# Celebrating 30 years of Humber College news



See page 22

# Humber Et Cetera

volume 31 issue 6

www.etcetera.humberc.on.ca

October 24, 2002

**Take it to the net:** The Hawks outplay the competition at last weekend's Dawson Tournament in Montreal. Humber took home the bronze medal. See story page 21.

# College monitoring campus paper use

By JASON PUSHEE

The college is monitoring the use of paper in classrooms and is considering implementing a pay-for-use program for printing.

Dr. Richard Hook, academic vice-president, explained each course has certain resources available and a swipe card would limit the amount of free resources, like paper, to those who absolutely need it for their course.

Once a student passes a certain limit, the paper used would have to be paid for by the student.

With enrolment up to almost 13,000 and the use of computers in a lot of academic classes and computer labs, the amount of paper used by the school has reached 59 skids, anywhere from 40 to 60 5000-sheet boxes a week.

"We are starting to monitor it now," Ellie Salamon, manager of Campus Services, said. "Unfortunately we've never tracked it before. The gentleman down in receiving just knows it's considerably more this year."

Salamon said paper is an extremely expensive commodity used in the school, but believes that even though the cost is high, waste is not a problem.

"We recycle all of our paper, so we do have a very active recycling program going, which you really cannot call waste," Salamon said. "It's something you, the students, have demanded."

With the introduction of computers,

claims of a paperless society in the near future have proven to still be a long way off. Fred Chan, manager of the Grenville Communication Centre at North Campus, has not seen a decline in paper usage in his 20 years at Humber.

"I would say roughly 100,000 pieces of paper a week," Chan said about how much the copying hub consumes. "It's a peak time, sometimes it goes down to 75,000, it depends how busy we are."

According to Chan, the amount of waste is something that people are more conscious of these days, both environmentally and financially.

The cost of the copy machines and ink, as well as the 100 to 200 per cent increase in the price of paper up to \$50 a box in the last decade, has made people think twice before tossing anything away.

Some students and faculty are doublesiding and reusing their pages to ensure there is nothing wasted.

"There's a big difference between now and [15 years ago]," Chan said. "There's not too much waste. The environment is in people's mind and people are smart about using paper."

Even the school tries to keep the costs low by changing suppliers according to price, Richard McFadden, a shipment receiver, said.

"I've been here since the computer world started up. I've seen quite a change," McFadden said. "I don't think the computer has reduced the amount of paper we use."

# Martin admits problems with student loans

By JAMES ROSE

Paul Martin has promises to fulfill if elected Prime Minister in 2004 after acknowledging problems with the student loan program.

Following a speech Monday at York University, the front-runner to replace Jean Chretien addressed protesters outside Osgoode Hall Law School.

"I think it's pretty clear that the bursaries have to be reviewed," Martin said, "We've looked at the student loan problem. That's a huge problem, so that is what I think needs to be revised."

Story continued on page 2.

#### What's Inside This Week...

High school students lend a hand to food banks. page 18

How the food you eat affects your mood. page 15

Tips on finding an inexpesive Halloween costume.
page 11

Bubble Tease is coming to North Campus. page 8

#### News

# Protesters criticize fed's spending of tax dollars

Continued from page 1.

The protesters waited outside the building to address Martin on the rising costs of tuition and student fees.

"Student education is becoming increasingly inaccessible to people of middle- and lower-class incomes," Pablo Vivanco, vice-president of External Affairs for the York Federation of Students, said.

Although Martin promised a meeting with the some 100 protesters he was slow to respond to their chants outside the hall immediately following his original address.

Vivanco said one of the goals of the protest was to point out that the government misspends tax dollars that should go to education.

"They put hundreds of millions into building a fence in Quebec," he added, referring to the protesting at Free Trade Area of the

Americas (FTAA) in Quebec last year.

The problem, according to Vivanco, is the provincial government took \$128 million and wrote it off as uncollected corporate and retail sales taxes last year. He added the chances of taking money away from education is imminent because of the threat of war with lraq.

Martin refuted the protesters' allegations with a figure of his

own. In 1998 the government put \$7 billion back into education, he said.

"Everybody is benefiting from it. Obviously we are going to have to transfer money," Martin said.

Protesters also asked Martin how Canada can support a war with Iraq, with the possibility of 500,000 dead children as a result of the UN sanctions against Iraq.

"[The people dying in Iraq] are in fact a result of [Hussein's] policies and his actions," Martin said.



Students from the York Students Federation protesting federal government spending measures wait outside Osgoode Hall for Paul Martin to emerge.

#### Police are spread thin by area crime

By CAMILLE ROY

Muggings have increased over the past year in the Humber area, but according to police there is not much that can be done to catch the people responsible.

Constable Sue Fisher, crime analyst at 23 Division, said there has been an increase in the numbers of street robberies in the area bordered by Steeles, Kipling, Highway 27 and Rexdale Boulevard.

"Is it a problem?" Fisher said answering her own question,

"Yes."

Fisher said it's difficult to catch these types of robbers.

"Unless [the victims] know who did it, then we can't get very far with [the investigation]. Crime is to the point where we can't keep up with the influx of violent crime either on the road or on an investigation basis," Fisher said.

There are many factors that contribute to increased crime. One possible reason is that police do not have enough officers on general patrol. The station is receiving

more radio calls so officers go from one call to the next.

"We're running around like chickens with our heads cut off because we can't be everywhere at one time," Fisher said.

Recent mugging reports include two boys who were inside a Pizza Pizza near Martin Grove and John Garland Blvd. when two men asked them to come outside then stole their wallets. In another incident a woman claimed a man stole her purse while holding a gun to her head.

# Student Representative To the Board of Governors Of Humber College

The results of the election for the Student Representative to the Board of Governors of Humber College for the period September 2002 through August 2003 are:

Candidate	North Campus votes	Lakeshore campus votes	Total votes
Sam Vekemans	48	39	87
Craig Wilson	139	58	197
Total votes	187	97	284

Both candidates are thanked for their willing tess to stand for election.



Craig Wilson (closest), the student rep to the Board of Governors.

# **HSF** prez is student rep on Board of Governors

By PAUL GURNSEY

Craig Wilson was elected as the new student representative to the Board of Governors last Thursday, but he is best known by his other title, president of the Humber Students' Federation (HSF).

Wilson says he is not worried his duties on the Board of Governors will take time away from his responsibilities as HSF president.

"They work in synch with each other," he said. "Complaints come in here [HSF office] and I bring them up at up at the Board of Governors meeting. I just have to know which hat to wear and

One of Wilson's primary con-

cerns as student rep is the issue of limited student resources. "The college is expanding, but so far they aren't increasing non-academic spaces. There are no other places, except the concourse, for students to hang out."

He also plans to voice his concern to the board that library resources are inadequate for the growing population. He says that students sometimes resort to using materials from other schools on occasion because those same materials are not available at Humber.

"I don't want students going to U of T to use their library. I don't want students to be short changed. What's the point of having tough exams if you don't have the resources?"

# Canadian students are priority, president says

By ADAM COHEN

There will be a cap placed on the number of international students accepted at Humber next year, but school administrators insist the stu-

dents are an integral part of the college.

Currently Humber accepts 600 international students who pay \$10,000 per year in tuition and represent a large portion of Humber's total revenue.

According to Richard Hook the vice-president of Academics, the responsibility of a community college is to accept as many local students as they can before taking in international students.

One in 20 students at Humber is international, but increasing that level Hook said, could compromise the quality of their education by increasing the workload of teachers who accommodate their needs.

Increasing international student levels would increase profit, but the school also has

the needs of the community to consider.

"These students bring in additional revenue and great student interaction, but the first priority is still students from Canada," John Davies, vice-president of Administration said.

In a Board of Governors meeting held Monday, President Robert Gordon said international students are "cash cows" for some schools.

Hook says that the school must also consider the needs of the Canadian labour market, but they are under no obligation to take more Canadian students.

"We feel no pressure at all, we anticipate this is the most ethical way to go, and we are very pleased with our decision. We have quality that [we and our] colleagues are proud of," Hook said.

One of the reasons for the foreign student cap is the expected enrolment hike next year because of the double cohort. It also stems from a decision in 1997, that five per cent of Humber's population, or about 600 students, would be international.

#### Media conference a hit

By MIKE ZETTEL

About 400 new media students from the GTA, including about 200 from Humber College, packed the Bloor Cinema on Oct. 16, for a conference put on by industry professionals from around the world.

The Master Class conference was a day-long session of seminars about new media.

Most of the ten speakers there were members of the jury for the Electronic Multimedia Awards (EMMAS), an international event that recognizes excellence in digital media.

The Master Class, is a chance for professionals to share their expertise with students in the event's host city.

"[Students] get to see professionals and hear their opinions and their perspectives on the field and how it can develop in the future," Adam Powell, a second-year

Multimedia student said. "I think it's a great event."

Tom Green, program coordinator of the Multimedia program, was responsible for bringing the event to Toronto and said that attendance at this year's Master Class was the largest to date. This is the first year the EMMAs have been held outside of Europe.

Hal Josephson, the North American chair of the EMMA foundation, said host cities benefit greatly from this event.

"It's designed specifically to do that because we bring people here from all over North America and Europe for the jury," he said.

E-learning for employees was discussed in terms of its future uses and convenience, Sarah Lindsell, head of e-learning at PriceWaterhouseCoopers, said.

"I think nowadays people are really looking for ways to learn on the go," she said. "You don't have the ability to take people from our business and put them in a classroom for four days to learn something."

A recent innovation used for online learning is Veeper technology. This involves taking a digital photograph and manipulating it so that it to looks like the person in the photograph is talking. This technology is of interest to Internet users because it requires about ten per cent of the bandwidth of video.

Mark Jones, program director for OnTarget, made a presentation directed at students about "The Colloquium Project 2002."

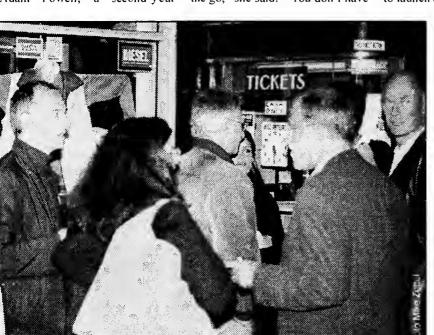
The project, in its second year, is a provincial government initiative that gives 22 new media students from six post-secondary institutions across the GTA, a chance to be a part of a simulated business team. This team goes through the entire process required to launch a new product, from con-

ception to market research.

"It exposes students to as many real world aspects as possible," Jones said. Last year's project, a career exploration site, is the best site of its kind in Ontario, perhaps even Canada. "[It's] because of the richness of the information in it," he said.

Jones used the class to announce this year's project which is an online documentary showing a day in the life of multi-media learning centers from around the world. "It's an international time capsule of new media learning experiences," he said.

Students who would like to register for the project can visit OnTarget's Web site at www.getontarget.ca.



Students and professionals wait in line for tickets to the Master Class multimedia conference held at the Bloor Cinema on Oct. 16.



Squatters are in the process of renovating the home at 1510 King St. in the hopes that the government will allow them to stay.

# Squatters renovate abandoned property

By KEVIN RABJOHN

Now that Tent City has been torn down, some focus has shifted to a squat that has been in progress on King street since July 25 this year.

According to Mike, a case worker at the Ontario Coalition Against Poverty (OCAP), the organization who led the squatter's action, there is no known owner of the five-storey building at 1510 King St. West and therefore the squatters can stay.

"[The issue is] in between the federal and provincial government and neither government wants to do anything about it, so we stay," Mike said.

The problem, according to a squatter who asked to remain nameless, is that "if an owner did come forward, they would owe a great deal of money in back taxes. Therefore, no one wants to claim ownership Without an owner to call police to have us removed, we can stay."

The house is now in the process of being refurbished by the tenants.

"If you fix it up, you can live in it, it's as easy as that," one squatter said.

After Tent City was closed down, there was an influx of tenants who moved in to 1510 King St. According to Mike, there are now over 30 tenants working on rooms in the house, plus people living in tents outside.

This Saturday at one o'clock OCAP has planned a province-wide series of marches in an attempt to gain more houses like the one on King.

In the past these sorts of protests have become violent, but they took place at more commercialized sites.

The sites for this Saturday's protest are all residential and similar to 1510 King Street, although the locations have not been announced yet.

"If the police want to arrest a lot of us, then they can do that, or they can keep cool and just let us be. Ultimately, it is up to them," Mike said.

There will be marches in Toronto, Guelph, Peterborough

and other cities across Ontario.

There is also the possibility of marches in Quebec in such cities as Montreal and Quebec City, two cities where protests have become violent in the past.

# Canadian auto workers reach an agreement

By JEFF COLLIER

More than 12,000 employees at DaimlerChrysler locations in Etobicoke, Brampton and Windsor finally got the commitment they were looking for after ratifying a new three-year contract last weekend.

The agreement will ensure more than \$3 billion in investment from the auto giant, including the construction of a world-class site in Windsor, expected to create between 2500 and 3500 new jobs in 2005.

Ken Lewenza, chair of the bargaining committee between the Canadian Auto Workers (CAW) and DaimlerChrysler, said he and union president Buzz Hargrove were elated at the outcome.

"This agreement is not just a victory for our union, but a victory for Canada," Lewenza said at last Tuesday's press conference announcing the eleventh-hour settlement, and narrowly averting what would have been the second strike since 1985.

Lewenza said the settlement will also boost the local economy with production of "the top vehicle in DaimlerChrysler's line for 2004" at the Brampton facility. He also said the settlement includes an enhanced severance option for the plant's 1000 employees, laid-off over a year

Other key elements in the deal are annual salary increases of three per cent, three per cent and two per cent, and significant increases to vacation time, health care benefits and income security.

#### Corporate sponsors to be honoured

By ADAM COHEN

An awards ceremony dinner is scheduled for November to honour the special contributions made by the corporate sponsors that each school at Humber is partnered with.

These partnerships are designed to close the gap between business and education.

"We serve the interest of employers through preparing students... to be relevant to the changing work place and market place," Kris Gataveckas, V.P. of business development, said.

The partnerships help Humber to update its programs while satisfy the changing needs of various industries.

"Today's world is moving more proactively than it used to and at a faster pace than it ever has before," Gataveckas said.

In all, 27 corporations will be

honoured with awards the ceremony.

"Most are willing to share advice... because it's in their interest," Gataveckas said. "They are their employees."

looking for either new recruits in their work force or are looking to Humber to train their existing work force to add to the competency of their employees."

#### Transit workers strike averted

By DALIA WRIGHT

A strike by Mississauga transit workers from the Amalgamated Transit Union (ATU) was averted when they struck a deal with the City of Mississauga Sunday.

Since Thanksgiving weekend, the ATU, representing 550 drivers and 100 bus mechanics, had been working on an agreement with the city. Discussions centered on pay hikes and better benefit packages.

Transit workers had been in a legal strike position since Oct. 7. after their previous three-year collective agreement expired Sept. 30.

On Monday, some Humber students were surprised to hear that transit workers had been considering a strike.

Jerwin Guevarra a Mechanical Engineering student said, "I have no other means of getting to school,"

Registered Nursing student Tanya Wilson said, "I don't know how I would have gotten to school."

On Jan. 13, 2003 Mississauga riders will have to pay \$1 more for all bus payments excluding cash fares, which were increased by 25 cents last January.

## ———— Lakeshore =

## **Humber offers facilities and** staff for youths in Teen Zone

By JENNA VACIUS

Long after class has been dismissed at Lakeshore and students have left for the weekend, Humber becomes home to a whole different type of class: Teen Zone.

This non-profit program provides young adults with an opportunity to play organized sports, learn to play a musical instrument, use the games room and watch movies. There is also a staff that works with special needs youth. Recently, a dance and deejay program was added.

"These kids come in and talk to me about jobs, or for help with their homework, or any other problems they may be having. This place is neutral ground and when they walk through that door every-one is treated equally," Charlene Carruthers, program coordinator, vice-president of Exceptional Children for Chapter 56, and an elementary

school teacher,

Zone runs October to April and enables young adults aged 12 to 18 to meet every Friday from 7 to 10 p.m. at Humber's Lakeshore Campus.

"It's safe place for them to go and hang out, where youths from come in.

have a good time and leave," Carruthers

Etobicoke Parks and



Humber has given youth aged 12 to 17 the oppurtunity to play organized sports, musical instruments, watch movies and play games every Friday.

Recreation, Lakeshore Area Municipality (LAMP) and Humber founded

like areas

"This program is important because it teaches kids team work, character, and creativity, all components that lead to success," Marty Adams, a second-year Humber Comedy student and gym staff member at Teen Zone, said.

Cody Mitchell, also a second-year Comedy student, teaches guitar classes at Teen Zone and sees the importance of the program.

"This (program) gives kids a place to go and it's a fun environment," Mitchell said. "It's great because they learn how to hone their skills and lcarn a new trade.'

This youth program is provided free of charge and people can sign up either through the Parks and Rec. department

tact Karen Nesbit at James S. Bell Community School, Toronto Parks and Recreation at 416-394-8707 and leave a Charlene message for Carruthers.

#### Coffee Pub building takes award

By JENNA VACIUS

For those of you who have stumbled in for a morning coffee at Lakeshore's William's Coffee Pub, you may not have realized that the building used to be the Carriage House.

Originally constructed at the turn of the 19th century, the building recently won honours for its architectural restoration.

Last Monday, former mayor of Toronto, David Crombie, presented the

Carriage House with the award at Toronto's 28th annual Heritage Toronto Awards at the Elgin and Winter Garden Theatre Centre.

The Carriage House was one of four winners recognized as having restored a heritage building to its former

Other winners were the Casa Loma Stable which Tower, took home top honours, the Ridpath's furniture store on 906 Yonge St., and the Merchandise

Originally constructed in 1892, the coffee shop once had a very different purpose.

"In the early years of the psychiatric hospital, the Carriage House was used as a garage for carriages and horses," John Hooiveld, associate director for Capital Development at Humber, said via e-mail.

It has also been used as the hospital's general purpose storage and as a place to house artifacts from

Heritage/Culture branch of the provincial government.

Renovations began in the early summer of 2001, and were completed in May 2002. Luno, Heritage Nancy Toronto's program director, said the Carriage House was selected out of the 11 other nominations because of its adaptive re-use of a heritage building.

"The fact that the building is functional and being used as a coffee shop makes it even more exceptional," Luno said.

Teen Zone 11 years ago, which is the only program through the Parks and Rec. Department in the Lakeshore area. It serves the 15,000 youths in this area, as well as outside Brampton, Mississauga and Toronto, Carruthers said.

The college has been a determining factor in the success of the program. Not only have they provided the permit free of charge, but they have allowed the use of the gym facilities, the small cafeteria, the games room and movie room. In addition, through the Work Study program, Humber hires three students and provides the funding for their pay.

or at the door.

For more information con-



By DALIA WRIGHT

#### Sniper scaring kids

UNITED STATES. Schools in Montgomery County, Md. remained opened yesterday even after a note left by the beltway sniper read, "Your children are not safe anywhere, at anytime."

The note was found in the woods near a steakhouse in Ashland, Va. after the sniper's 12th victim was shot.

On Tuesday, a 35-year-old bus driver was killed when the sniper shot through the door of his commuter bus.

Throughout the week Montgomery police have talked to the sniper by phone, who now wants \$10 million in ransom.

#### N. Korea ready to talk

NORTH KOREA. North Korea's number two official said he is ready to talk with the U.S. conconcerning the country's nuclear weapons program, as long as the U.S. doesn't treat his coun-

During the second day of meetings in Pyongyng, official Kim Yong Nam, said if the U.S. is willing to withdraw its hostile policy towards the North, it would be ready to resolve security concerns through peace talks.

Korea has agreed to talk, but said it would not stop producing nuclear weapons, despite a 1994 agreement to do so.

#### Bomber kills 14 on bus

ISRAEL. A Palestinian suicide bomber killed 14 and injured many others Monday in one of the most devastating incidents since the fighting began two years ago.

A 220-pound bomb was detonated by the suicide bomber after he or she pulled in behind a commuter bus which had stopped for passengers.

Some who escaped the massive explosion survived by climbing through windows. Trapped passengers were burned alive.

In a statement released in Beirut, the militant Palestinian group Islamic Jihad says it planned the incident.

#### Prince helps Canadian

SAUDI ARABIA. A Canadian scientist sentenced to be beheaded as punishment for a crime committed in Dec. 2000 may be saved by Saudi Arabia's Crown Prince Abdullah.

William Sampson, 43, has been awaiting a ruling concerning his final appeal to the Saudi Supreme Council since July 2002.

Sampson has been in solitary confinement for two years for his involvement in a deadly car

#### Prisoners freed

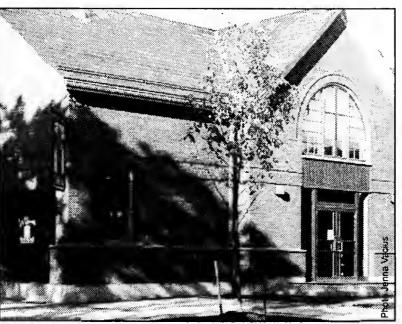
UNITED STATES. Both the U.S and Iraq have begun releasing detained prisoners this week.

Saddam Hussein gave amnesty to several Arab and political prisoners Sunday in an attempt to rally international support against an attack by the U.S.

The U.S. prepared to free prisoners being

held for crimes supporting terrorism yesterday.

Almost 600 U.S. prisoners held in
Guantanomo Bay, Cuba will be handed over to their home countries who will decide their punishment.



The Carriage House, which houses Williams Coffee Pub, won honours Building at 155 for its archetectural restoration at the Heritage Toronto Awards.

## Biz Newz

# Be your own boss at home

By SARAH LISI

It could be time to say goodbye to your boss forever and start working at home in your pajamas.

Employing fewer than 10 people, 60 per cent of microbusinesses operate primarily from home. Half of the microbusinesses in Canada have one manager or owner.

In a typical year, close to 150,000 small businesses start operation and 130,000 close. Most failures are attributed to insufficient research and analysis when choosing an initial field of business.

In this instance, the failure rate is very high, according to Benjamin Tal, senior economist at CIBC

World Markets. However, Tal says there is room for change, so even if one business fails, the owner can always start a new one.

Many people don't realize micro-businesses have an average lifespan of 13 years and one out of five actually endures for more than 20 years.

According to Statistics Canada and CIBC World Markets, middle-aged Canadians are the most likely to operate a micro-business. In 2001, 13 per cent of Canadians between the ages of 35 and 54 owned a home office, while 17 per cent operated a small office.

There are both advantages and disadvantages to starting a micro-business.

One of the most important advantages of a micro-business is that it can be very flexible. It can change direction from one day to the next," Tal said.

Today and Tomorrow, CIBC's 2002 business report, today's competitive advantage will become tomorrow's common knowledge. In other words, small businesses must be constantly changing in order to be successful.

"It's not very difficult to open a business but it is very difficult to be successful. People have to be very clear about what they want to do," Tal said.

He suggests starting with a business plan that will clearly identify the costs involved, the potential for growth, the demographic you plan to reach, the financial requirements and even information on the competition. When outlining the potential costs for the business, one should be realistic and should always account for the worst case scenario.

"We have to remember that on average, people who work for themselves make less than those who work for businesses," Tal said.

The lack of benefits can also be a problem. However, those who work from home can declare many expenses as business expenses.

One of the disadvantages to starting a micro-business is that they are time consuming. Approximately 70 per cent of micro-business owners operate on a full-time basis.

Also, there is no job security and there is always a risk that you are not in the right market.

One year could be very profitable and the next year bankrupting.

However, according to Statistics Canada, as of 2001, more than half of micro-business owners felt that their business performance exceeded their expectations. Another 24 per cent felt that business performance was in line with expectations.

As the popularity of the Internet grows, many people will decide to become selfemployed and the Internet will play a major role in motivating small businesses to export their products to other countries.

Most micro-businesses are in the service industry, whether it be accounting, transcription or even a small pharmacy. Often, workers leave big companies to work at home, retaining those companies as clients.

Statistics Canada and CIBC World Markets estimate that the number of selfemployed workers will rise to represent 20 per cent of all workers in Canada.



In fact, according to Small Business Watch soaps and wear your PJ's at work by starting up a micro-business in your home.

#### Car sales accelerate

By JASON PUSHEE

Recent car sales statistics show Canadians are buying more vehicles and the auto industry is heading toward a record-high year in sales.

The vehicles most in demand are SUVs and compact cars.

Topping the sellers list in

Canada is the world's largest auto-maker, General Motors Corp., who increased sales by 11.9 per cent over-selling 391,493 for the year.

Another high seller is BMW who, with the introduction of the revamped Austin Mini, has had a month of record sales up 49 per cent compared September. BMW has year to date sales rising 31 per cent, selling 12,527 vehicles.

Ford Canada sales rose almost 22 per cent and Toyota Canada rose 18 per cent. Both companies toppled sales records for the month of September.

Even companies at the bottom of the sales list such as Volkswagen saw September increases.

Though U.S. sales have slowed since the summer, the Canadian auto industry is on a roll and doesn't show signs of slowing.

#### On the move

## Volkswagen's new lap of luxury

By MARIO CYWINSKI

Volkswagen, the "people's car" company, is moving away, from its roots as a manufacturer of affordable automobiles and taking its cars, and its customers, to a much higher level.

The company that brought us the economical Beetle, Golf, Jetta and Microbus is now charging into the luxury car market with Phaeton, Touareg and Passat W8.

A new W8, which will be the flagship VW. until the Phaeton comes out in the middle of next year, is priced at \$57,000 which is \$22,000 more than the V6 version.

"I think VW makes some of the best products anywhere in any segment, but I have a hard time justifying a W8 Passat in favour of an Audi A4 3.0 that costs \$8,000 less," Joe Duarte of Autonet.ca said.

The Phaeton was the brainchild of recently retired VW chairman Ferdinand Piech, who wanted to create the world's best car. By putting a 414 horsepower W-12 engine under the hood, and adding the best automotive technology available, the Phaeton will be one of the most technologically advanced cars in the

"Luxury is about the quality of the product more than the image or name. That's why Lexus has done so well," Laurance Yap, freelance auto writer with *The Toronto Star*, said. "I think that [VW] will do well."

The Phaeton is expected to sell for about \$125,000, a far cry from a base model Golf CL, which sells for \$24,000. It is expected to share many parts with its spiritual cousin, the Audi A8, most notably the suspension and all-wheel-drive system. Duarte says VW may have a problem selling two superluxury cars in the same family.

"I think VW should market vehicles like the Phaeton and even the W8 under the Audi badge and not under VW - the way Japanese car manufacturers Nissan and Toyota have done," he said. "I don't think the Phaeton will cut into the A8 share. Rather, it may cut into the shares of other luxury makers since VW buyers will likely stay in the family rather then look elsewhere when they have the cash."

VW is also getting ready to join the crowded sport utility market – its Touareg SUV arrives on North American shores in the middle of

A base model Touareg 3.2L V6 will cost \$50,000. Add the Audi V8 4.2 L engine, an air suspension and trim options, and the price leaps to \$75,000.

Volkswagen has decided to include many new forms of technology and has sacrificed affordability for exclusivity.

However, consumers will have to wait and see if all the bang is worth the big bucks.



The new \$50,000 Volkswagen Touareg is just one of the more luxurious, and ultimately more expensive, VW's to hit the North American automotive market in 2003.

### **Editorial**

## **Defining racism**

The Toronto Star released the results of its investigation last week into racial bias and the Toronto police force.

The findings are not encouraging: blacks are more likely to be taken into the station for drug possession than whites, and are twice as likely as whites to be held overnight for a bail hearing.

Less encouraging is that the *Star* is calling these incidents examples of "racial profiling."

Racial profiling is generally defined as the conscious and deliberate isolation of a particular ethnic or religious group based on a specific threat.

It's a term we are all too familiar with in the post-Sept. 11 world. Racial profiling has been used to locate and charge potential terrorists before they commit acts of violence.

Because all 19 of the terrorists involved in the Sept. 11 attacks were Arab Muslims, this group has been singled out for suspicion as a matter of policy.

But, what Toronto police are accused of is not racial profiling, but plain, old-fashioned racism.

It is not a written policy to target blacks, but social conditioning that is neither conscious nor deliberate, which makes it all the more insidious.

Whether racial profiling is legitimate or not, naming the acts of police "racial profiling" lends a tone of authority and righteousness to their actions, and attempts to justify the unjustifiable.

## **Distorting reality**

The Flames-Bruins game in Calgary last week saw an overzealous fan trying to climb over the glass – dressed only in red socks.

Calgary Herald photographer Dean Bicknell captured the moment, and the picture subsequently ran in The Globe and Mail.

Remarkably, Bicknell managed to take the picture at such an angle that the streaker's private parts weren't visible – or so it initially seemed.

Upon closer inspection, it became clear that the area in question had been blurred by the *Herald* photographer (using the computer program PhotoShop).

When it was discovered the image had been altered, Canadian Press pulled the picture from circulation.

Globe photo editor Erin Elder said, "If we had known the image had been altered in any way, we would not have used it as it was. The technology may have changed, but the ethics are the same."

It's understandable that *The Globe and Mail* was anxious to use the picture. It's a great image, displaying reactions from the crowd that range from mild amusement to utter shock.

But something's fishy here. News is their business. Should *Globe* staff not have been more vigilant before deciding to run the photo? Did they attempt to blow up the image to ensure that nothing had been touched up – or toned down in this case?

Not even the *Herald* ran the picture. Staff there considered using the image, until photo editors with Associated Press in New York raised questions.

It's well known and expected that fashion magazines touch up images — sometimes until there's hardly an element of human life left in models. It could be argued that consumers prefer to see that ideal when they pick up a copy of *Vogue*.

Even these magazines can take things too far. In July 1998, *Elle* erased Cindy Crawford's belly button. *Entertainment Weekly* once connected Madonna's gapped front teeth.

But, where news is concerned, there's no room for image manipulation.

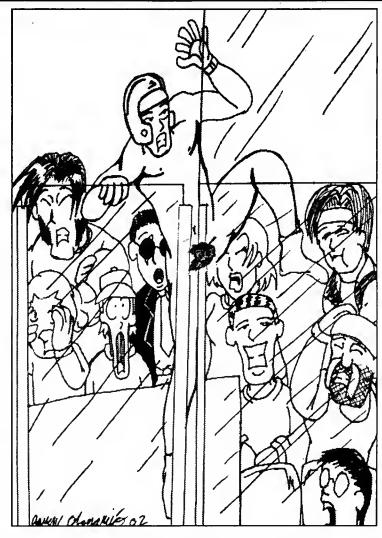
NEWSDAY ran an AP photo of the McCaughey septuplets in May 2001, not realizing that one of the children had been digitally inserted into the picture.

A spokesperson for the magazine said, "Trying to get seven squirming toddlers into one frame does take, on occasion, some slight alteration."

Hardly a justification. Does it follow from that statement that if pictures are challenging to take, a photographer should use whatever means necessary to capture the image she's after?

It's a slippery slope.

Reactions? Comments? Opinions? We welcome reader feedback. phone: (416) 675-6622 ext. 4514 e-mail: humberetc@yahoo.ca



#### Letters to the editor

(Re: Are pro athletes spoiled brats? Oct. 10)

Although John-Paul McNally is entitled to his opinion on the state of professional athletics, his sweeping generalizations and unsubstantiated claims are an insult to the local athletic community.

Pro athletes are NOT meant to be role models. Their job is to play their designated sport to their best ability, and nothing more.

The tag of role model has been placed upon the shoulders of athletes by the media as an excuse to grasp at anything that may look like an influence on today's youth to replace oft lazy and uninterested parenting.

Athletes are human beings in the top percentile on this planet for what they do — much like Nobel Prize-winning doctors and scientists.

Role models for children should be their parents, and occasionally, educators. Period. Heroes are for comic books.

As well, each of the "big four" – MLB, NBA, NHL and NFL – have programs in place for rookies and sophomores to help them cope with the enormous heap of cash that is often dropped in their laps, and the responsibilities that come with it. In all honesty, is there anyone out there who could maturely handle \$5 million handed to them at the age of 21?

Some of these athletes come from broken homes and adverse childhood conditions, and many times they find it difficult to leave that behind for the bright lights and big cities of professional athletics. If the public doesn't like how much these folks are getting paid for their work, then they should stop buying the product.

Besides, are pro athletes as bad as infamous CEO's Bernie Ebbers or John Rigas? Not by a long shot.

And if there is any doubt athletes don't work hard to get where they did today, as Mr. McNally suggests, then I suggest walking in their shoes for a while. These men and women work their ASSES off, which is more than I can say for quite a large percentage of today's workforce.

My credentials to have this opinion? I've played at the top level of amateur basketball in this country and against the top level of professional players overseas for many years. Not once did I, or any of my brethren, take the gift we were given for granted.

Yes there are some who abuse the system. Just like some students who cheat, or some journalists who plagiarize. But the occasions are rare, and the good far outweighs the bad.

After the Oct. 10 issue of Et Cetera, 1 think you, Mr. McNally, need to apologize for your statements at the very least by printing the focus of this reply, especially to the Humber athletes who pour their blood and sweat into each day for the colours of their school in hopes of going pro.

Submitted by e-mail (Name withheld upon request)

#### Et Cetera Staff

Melanie Bechard

Editor in Chief

Patricia A. Carvacho Managing Editor - Copy

Alek Gazdic

Managing Editor - Operations

Shell Bujold

Art Director

Sandy Garcia
Photo Editor

Amy Ward
Staff Photographer

Kelly Brenton
Opinion Editor

Aaron Olegario

Editorial Cartoonist

Paul Gurnsey Laura Kupcis News & Lukeshore Editors

Dalia Wright
World Digest Editor

Jennifer Kleiman
On Campus Editor

Kristine Archer
John-Paul McNally
Sports Editors

Ashley Martin

Entertoinment Editor

Christina Gelinas Health Editor

Roo Guilherme Life Editor

Alek Gazdic Pete Richards Biz Newz Editors

Chrissie O'Brien Renee Borovitch In Focus Editors

Shell Bujold
Online Operations

Tina Ivany Terri Arnott Editorial Advisors

Lara King Creative Advisor

Nancy Larin

Advertising Co-ordinatar

Steve Vanloffeld

Advertising Sales

The Humber Et Cetera is a publication of the Humber College School of Media Studies: 205 Humber College Blvd., Etobicoke, ON. M9W 51.9.

Phone (416) 675-6622 ext 4514
Please direct all advertising inquiries to:
(416) 675-6622 ext 4513

Comments and letters should be sent to: humberetc@yahoo.ca

## Opinion ===

## Cop shows true colours



ALEK GAZDIC

"N----," the white police officer said to my father and 1. That bluntly, that disgustingly. I couldn't believe what I had just heard.

I'd just come home from work Saturday night when my father opened the front door. He was yelling at someone.

I came up behind my dad and saw a man walking briskly away from our property.

The man had been on our driveway looking inside our two cars. It looked as if he wanted to take something, but my dad's voice scared him off.

I called the police and reported that a suspicious man was prowling the neighbourhood. I described his build, height and clothing, according to what my father had said, and answered, "Yes," when asked if he was a black man.

Half-an-hour later, a Division police car arrived.

"How you doing," the middleaged, bald officer said. "We've been driving around and haven't seen anything."

I pointed out the direction the man had fled and explained he might have been trying to steal the stereos from our Civic or Sunfire.

It was at this point the stocky cop issued his racist remark.

I sat on the couch after the ordeal and fumed about what I'd just heard. A so-called "professional" had just extended his long, racist arm of the law.

I live in south Etobicoke. It's a very quiet neighbourhood. Rarely does anything newsworthy happen

I spoke to the officer's staff sergeant a few days later and made my complaint. He insisted these kinds of occurrences had never happened in his division before and he seemed upset that such an incident had taken place. He told me officers take several mandatory courses and a university course on race relations before becoming cops. If they're found guilty of racist behaviour, punishment usually comes in the form of lost pay and a drop in rank.

The sergeant told me to call their corporate communications centre to find out how many citizen complaints they receive relating to racism. The woman I spoke to said public complaints weren't categorized in that way. "Anyone can complain about racism but that doesn't mean it's justified," she

According to the Toronto Police Web site, between 1993-97, complaints from citizens regarding verbal abuse by cops declined from 263 to 105, but there was no way of finding out specifically if complaints of racism went down

during the same period. The Toronto Star began a series

on Saturday about racial profiling by police in the city from information it acquired through a freedom of information request. Based on all arrests between 1996-2001, a black person in Toronto arrested on a single drug possession charge was less likely to be released on the scene (61.8 per cent), than a white person (76.5 per cent).

The analysis found that blacks arrested by Toronto Police were treated more harshly than whites, and black people charged with a simple drug possession were taken to police stations more often than whites facing the same charge. At the station, blacks were held overnight for a bail hearing twice as often as whites. Police Chief Julian Fantino disputed the findings and told the Star, "We're not perfect people but you're barking up the wrong tree. There's no racism. We don't do profiling."

How can he claim that, when officers document an arrested person's skin colour, status in Canada, employment information and country of birth for tracking and identification purposes?

Consider this. In July 2000, ex-Toronto Raptor Dee Brown was pulled over in his \$50,000 SUV. The acting officer said it was because the athlete was speeding, but Brown was never charged with exceeding the highway's limit.

Countless other examples have appeared in the Star in recent days in letters from GTA residents who feel they have been profiled.

Ethnically-diverse Toronto has come a long way, but it appears we have a long way to go yet.

# **Mini-Britney** poised for stardom



ROO GUILHERME

So Jamie Lynn wants to be like her older sister.

In case you don't already know, Jamie Lynn is the younger sister of pop icon, Britney Spears.

Now that Britney's taking a hiatus from being a slave (for you), she's got her own little "mini-me" out there making sure we don't forget about her. If you ask me, it's pretty freaky how similar they are in appearance, and probably IQ points.

The precocious pre-pubescent has her sights set high, as she not only wants to conquer the silver screen, but the music industry as

Bit by the acting bug, Jamie Lynn has already appeared in several commercials. At 11 years old, she is currently the youngest cast member on All That, a sketchcom for kids produced Nickelodeon.

When she makes the transition to record-

ing artist, I can't help but wonder what direction she'll take her music with the wonderful examples the music scene has to offer today. I can barely fathom another pop singer 10 years down the road baring her assets on stage or in music videos.

Especially after Christina Aguilera's new video on MuchMusic the other night. I'd just like to point out that it was a blatant rip-off of Britney's Slave, but much trashier. I suppose it would have to be with a title like Dirrty.

And that's just what it is. I think even my television may now have genital herpes.

The sad part of the matter is that Christina's voice is so strong, even more so than Britney's, that

talent alone would make her an awesome role model for future pop singer wannabes like Jamie Lynn. Too bad Christina's wasting it on trash like Dirrty (pardon the pun) and her vocal gymnastics, as she bounces all over the scale to be more "soulful." Just hold the damn note, girl!

In her own words, this is Christina's attempt to break away from her image of being too "virginal" and to celebrate her womanhood and sexual freedom. Yet the video simply panders to what heterosexual males find sexy (a whole lotta skin and pseudo-lesbianism). It seems to me that she's just going from one perceived image to another.

I've got news for Christina. Much like her virginity, you only get one stab at a new image. And again much like her virginity, I'm sure, she's lost this one as well.

Not to toot our generation's horn too much, but all these girls have a few things to learn from sexually irrepressible Madonna. Well, the pre-yoga Madonna any-

"In her own words, this

is Christina's attempt

to break away from

her image of being too

'virginal' and to cele-

brate her womanhood

and sexual freedom.

Yet the video simply

panders to what het-

erosexual males find

sexy.

way. . Videos like My Justify My and Love Human Nature from Madonna indisputably sexual in nature. But they're not sexual just for the sake of being so. They made a point.

They dealt with subjects like bondage, and

even homosexuality. The videos confronted these ideas as taboo in society, paving the way for artists to explore sexual concepts today.

If Christina really wants to get in touch with female empowerment like she says, she should be paying homage to Madonna being daring back in the day, and not to herself being Dirrty.

It's like a friend of mine said, "Madonna sends the message that it's ok to be sexual. With Britiney and Christina, the message they send to women is that you're not ok unless you're sexual."
I will tell you this. If I see

Jamie Lynn in a red g-string rubbing her crotch on the floor in a music video 10 years from now, all I'll say is, "Oops, they did it again."

#### I'll pass on the table for one



**KELLY BRENTON** 

I recently found myself in a bit of an awkward situation. I was supposed to meet my friend for dinner - but she didn't show.

I stared at the restaurant's entrance for about 20 minutes, willing her to walk in, but I knew I was fooling myself. I'm usually the one apologizing profusely for being late.

Clearly, she just wasn't coming. Glancing down, I remembered I'd already helped myself to some green tea. There was no turning back - I'd have to eat

I'd read about dining solo in

women's magazines in the past. Supposedly it's an empowering experience.

I suspect that could be the case in a dimly lit restaurant on a Sunday afternoon, but at 7:30 p.m. on a Friday, I wasn't feeling it.

The server came by again, with an almost apologetic look on his face, and I broke the bad news, I wondered if he was questioning whether my alleged friend even existed as he whisked away the second place setting.

I looked at the other patrons, tempted to tap one on the shoulder and say, "Really, I had plans with a friend, but she didn't show."

I thought about phoning and talking to a friend during my meal, but then I remembered, I hate those people.

Instead, I started to ponder solo dining while I waited. It can definitely be elevated to an art form.

If you're going to try it - intentionally, that is - I'd suggest you avoid a table in the centre of the room for obvious reasons. A quiet

corner spot is great for blending in and people watching. You could even eavesdrop from that location if you were so inclined.

Some people seem content to read a book as they eat, though that's not an easy task when cut-lery is involved. You're going to have to choose a pretty low-maintenance meal if you want to simultaneously tackle War and Peace.

If you're wondering why I didn't just call the girl I was supposed to be meeting, it's because she refuses to carry a phone. She doesn't like to be reachable 24/7.

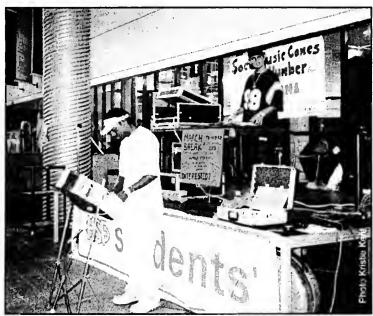
It turns out that while I sat at Sushi Time, she was at Sushi Garden – alone. (Neither of us will admit we were wrong.)

Dining alone may have its advantages for some, but I've discovered it's not for me. It's true that you don't have to worry about splitting the bill evenly, or about how quickly or slowly you cat but I still found myself rushing through my california rolls so l could get the hell out of there.

## On Campus =

#### Students dance to the beat

# The hot sounds of Soca



Steel drum player Earl LaPierre and DJ Brendan Otiz provided the music for Soca Roma last week in the Student Centre.

By KRISTIE KENT

Students danced and jumped to Caribbean-style music at the fivehour Soca Roma, in the Student Centre on Thursday.

Soca music can be described as a mixture of soul and calypso set to a dance beat.

The event was organized by Richard Weekes, a Recreation and Leisure student from Barbados.

"I put on the show called Soca Roma to display soca music, and promote a trip to Trinidad Carnival 2003 during March Break, which is Feb. 28 to March 5," he said.

It took Weekes longer than expected to organize the event, but he is grateful for the support of the Humber Students' Federation.

"First I got approval from HSF, then contacted some entertainers to find out the budget that I was going to need. From there, it's promoting it and getting people to come," he said.

Weekes also extended his thanks to HSF president Craig Wilson.

"This gentlemen did a really excellent job. I'm very impressed."

The event featured professional steel pan player Earl LaPierre, working with Brendan Otiz, a DJ playing soca music.

The students couldn't help but get up and move to the beat.

Soca music is vibrant, upbeat, and it has a fast tempo," LaPierre said. "It is very fast music, kind of like a Latin base. As soon as you hear it, you want to move something.'

"I played mostly Soca because not a lot of people know about Soca music. I touched on Reggae as well," Otiz said.

With great music and great food, the crowd was delighted.

"This event was amazing," Adam Powell, a Multi Media and Design student said. "A lot of people came out, everybody was dancing in the main square in front of the DJ. I thought it went really well."

## A new taste bubbling up at **North Campus**

By COLLEEN MCDOWELL

Bubble Tease is bringing a new breed of soft drinks to the halls of North Campus.

Bubble Tease products are made from imported herbal teas from Asia, a selection of fruit flavours, and specially prepared tapioca bubbles.

"Humber is a college we look at as more multicultural and willing to try new things," Alfie Lim, Bubble Tease president, said.

Bubble Tease is aimed at creating healthier lifestyle drinks as opposed to the popular carbonated beverages.

The idea started with the popularity of cold milk tea in Taiwan, over 20 years ago, and spread throughout Asia and now to the rest of the world.

Flavours include Bubble Green Tea, Bubble Milk Tea, and Fresh and Fruity which can be created with such fruits as strawberry, orange, or banana.

"It's a good product that has just recently been made accessible to the public," Lim said.

"From past experience most customers range between 16 to 25 years. Bubble Tease has good confidence in the new location at Humber.'

Bubble Tease outlets can be found across Canada in major cities such as Vancouver.

They are also situated in New York and Los Angeles.

Across the city several Bubble Tease locations have already opened shop in Square One, Mississauga; Dufferin Mall, Fairview Mall and Commerce Court.

Jess Lawrence, a first-year Media student at the University of Guelph/Humber, said she has not yet tried the tea.

"But it looks really interesting. I'm a bit skeptical but I'm pretty much always open to trying new things, it should be an experience,"

The new Bubble Tease will be located beside the games room in the A wing of the North Campus.

For more information go to www.bubbletease.com.

## **Humber room lunch** benefits the United Way

By REBECCA GORDON

Humber has been doing its part, giving to the United Way, through events organized by the school of Recreation Hospitality, Tourism.

The United Way Benefit Luncheon was held on Oct. 22, in the Humber Room as part of the fundraising campaign.

Students and faculty were given overnight stays at resorts. the opportunity to call and book reservations for a three-course meal designed and prepared by Chef Jurgen Linder. The meal was \$14.95 per person and was prepared for 130 people.

Accompanying the luncheon on Tuesday was a silent auction held outside of Tall Hats. Items up for grabs ranged from birdfeeders to

While Paul Iskander, traineeship coordinator for HRT, and Nancey Adamson, co-chair of the United Way Campaign, set up for the silent auction approximately 18 first-year Hospitality students were preparing the luncheon itself.

Humber's United Way campaign began Oct. 3, with a "Kick-

"One goal is to create awareness and give back to the community," Iskander said.

The ultimate goal for the fundraising is \$37,000, set last year. So far the campaign has collected 60 per cent of that amount.

"We did a walk-a-bout, a bake sale and 50/50 draw," Iskander

The Australian themed walka-bout took place Oct. 8 in the arboretum and raised \$1,600.

Since then, events like the garage and book sales have taken place.

Last Friday Tall Hats hosted a bake sale. Chef Jurgen Linder's skills were put to the test while students and faculty sampled the merchandise.

"This is the best year. We did over 200 pies and they just disappeared," Linder said.

If you missed any of these events benefiting the United Way and are looking to contribute, HRT will be holding another 50/50 draw in December as well as a Children's Aid toy drive.

#### Rez yearbook setting up for a hot new edition

By JASON BAIN

It's less than two months into the school year and the residence yearbook staff are already working on the 2002 - 2003 project.

This year's yearbook will have 72 pages and will include a multimedia CD-Rom with video footage of rez life and events. Resident assistant and yearbook

advisor and second-year Public student Leah McCormack has high expectations

"This year's yearbook is going to be more exciting. We're getting to more events and really working at getting the whole rez experience and not just rez life," she said.

McCormack got involved with residence through the yearbook and she encourages others to do so as

"Ashley Smithers is also a resi-

dent assistant and yearbook advisor, and a second-year Industrial Design student happy to be involved with the project.

"It feels rewarding and satisfying," she said. "It's an opportunity to work with a good bunch of people and help people make the most out of their rez experience."

"I thought it'd be a great way to become involved," design editor Paul Farrugia, also in Industrial Design, said. "You can meet a lot of people."

Farrugia said he just wants to make the best product possible.

"I don't want to see a dry yearbook. I want to see something energetic and fun to look at," he said.

The committee is currently busy taking pictures of and designing the pages for each floor of the two residence buildings R and S and getting ready for their first page submission deadline of November 8.

#### What's up?

- · Halloween Candy Count: Week of October 28-31.
- Pumpkin Carving Contest: October 28 at the Lakeshore cafeteria and North Campus Student Centre starting at 11 a.m.
- Carnival Diablo: October 29 a no-cover, unreal freak show at Caps. Doors open at 9 p.m.
- Scream Contest: October 29 in the North Campus' Student Centre and Lakeshore cafeteria starting at 11 a.m.
- · What will you eat contest: October 31 at the Lakeshore cafeteria and North Campus Student Centre beginning at 11 a.m.
- · Movies played all day: October 31 in Lakeshore's Quiet Lounge: Nightmare on Elm Street the series.

## **Entertainment**

### Spotlight

# Cruise in Space

By SARAH LISI

Space travel may one day be an everyday occurance, but until then, movies and television are the closest we'll get.

The Ontario Science Centre launched the new IMAX film, Space Station, last week.

"This film documents one of the most challenging engineering feats and important accomplishments by NASA since landing on the moon—the construction of the International Space Station," Lesley Lewis, CEO of the Ontario Science Centre,

During the 48-minute film narrated by Tom Cruise, the audience is propelled 320 kilometers above the Earth.

In order to shoot the footage from their capsule, astronauts received special train-

"We trained the crew how to be cine-

matographers and directors," film director Toni Myers said. "The crew shot a total of 14 miles of film."

Sixteen countries, including Canada, have been working on the International Space station since 1998. Once complete, the station will measure about 361 feet, the equivalent of a football field. Each piece of the station was built in a different nation and will be launched separately into space, to be connected by astronauts.

NASA commander Brent W. Jett Jr. and Canadian Space Agency Astronaut Steve MacLean are scheduled to go to the space station in May of next year.

"We believe in the space station . . . as a tool to help motivate a whole generation of future explorers," Jett Jr. said.

"The one thing [my kids] understand is that I'm going to have a Buzz Lightyear pack on my back , . . and they think it's cool," MacLean said.

The International Space Station is scheduled for completion in 2006. When complete, it will provide living and working space for engineers and scientists.

MacLean and Jett Jr. say six state-of-the-art laboratories will facilitate many experiments that cannot be performed on Earth due to gravity. They can, however, be performed in space in hyper gravity.

According to NASA,

these experiments will not only enable long-term space exploration but could possibly allow mankind to inhabit other planets in the future.

Canada's major contribution is the Mobile Servicing System which will help

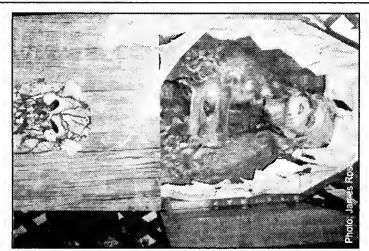


both micro gravity and Celebrity Tom Cruise narrated the IMAX film.

in the assembly of the station as well as maintenance. The Canadarm will also be used for assembly and maintenance.

Admission to an IMAX film at the Ontario Science Centre is \$10 for adults, or \$18 for two films.





Just a few of the scary things you may encounter on a walk through Screemers haunted houses.

## Get ready for a scream

By JAMES ROSE

Prep yourself for Halloween by visiting Screemers at the

Canada's premier seream park is celebrating its 10th Anniversary and is set to spook visitors. Guests can enter The Haunted House, The Castle Of Doom. The Maniac Maze and Carnival Of Bad Dreams, as well as one new feature The All New Black

"We just love to scare people. It's just a lot of fun to work at. We put a lot into trying to scare people," Rosanna Tilford, manager of operations, said.

Admission is \$21, but beware, actors are waiting around every corner to give you a scare.



"It's like they are getting a Beware! You may bump into this man as theatre experience with all the you stumble through the darkness.

actors. 1 think \$21 is inexpensive. It's like a theme park, so it's a steal," Tilford said.

A recent addition, the Midway of Madness, includes a Gravitron and many other carnival rides.

If you still think that \$21 is too pricey you can print a \$5 coupon off the Screemers Web site: www.screemers.ca, or gather 15 people together for a group rate.

The ghoulish entertainment started as an attraction for children, but changes have been made to make it the terror it is now.

For the avid Screemers fans afraid of seeing the same thing as last year, there is some re-assurance.

"We've made changes in the attractions, so I think it will be fresh for them as well," Tilford said.

## The search is on for the next Canadian idol: sign up now

By PUNEET BAJAJ

Do you think you have what it takes to be the next Canadian hip-hop idol?

If you think you do, then Dig Your Roots wants to hear from you before Oct. 31.

DYR wants to promote Canadian talent. Particularly hip-hop, electronica, classical, blues and jazz.

This is the first year for the project. According to Melissa Kaestner, the national coordinator for DYR, this a great opportunity for many underground artists.

"We want to promote and further develop the independent scene in Canada," Kaestner said. "The underground scene [usually] finds a home with students, so we want to bring them to the front and give them a chance. It's opening the door to Canadian talent."

Demos mailed to DYR do not have to be top quality because many artists cannot afford studio time. If selected to be part of the compilation CD, artists will be given studio time, free of charge, to record their tracks.

"It gives people a great chance to get into the studio and get a feel for things, Kaestner said.

One hundred artists, 20 from Halifax, Montreal, Toronto, Winnipeg and Vancouver, will be featured on the company's Web site: ายพาย. Dig Your Roots.ca.

The top 15, three from each region, will have their songs selected by a celebrity panel to be on the first Dig Your Roots compilation and play at shows across Canada in March 2003. These shows will be broadcasted live from coast-to-coast on participating radio stations, including CHRY 105.5FM here in Toronto.

The project is bringing everybody together. When you have a quiet-voice, you're not heard," she said. "What we want to do is bring all those quiet voices together to make a lot of noise, so they can be heard."

There are specific requirements that must be met in order to be heard. Check the company's Web site for details.

# Pure and wicked clothes

#### Bondage and Victorian wedding dresses come together at this exhibit.

By MANUELA SPIZZIRRI

Is clothing worn only to conceal the body and prevent indecency, or does it have a deeper, more symbolic mean-

According to the exhibit, Moral Fibre: Dress Codes from Purity to Wickedness, clothing has been used over the centuries to communicate messages about good, evil, guilt and innocence.

This exhibit at Toronto's Textile Museum of Canada features everything from bondage and fetish wear, to Victorian wedding gowns, to a Mountie in leather.

"It's a very tantalizing exhibit to me," Jean Hess, a painter from Nashville, Tennessee who recently visited the exhibit, said.

"It's basically taken an era that was mytholigized, which I guess is more or less the Victorian era and has drawn parallels between that and today's Goth culture and then to get all laced up in this dress. like the burga in the back room and the Mountie."

From room to room, the clothing is used to take a person on a



It would take a while and some help

journey through time. Through the written information provided at each station, the viewer is able to mentally put himself in the shoes (or in this case garments) of another individual and experience what that person may really be (or have been) like.

"I think it's been very well put together," Fiona Norton from Dallas, Texas said. "With the narrative pieces, it's not just random objects.'

David McCall, also from Dallas, Texas, said one of his favourite parts of the exhibit was the bondage gear because it is not something most people see or are exposed to every day.

"The exhibit made the point that influences from that subculture are now mainstream, but you rarely actually get to see the things that are influencing the mainstream, like the articles on display here," McCall said. Some of it is quite bizarre...but it's definitely fascinating to look at."

the exhibit are designed by Canadian fashion designers (from downtown Toronto stores) like

Pam Chorley of Fashion Crimes,

and the same of

This could be one of the more 'pure' Many of the items in garments on display at the musuem.

Nicole Cooper and Sandra Huculiak of Heretic and Marty Rotman of Northbound Leather.

Moral Fibre is on display at the

Textile Museum of Canada until

The museum is located at 55 Centre Ave. (Dundas and University-St. Patrick subway stop). Hours of operation are: 11 a.m. to 5 p.m. on Tuesday, Thursday, Friday; 11 a.m. to 8 p.m. on Wednesday; and 12 p.m. to 5 n.m. on Saturday and Sunday. It is closed on Monday.

Admission is \$6 for students, seniors and children (5-14), and \$8 for everyone else. Wednesday 5 p.m. to 8 p.m. is always "wide open Wednesdays" where admission is left to the discretion of the individual—"pay what you can".

#### What's up?

•Cher and Cyndi Lauper team up and play Copps Coliseum tonight at 7:30 p.m. Tickets are \$58 to \$88. For more info call 416-870-

•See The Elephant Man playing at the George Ignatieff Theatre tonight at 8 p.m. Tickets are \$16 for students. For more dates call 416-483-2626.

·The first annual Canadian Home and Country Show is in the Automotive Building at the Ex this week-

•Set sail on the Haunted Cruise of Terror this Saturday. Tickets are \$30. For more info call 416-203-

•See the latest collections of Northbound Leather designer Marty Rotman at Urge the first fetish fashion party. Call 416-972-1037.

•Great Big Sea plays Massey Hall Oct. 25 to Oct.

·Like books? Check out the International Authors Festival at the Harbourfront Centre. It starts today and runs until Nov. 1.

Toronto International Snowmobile Show is on this weekend at the International Centre. Admission is \$1

•Toronto celebrates the opening of a new social spot, joe, tonight. 250 Richmond St. W. For more info call 416-971-6JOE

> -with files from Kristine Hughes.

## Year-long tour lands in Toronto

By AARON SAWYER

Labelled by many as the hardestworking band in the music indus-1ry today, Hot Water Music lives up to its reputation time and time again.

Fresh off of their latest release, Caution, HWM rolled through Toronto recently, playing to a sold out crowd at the Opera House.

The Toronto show was just one stop on a combination of different tours over the past year.

"We've only had about 50 days off in the last year," drummer George Robelo said.

"We bust our ass, but we don't

really have time to think about it, we're always working," guitarist/vocalist, Chris Wollard,

HWM's popularity has grown and tour opportunities have continued to come their way, at one point landing them "Down Under."

"lt's really hard to turn down tours. It's hard to down playing with Bad Religion, the Warped up with this tour but say they have loved all the stops along the way. Tour or going

to Australia

"We are all still relatively young. I wanna play rock and roll and see the world while I still can," Wollard said.

The Florida natives may be living out a dream, but extensive touring is not all fun and games. Waking up in a different city every day takes its toll eventually.

"I'm not going to sit here and say that I wake up every morning and I'm happy all the time. There the luckiest guys I know," Wollard is a lot of down time and no life outside the band. But I wouldn't have it any other way, I don't have a job, but I work for a living."

Hot Water Music are looking forward to some rest and relaxation when they finish

Playing a different city every night involves countless hours of killing time waiting to play the next gig.

"Your day is based around one hour — 23 hours of waiting for one hour of rock. But the one hour of rock is worth it all, I'm one of

When their current tour ends, HWM will take some time off before embarking on a tour that will hit Brazil, Europe, the United States and the Pacific Rim.

"We're going to go anywhere they will let us play," Wollard said, "But until then, I want to go to

an island and wake up on the beach," Robelo added.

# Teach English



- Intensive 50-hour TESL courses Classroom management techniques
- Detailed lesson planning Skills development: grammar, pronun-
- clation, speaking, reading and writing
- Comprehensive teaching materials Teaching practicum included
- Listings of schools, agencies, and recruiters from around the world

For More Info Contact Oxford Seminars 416-924-3240 / 1-800-269-6719 www.oxfordseminars.com

## Reviewed this Week: The Rolling Stones

By JAMES ROSE

The Rolling Stones finally landed in Toronto last week to play two shows for their hardcore fans.

"It's nice to be back here after our lengthy absence," Mick Jagger, lead vocals and the energetic front man for The Rolling Stones said to a sold out Air Canada Centre crowd last Wednesday.

During the opening song "Street Fighting Man," guitarist but the 18,000 in attendance had no problem standing for the entire concert. Rolling through favourites like

Keith Richards actually fell down,

"It's Only Rock 'n' Roll," "Monkey Man," "Gimme Shelter" and "Sympathy For The Devil," this show was for the die-hard Stones fan.

A horn section was an addition to an amazing jam-rendition of "Can't You Hear Me Knocking."

This performance complemented one of four new songs on their new double disc greatest hits Forty Licks nicely. So don't stop Stones, baby "Don't Stop."



The Rolling Stones in action at the ACC last Wednesday night.



Rummage through the racks of used clothing and with a little bit of creativity you could stumble across the perfect costume.

### **Cost-sensitive** costume ideas

\$20 and some creative ideas will get you all dressed up this year.

By MANUELA SPIZZIRRI

Choosing a Halloween costume can be a brain-racking, time-consuming and costly experience, but it does not have to be.

It may just take a little creativity and rummaging through items to find the perfect piece for that spooky annual holiday.

Shopping at a thrift store for a Halloween costume is probably your best bet if the goal is affordability.

"For around \$20 you can get a pretty good costume," Cecelia Joynt, an employee at Value Village, said. "People come in, shop for old clothes and they pick out some new Halloween stuff to help them make whatever costume they're making."

Stores like Value Village have a great variety of used clothing at very low prices (you can tind pants for as low as \$3.99 and sweaters as low as \$4.99), as well as new Halloween makeup and accessories at reasonable prices.

"It's cheap and we'll just throw [the costume] away after," customer Angela Steele said. "You can buy a sheet for \$2 and make your costume."

That's a pretty good deal, especially in comparison to the cost of renting or buying a costume at a costume shop. For example,

Woodbridge Costume and Party Shop sells angel costumes for \$39.99 and has them available for rent for \$35 to \$50 (depending on the style).

Value village customer Diana Malfara came up with a creative idea for Halloween. She purchased an orange sweater and a purple skirt for her costume as Velma from Scooby-Doo.

"The top is \$6.99 and the skirt is \$5.99," Malfara said. "I came specifically looking for it because I knew I wouldn't be able to find a big orange turtleneck sweater anywhere else."

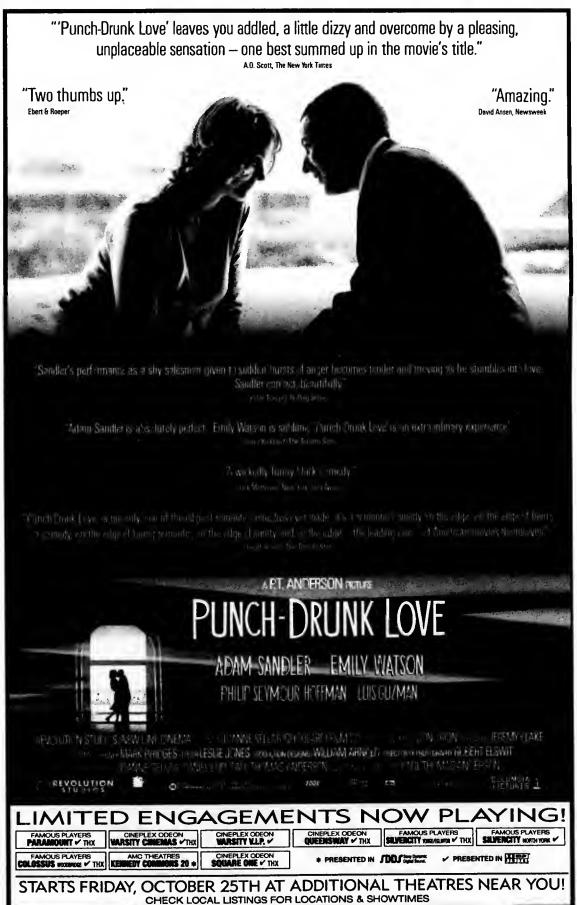
Malfara said she already has the glasses to complete the costume. Otherwise nerd glasses are \$1.98.

The second-hand store also carries affordable costumes in packages, like a "Sexy Witch Costume" for \$19.98.

You can also use your own clothing and just buy accessories and makeup.

Value Village is located a few blocks north of Humber's North campus, at 45 Woodbine Downs Blvd. off of Hwy. 27. Hours of operation are Monday to Saturday 9 a.m. to 9 p.m. and Sunday 10 a.m. to 6 p.m.

For more information on costumes or other locations near you visit www.valuevillage.com.





#### VICTOR



For your chance to win a place on our exclusive guest list, click on

www.redseat.ca

Limited tickets available at Ticketmaster. MUST BE OF LEGAL AGE TO ATTEND.

TO THE BEAT OF

Music



du Maurier

# In Focus =

# STUDENTS: We are a diverse body

#### Humber department facilitates for some special students

Services for students with disabilites expanding definitions to help with everything from ramps to resources

By CHRISSIE O'BRIEN

From kindergarten to college we have spent almost a quarter of our lives in school.

For students with a disability this stretch is more difficult than for others.

Yet, these students make up a large part of Humber's varied student body, working towards the same goals as their peers, and vying to succeed.

"About one in 10 Humber students is registered with us, it's quite high, higher than people would expect," Jeffery Nolan, a disability services officer with the Services for Students with Disabilities office (SSD) in North

This department facilitates for students with disabilities, by accepting, reviewing and ultimately accommodating a number of documented disabilities for any student just out of high school or any returning mature student.

The classification of disability determines which students are eligible for assistance.

'That can be a physical disability or impairment the province recognizes as being great enough to affect one's work or educational possibilities and general living possibilities," Nolan said.

He explained the SSD office works with students who have chronic pain, which affects one's ability to concentrate and their energy level.

The office also assists students with psychiatric disabilities. These are usually documented by a psychiatrist and include anxiety disorders or depression.

Students with neurological disabilities like Attention Deficit Disorder or head injuries receive assistance from SSD.

Even the most severe mental illnesses like bipolar disorder and schizophrenia are recognized.

'They fall into a group called invisible disabilities, like a learning disability does," Nolan said.

Nolan explained temporary disabilities can impact a person signif-

For instance, a broken leg is a



Disability services officer Jeffery Nolan says Services for Students with Disabilities (SSD) North Campus is helping students with disabilities through the minefield of post-secondary education.

temporary disability "because it is going to totally affect the ability to get around. Also chronic pain in the leg or back can cause a mobility issue," Nolan explained.

According to Nolan, the expansion of the term disability is breaking down stereotypical notions of Special Ed.

"It's more than special education—a little beyond what people usually refer to as the resource room," he said.

Nolan says people have an impression of Special Ed left over from elementary and high school, where augmented teaching is done with the students, which is not the case in SSD.

"We look at how much we've helped each person individually. Students choose how much or how little they need to be accommodated," he said.

This does not mean the content of a student's program is changed to suit the student.

'We don't change courses or content; everyone who comes here has to be able to deal with the content everyone else does. We don't accommodate for intellectual deficit," Nolan said.

Rather, for students with a documented disability, SSD assists the student in reaching their post-sec-

"We set up strategies so that students can better approach what they're going to learn—but as far as content development and content help that doesn't happen here," Nolan said.

"We sure people have what they need to get into their material to study, from a ramp to get into the classroom or if it's dyslexia it is a strategy to make sure they are reading the correct words," he explained.

"We make sure they can get to the material and that they have adequate time to understand it and adequate time to show that they understand it. That's the accommoda-

tions we provide." Nolan said students with disabilities who venture in to the post secondary environment benefit because people who are capable of doing the work or having the skills -who were not previously thought of as being capable in that wayare able to show that they are capa-

"They are able to contribute to society, to the GNP, rather than just being seen as a deficit or someone who gathers a pension," he said.

### Athletes add to the "mosaic of college life"

By JEFF COLLIER

The yearly crop of high school seniors is a buffet of skills for most college athletic departments.

It is no secret athletes are meticulously hand-picked in order to successfully compete in their respective sports.

Coaches can create a static subculture apart from the mixture of each school's student body.

Pre-screening athletes allows coaches to control the overall personality of a team and minimizes the number of traditional "walkons" (previously unscouted players) joining the team.

Pre-screening can also influence the eventual outcome of prospective seasons.

Reducing the wildcard element on the road to success helps an athletic program gain positive national exposure. What is good for the program is good for the institution, which will also receive accolades.

Humber College men's basketan coach Mike Katz said he believes recruiting procedures must be mindful of the background of a potential student athlete, now more than ever.

However Katz says Americanized tools such as psychological profiling in recruiting should be avoided.

"No one wants to coach 'bag-



The athletes among us work out in the gym under the banners representing athletic successes.

academic advisor for the student overall asset. athletes. "There is a dual dynamic going on: we accept differences in the community, athletes sometimes is also a need for them to conform to certain rules."

But when those rules are broken, the school's reputation and student body suffer the consequences.

Humber counselling and disability services coordinator, Craig Barrett, said a well-crafted athlet-

"Because of their visibility in others, while understanding there raise issues that we realize need more attention," Barrett said. "But with an intensified selection process, you end up with a highly motivated team of individuals who bring not only a passion for their sport, but for their educational discipline as well."

In hand-picking athletes, coache aren't doing anything differentfrom

gage'," said Katz, who is also head ics program can be a tremendous what educational programs have done for years.

A school motto of 'the best of the best' is ensured by this specific selection process in academics, so why not in sport?

The diversity of some schools can be mapped out like a solar system based on the criteria of each program's coordinator.

Like most faculties and students," Barrett said, "athletes are just another piece of the mosaic of college life."

#### Sampling the flavours of Humber's melting pot

#### Students share diverse heritage in culture clubs

By CHRISSIE O'BRIEN

To know Humber College is a culturally diverse school one needs only to look around. Some students also celebrate this variety in forming extra curricular clubs with HSF.

These culture clubs are just coming into shape, as the HSF

reviews applications.

Rishi Gupta, vice-president Campus Life North, says that of the applications he has reviewed so far, he has close to 10 clubs he considers cultural.

"Because most college programs are only 2- and 3-year programs the executives (of the clubs) don't carry over so the club would

have to start up again in the following year," explained Gupta.

He says these cultural clubs are beneficial because they help improve awareness of each culture so that people can promote their culture to the rest of the school and show the school what their culture is all about by putting on events and raising awareness.

"They give students the opportunity to meet people of their own culture," he said.

However, Gupta says the clubs are also a good opportunity for other Humber students to learn about the cultural diversity at Humber.

"Most of the clubs I know as well are not going to turn away someone who wants to come to their meetings," Gupta said.

He also expressed a belief that these culture clubs benefit participants by involving them in the sharing of information at the school.

"We want to create as much involvement though the school and a great way to do it is through the clubs. We fund them as well so they can help to increase cultural awareness," Gupta said.

This year a new club called Culture Fusion has applied for sanctions—the final step in the application process—which breaks down the barriers of individual culture clubs.

Culture Fusion says they want to take culture clubs to the next level, speaking to Humber's diverse cultural student body.

"I was thinking of joining the Indian students association but then I was thinking 'why does everyone have their own group'? Why not have a group for everyone? I've talked to a lot of people and everyone feels that the cultural

groups are split up," said Gita Jagdish president of Culture Fusion, who has proposed the group to HSF.

She says the club will allow people to come and talk about cultural artistic forms

"I want people to share their experiences of where they're from. When people start talking to each other you see how beautiful each culture is in its own way," Jagdish said.

Humber's diverse student population celebrates culture gathering in clubs, yet these are not exclusive. HSF says Humber students should take advantage of the diverse array of experiences available from the culture clubs.

"It's great to see so many different colours of people. When you have a school of 10, 000 students it shows just how diverse it is," Gupta said.



HSF vice-president Campus Life North says cultural clubs provide students with a good opportunity to learn about Cultural diversity at Humber. One of his respunsibilities is approving the applications for new and for establish and clubs.



# Mature students showing they're advanced in more than just years

By RENEE BOROVITCH

The world of work is a sea of change. To keep up with that change many adults are returning to school to upgrade their skills, or start learning completely new ones.

Because of that, and for many other reasons, post-secondary schools have found a growing number of mature and older students walking the halls of learning.

These mature students are now exchanging phone numbers, sharing lunches and asking for study tips from people young enough to be their children or even grand-children.

Returning to school is a lifealtering decision, one that requires much thought.

According to the Humber College calendar, an applicant who does not possess the minimum admission requirements but who has reached his or her 19th birthday by the first official day of classes may apply as a mature student

Pat Van Horne, manager of records, said quite a few mature students study at Humber.

"Of the enroled students in the full-time post-secondary school programs at the beginning of the 2002/2003-year period, almost 90 per cent qualify for mature student status. Of those more than five per cent are students over 35," Van Horne said.

According to a report from McMaster University's Web site csd.mcmaster.ca, returning to college or university often arises from a sense of disorientation or confusion, in which people feel the need to move in a new direction in their lives.

"I went back to school because

my job skills consisted of secretary work and sales, neither of which I liked. I also felt I should be able to support myself and two daughters should anything ever happen to my marriage," Owano said.

Dale Tower, 42, a second-year Nursing student, finds the change to his life difficult.

"I have found it quite an adjustment. I find it hard to blend with the other younger students," he said.



At 49, Lea Jokinnen adds student to her roles of mom and working woman.

Sara Shiewitz, 44, a former dental school student, said the process was fun. "When I wasn't studying, my husband and I lived life to the fullest. We both worked hard and played hard," Shiewitz said.

Mature students who attend university, however, are bucking the traditional notion of the role of education in a person's life, said the McMaster report.

The idea that you continue on to university after high school, never to return, is no longer the norm.

Life-long learning in which people see themselves as continuing to learn throughout their lives is now a way of looking at education which better fits the practices and needs of our society.

Lea Jokinnen is 49 and a firstyear student in the Mental Health program. "I was always interested in mental health. This was the first chance I've had to do this. I took it," Jokinnen said.

Unlike Tower, Jokinnen finds young people refreshing.

A mature student has different demands and has various "life" roles, according to New Zealand's Massey University's counselling site, counselling.massey.ac.nz.

Roles as parents, partners, income earners and caretakers of elderly relatives are difficult to juggle on top of study.

Maria Ciccone, a first-year Interior Design student, said her sons have had to pick up some of the slack now that she is a student.

"My older son has had to do a lot of the cooking. I have not been there to do stuff for them. I hate the guilt I feel about it," Ciccone said.

Some mature students face fears of not being able to make the grade. Though she had these same fears, Owano's excellent grade average reflects that many of these fears are unfounded.

For sure, the experience will vary from student to student. What seems to remain constant is the perseverance that mature students have. This combined with their life experience often gets them through even the most difficult of times.

## Health=



Student residence housekeepers are paid for daily cleaning.

# Roommates may have more germs than washrooms

By MARSHA KNAPP

Residence dwellers, take heed. Your neighbours, not the state of your living quarters, are the culprits of spreading germs and illness, a Toronto doctor says.

Dr. Allison McGeer, microbiologist and director of infection control at Mount Sinai Hospital, said although rooms, lounges and washrooms may look physically dirty, there is no risk of infection.

"Bathrooms, especially shared ones, are more likely to have contaminants. But they'll only spread if you don't wash your hands," Dr. McGeer said. "Washing your hands at least five times a day reduces your chance of any infection."

She added living in close quarters poses the highest risk of transmitting infection.

"The dry environment around you isn't harmful, and the plastic and metal surfaces can't replicate the bacteria," Dr. McGeer said. "It's the other people you are coming in contact with. It's not where you sleep that matters, it's who you sleep with," she said. "So protect yourself."

#### You eat what you are

# How food can affect the mood you're in

By JACQUELINE BOULET

What you eat has a direct impact on how your day progresses and dictates how your brain and body perform.

Beth Gould, registered dietitian, said the connection between food and mood is not a fad and has a big impact on her clients and the programs she designs for them.

"It really worked with my bulimic client who is now doing very well."

Foods release different neurotransmitters, which are responsible for sending signals throughout the body and determine everything a person feels, thinks and does.

When you eat protein, your brain releases dopamine, which gives the brain an added boost of awareness.

Gould said she recommends eating protein-rich foods like lean chicken, fish or beef at lunch or when you need to stay alert, like before an exam. Beans, cheese and tofu are also good protein sources. Carbohydrates release serotonin, a calming, powerful neurotransmitter. Higher levels of this chemical also are found to relieve insomnia, irritability and depression.

"One of my favourite sayings is 'you eat what you are'," Gould said. "If you're in a bad mood, your cravings are usually for something bad for you."

Amanda Fraser, first-year Paramedic student, said when she feels healthy, she eats better.

"When I work out, I feel good and choose healthier food. If I don't feel active, I'll usually go for pizza or a sub," she said.

Low serotonin levels lead to depression, increased sensitivity to pain and even aggression. The opposite is true if your levels of serotonin are higher, Gould said.

"When you are under stress, the body tends to crave carbs. Instead of chips or nachos, try a more balanced approach with cheese and crackers or half a sandwich. Shakes made with yogurt and fresh fruit are also a great snack," she

She warns strict dieting and high levels of stress can cause the body to go into "starve" mode, where the body craves high-fat foods useful for hibernation.

Neuropeptide is a chemical that is released in the brain that increases cravings for carbs. This is the way the mind lets the body know that it needs to store food, like fat, that will keep it satisfied.

"Galanin is a neuropeptide that increases your desire for fatty foods," Gould said. "This craving happens later in the day when your body is preparing for the overnight fast."

Gould said the best way to be in tune with your body and mind is to listen to the craving and deal with it rationally.

"Your mood and energy levels are all tied together. If you eat healthier and add some fitness into your day, the positive attitude will follow," she said.

#### Ask the nurse

North Campus Health Centre nurses answer your questions...

Q: How do you know if you have anemia?

A: Anemia can develop if your body is not getting enough iron to form normal amounts of hemoglobin, a component of red blood cells. Hemoglobin's role is to carry oxygen through the bloodstream to every cell in the body. Without enough hemoglobin, the blood transports less oxygen to cells, including muscle cells, leaving you feeling weak and tired.

To determine whether your lack of energy is due to anemia and not just poor sleeping habits, you can get a blood test at the Health Centre by making an appointment with one of the doc-

tors available every weekday morning.

Recommended daily iron intake: males over 19 — 9 mg, females over 19 — 13 mg

High sources of iron include pork liver, with 26.1 mg of iron per 3 oz serving, cream of wheat cereal, with 7.9 mg per 1/2 cup and baked beans, with 4.9 mg per cup.

For more information, North Campus nurses would be happy to discuss nutritious eating.

With files from Toronto Public Health publications.

Have a health question? Ask the nurse. Questions answered weekly and kept confidential. Send e-mails to "Ask the Nurse" humberhealth@hotmail.com

# Congratulations

30 years of publication

An impressive accomplishment

From the Support Staff at Humber College



# Is your TV coming out?

By PAUL GALLORO

Don't worry, your TV's not gay, but the programming is.

With PrideVison entering it's second year, the network has had nothing but a positive effect and success all around.

"We're the first country to have a gay network," Anna McCusker, marketing vice-president of PrideVision TV, said. "The Canadian public has been very supportive and fair. We have not experienced any negative feedback.'

In its first year alone, PrideVision has changed the way the gay, lesbian, bisexual and transgendered communities are

"Within six months after the launch of PrideVision we saw a difference in programming, there is finally a need for this," McCusker said.

PrideVision is constantly receiving a positive response from members of the LGBT community. The network helped them cope with being who they are and understanding that they are normal, unlike some of the negative stereotypes that have been portrayed.

Family members of gays and lesbians are thanking the station for helping them understand their homosexual loved-ones.

The network offers a wide variety of programming from original and creative concepts like Locker Room, So Gay TV and the new Jawbreaker.

Shows from around the globe like Gimme, Gimme, Gimme and So Graham Norton, plus documentaries, concerts, and Hollywood movies, to cooking, fitness and decorating shows, have also made the network's programming guide-

PrideVision is able to give encouraging representation and a voice to the gay community of the

Although Canadians are the only ones to enjoy PrideVision now, there are talks of the channel "coming out" into American living rooms in the near future.

The recently Gemini nominated So Gay TV, hosted by former U8TV lotter Mathieu Chantelois, is unlike your conventional talk show. The show tackles subjects varying from IIIV testing, safer sex, bathhouse etiquette, gender diversity, alcohol and drug use as well as the prevalence of body image stereotyping in the gay community.

It was also nominated for an episode that dealt with coming out as an important process for someone in the LGBT community.

Locker Room, the world's first gay sports show, has earned praise from Sports Illustrated and Entertainment Weekly with its comedy sketches, stories on ama-



We'll have a gay ole time: PrideVision is changing how the LGBT community is perceived, especially negative stereotypes.

teur athletes, and of course, eyeeandy galore. It's a different take on sports, something that can't be seen on TSN.

PrideVision also has an interaetive Web site where viewers can give feedback, view community events, and check out weekly contributions from PrideVision personalities.

The Pleasure Box, a showcase dedicated to bringing attention to Canadian LGBT artists can be seen at PrideVision's Studio on 500 Church St., in the heart of Toronto's gay village.

#### Let there be church!



Local churches are happy to see slight increases in membership after years of fearing a lack of faith in the population.

By DIANA MARIANI

We're all used to busy schedules keeping us from friends, favourite television shows, and even homework sometimes. But people are now making the effort to find more time for church.

"I have seen the numbers growing. Last year the group had around 80 to 90 members. This year they are seeing much larger numbers," Laura Fox, president of Humber's Lifeline Christian Fellowship Association, said.

"The more people that show up to events like gym nights, concerts, public speakers, the more confident that there is a need for a Christian group in the school."

Religious centres of worship have been experiencing the same type of response within the com-

"[Attendance] has increased now more than in past years. We have more full-time members and a lot more students," Helen Yeo, an administrative assistant at All Saints Catholic Church and St. Gregory in Etobicoke, said.

Although, Martin Grove Baptist Church doesn't encompass a large congregation, they have seen a slight increase in peo-ple who attend services.

"There has been a steady growth by five to six per cent. The neighborhood is constantly changing and the families are growing. I think people are really looking for something authentic from religion," Reverend Richard Maxwell said.

Other parishes haven't been experiencing the same enthusiasm. Humber Valley United Church found attendance has gone down by five per cent in the last five years. They believe an older congregation, not people lacking in faith, is the reason why their membership is on the decline.

"In the past few years a stronger gathering of young adults have been attending worship services as well as various youth activities," Beth Wilson, an administrative assistant, said.

The church is posting ads in the Etobicoke Guardian and teaming up with neighbouring churches in the area to hold events in an effort to raise membership.

"The number of members doesn't necessarily reflect how many people are active in the group, but so far the number of students participating in events has been outstanding," Fox said.

#### Tasty food for the cooking-impaired

By SANDRA KIM

The thought of raw beef or chicken can unsettle even the strongest of stomachs. Who would have thought raw fish would be so pop-

If you're interested in sampling sushi on campus, Tall Hats, located beside the dinning hall, will sell sushi starting next semester prepared by students from the Culinary program.

"We are doing international cuisine, and sushi is within the boundary. We try to cover all the bases from each corner of the world," Francisco Rivera, an instructor, said.

There is an appreciation to be had from the freshness and simplicity that comes from eating

"When I'm depressed I like to eat sushi, it's nice and light," Sarah Kim, a first-year Fashion Arts student, said.

Kim makes a point of eating sushi at least twice a month.

'You could almost say it's addictive," she said.

Sushi has long been a favourite among many Asians, but more and more Canadians are enjoying these dishes every day.

"Canadian people represent more than half of my customers,' Mitch Back, chef at Sushi House located on Hurontario and Dundas, said.

This sushi bar features various dishes to satisfy the palate of even the most avid sushi lover.

Baek said that Maki-Sushi, a roll of rice with vegetables or tuna wrapped in seaweed, is among the most requested sushi orders.

Raw fish served on top of a ball of rice is also quite popular.

Sashimi is considered a delicacy and often enjoyed by those who truly savour the most basic form of sushi eating. Much like its counterpart, sashimi is enjoyed much like sushi but without the ball of rice. Sashimi is sliced paper thin.

Wasabi, a Japanese horseradish, is also commonly used in

Back apprenticed for five years learning the art of sushi preparation before becoming a certified sushi chef.

"Sushi chefs can say the food they create is their art form. It's prepared from the heart," he said.

In many Japanese restaurants, sushi is commonly served with green tea accompanied by a green salad and soybean soup.

"I was interested in trying sushi because it was from a different culture than my own," Liliana Mortinho, a first-year Nursing student, said. "My first time trying sushi was at the grocery store out of curiosity. I was hooked."



Almost too good to eat: Sushi chefs consider their creations works of art.

# Pump up your pumpkin uses

By SHELL BUJOLD

Thinking of a pumpkin brings back childhood memories of carving scary and silly faces into its bright orange skin. But what else is there to do with a pumpkin other than carve it?

Here are some traditional and innovative uses for this tradtional fall treat,

1. Roast the seeds: Scoop out the pumpkin seeds, clean and lay them on a cookie sheet. You can put salt or spices on them, or leave them plain. Roast at 350° for 10 to 15 minutes or until they are a light golden colour.

"I like pumpkin seeds," Kelly Lewars, a General Arts and Science university transfer student, said. "They're better than crappy sunflower seeds."

2. Paint them: Paint on a scary face, or a scene, with tempera paint—the kind you once used in elementary school. Spray-painting them in various colours will create a different effect when decorating your front door.

3. Make a pie: Remove the guts and cut the pumpkin into cubes. Boil until soft, then mash. Add sugar, spices (like nutmeg and cinnamon) and put in a pie shell. Bake at 375° until crust is golden.

4. Grow them: During spring, plant pumpkin seeds to avoid paying too much at the grocery store or the pumpkin patch. Growing pumpkins can turn into a hobby when it comes to going "giant." Just look at Bill Greer of Picton, Ont. whose pumpkin weighed in at 1,172 pounds at this year's cross-Canada competition. It takes a lot of dedication according to Kirsten Conrad, seasonal plants supervisor at Sheridan Nurseries in Etobicoke. "[Pumpkins] are fed specially with milk and milk powder," she said.

5. Light 'em up: All it takes is a string of small outdoor lights, a drill, and the usual carving tools (a knife to cut the top, and a spoon to scrape out the guts). Open the top, carve out the inside and scrape it to be about 1 inch thick. Using a drill with a 3/8 inch drill bit, put holes through the skin in several places all around the pumpkin. Place lights inside and push the lights through the holes. Make a larger hole in the back for the cord to pull though. Check to make sure the plug is

dle causing a fire.

"You have to be careful and only use outdoor Christmas lights," Conrad said, because moisture from the pumpkin could cause problems with the wiring otherwise.

dry, and turn it on.

There will be no

worries of the

flame from a can-

**6. Make a pumpkin cheesecake:** A recipe can be found quite easily at www.verybestcooking.com by searching for "pumpkin cheesecake" on any search engine. (Check out www.humberetc.humberc.on.ca for a link to the site).

7. Pumpkin bowl: Take the top off and guts out. Place a layer of wax paper inside to form a barrier between the pumpkin and what's going inside. It can be a bowl to hand out candies for kids at the door, used for parties as a chip bowl, or as a dip bowl. (Saves on dishes, and they're biodegradable!) Do the same for a planter. "We use pumpkins as planters," Conrad said. "But they only last 2 weeks before they are rotten."

8. Pumpkin bread: Like banana bread, you can make pumpkin bread. Also found on www.verybest-cooking.com. Put it in a loaf pan, or make them into muffins.

9. Dress up a pumpkin: Make a costume with the pumpkin as the head and place it in your front yard as decoration.

10. Why use a pumpkin at all? Use paper bags (like brown bag lunch bags) to make faces or words along the path to your door for trick or treaters. Write out letters or design a silhouette with a pencil on the bag with messages like "Beware! This path is haunted"

By using a retractable blade cut the letters out and place a set-in-glass tea light or battery-operated light, inside the bag. Don't close the bag.

Do something differ-

ent this year-new tradi-





Gimme something good to eat: Chocolate is an all time fave.

### Time for us to 'Treat' the Irish

By BOBBI THANDI

Ask any kid what they love about Halloween and they'll probably answer with "candy!" But just who do they have to thank for this wonderful tradition? The Irish.

"My favourite part was when I would go to a house and a super little kid was already back, make up half rubbed off, handing out the candy," Cathy Woodward, a General Arts and Science student, said.

The same people who gave beer-drinking St. Patrick's Day to adults didn't want to leave children out.

Going door-to-door, trick or treating, started with a Celtic New Year tradition celebrating the end of the summer. They believed that on that night, the line between the living and the dead was weak, and spirits would cross over in search of souls to possess.

Treats were placed on doorways to please the spirits that lurked about at night so they would find the bowl of fruits, nuts and other treats instead.

The Celts also believed that by dressing up in scary costumes, they would scare the spirits out of the village.

In the ninth century, the Catholic church announced an event called "souling."

People would go door to door collecting "soul cakes" made with bread with currants. Those collecting the cakes would promise to say prayers on behalf of deceased loved ones.

This custom of "souling" is the tradition that the Irish brought with them to the Americas.

Like much folklore, the custom has changed throughout the years. Soul cakes have been replaced by M&M's and jube jubes and children don't promise to pray for the dead.

But whatever it started out as and whatever it is now, one thing can be said for trick or treating; it provided some fun memories.

"The best was the candy, but what I remember the most is those cheap plastic costumes with the masks, that you can't breath in when you have them on," Angela Smith, a Business Administration student, said.

Back to the past: Humber's favourite Halloween candies

"Candy apples, people used to actually make them and hand them out and it was safe to eat." - Teresa McCallum, Customer service and registration.

"Butterscotch, I liked the buttery creamy taste." - Babi Khan, Bookstore employee.

"Those necklaces that were made of candy. They were so fun," - Doreen, Acktee Tree.

"Lollipops! They were so tasty, I still love them!" - Luisa Mammola, Food Emporium cashier.

"Double Bubble, I was a bubble gum chewer." - Gail Allen, Liberal Arts and Science secretary.

"Kit Kat chocolate, its the only one I can remember loving." - Camelia Caceres, Media studies secretary.

"They were called Kisses.
It was a coffee colour that
comes in an orange wrapper.
As a matter of fact, I just got a
package at Shoppers Drug
Mart. I only get it once a
year." - Mary Prestia, cashier
at Tout Sweet.

#### LSAT MCAT GMAT GRE

**Preparation Seminars** 

- Complete 25-Hour Seminar Packages
- Proven Test-Taking Strategies ■ Personalized Professional Instruction
- Personalized Professional Instruction
   Comprehensive Study Materials
- Free Repeat Policy
- Simulated Practice Exams
- Personal Tutoring Available
   Thousands of Satisfied Students

Oxford Seminars (416) 924-3240 1-800-269-6719

www.oxfordseminars.com

esti e co

#### This week's HERO file...

# wo teens, huge hearts

By MARSHA KNAPP

people heard this Thanksgiving that the shelves at

empty, all they had to do was donate non-perishable foods. But many didn't, or couldn't find the

Campbell Quinn, 15, and John Bolton, 14, both grade 10 students from Crescent School (a private school in Willowdale), did. They organized their own door-to-door

"We make it easier so they don't have to leave their houses to donate that can of soup that's been there for four years," Quinn said.

After seeing some articles over the summer about the Daily Bread Food Bank not getting enough food, the boys wanted to help.

"So we came up with the food drive idea. [The food bank] said it was the first time students have organized a door-to-door food drive campaign. They were excited to try it out," Quinn said.

So far the boys' food drive has spread to eight other kids at their school, and to four other schools; Northern Public, Bishop Strachan, St. Clements, and Royal St. George.

"Most people at school were pretty excited," Bolton said. "We hope to now start recruiting more people to do their own drives.

Bolton's mom Debbie is thrilled with the boys' project.

"A couple of kids can bring in some food, but if they get their friends together they can make a bigger difference. It really starts to add up," she said.

The boys also distributed flyers with startling facts on children who go hungry in Toronto.

Bar has nothing but air

Forget about tequila, next time try an oxygen shot.

Tis better to give than to receive: John Bolton, 14, donates

bins of food from a door-to-door program he and his friend start-

By GIANNINA FRATTO

"You are what you breathe," is the

logo of the only oxygen bar in

"The O2 Spa/Bar offers different ways to oxygenate the body's system," said manager Katie Carpenter.

Although the O2 Spa/Bar is the first bar of its kind in North America - it opened in 1996 - the trend is already popular overseas in Singapore and Japan.

Carpenter explained using the oxygen system is good for headaches, migraines, asthma, allergies, hangovers, and stress.

The system alleviates certain ailments by restoring the immune system and allowing aerobe bacteria (good bacteria), to live in your body.

the tirst and most popular method of receiving oxygen is "up the nose with a plastic hose," Carpenter said.

For those who may feel selfconscious about having plastic tubes up their nose, private rooms are available. Lounge areas are used for larger groups.

The process takes 20 minutes. During the first 10 minutes, 99.9 per cent pure oxygen is fed into the body, and the last 10 minutes include a shot of flavoured air.

Franca Galati, 20, a first-time customer, was intrigued by the idea of an oxygen bar.

"It was the first time I've ever tried something like that. It's a feeling I'm not used to, but it was refreshing, and it did energize

The second technique is the one-stop spa. This is receiving the oxygen sitting in a shiatsu massage chair, while your feet are

ly invigorating. It's like waking up from the best nap of your life,"

A third method of receiving oxygen is through the oxygen steam bath treatment. The hot

Carpenter recommended the bath for sore muscles and sore

"It actually cleans out toxins from the body, so that you can see black and brown spots on your

Although her oxygen comes from a medical supplier, Carpenter stresses this is not a medical procedure. This luxury is for calming purposes, to make the mind and

For more information, contact Katie Carpenter at (416) 322-7733, or visit the 02 Spa/Bar on 2044 Yonge St.

According to Statistics Canada, the number of volunteers in this country has dropped from 31 per cent in 1997 to 27 per cent of the adult population in 2000. That means more than 1 million people have stopped offering their time.

"People are reluctant about just giving food, but if they know you, they'll be more likely to support you," Bolton said.

The project has expanded to having bins in their front yard where people can drop off donated

"It was John's idea to put a bin up in his yard. It worked, so then we did it. It has been full everyday when I got home from school,' Quinn said.

Quinn hopes to extend their efforts to future holidays.

'We plan to do this again at Christmas and Easter," he said. We'll try different streets so not to exhaust our neighbours. I hope to make it on-going."

The Daily Bread Food Bank had an unsuccessful Thanksgiving weekend this year with a 30 per cent drop in donations compared to last year. The insufficient supply was tied to dropping the brown donation bags that were enclosed in various local newspapers in previous years.

"I thought [the weekend shortfall] was very weird," Quinn said. "They were blaming it on those brown bags, but that's not right. Everyone should give. It shows people just don't care."

"I've learned how important it is to help the food bank," Bolton said. "And how good it feels to help people. It's a nice feeling to know you are making a positive difference.

For more information on how to help the Daily Bread Food Bank, call 416-203-0050.

## Take your pick

By AMBER TOUTANT

Ready for an autumn trip you can. really sink your teeth into?

It's apple season and orchards are at the peak of productivity. It may not have been a good year for farmers out west, but growers in Ontario have managed to produce great crops.

Joe Ferreira, owner of Domal Orchards in Mississauga, said there's quite a selection right

"I've got 27 kinds of apples. Red Delicious, Golden Delicious, McIntosh," Ferreira said. "You name it."

According to the Ministry of Agriculture, the average yield of apple crops have been around 13.5 million bushels per year in recent years. The McIntosh topped the yield making 34 per cent of all apples harvested.

The dry spells that troubled the west all summer were particularly damaging to the crop yield, but Ontario farmers were able to avoid this thanks to the weather. and in part, the great lakes. The best growing conditions are located in the Niagara Escarpment,

specifically the tiny strip of land that runs along Lake Ontario and lies between Hamilton and Niagara Falls.

Although Thanksgiving has come and gone and the busy season is over, the trees are still filled, and the orchards still have a lot to offer.

"[People] come for the pumpkins, the apples, the squash," Ferreira said.

There are many orchards just outside Toronto, but most require a bit of a drive to get to. Not only is it a great opportunity to get some fresh air, but you are getting some fresh-picked fruit in the

If you live near the Brampton area, it's not very far to get to Kevin T. Speirs Orchards.

It's a long way for Laura Thompson who lives in downtown Toronto, but the fruit is well worth the drive.

"I like the fact that you can chose the apples you want, not like at the grocery store when you might not get the best quality," Thompson said. "Here, you are your own quality control manag-



Try picking these instead: Apples are a great way to support Ontario produce.

# New Year's & Spring Break

20,000 students partied with us last year! Montreal from \$229 Quebec City from \$229 Daytona Beach from \$199 Panama City Beach from \$299 Acapulco from \$1249





breakaway@ddf8 905,501,9774 or 1.800.465.4257 www.breakawaytours.com

nt. Reg # s 2267878 & 2422707, Prices will vary depending on departu point. Above prices based on max. occupancy. Call for hotel, taxes and transportation info. Terms and conditions available at time of booking

me," she said.

massaged in warm water.

"Your head clears up, it's total-Carpenter said.

steam opens up the body's pores.

towel," she said.

body feel at ease.

# Sports Soccer team wins again

#### Hawks reach final four after playoff victory

By MATTHEW IABONI

The Humber women's soccer team qualified for their sixth consecutive OCAA final four this weekend with a 4-0 win over the Royal Military College Paladins at Valley

The Hawks went in to the game with a regular-season unbeaten streak spanning four years after finishing with a 5-0 thrashing of the Mohawk Mountaineers last Thursday, Humber went 8-0-2 and captured first place in the Central West Division, setting up the match with Paladins in the playoffs.

Sandra Coelho ensured the Hawks started off on the right foot scoring in the first minute of play.

She added her second of the game when her cross intended for Emilee Barrington went off a Paladin defender, giving Humber a 2-0 lead before the 15-minute

"The girls made it a point to start off strong because it would change the whole tone of the game and it did," said co-coach Vince Pileggi. "Getting off to the quick start made the girls relax and play

"I expect to win, I think we've improved from the beginning of the year and I think we definitely have the potential to come away with the gold medal."

Offensive leader Joanna Vitale scored her first of two mid-way through the first half as the Hawks built an insurmountable lead, Vitale added her second goal late in the game.

By advancing to the final four this weekend in Kingston, the Hawks are now in for their biggest games of the year.

"It's an accomplishment. We look forward to doing well there,' Pileggi said.

He feels it will be a difficult semi-final against the Durham

Lords or the Fanshawe Falcons.

Having first-year players looking to lead the Hawks to a fourth consecutive OCAA title may be too much to ask of such an inexperienced team, but Pileggi doesn't believe it will affect the play.

"At first they might be a little nervous but some of our more experienced players will get a chance to talk to them and tell them what it means to go to provincials and the significance of Pileggi said.

The Hawks are confident they will be able to win a fourth provin-

"I expect to win, I think we've with the gold medal," Hawks championships Nov. 6-9.



it and what is Joanna Vitale rushes downfield leading the Hawks to a 4-0 victory against the expected of them," Royal Military College Paladins. Humber plays its next match this weekend.

improved from the beginning of the year and I think we definitely have the potential to come away

defender Stephanie Wardell said.

The winner of the Ontario title plays in the Canadian college

## Hawks lock up berth in Provincial Finals after 2-0 victory over Loyalist College

By JOSEPH MUCIO

Playing their last home game until next September, the Hawks men's soccer team gave their fans a game to remember.

In front of the largest and loudest turnout this season, the Hawks advanced to next week's OCAA provincial championships with a hard-fought, 2-0 victory over Loyalist College.

With the season on the line. Humber and Loyalist engaged in a bitter, tightly contested match. In the 81st minute first-year midfielder Alex Lopez scored the game winner on a long drive that found its way into the top, left-hand corner sending players and fans into a state of euphoria.

Arturo Alava moves the ball upfield as the Hawks are looking to capture their next OCAA title after taking top spot in the Central West Division.

Scoring Humber's biggest goal Humber's first round of the season had Lopez feeling proud of his efforts after the game. "I'm happy. I don't know what

else to say," he said.

Capping off the scoring was veteran Paul Lombardo who, in the 88th minute, had a partial breakaway down the right-hand side and made no mistake by drilling it low, just inside the post, sealing

Humber's quarter-final victo-

In between Humber's two goals, came some animosity between the two teams.

Second-year midfielder Paul Grugurie was given a red card for his part in a brawl that started after a header attempt by a Loyalist forward, who was ejected from the game.

Head coach Germaine Sanchez said the heated emotion is indicative of what is to happen now that the playoffs have begun.

With a berth now locked up in the provincial finals, Sanchez admits there is no clear-cut favourite this year.

"Anvone can take it now. It all depends on how you play. The important thing for us is that we made it to the final four for the ninth year in a

Almost forgotten after

victory over Loyalist was their 3-0 over Mohawk College last Thursday, which gave the Hawks home field advantage for this past Sunday's playoff game.

On the strength of goals by Arturo Alava, Vito Del Duca and Zarko Jankovic, the Hawks finished their stellar season at 8-1-3, good enough for 27 points and first place in the Central West divi-

With home field advantage coming down to the last game of the year, Del Duca admitted the team had to step up their efforts, knowing Sheridan college was right behind them in the fight for top spot.

game, but big game

players show up for big games. For me personally, it was nice to score that goal and help out," Del Duca

Defensively, the Hawks produced an outstanding season, allowing only ten goals in 12 games. For first-year goalkeeper Aaron double, who recorded the



Humber moves into the provincial finals "It was a physical after their 2-0 win against Loyalist College.

team's sixth shutout of the season against Mohawk, he has seen a steady improvement in the team's commitment to defence.

The Hawks now get to test their talent against the best in the province. The OCAA championships are set to begin Friday afternoon in Kingston.

# Volleyball team getting better

By TODD CLARK

The Humber Hawk's men's volleyball team came up a little short in the semi-finals at the Durham College Killer Instinct Cup on the weekend.

The 12-team tournament was divided into two pools, where each team played in a round-robin format, receiving a point for each set

The Hawks' first match was against last year's OCAA champions, the Loyalist Lancers. The defending champions soundly defeated the Hawks (25-16, 25-21).

Humber coach Wayne Wilkins said his team lacked hustle and work ethic. Their 63 per cent passing game didn't help either.

You need 80 per cent to be successful," assistant coach Dean Wylie said, who noted the team's poor passing performance was unacceptable.

The Hawks came out flying and showed more enthusiasm in their second match, a win over Sir Sanford Fleming, (25-15, 25-18) that earned the squad their first two points of the tournament.

"Humber was just one step ahead of us," Fleming coach Rusty Haines said. "Humber always has a strong team and a strong program and we played a weaker opponent our first game and I guess the guys thought we could sit back a little bit. You can't do that against

Through the rest of round-robin play, the Hawks gave a champi-

onship-caliber effort, beating up Mohawk, Algonquin, and RMC. They finished the round with a respectable eight out of a possible ten points.

"Our first game was a test and we didn't want to put both feet in the door," team captain Hartshorn said. But we came out more enthused (in the rest of the matches) and we just kept pushing each other and making sure every-one does their job."

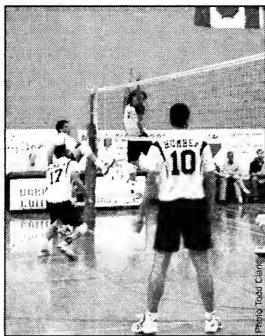
Humber's eight points earned them pool B and a semifinal match against Niagara Knights, in a best

two-out-of-three showdown.

Niagara made fewer mistakes and won the intense series 2-0 (25-18, 25-19).

"Humber played great, but I think we had a little more height on them, which worked to our advan-Niagara coach Kerby Bentley said. "We both have good programs and Humber will always be in the thick of it. I hope we can stay with them."

Coach Wilkins said the Humber



second place in Sokol Sakrama (front) looks on as Matt Singh and Jesse Mabon prepare to get a leg up on the competition at the Killer Instinct Cup.

players can hold their heads high after meeting their objective to reach the semi-finals.

Assistant captain Jesse Mabon agreed the team should feel proud.

"I think we did better than we expected. Some good things happened this weekend and it will bode us well for the rest of the season," he said.

The Hawks next play host to the Humber Cup tournament on Nov. 1 and 2. The regular season starts at home against Sheridan on Nov. 7.

#### **Inside the locker room**

#### Are fans jumping ship on Canadian football?



By DOUGLAS JOHNSON

Toronto sports fans, even though they claim to be Canadian, are in actuality American wannabes.

To prove this, you don't have to look any further than the horrendous attendance at Toronto Argonaut football games.

The Argonauts have been on the Toronto sports scene since 1873, which makes them the oldest franchise

sports Yes, history. oldest. the The Argos been around longer than the New o r k Yankees and

Boston Red Sox.

So how does a team that is rich in tradition average a measly 16,000 fans for a Saturday afternoon game? It's because the wannabe-American, Toronto sports fans believe that the CFL is somewhat inferior to the mighty four-down NFL.

When I get into discussions with people about the CFL, I'm always hit with the line, "The CFL sucks.'

You know what I tell those people? 1 tell them 1 know Argonaut president Mike "Pinball" Clemons and he and I are good friends. "I'll call him up and I will get you a try-out with the team," l

after you've had 6'3" 225 0 Montford make you a part of the grass, I dare you to come

say.

And

back to me and tell me CFL sucks and their players aren't great ath-

empty SkyDome?

This year people can make the

case the poor attendance can be attributed to the Argos sub-par performance.

But let's go back to 1996 and 1997 when Doug Flutie was the quarterback and the Argos won back-to-back Grey Cup championships. The Argonaut average attendance over those two seasons was around 18,000. 18,000 people for a team that had a record of 30-6. That's horrible. What was the excuse then? Were the Argos too good of a team?

Now that Doug Flutie has achieved fame in that "better" league south of the border, we have Toronto sports fans who probably never saw him play with the double-blue, bragging that Doug Flutie once played in

their hometown.

"After you've had 6'3", 225 pound A n d Joe Montford make you a part of while the Argos record hasn't been the greatest, the team has put

some great promotions to make Argo home games a total entertainment package.

Half-time shows included performances by Amanda Marshall, Shaggy, Tony Hawk and boxing legend Muhammad Ali. There's also the \$22 all-you-can-eat Pizza Pizza Zone, where free pizza is served all game long.

The highest priced ticket for an Argo game is \$35, which makes it the cheapest ticket in town. Try buying a decent seat at the Air Canada Centre for a Maple Leaf game for \$35.

But why do the Argos need to have these promotions to attract fans anyway? Is it because peo-

Toronto haven't caught on to what fans in every other CFL city know? That a CFL football

"But why do the Argos need to have these promotions to attract pound fans anyway? Is it becuase people in Toronto haven't caught on to what fans in every other CFL city know? That a CFL game can be exciting?"

the grass, I dare you to come

back to me and tell me the CFL

sucks and their players aren't

great athletes."

Now having only 16,000 fans at a game has some advantages. You don't have to sit beside some big, fat guy eating peanuts, who is taking up his seat and half of yours. But wouldn't you much rather have that guy sitting beside you than being in a three-quarter.

Long gone are the days when NCAA phenom Raghib "Rocket" Ismail tore up the turf at SkyDome, and 51,000 fans made the trip downtown to watch their beloved Argos play.

game can actually be exciting?

Recently I was talking to a man visiting from San Francisco. He had attended an Argo game and wondered why there were so few fans at the game.

He told me he couldn't believe someone would rather cheer for a team in a city they will probably never go to, than eir hometown said you would never hear of a person in San Francisco cheering for the Green Bay Packers.

So there you have it Toronto sports fans. If you want to be like your neighbours to the south, take advice from one, cheer for your.hometown team.

We welcome your input about "Inside the Locker Room". Please send any of your comments to humberetc@yahoo.ca

## Rugby squad ends first season on winning note

By KRISTINE ARCHER

After some early success and midseason adversity, the newly formed Hawks' rugby team ended its season with a win over Niagara College last Saturday.

Coming off of two big losses against Conestoga and Seneca, Humber rallied behind the superstar efforts of inside center Mark Freer and captain Robbin Lindsay to defeat Niagara's Knights 29-5.

"They were the powerhouses in the game," coach Carey French the two pla bout formances, Freer scored two tries in the contest, while Lindsay managed a hat trick.

Niagara proved a worthy opponent, and French said he would love to work with the team next year in pre-season play, to help improve both clubs.

Coach French was also pleased with the team's overall effort throughout the season.

"My goal at the outset was simply not to default on anything," he

"We were very pleased to win three games in the first season," French added, noting that despite their losses, his players never quit.

The team is eager to continue playing, even though their year is

They will compete in an upcoming Ontario Rubgy Union tournament in Peterborough in an effort to stay in shape for next year.

#### Women's hockey team tryout set for next week

By REBECCA VIRGIN

Women interested in playing on a new Humber Women's Hockey Club should get ready to strap on their skates.

After holding a general meeting Tuesday to determine support for the program, the Athletic Department decided to hold open tryouts for a women's squad.

Any interested players can see Jim Bialek in the athletic office

for details and to sign-up,

There will be an inaugural team skate on Monday, Oct. 28 from 4 to 5 p.m. at the Westwood Arena in Etobicoke.

The club will play in Humbers intramural league as well as in extramural tournaments against other colleges.

Experience is not necessary, but players should wear full hockey equipment if they have it.

# Hawks net two more wins

By CORY SMITH

The Humber Hawks hockey team extended its preseason record to 4-0 with two easy victories over Carleton University and Sir Sanford Fleming's Auks.

Kevin Coffey scored two goals in the 6-2 win over Carleton Saturday night at Westwood Arena.

'Carleton worked pretty hard and we didn't play great, but we were in control and in command the whole game," Jim Bialek, Humber's assistant athletic director and hockey coordinator, said.

The Hawks played a more disciplined game Saturday, taking fewer penalties and tightening up defen-

They also out-shot Carleton by a 2:1 ratio while playing solid but not spectacular hockey.

"When you can put out three or four lines of that quality no one is going to take it to us," Bialek

After beating the cross-town

Ryerson Rams 7-2, two weeks ago, Bialek said the Hawks could hold their own in university competi-

The Hawks also beat Sir Sanford Fleming's Auks 16-3 Friday afternoon.

The game saw different Hawks pad their scoring stats in the lopsided contest.

Coming off their big win against the Ryerson Rams earlier in the week, the Hawks came out flying as a fallen Fleming Auk lies helplessly in front of his net. The Pugliese scored

the team's first goal just four minutes into the contest.

The Hawks led 4-0 after one team allowed.

period, but their coach wasn't impressed.

"I thought the first period we

Seth Gray led the scoring binge with a hat-trick, followed by Pugliese, Jamie Chikoski and Jason didn't play very well," said Joe Fortier, who seored two each.

> Single markers to went Scott Barnes, Mike Oliveira, Eric Thomson. Terry Chikoski, Pat Kevin Smith, Coffey and Greg Corbin.

> Chucky Lea and Dag Militky shared goaltending duties for the Hawks.

> Lea was especially sharp, coming up with numerous tough saves, including one in the second period when he robbed the Auks of a sure goal with a

sprawling glove save.

Fortier said the Hawks' balanced attack is the result of players trying to prove themselves.

"Every line has gone out there competing and each line wants to prove that they are legitimate scorers, even the defencemen," Fortier

The second-year winger from Sault Ste. Marie added his team has worked hard and players are buying into the system.

"The work ethic from guys like James Rodak, who has shown a lot of leadership, [has helped] and other guys have followed," Fortier

The Hawks are now 3-0 in the pre-season, but Washkurak isn't about to get complacent.

"From a coach's standpoint, it's great," he said. "[But] you can always be better."

The coach admitted the team is progressing quicker than he

"I knew we had a talented team but we can really skate out there and we're further ahead than I thought we would be."

# B-ball team captures third Ladies serve up bronze place at Dawson tourney

Humber defeats Sheridan, wins bronze medal

By DOUGLAS JOHNSON

The Humber Hawks men's basketball team captured the third place trophy this past weekend at the annual Dawson College tournament in Montreal.

The finish tasted even sweeter for the Hawks after a hardfought 83-81 victory over archrival Sheridan College in the bronze medal game.

Trailing by as much as nine points, the Hawks went on a run late in the first half to cut Sheridan's lead to only one point

With the teams trading buckets for the first five minutes of the second half, Hawks forward Neriya Tsur slammed down a powerful two-handed dunk which brought the Hawks bench

The dunk started an important run by the Hawks as they gained a sizeable lead over Sheridan midway through the second half.

With Sheridan slowly closing the gap, Tsur, who led all Humber players with a game high 20 points, made another big play, as he stuffed a Sheridan player going in for lay-up.

Jeremy Walters then picked up the ball, moved it to Raymond Morgan who nailed a clutch jump shot at the other end of the court.

Walters, who was the game's MVP, said the win over Sheridan was a big morality booster for the

"Beating Sheridan, our archrival, in this tournament for the third place victory is pretty uplifting," he said. "Knowing we can go

The Hawks, who played a grueling five games in three days, used the tournament to get more familiar with each other on the court.

The Hawks' Jamie Chikoski waits for an opportunity to pounce

Washkurak, who was frustrated by

the number of odd-man rushes the

Hawks crushed the Sir Sanford Fleming squad16-3.

That's what tournaments are for," Hawks guard Shane Dennie said. "It's all about the learning experience, you learn, and you get better each game."

The Hawks opened up the tournament with a slim Montmorency College.
The Hawks played well

for most of the game as they showed great hustle and ereated a number of steals.

In the second game, the Hawks played a strong second half putting up their highest point total of the tournament with an 88-67 Champlain over College.

Hawks guard Raymond Morgan said the reason the team played a better second half was because they didn't

"At first we would try to force things, but as soon as we didn't force things and we stayed patient, that made the difference," he said. "We were looking for our shots and hitting the open shots, it's all about hitting down the shots."

The Hawks dropped the third game of the tournament with an 67-75 loss to Vanier College. In the last game of the

round robin, the Hawks lost a hard fought battle with host Dawson College, losing 56 to 60. The Hawks play their second of

three straight tournaments this weekend at the Raptor Cup tournament in Toronto.



After winning 11 games in a row, clinching first place in their pool, and making it to the semi-finals the lady Hawks ran into a roadblock this weekend at the Sheridan tournament.

The women's volleyball team lost to Glenville State College, a

team from West Virginia, but came back to defeat Mohawk College to take third home place.

"I just wanted to win and get it over with and go onto the finals but we didn't win," first-year player Risha Toney said.

"We had to play another one and I was, like, let's just do it, let's get it over with."

ning the first Risha Toney get set to compete game against Mohawk (25-21), the Hawks fought and lost a close second

game went back and forth but the wins against Michigan (25-20, Hawks came out on top, beating Mohawk (15-13) and securing a bronze medal.

"I wasn't afraid at all," rookie Elizabeth Salas said. "I think we all felt confident enough to win against those guys. That's why we kind of relaxed in the middle.'

The team was pleased with the results, but was disappointed they didn't make it to the finals. Many - was partially to blame.

"They did three wrong calls. I think that kind of brought us down," Salas said.

"I think [the officiating] sucked," Toney said. "They didn't train the linespeople proper-

The tournament was a good

look at what the competition will be like for league games

this season.
"We serve tough, execute on offence and pass the ball, Those are the things we're good at," head coach Chris Wilkens said. "We're a run and gun team."

In tourna-ment play, the Hawks split their first two games with Mohawk, losing the first (20-25), then they roared back to



win (25-10).

They then faced Boreal and won those two matches convinc-The momentum in the third ingly (25-9, 25-15). Next came a 25-13), and versus Sir Sandford Fleming (25-20, 25-17). They finished pool play with a win against Niagara (25-19, 25-17). In the quarter-finals they beat

Georgian College (25-17, 29-27), but lost in the semi-finals to Glenville State (26-24, 25-18).

Humber's next games are this weekend against Confederation College in Thunder Bay.



Morris Spence tries for a bucket during the Dawson tounament last weekend.

back home with something to build on is important."

The Hawks received excellent support in the bronze medal game from players coming off the bench as Aron Bariagiabre and Tamique Young had 19 and 14 points respectively.

## Et Cetera 30th

# Newspaper celebrates 30 years

newspaper transformations.

cance to newspaper reporting.

McDayter said.

The students pressed the bor-

He said there was a vibrant

ders and stretched the concept of

what Journalism was all about,'

mood on campus back then, and

spent 18-hour days at school.

that Journalism students often

"They learned an awful lot

from

Journalism program

the

and they taught me an awful

By CAMILLE ROY

Third time lucky!

It took three attempts but Humber College students finally found the formula to run a sucessful school newspaper. It was called Coven, a newspaper run entirely by the students in the Journalism program, and first published in 1971.

Greig Stewart, the paper's first editor in chief, was responsible for the successful conversion.

"Hum Drum (the second attempt) was going nowhere because it was an administration newspaper," Stewart said. "It was financed by the college, edited by the college and censored by the college, and they basically approved every article that went in

Stewart said he agreed to become editor only if the school's adminstration did not interfere with the editorial process and if he could

SMOKING IN CLASS
BANNED
BE BANNED
Pressure mounts,
Wragg in middle
Wragg in middle change the name of the paper. came because at

time, some of the Journalism students were working on projects about the occult, Stewart said.

"A coven is a gathering of witches, which I guess was tied to the occult stuff that we were writing about in those days," Stewart said. "But it's also a gathering of intellectuals who get together to decide what was going on.'

Stewart said they published articles about risky topics at the time such as the women's rights movement and the gay community.

"It was quite exciting and quite interesting, but we weren't really in it for us," Stewart said. "We were in it because we wanted to be in Journalism. We wanted to graduate and be newspaper reporters."

Walt McDayter, at the college since 1967, was a teacher in

the Journalism pro-

lot," McDayter said. "We were fuelled by enthusiasm." The trend of enthusiasm has continued over the vears. lan Adams worked as editor for Coven for two months before graduat-

so did the coverage Now senior reporter at the McDayter said that during the Bulletin Enterprise late sixties the Journalism program Collingwood, he said he has great "started bringing back a signifimemories from his time at

As college expanded,

most was the teachers' strike in October 1989.

During the month-long strike, Journalism students published a couple of issues under the old name of the first paper, Ad Hoc.

Humber, but what he remembers

"We had no benefit of teachers to guide us," Adams said. "But we wanted to keep the school informed."

Terri Arnott, editorial advisor for the newspaper for 15 years, also remembers the 1989 strike, as well as other quirky moments throughout the paper's history.

One night, she recalls, the equipment broke down just before deadline, and all the newsroom staff jumped in her car and went to Metroland to finish the paper.

Arnott was also there when the paper changed its name from Coven to the current name of Humber Et Cetera.

She said that for many years students had been phoning for interviews and saying they were from Coven, but people had a hard time understanding what it was. So in 1993, after many discus-

sions, proposed names and arguments, the name changed.

Arnott said the name Et Cetera

was chosen to reflect the fact would no longer be just about the college.

"They would cover Toronto and the community," Arnott said. "It would be about Humber plus a whole lot more . . . et cetera."

Arnott also said students working on the newspaper have had an excellent relationship with the school administration.

"Over the years, the students have enjoyed an incredible sense of autonomy," Arnott said. "Students enjoyed the trust that the college has placed in them to be fair and accurate."

Nancy Burt, Journalism program co-ordinator for 13 years, shares some of Arnott's feelings about the relationship between the newspaper and Humber administration.

"The school administration has always been extremely helpful and supportive of Journalism students and the program," Burt said.

She said that the only problem she ever had was with some deans who don't like to be interviewed because they were concerned about bad press.

"I would get phone calls from people screaming down the line every week," Burt said.

But she said she would tell them that the Journalism students were behaving as they're supposed to.

Over the years, Coven and Humber Et Cetera have won hundreds of awards provincially, nationally and internationally.

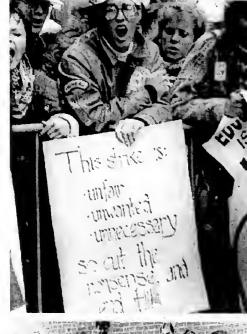
important to be putting a paper out to be judged by the world, Arnott said.













# Media grads share memories

By JASON BAIN

Where did they go? Former Humber Journalism grads have found media jobs coast to coast.

Steve Buffery Buffery is currently working as a basketball reporter and writes a TV sports column twice a week at Toronto the Sun. He has been with the Sun for 18 and a half years. starting out as



Steve Buffery

a harness racing reporter and then spending about 15 years as the Olympic sports and boxing reporter, covering seven Olympics, numerous Commonwealth, Pan Am and Goodwill Games, world track-and-field championships, many world title fights and figure skating championships.

Buffery says his time at Humber was "too good". In fact, he never went to class in second-year and "got turfed." He had a "marvelous time covering the hockey team" for the school newspaper and met many wonderful teachers, some of whom he remains in contact with today.

#### **Bob Barnett**

Barnett is the editor of Pique Newsmagazine, in Whistler, British Columbia, which he started with two partners in 1994. The partners have since left, leaving him as editor and his wife Kathy, who has a background in business, as publisher. The paper will be eight years old in November, averaging 72 pages a week, with an editorial staff of five, including Allison Taylor, who graduated from Humber two years

#### Pauline Chan

Chan anchors the CFTO 11:30 p.m. news with Bill Hutchison, and works on the 6 p.m. news health program, Lifetime.

Chan graduated with an Honours B.A. from the University of Toronto, with a double major in English and Drama. After a stint with the campus radio station, she took the post-graduate Journalism program at Humber. Chan "jobbed out" when she was hired as an editorial assistant at Global TV. She also reported for and hosted Global's weekly show Kidsbeat before moving to

#### CFTO in 1991. Cameron French

French works at Reuters covering the Toronto Stock Exchange. French graduated from Humber in 2001 and turned his internship at Reuters into a part-time, and full-time, eventually job. He attributes it to good timing and a good education.

"I enjoyed my time there. It gave me a head start and the handson experience," he said.

"It was a steep learning curve but because of my Humber background I felt confident."

French's best memory of Humber was when he was working on the Christmas issue of the Et Cetera. The newsroom decided to take out their computer aggression on a computer monitor. They smashed it up, and videotaped the experience for the Web site.

#### Antonella Artuso

Artuso is Sun Media's Queen's Park bureau chief, covering Ontario politics full-time at the Toronto Sun. She said she went to Humber straight out of high school with only a vague idea about working in journalism. Her work placement turned into a full-time job three years later at a community newspaper. Soon after she started at the Sun's crime desk, moved to City Hall and now Queen's Park.

"I realize how much of what the instructors taught was utterly relevant even though at the time it just seemed like fun," she said.

#### **Bruce Corcoran**

graduated from Corcoran Humber in 1988, and is now the assistant managing editor of the Chatham Daily News. After graduating from Humber, he worked at Lindsay This Week, in Lindsay, Ontario, as the sports editor. Two years later he became a news anchor and reporter at CKLY, Lindsay's AM radio station. In

1994 he moved across town to the Lindsay Daily Post where he held positions as sports and city editor, before moving to Chatham in 2001 to cover civic affairs as the City Hall reporter.

Corcoran enjoyed his time at Humber.

"I got a great wellrounded education," he said. "The instructors were great hands-on peo-

What he remembers most about Humber: Jim Bard's turtleneck

#### Zenon Ruryk

Cameron French

Ruryk is the City Hall bureau chief for the Toronto Sun, meaning he is responsible for ensuring the Sun is on top of newsworthy events at City Hall, where his office is located. He has worked at the Sun since he graduated Humber in 1984, holding a variety of positions such as assistant city editor,

Queen's Park reporter, court reporter and environmental reporter.

Ruryk's best Humber memory was after somebody shot a windshield in the school parking lot with a BB gun, and the paper ran a headline that read something like "SNIPER LURKS AT HUMBER." His staff advisor rightfully freaked

#### Gregg McLachlan

McLachlan is the senior news editor at the Simcoe Reformer, a daily located in Simcoe, Ontario.

When I came here 10 years ago, I never thought a Torontonian like myself would stay in a town with a population of 15,000," he said.

"But here I am and I'm loving it, and grooming some pretty good young reporters to a consistent pat-

tern of national journalism awards against big city competition."

McLachlan said Humber was a terrific training ground.

'My time at Humber was awesome," he said.

"My teachers were great mentors. Their approach to teaching journalism has helped me teach many high school co-op students Gregg McLachlan Radio, Television and about journalism and

given me excellent skills in further training j-school grads."

"Often, when our daily newspaper has staff openings, I'll call Humber because I know that I'll get quality graduates who can step in and do the job," he said.

"From experience, I can't say that about every other j-school out there."

#### Ann Marie Green

Green anchors Cablepulse 24 and reports for City TV and CP24 in Toronto.

She too, attended Humber as a post-graduate and learned through volunteer experience at places like The Dini Petty Show, CFTO news, 640 radio and Rogers Cable 10. Eventually she got the opportunity of a lifetime when she interned at CBS news in New York City, and when she returned home she worked at The New VR in Barrie

for three years doing everything from reporting to anchoring. She joined City TV in 2001.

#### KC Colby - The New

Colby is the "Guide to VR Land Videographer" for The New VR in Barrie, and a graduate of Humber's Journalism school, as well as Centennial College's

Film program. Colby interned at TVOntario and Rogers Community television in Mississauga.

#### The Toronto Sun

(which is only one year older)

congratulates Humber College on its 30th anniversary

A toast to a unique learning establishment which has educated an exceptional group of young men and women over the last three decades



an excellent job by an excellent college

#### Congratulations Humber, Et Ceteral

Thirty great years keeping us informed.



Thanks. Your Teachers, Counsellors and Librarians Humber College Faculty Union We salute the courage of journalists risking life and limb to bring home the stories the world will not forget.



Genters prints a Notkwise Inchi above. The World Trade Center New York City, Sept. 11, 2001, Inch by Jeff Christonsen. Microst clashos, Gaza Israe, January 2, 2001, chat, by Christopher Jadythan, The Americas Summit Our hot City, Carobo, Ann 22, 2011, phat by World City. Carobo, Ann 22, 2011, and by World City. Carobo, Ann 22, 2011, and by World City. Carobo, Ann 22, 2011, and by World City, Lay 2011, and by Win Marking.









REUTERS :

TEXT • PICTURES • TELEVISION