeing that he was pretty much the best high school music student when he was in Grade 10," said Promane. "He's one of the most talented students we've ever had."

International Festival of Authors giving back to the public

Jaden Pato
A&E REPORTER

The Humber Writer's Circle made its debut by hosting a workshop at this year's International Festival of Authors in Toronto.

"Being a part of the International Festival of Authors is a remarkable opportunity for Humber," said English professor Trevor Arkell. "It's an example of how innovative Humber is."

The Circle's workshop invites

members of the public to submit pieces they have written and talk and network with authors, said Kim Moritsugu, the Circle's coordinator and Humber creative writing teacher.

"The Writer's Circle was started at Humber after I went to a session in Whitby," said Moritsugu. "I came back and got approval to start Humber's own workshop."

The International Festival of Authors was organized for the first time in 1980 with the purpose of

bringing together the best writers of contemporary fiction.

"Authors have the opportunity to talk to other authors that they wouldn't normally have the chance to talk with."

—Shane Gerard
Publicist

"The festival has been around for

29 years," said Shane Gerard, publicist for the festival. "It was started to represent authors in Canada and internationally. Authors have the opportunity to talk to authors that they wouldn't normally have the chance to talk with. It's one of the top three literary festivals in North America."

The festival's aim is to offer readings, interviews, lectures and discussions as well as public book signings.

Literary agent John Pearce from Westwood Creative Artists and

Colm Tóibín, author of *Mothers and Sons: Stories*, were both guests at this year's Writer's Circle which took place at Toronto's Harbourfront Centre.

This year's festival will run until Nov. 1 and includes readings by authors nominated for the Scotiabank Giller Prize and the Governor General's Literary Awards. The Harbourfront Festival Prize to honour individuals who have made a contribution to the world of writing will also be presented this week.



Literary agent John Pearce offers writing insight to the Humber Writer's Circle host, Antanas Sileika. Jaden Pato

The Weekend Playlist

Slut up and go out this Halloween.

Oct. 30 – Hit up Revival Bar on College Street for the Harlettes Halloween Monster Mash. Two words: Halloween-themed burlesque.

Oct. 30 to Nov. 1 – Go out to Puck's Farm in Schomberg and pick up a pumpkin. There's also a spooky corn maze, and haunted hay rides.

Nov. 1 – Montgomery's Inn presents *The Dead Hand and Other Grave Tales*. A little pricey (\$20 a head) but there's a ghost!



Argentina's flamboyant soccer legend Diego Maradona is expected to be appointed the next head coach of the national men's side later this week. — *espn.com*

Women's gold medal game rained out



Amy J. Shields

Leslie Quigley kicks the ball at soggy Algonquin field. The game was cancelled after the first half.

1-0 score won't hold up in rematch

Amy J. Shields
SPORTS REPORTER

The Ontario College Athletics Association soccer championship held last weekend at Algonquin College in Ottawa was a mixed affair for the women's team.

The weekend began on a positive note with an award banquet Thursday evening, where midfielder Brittany Szerbakow and defender Joanna Alexopoulos were named two of the women's all-stars of 2008.

Alexopoulos was also named defensive player of the year and a Canadian College Athletics Association All-Canadian player.

Keyla Moreno won the West Central division regional scoring race, as well as rookie of the year.

The Hawks were named the best defensive team and acknowledged as regular season champions.

The team took to the pitch Friday morning, matching up with the two-time returning champs from Durham in the semi finals.

"When you get to the provincial championships and the final four, they're all great teams," said co-coach Vince Pileggi before the game. "Durham won four of the last five years so we're in really tough today."

However, the Hawks controlled the ball throughout the match, with Connie Tamburello and Keyla Moreno scoring in a 2-0 win.

"They've been our nemesis for the past five years" said co-coach Mauro Ongaro. "It's nice to get one back on

them. We had total control of the game and I don't think the outcome was in doubt once we scored that first goal."

Friday's win set up a final match with the Algonquin Thunder on Saturday.

Rain started to fall prior to the match and by game time water had pooled on the field, making play difficult.

Sonia Rocha scored the only goal of a sloppy first half.

As a result of the conditions, officials and coaches made the decision about 30 minutes after the goal to reschedule the game for Wednesday, Oct. 29 at Trent University in Peterborough.

"Right now the game's not playable," said Thunder assistant coach Andrea Toronto. "With the weather being this bad, it takes away any ability from both teams."

Pileggi agreed with Toronto.

"It would be nice if we could continue with the one-nothing lead, but if we have to start over, we're definitely up for the challenge," he said. "If we work hard we should be able to win the game."

The players weren't happy with the decision to reschedule the game.

"We're pissed off, we were so close to having the game," Alexopoulos said.

"What really got to me was Algonquin laughing about it. They knew they were losing and now they get a second chance. Everyone underestimates Humber."

Athletic Centre prepared for emergency says director Fox

Alex Schwalm
SPORTS REPORTER

The death of 19-year-old Russian hockey player Alexei Cherepanov from an apparent heart attack in Russia on Oct. 13 has raised questions about athlete safety on college campuses.

There have been two heart-related deaths in Humber athletics history.

"One was playing squash, and one was in the weight room," athletic director Doug Fox said. "They had severe heart attacks, we did CPR, the ambulances came, there was nothing we could do."

Cherepanov collapsed on the ice in a KHL game against Vityaz Chekhov, suffering from acute Hypertrophic Cardiomyopathy according to league sources.

The condition causes a thickening



Jennifer Gordon

Tough tacklers needn't worry.

of the heart's wall, causing the person's heart to fail.

Outside of medical tests that may find pre-existing heart conditions, there are other, worst-case scenarios set up at the college.

"We have an emergency action plan," Jennifer Bell, assistant athletic therapist said of a plan that includes having trained medical workers at every event.

Bell said that the clinic also has an Automatic Electronic Defibrillator, a portable, battery operated machine used to shock the heart.

"In the Russian situation, that was one of the big problems," said Bell.

She added that therapists are well prepared.

"All of us are members of the Canadian Athletic Therapists Association. Our certifications have to be updated frequently."

High hopes for badminton teams start at Georgian

Chris Kellyman
SPORTS REPORTER

For a program only four years old, Humber's badminton team did quite well last year.

"Our badminton program's really still in its infancy but we've had some success already," athletic director Doug Fox said.

Last year Raymond Wong won the Canadian Colleges Athletic Association gold in men's singles, and was named CCAA player of the year, while Jolande Amoraal won silver at the Ontario Colleges Athletic Association championship.

"She had an outstanding provincial event," Fox said. "She was seeded number four going in and actually ended up beating the person who was supposed to win silver."

Amoraal won't be returning to Humber and Wong, the OCAA champion and fourth ranked player nationally, won't be back until January.

Despite this, the Hawks still have a strong group of players.

"We believe we have the team to win regionals, and the overall gold for the Ontario championship," assistant coach Michael Kopinak said.

Both teams start their season this weekend at Georgian College.

"If we do really well in this tournament, that should give us a good idea in terms of where we are overall," Kopinak said.

New recruits include Raymond Wong's brother Mark, along with several students who formerly played with St. Clair college.

"One of them is Charlie Lay, he has been to the national championships before for mixed doubles," said Kopinak.

Humber is hosting the CCAA championships next year on Mar. 2.

"We're going to make sure its a great event," Fox said. "It doesn't get much attention but the quality is incredible."

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SPORTS



Quarterback Drew Brees threw three touchdown passes in a 37-32 win as the New Orleans Saints beat the San Diego Chargers in London, England on Oct. 26. — TSN.ca



Jennifer Gordon

The Humber Hawks and the Mohawk Mountaineers face off in a scrum in the final game of the regular season at Humber Valley Field this past Sunday.

Hawks head into playoffs at No.1

Jennifer Gordon
SPORTS REPORTER

The Hawks captured a win and claimed first place in the league as the regular season came to a close, despite wet and muddy conditions last Sunday at Humber Valley Field.

The 21-7 victory over previously unbeaten Mohawk marked the first time the two teams had met since the season opener which saw the Mountaineers give the Hawks their lone loss of the season.

"We were unorganized; we had

guys playing out of position, people not doing what they needed to do," said Graham Haigh, who kicked three conversions on Sunday. "Today that was different, everyone was where they needed to be."

Team captain Mark Falkinson, who played with a separated shoulder, scored in the early minutes of the game, setting the pace for what proved to be a very sloppy match.

"Conditions were not the best for today's game but overall we did what we had to do," said Falkinson. "This

starts our championship run."

Points were few and far between, as the pouring rain restricted ball movement and passes were near impossible to make.

The final points of the game were scored by Jason Carney, an outside centre, who put the Hawks up 21-7 for the final score.

"A lot of mistakes we made came from diving on the ball," said assistant coach Andre Rose-Green. "In wet weather it's a lot harder to do, especially with the aggressiveness of

Mohawk's defence."

Rose-Green said the team was determined to show they were a better squad than the one that took the loss in the season opener.

"We wanted to send the message that we're going to beat you up for the entire 80 minutes, and run you down until you have nothing left in your tank; and we accomplished that," said Rose-Green.

The Hawks finished the regular season with a record of 6-1 and are now looking ahead to the semi finals

Nov. 2, where they will have home field advantage against Seneca.

"I think we're going to win a title," said Haigh, who leads the league in points. "I feel pretty confident. Mohawk has been our biggest competition and we beat them pretty handily."

Haigh has already started growing his play-off beard.

"I've been growing it for a week and a half, and it's brought us luck so far."

One of Canada's bright young talents

Tim Morse
SPORTS REPORTER

It's always important for a team to have a leader, and for the men's golf team, it is Mike Zizek.

"Mike is a guy who works so hard on his own game which rubs off on the other players," said coach Ray Chateau. "He leads by example."

Zizek learned the game from his father and grandfather. At a young age, he joined the York Downs Golf club where he fine-tuned his skills.

He registered at Humber for the Professional Golf Management program in 2004, when he joined the men's golf team.

Zizek said he learned a lot in his first year from captain Lee French.

"Zizek has really grown in the leadership role and that has a lot to do with the two seasons he spent with Lee, who was a first-class captain," said Chateau. "I just hope he can pass off these skills to the next captain."

Zizek has accomplished many achievements while at Humber, including his individual gold medal in 2004 at the Canadian Colleges Athletic Association championships. He represented Canada in the World University Games in Thailand where he placed 15th.

"It was crazy, the courses are completely different, the greens are a different texture. It was wild," said Zizek playing in Thailand.

Zizek finished the professional golf management program at the Lakeshore campus and is now at Guelph-Humber where he intends to finish his bachelor's degree in business administration.

"The program is not bad, but surprisingly enough, the most I learned was from the professional golf management program," he said.

Zizek found the golf management program gave him a true grasp of the business aspect of the industry.

He is scheduled to finish his studies next year but is still undecided on what he wants to do next.

Still, Chateau is convinced of one thing. "The game will always be a part of his life."



Courtesy Humber Athletics

An intense Mike Zizek follows through on a shot.