HUMBER

etcetera ... opinion

September 30, 1999 Vol.

Photo: David J. Wylie

toddler joins in Heritage Week celebration

–see page 1

Cheap software by 2000

by Derek Malcolm

By this time next year, Humber students could legally be installing some of the latest Microsoft software at home, thanks to a new licensing agreement with Microsoft Canada.

A deal has been signed with Humber faculty allowing them to borrow software CDs from the library and install them on their home computers.

A similar deal for students is being discussed, said Rick Embree, dean of Planning and Development.

"If it happens, it will happen in September of 2000," said Embree. He added that negotiations should be wrapped up by mid -November.

Humber would join more than 150 colleges and universities in North America who have signed similar deals with Microsoft.

While the specific details still need to be worked out, the cost to each student will depend on several factors.

Embree said, "we don't know the exact price but it will be around $19 to have all the software you could ever want."

For that price, students would legally be able to take home and install hundreds of dollars worth of the latest software.

This year the Information Technology (IT) student fee was $46 which helps pay for student-related tech support like the Help Desk and computer lab improvements.

–see Microsoft page 4

PHOTO OF THE WEEK

First-year Creative photography student Craig St. Louis calls this photo "Living Off Life"

Students want 24- hour study hall

by Stephanie Hess

Humber's library is proposing a late night study hall for students who burn the midnight oil when they're studying.

Students using both the North and Lakeshore campus library facilities were surveyed last fall to find out if they wanted a late hour study hall.

Enough said yes to force the library to ask for a cost estimate for a 24-hour study hall. The hall would be on first floor of the library at the North campus.

The estimate includes the costs of installing doors in the glass wall located at the main entrance beside the security desk.

Lynne Bentley, manager of the library and media service, said she expects to hear back from the college sometime in October. If the results are good she plans to go to SAC President Muhammad Virk for support, at which time things will progress from there.

"I don't want the library to be the driving force behind this. I want the students to say 'this is what we need or we don't need," Bentley said.

Talk of a late hour study hall has been going on since 1994.

"The library has identified the need for a study hall," Bentley said.

She said the seating in the glassed in area is limited but the library will wait until the study hall becomes a reality before they determine if more seating is required.

Hunger striker finally gets results

by Shauna DeGagné

Things are looking up for Bill Warnick, a former Humber College student and hunger strike survivor.

Warnick is finally receiving payment from the Worker's Compensation Board (WCB), money he said he has been entitled to since March, 1993.

He said he has received 50 per cent of the money owed to him by the WCB and is also receiving regular payments.

"I have received 50 per cent of the retroactive pay," he said. "This is not the end of the story, because I'm still dealing with the board."

Last Sept., Warnick began a hunger strike, which lasted 50 days, in protest of a decision made by the WCB.

In 1992, Warnick injured his back while working construction and started receiving payment from the WCB shortly after.

Eleven months later, doctors concluded that Warnick was fit to go back to work. Because of this decision, he was no longer eligible to receive support.

Warnick appealed, saying he was still in pain. He lost three appeals to the WCB and one appeal to the Worker's Compensation Appeals Tribunal (WCAT).

"They (the board) don't leave me a choice," Warnick said in a Sept. 1998 interview with the Et Cetera. "I will not eat until I get a fair decision. If it kills me, it kills me."

In Nov. 1998, Warnick's fight was partially over. He was awarded a new trial, which didn't begin until Jan. 1999.

"It took about four to five months. I didn't believe a fair decision would come in, but it did," he said.

Warnick said he believes his hunger strike is the reason his case has ended up somewhat positive.

"I believe (the hunger strike) played a major part in the tribunal's decision, although they would deny it," he said. "Because until that point, I had been denied the final appeal."

Warnick said he has no regrets, but is still angry with the WCB for what he has gone through.

"I wouldn't recommend (going on a hunger strike)," he said. "It was the hardest thing I've ever done in my life. It's a very dangerous thing to do, but if I had to do it all over again, I would."

He will soon start training for a computer related job, and said he hopes to be back in the work force in three years.

Hunger strike survivor Bill Warnick.

River heritage revisted

by David J.Wylie

The Humber River has been declared a Heritage River, 15 years after the proposal was first made.

This past weekend, a celebration was held at étienne Brulé Park, Etobicoke, designating the Humber River as a Heritage River.

Madelein McDowell, chair of the Humber Heritage Committee said that 15 years ago her mother, Florence, first proposed the idea, but she wasn't taken seriously.

"The Heritage River Systems was envisioned by the people on the Heritage River's board as pristine, in the far north, canoeable, and more or less inaccessible. The Humber was an urban river, and a dirty little creek in Toronto," McDowell said.

Three proposals and a decade and a half later, the Humber River is recognized as an important piece of Canadian heritage.

Centuries ago, the Humber River was a crucial part of aboriginal life said Chief Carolyn King from the Mississaugas of the New Credit First Nation in her speech.

"We were along this river as a transportation route, as a source of food, as water. This river was the very sustenance of life to our people," said King.

"The establishment of a permanent record will help our future generations to understand that we had and still have a relationship with this river," said King.

There's still much to be done to conserve the river McDowell said.

"The work isn't finished. We're designating a river that we have done terrible things to over the last 200 years, and it's survived, and it's still lovely," McDowell said.

But now, she said the Humber River is facing a new danger.

McDowell said to preserve the Humber River, we must also preserve the source of the river. That's the Oak Ridges moraine in Richmond Hill.

"Now the (Oak Ridges) moraine and the (Niagara) escarpment, particularly the moraine, are under attack with development and groundwater pumping," she said.

"We have to preserve the moraine. We have to make sure that nothing happens to that because if that goes, the river will go too," said McDowell.

Dick O'Brien, chair of the Toronto and Region Conservation Authority (TRCA) said in an interview that the Heritage status "will bring attention to the importance of the river and water."

Sheila Copps, Minister of Canadian Heritage said that nature, not culture, is Canada's real heritage.

"When we speak of heritage sometimes we think of cultural spaces, but the real heritage of Canada is our natural spaces," Copps said. "Culture is important, but culture cannot exist without nature."

"I think we can be a leader (at conservation), but to be a leader, we must learn from the example of the aboriginal people," said Copps, "not just on a day when we speak about them and celebrate their traditions, but in real co-management and partnership."

O'Brien, chair of the TRCA also said teamwork is crucial.

"As long as you have people working together in a co-operative nature, you get things done," O'Brien said. "It's when people don't do that that you run into difficulties and aggravation."

Mississaugas of the New Credit First Nation, some of the first people to settle on the Humber River, came out to celebrate the naming of its new heritage status.

Police suggest walking in groups after streaker shocks and scares

by Mona Patel

While the suspected bedroom rapist is being held in connection with offences in the east end of the city, another man is offending some people in the west.

The Toronto Police Service of 23 Division are investigating the case of the male who has been exposing himself to several people the past few weeks in the Arboretum.

Detective Constable Brad Hoover from 23 Division said the naked man has been seen during the early morning hours and late afternoon on the paved pathway, which runs along the north side of the Humber River between Humberwood Blvd. and Hwy. 27.

"Further investigation is going on into this case," Hoover said.

Hoover said that the only description available of the man who exposed himself is a white male from 18-25 years of age.

"We don't mention things like hair lines or mustaches because it could always be changed, but I would like to tell everyone in the area that if you're going towards that area, please travel in groups and be very cautious."

Humber students interviewed said they think it's crazy for someone to run around naked in a public place.

> ***"I would like to tell everyone in the area that if you're going towards that area, please travel in groups and be very cautious."***
>
> **-Detective Constable Brad Hoover, 23 Division**

SAC President Muhammad Virk said he feels this whole issue is weird.

"I would tell everyone to be careful, take care of themselves and walk with friends down the Humber trails." Virk added, "I remember when I decided to take another route from Woodbine Centre to Humber College once by using the trails, I don't think I would do that again."

Raj Singh, a second-year Computer Programming student at Humber said the guy who is running around exposing himself isn't impressing anyone.

"Anyone going towards that area should call the police if they see the man so that he is caught in the act," Singh said.

Emily Littlejohn, a Physiotherapy Assistant student who lives in residence said the idea of a naked man running around in a public place is freaky and makes her feel unsafe.

> ***"Coming from a small town, this does not make me feel right. You never know what could happen next."***
>
> **-Emily Littlejohn, Physiotherapy Assitant student**

"Coming from a small town, this does not make me feel right. You never know what could happen next," she said.

"I heard about this issue on the radio and I think that people who expose themselves in the public should respect other people's rights," said Natasha Ramnath, a Marketing student.

"I would not advise anyone to walk along those trails, especially at night. If they have to then I would advise them to be very cautious and walk in large groups," she said.

But, some people like Chris Carvalho, a first-year Accounting student doesn't think it's a big issue.

"It doesn't bother me," he said. "As long as the man is doing his own thing and not harming anyone, it's all right."

Anyone with any information on this case can call the Toronto Police 23 Division at (416) 808-2305.

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Humber's leading edge

by Deslyn Diaram

Humber College has created a new advisory role to help keep the leading edge of industry technology at its fingertips.

For General Manager of Canadian Plastics Training Centre (CPTC) David Alcock, the next few months are going to be about understanding the direction of his new position as AssociateVice-President of Technology Development.

Alcock has been with the CPTC since it opened six years ago. The CPTC works with 75 companies in the industry and $2 million in equipment to help stay on the leading edge of technology.

"The CPTC is about helping people already working in the industry raise their knowledge and skill level," said Alcock.

The CPTC is located on Woodbine Downs Boul., and "is a unique business unit of the college."

"It is a joint venture between Humber College and the plastics industry to meet the learning needs of industry," said Alcock.

There are 700 students and approximately 25 full- and part-time staff and a broad range of programs working within the CPTC.

Appointed to Associate vice-presdident by President Robert Gordon, Alcock said he is ready for the challenge."It is a little premature to say there are any certain standards to maintain. The next few weeks and months are going to be about understanding the direction of this new position," Alcock said.

Alcock said the management team at Humber realizes that technology is changing and that the college needs to stay ahead. "The new position as Associate VP is an administrative position, an advisory role to work with the school," said Alcock.

Alcock said his ideas for change will come from business, industry and Humber.

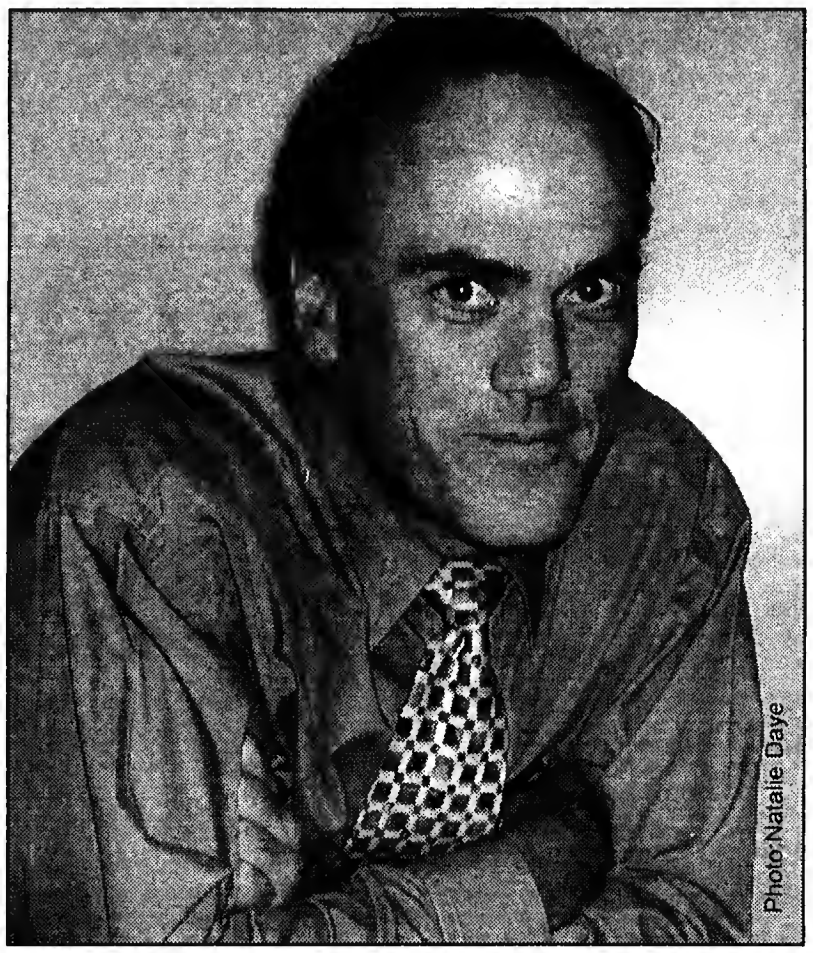
Some of the questions that Alcock will be considering when taking on this new position, as well as continuing his role as General Manager of CPTC require him to be on top of the connection between the world of industry and the college.

"Technology is always changing and industry is an evolving process, where does Humber College fit in the change?" Alcock said.

Alcock said his objective is to consult widely on both the external and internal workings of the college and to make recommendations to Gordon and all the vice-presidents.

"Demographics are changing and technology is the leading edge of change," Alcock said.

Alcock said his new position is exciting. "Staying ahead of the curve of change is the real challenge," Alcock said.



David Alcock, general manager of Canadian Plastics Training Centre said Humber's new joint venture will help students and the industry learn more.

Microsoft on Campus

cont'd from front

Bob Botham, director of Computing and Network Services, said " we're not sure how we want to handle this for our students. If the students decide this is something they want as part of an I.T. fee, and it's reasonable ... it will affect your future IT fees."

When deciding on a vendor to supply Humber with the software, Botham and his staff examined four vendors in total before settling on the computer-giant, Dell Canada.

Dell currently has an on-going computer leasing agreement with Humber and has agreed to give 50 per cent of the approximate $75,000 licensing fee back to Humber in the form of hardware credits, cutting the bill in half.

Humber will be able to stay current and provide "an easy way to migrate as newer software comes out," Botham said

SAC President Muhammad Virk wants to explore all the options.

"We realize that there's going to be an increase in IT fees, but I would like to include every student from every school so they can get access to this agreement," Virk said.

The agreement with Microsoft lasts for 12 months before it must be renewed. Botham said the student portion was not purchased this year because it wasn't made available to Humber until after the student IT fee was already set.

Thank you all!

Bill Warnick would like to thank the students and staff of Humber College, who supported his 1998 hunger strike.

College SACs unite

by Andrew Horan

Etobicoke/Rexdale MPP John Hastings urged Humber SAC to work together with other Ontario colleges to come up with a framework for new student councils during a meeting at the college on Tuesday.

Executive director of External Affairs Lise Dawson said she had found that people on various student councils couldn't really be compared. "Mostly there is no consistency," Dawson said. "You can't really compare them if they are apples and oranges not apples and apples."

With the sharing plan Humber SAC would contact people in other SACs to find out complaints at other colleges and get together with them to take their concerns to the Deans of the assorted programs and administrators.

The Ontario Community College Student Parliamentary Association (OCCSPA) already uses this system. OCCSPA is a lobbying group for student governments that represents 15 out of 25 colleges in Ontario. Hastings encouraged sharing with other councils as a way for the various councils to air common concerns as well as come up with a similar framework for future SACs.

> *"The general consensus is that they are going to degrade a college diploma."*
>
> **-Lise Dawson,**
> Executive director of External Affairs

The meeting was also a chance for Hastings to get to know the new members of SAC as well as a chance to introduce Hastings to OCCSPA and bring up certain concerns that OCCSPA had - such as the increased cost of tuition. Hastings said a tuition freeze would not be possible at this time.

"We have a lot of money going toward student operating funds," Hastings said.

The need to deregulate the education system to make it compatible with programs in other provinces, as well as the applied degrees that are being brought in to place programs such as nursing. An applied degree is a year and a half off the nursing program at Ryerson for Humber College nursing students that apply to Ryerson after three years of the nursing program here.

"The general consensus is that they are going to degrade a college diploma," Dawson said. "For the most part we feel they are going to create a nursing deficit."

Hastings said that there would be a need for nurses in the future with the large of number of people retiring and to care for the disabled. A large number of these nurses that will be needed will still be in school.

"I don't know how we will meet these shortages but it will require an enormous amount of imagination on the part of the colleges and trade unions," Hastings said.

Hastings suggested opening immigration to try and entice people with certain skills, such as nursing to come to Canada.

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Humber receives software donation in return for training sessions

by Seanna Murray-Neck

Macromedia has been saving Humber half a million dollars in software updates since a deal was struck last year.

Macromedia, a world leader in software products based in San Francisco, has donated $500,000 dollars worth of its latest web development programs to the college.

Macromedia also benefits from the deal, making Humber the first community college in Ontario to become an authorized training centre for the company.

This means that the college uses their products and manuals, and in return, four times a year, Macromedia holds a training session at Humber.

The donation includes the most up to date versions of Flash and Fireworks, plus Dreamweaver, Freehand and Director.

William Hanna, director of the School of Media Studies, said this is an on-going agreement which is reviewed annually.

"But it means that we are not spending the money, which we would have spent anyway, on updating the software," Hanna said. "It allows the school to address capital needs that may not have been addressed otherwise."

"There is a list of things we have to buy on a priority basis. We will be getting these things earlier." Hanna said

> ***"We have a very big media school. . .we have an excellent reputation,"***
>
> **-Humber President Robert Gordon**

Students in more then 20 full-time programs offered through the School of Media Studies are the main beneficiaries of the software. However, the software is also in the Staff Training Centre and the Digital Imaging Training Centre. Copies of the software were also supplied to the Professional Development and Research areas of the college.

Robert Burgess, Chief Executive Officer at Macromedia Inc., recommended Humber for the donation, after being a member of Humber's Sectoral Committee for the School of Media Studies.

Humber College President Robert Gordon brought Burgess to the Sectoral committee and not long after, Burgess was promoted to CEO at Macromedia.

Gordon said that after Burgess saw some of the things the college was doing he "wanted to do something for Humber."

"We have a very big media school ... we have an excellent reputation," Gordon said.

Gordon said Burgess recognized Humber as being a College of high quality and this is one of the reasons he decided to make the donation. Humber received its first donation in fall of '98.

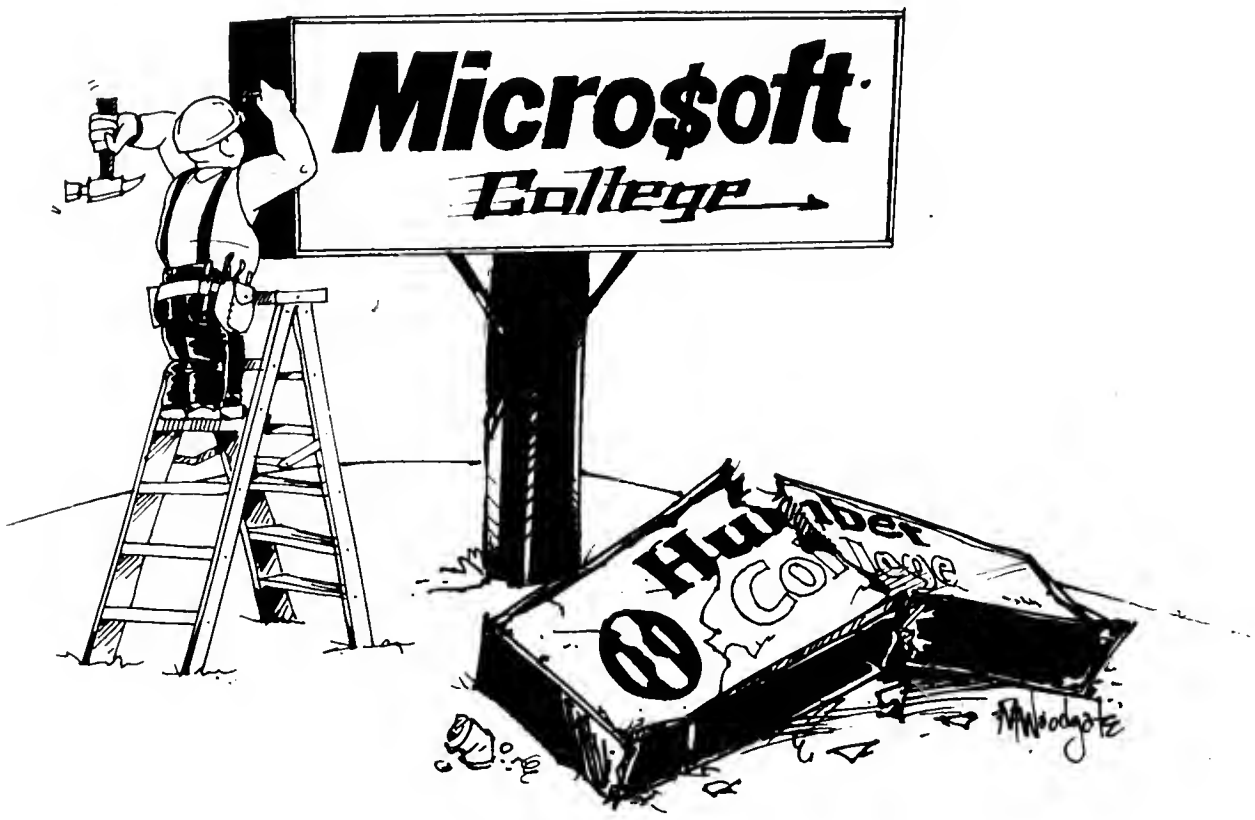
Leave your mark in Hollywood.

You and three friends could be partying in Tinseltown. The Grand Prize includes $1,000 spending money, plus an exclusive Hollywood screening and studio tour. As a second prize, you could win 1 of 8 Clearnet Nokia phones with one year local airtime. For full contest rules and entry form visit www.clearnet.com/student

Now get a previously-sold Sony phone for only $49.99. Check out The Humber College Bookstore for this special student offer.

Network technology by Lucent Technologies Bell Labs Innovations

clearNET PCS the future is friendly



Surrender to the empire

Bill Gates is taking over.

The Microsoft invasion has begun and we are Billy's allies. We can all look forward to getting a big fat discount on Microsoft software in the fall and we should be very grateful for the opportunity Gates is giving us.

Microsoft has offered Humber an amazing deal and in doing so has cornered the market. We will be one of some 150 colleges and universities to accept the deal of a lifetime. We are a group of tens of thousands of 18 to 30 year olds who will likely own Microsoft software, use it, and most likely pay for the upgrades on it in the future, and we'll do it all with cheese-eating smiles on our faces.

We know Microsoft needs more money so they can speed up and make other improvements to their current software for their loyal customers. Even if we don't make use of the offer, we're still going to be paying come next September, and we must remember we're only a small piece in the big Microsoft picture. Microsoft will still be getting fat cheques from many other places.

Rejoice all, and be proud to be at Humber and part of the Microsoft disciple-ing program.

We will be able to take Microsoft software home without any guilt, and put it safely into our own PCs. But, don't forget, we'll need and want to upgrade when improved software arrives. This will make us want to pay Microsoft or the middle man more money, and the fact that we will be continually supporting Gates' huge company makes us happy. Too much is not enough for Gates. It's the wave of the future. Gates is enabling us to do those last minute assignments at home like we always wanted. We won't have to go to the labs anymore.

If that's not enough, we can share this special offer with our families. This is all part of Gates' genius, on which he's built his beautiful empire.

Now, you and your family can sit under the big Microsoft umbrella and bask in its glory.

We will also be able to use the goodies after we graduate because we'll still be licensed to it and as we all know, Microsoft is used worldwide. Wherever we go it will be there, whether we own it or not.

Gates doesn't mess around. He got his target in view, aimed and hit so many markets we can't even see the competition for all the smoke.

Now that's business.

Now, please join in the Gates oath. "We are disciples of Gates and we shall be loyal to Microsoft property forever."

Save the ovaries

If a young woman discovers she has cancer, a new surgery can take a graft of ovarian tissue and freeze it so it can be used at a later, and perhaps at a better time in life.

Not only does this allow a woman a second chance at having a family, it also gives her the power to control her body, and her destiny.

Supporting 30-year-old Margaret Lloyd-Hart's decision to restore her fertility isn't about her following a trend, or to just prove her femininity - for God sakes, there could have been more appropriate and less dramatic ways besides removing body parts for her to prove that.

It is more a matter of having the right to control things in life that are rightfully ours to take. Afterall, people think nothing of cloning sheep, sending rocket-tours to the moon to savour the millennium, and genetically modifying food we eat (what's up with green and white broccoli anyhow - pick one or the other), so what's the big fuss about freezing ovaries?

It seems as though society has taken complete and utter advantage of the natural goodness that life has to offer. Since we have totally gone beyond the meaning of 'natural', why stop at this point? What do we really have to lose now?

Ignoring the power of science is not good, nor healthy. People should care, and should be aware of what is going on. Awareness gives people the most powerful tool of all - choice.

Ovaries are just ovaries. Women only have one pair, and they should be able to choose what they want to do with them.

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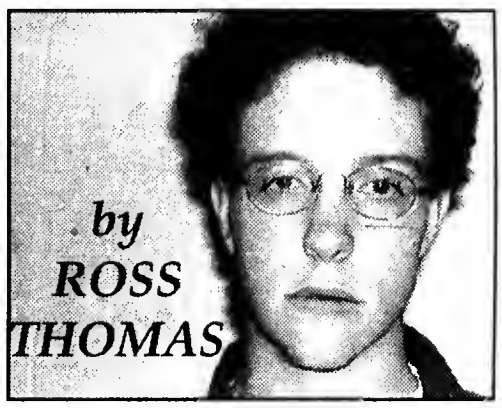
Wrestling with democracy



Being a columnist for this esteemed publication has its good points and bad points. One of its bad points is that I have to think of something interesting to say every one or two weeks, and then translate that thought into coherent sentences. This is often easier said than done, especially considering my average intake of alcohol.

Another bad point, needless to say, is the photograph of me that accompanies the text. When posing for it I tried my best to appear brooding and intelligent, and, perhaps, slightly moody and artistic. The end result, though, as you can see, makes me look rather like I've been arrested for some minor offence, possibly of a sexual nature.

On the plus side – and I apologize in advance for the unpleasant imagery – there is the fact that I have the rare and exciting opportunity to spread my intellectual seed over a wide area. There is even a slight possibility that someone somewhere may read and enjoy what I have to say. Or, if not actually enjoy, then at least spend a moment wondering who exactly made the mistake of allowing me to be here in the first place.

Two weeks ago, if you'll be good enough to cast your minds back to the dim and distant past, I took it upon myself to inform you all that you have an identity crisis, and to suggest some ways in which this could be overcome. Last week I intended to lecture you on the virtues of democracy, and to share my thoughts on how it is undermined by powerful, rich lobbying groups, illustrating my thoughts with some references to a lawsuit currently pending in Missouri.

You may, at this point, be scratching your collective heads and telling each other in puzzled and slightly panicked tones that you don't remember reading anything by me in last week's Et Cetera. You may even, bless your souls, be about to throw down your newspapers and rush frantically to the library to find a copy of it.

Alas, my dear and loyal friends, your search would be in vain. It was decided that my column was too abstract, too "high brow," if you will, for Et Cetera's readers to cope with. Thus, I was tactfully informed that I should, perhaps, adopt a more conversational tone for my next piece.

I must say that, to a point, I agree with such sentiments. My proposed column did, it is true, tackle a difficult subject – democracy is hardly a topic discussed casually in washrooms – and it did use some uncommon words, like "anarchical" and "constitutionality."

I disagree, however, with the assertion that the piece was too "high brow" for y'all. Being students or faculty members of one of Toronto's hottest and most thrusting colleges, you are by no means unintelligent people, and are able to process information of a relatively tricky nature.

Of course, not all of you would have been even slightly interested in an examination of the North American democratic process and I, for one, would not blame you in the least. I am a nerd, and will readily admit it to anyone.

But it is my belief that just because some, or even a majority of, people may not be interested in such a column does not mean I should not write it in the first place. That's the reason the newspaper has two columnists. Some people will be interested in what one has to say, some will be interested in the other, some both, and some neither.

The practice of "dumbing down" is the work of the devil, I tells ya, and must be stamped out wherever it is found. The average reader of Et Cetera is more than capable of moving his or her eyes over and past anything that does not appeal to him or her, and will experience but the slightest inconvenience doing so. Assuming that no-one in the college would be interested in reading about democracy is, I feel, slightly insulting to both its students and faculty, and the institution itself.

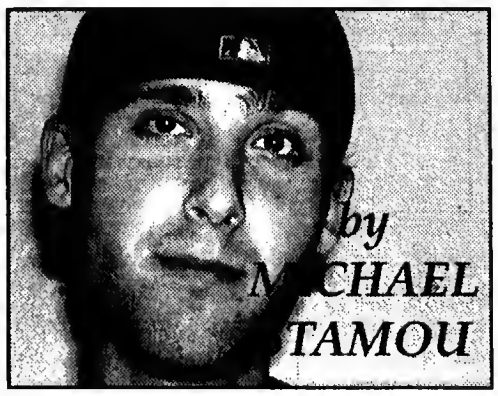
But never fear, readers, for I will not be silenced. Some will have noticed, whilst standing or sitting outside the college, a light aircraft flying in circles overhead, trailing behind it a banner. I was, in fact, piloting that aircraft, and the banner was a condensed version of the column I intended you to peruse last week. I'm sure many of you were interested to read it.

Next week, for your viewing pleasure, I shall present a lively dissertation on the effects of hamburger gases on surrounding wildlife, and the week after a hilarious abbreviated version of my 500-page thesis on the inherently contradictory nature of post-Darwinian evolutionary theory.

After that, I think I'll write something about wrestling.

Ross is not in the least bitter and twisted.

I'm McCaulling him crazy



Alyn McCauley is going to continue his hockey career, even with the risk of brain damage.

McCauley suffered a severe concussion at the end of last year and he wasn't sure if he would ever play hockey again. He had hesitations on what he should do – play the game he loves or live a happy, concussion-free life? He chose hockey. Is this the right choice? No.

I think McCauley's synapses are already misfiring because if he gets hit in the noggin again his hockey career is definitely over and possibly his normal life. He's already had five concussions throughout his hockey career, so the next hit he takes may be his last in the National Hockey League.

The repercussions of another concussion are too dangerous to take this chance. If he does sustain another one he risks permanent cerebral injury. That means his life is ultimately ruined. Someone will have to take care of him the rest of his life.

What is motivating McCauley to continue playing? Is it really the love of the game or is it the almighty dollar?

I can understand the love of the game argument. Most Canadian boys grow up dreaming of playing in the NHL. We all see ourselves lifting the holy grail called the Stanley Cup. McCauley is one of the very few who have that opportunity. It would be very hard for him to give that up.

However, doesn't your health take precedence? Pat Lafontaine and Nick Kypreos would agree with me considering they retired after their head injuries.

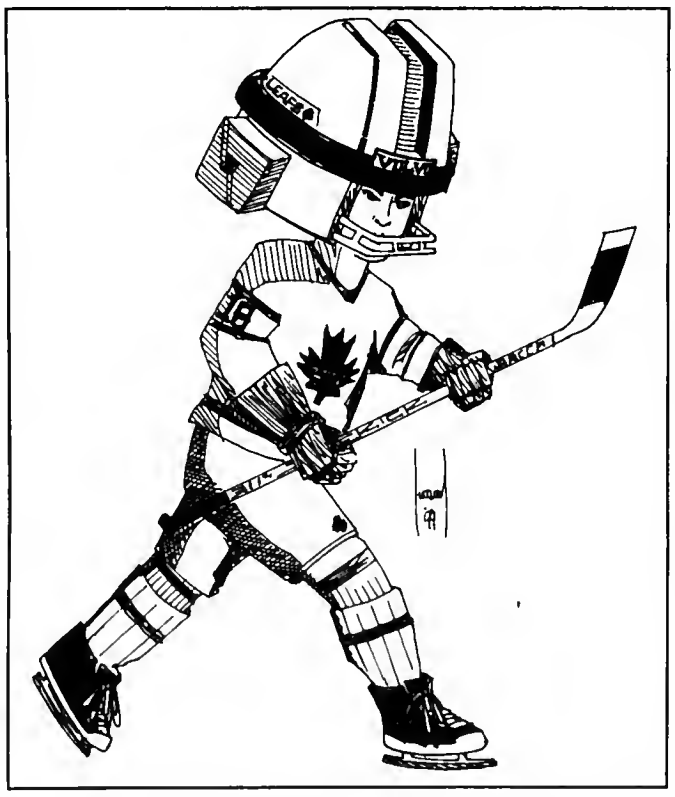
If it is the money, McCauley is misguided. In his tenure as a Toronto Maple Leaf he has made enough money to live a comfortable existence.

If I was thrown into this type of situation, and I was making the kind of "coin" McCauley was making, my choice would be easy. Retire from the sport and pursue another career. He could easily go into coaching for example.

McCauley is 22 years old and has more money than I will make in my entire life.

If I were in his skates, I would give up hockey and save the ice for pina coladas.

Mike is just jealous he's not in the NHL.



McCauley better be wearing a small foreign compact car as a helmet.

tc. etc. etc. et

Literary event brings writers to Humber

by Melanie Justason

Stupid Boys are Good to Relax With will be given away as door prizes at a Literary wine bar. The readings are the first of a six part series hosted by the Humber school for writers.

The event is being held to celebrate the 10th anniversary of the Humber Library.

Paul Quarrington, author of eight novels, and Susan Swan author of the previously mentioned *Stupid Boys are Good to Relax With*, are the first two writers to be reading in the series this year.

The bookstore has donated copies of their books to give away as door prizes.

The event takes place Oct. 12 from 4-6 p.m. in the Humber Room of the North Campus.

The cost is $7 or $3 for Humber students for a night at the Literary Wine Bar.

According to Mary Jo Morris there will be a cash bar, and (free) light refreshments. The cost, she said, is a great deal.

Tickets are available at the circulation desk in the library at both North and Lakeshore campuses. To reserve tickets by phone call Janet Lising at ext.5059.

THE HUMBER SCHOOL FOR WRITERS

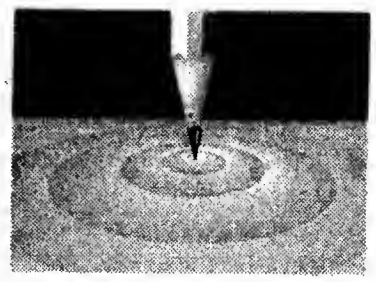


Photo: Michele Ho Sue

ECE learning labs are "better than daycare" for children

Students learn by going to daycare

by Michele Ho Sue

Some students here are unaware that there are two daycare centres located on the North Campus.

They also may not know about Humber's Lab School Demonstration Facility.

This school gives students enrolled in the Early Childhood Education (ECE) program the chance to learn and work with qualified ECE staff.

"We think the ideal for students is to be able to practise first hand in the lab school what they're learning theoretically in the classroom," said Pat Chalmers, co-ordinator of the ECE program.

The lab school has been around since the college's inception in 1969. There are approximately 400 students enrolled each year in the diploma program, and post-diploma programs.

"Our goal is that every student will have an experience in the lab school before they graduate," Chalmers said. The advantage of having a lab school is the constant scrutiny the daycares are under. They are always accountable to parents, faculty staff and the community. There are approximately 26 staff and two supervisors in the two centres. Susie Stokes, supervisor at the child care centre located at the green W 199 building, said the lab students help enhance the centres overall performance.

"I think the students really make us unique because we have such a high intake of (them) they keep us fresh. So, they're always bringing in fresh ideas and they help us provide more one on one interaction with the children," Stokes said. Joanne Tuck is the temporary supervisor at the Humber Child Development Centre located in the FX 101 building. According to Tuck, first-year students work one day a week and second-year students work twice a week. There are usually three to six students in each room throughout the semester.

Both centres also accommodate children with special needs, emotional and physical disabilities.

"Our philosophy looks at the whole child so we provide development in all areas. Social, emotional, cogitate skills and gross motor skills," said Stokes.

Tricia Francis, a graduate this spring from the ECE program agrees with Stokes about the benefits the daycares receive. "The lab students brought new ideas to the daycare," said Francis, whose two-year-old son Kashaun is enrolled in the Humber College Child Care Centre.

Gary Moore, a Computer Numerical Control Programming student is pleased with the daycare program. His two-year-old daughter Talia was initially enrolled for convenience, but it has now become a necessity for his child.

"She learns so much there, and she would not learn that at home or if she was at a babysitter."

Motivated by money, but still good as gold

David J. Wylie

Humber College has been awarded a gold certificate for its commitment to reduce greenhouse gases, an achievement matched only by three other post-secondary institutions.

The Voluntary Challenge Registry Inc. (VCR), deemed Humber College worthy of gold status — the highest level of achievement.

Brian Rawson, registry analyst at VCR, said of the 95 post-secondary institutions registered with the now private-public partnership, only four, including Humber College, have reached the gold level.

After being approached four years ago by VCR, Humber College, with the go ahead from Rod Rork, vice-president of administration, joined in the effort to reduce greenhouse gases.

First established by Natural Resources Canada in 1995, VCR encourages small and large business to voluntarily limit their greenhouse gases. VCR stresses that its involvement is a key element in Canada's national strategy to address climate change.

Greenhouse gases trap heat from the sun inside the atmosphere, warming the planet's climate – the greenhouse effect.

Spencer Wood, project co-ordinator for facilities management at Humber College, said that since 1995, Humber College has reduced carbon dioxide (CO_2) emissions by about 4,000 tons annually – equal to exhaust from about 900 cars over the course of a year.

Wood said the college has lowered greenhouse gas levels by 10 per cent compared to 1990 levels. This decrease exceeds the government's goal by four per cent.

The college has accomplished this by investing money into energy saving projects.

"We went from four lamps in a fixture down to two plus a reflector," said Wood.

This is just one of many energy saving renovations in the college.

A computerized system that controls heating and air conditioning at Humber College has been installed to conserve energy. Boiler sequencing, a more efficient way to run the schools five boilers, has been put into practice.

Occupancy sensors have been installed around the school; these gadgets will turn lights on or off depending on whether someone is in the room.

As well, the college has staff turn off computers at the end of the day.

VCR determines the level – bronze, silver, or gold – with a checklist and point system. Points are awarded for commitment and action in seven main categories that include targets, measures to achieve targets, and results achieved.

But the bottom line is dollars, not the environment.

"It's driven by cost cutting primarily," said Wood.

He said that so far millions of dollars have been saved in energy costs.

In order to save, it is necessary to spend.

Wood said he is unsure how much money has been spent from the college's energy budget, but he said the projects will pay for themselves over time.

Aviation students spend their summers high

by Jenn Mossey

While the majority of Humber College spent their summer vacation relaxing on the beach or at backyard barbecues, there were still a few students around to hit the books and drag themselves out of bed for classes.

Flight and Aviation Management is a six-semester course that runs straight through the year.

"This program starts in July, right after high school is finished, in order to take advantage of the weather," said Bob Conners, the program co-ordinator. "Spring and summer are the best times for flying."

Although the group of around 30 students have school during the summer, he said the course load is not as heavy as it would be during the regular school year.

Instead of spending 20 hours a week in the classroom, students spend about half of that in class during the summer. This enables them to get a summer job if they need to.

Conners said that year round schooling is either something that attracts students to the program or turns them away. They miss out on their break and a chance to make some extra money, but they also finish a year earlier than they normally would if they didn't go to school year round.

"I don't think that it's necessary for other courses because students need a break, but it is necessary for my course," said first-year flight student, Jason Regimbal.

"You give up a lot of things in year round schooling," said Michael Patenaude, a second-year student in the flight program. "It's hard to see everyone go home for the summer while you stay behind."

Patenaude said he would sacrifice a couple of summers in order to finish school early, get a job, and start making money.

"Why go to school for three years when I could just go for two?"

Mike Patenaude, second–year flight and aviation management student, does the walk-around (left) to check the plane and inside the cockpit, he does the instrument check.

Protect yourself using intelligence

by Derek Malcolm

A group of female students learned that the daytime isn't always their friend, thanks to a street-proofing seminar hosted by police, campus security, and the Humber College residence on Sept. 14.

Police Constable Stewart Davidson, from Etobicoke's 23 Division, spent over an hour with the women in attendance.

Constable Stewart Davidson demonstrates techniques to prevent victimization.

"The reality is, women are being victimized by men," said Davidson.

He demonstrated a number of effective ways to avoid being victimized.

Davidson stressed three basic principles: awareness, avoidance, and action, then showed the techniques used to support them.

Davidson said first a person should be aware of their surroundings, regardless of the time of day. "A lot of people think they're going to be victimized in the night time. That's simply not true."

He encouraged the women not to be afraid of over-reacting.

"If it feels wrong, take the necessary steps."

Body language tells a lot about a person. When going anywhere, walk with purpose, with your shoulders and head up.

"I don't want to see your hands in your pockets," said Davidson. "You're telling these people (aggressors) you're watching, you're scanning."

Davidson suggests that if anyone encounters an aggressor, they can control their breathing by taking deep breaths.

"This will help you to remain calm and make better decisions," he said.

Davidson said the third step is to establish eye contact. Look the aggressor in the eye.

According to Davidson this tells the aggressor, 'I know you're there, I can identify you, and I'm not afraid of you.'

If the aggressor isn't scared off at that point, the fourth step is to walk across the road.

Davidson stressed that aggressors usually strike when a person is isolated or when the opportunity presents itself. So the fifth step is to shout.

To demonstrate, he yelled "Hey! Get the hell away from me!" jolting his audience.

> *"The best weapon we have at our disposal is our intelligence."*
>
> **–Constable Stewart Davidson**
> **23 Division**

He suggests creating a scene, and not being afraid to use profanities. This is intended to scare the aggressor, remove the isolation factor and attract other people to your presence.

"If that person is still after you, run," Davidson urged. "If you're lucky enough to get away, don't just keep walking, call the police."

Davidson also covered some techniques used if a physical confrontation can't be avoided. Contrary to what people may think Davidson said, "the crotch is probably the least area you're gonna hurt (someone).

"Men instinctively protect that area. "

Davidson demonstrated several techniques, but suggested that those interested contact the local police division for training information.

"Your personal safety should be your concern," Davidson said.

"The best weapon we have at our disposal is our intelligence."

Leap to higher learning made easier

by Andrea Austin

With the increasing demand for employees with both a college and university education, many students are getting their Humber diplomas as a stepping stone to a university degree. Articulation agreements between Humber and several universities help make the switch from one school to the next more inviting.

Colleges like Humber have articulation agreements with universities so college diplomas count as the equivalent to certain courses in university.

"This is a new field at Humber, as it's a new field in Ontario," she said. "It's something that will be of growing importance in Ontario over the next five years."

Susini explained that a specific department in Humber signs an agreement with a particular department at a university.

Humber offers several programs that allow students to do this. These programs are outlined in this year's Humber College University Transfer Guide. Humber students looking to make the switch from college to university can use the guide to plan their best move.

"The program I'm in has always had a good reputation in its field, so I knew that it would lead to better opportunities."

Darilyn Coles, third-year public relations student

Sheila Susini, co-chair of the University Partnerships Steering Committee, said these types of agreements are new to Ontario.

The second annual guide shows students which programs and courses to take here that will receive credit at a university.

Humber has made arrangements with universities as far as Australia.

Graduates of Humber's accounting program, for example, can transfer to the last year of Lakehead University's three-year BA program.

Darilyn Coles, 32, a third-year Public Relations student, and event co-ordinator for Humber's career centre, came to Humber intending to move on to university.

"It's always been a dream, a goal that I've had," she said. "The program I'm in has always had a good reputation in its field, so I knew that it would lead to better opportunities."

Coles said she was working in a dead-end job and wanted a new approach to her career.

"In the short-term I want to own my own business, and in the long-term I want to be in an executive position. You just can't have that without a university education."

Coles has been involved in the project with Sheila Susini, and helps organize Humber's University Fair, held annually for the past three years. Representatives from various universities visit Humber, both to promote their schools to students, and to create partnerships with Humber like the transfer agreements.

"It's all about how fancy your piece of paper is when you're done."

Terry Lee, first-year media foundations student

"We've had an excellent response from the universities. They were blown away. The key is to promote and lead to more partnerships," Coles said.

Susini, like Coles, felt that the agreements between Humber and other universities will help make a mixed education more accessible to students, which may mean students will find it easier to find the job they want.

Terry Lee, a first-year Media Foundations student, said he's taking the one-year program so he can move on to university, where he feels he'll obtain the education that will eventually get him a job.

"University's more recognized (than college). If I have a certificate, what's that mean to an employer?" Lee said. "It's not as recognized as a BA or MA. It's all about how fancy your piece of paper is when you're done."

Susini said a university education does carry some weight with employers.

"If you're going to move up the ladder in a corporation you need the credentials. Companies have policies. When you move up the ladder in a corporation often the hands-on training is important (from college), but also the training from universities," Susini said.

Students who want the hands-on training of college and the theoretical preparation of university may now find it easier to get them both.

University transfer guides are available in student services in D128.

Stay Safe at Humber

- If you're concerned about being alone at night, you can call security and let them know you're alone and when you're leaving the college.
- Always walk with a friend or someone you trust at night
- If you don't want to walk alone, for security for an escort.
- Keep in well lit areas. Avoid walking in dark areas.
- If walking alone, do so with confidence and be alert and aware of your surroundings.
- If something makes you feel uneasy, get away from the situation.
- If you suspect someone is following you, switch directions and call security.
- Make a 'scene.' If you're in an uncomfortable or threatening situation, make other people notice. That way attention is drawn to the person bothering you.
- Carry your keys in your hand. Don't fumble for them at the last moment when you're going to your car or getting into your car.

Files from Humber's personal safety guide.

Tips for avoiding physical confrontation:

- shout *'I'm pregnant'*
- shout *'I've got AIDS'*
- shout *'I'm on my period'*

from Constable Stewart Davidson

New president needed, volunteers welcome

by Seanna Murray-Neck

Humber's oldest club will be looking for a new president.

President of the Lifeline Christian Fellowship Club, Christine Chan, is graduating this year from business management at Lakeshore. Chistine has been the club president for two years and said it has been a great experience for her.

The eight-year-old club was founded by Randy Galoway, a full time Baptist Minister.

Len Thomas, the clubs' organizer, said one of the reasons the club has lasted so long is because they try to be flexible to the needs of its members. He said the club "provides spiritual growth while on campus and members feel as though they are a part of something bigger."

Chan says there is a strong need for a campus Christian club "because Christians want to be with other Christians, strengthen their fellowship and beliefs, while spending time with people of the same interests."

The club is derived from the Baptist Student Ministries (BSM) and financially sponsored by the Canadian Baptist churches. The BSM is the largest Christian campus organization in North America.

"Members feel as though they are a part of something larger."

Clubs organizer, Len Thomas

Humber's club boasts a membership of about 35 students and Thomas is expecting that number to grow as the year progresses. Club members are free to come and go as they please and do not have to be of Christian faith.

Thomas said that they encourage members to become involved in a local church of any religion, but they do not want the club to become their (members) church "because when they get out of school where do they go? We find they drift away from the church."

Thomas said that the club will also suggest a church for students who are not from the area and are looking to attend church while going to school.

The new president will be elected from those who volunteer for the position, and will be expected to help organize events such as the Bible studies which take place in the Interfaith Prayer room Mondays and Tuesdays from 10 a.m. to 11:45 a.m.

Student members and non-members can drop into the SAC office club room on Mondays, Wednesdays, and Thursdays from 1 p.m. to 3 p.m. to talk or take part in a Bible study and also participate in gym nights in A137.

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New, opened and improved, Lakeshore gets a makeover

by Tanya Verrelli

There are big changes underway at the Lakeshore campus. Right now a central utilities plant is under construction in order to make more services available to the campus. Once completed, a parking lot and landscaping will be rebuilt on the property.

"I think it will just be beautiful when it's all finished," said Lakeshore principal Pat Ferbyack. Towards the end of construction, renovations to building F are scheduled to begin.

Currently, Lakeshore is holding classes in four out of ten cottage buildings. One cottage is currently being used by the Ministry of Health, while the other five remain boarded up. "We have enough power for the buildings we're using now," said Ferbyack. "But we haven't got enough power for telephones and computers as we start to open up more and more buildings."

Building F, a historical cottage from the 1890s, is the next in a row of cottages to be opened.

According to Ferbyack the school plans to house some of the Built Environment programs and the University Centre in the buildings. Currently, all of the Built Environment programs are located at the North campus and only some will be relocated.

The University Centre already uses some of the classrooms at Lakeshore.

Ferbyack said there are six more cottages that will ultimately come up for rennovations.

> *"I think it will just be beautiful when it's all finished."*
>
> **Lakeshore principal Pat Ferbyack**

"It depends on money," she said. "One more (cottage) within the next year and then we'll see how quickly we can do the next."

There has been talk about a residence for the Lakeshore campus, but Ferbyack said there aren't any final plans yet.

For now, the five unused cottages will remain empty.

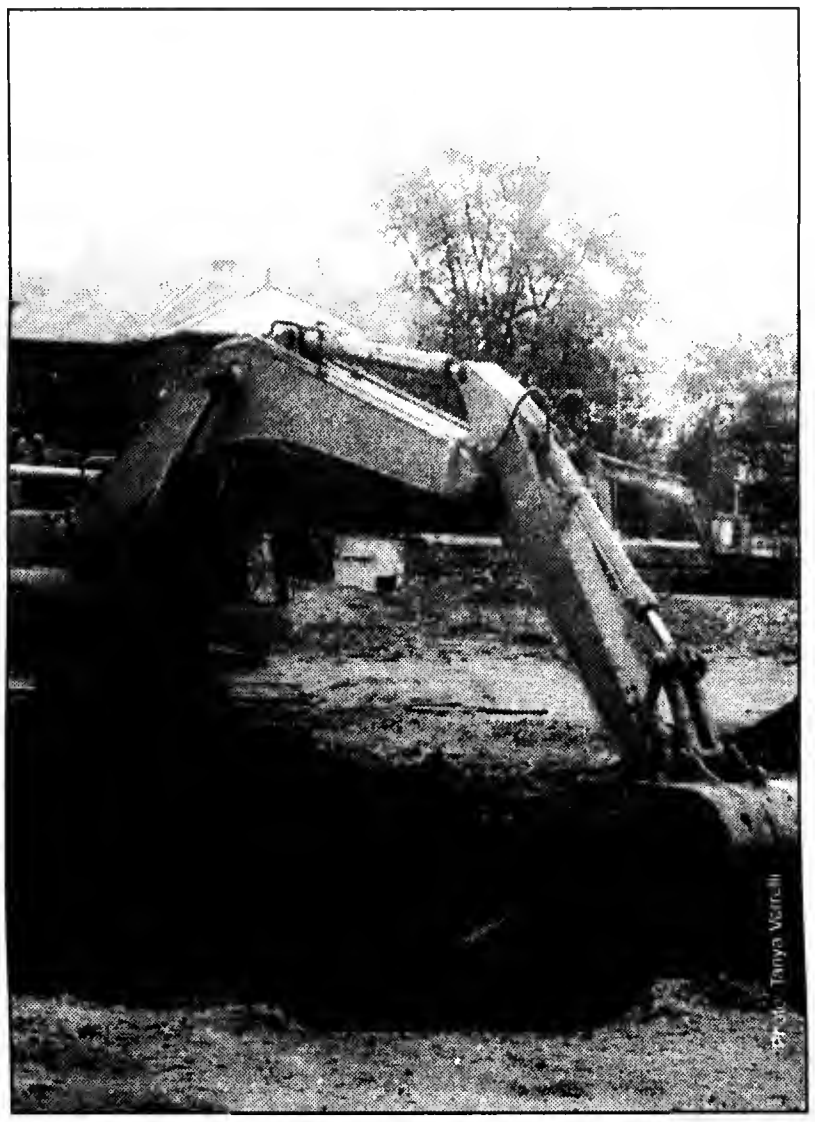
Photo: Tanya Verrelli

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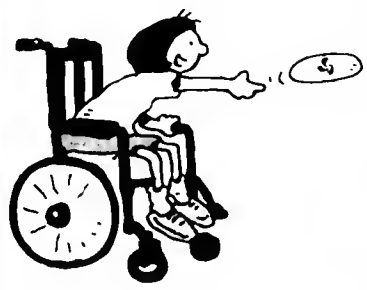

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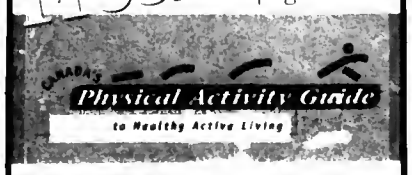

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Finger Eleven rise above with Tip

by Charlie Rashed

The alternative group Finger Eleven, formerly known as Rainbow Butt Monkeys, are currently on their way to completing their successful tour along side The Tea Party.

The Canadian group, which originated in Burlington, Ont. consists of Scott Anderson (vocals), Sean Anderson (Bass), James Black (lead guitar), Rick Jackett (guitar), and Rick Beddoe (drums).

The five longtime friends have always been passionate about music. They formed a band in high school and started doing covers for a period of time before performing original material.

"The evolution of our group was pretty natural," said vocalist Scott Anderson. "We were tired of doing covers. So we submitted some songs to radio contests and finally won. Things just fell into place after that, and about a year-and-a-half later we had an album."

Finger Eleven from left to right are: James Black, Sean and Scott Anderson, Rich Beddoe, and Rick Jackett

After releasing one CD as Rainbow Butt Monkeys, the guys realized they needed to change.

"A lot of things changed with us," lead guitarist James Black commented. "We changed management. We were about 16 years old when we started. Our band got noticed about two years later and then made a CD in about another two years. We're talking about four years of musical growth. Our band changed, so changing the name of our group only seemed right."

The group, who write their own songs, have no favourites.

"Everytime we write a new song," Black commented, "that one becomes our favourite. Although we do owe a lot to Quicksand." (Their first hit single in the U.S. from their CD Tip).

Red Hot Chili Peppers and The Tragically Hip are two of the groups Finger Eleven credit as influences.

"We really respect the Hip," Anderson confessed. "They sing music from their soul, and it's about something. That's what we've always wanted and will continue to strive for."

Music Award shows can be a pivotal moment in a band's career. Overlooked at this year's MuchMusic Awards, Finger Eleven remain optimistic about them.

"Awards are cool if you win," Black said. "But if you don't they're also cool to shrug off. I can't stand people who say it's all about the music and then show up for their awards. It's either one or the other people."

Finger Eleven, who will perform along side Our Lady Peace and Moist in November, are overwhelmed at their sudden success.

"It's definitely a dream," Anderson said. "We never looked at our future in long-term possibilities. We played it by ear and never took anything for granted. We weren't concerned with commercial success. Our concerns are our fans. People who are concerned with commercial success are missing the whole point of music."

Three Kings is a charm with Clooney

by Dayna Hahn

Writer and director David O. Russell was in Toronto last week to meet with film students at the Canadian Film Centre, where he discussed his new movie Three Kings.

Three King which opens Oct. 1, is Russell's third film, starring George Clooney (Major Archie Gates), Mark Wahlberg (Sergeant Troy Barlow), Ice Cube (Chief), and newcomer Spike Jonze (Conrad Vig).

The movie's plot starts in March of 1991 and the Gulf War has just ended. During a routine strip search of an Iraqi solider, Barlow finds a map that leads to stolen Kuwaiti gold. Barlow, Vig, and Chief then team up to steal the gold. Special forces Major Gates catches wind of what the three men are up to and wants in on the deal. The foursome set off on an adventure to find the gold but find more than they bargained for.

Russell describes the film as "a heist gone wrong, and it is a story of what happened."

When asked about the casting, Russell said Clooney was not his first choice for the lead. He envisioned Nicholas Cage in the part, but due to scheduling problems, Cage could not do the film. Clooney was chosen because "he had just come off a strong performance in Out of Sight," said Russell.

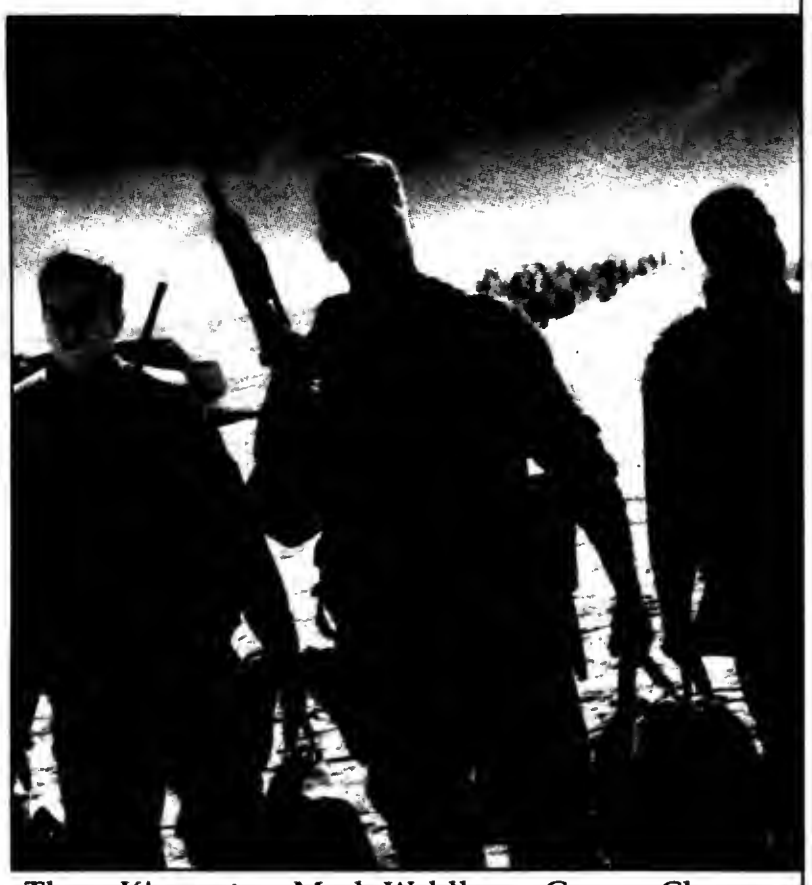
Russell was happy with Clooney's performance and said, "he is really good at playing it double edged." Something can be funny one moment and completely straight the next.

When discussing the premise for the film Russell said, "it is absolutely true that when the war is over things get very much more relaxed and guys go off."

There were three military advisors on the set to ensure the accuracy of the film.

When the Gulf War ended, President George Bush told Iraq to rise up against Saddam Hussein. When the people started to rise up, the Iraqi army slaughtered them. The American soldiers could do nothing about it because the cease-fire agreement had been signed. Russell said, "they did not let the democratic uprising happen. They didn't support it. So the guy who did support it got arrested and charged as a criminal."

Three Kings is not just an action film. It also has a very strong political statement. Russell questions America's actions and their involvement in the war. Russell said that viewers will "have their perceptions rocked," by this film. Russell chose not to be heavy-handed with the message. It is an undertone in the movie, not the main focus. He did not want to risk alienating the average action film-goer.



Three Kings stars Mark Wahlberg, George Clooney and Ice Cube

The straight facts behind being a movie extra

by Tracey Ballantyne

Becoming a film and television extra isn't as hard as you once imagined it would be.

It requires no experience, talent, beauty and almost no up-front money.

In fact it's easy.

All that is required to get started is your photo, some spare time and a lot of persistence. Researching various agencies is an important part of the process when finding out which ones are legitimate.

Margaret Barbour, 27, earns her living working as a background performer.

"Where in the world can you play pretend all day and get paid for it? Do this once on a really fun day, and you're hooked," said Barbour.

"Anyone from grandma sitting in a rocking chair, to a little three-year-old can be an extra," Barbour said, "as long as you show up on time and keep you r mouth shut when on set."

Nick Bedley, 24, has been in the industry for a year and said it's a great side job for students.

"It's a good job because you can pick shifts. If you can't take a shift, you can turn it down," said Bedley.

He added that there is plenty of time to do homework because there is so much time spent sitting around.

Phil Sutherland, 25, is also an extra. "Being an extra is a great way to meet people and is an opportunity for people with no talent to become movie stars," he said.

He broke into the industry after entering dance competitions as a child. He advised, "if you don't feel comfortable, don't do it."

He said this advice applies when you're on set, as well as when dealing with agencies.

Sutherland and Bedley have met a number of icons. Sutherland has met stars including Jared Letto, Neve Campbell, and his all time favourite rock band, The Misfits (on the set of Bruiser).

Bedley met a lot of stars on set, including Eddi Furlong and the band members of Kiss (Detroit Rock City).

Barbour said her favourite movie set was the club scene of 54, where she got to meet Mike Myers and Ryan Philippe.

"The atmosphere was just right on. I didn't want to go home. It was just one big happy family," said Barbour.

Both Barbour and Sutherland agree that most of the time the stars can be quite nice, as long as you play it cool.

Sutherland said one of the best times he had on set was when he went for a walk with Jared Letto and had 14-year-old girls chased them around.

In most cases when becoming an extra you are expected to invest some money before making a profit.

"Most places (agencies) will ask for a registration fee between $50 to $100, but my agency (Tamara's Bookings) let me pay $25, and work off the rest of the fee," said Barbour.

She also said there is a commission, from your $7 an hour, to be paid to your agent after every job. It is between 10 to 15 per cent.

"Anything else (you pay after that), you can be pretty sure it's a scam," said Barbour.

Barbour said that when looking for additional information, people should call Alliance of Cinema, Television, and Radio Artists (ACTRA), an actors' union which offers information on reputable agencies, in and around Toronto. They give information about pay and union regulations.

You meet the stars and make a bit of money but as with every job it's not always a breeze.

Living life as a film extra; Phil Sutherland and his friends

"It can be a very difficult field, it can be boring and tiring," said Sutherland.

Crowded film and television sets with lots of extras can be a bad thing.

"It's miserable, you don't get treated properly, and you aren't given the respect you deserve," said Barbour.

Bedley said that too many people in the industry complain about the hours, "but you get a week's pay in a couple of days."

Offering advice to directors, Barbour said, "even though we're a dime a dozen, you (the directors) couldn't make your film without us."

If $7 an hour and an opportunity to meet movie stars (and maybe become on too) sounds exciting, call ACTRA at (416) 489-1311 or visit their Web Site at, www.actra.com, for more information.

Set these CDs on high rotation

efforts.

offerings are mellow and hearted.

Opening track 'Alone,' is a wavy, dream-like tune breeding a slight Red Hot Chili Peppers feel to it.

Loving, touching and spiritual 'Two Hands of a Prayer,' is a soft tune where Harper's soothing vocals are brought to the forefront as opposed to his guitar work.

'The Woman In You,' is a bluesy ballad, while 'fun,' is a jazzy swing adding diversity To Shine.

ing room for listeners hitch a ride on the funk 'Steal My Kisses,' feature beatboxing, and

ing lyrics. A beautiful closing, 'In The Lord's Arms' is a track listeners will want repeat listings of.

- Michele Stefancic

Gomez – Liquid Skin

It's been a year since Britain's Gomez released their debut CD, Bring It On.

Since then the band has toured the world extensively, cury Prize Award, month off to write se 30

boards), and Ben Ottewell (vocals, guitar), narrowed them down to the 11 tracks found on their latest release Liquid Skin.

Although hard-core Gomez fans will find Liquid Skin a continuation or extension of Bring It On, Liquid Skin's 11 tracks are all solid.

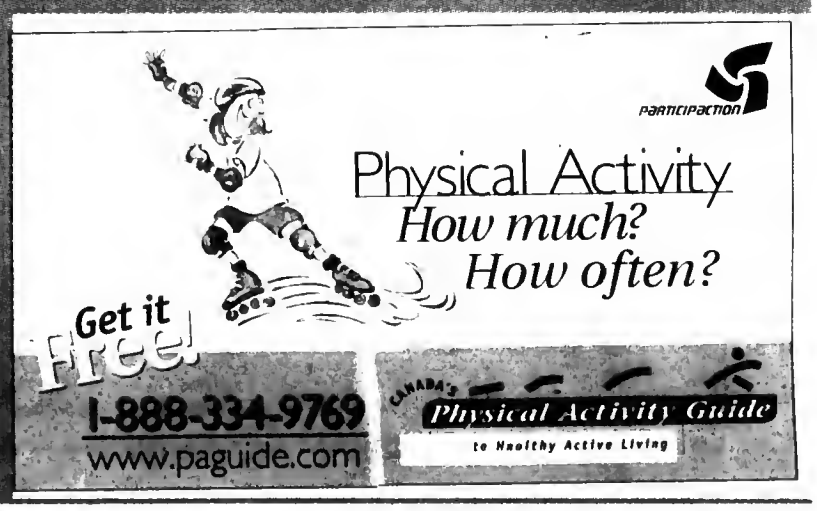
Creating a sound uniquely their own and distinctly refreshing, Gomez have created tunes to rock out to 'Bring It On', dance to 'Hangover Girl' and mellow out to 'Blue Moon Rising.'

Combining Ball's sweet innocent vocals, Ottewell's raspy mature vocals, Tom Gray's funky guitar work, Blackburn's wicked bass lines, while rounding out their sound with amazing percussive drumming from Peacock, Gomez cover a huge musical spectrum on Liquid Skin.

Highlights found on Liquid Skin include 'Revolutionary Kind,' with its great dance beat and funky samples. In 'Blue Moon Rising,' Gomez introduces the bongos into their musical spectrum on the jazzy, Mexican flavoured track.

Liquid Skin comes highly recommended.

- Michele Stefancic



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What's your card done for you lately?

Youth having sex at an earlier age

by Lara Rizzo

Canadian youth are among the world's youngest sexually active people, yet many do not practice safe sex, according to the results of a 1999 Durex Global Sex Survey.

The youth perspective survey focuses exclusively on the sexual attitudes and behaviour of youth across 14 countries, between the ages of 16 and 21, lifting the lid on what youth think about sex and related issues.

The survey in Canada is to highlight the issues that face today's youth, and to encourage young people to use condoms as protection.

Sexual education is one of the key themes of this year's survey. It provides some indication of how sex education influences the earliest years of sexual behaviour and attitudes.

While a quarter of those surveyed cited parents as their first source of sex education, only 12 per cent said parents provided the most information.

"Parents may side-slip when it comes time to educating their children with issues about sex. They may become embarrassed when they have to explain sex issues, because the issue is almost private and very delicate," said Registered Nurse Marg Anne Jones at the Humber Health Centre.

The survey reflects the views of both non-sexually active and sexually active individuals.

The release of the Sept. 21, 1999 Durex Global sex survey said that the average age young people are losing their virginity is dropping at a dramatic rate.

Canada and the U.S. have the youngest sexually active population, with youth losing their virginity at 15 – almost a full year younger than the global average age of 15.9.

The study shows that a staggering 28 per cent of the respondents did not use contraception for their first sexual experience, the main reason being the lack of availablity.

Looking at the survey, it's concerning that young people are experimenting with sex without the benefits of knowing the risks. Sexually transmitted diseases and unwanted pregnancies are two examples.

With such strong evidence of the risks of unprotected sex all around them, it's even more surprising that some young adults still fail to protect themselves.

The good news is that the survey shows 72 per cent of the sexually active global sample used some form of contraception for their first sexual experience.

The study, which was funded by condom manufacture Durex said most young people first received sex education and information was from their friends.

The study suggested parents must start educating their children about sex when they are little and build up as the years extend.

"There is an advantage when it comes time to receiving education about sex from parents, because it builds a loving relationship and an overall caring person," Jones said.

The Health Centre at Humber offers non-judgmental information for young adults on sex education and the nurses are pleased to help if there are any concerns.

Key Canadian Findings

*Durex was the official sponsor of the 1998 World Aids Conference in Geneva. The company has recently launched a global youth education program.

*Canada is home to some of the youngest sexually active people. Canada and the United States have the lowest average age of the first sex at 15 years old, with the United Kingdom at 15.3 years old. Young adults in Canada are having first time sex at almost a year earlier than the global average of 15.9 years old. Young Canadians who are not protected are at risk of contracting a sexually transmitted disease.

*Young Germans receive their sex education earlier than any other country, at an average age of 11.3 years old, closely followed by the UK with an average age of 11.4 years and Canada and Italy both with an average age of 11.5 years

*36 per cent of 16 to 21 year olds surveyed expect to have sex with a new partner before the end of the first month.

Files from: 1999 Global Sex Survey sponsored by Durex condoms.

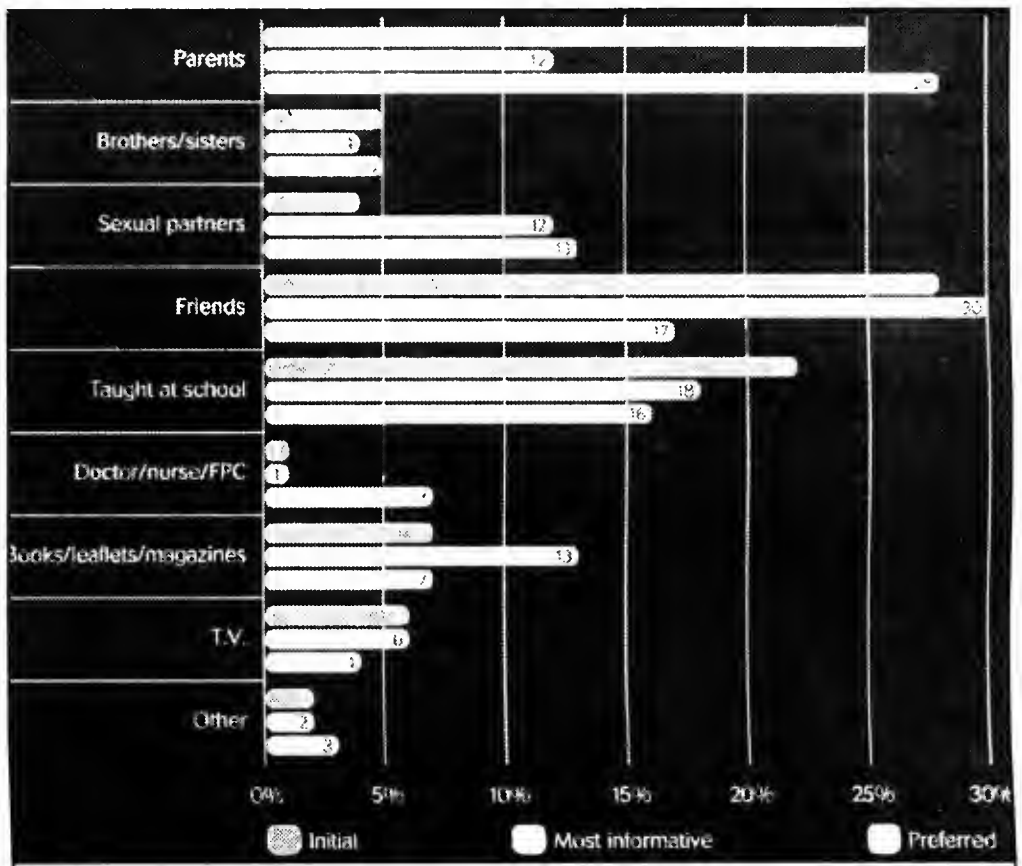

Fig 1.1: Sources of sex education.

Globally, the greatest source from which most young people first received sex education, and from which they gained the most information, was their friends. The results indicate that 28% of the young adults first learned about sex from friends, while 30% said friends provided the greatest quantity of information.

–Durex 1999 Global Sex Survey–

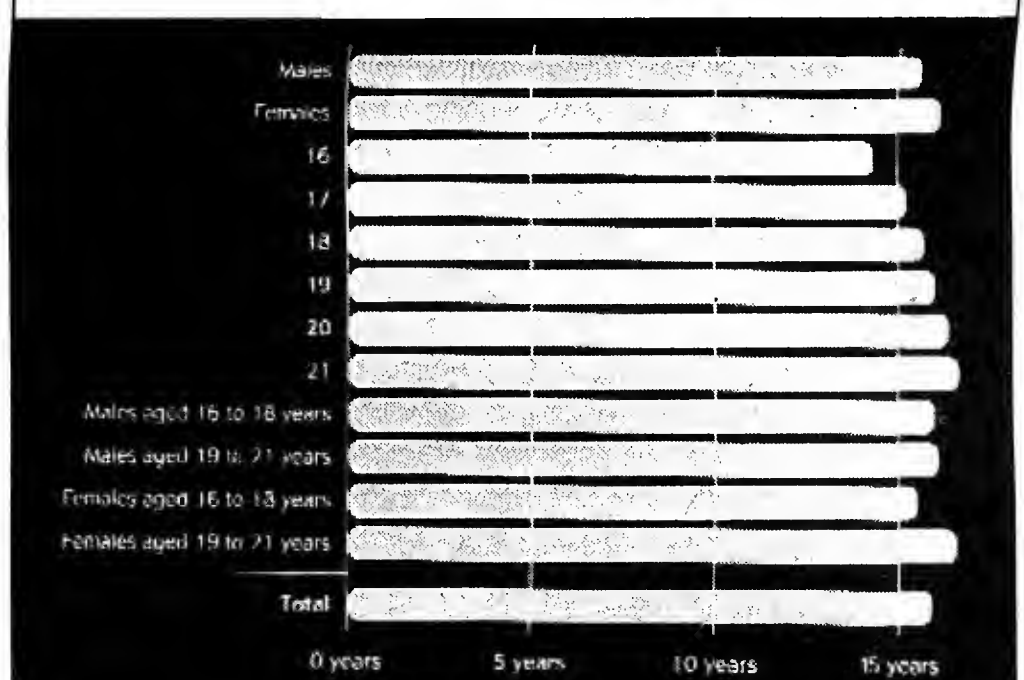

Fig 2.1: Average age of first sex

Young people on the North American continent and in Western europe are having sex earliest.

Globally, the average age at which sexually active 16-21 year olds first had sex is 15.9 years. Men in this age group say they had sex earlier than the women – 15.6 years compared to 16.2 years.

–Durex 1999 Global Sex Survey–

*c. etc. etc. etc

Rated F for classification

by Melanie Irvine

Ontario's movie ratings have come under heavy criticism from parents who say their young teens are being exposed to too much swearing, sex, and violence.

Experts are questioning whether the ratings need to be changed or whether cinemas aren't taking responsibility for enforcing them.

The architecture of Mississauga's Famous Player Colliseum theatre is an open concept that allows teens to play video games, eat, and socialize even before they purchase tickets.

Cineplex Odeon's Sherway cinema has kept their traditional style of buying tickets at the door to get in, then getting it ripped once inside.

"Most of the time the smaller theatres don't check, sometimes they do and sometimes they don't," said Laura Pereira, 19, a first-year Law Clerk student.

All theatre employees can check identification three times: when you purchase the tickets, when your ticket is ripped, and finally at the door of the auditorium if they're still suspicious.

"I'd get my brother or an older friend to buy the tickets for me so I could get in," said Jay Culala, 19, a first-year Design Foundations student.

Mary Ellen Gamble of the Ontario Film Review Board (OFRB) said it is a rare occasion that a young teen gets into a restricted movie, and that theatres are very strict about it.

"They follow the rules very carefully," she said, "because they can be prosecuted and could lose their licence."

Lisa Dawson, executive director of Student Affairs said she believes the problem lies within the theatre employees themselves. She said a lot of them like to let in their friends and they really don't think about younger children seeing an inappropriate movie.

Dawson believes the ratings have to be taken more seriously.

"I don't think they're bad," she said, "I just think they aren't enforced at all."

The OFRB works with regulations developed by the Ontario government to review and rate movies or videos before they're screened and distributed. An information package from the OFRB states that their objective is to "classify films and videos and thereby to provide you, the public, with sufficient information to make informed viewing choices for yourself and for your children."

The basic ratings originated in the 1980's but have been altered due to "external social forces," according to the package.

Culala agrees that ratings have become stricter since he was a young teen.

"I think they're stricter because more violence and coarse language is in movies that are out there today than what used to be," he said.

The most controversial of all the rating categories is the adult accompaniment classification. These particular films are deemed suitable for teens 14 years and older, but if accompanied by an adult children even younger than 14 may attend. Movies in this class have violent fighting that may or may not be fatal, but it must happen within the context of the film. There is also full frontal nudity in these movies, but it's considered casual and there are no close-ups. Kissing, fondling, and implied sexual activity can also be seen in movies in this category.

Automated ticket purchases make it impossible for employees to determine the age of the movie viewer.

The family category is the lowest and most appropriate for young children. Words do not exceed darn, damn, and hell. There may be "casual" non-sexual nudity, and the sexual activity is limited to hugs and kissing in a "loving context."

PG, or parental guidance is for all movie goers but parents should be advised that some contents may not be suitable for their children. Restricted is for teens 18 years and older.

Gamble said future plans to incorporate another film classification between adult accompanied movies and restricted movies is on the drawing table. The new category will be called 18A and teens under the age of 18 will have to be accompanied by an adult.

"A lot of the times there's a grey area there between AA and restricted movies where they don't quite fall into AA and they don't fall into restricted either, so we really do need that category there," Gamble said.

Cool your engine and calm the rage

by Lara Rizzo

You've just been cut off and you feel stressed, frustrated and you're wondering why the driver is so careless.

"They (drivers) are really annoying. They try to get around you by passing on the right and it's dangerous," said Hilary Lawrence, a second-year Chemical Lab Technician student.

Aggressive drivers who speed, tailgate, and weave in and out of lanes put themselves and others at risk.

Two possible solutions to combat road rage are by religious methods and stress relaxation while driving.

Pastor Jeff Sing-Pudala, an evangelist from Crossroads Community Church in Brampton, said we have more cars on the road, more congestion and more opportunity for people to engage in aggressive driving.

"Becoming a peaceful driver means being prepared to make a conscious decision to remain calm and avoid any dangerous situation," Pastor Jeff said.

Honking and cursing are symptoms of road rage

Pastor Jeff focused on hopes to combat road rage by informing drivers to listen to soothing soft; perhaps religious music while driving.

"Music has much to do with the way people drive," Pastor Jeff said. "It will soothe their mind as they drive safely and peaceful to their destination."

Pastor Jeff referred to a unique audiocassette, The Peaceful Driver by Unity minister Allen Lies, that offers practical and spiritual ideas aimed at reducing the incidence of aggressive driving and road rage.

Iris Weverman, a stress therapist at the Dorothy Madgett Clinic in Toronto, said that a lot of stress happens while driving.

"Drivers must learn to concentrate while driving by thinking positively or try to develop mental exercises that will soothe your stress level," Weverman said.

Weverman said that stress is based on the feeling of adrenaline in the body that may be effective in order to relax the body by levelling your breathing.

"To reduce stress while driving, try to reduce the importance of the event, reduce uncertainties, listen to music or relaxation tapes, control breathing and think positive," said Weverman.

Constable Bill Schertizing of Peel Regional Police, said there is no tolerance for aggressive drivers. Penalties for aggression on the road can range from a fine for speeding to jail time for careless driving. The only way to correct aggression on the road is through enforcement.

"Public education is a good way to inform young drivers about the laws," Const. Schertizing said. "It will allow young drivers to learn better driving habits as the years extend."

Aggressive driving is categorized in four major driving offences: speeding, running a red light or stop sign, failure to yield the right of way or reckless driving.

Timothy Goewhich, a second-year General Arts and Science student, said, "don't freak, chill-out. Take it easy. Everyone is going to get there,

How to prevent road rage:

***Allow yourself plenty of time.**

***Be considerate and defensive by always using turn signals, paying attention to the road as opposed to a cellular phone call.**

***Don't block passing or merging lanes.**

***Practice common courtesy - even if others don't (avoid rude hand gestures)**

***If you start to get angry, remember: losing a few minutes to a driver who cuts you off is better than losing days or weeks recovering from an accident.**

***Report any incident of aggression, along with the driver's license plate number to the police.**

Files from Toronto Sun: June 16, 1999

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Bizarre briefs..

This may be hard to swallow but fasting on religious holidays may cause some folks to become anorexic.

According to Dr. Emily Kravinsky, a psychiatrist for The Renfrew Centre, a clinic which treats folks with eating disorders, religious holidays that require fasting, such as Yom Kippur and Ramadan, can trigger eating disorders.

Kravinsky said fasting can encourage problems such as binging and purging in people who already have a poor self image.

It is also a bad idea for anyone recovering from anorexia or bulimia because it can make the problem seem worse.

Dr. Kravinsky said even religious leaders agree that it is better to go without a religious tradition than to endanger your health by fasting.

Emmaus, Penn.– Even if men aren't from Mars and women aren't from Venus, they are still worlds apart in the bedroom. According to a new sex survey conducted by a "Mens Health" magazine, the number one turn on for guys is oral sex. Other top turn on's for women include manual stimulation, foot massages and men who can cook. Meanwhile, male turn on's include being ordered around, bedroom acrobatics, and women who are actually greatful after sex.

London, England – Mexican tourist officials are bursting a gut over a new British report which claims Mexico is the number one spot for tourist attacks of diarrhea.

The survey by "Holiday Which?" magazine reveals 58 per cent of tourists who visit Mexico wind up getting a bad case of the runs.

In second place is the Dominican Republic, where 48 per cent of tourists get tummy trouble, while the U.S. actually sickens 11 per cent of tourists visiting from abroad.

~www.flashnews.com~

Rexdale Youth Resource Centre offers Humber students support

by Nicolette Beharie

For two years now, The Rexdale Youth Resource Centre (RYRC) has offered assistance to nearly 5,000 young people.

The Rexdale Youth Resource Centre offers supportive services such as free child minding, free tutoring, and various other workshops. RYRC is sponsored by Resources Development Canada.

The centre was formed after the Employment and Immigration Canada sponsored a study for youth in Etobicoke and held a community forum to discuss issues that concerned young people. Youth, youth service providers, and parents attended, and they came to the conclusion that people wanted both an employment program and access to supportive services. Community organizations collaborated to get funding for this concept of a multi-service agency.

Humber is in partnership with the Job Connect program that is offered at the centre. Youth who are looking for jobs speak with an employment counsellor and together they discuss suitable opportunities with the help of a job developer from Humber.

Lynda Oswin, co-ordinator of the centre and former Humber grad, praises the centre for providing very equal access to youth.

"Our client base stretches from young people who may have one or two credits in high school to clients who may have completed their university degree, and everybody in between," said Oswin.

The programs that are offered at the centre have attracted many post-secondary students. "We get a lot of students who are in college or university," said Korkoi Attoh, a consultant/trainer at the RYRC.

Oswin first started working with the YMCA, which co-ordinated the centre, as a Humber placement student and worked her way up to the position she holds today.

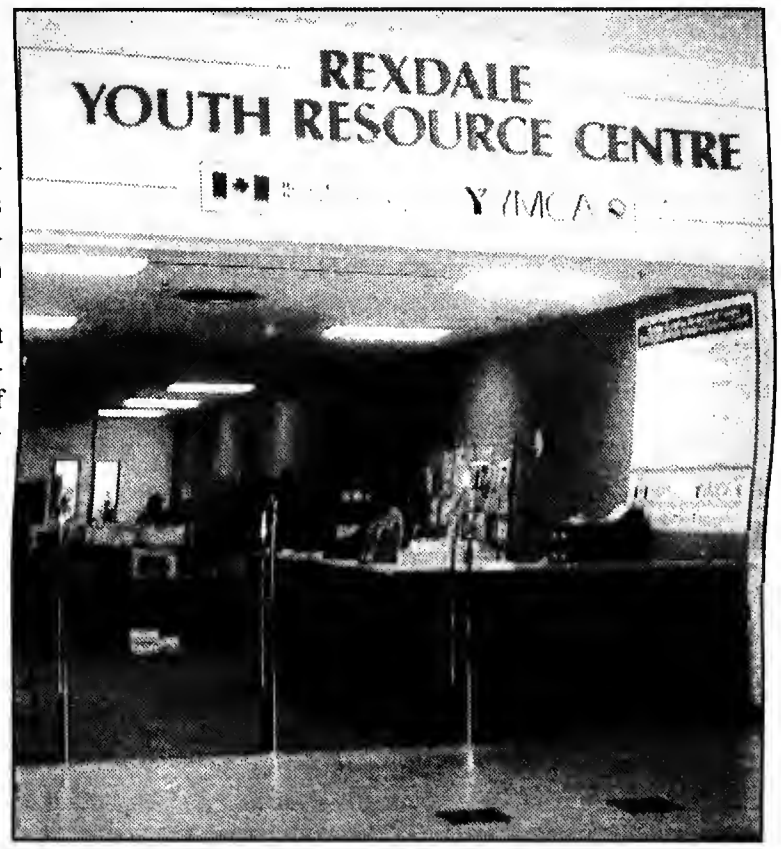
Humber College has been one of the leading agencies in partnership with the RYRC along with Human Resources Development Canada, Rexdale Community Health Centre, Toronto District School Board, Toronto Parks and Recreation, and YMCA of Greater Toronto.

Currently, they offer student placements at RYRC for Humber students in the Child and Youth Worker program and may offer an Early Childhood Education placement for their child minding program.

Donna Carnegie, a first-year student in the Child and Youth Worker program at Lakeshore campus, is a placement student at the RYRC. She considers herself fortunate to be in this position.

"I like what they do," said Carnegie. "The approach that they have to helping people is not just getting them a job, it's getting everything in order."

Contact Lynda Oswin at the Rexdale Youth Resource Centre at (416) 741-8714 for information on any services offered.



The RYRC offers various workshops, free child minding, free tutoring and much more.

Guzzling your dollars

by Lara Rizzo

Gasoline prices have been climbing higher daily, and motorists are concerned about whether it's time to go without wheels.

According to a March 19 article in the Globe and Mail, the high prices have been blamed on the oil refining industry's decision to increase its supply of fuel for early summer driving.

"Although motorists are very angry with the daily increase in gasoline, it has nothing to do with the retailer," said Brampton Petro Canada manager, Jeff Danes.

"Gasoline pricing is driven by the market forces of supply and demand," Danes said.

Factors affecting gasoline prices include the international gasoline market, the world price of crude oil, as well as the cost of producing and delivering fuel.

According to Danes, most consumers look for the lowest price, so there is enormous pressure on all stations in an area to match that price or lose customers. Retailers must react quickly to prices posted on visible curbside signs by their competitors and adjust their prices accordingly, or they may risk losing customers.

"The increase in gas prices is crazy," said Michael Yung, a first-year nursing diploma student. "I have limited driving, because it is just too expensive, and my car sits half the time."

Many other drivers say driving their car to school, work and for pleasure is not possible.

Canadian gas is priced on the international market, and is affected by world supply and demand changes as well as by political events.

"Before the huge increase in gas prices, the only time that gasoline ever increased was during a memorial holiday," Danes said. "Now that competition is the main factor in gas increases, retailers have to rely on other sources of income including convenience stores, car washes, repair shops or other business."

Competition generally benefits the consumer by providing lower prices. Eventually, prices will return to levels that will allow reasonable income for the retailers as well the consumer," Danes said.

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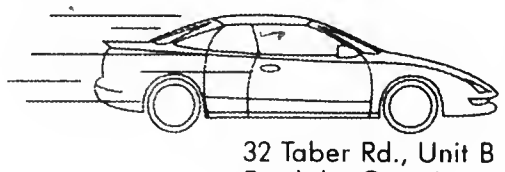

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Office affairs are OK if kept private

Humber students voice their views on office romance

by Natalie Davis

Sound like a little hanky-panky?

According to a poll of 20 students at Humber College, 60 per cent believe that this type of office liaison is perfectly okay.

The idea for the Humber poll, which was conducted, Sept. 21, came from the Toronto Sun's weeklong Sun/COMPAS Sex in the City survey, which analyzed sexual behaviour of Torontonians.

The Humber survey took a slightly different approach, asking students what they thought about dating and sex among co-workers.

Jeff Rose, a Computer technology student, said that an office romance is "nobody's business" besides the people involved in the relationship.

"Sex is fun, and clean, and ought to be shared amongst those who enjoy it ... the others are just jealous," said Rose.

He also stressed that it is important for the affair be kept 'under cover' until both parties decide that it's going to be a monogamous relationship.

Maria Priftis, a Nursing student, agreed with Rose. She said that as long as the parties are two mature, consenting adults, then it shouldn't matter if they're co-workers.

"What they do after work is their business," she said.

However, other Humber students argued that office courtship completely goes against 'the business code of conduct.'

"You simply can't relate business to your social life," said Shawn Long, a Design Foundations student. "When you're at work, you do your job."

Kim Barnett, a Creative Photography student, described office dating as "un-business like."

"It's fine for people that have part-time jobs, but if you're working for a large corporation then it shouldn't be allowed," said Barnett.

Others argued that dating among co-workers promotes an uncomfortable work environment, especially if the parties break-up.

"It's too complicated, cause you have to see the person everyday," said Ricardo Marshall, a Computer Engineering student.

According to Michele Mandel, writer of the Sun/COMPAS article Risky Business: Sex in the Office, the issue of office-break-ups is so serious in fact, that some U.S. businesses have developed 'love contracts' making it difficult for a person to sue their company if the relationship turns sour. In addition, New Jersey's Department of Law and Public Safety requires all supervisors involved with a subordinate to "date and tell."

The Humber survey also reported that three per cent of the students polled have had an office romance.

David Steyr, a General Arts and Science student, admitted to once being involved with a co-worker.

"We met and we dated for a while, but it didn't really work out," said Steyr. "It was just a part-time job though, and they're a dime a dozen."

Steyr, who was undecided as to whether he believes office dating is acceptable, said that it "definitely" disrupts the work environment.

"They're gonna be making googlie eyes at each other," said Steyr. "Even just by saying it's allowed, you're opening the door for flirting in the work environment."

When asked whether they would sleep with their boss in order to get a raise or promotion, there was a marked difference between the responses of the men and women.

Natasha Jelinek, a Police Foundations student also admitted to once having an office affair herself.

"My boss and I worked closely together for a while," she said. "He said we would never really do anything ... and ah, you fill in the rest," said Jelinek.

Jelinek said that although the relationship ended up being a "not so memorable" experience, you can't be "sure of things" until you try them.

When asked whether they would sleep with their boss in order to get a raise or promotion, there was a marked difference between the response of the men and women.

Ninety per cent of the females polled said they 'would not' have sex with their boss in hopes of a promotion.

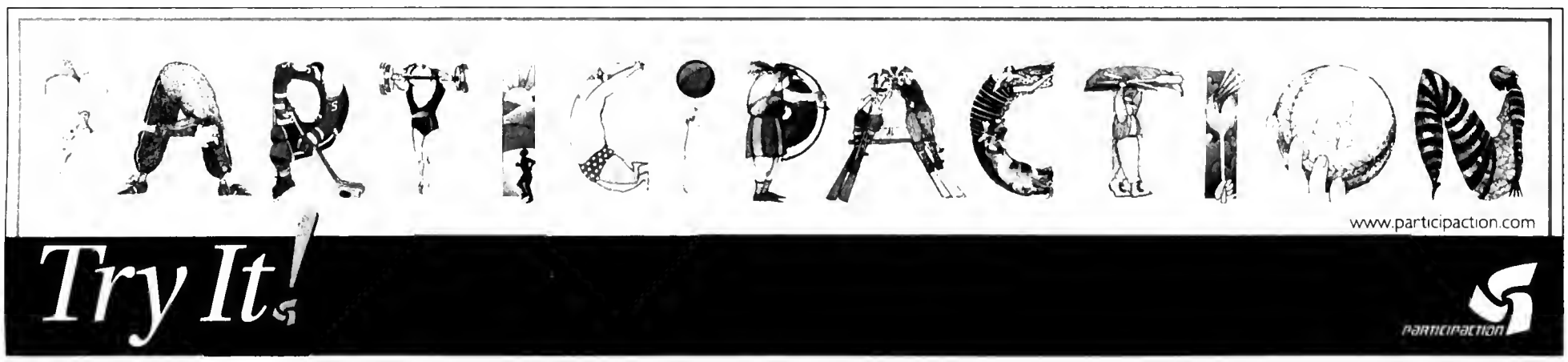
"If my job was based on whether or not I'd have sex, I'd look for another job," said Jelinek.

Ninety per cent of the males however, said that they 'would' have sex with their boss to get ahead in their company.

"It's probably something that I would enjoy anyway," said Rose. "And if it meant that I'd get a lot more money as a result, then why not. "Depending, of course, that it's a female," he added.

Priftis, who was unsure as to what she would do, said it would have to depend on the situation.

"I know it's wrong, but it would probably depend on whether or not I had kids to feed." Steyr remarked that despite what anyone believes about office dating, in the '90s it is much too commonplace to be prohibited. "Obviously from an employers point of view it sucks," he said.



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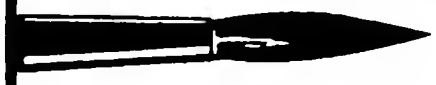

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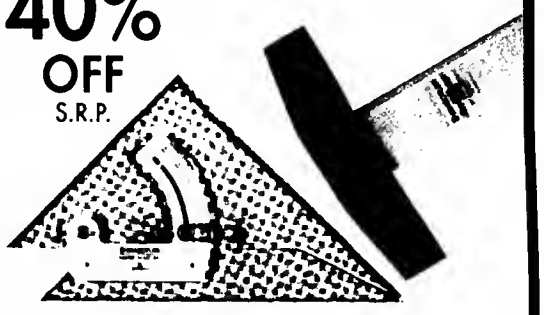

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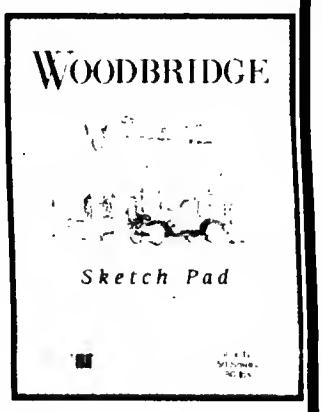

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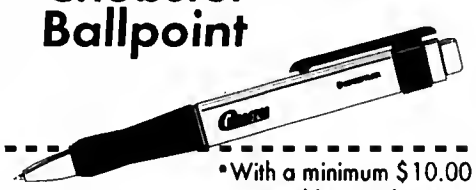

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It's almost mid-term – how good are

by Cynthia Attwood

It's the beginning of the school year and students have to look forward to assignments, exams, horrifying part-time jobs and all of the other stress of everyday life.

These days young people are showing more signs of stress than before according to the report Toward a Healthy Future, released on Sept. 17 by the federal and provincial governments.

Young people aged 18 and 19 report a high level of stress (37 per cent) compared to the rest of the Canadian population at 26 per cent.

High unemployment and pressure to do well academically are major causes of youth stress according to the report.

Assignments, family and too much to do are what stresses Lara English, a second-year Early Childhood Education student.

Studying throughout the year, rathing than cramming the night before might ease the stress of exams.

"I get stressed out as second semester approaches. I worry about passing my exams because this is my final year and if I don't pass, I won't graduate and then I won't get a job," said English.

Laura Cina, a second-year Early Childhood Education student, stresses about having to cope with school and work at the same time. Cina also worries about deadlines.

"Everything is due at once. Everything is due in November at Humber," said Cina. "I get stressed out the day before something is due because that's when I do it."

Patricia Reason, a Registered Nurse at Humber's Health Centre, said our need to consume information can lead to stress.

"Today there is an information overload. It is very hard for people to differentiate what's important. We have computers and receive information instantly and that's a big factor leading to stress," Reason said.

Marg Anne Jones, Senior Nurse at the Health Centre, recommended exercising as a way to beat stress.

"Having a healthy lifestyle and managing stress gives students an advantage when dealing with stress," Jones said.

Reason recommended doing activities such as walking or breathing exercises to take your mind off stress.

"With walking you observe what's in front of you and you stop thinking about your problems," Reason explained.

Jones advised students not to

Health Centre displays its pills

by Susan Iorfida

Humber College's Health Centre welcomed new and returning students to their open house last week to display the wide variety of services they have to offer. Among the freebies (pens, popcorn and condoms) were pamphlets outlining different types of birth control available at the Health Centre.

"We have a lot of things that are helpful to students," said Marg Anne Jones, Senior Nurse at the Health Centre.

"We offer counselling about relationships. We do all of the first-aid in the school. We give allergy needles and offer STD and HIV testing."

Out of everything the Health Centre provides to students, birth control remains the most popular reason to visit the centre.

Jones agreed that birth control generated the most visits to the Health Centre, and the reason is obvious.

The pill can be an excellent form of birth control.

"It's 99 per cent effective. One per cent is attributed to user error," said Jones. "In general, almost anyone can be on it."

The pill is a combination of two female sex hormones: estrogen and progestin. These hormones stop the monthly release of an egg by the ovaries and thicken the mucus produced by the cervix, making it difficult for sperm to enter and move up into the uterus.

Jones said that some people can expect weight gain, breast tenderness, nausea or bleeding between periods while on the pill. However, the dose of hormones is so low, the effects are minimal.

"Birth control pills are one-third of the dose of what they used to be. Side effects are much lower, and the effectiveness of the pill is still great," said Jones.

"We give you a trial pack to see if you feel all right with them (the pills) if you don't, you can switch it."

There are, however, people who should not be on the pill.

"The pill can be a tremendously trouble-free contraceptive as long as you are not a smoker. With smokers there is an increased chance of developing a blood clot in the legs," said Jones. In fact, anyone over the age of 35 who is also a smoker will not be prescribed oral contraceptives, added Jones.

However, the birth control pill also has its benefits. The pill will regulate your cycle, reduce symptoms of PMS and often improve acne, Jones said.

For those who suffer severe acne, a different kind of birth control is available at Humber's Health Centre.

"It's known as Diane35 and is a combination of birth control and acne therapy in one," said Kristina Rumford, a sales rep for Berlex, the pharmaceutical company that produces Diane35.

According to Shelly Clarke, a Nurse Practicioner at the Rexdale Community Health Centre, Diane35 blocks the effects of androgens, a type of hormone that allows the oil glands to produce more oil.

Although Diane35 is fairly new in Canada, it has been used in Europe for a number of years as just a birth control pill, not an acne treatment, and is as effective as any other type of birth control pill available.

"It doesn't have the major side effects that acutane does," said Clarke.

Acutane is an acne treatment that is not prescribed to female acne sufferers unless they are on birth control. "If you were to get pregnant while on acutane, the effects to the fetus would be very damaging," added Clarke.

The Health Centre offers inexpensive birth control.

For those who feel that they may be pregnant, the Health Centre offers pregnancy testing and the emergency contraceptive pill for $10.

"The emergency contraceptive pill is a high dose birth control pill, which makes the lining of the uterus unfriendly for a fertilized egg to attach to it," said Jones.

However, the pill will only work if you have had unprotected intercourse within the last 72 hours and fear that you could be pregnant. This method of preventing a pregnancy is 98 per cent effective.

It is important to remember that no birth control pill protects against sexually transmitted diseases.

"We want everyone to understand that STDs are a big concern, we always have free condoms available," said Jones.

If you feel you may be pregnant or want to go on birth control the Health Centre has three nurses available all day throughout the week and one doctor available every morning from Monday to Friday.

your stress management skills?

use smoking as a way to release stress.

"Some people smoke to relax, but it actually raises your heartbeat and blood pressure. Smoking is actually physical stress on the body," Jones said.

"Students take time out to light up, but it would be effective to take a walk around the block," added Jones.

Jones has noticed that stress around the school increases during different times of the year.

"Stress peaks during exam time and at the beginning of the year. Something new stresses us. If you are out of your element, you feel stressed. If you are living on your own for the first time, it can be stressful," Jones said.

However, some stress is actually good for us. Students may experience stress before a big game or before a drama play.

"Momentary stress serves a function, it zaps you and gets you going," said Jones.

"Good stress is when it leaves your body right away, the danger is gone, symptoms go down and there is no need for heart rate and breathing to be fast," explained Jones.

Stress over a long period of time, or chronic stress can lead to problems with the body.

"There is no absolute certainty, but stress could lead to ulcers and blood pressure problems," Jones said.

Taking time out and talking to others can also help reduce stress. Cina and English both talk to friends when they get stressed out. "I whine to my friends (at school). People who are not in school don't relate," English said.

If students need someone to talk to they can make an appointment with a counsellor or with a nurse at the Health Centre.

There are drop-in periods in the Counselling Centre where you can speak with a counsellor for 20 minutes.

Pia Simone, Receptionist at the Counselling Centre, recommended making an appointment to ensure you have enough time to speak to a counsellor.

You can make an appointment by calling 675-5090, or by dropping by the office in room D128 which is located by the registration office.

Jones suggested making an appointment on stress managment before it's too late.

If stress is interfering with being a student, come in before it gets too out of hand," said Jones.

What to do when stressed

If you feel stressed and have only half a minute:

1) Inhale deeply through your nose and hold it for a few seconds. Exhale very slowly through your mouth. Repeat these steps a few times.

2) Inhale as much air as you can through your mouth, then let it out slowly, as if you were sighing. Do this a few times. Don't lift up or tense your shoulders.

If you feel stressed and have a minute:

1) Close your eyes and picture yourself in a calm place that you love. Inhale deeply through your nose and keep focusing on the picture in your mind. Exhale very slowly through your mouth. Keep picturing the calm place in your mind. After one minute, open your eyes.

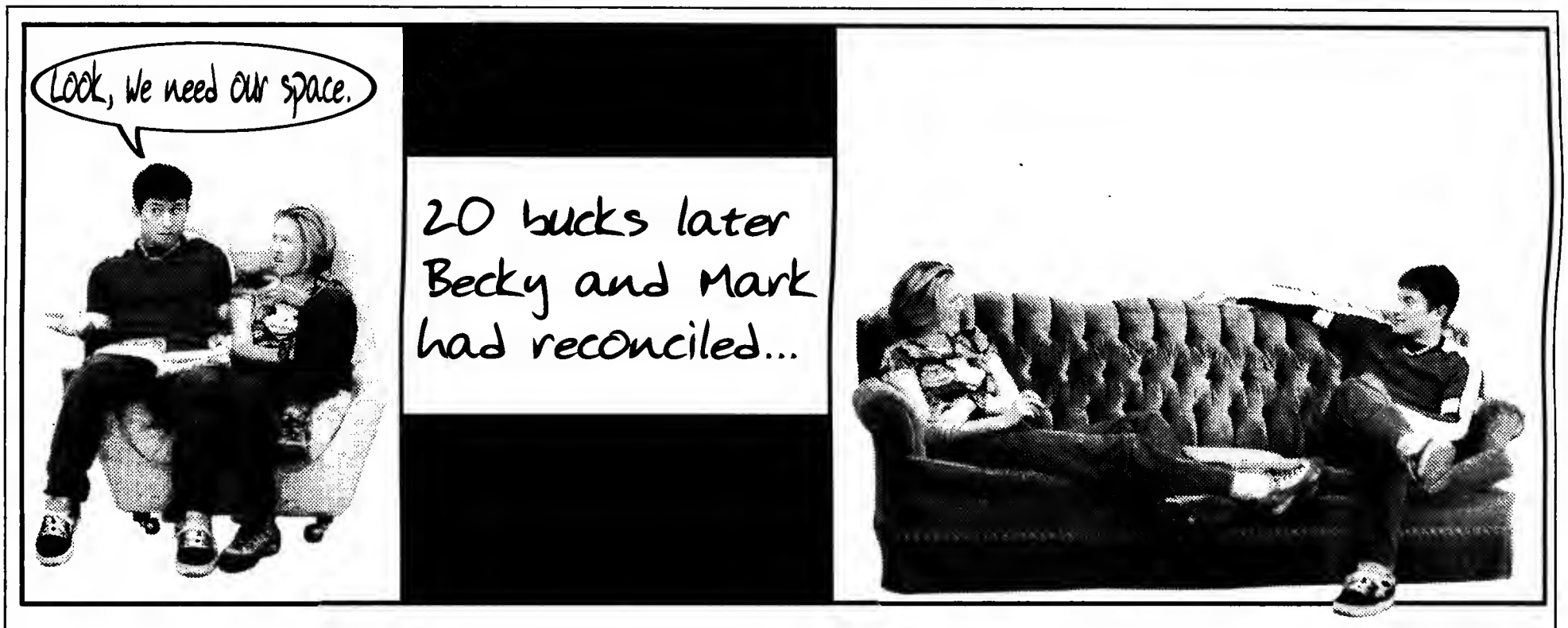
If you feel stressed and have five or 10 minutes:

1) Lie down on your bed or sit in a chair. Start by focusing and tighten the muscles in one part of your body while you count to five. Then relax them and move on to the next part, all the way up to your face. Breathe slowly and deeply as you contract and relax each set of muscles. When you are finished, lie or sit for a few minutes and concentrate on your breathing.

2) Take a bath or shower.

3)Listen to a song you like

.Source: www.kidshealth.org



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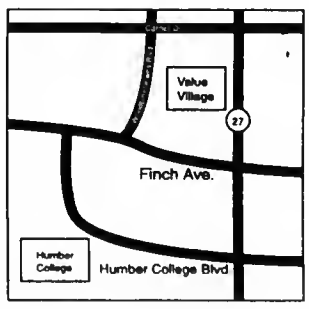

Hawks drive all over opposition

Men's soccer team scores 11 goals in two game road trip victories

by Frank Monaco

The Humber Hawks are two for two on the road after beating the St. Clair Saints of Windsor and The Lambton Lions of Sarnia by a combined score of 11-3 on Sept. 25 and 26.

Although the Hawks allowed the first goal in both games, they stormed back in each match to beat the Saints 6-2 and the Lions 5-1.

Humber started the first game slowly and at halftime found themselves trailing St. Clair 2-1.

Coaching staff said playing on the road was a factor.

"It's a matter of motivation. Our team was flat, but we were playing okay controlling the play. The mid-field was very bumpy for both teams but we were not used to playing on that field," said Head Coach Germain Sanchez.

From the five-minute mark onward Humber dominated the second half of the game scoring five unanswered goals.

Humber's scoring was a team effort. Forward Jesse Calabrao, mid-fielder, Luigi Landauro, forward Nathaniel Singleton, mid-fielder Jason Mesa, forward Daniel Gazzellone, and defender John Mustica found the back of the net for the Hawks.

Singleton had a very strong game against the Saints causing havoc in the opponent's end of the field and eventually potting the game winner. He also motivated the squad with his frequent loud reminders to get to the ball first.

Sanchez, praised Singleton's play and leadership after the game.

"He is very physical and he tries very hard. The guys follow that lead. He kept the defence busy," said Sanchez.

Heads up! Danny Mantero rises to the occasion against the Lampton Lions.

In the second game Lambton opened the scoring with an attack from the left flank on a rebound off the post to put the Hawks behind by one.

However, five minutes later forward Calabro evened the score.

Calabro explained why the Hawks have gotten into the habit of allowing the first goal of the game.

"We are taking teams too easy," he said.

Forward, Kenny DePaiva's first goal also proved to be the game winner.

DePaiva said, "it felt great. The team (played) great and gave me a lot of opportunities."

Calabro added two goals for a hat-trick, giving him four goals for the weekend.

Sanchez said road trips can be stressful but help to build team chemistry.

"You don't know the field. The schedule is a little tighter and in our case we had to play two games in two days. On the other side you get very good team chemistry when you are away," said Sanchez.

Forward Nathaniel Singleton and mid-fielder Artura Alava steal the ball from an opposing player. Singleton would score a goal later.

Before the road trip, mid-fielder, Rohan Watson had surgery to repair his knee. He will be out for the season.

"He was a player that we were counting on. He's a very good mid-fielder. It was a good thing that I knew at the beginning of the season that he was not going to play," Sanchez said.

The weekend added only minor injuries to the Hawk infirmary.

Veteran defender, Angelo Nero was out of the line-up with an injury sustained in a practice game.

Mid-fielders Matt Carr and Marko Milicevic were hurt in game one, nursing foot and groin injuries respectively. Both were scratched from the Lambton game.

Against Lambton, DePaiva injured his ankle and Mustica his knee.

All of the injured players should return to the line-up for the Hawks next game against George Brown.

Women's basketball team ready for court

by Kirsten Amin
Special to et cetera

Tryouts for women's basketball are now over and the team is raring to hit the court.

Head Coach, Jim Henderson, said the new lineup looks good despite a poor turn out for tryouts.

Not as many women appeared at the tryouts because of the high school league shut down, said Humber's Athletic Director, Doug Fox.

Despite that problem, the quality of players are good, said Fox.

Henderson supported Fox's view about the quality of players.

"We needed a couple of post walk-ons and we got them...we will be up to the standards we've had for the past two or three years," said Henderson

Last year, the women's team lost the National Championships due to injuries and lack of competition.

Humber's new team consists of two veterans – Brenda Chambers and Lindsay Higgs.

This year's rookies are Khadyah Akbar from Toronto. Akbar previously played for the Southern Alberta Institute of Technology, who were National Champions. From Nova Scotia there's Taral Reddick who played on the provincial team. Nantali Indongo from Montreal is a post-graduate who played on the University of Ottawa's varsity team. From Timmins, there's Beth Latendress. Denise Marshall is from Calgary and also played at SAIT. Hailing from Scarborough there's Anne Marie King. Finally, there's also Keshia Guildford – a rookie from Hamilton.

Aiding Henderson in coaching are assistant coaches Denise Perrier and Heather Curran.

Higgs is eager about the upcoming season.

"I'm excited. It's a little scary but we should be okay," said Higgs.

Upcoming Events

It's homecoming weekend

by Jeffrey Anderson

Friday, Oct. 1

Varsity Alumni Golf Tournament

Saturday, Oct. 2			
Women's Soccer	vs	Fanshawe	11 a.m.
Men's Soccer	vs	Fanshawe	1 p.m.
Women's Volleyball	vs	Alumni	2 p.m.
Men's Hockey	vs	Conestoga	7:30 p.m.
Men's Basketball	vs	Alumni	8 p.m.
Wednesday, Oct. 6			
Men's Soccer	vs	Conestoga	4:30 p.m.
Thursday, Oct. 7			
Women's Soccer	vs	Conestoga	4:30 p.m.

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Women's soccer team brings back a pair of wins

by John Maida

The women's soccer team returned from a two game road trip with a set of impressive victories, demonstrating this year's team may have it all goal scoring, leadership, defence and depth.

The Hawks defeated the St. Clair Saints by a 2-1 score Sept. 25 and the following day they didn't miss a beat defeating the Lambton Lions 4-1.

In Saturday's match against the Saints the Hawks started the game off strong, setting the tone for the rest of the match. Striker Joanna Vitale opened the scoring and defender Sandra Troiani made it 2-0 for Humber with a nice chip over the head of the Saint's keeper, early in the half.

Hawks's sweeper Anna Tripodo, suffered a sprained ankle mid way through the second half. She left the game after playing a strong first half. It is uncertain when she will return to the line-up. Vitale took her spot at sweeper for the remainder of the match. The Saints added a goal shortly thereafter, however, the Hawks showed good composure, and held on for the win.

Coach Vince Pileggi said he was pleased with the team's performance.

"They moved the ball well and showed excellent control for most of the game," he said.

The Hawks played a good physical game against the Saints said Head Coach Mauro Ongaro.

On Sunday the Hawks continued to dominate the opposition.

Vitale continued her torrid streak, scoring two goals, both in the first half. Vitale now has six goals in three games this season.

Co-captain and mid-fielder Adriana Cattalo also scored two goals, one in the first half off a corner kick and the other; a well placed blast into the far corner closing out the game.

Injured ankle sidelines Anna Tripodi

Troiani, replacing the injured Tripodo, was solid in the sweeper position.

Mid-fielder Annabella Lopes returned to the line-up after a previous game absence and made a welcomed impact. However, Lopes, suffered a shoulder injury, the severity of which is still uncertain.

After missing two games with an injured finger, starting goalkeeper Angela MacDonald returned to her post.

MacDonald said she was pleased with the team's performance and the veterans leadership.

Both Ongaro and Pileggi said they were impressed with the whole team.

"The credit has to go to the whole team, the defence, mid-field and forwards. It just goes to show that his team has good experience and depth as well," said Pileggi.

"We're definitely on the right path and we want to maintain this level of play for the rest of the season," he added.

Rookie striker Joanna Vitale, is on a scoring streak, finding the back of the net six times in three games.

Sports quip...

"Ninety per cent of the game is half mental.

–Yogi Bera

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