



photo by stephen leithwood

Toronto Maple Leafs won 4-1 against the Montreal Canadiens on Jan. 27. HSF tickets to this and four other home games did not go to Humber students.

Leaf inquiry prompts change

Five sets of home game tickets went to unidentified stakeholders

Jackson Hayes
SPECIAL TO THE HUMBER ET CETERA

What does it take to win a complimentary ticket to one of the biggest games in town?

That is the question that *Et Cetera* has been asking the outgoing executive of HSF since last November when the fate of five sets of complimentary tickets available through student government were in doubt. Those tickets – including three stellar match-ups between the arch-rival Toronto Maple Leafs and Montreal Canadiens – were part of the season tickets to 45 Leaf home games sold to HSF by Peter Maybury, the director of student and campus services at Humber Lakeshore.

This week, new HSF executive director Ercole Perrone conceded the process needed to change and that his administration would move to do that in the next academic year.

“Based on some of the questions that you’ve been bringing forth, I have noticed that we haven’t done a good job with keeping track of how

those tickets are distributed,” said Perrone in a phone interview Tuesday. “I want to take it a step further for next year. Making sure that we have a better tracking system of the prizes.”

Last November, *Et Cetera* began to inquire about HSF contests and financial transactions. The newspaper obtained a spreadsheet from HSF programming co-ordinator Aaron Miller that detailed where the tickets for each game from Sept. 18 to the final home game on April 7, 2007 had gone.

The spreadsheet did not account for tickets for the following five hockey games: Leafs versus Montreal Canadiens Oct. 7; Leafs versus Montreal Canadiens Nov. 11; Leafs versus Vancouver Canucks Jan. 13; Leafs versus Montreal Canadiens Jan. 27 and Leafs versus Edmonton Oilers Feb. 17.

A written list of questions that included five inquiries concerning the Leafs tickets was submitted to HSF president Cynthia Malagerio on Feb. 2. Her written response was received Feb. 9 (See **Ticket Inquiry**

on page 3). HSF would not answer the questions. The written list of questions was submitted because HSF had refused to answer any of this reporter’s questions after a heated interview in December about financial matters. At the end of that meeting with Malagerio and former executive director Michael Parent, this reporter made an unprofessional comment. The reporter immediately apologized, offered two more verbal apologies and a written one. Malagerio refused to accept the apologies and has refused to answer any questions.

Et Cetera staff covered the Jan. 27 game against the Montreal Canadiens. The seats were empty for the entire first period. Shortly after the start of the second period, two men occupied the seats and both wore Leafs jerseys. They would not give their names and said they got the tickets with “an arm and a leg.”

Miller said he did not receive an official explanation from HSF executives on where the tickets had

gone nor did he ask.

“It took a bit of a dent out of some of the prizes we could give away,” he said in a phone interview. “But no, I never asked.”

Perrone, who was appointed HSF executive director before Christmas replacing Parent, was interviewed by *Et Cetera* last Friday. He was not aware of the missing tickets but said he could check into it and get back to the newspaper with the information. This Tuesday Perrone said the tickets had been given out to HSF stakeholders whom he said he could not identify.

“Those tickets went to stakeholders... organizations and individuals that work with HSF on a regular basis. They, for their obvious reasons, do not want us to release their names and out of respect for that relationship that we have with them and me being the new guy and not wanting to ruin any future relationships with them – I am going to respect that request from them.”

Perrone also said he is responding to the newspaper’s inquiries “not knowing the full story and not

wanting to be bogged down with something I had no part of.”

Humber College students are stakeholders because students pay into HSF’s \$4 million operating budget through their mandatory student fees. The tickets to the Leafs games are purchased by HSF under the premise of handing them out to students as contest prizes.

HSF bought the tickets from Maybury for “eight grand” Maybury said.

“HSF about four years ago talked to me and said ‘oh ya we love these for events,’” Maybury said in an interview last Thursday. “And I said I’ll tell you what; I’ve been selling them over the years to scalpers and whatnot. And um, geez, you want ‘em, take ‘em all because then that’s great. I just right upfront give them the whole works that’s it. And my assumption is that they give them out to events, after that I have no idea what they do with them.”

The two adjoining seats are in Section 322, row six of the Air Canada Centre.



"The most successful politician is he who says what everybody is thinking most often and in the loudest voice." – Theodore Roosevelt, 26th U.S. President

Squatters find home at lake

David Hamilton
NEWS REPORTER

Campus security at Lakeshore has found homeless people sleeping in vacant buildings filled with mould and bird waste.

"There have been problems with people getting into the unoccupied buildings since the start," said Spencer Wood, manager of maintenance and operations.

He said during the early 1990s when the school bought the buildings from the psychiatric hospital, there have been displaced people staying in them.

"It quickly became evident that there were people living in the three unoccupied buildings," Wood said. "So we started boarding up the windows."

The homeless have been found in the G, I and K buildings on the east side of the Campus.

The J building was also being used by the homeless before it was renovated and turned into classrooms and offices.

"We've never caught one (of the squatters)," said Bonnie Higgins, public safety supervisor for Lakeshore. "We've seen them coming out or around the buildings where the boards have been taken off."

Despite their occupancy, Higgins said there haven't been any complaints from students.

"We're working alongside facilities... to keep an eye on the building (and) making sure all the boards are constantly on," Higgins said.

Wood said the buildings are dangerous and uninhabitable due to toxic chemicals inside.

"Those buildings are not healthy," Wood said. "We cannot go in there without suits on because there's mould and pigeons have been in there."



photo by david hamilton

Kevin has lived on the streets of Toronto for the past 22 days since leaving a boarding house.

Facilities management worker Ed Humphries said he still sees the homeless, but less in the past year because security has been more vigilant in removing them.

"We clean up after them... Security chases them off," he said. "If they can't get in, they sleep in the space under the pathways between buildings."

"We've never had problems with them. They just see us and they move along," Humphries said.

Local homeless person Kevin said many homeless people end up living in squalidly conditions.

Kevin said "the people who are addicts are usually a problem," because it's difficult for homeless people like him to find safe places

to sleep.

Humphries said the area where Lakeshore is located could be related to the homelessness problem.

"This neighbourhood is a mixture of good and bad. You've got the nice homes down by the lake but there are also low-income families. It's rough for some people."

College yanks the program plug

Board of Governors eliminate obsolete and low attendance courses

Priya Mann
NEWS REPORTER

The school has cancelled 29 dormant and suspended programs as of this month

Over six nursing-related courses, various technician programs, including architectural and industrial engineering and administrative courses including website and international business programs are just some of the cancellations.

The programs were cancelled as per request of the Ministry of Training, Colleges and Universities to help the ministry maintain an accurate list of programs currently being offered in Ontario.

"We essentially closed programs we haven't offered in a while, or classes with declining enrolment,"

said Rick Embree, dean of planning and development. "Some of the programs we offered were really old and there was no need for them, from either the market or students."

"It has a lifetime. Over time, enrolment dies down or markets change."

– Tanya Blazina
spokesperson for the Ministry of Training, Colleges and Universities.

Dormant programs were originally approved for funding but never delivered by the college for the past five years. Colleges suspend programs when they no longer admit any first-year or

beginning-level students.

"When you first start a program in 1978 or 1989 it has a lifetime. Over time, enrolment dies down or markets change," Embree explains.

In 1982, Humber offered a refresher course for nurses who had temporarily left the industry. However legal changes required nurses to re-enroll in a degree or diploma program, effectively terminating demand. This information was never transferred to the ministry.

"We issued a request on Jan. 29 asking colleges to identify and cancel dormant or suspended programs and report back in 60 days," said Tanya Blazina, media spokesperson for the ministry.

"The revision of the operating

procedure has no financial implication for colleges," she added. "Funding flows according to students being registered in programs."

Colleges wouldn't have received money from the government if students weren't enrolled in programs on the ministry's list.

Keeping dormant or suspended courses on those lists prevents the government from accurately identifying current demands.

"It is a very fluid system between what sector needs students and what programs students are demanding," Blazina said. "Updated records help the ministry keep a pulse on available programs so that we better understand what programs should be available."



● Former newspaper tycoon Conrad Black began court proceedings yesterday. He faces charges of fraud, money laundering, obstruction of justice, racketeering and tax violations. He faces 101 years in prison if convicted.

– CBC.ca

● According to the 2006 census, Toronto's suburbs are booming. During a five-year span starting from 2001, Toronto's population increased by 0.9 per cent. Cities like Barrie rose by 19.2 per cent and Brampton by 33.3 per cent.

– CBC.ca



● Toronto Police assisted in the biggest ecstasy busts in the city's history last Monday. Over 140,000 ecstasy pills were seized, with an estimated street value of \$21.4 million. Four GTA men are charged with producing a controlled substance and possession for the purpose of trafficking.

– Citynews.ca

Corrections

In the March 8 issue on pg. 5, the name of the event is *Guelph-Humber Lunch and Learn lecture series*.

On pg. 4, the police foundations representatives were Andrew Landigan and Josh Rose.

Antonietta Perretta's name was misspelled on pg. 6.



"Being in politics is like being a football coach. You have to be smart enough to understand the game and dumb enough to think it's important." – Eugene McCarthy



photo by ryan vella

Trudy-Ann Powell, seen here during the HSF candidates forum, is waiting until Thursday for the appeal process to begin.

Down and out VP of Campus Life North in limbo

Ryan Vella
NEWS REPORTER

The Humber Students' Federation (HSF) election results are in...almost.

Mystery surrounds the newly elected student government after a source revealed candidate Trudy-Ann Powell was disqualified for the position of Vice-President Campus Life North.

While all other elected positions were announced on the HSF website, the results for the campus life job is, "to be determined pending review."

Powell, a student in the court and tribunal agent program, said that while she has "a lot to say" about her disqualification, she is waiting until after her appeal to speak out.

"I know what's going on, but I'm going to wait 'til Thursday to see what's really up," she said. "I have an appeal coming up, so I'm not

going to say anything until then." The HSF isn't revealing many details about Powell's disqualification, which is now under judicial review.

"I won't comment on anything pertaining to the judicial review," said Ercole Perrone, executive director for the HSF. "It would be unfair to all of the candidates involved."

"I'm going to wait 'til Thursday to see what's really up."

– Trudy-Ann Powell
VP Campus Life candidate

Powell said that people on campus are curious about what is happening with her undecided post.

"Other students are approaching me and they want to know what's going on," she said.

But North Campus students won't have to wait long to find out who their VP of Campus Life is going to be, Perrone said.

"The process should end this week... by as late as Friday," he said.

Powell, who is anxious to tell her side of the story but is restricted from saying more while her appeal is pending, said "I really want the school to know what's going on."

Ticket Inquiry

Et Cetera Questions:

Where does HSF get its Toronto Maple Leafs season's tickets?

What are these tickets used for?

How many tickets have been awarded as prizes for HSF contests during this school year?

Can you supply the students with a list of those contest winners names and phone numbers? If no, why not?

Can you account for missing Toronto Maple Leafs... tickets supplied by HSF?

According to the ethical guidelines of the Canadian Association of Journalists, "The public has a right to know about its institutions and the people who are elected or hired to serve its interests. Their role is public and in matters concerning these roles they are accountable to the public." For this reason, we expect to have the opportunity to submit follow-up questions to your response to these initial questions.

Malagerio's response:

In response to your questions, as already explained to you in our previous meetings, the HSF is committed to ensuring that all funds allocated within its budget are used appropriately and effectively. As such all cheques, drafts, orders for the payment of money, notes, acceptances, bills of exchange and contracts are approved by the President and Executive Director/Business Manager. Those expenditures, accountable to democratically elected students that sit on HSF's Board of Directors are then verified by reputable independent auditors as well as Humber College officials on an annual basis to ensure no inappropriate spending has taken place.

In your letter to me you were adamant on quoting the Canadian Association of Journalists and their ethical guidelines, yet you ignore some of the basic codes which include:

- "We will avoid thoughtless stereotypes of race, gender, age, religion, ethnicity, geography, sexual orientation, disability, physical appearance or social status."

- "We will be wary of sources who may be motivated by malice or bias."

Your failure to follow these guidelines has lead to a breakdown in our communications and encounters. Based on how you have conducted yourself professionally and following the advice of your own Dean, William Hanna, HSF will no longer be answering any further questions regarding this subject.

Thank you,
Cynthia Malagerio
HSF President

EDITORIAL PAGE 6

Voter turnout low

Patrick Soltysiak
NEWS REPORTER

The new polling booths used at this year's HSF elections came with disappointment, with less than seven per cent of the student body casting ballots.

Ercole Perrone, executive director of HSF, said the locations of the stations worked well but they expected a turnout comparable to last year's 13.2 per cent.

"We did a lot of good work and we were hoping for a little better turnout," he said.

Due to problems with online voting in previous years, students had to go to one of the five polling stations set up around the campuses to pick their HSF representatives for next year.

"It was changed to create more control around some of the issues we've had historically with people voting online," said Cynthia Malagerio, the outgoing HSF president. There were "issues with people campaigning when they shouldn't be and people influencing other people to vote."

The voting system was approved

by the Board of Governors in March 2003, but this year it made the change to use polling stations instead of the ability to log on and vote from anywhere.

The stations were located by the Athletics Centre, by the bookstore, one at Guelph-Humber and there were two at Lakeshore.

"If somebody comes here and they see four people standing in line, they most likely won't stick around."

– Sean Ramdeo
HSF voting station monitor

This system was to prevent candidates from walking around with laptops asking people to vote for them on the spot, said Sean Ramdeo, a member of HSF who was monitoring one of the polling stations.

"That's the problem they had and the reason why they're doing it this way now. Just to have control and have centralized positions, to make it harder to cheat."

Perrone said the election process



photo by patrick soltysiak

Tricia Cullen from tourism management took time out to vote.

will be reviewed but next year will also have polling stations on campus. He said more polling stations might be added, depending on staffing availability.

However, Danielle Ford, a customer service representative for HSF said, the system could've discouraged people from voting because it's more time consuming.

"If somebody comes here and they see four people standing in line, they most likely won't stick around," Ford said. "It all depends on how much they want to vote too. If voting is important to them I think that they'll wait."

Nursing student Margaret Cole said "it's more convenient for people to vote online."

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NEWS

"The word 'politics' is derived from the word 'poly,' meaning 'many,' and the word 'ticks,' meaning 'blood sucking parasite.'" – Author Larry Hardiman

Boy, 14, charged in heists

Evan French
NEWS REPORTER

A 14-year-old has been charged with nine counts of robbery in connection to several muggings, which took place around Humber College between last August and last month.

"The victims included Humber students and young people in the area," said Staff Sgt. Les Stasiak. Victims were approached by one or more youths at a time, and were forced – sometimes at gunpoint – to hand over their valuables.

In one instance, the robber put a gun to the temple of a victim, and threatened to kill him if he didn't

hand over the goods, said Stasiak. Victims lost iPods, watches, PDAs, and their wallets. He said the accused has pointed police to other suspects.

"I think anyone moving into a new community would take prudent action to get to know the area."

– Gary Jeynes
head of campus security

"I think with this arrest, we've made headway in making the streets safer," he said. "We initially thought around September for

example, that they would target Humber college students, since there would be a lot of new students who would still be testing the waters of their new environment, without knowing any of the history."

Stasiak said students need to take extra care when entering a new community, to not make themselves a target for thieves, even though robberies in this area are down 40 per cent from last year.

"Humber security constantly watches the parking lot, and there are emergency phones in case you get in trouble," said Mike Knowles, 18, a general arts and sciences student, who works at the control

centre in athletics.

Gary Jeynes, head of campus security, said students can visit the public safety website, which lists several ways they can keep out of trouble, while at work, when walking around outside, or when riding the subway.

The website said students should not be afraid to shout and draw attention to themselves if they feel they are being followed.

"Crime is down considerably down in Etobicoke," Jeynes said. "I think anyone moving into a new community would take prudent action to get to know the area."

Stasiak said the youth's trial date has yet to be set.

School preparing for media everyman

Jeff Lewis
NEWS REPORTER

Beginning September 2008, the School of Media Studies and Technology will offer a diploma in digital communications that will blend traditionally disparate fields of media study into a single degree.

The program was given the go ahead on Feb. 26 by the Board of Governors, and will be offered at both Guelph-Humber – where it will replace the current diploma in image arts – and at Humber, alongside courses currently offered in media foundations.

"It's an unusual program in that we will be putting out graduates who are generalists – a jack-of-all-media-trades," said Lynne Thomas, co-ordinator of the media foundations program.

The two-year diploma course will bring journalism, public relations, marketing, photography and web design under the same umbrella.

It's an approach that Media Studies Dean William Hanna, said is tailored to meet the needs of a changing media landscape.

"There's a demand in many-small and medium-sized companies for somebody who can do a lot of different things," he said. "Not just a journalist, not just a videographer, not just a photographer (but) somebody who can do all that for one company."

Increasingly, small companies find they are struggling with many of the daily operations that have become industry norms, Hanna said.

"You can't be a small company anymore and not have a website," he said. "But how many people who have a product they've developed have web skills?"

While graduates will find that they are savvy in a variety of mediums, Thomas said it doesn't necessarily signal a move away from specialization.

"Whether it's a shift or just another hole that needs filling, I don't know," she said. "The industry seems to suggest that it's needed."

Media conglomerates, such as Rogers Communications Inc., which owns and operates a plethora of mediums, aren't aloof to the idea of a media 'everyman.'

"From a corporation's side, that's a great thing to have," said Andrew Sherbin, senior manager of communications for Rogers. We're all moving towards digital tools in our communications, whether internally with our employees or externally with our customers."

Student work blooms into award

Michelle Singerman
NEWS REPORTER

Second-year landscaping students are spicing up both Canada's biggest flower show and the Arboretum.

Humber's landscaping technician program creates a garden for Canada Blooms, which draws nearly 100,000 people to the Metro Toronto Convention Centre each year.

"This is the eleventh year of the show. We've been building a garden here ever since the show started," said Harry Chang, the program's co-ordinator.

Humber won the prize for outstanding educational garden.

"This year's theme is 'elements,'" said Rosetti Almeida, one of the students contributing to Humber's display. "So, you can see a lot of stone and wood."

"This year's garden is based on utilizing the four elements: earth, wind, water and fire."

– Harry Chang
Landscaping Technician program
co-ordinator

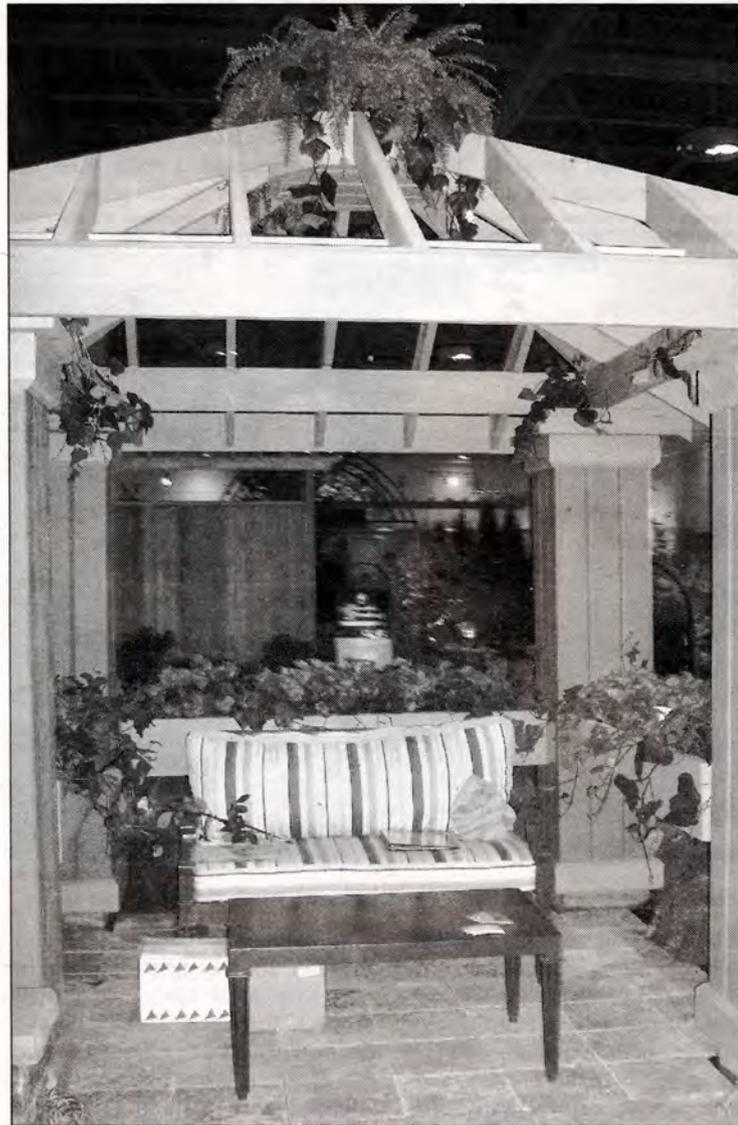
Chang said the garden is a major project for second-year students this semester.

"The garden itself is built over a four day period on site. We started on Friday, March 2 and we finished on Monday," Chang said. "But we also pre-build a number of the structures at the college."

Chang said students began building several structures in January.

"We built the gazebo, the wooden structures that house the wooden chimes," he said. "Everything else is done on site."

Chang said students will move some of the structures back to Humber's Arb. "Some of these may end up in the Arboretum as part of the permanent garden that would also be built by our students."



photos by michelle singerman

Landscape students' winning gazebo above. Harry Chang shows off their first place plaque.

Chang said reusing the structures helps conserve both materials and the program budget, creating an annual cycle of student work.

"When it goes back to the college, the next group of students coming up in the fall of second-year may be utilizing some of these structures as part of the permanent garden that they're operating," Chang said. "And when that group of students get into their last semester, then they will be building new structures here for

another garden at the show."

The show theme is set by the lead designer of Canada Blooms and then individual sub-themes are decided by each garden team.

The staff then looks at all ideas to see which will work best for the show and try to incorporate themes from each student's suggestions, Chang said.

"This year's garden is based on utilizing the four elements: earth, wind, water and fire," he said. "We have the wind chimes to play with

the element of wind, the water represented in the water fall and pool, we have earth represented in the soil and rocks and then finally we have fire in the fireplace."

There are three main purposes for the students constructing a garden for Canada Blooms, Chang said. The first is to provide students with a hands-on experience, the second is to have students showcase their talents to potential employers, and the third is to promote the college and program.



"Your country (the USA), and particularly your conservative movement, is a light and an inspiration to people in this country." – Prime Minister Stephen Harper



courtesy

Students wait on Humber College Boulevard for a ride on the 191 Rocket to Kipling station. GTA transit receives \$1.5 billion from the federal government.

Transit changes won't help

Ryan Vella
NEWS REPORTER

The federal government's recent announcement to allocate \$1.5 billion to improve GTA transit will not directly benefit Humber students and doesn't include plans for much needed rapid transit lines, said the councillor for Etobicoke-North.

"We have to look more at light rapid rail than ringing our city with subways," said Suzan Hall. "We actually got them into the budget this year. We're purchasing all of these new streetcars that are so sleek and so quiet and so fast."

Hall, the councillor for Ward One, said the region is looking to install the rapid light rail cars in the Hwy. 27 and 427 corridor and across Finch. She hopes the

Humber community can help make it happen.

"It would be really helpful if the students gave the message out that this is something they would value and use," she said. "We could get people from Mississauga and Vaughn onto rapid transit which would then get the cars off the road."

But the use of rapid light rail lines is not a part of the Harper government's latest announcement and does not address the need for a sustained national transit strategy, said Stuart Green, a spokesperson for Toronto Mayor David Miller.

"That's sort of the disappointing part of it. One-offs are not the solution," he said. "The mayor's repeatedly said, 'we need permanent stable funding.'"

The one-time pledge by the Tory government is for such things as an extension of the Spadina subway line into Vaughan with a stop at York University, designated bus lanes in Mississauga and better bus service in Brampton.

"It's only one new line and it won't fully address the environmental and transportation issues in Toronto."

— Stuart Green
spokesperson for Toronto Mayor Miller

While Green said the subway expansion is a project city hall "has endorsed and has committed to investing in," he said that if the federal government "had issued us \$1.5

billion dollars and said spend this on transit, that probably wouldn't have been our top priority."

TTC chair Adam Giambrone agrees and is happy about the announcement, "but it's only one new line and it won't fully address the environmental and transportation issues in Toronto," he said shortly after the prime minister's announcement on television.

The new 8.6 kilometres subway line extension, which will take seven to eight years to build, "doesn't directly help Humber students," Giambrone said.

While there will be a new station built in the Keele and Finch area, changing where North Campus commuters could transfer to a bus, students stand to benefit more from a new transit strategy that, "will help build new light rail

lines," he said.

Despite these planned improvements, the mayor's office is also concerned that the cash infusion being promised isn't guaranteed.

"It's dependent upon the federal budget passing," Green said. "If for whatever reason that does not pass, we don't get the money."

When asked if the prospect of a spring election prompted the federal government to make the announcement, Green said city hall does not want to ascribe motive.

"It's pretty obvious that they've seen the reality that Torontonians and Canadians at large have said, 'look the environment is an issue and in the GTA gridlock is an issue,' so other levels of government are finally looking at ways to address that," he said.



photo by erica timmerman

B building gets delayed

Erica Timmerman
NEWS REPORTER

While the construction of B building on North Campus is behind schedule, its new classrooms will be available for students in September, said Rick Embree, the dean of planning and development.

"The second floor will still be ready in the fall for students because the classrooms are the most important thing," Embree said.

The reason B building is behind schedule is because the crane used for its construction arrived three days late and is now at another job.

"The crane we rented was late arriving to Humber so we are a bit behind because of it," said Scott Valens, associate director for Capital Development at Humber.

"We usually make a certain amount of slack time for our projects though, just in case circumstances like this happen."

The crane is the largest in Ontario.

Valens said the city of Ottawa was using it for the suspension of a bridge, which took longer than expected, so it arrived late.

The crane is at another project and Valens said he and the construction team will wait for it again.

"We still need it once more to lift the third set of concrete panels. We are expecting it on time, but until then we will just have to wait and see," Valens said.

The third floor will take longer to be completed, however, because it consists of moving the many departments from building C to B.

"We will be moving department by department to the third floor so it will take a long time, especially because students will just be getting back from summer vacation. We will have to deal with time constraints from that," Embree said.

The cold was also mentioned as a set back for construction.

"It was minus 30 for many of the days the workers had to build," Valens said. "They had to stop many times so they could just warm up."

Mike Joahani, one of the construction workers on the site, said the past week was slow but he expects things will speed up once the weather gets warmer.

"Just last week work was really slow," Joahani said. "But, the boys and I will have everything ready by September."

B building is behind schedule, but should be done next fall.

EDITORIAL

"Voting is one of the few things where boycotting in protest clearly makes the problem worse rather than better." – American author and playwright Jane Auer

Questions we want answered by HSF

Journalism students who run the *Et Cetera* abide by the Canadian Association of Journalists statement of principles. We seek the truth, report on it and give voices to the voiceless, in this case, the students. *Et Cetera* reporter Jackson Hayes has spent the past few months investigating HSF finances. In the process he discovered five unaccounted for Maple Leafs hockey tickets purchased by HSF earlier this year. His persistence in following this story has finally lead to HSF planning to implement a new system to track giveaways, including sporting event tickets.

On Dec. 6 last year, Hayes, then *Et Cetera* managing editor Vakis Boukalis, HSF President Cynthia Malagerio, and former executive director Michael Parent held a lengthy meeting. After a heated discussion, the meeting ended with little result. As Hayes was leaving, he said "I gave you a chance, sweetheart" as an off-the-cuff remark to Malagerio. Hayes' remark was an unprofessional and inappropriate one, said in the heat of the moment. Hayes immediately apologized to Malagerio. He offered two verbal and one written apology. All apologies were rejected by Malagerio. Hayes corrected his errors in a manner which is standard to all journalism practices.

After this meeting, HSF had refused to answer Hayes' inquiries. Hayes submitted 13 written questions to Malagerio regarding specific concerns that had been raised about HSF finances. Those questions were not answered.

The HSF accounts for most of its finances on its website, but these documents are general financial statements which do not detail

specifics. Earlier this week, Hayes contacted the new HSF executive director Ercole Perrone who would only say the tickets in question were given to stakeholders. Perrone refused to identify the stakeholders but he elaborated on who may be considered a stakeholder and said, "organizations that participate with the HSF. We have let's say insurance companies, we have vendors, we have cleaning crew, we have the marketing company. There are other outside organizations that contribute to the day-to-day operations of the HSF, as in any organization." But aren't we, the 18,000 full-time students of this college, stakeholders?

HSF is a body of elected student politicians voted into office by you, the students of Humber College. If HSF wants to maintain its facade, being a body built on the democratic foundations of elections, then HSF must also submit to democratic measures – transparency and accountability. HSF should be held accountable to the students it claims to represent. HSF must fully disclose their spending of student funds.

Et Cetera has persisted in questioning elected officials, but HSF is hiding behind an unfortunate remark in its refusal to be accountable and responsible not only to *Et Cetera* but to you, the students of this college. *Et Cetera* is both your watchdog of public officials and forum for you to voice your concerns. Students have a right to know exactly what their money is spent on. Speak up and be heard. Until students demand the disclosure of this information, HSF will continue to spend student money and deny access to its records. Don't you want to know who gets free Leafs tickets at your expense?

Students have the right to know exactly what their money is being spent on.

Poor turnout at elections

The Humber Students Federation made a painful mistake by limiting this year's election voting to isolated stations, removing a popular, and thus far successful online option.

Turnout went from a high 13 per cent – lauded as something of a victory by HSF – to a laughable six per cent with the new system.

With all the wringing of hands and work put into trying to increase voter turnout, the move back to ballot stations was counterintuitive.

The reality is that the voting process this year was inconvenient. In a school like Humber, made up of sprawling campuses and populated by stu-

dents who commute and may keep unusual hours due to studies, the online process was ideal – and sorely missed.

While there may have been concerns regarding online voting working as an extension to campaigning – with candidates pushing students to vote on laptops in class and in the halls – the reality is that voting was still secret ballot and the integrity of the process was not compromised.

And, while this year might not have had the excitement and controversy of last year's elections, this year's low turnout was caused by an inconvenient system, not voter apathy.



**word
ON THE
street**

the question:
**Why or why not did you
vote in the HSF elections?**

**jesse
nicol 21**
TOURISM
MANAGEMENT

"I didn't know when it was. I didn't really pay attention to it. I saw it on the boards but I didn't pay attention."

**liane▼
toyota 22**
MARKETING

"I had no idea it was going on. So that's why I did not vote."

**jonathan
d'souza 22**
3D ANIMATION

"I have no idea what's going on. I'm just not interested. ... I'm just too involved in other things to pay much attention."

**alyssa
gray 19▲**
MEDIA STUDIES

"I voted because what happens with the HSF affects how Humber is run. I take that very seriously."

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"We have modified our environment so radically that we must now modify ourselves to exist in this new environment." – Norbert Wiener, mathematician

Raptors stellar season shows players' potential



Simon Yau
Sports Reporter

As the Toronto Raptors continue their unexpected success atop the NBA's Atlantic Division, the optimism surrounding the team is at an unfamiliar high.

Sporting the league's third best winning percentage since the all-star break, much of the turn-around concerning the team's future centres around first overall draft pick Andrea Bargnani.

The seven-foot Italian has quickly proven draft night critics wrong, developing faster than perhaps even the Raptors expected, averaging 11 points and nearly four rebounds per game.

Witnessing the players and their game develop, one has to wonder what changed so drastically in Toronto over the course of a year.

Raptors GM Bryan Colangelo arrived in the city a year ago with a vision to build a team that many coined "Phoenix North."

Colangelo acquired players that fit the Phoenix run-and-gun mold – athletic, unselfish individuals who could all handle the ball and shoot from the perimeter. Much

was made about the Raptors pushing the tempo and attempting 100 shots per game early in the season.

But the Raptors eventually realized their greatest advantage is their players.

With all-star Chris Bosh and Bargnani both comfortable on the perimeter, the Raptors have begun to move the ball in their half-court offense, daring opponents to double Bosh in the low post and leave one of his teammates open.

The most fascinating aspect about Toronto is their tantalizing potential.

Almost every player on the Raptors roster has a solid outside jumper and is capable of making it should they receive the pass.

Moreover, Bosh and Bargnani have been creating mismatch nightmares for opposing defences, running a high-post screen and roll with point guards T.J. Ford and Jose Calderon. Defenders are forced to step out on the speedy guards, creating space for either of them to roll to the net and get the pass, or shoot an 18-foot jumper.

The Raptors have two pass-first point guards with high basketball IQs, a vast upgrade over the shoot-

first mentality of ex-starting point guard Mike James.

Bosh and Bargnani have also developed a comfort level with their guards, making good decisions that usually result in the ball being in their hands and an uncontested look at the rim.

The results have been astounding, as the Ford and Calderon combination is averaging nearly 12 assists per game, Bosh is having a career year in scoring and Bargnani is now a leading candidate for rookie of the year.

But the most fascinating aspect about Toronto is their tantalizing potential.

Seven-footers who are comfortable putting the ball on the floor, shooting off the dribble and stepping out to shoot the three are rare.

Seven-footers who do all that while rebounding, contesting shots at the rim and getting their teammates involved are nearly impossible to find – and Toronto has two.

The recent emphasis on skill brought on by the Phoenix Suns fluid style of play only magnifies the potential of big-men equally comfortable playing with finesse and power.

Regardless of whether the new, larger NBA turns out to be a fad or a revolution, Raptor fans will have front row seats to watch it unfold.

Getting our money costs too much

Banks need to listen to government and cancel ATM fees



Jaclyn Newman
Copy Editor

he gets "annoyed" when he is charged for making a withdrawal from an ATM.

As a student who has spent six years in post-secondary education, I feel a lot more than annoyed by those fees.

In other countries, including the U.S. and the U.K., banks do not charge fees when consumers use a competitor's ATM.

It's frustrating that it costs me about 10 per cent of every \$20 I withdraw, especially considering banks pay as low as 0.05 per cent interest on money in a savings account.

In other countries, including the U.S. and the U.K., banks do not charge fees when consumers use a

competitor's ATM.

Last year, the federal NDP party began pressing Finance Minister Jim Flaherty to bring Canada up-to-speed by creating legislation to eliminate those pesky ATM fees.

Flaherty met the challenge last week by meeting with executives from the six largest Canadian banks to discuss eliminating fees for seniors and students, two financially challenged groups.

Flaherty also noted he has the power under federal law to force banks to make a change if they aren't willing to do so on their own and it looks like he just might have to wield that power.

With Scotiabank's CEO already stating he won't be making a change to ATM fees, we students – who can't even catch a financial break just trying to stay awake to study – better hope Flaherty is willing to put his money where his mouth is when it comes to helping to keep money in the pockets of 'starving' students.

As students, we have all been there – up late at school studying for an early morning midterm and desperately in need of a caffeine fix.

Since many on-campus food vendors at universities and colleges don't take debit, students often find themselves resorting to the use of an ATM just to buy a coffee or a quick snack.

If the machine isn't owned by the bank you have an account with, this can cost upwards of an extra \$2.50 – about the cost of two cups of coffee!

Despite his large paycheques, even Prime Minister Stephen Harper has been quoted as saying

props & BURNS



To the men's doubles badminton team, Hoa Ly and Ronni Islam, for representing Humber at the national championships.



To the nearly 94 per cent of students who didn't vote in the HSF election.



To second-year landscaping students for winning the outstanding educational prize at Canada Blooms.



To people who lack basic etiquette and annoy everyone around them.



To St. Patrick for giving us an excuse to party in the middle of March.



To Canada Revenue Agency computers for causing a delay in getting our tax returns back.



To Grandmaster Flash and the Furious Five for being the first hip hop act inducted to the Rock and Roll Hall of Fame.



To NY Islander Chris Simon for his two-handed slash to Ryan Hollweg's face, resulting in a 25 game suspension.

Energy conservation takes more than a time change

Simple measures can save electricity



Eileen Hoftzyer
Op-Ed Editor

The traditional spring forward into daylight time generally doesn't mean a whole lot more to most of us than one hour less sleep one weekend a year.

But this year, with the clocks moving forward three weeks earlier than normal, there was an emphasis on something else – energy conservation.

The U.S. government approved the change in 2005 and Canada followed suit, as a way to cut back on the amount of power that people consume, by giving them more daylight in the afternoons and evenings.

But experts disagree about how much energy this change will actually save.

Estimates range from millions of tonnes of carbon gas to hardly any if people simply shift their current consumption patterns instead of actually cutting back.

Whether this actually saves energy or not, one thing is clear – there have to be better ways to conserve

energy than adjusting clocks.

As students, we don't always have spare cash to make changes like switching to super-efficient light-bulbs or buying energy-efficient appliances, which require some initial investment.

But there are many simple ways to conserve energy that don't require money and can even reduce electricity bills.

Most of the energy required to do laundry comes from heating the water, so there are huge savings to be had by using cold water.

Hanging clothes to dry instead of using a dryer also saves a lot of energy.

For those of us who manage to get away from the

computer every now and then, turn off the monitor when it's not being used. Even that small change can make a big difference since 60 per cent of the energy needed to run a computer powers the monitor.

There are many ways to conserve energy and simple everyday changes will make the most difference in cutting our energy consumption.

There's certainly nothing wrong with changing daylight time in an effort to save energy.

But if we expect that this will solve our consumption problems, we will be sorely mistaken.

Write To Us!

Letters must include contact information, full name, program and position etc.eds@gmail.com

Humber Et Cetera reserves the right to edit letters to the editor for length and clarity.

IN FOCUS ETIQUETTE

"Those who have mastered etiquette, who are entirely, impeccably right, would seem to arrive at a point of exquisite dullness." – Dorothy Parker, writer

Minding your Ps and Qs

Modern times are turning proper manners and courtesy into relics of the past

Although the curtsy may seem dated and not every woman wants the door opened for her, remembering the art of etiquette and good manners proves that chivalry isn't dead. From the classroom to the boardroom, In Focus takes a look at how proper etiquette can put you ahead to make a great first impression.

Moya Dillan

IN FOCUS REPORTER

The rules of etiquette have been relaxing over time, with a marked decline over the last five generations, said Adeodata Czink who gives lessons in proper etiquette.

"The rules are still there," said Czink, president of the Business of Manners. "But we adhere to them less and less."

Czink said lax etiquette is especially prominent in North America being a younger nation

Throughout history, rules of etiquette which Czink defines as a means of "making things flow better" have traditionally been set by royalty and the ruling class.

According to Czink, King Ferdinand, who ruled Spain 400 years ago, spoke with a lisp. Because of this his wife, Queen Isabella, decided to speak with a lisp as well.

Their court, and the aristocracy

of Spain, began speaking with lisps to "keep them company, in a way," She said.

Eventually all of the citizens of Spain spoke with a lisp, which is now embedded in the Spanish language in the proper pronunciation of common words.

The custom of using the right hand when shaking someone's hand also has a historical basis.

"People think it is because most people are right handed," Czink said. "It is actually to show that you are unarmed, since people carried their sword in their right hand."

She blames the relaxed etiquette today on many things. One factor is newer technology. Czink finds many people don't adhere to proper etiquette with newer technologies because no concrete rules been established yet.

"We have all these gadgets that are irritating, but it has to irritate enough people for someone to do

something about it," she said of new etiquette rules eventually being formed for cellphones and other personal electronic devices.

The dating process is another area where most of the rules have changed over time. "A man would call on a woman between 11 a.m. and 3 p.m.," Czink said of the old rules. "He would talk to a maid and she would let the father know. He would then decide if the man could visit his daughter. The man would have to make an appointment if he wanted to woo her."

Now people learn the rules of etiquette mostly from their families. "Definitely my parents, like 'get your elbows off the table,'" said Jessica Thomson a 3D animation student. "But I know I get my bad stuff from my friends."

Thomson has many etiquette pet peeves, but notices the decline in etiquette much more in the younger generation.

"Younger kids are getting worse, especially with bad attitudes, sometimes I want to tell them to respect your elders."

Sarah Olsen, a first-year general arts and science student, has also noticed a change over the years. "I definitely don't think people put that much thought into it anymore," she said of modern etiquette. "I especially hate when people don't say 'sorry' or 'thank you.'"

Many people are realizing, especially through international travel, that they are lacking in etiquette. "People go to Thailand, give a great presentation, but come back without the business. Usually it's

because their Thai etiquette was so bad that the Thai just didn't want to deal with them." Czink said.

For example, many don't know that the traditional greeting of respect in Thailand, rather than shaking hands, is the 'wai', in which you bring your hands together under your nose or on your chest.

Czink names chewing gum as one of her etiquette pet peeves, especially in employment situations. "If you are chewing gum and I can see the colour of it, I won't hire you."

"If you are chewing gum and I can see the colour of it, I won't hire you."

– Adeodata Czink
President Business of Manners



photo by crissandra ayroso

A custom Thai greeting, 'wai'.

Putting the best foot forward

How to impress employers at a crucial job interview

Elaine Mitropoulos
IN FOCUS REPORTER

When it comes to job interviews, career experts have advice on everything from sending potential employers thank you cards to showing cleavage.

"I would suggest less is best," said Karen Fast, manager of Humber's career centre. "I recommend a blazer for anybody. It hides all kinds of problems – if you're overweight, if you're underweight, if you're a heavy perspirer."

Job candidates should also arrive at an interview with the appropriate documents – a resume, reference letters, questions to ask the interviewer and, in some cases, a school transcript might be useful, she said.

"You're not ready or prepared for the interview if you haven't done any research into (the) company," Fast said.

For Christa Iacovino, manager of human resources at Humber, preparedness includes answering what she called the "vision" question, "where do you see yourself in five years?"

Both Fast and Iacovino agree that following-up on an interview is crucial to getting hired.

"Do you send a thank-you note? Yes. Can it be done by e-mail? Yes. Just make sure your e-mail address is neither silly nor provocative," Fast warned.

For following up via voicemail, Fast suggested having a point-form script handy to avoid stumbling over words on the phone.

The message should say something like, "Thank you for introducing me to your team or the short tour around the office was

very helpful," she said.

Iacovino said receiving a handwritten thank-you note sets a candidate apart. "There's the lost art of actually physically writing something," she said.

Fast said some interview faux pas include arriving late to the interview, being overbearing or aggressive during the interview or spelling an employer's name incorrectly.

As an experienced "head hunter" and the president of TorontoJobs.ca, Marc Belaiche has witnessed some major interview "bloopers".

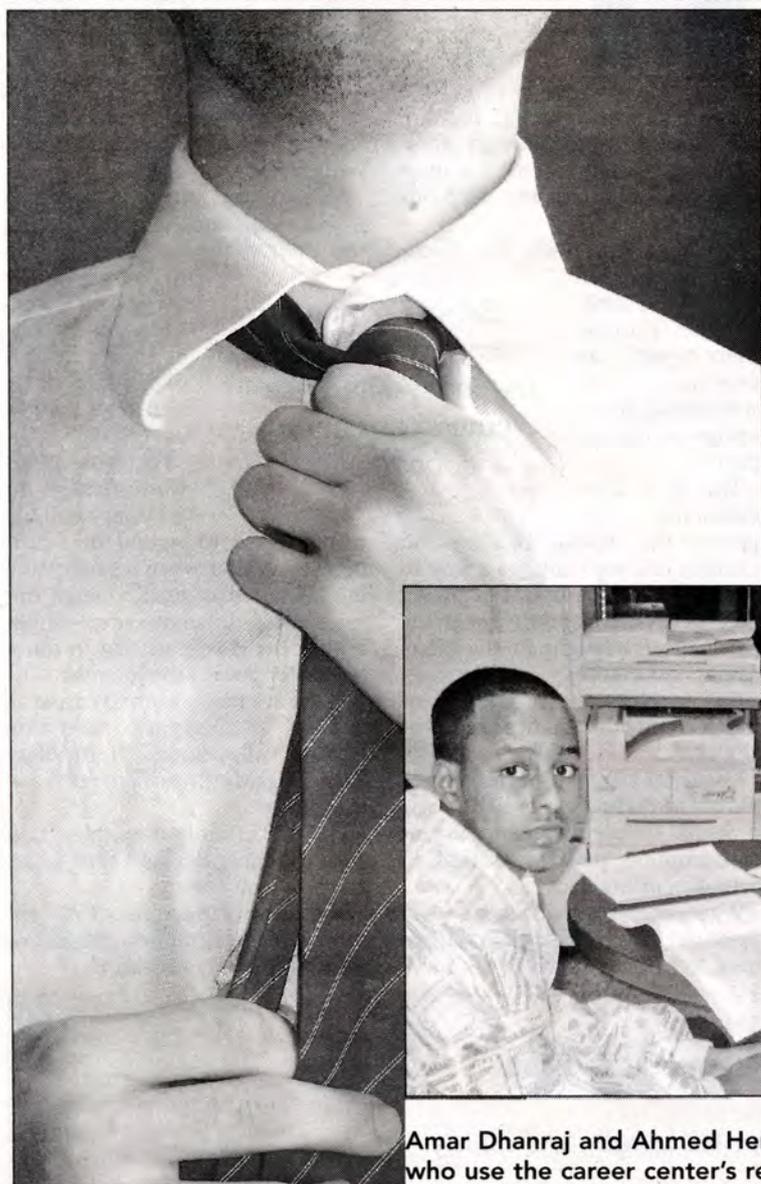
"I've had people come in with alcohol on their breath," he said. "There was another person who called from across the street to ask where we were located."

At the top of Belaiche's "blooper" list is a candidate who trapped herself in a client's office building and pulled the fire alarm.

"The city of Mississauga was going to send us a bill, like an invoice for a false-alarm," he said, laughing. Needless to say, the candidate didn't get the job.

"I've had people come in with alcohol on their breath."

– Marc Belaiche
TorontoJobs.ca President



Amar Dhanraj and Ahmed Hersi are two of the many students who use the career center's resources in their search for a job.

photos by elaine mitropoulos

ETIQUETTE IN FOCUS

"In social matters pointless conventions are not merely the bee sting of etiquette, but the snake bite of moral order." – American humorist Florence King

Technical decorum important to impress

Sean Fitzgerald
IN FOCUS REPORTER

When using technology to communicate, students should maintain a level of etiquette. Otherwise, they might be picking fights without knowing it.

"With text-messaging, communication can come across as being very abrupt," said Karen Brunger, an image consultant in Toronto. "You lose the warmth of person-to-person contact, so it's important to be very aware of the words you use."

People should review their text-messages or e-mails before pressing send, Brunger said, to ensure they have the correct meaning. A request, such as "make sure to hand me those reports," can sound more like a command, especially if written in capital letters or lack an opening greeting.

Last week, the Canadian Wireless Telecommunications Association announced mobile phone customers sent more than 4.3 billion text messages in 2006, almost triple the number sent the year before.

Jim Jackson, an instructor in the liberal arts department, said he never sends text messages to students. When he writes them mass e-mails, he makes sure to exclude "any personal information."

Students should maintain professionalism when they enter the workforce, said Angella Nunes, an employment adviser at the Career Centre.

"The key is to understand the protocol at the beginning," Nunes said. It's important to discuss guidelines with the employer in the first few weeks of employment, she added.

Muthana Zouri, co-ordinator of Humber's information technology program, said e-mail is very useful for students, as long as they use clear language.

"Avoid using messenger idioms in e-mail," he said. "Not everyone understands what acronyms like 'lol' mean."

Zouri explained professional sounding e-mail addresses and clear subject lines are important. Professors might lose messages in their junk mail folders. He said Humber may offer email accounts to students soon.

Rebecca Chu-Rapovski, an image consultant from Richmond Hill, said cellphone users need to be aware of their environment.

"When you bring your cellphone to the movies, it might disturb someone when it goes off," she said. "Would you bring your alarm clock into

"Avoid messenger idioms in e-mail. Not everyone understands what 'lol' means."

- Muthana Zouri
Information technology co-ordinator

a theatre?"

She also emphasized urgent text-messages or e-mails should be followed up with a phone call, to ensure the other party receives the message.

When sending someone an e-mail for the first time, she said, people should use more than just "hello" for the subject line.

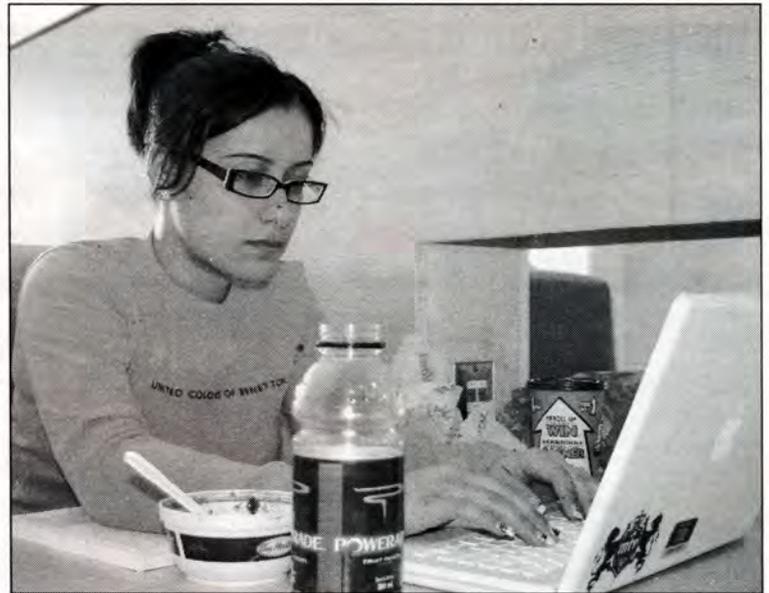


photo by sean fitzgerald

Taking time out to write a follow up e-mail after an interview will show employers your willingness to take that extra step.

An increasing emphasis on technology will eventually hamper people's interpersonal skills, she said. This includes an underdeveloped sense of body language, eye contact and pacing of speech.

"There's going to be a lack of

personal touch in the future," she explained. "You might be very good at conveying meaning online, but when you meet someone face-to-face, you won't be able to communicate properly."



photo by daria locke

Talking during class will get the instructor's attention, but is a sign of poor manners as it is disrupting the rest of the class.

Students miss grade in behaviour

Daria Locke
IN FOCUS REPORTER

Lack of respect tops complaints from some Humber instructors when it comes to classroom etiquette.

"Students talk a lot in the back of the classroom and don't think they can be heard," said Elaine Popp, program co-ordinator for the fitness and health promotion program.

Popp said many programs set out a code of conduct at the beginning of the year so students are aware of the expectations.

"Students sign a form agreeing to some rules for classroom conduct and we clearly outline proper etiquette," Popp said. "In the fitness program, we have many rules about missing classes because it's a very practical program."

The use of gadgets in class is also a concern for instructors. "Generally, students are well behaved in class but lately we've been seeing many students using their laptops for things unrelated to school," said George Bragues, the program co-ordinator of media studies at Guelph-Humber. "Instead of taking notes, they're playing games and tapping away on the keys loudly."

"Many students have no idea how to behave properly in class," said Brooklin Schneider, an English instructor. "I like when students know how to conduct themselves properly. Sometimes I even get some who self-police and catch those who aren't behaving the way they should be."

Despite some complaints from instructors, students said they have good classroom etiquette.

"People are generally mindful of the rules," said Mary Fam, a public relations student at Lakeshore Campus. "I think there is a difference because I am in a post-graduate class. Maybe etiquette has something to do with maturity."

Ultimately, instructors are teaching classroom etiquette because it mimics what students will find in the work force once they are finished school.

Maintaining sexual safety protocol

Abby Blinch
IN FOCUS REPORTER

A Toronto sex therapist has what she calls "controversial" advice for some people going on a first date.

"If you haven't had sex in a while, masturbate before going on a date," said Laila McDaniels. "Your thoughts will be clearer."

"Sometimes people get so lonely they aren't thinking straight," she said. "Masturbating before a date can help people focus on getting to know a person, before getting intimate."

Setting up basic ground rules for the first few dates is important to

avoid getting into unsafe situations, she stressed.

Always meet "someone in a well lit, public place. Don't go to your home or his or her home."

"You're dealing with a stranger until you've met them several times," she said.

Early childhood education student Pamela Martin said many of her friends try to go places where they won't be "drinking excessively" to avoid regretting a decision made under the influence.

If or when a date proceeds into the bedroom it "should be expected that both people bring safe sex protection," McDaniels said.

Martin agrees and adds, "If you don't have protection, it isn't an option."

McDaniels suggest assuming everyone they are with has had at least one other sexual partner.

According to McDaniels, statistics show one in every five people has herpes, but many don't realize they are infected meaning the number is probably closer to one in four.

"It takes courage to sit down and say 'I have herpes,'" she said.

McDaniels said her biggest turn on is hearing, "I'm gonna rock your world, and I can guarantee you will not be at risk."



photo by abby blinch

Students should not rush into sex because they're lonely.

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There are more than 10,300 maple syrup producers in Canada who harvest about 85 per cent of the world's maple syrup products. — Agri-Food Canada

Sweet piece of Canadiana on tap



photo by jordana stier

Kortright Centre, Les Wright, volunteer demonstrates how the sap was collected and transported in the 19th century.

Jordana Stier
LIFE REPORTER

The maple syrup season is underway, and chefs around the world are discovering this Canadian cuisine staple it not just for waffles.

"More and more chefs — and not just in Canada, but around the world are finding ways to use maple syrup to flavour foods," said Rick Sikorski, marketing manager for the Toronto Conservation Authority.

He said maple syrup is often described as "the healthiest sweetener, healthier than sugar and honey."

Chefs and companies have begun using maple syrup to add something extra to meals.

"You can make maple sugar, which you can put on eggs. Maple cookies. There's a company that's making maple wine and flavouring tea with maple syrup," Sikorski said. "People are putting it in coffee... and they're also using it in sauces, glazes for meats and things.

It's great on salmon."

Humber hospitality and culinary students often use maple syrup in the kitchen, said Omed Tahir, a second-year hospitality student.

"Maple syrup is used in certain kinds of dressings, like sweet dressings. They use it for salsa sometimes too," he said.

The salsa, which serves as a sweetening agent, can be put on top of fish.

Tahir said he makes his own maple syrup dressing with white wine vinegar, maple syrup, vegetable oil, garlic, shallots and tops it off with salt and pepper.

Adam Kemp, a first-year Humber culinary skills student, said maple syrup can be used as a thickening and sweetening tool or as a marinade.

"You can substitute it, but especially for Canadian cuisine, it's the signature type thing," he said. "If you own a restaurant or have a Canadian style menu, maple syrup is what you are going to have."

Toronto's Kortright Centre is hosting the Sugarbush Maple

Syrup Festival, which aims to teach kids and adults that maple syrup can be used for more than a topping on your pancakes.

The festival runs until April 9 at two Toronto Area Conservation locations, the Kortright Centre for Conservation in Woodbridge and Bruce's Mill Conservation Park in Whitchurch-Stouffville.

Sikorski said the events offer some insight into the world of maple syrup.

"We set up demonstrations of how maple syrup is made, how the sap is collected," he said. "We do it both the old fashioned way and we show the modern way."

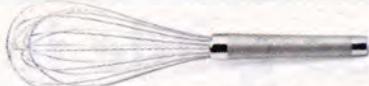
The traditional method is where the sap is boiled over an open fire for days.

The modern technique involves the collection of the sap, which runs through tubes into a boiler.

Educating people on how to make maple syrup is not the only thing on the festival's itinerary.

Sikorski said there are opportunities to taste the syrup right from the trees and after it's boiled.

WHISK



Salmon Fillet with Maple Syrup Chef: Adam Kemp

Ingredients:

1/4 cup 100 per cent pure Canadian maple syrup
1 tablespoon lemon juice
2 tablespoon light soy sauce
1 teaspoon Dijon or stone-ground mustard
1/2 teaspoon finely chopped ginger root, if desired
1 1/4 lbs salmon fillet
2 tablespoons thinly sliced scallions

How To:

1) Mix all ingredients except salmon and scallions.
2) Cut salmon fillet into 4 serving pieces.

3) Place fish in shallow glass or plastic dish.
4) Drizzle marinade over fish reserving about 1/4 cup marinade to serve over cooked fish.
5) Refrigerate about 30 minutes.
6) Preheat oven to 400°F.
7) Remove fish from marinade, set aside.
8) Place fish in baking dish. Bake 15 to 20 minutes, basting occasionally with marinade, until fish flakes easily with fork.
9) To serve, drizzle reserved 1/4 cup marinade over fish, top with scallions.

Serves: 4

Prep time: 10 minutes

Cooking time: 1 hour

Cost approx: \$15.50



photo by jordana stier

Visitors get a taste of the Canadian classic from the tree into the pot at conservation centres.

Number of diabetes cases in Ontario alarming

Eric Humber
NEWS REPORTER
Suzan Park
LIFE REPORTER

A new study by Toronto researchers said the number of people with diabetes in Ontario has doubled from 1995 to 2005.

The number climbed to 827,000, from 388,000 in 1995.

A lack of exercise and poor diet are two reasons for the sharp rise in diabetes cases in Ontario, said the study published in the medical journal *The Lancet*.

Jennie Miron, a nurse at University of New Brunswick-Humber school of health sciences, said diabetes is a metabolic disorder.

"(It's) caused when the body

doesn't produce enough insulin," she said. "It's usually a family trait, where it's passed on over generations."

Miron said older people need to be aware there are chances they could still develop the disease.

"As people age, they can develop Type 2 diabetes, when your body can't use the insulin which it has made," she said. "But after childhood, it mostly depends on how well you manage your diet and if you exercise or not."

Jeremy Brace, from the Canadian Diabetes Association, wants to inform students about the misconceptions of diabetes.

"It can create a stigma," Brace said about people diagnosed with diabetes. "They don't want people to think it's because of a poor

lifestyle choice."

Brace is not entirely convinced of the findings. "It's only one study," he said.

According to researchers from this study, almost nine per cent of Ontarians over the age of 20 had diabetes in 2005, compared to 5.2 per cent in 1995.

"Certainly avoid becoming overweight, if you can prevent it, do all you can."

— Jeremy Brace

Canadian Diabetes Association

Though inactivity and unhealthy foods can contribute to Type 2 diabetes there are other factors

that add to the rise.

Brace said young people should build good lifestyle habits to prevent the onset of Type 2.

He said there are marathon runners and people with healthy lifestyles who have the disease.

"But that is only on the preventative side," Brace said.

Shelley McCulligh, a general arts and science student, is aware of potentially getting diabetes and does her best to stay active.

"It's hard with school, but I try to be active because my grandmother had diabetes for 25 years and she died a painful death," she said. "I know there is a risk of me getting it."

The Canadian Diabetes Association website lists an aging population, high obesity rates and

Canada's immigrant population as factors of higher diabetes rates.

Helina Tsegaw, general arts and science student, said diabetes runs in her family, and she worries about getting it someday.

"Diabetes is on the rise more and more and with it being in my family, I need to do more to stop it," she said.

Brace said he is concerned there is a young face to diabetes, but said it is more complicated than inactivity.

"Take some time and think," he said. "Certainly avoid becoming overweight, if you can prevent it, do all you can."

For more information on diabetes go to the Canadian Diabetes Association website at www.diabetes.ca.

"So, success attend St. Patrick's fist, For he's a saint so clever; Oh! he gave the snakes and toads a twist, And bothered them forever." – Henry Bennet



photo by krista cyr

Pubs are gearing up for a busy St. Patrick's Day on Saturday.

Bring out your green

There's a little Irish in all of us on St. Patrick's Day

Krista Cyr
LIFE REPORTER

St. Patrick's Day may be all about partying in Canada, but in the old country of Ireland there is more to it than that.

Johny Buckley, from Dublin, is a bartender at Murphy's Law Irish Pub in the Beaches in Toronto, said there is a difference between St. Patrick's Day in Canada and Ireland.

"It is all about religion and kids in Ireland and here it is all about what you can make at bars," he said.

"Green beer and shamrocks on Guinness are for tourists that go to Ireland," Buckley said. "The Irish celebrate St. Paddy's day more when they are away from home."

Jeff Morten, manager of Murphy's Law Irish Pub, said St. Patrick's Day is turning into a Valentine's Day kind of holiday.

"It is the busiest night of the year of organized chaos," he said. "It would take three (busy) days of

the year to earn what we do in one day."

With it falling on a Saturday, a larger crowd than previous years is expected at the pub.

Morten is setting up a tent outside the pub for extra capacity.

"Everyone wants to celebrate St. Patrick's Day."

– Kenny Dimech
CAPS Pub Manager

Roger Montgomery, a first-year fitness and health student, said everyone is Irish on St. Patrick's Day.

"I have reserved a table where I am going because I don't want to worry about the crowd," he said.

Morten said many people don't know what the holiday is really about.

"If you ask 10 people what St. Patrick's Day is about, nine will not know," he said. "They will learn on St. Patrick's Day because

we have handouts to inform everyone."

Scott McKechnie, also a first-year fitness and health student, said he doesn't know much about the holiday except that it's Irish.

"St. Paddy's Day is all about drinking and having a good time," he said.

St. Patrick was captured by the Irish and became a slave for six years.

After his escape he became a deacon and a bishop.

During the seventh century he became a saint and was greatly responsible for converting Ireland to Christianity because of his missionary work.

On campus there'll be a colouring contest and an Irish culture and cooking day in Residence.

CAPS will celebrate the Irish holiday early, and will host its St. Patrick's Day pub night tonight.

"Everyone wants to celebrate St. Patrick's Day," said Kenny Dimech, manager of CAPS. "There will be a lot of decorations and green beer."

Making CPR fit like a glove

Avril Sequeira
LIFE REPORTER

Students in Humber's health, fire and emergency services programs could soon have a new made-in-Canada tool to help them learn CPR basics.

"They used to have mannequins that had built-in sensors, a long time ago, when we taught CPR," said Lynne Urszenyi, co-ordinator of the paramedic program. "They would sense how far you were pressing and gave you a read out saying if you were doing it right or not. But then those mannequins became very expensive to maintain."

The CPR Glove, created by Corey Centen and Neil Patel, fourth-year students in McMaster's electrical and biomedical engineering program, took second place in the Innovative Design category at the Canadian Engineering Competition in Saskatoon.

The fabric glove, slipped on during resuscitation, uses embedded microchips to measure the frequency and depth of chest compressions as well as heart signals before transferring the information to an LCD screen on the back of the hand.

Urszenyi is uncertain if or when

the school might invest in the device.

"I don't know if these engineering students are thinking that people are going to carry these gloves around with them in case they come across somebody," she said. "But as a teaching aid, it sounds like it's probably a good idea."

The glove is also meant to help prevent accidental injuries like cracked ribs and separated cartilage.

Co-creator of the glove Patel, said that the idea came out of a brainstorming session when his partner Centen brought up CPR.

"We couldn't remember the steps or how we would have to do it if we had to do it right then and there, even though we were fully trained," he said.

Patel said that the pair have had "lots of interest" from industry professionals, including EMS training companies.

The duo are thinking of refining the design further to cope with a wide range of situations.

"There's a difference between a drowning victim versus a cardiac arrest victim or an infant," he said.

"We could program that into the glove so it adjusts its guidelines appropriately."

Huber Debruin, director of biomedical engineering at McMaster and faculty adviser to the project, said he was thrilled when he first heard the idea.

"One of the problems, actually, is that when you do learn how to do something, unless you do it a lot, you lose your effective ability," Debruin said. "Most of us who have taken CPR (courses) have probably, within a few years, forgotten, or have lost rhythm and technique."

The glove is also meant to help prevent accidental injuries like cracked ribs and separated cartilage incurred while administering CPR.

"You don't want to hurt people," Rodriguez said. "But sometimes it's unavoidable. I was taught that it's OK to break a rib – because the ribs can heal as opposed to not getting the heart pumping at all if you're doing it incorrectly."

The glove is expected to cost about as much as a cell phone.

"It would be very inexpensive," he said. "At \$200, it puts it well below (CPR mannequins) and is a fraction of the cost."

Patel anticipates releasing the CPR Glove for commercial use in the near future.

"If we want to use it in emergencies it has to go through FDA (Food and Drug Administration) approval and Canadian Medical Device approval which takes time," he said. "So for real-life emergency use it would take two to five years to get to the market, but for training purposes – like teaching in pools and community centres – it's not as long."

Student Bodies

A boost of support

Suzan Park
LIFE REPORTER

Different things are keeping these student bodies moving including the support of family and friends. With cheers behind them, suddenly, all those agonizing hours in the gym don't seem so lonely anymore.

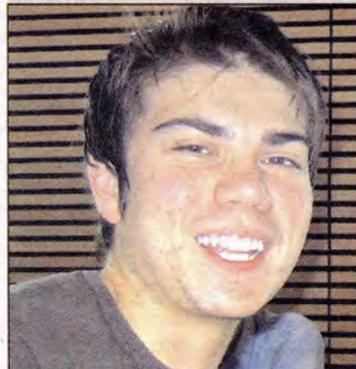


photo by suzan park

Enjoying the transformation.

Michael Mitchell

Weight
Start: 148lbs
Now: 150lbs

"As for my lifestyle, not too much has changed. Knowing that I am improving myself makes me feel at times that I can slack off and eat whatever I want. In the back of my head nonetheless, something keeps telling me not to.

My family and friends like the fact that I'm getting fit. Since change is good, getting fit is one step closer, and so my family and friends commend me for participating in Student Bodies.

The only thing I may worry about doing this program is having to buy a completely new wardrobe."

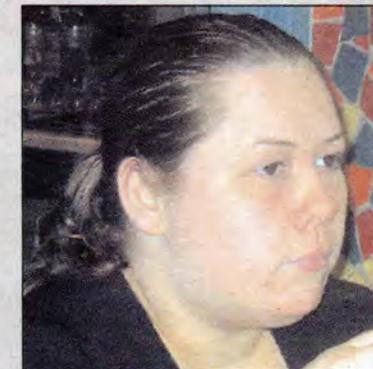


photo by suzan park

Increased self-confidence.

Priscilla Daviau

Weight
Start: 310lbs
Now: 297lbs

"I find that when I go to eat I make a conscious decision about what to eat. I feel better about myself and find that I am happier.

My family is supportive. They have been encouraging and when I update them about my progress they sound really proud. People I have told about Student Bodies are always happy to hear about the progress I am making.

At work if I eat something that is not so great one of my co-workers starts to ask me if I am allowed to be eating it.

I'm so happy my weight starts with a two!"



The glove will cost approximately \$200, well below the cost of CPR mannequins.

courtesy

"Use your health, even to the point of wearing it out. That is what it is for. Spend all you have before you die; do not outlive yourself." – George Bernard Shaw

Nursing students brave outbreak

Justine Lewkowicz
LIFE REPORTER

More than 35 nursing students are carrying out their clinical placement at the Trillium Health Centre where there's an outbreak of *Clostridium difficile* among patients.

Dean of the School of Health Sciences Kathleen MacMillan said she is not worried students will get infected.

"If we are teaching our students and monitoring them so that they're implementing best practices in terms of infection control, that should not happen," MacMillan said. "These are organisms that we know. We know how they're transmitted. We know how to prevent the spread."

Clostridium difficile, also known as *C. difficile*, is a bacterium that is one of the most common causes of infections in hospitals.

Found in feces, the bacterium causes watery diarrhea which leads to dehydration.

It's spread when people touch surfaces contaminated with fecal traces and then touch their mouth.

"The people who seem to be most at risk to have a very bad outcome from *C. difficile* is the frail elderly," MacMillan said. "They don't tolerate dehydration very well."

The Trillium Health Centre in Mississauga reported last week

that the number of patients infected with *C. difficile* dropped from over 20 to 15.

Four patients who tested positive for the bacterium have died, but the hospital cannot confirm that *C. difficile* was the cause of death because they were elderly patients with other medical conditions.

One of the patients who died tested positive for the same hyper-virulent strain that has killed over 2,000 people in Quebec since

"I am very careful. I'm paranoid that way, very conscious. I make sure."

– Mary Jane Custodio
Second-year Practical Nursing Student

2003.

Jennie Miron, program co-ordinator of the three-year bachelor of nursing program, said the best way for nurses to prevent the spread of disease among patients is by keeping a clean work environment.

"Proper glove wearing, which is really important," she said. "Making sure that when you take your gloves off you're not touching anything with your gloves and then touching that afterwards. Good hand washing between patients."

Miron said one tip the nursing students learn about proper hand washing is to sing happy birthday

– about 30 seconds – during the process to ensure enough time for a thorough clean.

MacMillan said hands should be dried with paper towel.

She said without proper hand washing, infections can spread from patient to patient.

Denise Gravel-Tropper, senior epidemiologist with the Public Health Agency of Canada, said hospital staff is mostly responsible for preventing the spread of infection.

"We know that most hospital-acquired infections are exposed... through the hands of a health care worker, so they go to one patient and they don't wash their hands between patients," Gravel-Tropper said.

Mary Jane Custodio, a second-year practical nursing student, said she doesn't worry about getting infected by patients.

"I am very careful. I'm paranoid that way, very conscious. I make sure," she said.



photo by justine lewkowicz

Hand washing is key in preventing the spread of bacteria.

Let your anger out

Deniz Izzet
LIFE REPORTER

A Humber psychology professor agrees with the results of a York University study that found young women learn to deny their right to feel and express anger in an effort to blend into society.

"Anger is one of the less socially acceptable emotions," said Vasanthi Valoo, a psychology instructor at Humber. "Society will do what we can to mangle it."

Over two years, York University professor Cheryl Van Daalen-Smith's research followed eight groups of 65 young women who talked about their anger and the affect it has had on their daily lives.

The groups studied were from Vancouver, Montreal, Ottawa, Halton Hills, Mississauga and three from Toronto.

"Part of the social norm is to express more positive emotions," Valoo said. "The identity of the girls are unable to develop and... evolve and they are somewhat moulded and directed to become more socially confirmative, in which case they are left incomplete in terms of developing their own identity."

Van Daalen-Smith's major finding was young women who repress and disconnect from their anger tend to over medicate with anti-depressants.

Melissa Lesperance, a first-year

spa management student, said she keeps her anger to herself because she feels other people don't want to hear it.

"When you go to somebody and tell them about how you feel, they don't want to hear it," she said. "They have their own problems. They don't want to hear you rant and rave. So, I do it in my own space... You learn to deal on your own and keep it to yourself."

Women from the study had been told they needed to learn how to manage their anger.

Margeaux Parkinson, a first-year interior design student, said she tends to keep her anger bottled up.

"Sometimes people can get on my nerves and I ignore it to where I will eventually just explode," she said. "But if someone pushes me to a certain extent, I will take their abuse for a little bit."

The study also found young women need teachers, counsellors and people to show they care and to assure them they will not be dismissed, seen as weak or mentally unstable when expressing their frustrations through anger.

Van Daalen-Smith concluded anger is a necessary human emotion that must not be denied because of a narrow view of how a young woman should be. The ability to express anger allows her to be who she really is, not whom society thinks a young woman should act like.

The President's Lecture Series

An Invitation to Students, Faculty and Staff
Humber College and University of Guelph-Humber

Maude Barlow

"Globalization: Our Future and You"

Tuesday, March 20, 2007

11:00 a.m. – 12:30 p.m.

North Campus, Seventh Semester



Globalization is often touted as an inevitable force that will bring economic development to the world. Such development, however, comes with a cost. In this lecture, Maude Barlow will focus on some of the problems raised by "economic globalization" and discuss how today's students might approach this reality in order to participate in positive change for the future.

Maude Barlow is the National Chairperson of The Council of Canadians as well as co-founder of the Blue Planet Project and a Director with the International Forum on Globalization. Among her many awards are the 2005/2006 Lannan Cultural Freedom Fellowship as well as the 2005 Right Livelihood Award. A best-selling author, her most recent books include *Too Close for Comfort: Canada's Future within Fortress North America* and *Blue Gold: The Fight to Stop Corporate Theft of the World's Water* (with Tony Clarke). She is currently working on a new book about the global fight for the right to water.

EVERYONE WELCOME!

For planning purposes, please RSVP with Val Hewson at ext. 4102.

Sponsored by the Office of the President

Humber Students' Federation Annual General Meeting COME PARTICIPATE!

At the Meeting of the Membership!



Lakeshore Campus - H-Cafeteria - 11:00 a.m.

Wednesday, March 28th, 2007

Your support is appreciated.

WORK & PLAY

Telecommunications company Sysopen Digia of Finland is marketing a fully operational cellphone that stands 123 cm tall. — www.sysopendigia.com

Phone numbers now portable...

Judy McNeil
BUSINESS REPORTER

Cellphone users now have the choice to keep their old numbers when switching providers.

As of yesterday, cellphone companies will no longer be able to impose a new phone number on people when they change carriers. This gives more power to people who sometimes feel trapped into staying with the same carrier because of the hassle of notifying hundreds of friends and relatives and businesses, of a change in number.

Marc Choma of the Canadian Wireless

Telecommunications Association said Canada has surpassed the half-way mark in penetration of wireless phone use.

"There comes a time when an industry reaches a certain maturity level where it can support wireless number portability and obviously it's going to bring another layer of customer choice to wireless phone numbers out there," Choma said. "Right now 58 per cent of all Canadians are wireless phone subscribers. There are 18.5 million wireless phone users as of 2006. So the market is mature enough now that we were able to implement this."

"It is probably the largest cooperative undertaking ever assembled with the telecommunications industry in Canada."

"It is probably the largest cooperative undertaking ever assembled with the telecommunications industry in Canada."

— Marc Choma, communications director of the CWTA

bled with the telecommunications industry in Canada," Choma added.

Elizabeth Hamilton of Rogers Communications Inc. said the company should be ready for the change. "We feel it's essentially going to be business as usual."

Sarah Small, a first-year court and tribunal student welcomes the change.

"It's good because it actually limits the hassle of calling your friends and saying, 'oh, I have a new phone number.' Whereas you can just keep the same number and there is no problem after that," Small said.

Choma said people will not only be able to take their cellphone numbers to another company, but they will also be able to take their home number and "make that into your wireless number. Or, if you already had a wireless phone number, you could make that your home number," he said.

Joanne Noton, a first-year broadcasting and radio student, said although the change is welcome, she would not switch from Telus unless another carrier had something tailored to her needs.

"Each carrier has their own monthly plan so people usually base whether or not they are going to change their carrier for that monthly plan," said Noton.



photo by judy mcneil

Sarah Small, left and Joanne Noton are two of the 18.5 million Canadians who own cellphones.

...but just half of us are wireless

Natasha Fall
SENIOR REPORTER

A survey shows cellphone penetration in Canada is at 58 per cent, but there are different opinions on what that figure means to Canadians.

The report from consulting firm the SeaBoard Group compared the per capita ownership of cellphones in Canada with other countries.

Carl Oliver, program co-ordinator for the wireless postgraduate program, said this is because Canada has taken longer to catch up to countries like the United States, which is at about 75 per cent.

"If you think back to about 10 years ago, it was like a dollar a minute for cellphone coverage ... but now prices have dropped enough ... and as the prices con-

tinue to drop, more and more people will get them," he said. "I know quite a number of people who don't have a landline anymore and they just have a cellphone, because everything that they need to do, they can use their cellphones to do."

But according to Marc Choma, of the Canadian Wireless Telecommunications Association, the reason Canada appears to be lagging behind is because the U.S. started offering cellphone service about 18 months before Canada did. He said studies which compare Canadian cellphone usage to small countries are misleading.

"Because some countries like (in) Africa don't have landline telephones, of course their cellphone penetration is going to be higher. In Canada we have unlimited use for local telephone serv-

ice," Choma said. "That is not the case for all parts of the world, in some of these countries that (the SeaBoard Group) are comparing wireless penetration to Canada, you have to wait more than five years to get a phone in your home."

He said wireless networks in Canada reach 98 per cent of the population and investments in Canada by these wireless companies total more than \$20 billion.

"Canadians are the second highest users in the world of cell phones, so looking at the penetration alone doesn't really tell the whole story. Canadians use 400 cellphone minutes per month," Choma said.

He said wireless communication is expected to continue to go up at about 10 per cent every year in Canada.

Bank machine fee-ver

Will Cottingham
BUSINESS REPORTER

Students who want to support the federal government's move toward removing fees from using bank machines should lobby their MPs, said Richard Kingston, program co-ordinator of financial services for the Humber Business School.

"It is possible banks will lower fees," Kingston said. "The banks certainly have the power to lower fees, but it's another issue if they want to do so."

Kingston said if students truly feel automated teller machines fees are unreasonable they should make it known to politicians.

"Fees have been associated with ATMs for years," Kingston said. "The only reason politicians are attempting something now is because some constituents are up in arms. If students want anything to happen it is up to them to lobby for it ... And that is something students should do more often."

Finance Minister Jim Flaherty met with the executive officers of six major banks on March 5.

Flaherty said he feels fees associated with ATM usage are unjust and at the very least low income Canadians, including students and seniors, should be exempt.

Laura Moscatiello, a second-year Guelph-Humber family community student, said she is pessimistic about the possibility of any changes being made.

"It's a brilliant idea," Moscatiello said. "Banks are making too much money as it is, but I don't have much faith that any significant changes will happen. I don't think banks will agree that ATM fees are unjust."

Sue Malley, a postgraduate GH clinical research student, said she feels there is reason for optimism.

"It's a good idea for everyone," Malley said. "But my bank account with President's Choice already waives ATM fees."

President's Choice Financial (PCF) offers a no-fee bank



photo by will cottingham

Consumers welcome the idea of removing ATM charges.

account, which boasts free transactions at PCF and CIBC bank machines.

"Maybe if students start going to other accounts (ones that offer discounts in ATM usage) the major banks will listen," Malley said.

See life in a new light

Angela Scappatura
BUSINESS REPORTER

As communities around the globe make the move to ban incandescent light bulbs, the college has been looking for ways to make the school's lighting more efficient.

"In all cases we have strategies around energy savings," said David Griffin, manager of maintenance and operation for Humber. "We started with 36-watt fluorescent lighting inside the school and have gone down to 28 watts. We are now considering a change to 25 watts which would equate to a 10 per cent energy savings."

The city of Toronto recently installed light emitting diode lights on the CNE grounds and Griffin said while the energy savings is great, security concerns arise from the dimmer form of lighting.

LEDs are small bulbs clustered together to create a larger light source using less energy than regular incandescent ones.

Greg Koett, an electrical engineer, said "the difference between LED and incandescent lighting is roughly 1/10. Which means if you use one watt of incandescent lighting you would be using one watt of energy for LED."

"Lighting is for security as well as energy consumption, so we have to make sure the lighting in the parking lots, for instance, is bright," Griffin said. "In the classroom situation, it is also important because good lighting is necessary for an effective learning environment."

Australia recently banned the warmer, incandescent lighting and Nova Scotia plans to phase out the energy draining bulbs by 2012.

Humber has already started adding LEDs in the school near the registrar's office.

"We have some LED usage by the registrars office for highlight," Griffin said. "It doesn't seem to be working bad but you don't get a lot of throw so you need more fixtures."

"He that but looketh on a plate of ham and eggs to lust after it hath already committed breakfast with it in his heart" – C.S. Lewis, British author

Sandwiches taking over AM menu

Stephanie Sherr
BUSINESS REPORTER

Harvey's decided to stop selling traditional bacon-and-egg breakfasts last year and the chain's on-

campus locations are paying the price.

"I'm sure their research says that traditional breakfasts aren't selling well at retail Harvey's locations," said Humber's food services man-

ager Don Henriques.

Like other fast food restaurants such as Tim Horton's, Harvey's is putting its resources into breakfast sandwiches.

"Although we sell a lot of breakfast sandwiches," Henriques said, "we've lost out on those customers who are looking for the traditional breakfast. That's reflected in our breakfast sales at the (North campus) Harvey's location."

He said though operating expenses eat up about 80 to 90 per cent of the food revenue, "the college gets a percentage of each dollar."

According to Henriques, breakfast sales account for about 20 per cent of food revenue.

Because of this, Humber approached Harvey's with concerns about the elimination of the traditional breakfast from campus. Although the chain determined it was better for global sales to do away with the "homestyle breakfast," the college expressed its reluctance to conform.

"What we suggested, was that even if Harvey's doesn't want to do

it as a brand we could do it locally because we still have eggs and bacon and home fries. But they didn't want to accept that," Henriques said.

Rita Murad, a food service employee who works at Harvey's campus location, said she isn't sure why the chain chose to eliminate its traditional breakfast.

"It's nothing compared to before, where we used to have line-ups as soon as we'd open."

– Rita Murad
Humber food service employee

"I don't know why they took it from here," said Murad. "There's a lot of things that we sell here that are very popular which they have taken off the menu, which I don't understand. But I guess they know what they're doing."

Murad said the outlet sells about 100 breakfast sandwiches every morning, but the store has become noticeably quieter during the early

morning hours since it stopped serving its traditional breakfast plate.

"It's nothing compared to before, where we used to have line-ups as soon as we'd open. We used to be very, very busy."

While munching on a croissant in front of Java Jazz, radio-broadcast student Jesus Arias said he would rather still have the option of ordering eggs, bacon, and sausage in the morning.

"It's a mistake on their part because they should offer more variety of good food," he said. "Students who come from home, like myself, want a change from time to time instead of just having the same old breakfast every single day of the week."

For a more complete breakfast, North campus students can still go to the Food Emporium, Williams Coffee Pub or the Staff Lounge to satisfy their cravings. With prices starting at \$3.25, choices range from individual omelettes to the "Big Breakfast," which includes sausage or bacon, toast, eggs and breakfast potatoes.



photo by judy mcneil

Harvey's North campus location sits completely empty at 8:30 a.m. after the chain stopped selling its homestyle breakfasts.

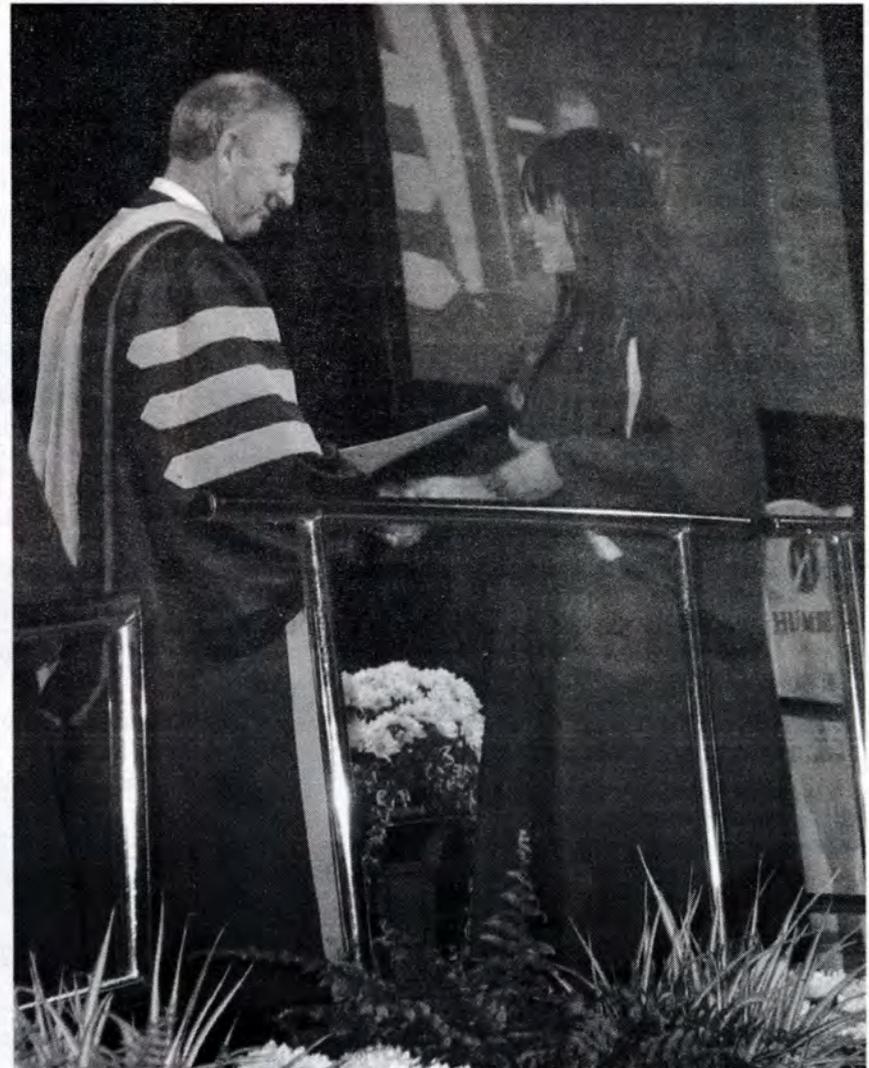
Congratulations Graduates!

Convocation is the annual celebration which gives us all an opportunity to applaud, and reward your hard work. Please join us as we celebrate this special occasion.

Humber's Convocation Ceremonies will be held during the week of June 18th, 2007.

Remember the deadline to apply to attend is Friday, May 11th, 2007.

For more information regarding dates and times for each program and school, please visit our website at:
<http://convocation.humber.ca>





Spice Girls creator Simon Fuller announced the girls have finally agreed to a reunion comeback world tour after years of refusal from Mel C. -www.azcentral.com

Fighting evil by moonlight, creating jingles by daylight



Barlow signed dozens of autographs for *Sailor Moon* fans.

Tyler Kekewich
ENTERTAINMENT REPORTER

The voice behind one of the most famous jingles on Canadian TV honed her skills at Humber.

"Always fresh at Tim Horton's," sings Emilie-Claire Barlow, repeating the memorable catch phrase.

Barlow, 30, is also a jazz singer who has been recording and performing with a band since her college years. Others might remember her as the voice of Sailor Mars on the popular anime show *Sailor Moon*.

"In my heart and soul I'm a singer, however I think that using my voice in any way is what I want to do with my life," Barlow said, who attended the music program at the Lakeshore Campus from 1996 to 1998.

Barlow grew up in a musical family and spent a lot of time around studios. She was singing various jingles before the age of 10, including ones for Kellogg's Corn Flakes and Smurfegetti, but didn't decide to get serious until college.

The resourceful student knew she could use her voice to earn

money and hired an agent. She landed the role of Sailor Mars in one of her first auditions.

"Everyone has a hard time at first and it was a bit of a fluke," Barlow said. "I went out for this thing and I got it right away."

Barlow formed her first band with fellow students at Humber. This gave her a chance to try out the written arrangements she had been working on at school.

"It didn't sound perfect by any means but it was pretty exciting to hear the notes you had written played by this big band," Barlow said.

During this time the band began its recording process and playing live gigs and Barlow released her first album - *Emilie-Claire Barlow Sings*.

She describes her style as traditional, great American songbook jazz with a Brazilian/bossa nova feel. She has released five albums including a Christmas CD called *Winter Wonderland*.

One of the teachers that inspired Barlow here was Shelley Berger, who taught her theory and arranging.

Berger, an accomplished bass

player, producer and arranger, who has worked with Diana Krall and Matt Dusk remembers Barlow as an outstanding student and already considered her a professional.

"Usually there's one or two (talented students) in a class but she was beyond that," Berger said.

It has been almost 10 years since Barlow attended but she still remembers her education.

"I'm still going back to my notes and my textbook - which is totally tattered now," Barlow said.

The successful vocalist advises students to "get out there and do it, put a band together with your fellow musicians, your fellow students, ask your teachers to come and play on a gig, because that's the way you'll learn - by playing with all kinds of people."

Barlow, a married mother of two, has been nominated female vocalist of the year at the National Jazz Awards. Fans can vote for her at www.nationaljazzawards.com.

The Toronto native will be releasing her sixth album - *The Very Thought of You* - in June and will be performing at The Rex jazz club in Toronto, on March 24.

Arya ready to rock 'n roll?

Student Centre becomes new host to indie concert

Tyler Kekewich
ENTERTAINMENT REPORTER

The plan to hold an indie-rock concert in the Guelph-Humber art gallery was changed at the last minute and re-staged in the Student Centre Monday night because of bad sound.

"We were going to have it all in here," said Michael Sampson, 20, while standing in the gallery. "But the acoustics are terrible."

Sampson is a business student at GH who helped organize the concert for his event management course.

Arya, a self-described progressive rock/metal band opened the show after guests signed a huge banner and had been fed pizza and pop.

Lead singer Ashley Curtis, 24, who looks like Avril Lavigne but sounds like Evanescence's Amy Lee, really got goosebumps rising with the help of Lucas Di Monte's hard, fast guitar sound and tight, loud rhythms spat out by Ryan Merrigan on bass and Sean Hillman on drums.

Arya was followed by Holloway Roberts, another foursome that looks and sounds a bit more like a Strokes-esque garage band with a screamer thrown in for good measure. They seemed to pull off the co-vocalist thing quite smoothly.

Other performers included Keepin' 6 and Kid Metropolis.

The indie music showcase is officially called Uncharted Territory and includes an exhibit in the art gallery featuring 15 local, inde-

pendent music artists that students can read about and listen to on individual MP3 players.

Also part of the display is an illustrated, informative map to the many Toronto venues that regularly showcase local, independent talent.

Students can check out the exhibit Monday to Friday, 12 p.m. to 4 p.m., until March 23.



Arya performs for the crowd.



Indie band Arya, left to right: Sean Hillman, Ashley Curtis, Lucas Di Monte and Ryan Merrigan.



(L-R) Hillman hits the drums, Holloway Roberts follows and a guitar exhibit in the gallery wows.

Boston Irish punk rockers The Dropkick Murphys will play their annual St. Patrick's Day shows in Boston for the 11th year. – www.bostonherald.com

in review:

CMW

Canadian Music Week

Adrienne Huen
ENTERTAINMENT REPORTER

Canadian Music Week 2007 officially kicked off festivities last week in Toronto, attracting some of the biggest names from the worldwide music industry to venues all across the city.

"It's been a long, exciting trip," said Neil Dixon, president of Canadian Music Week (CMW). "We've seen a lot of changes in the industry over the last quarter-of-a-century and we've been the one constant there to cover it all."

The four-day event proudly celebrated its 25th anniversary this year which ran from March 7-10 with its headquarters at the Fairmont Royal York Hotel in downtown Toronto. More than 300 speakers appeared at the daily conference sessions during the weeklong event. Nearly 600 bands performed at over 44 live musical venues across the city and industry professionals had the chance to mingle with other movers and shakers.

With a mixture of headliners such as Public Enemy, DJ Champion, Wolfmother and the Montreal-based group The Stills, venues across the city were packed to capacity with eager music enthusiasts who paid \$35 for a wristband that got them unlimited entry into each and every performance.

The annual event began in the 1960s to commemorate the Silver Jubilee of the Canadian Federation of Music Teacher's Associations. It was established to encourage and promote Canadian musicians and musical teachings to industry professionals around the world.

In recent years, the general public has paid more attention to the nightly performances by the bands and musical acts, this year the festival attracted more attention with big name appearances at the daily conference sessions.

Speakers like Public Enemy co-founder, Chuck D and Music World Entertainment, president and CEO Matthew Knowles (Beyonce's father and manager), were brought in to entertain the crowds with anecdotes and to discuss the festival's hot topic, how music should deal with the digital world.

In addition, Canadian hard-rock 70s group Triumph and legendary songwriter and producer David Foster were honoured by the Canadian Music Industry last week by being inducted into their Hall of Fame.

Filmmaker 101

Anastasiya Jogal
ENTERTAINMENT REPORTER

Two Humber film and television production students shared their love of making movies last week with a group of high school students from Rexdale and Jane and Finch neighbourhoods.

Kimberly Dean and Kyla Springall told an audience of 26 young people how to create a low-budget film, write a script, develop characters, produce and direct.

"It's a great program," said Dean about the Youth Arts Movement film seminar, a subsidiary of the non-profit community arts organization based in Etobicoke.

As a student, Dean had to face the challenge of being on a limited budget. "Our pockets are not very

deep," she said.

"This is something I wish I had access to when I was just coming out of high school," Dean said.

"We had a really big turn out," said Janet Donaldson, organizer and Humber College volunteer youth co-ordinator. "We're going to run a second workshop."

Susan Nagy, executive director of Humber College Lakeshore Arts said seminars like these started three years ago.

"This year, they want to have a film showcase and workshops, we want them to be accessible and inclusive," Nagy said.

Dean said the seminar was partly in preparation for the YAMMIES film festival, a program associated with YAM (Youth Arts Movement), where anyone may



Kyla Springall (left) and Kimberly Dean (right) teach students the fundamentals of producing a film with a small budget.

have the opportunity to showcase a film, with prizes provided by local businesses.

Dean and Springall may act as

film critics for the YAMMIES.

"Film is my passion," Springall said. "I live to make movies and watch movies."

A HIPSTER'S GUIDE TO SAINT PATRICK'S DAY

March 17 is a day to celebrate that small percent of Irish in you, because everyone has an aunt, grandfather, neighbour, or pet that's part Irish. After consulting our on-hand leprechauns, we have prepared a day of Irish events that you and your loved ones can enjoy prior to the nights celebration.

9 a.m. – Breakfast time. Try



the unique combination of a pint of Guinness with fried potato slices. Those 19 and under could enjoy a delicious bowl of Lucky Charms.

10 a.m. – Morning coffee, complete with Bailey's Irish cream. Feel free to peruse *The Irish Times* online.

12 p.m. – While you're wondering where the missing hour went, dress in your favourite argyle shirt and/or kilt. Be sure to wear green. Listen to some Damien Rice or The Frames.

12:30 p.m. – Relax and enjoy

watching Boondock Saints or an episode of The Black Donnellys. Avoid all contact with U2 on this day as it could cause extreme damage to your hipness.

2:00 p.m. – Meet your friends at your favourite Irish pub. May we suggest the James Joyce (Bathurst and Bloor) or the Irish Embassy (Yonge and Wellington)

4:30 p.m. – On the way back to your flat, be sure to pick up a bottle of Jameson Irish Whiskey or Tullamore Dew. Bypass the mix – we'll be drinking Irish tonight. When you get home, prepare a

drink and throw on the Dropkick Murphys or The Pogues depending on your neighbours preference. To remain hip, be sure to listen to the albums on vinyl.

6:00 p.m. – If you can stand, you are prepared for an evening of celebration. Note: When dancing to hearty Irish jigs, do not spill. Happy Saint Patrick's day.

↑ Top 10 RealTrax™ ring tones

Week of March 5

1. Cupid's Chokehold - Gym Class Heroes
2. Don't Matter - Akon
3. Go Getta (R. Kelly Chorus) - Young Jeezy
4. Irreplaceable - Beyonce
5. Lips of an Angel - Hinder
6. Lost Without U - Robin Thicke
7. On The Hotline - Pretty Ricky
8. Poppin' - Chris Brown
9. Throw Some D's - Rich Boy
10. What Goes Around / Comes Around - Justin Timberlake

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A Humber for All

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- ❖ The prohibited grounds of Discrimination and Harassment are race, ancestry, place of origin, colour, ethnic origin, citizenship, religious creed, sex, age, marital status, family status, disability, sexual orientation, receipt of public assistance or pardoned federal offences or record of provincial offences as defined by the Ontario Human Rights Code.

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SPORTS

"He has a pretty good record against everybody." – Washington coach Glen Hanlon on his star Alexander Ovechkin after scoring two goals against Atlanta.

Bad boys bail in B.C.

Michael Clegg
SPORTS REPORTER

The men's doubles team reached the end of its dream season last weekend at the national badminton championships in British Columbia.

"They just didn't play their best badminton when they had the opportunity to win a game," said coach Paul McGarr. "They faced some tough competition. It's a learning experience and I think they knew when they had an opportunity to win, but unfortunately and understandably nerves got the better of them."

The team of Hoa Ly and Ronni Islam, gold medal winners at the Ontario championships and the only Humber players at the nationals, lost all five of their opening round matches and failed to qualify for the playoffs.

"When you know you're playing Canadian Winter Games medalists there's a little fear in you," Islam said. "These guys are good. It was tough but you learn – it was a

good experience."

"I think overall we played OK, but not up to our best," said Ly, a graduate student in business administration. "The other teams, they're more used to the environment and the pressure than we are."

Host Douglas College of Richmond, B.C. dominated the tournament with every gold medal going to the home team.

"The B.C. teams were just fantastic to watch, these are definitely the top players in the country," McGarr said.

Despite stiff competition and lack of national experience, Ly and Islam weren't pushovers. They scored double digits in each of their matches, including hard fought losses of 11-21 and 10-21 to eventual undefeated champions Andy Cheong and Chris Lee of Douglas.

"We played better than we expected we would against the tough teams, but against the teams we thought we could beat we just had too many unforced errors,"

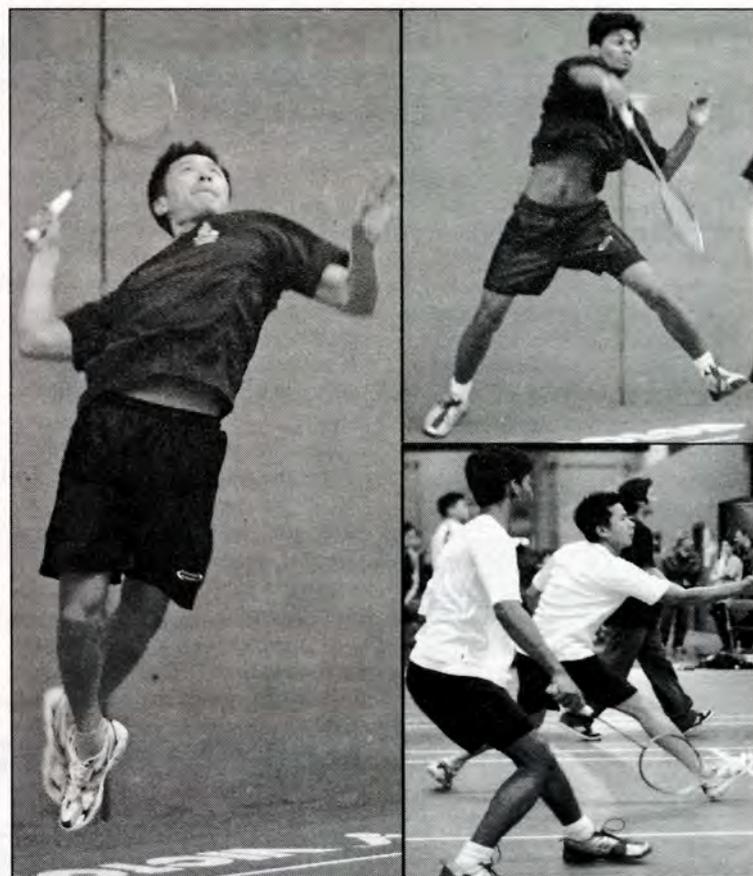
Islam said, a second-year student in business marketing.

"I'm confident that we could have won bronze," Ly said. "In sports you have good days and you have bad days, this was just a bad day," he added in regard to their 0-3 record on the second day of the tournament.

The team will now turn its attention to next season as it tries to forget about the loss at nationals.

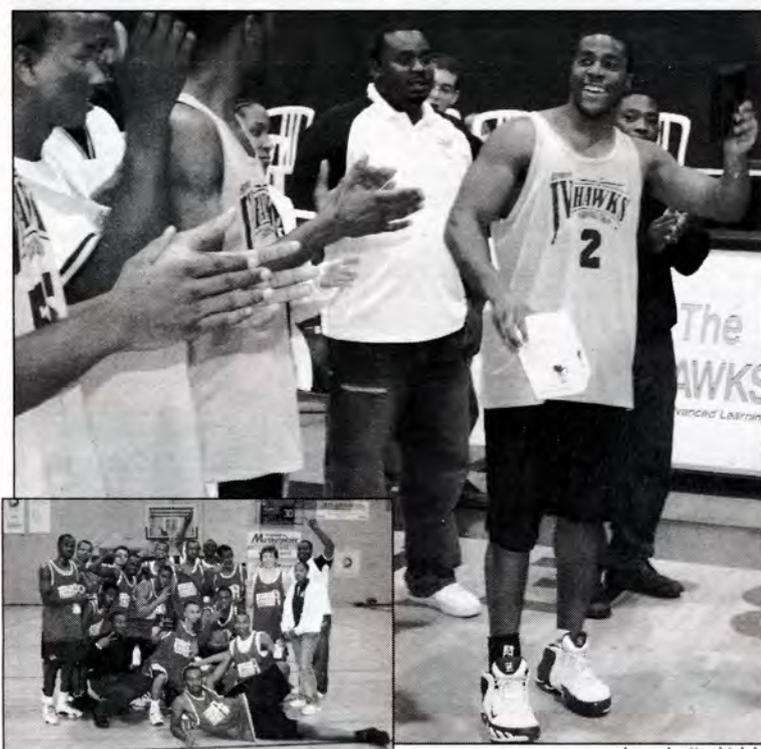
"Next year we need more than two practices a week," Islam said, whose return to the team is pending his acceptance to Guelph-Humber. "We need to step up our training sessions if we want to compete with these teams."

"For us to get to nationals and Humber being only a second-year team was fruitful," Ly said. "It's just too bad we didn't do better overall. It's a pretty young team and for them to be competitive next year they need to put more hard work into it. Even us finishing first in Ontario, we still need a lot of work if we want to take it to the next level."



photos by tony leite, mohawk college

Humber's golden team of Ronni Islam (top) and Hoa Ly (left) couldn't turn its championship into success at the nationals.



photos by jim bialek

Two players from J.V., Ishmael Shelley and Akin Brown, had invites to practise with the varsity squad over Christmas break.

Junior Varsity soars to the top

Josh Gold-Smith
SPORTS REPORTER

Two years ago, men's basketball assistant coach Chris Cheng hatched a plan to develop a junior varsity program on the strength of a long tradition of varsity basketball already in place.

"We know that we're always going to attract great basketball players around the GTA," Cheng said. "So we wanted to start a junior varsity program to give others a chance to play for Humber. Starting the junior varsity program really gave us a look at those players to say, hey, maybe that person will get a chance to move up."

While no players have been promoted yet, Ishmael Shelley and Akin Brown were invited to practise with varsity over Christmas.

"I always wanted to be part of the varsity team," said Shelley, a point guard who's played junior varsity

since its inception. "It was a good experience, getting to see what they have to do to be at that level."

Shelley expressed concern over the number of point guards trying out for the varsity squad.

"A lot of guys play my position, so it's going to be a lot harder for me to get in," he said.

Last year Cheng became the first head coach of a J.V. men's basketball program in the school's history, leading them to win three out of four tournaments. This year the team swept all four, one coming at home and three on the road at George Brown, Sheridan and U of T Scarborough.

Cheng left his coaching position and is now co-ordinating the program for head coach Chris Bennett. He credits the strength of the basketball program for the junior team's early success.

"I think it's just been the history of the last 25 years and what's been

established already with Humber being a powerhouse in basketball at the college level," he said.

Cheng transformed what was once an extramural team into a club with the preparation and work ethic on par with varsity. While the varsity team receives more funding and embarks on road trips, the juniors are trained to compete at a varsity level.

"When I got the job, what I wanted to do was use the same system offensively and defensively," Cheng said. "Whether you're playing at the junior varsity or varsity level you're getting the same training and the same discipline."

This equal treatment means the learning curve won't be an issue for the program's varsity hopefuls.

"If some junior varsity players were able to move up, they wouldn't need a big adjustment," Cheng said. "That's really what separates us from other colleges."

Men's extramural hockey team loses final in a shootout

Fanshawe sniper scores lone goal in tiebreaker for the win as Hawks fail on all three attempts

Simon Yau
SPORTS REPORTER

The extramural men's hockey team finished second this past weekend, falling in a thrilling shootout to Fanshawe in the championship game.

The disappointing 2-1 loss capped off a strong tournament by the team, recording two decisive wins over Durham and St. Clair 5-3 and 5-0 respectively, enroute to the finals.

In the end it was the nail-biting tournament finale that left the

team thinking.

"It was a great game," said team captain James Lutz, who assisted on Humber's tying goal during the final. "Both teams were tired from playing games earlier in the day so it was a back and forth battle that just happened to be lost by us."

Humber brought only thirteen players to the tournament, including two goalies. Various injuries in the tournament further strained the depleted roster.

Jim Bialek, manager of both men's and women's extramural hockey teams, said fatigue was a

consideration.

"Playing three games in one day without that extra 45 seconds (of rest between shifts), and we were on Olympic ice," he said. "It's tough, it's a lot of skating for these guys to do."

Instead of going to an overtime period the 1-1 tie after regulation immediately went to a three-player shootout to decide the championship. Fanshawe scored on their second shot, turning out to be the winner as all three Hawks shooters were shutout.

"I had a move that I was gonna

try and it worked, and I had a wide open goal to shoot at but just hit the post. It was a tough loss," said forward Jordan Dionne, who had a hat-trick in the win over St. Clair.

With Fanshawe up 1-0 in the shootout, Lutz had a chance to tie the affair but came up just short.

"It was pretty nerve-wracking," Lutz said. "I was trying to make up my mind on what move I wanted to do. I went in with a move in mind and I second guessed it at the last second, which I never should've done."

Despite the loss the team is

pleased with the improvements it made throughout the season and is grateful just to be playing ice hockey. With only one tournament remaining and the temperature rising outside, Dionne can see the end coming to what has been a "great experience."

"The season coming to an end is actually hard on all of us," he said. "We're going to miss practice and the tournaments, but overall it's been a great time."

The team's final tournament of the season will be held on March 23 at McMaster University.



"Smile, you're in first place." – Milwaukee Bucks GM Larry Harris talking to Toronto head coach Sam Mitchell after the Raptors 108-93. – Toronto Star

Ping pong tournament a ball

Graphics technician goes undefeated

Radmila Malobabic
SPORTS REPORTER

A college staff member beat an Ontario badminton champion in the Campus Recreation Ping Pong tournament Monday.

David Lui, a graphics technician, stole the tournament with four straight wins.

"I've been playing for over 20 years," Lui said. "This sport is so fun. It's not aggressive with its surroundings. You can be any age, six and seven or eight-years-old

and still have fun."

Lui played his first match against badminton gold medalist Ronni Islam. "He's is a good player," said Islam. "He's fast and spins the balls, but I won the badminton tournament at the Lakeshore Campus, he didn't."

Lui remained undefeated for three matches until the final when Islam was put to the test again to try to defeat his rival.

"David brought his own racket," Islam said. "It's hard to play with the ones they give us here. I'm

sure if I had my own I would have done better."

Islam was not going to go out without leaving an impression on Lui, as he had to win two games to beat the leader. With Lui winning the first game Islam was determined to win, and did so in the second match, setting up a third to determine a winner of the night. Winning three games to two Lui won the tournament.

"I try to be consistent with every game," said Lui. "Consistency and being fast was why I won."



photo by Radmila Malobabic

College employee David Lui (right) brought his own paddle to the tournament and it helped him claim the championship.



photo by Radmila Malobabic

Despite his best intentions, OCAA badminton gold medalist Ronni Islam could not defeat arch rival David Lui in the final.

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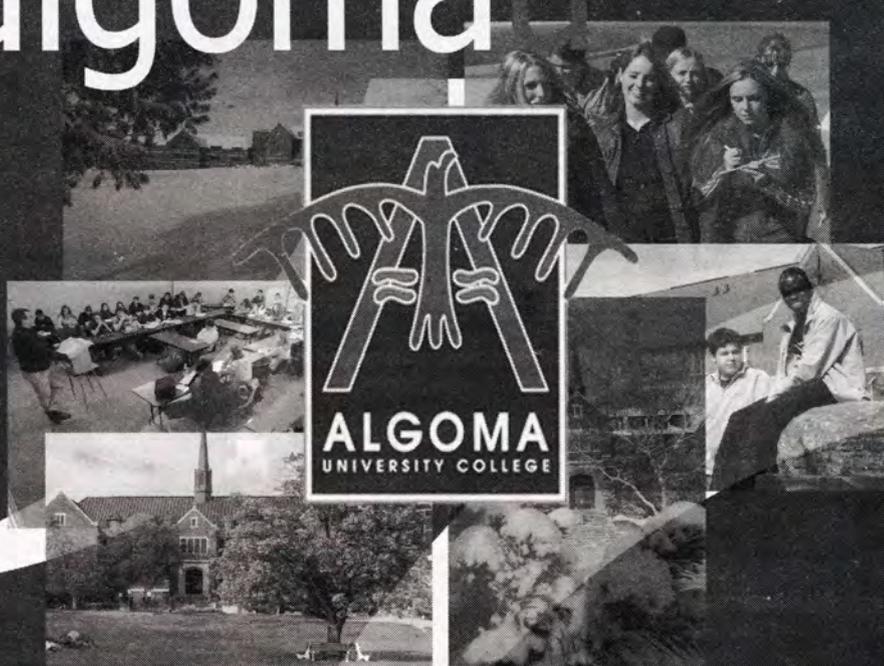
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"I had chances early in my career, but injuries and immaturity didn't allow me to get to the place I wanted to be." – Jays catcher Gregg Zaun on being a starter

Women primed for indoor title, men aim for seventh straight

Brigid Aiken
SPORTS REPORTER

The Hawks indoor soccer teams will face some stiff competition at the OCAA provincial championship next week.

The women will try to improve on last year's bronze medal while the men deal with the pressure of being reigning champs.

The Hawks will each face off against seven other teams on March 22-23, at the OSA Soccer Center in Vaughan.

"It's going to be very competitive," said men's head coach Germain Sanchez.

With six consecutive indoor championships under their belt, the Humber men are a target.

"Everyone wants to knock you off that pedestal," said assistant coach Cesare Tripodo.

George Brown is one of the teams looking to replace the Hawks as the top team.

"This year we really want to win and I think we have the team to do it," said Ed Mark, George Brown athletic director. "I think our guys are especially pumped up to face Humber because they are sort of our nemesis."

The two teams have traded wins. Humber defeated George Brown to win gold at the St. Lawrence tournament in January while George Brown took the gold a few weeks later at Sheridan.

This see-saw battle is an example of the men's inconsistencies as a team, something they will have to work on if they want to win, Tripodo said.

"They aren't playing as a unit, they're playing as individuals.



photo by jesse kinos-goodin

Hawks put past results behind them with hopes of ending their roller-coaster season by winning OCAA gold in Vaughan.

"If we get into a hole, we can't get out of it. You can't go into a championship thinking you're going to lose."

While the men are struggling to defend their title, the women are optimistic they can improve on their third place finish from last year.

"I think that we have enough

experience that they know what it takes," said women's head coach Vince Pileggi. "We can't leave things to chance. You have to make sure you take care of business."

The women will be challenged by the powerful Durham Lords, who are aiming to repeat their gold medal performance from last semester's outdoor season.

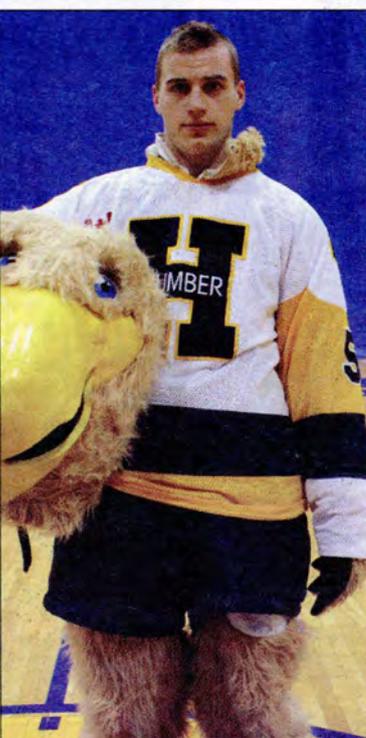
"They're a pretty confident team," said Durham athletic director Ken Babcock of his squad. "They play very strong indoors as well as outdoors."

This season the Humber women have yet to beat Durham, which also went undefeated at the regionals.

Hawks teams went 2-1-1 on

March 5 to finish second in the Central West Region, both advancing with Sheridan's teams.

The women will also be joined by Durham, Seneca, Conestoga, Niagara, St. Lawrence-Kingston and Fleming, while the men will face George Brown, Seneca, Conestoga, Niagara, Trent and St. Lawrence-Kingston.



photos by jesse kinos-goodin

Many have worn the feathers but Jordan Dionne is 'prolific'.

Sky Hawk unmasked

Jesse Kinos-Goodin
SPORTS REPORTER

Humber's mascot, Sky Hawk, with its fake golden feathers and crusty beak, has been hyping up the crowds and antagonizing the competition all season.

So, who's behind the mask?

Jim Bialek, assistant athletic director, was able to shed a little light regarding the identity of Humber's beloved mascot.

"Whoever wants to wear the smelly suit, wears the smelly suit," said Bialek. "But I guess if there was one prolific guy, it would be Jordan Dionne."

Dionne, a 19-year-old member of Humber's extramural hockey team, has been proud to don the bird suit.

"I love wearing the Sky Hawk," he said. "I feel the school pride in

me and that is what is amazing here at Humber."

As for the smell, "sometimes it gets really gross," Dionne said, "depending on how hot it is and how long you're wearing it."

But Dionne hasn't been the only person to wear the gold feathers.

"Whoever wants to wear the smelly suit, wears the smelly suit."

– Jim Bialek
assistant athletic director

Matt Dicks, a 20-year-old Hawks volleyball player, has taken on the guise of Sky Hawk on a few occasions. He isn't quite as enthusiastic as Dionne.

"I will not put that thing back on," said Dicks. "I wore it at the volleyball championships last year,

but that's only because my buddy put it on and was doing a terrible job."

It's not that Dicks isn't a proud Hawk. It all comes back to the costume itself.

"It's so gross and smells like dirty, sweaty old hockey equipment," he said. "You can't see anything past that huge beak except for the ground and you sweat so much in it."

When asked if a new costume was in the budget, Bialek laughed. "We just bought this one five years ago but it's already really gross and sweaty. A new one costs \$7,000 or \$8,000, so no, we won't be getting a new one."

But for those of you who can't resist the temptation to give Sky Hawk a big hug, don't worry. He gets sprayed with Febreze regularly.