



## Valentine's Day

Hearts, Chocolates  
and sex toys  
p.10

## Inside Humber

All about the programs  
you thought you knew  
p.15



# HUMBER ET CETERA

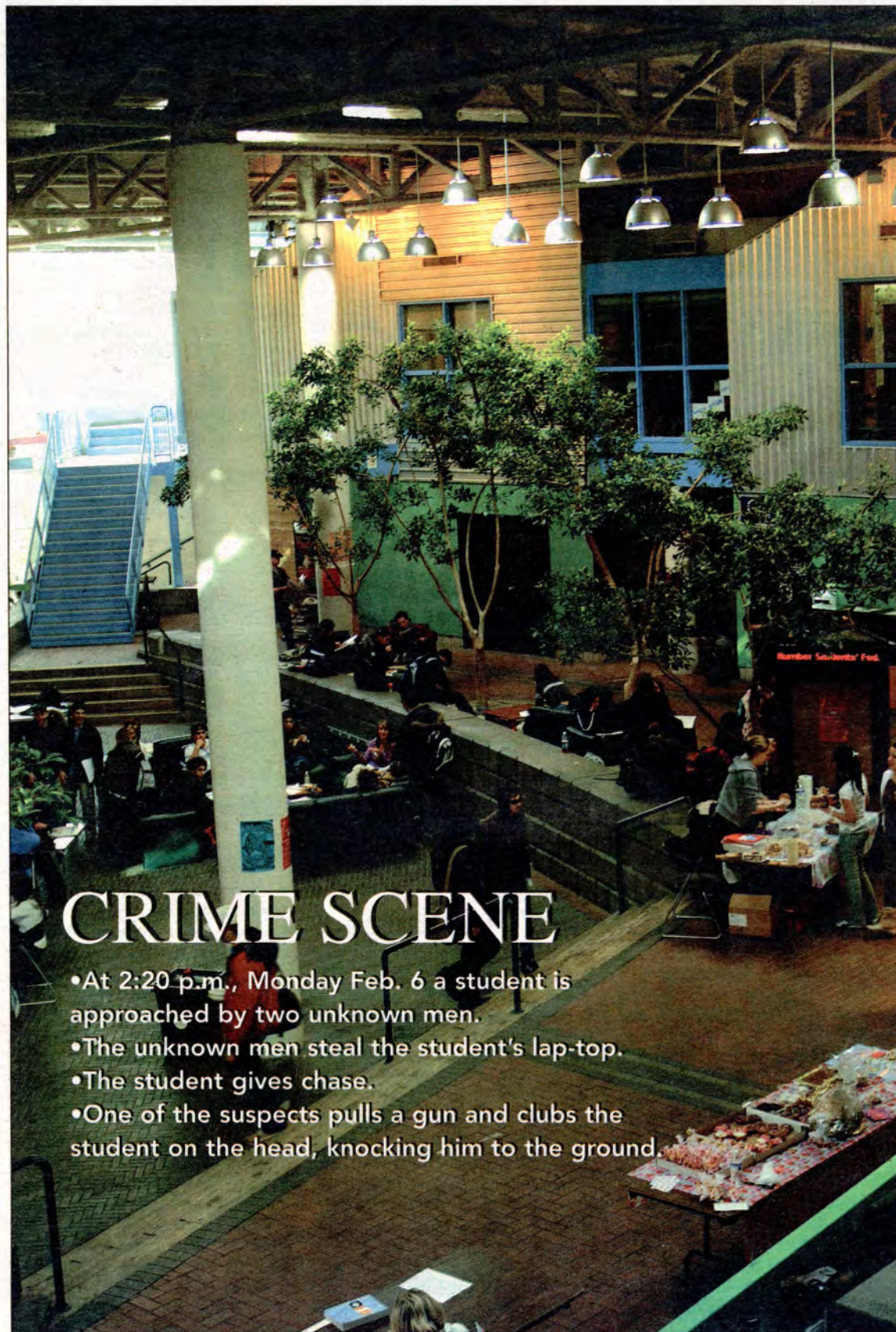
February 9, 2006

<http://etcetera.humberc.on.ca>

vol. 36 no. 16

## Student mugged in centre

### Victim pistol-whipped after chasing two suspects who stole laptop



by zoe szuch  
CRIME REPORTER

A student was robbed of his laptop and struck with the butt of a gun in the Student Centre at North Campus Monday.

At around 2:20 p.m. the victim said he was working with his laptop and eating his lunch on a couch when two unknown men approached him.

The first suspect unplugged the Sony laptop, grabbed it and ran, the Humber student said.

The victim, who wishes to remain anonymous out of concern for his safety, said he got up to chase the thief and was hit in the head with a hard object by a second suspect.

He said he was hit twice before he saw the object he was being hit with was a silver-coloured gun.

"I thought about it very quickly when I saw the gun and decided that a laptop isn't worth (my life)," he said. "Maybe someone else would have fought back a little more and got shot."

Gary Jaynes, Humber's director of public safety, said "some people thought they saw the gun, and other people said they weren't sure."

Jaynes said that this is the first time gun-related violence has occurred on campus.

The victim saw the second suspect, who had covered parts of his face, flee through Student Centre doors which lead out near the amphitheatre.

He said so much blood poured down his head he couldn't see out of his left eye.

He ran to get help.

Campus security, police and ambulances were called, Jaynes said.

Toronto Police Detective Domenic Sinopoli with the major crime unit at 23 Division said the canine unit searched the southern part of campus in the valley area.

The victim received eight stitches in his head at a local hospital and was released.

Jaynes confirmed at least one image of the suspects was captured

by the campus security system. He said the security tape evidence is being reviewed by police at 23 Division.

The suspects have not yet been identified, although at least five witnesses have given statements to police already, Jaynes said.

Superintendent Ron Taverner of 23 Division said "we believe that the people involved in this were not students at Humber. They were intruders. They were trespassing."

Taverner said security at Humber will increase in the future.

"You'll see higher visibility of uniformed officers than in the past. They will be in the hallways, they will be asking for student identification," he said.

The victim said, "I'm terrified for my safety and for other peoples' safety."

**"I saw a gun and decided that a laptop isn't worth my life."**

— The victim

Information about this incident has been posted on safety notice boards across campus and all Humber employees have received voice-mailed security alerts.

The public safety department at Humber has released a description of the suspects. The first is male, black and was wearing a three-quarter-length-jacket and black toque. The second suspect is male, black and was also wearing a three-quarter-length beige jacket and beige hat, which may have been a fishing hat.

The victim said both suspects looked like they were in their mid-20s.

Police are asking people with information to call 23 Division at (416) 808-2300.

If they want to remain anonymous to call Crimestoppers at (416) 222-TIPS.

A reward of up to \$1,000 is being offered.

## CRIME SCENE

- At 2:20 p.m., Monday Feb. 6 a student is approached by two unknown men.
- The unknown men steal the student's lap-top.
- The student gives chase.
- One of the suspects pulls a gun and clubs the student on the head, knocking him to the ground.

brian bento



Faculty strike vote, p.3



Reading week ideas, p.9



Less than Jake review, p.10



"Our students are the most valuable asset we have for strengthening Ontario's economic advantage." – Chris Bentley, Education Minister.



julia strojnik

A panel of media personalities, including, from left to right, *Globe and Mail's* Ian Brown, CBC's Garvia Bailey, McClelland & Stewart's Doug Pepper and former TVOntario host Tina Trebotnjak speak about how they use books to their advantage in manouevring through life and through a first date.

# Toronto kicks off reading month

## Initiative celebrates city's libraries and love of reading

by julia strojnik  
NEWS REPORTER

Reading can save your life, said a Toronto comic, but not in the "I read (*A Million Little Pieces* author James) Frey and it saved my life and now it's not true I'm going to die" kind of way.

Lawyer-turned-comedian Maggie Cassella got people laughing at Keep Toronto Reading last week by recounting her life-saving experience while on a first date.

"How much people read on a daily basis is a key to getting to

know who they are and if you want to be around them," said Cassella, who got turned off when her date told her she had over 150 real-life murder books and could commit the perfect crime.

A panel of journalists and media personalities came out to support Keep Toronto Reading month last week at the Toronto Reference Library in the hopes of getting people excited about reading.

The panel, which included CBC Radio producer Garvia Bailey and the *Globe and Mail* writer Ian Brown, spoke about how their

favourite books have inspired them. "You can tell when a book is going to get inside you in eight lines," said Brown, who was inspired to become a writer by reading Hemingway.

During the event, Doug Pepper, president of McClelland & Stewart Ltd, publicly apologized for never returning *Sexus* by Henry Miller to the library, a book he attributed to helping his sexual education.

Keep Toronto Reading is a new initiative by the city of Toronto to commemorate the role libraries play in the lives of Torontonians, said host Tina Srebotnjak, adding the Toronto library system is the biggest system in North America with 99 branches throughout the GTA.

"Keep Toronto Reading embraces our literature culture and offers it up to every Torontonian free of charge," said Councillor Kyle Rae (Ward 27, Toronto Centre-Rosedale).

Event co-ordinator Linda Dunlop said the Toronto Public Library has planned activities all month to get people excited about reading and change the library's stiff image.

"We hope that people will celebrate the love of books and reading and helping out the library a little bit," Dunlop said.

Events run all February and include feature speakers such as sex show host Sue Johanson, actor Gordon Pinsent and CBC Radio personality Matt Galloway.

## Reading list

Check out these titles suggested by members of the panel.

Garvia Bailey:

1. *What We All Long For* by Dionne Brand
2. *George & Rue* by George Elliott Clarke

Ian Brown:

1. *U and I: A True Story* by Nicholson Baker
2. *Great Plains* by Ian Frazier
3. *Heaven and Earth: Unseen by the naked eye* by David Malin and Katherine Roucoux

## New programs to start in fall

by nicole blake  
NEWS REPORTER

Humber College has added two new Bachelor degree programs, one in information science and another in tourism management.

The programs will combine in-class instruction with an industry placement and begin this fall.

The new additions have been developed to fulfill demands in the private sector and give students an advantage in the job-market, according to Humber president Dr. Robert Gordon.

He said the new courses not only had to meet "high standards,

but would also have to be in areas not presently offered at the universities."

The Bachelor of Applied Information Sciences, Software Systems will prepare students for jobs like software developer, business systems analyst or network engineer.

"It's really about providing pathways and opportunities for our students," said Gordon about the new degrees. He said the new programs are "very precisely focused, and (designed) as subsets of bigger fields."

Offered at Humber's North Campus, it will provide students

experience with industry standard software as well as a paid co-op.

The Bachelor of Applied Business, Tourism Management program will give students the opportunity to learn the Canadian side of the tourism industry and will train students for career possibilities both abroad and in Ontario.

"The tourism management program will be offered at the Lakeshore Campus as a joint degree with hospitality and business," said Eloise Etcubanez, admissions officer at Humber. "The course is unique because it focuses directly on the business side of the tourism industry."

While other colleges in the GTA offer similar courses, Gordon said the Humber curriculum is taking cues directly from the private sector to "offer students opportunities in the 21st Century."

## Sex expert Sue Johanson sets up shop on campus next week

by jaimie kehrer  
NEWS REPORTER

Have a burning question about cock-rings? You're in luck.

The brash, blunt, goddess of sexual health, Sue Johanson, will be making pit stops at both Humber campuses next week during her cross-country visit to post-secondary schools.

At noon on Feb. 16, students can finally get answers to those awkward x-rated questions when Johanson hosts a talk in the student centre. She will be making a similar appearance at the Lakeshore campus on Feb. 13.

"You can go just for fun, or you can go and learn something," said HSF programming director Aaron Miller. "It's educational, but she answers questions in an entertaining way."

A popular sexual health educator and speaker, Sue is widely known for her work on radio and television with the *Sunday Night Sex Show*. The live call-in series originally began in 1984 on Q107, before moving to AM640.

On topics ranging from dildos, to g-spots to threesomes, Canada's foremost sexual educator is comfortable with all things sex.

"In my opinion, it's a great program," said Miller of the campus-wide lecture series. "It's important to have those issues out there, and she doesn't do it in a vulgar way."

Johanson will speak at Lakeshore Campus in the H Building cafeteria, at noon on Monday, Feb. 13. Johanson will also be on hand at the student centre on the North Campus at noon on Thursday, Feb. 16.



The March 2004 two-year agreement between Ontario colleges and their professors was reached within mere hours of the strike deadline. — CTV.ca.

# Faculty votes in favour of strike

## Expect a picket line unless there's progress this month

by jan kurt stobernack  
NEWS REPORTER

Faculty lined up to vote in support of a province-wide strike mandate Tuesday, sending management a message to negotiate their contract or they'll walk off the job.

"Now we prepare for a strike that will happen on March 7 if management doesn't negotiate," said Maureen Wall, president of Humber's Local 562 of the Ontario Public Service Employees Union.

The almost 8,900-member OPSEU union voted an overwhelming 80.4 per cent province-wide in favour of a strike. Humber faculty supported with 67 per cent of those who voted, voting in favour. Turnout at Humber was 50.4 per cent, the lowest of all the colleges.

The fundamental issue the union is pressing is change to the workload formula, which it said will translate into better quality of instruction for the students.

Management and faculty negotiators have been at odds on this issue since the end of their contract last August.

Contract negotiations broke off on Jan. 24 over the workload issue. The two sides decided not to

resume talks until the strike vote has taken place.

If no progress is made on the issue, faculty will be headed for its first work stoppage in 17 years.

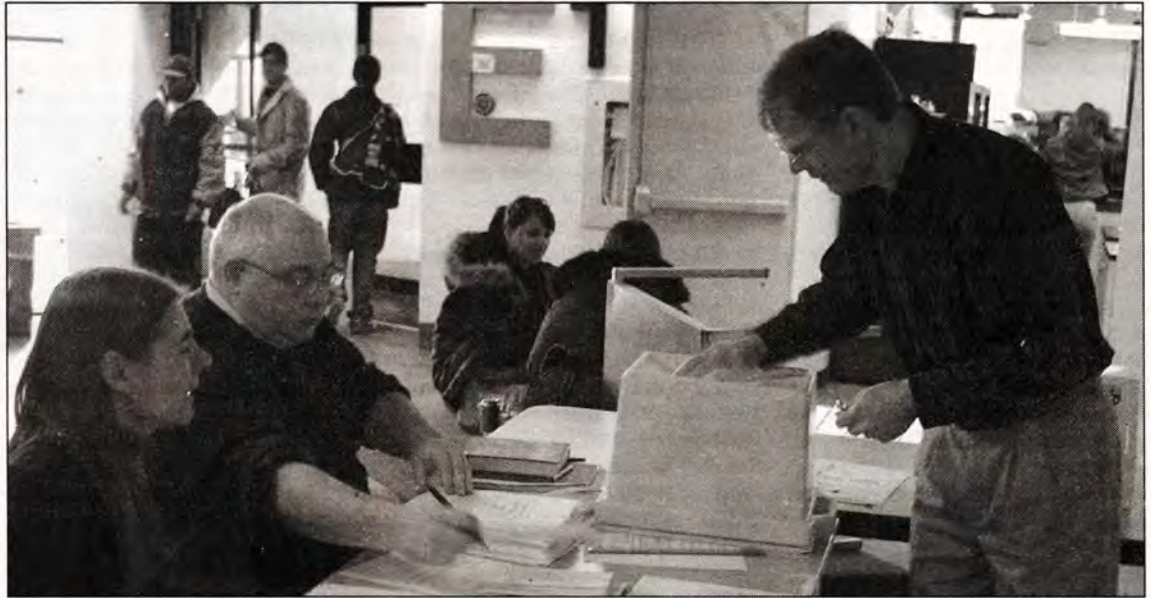
"I think that this vote will tell management to come back to the table with a fair and reasonable offer," said Greg Nepean, a partial load liberal arts and sciences professor at Humber, after he cast his vote. "I'm not paid for any marking or preparation time I do for my students. I just get paid for the nine, six, or three hours that I'm with them."

Nepean said this structure really limits the time he is able to put into the course.

Late last year, the McGuinty government established an \$87.3 million Quality Improvement Fund to improve delivery of education. The goal of the fund is to make changes in education that the students would see immediately.

OPSEU would like that money to be spent on new faculty at the colleges to help ease the workload and increased class sizes. According to a government statement released yesterday, that's what will be happening.

The press release said that Humber will receive more than



brian bento

About 80 per cent of the 8,900 OPSEU members supported a strike mandate Tuesday across the province, which means that they could be in a position to strike March 7.

\$6.8 million from the QIM to hire 10 new full-time faculty and 15 support staff.

"I don't think there is any direct relationship between class sizes and quality," said Deb McCarthy, director of human resources and Humber's liaison between management and the negotiating team.

"What we need is to provide quality programs. That means updated curriculum, better student services, library facilities and equipment ... hiring teachers is

just one form of improving quality."

McCarthy said management can not afford to move on the workload issue.

"There is no new money in the system ... the money the government is providing is a one-time deal."

Wall said she does not trust management's use of that money with its eye on the bottom line and complete focus on efficiency.

"Everything is in our favour. All

the arguments support our facts. It is time for management to listen."

All parties agree that going on strike is the worst possible scenario and an absolute last resort.

The union is also demanding higher wages and benefits.

"If you do go on strike, nobody ever wins," said Ed Hoffmann of the boilermaker apprenticeship program at Humber. "You never get the money back, you never get anything back, you lose ... but sometimes it has to be done."

## Student reaction is mixed to vote result

by laurel sanders  
SENIOR REPORTER

Faculty and students are waiting for the other shoe to drop after Humber teachers in the Ontario Public Service employee Union (OPSEU) voted 67 per cent in favour of a strike Tuesday.

"If we weren't paying for this I wouldn't care," said Ryan Ramirez, a second-year marketing student. "I don't want them to strike."

Not all students are concerned about the potential March 7 strike

date.

"I don't mind if they strike for a week. That's fine with me," said Lina Pallotta, a first-year early childhood education student.

With less than a month for OPSEU and the province to negotiate a new deal, HSF president Joey Svec said it's too early for anybody to be worried.

"I've been here for three years and been through six possible strikes," he said. "Since I've been here there's been so many threats to strike, but it's never happened."

Svec said there's no way to plan for an upcoming strike but student's should be prepared to be back in class after reading week.

"Historically, teachers threaten to strike, they vote for a strike and they use that as a bargaining chip. I'm concerned but I'm not worried," Svec said.

One Humber student isn't as optimistic. Sean Meedham, a first-year heating and air conditioning student remembers a similar situation a few years ago.

"I think (the teachers) will (strike) if it's over money. They've done it before two or three years ago when I was at Seneca," he said.

Meeham may be confident of the likelihood of a strike, but he is unsure where he stands in support of the faculty.

"I think they should for themselves, but they shouldn't for the students. If they go on strike, we lose out on money. There's a lot of students working all summer to pay for their next years tuition," said Meeham.

## City launches apartment standards site

by nicole blake  
NEWS REPORTER

Student renters in the GTA can now access information on poorly maintained or managed buildings through a web site launched by the city's municipal licensing and standards division.

"I have friends who have problems in their houses right now, and they didn't know about the problems before they happened," said Brandon Belez, a second-year architectural technology student. "Sure, they would use a site like that."

The newly launched apartment standards website provides prospective renters with information about buildings that have failed to comply with city bylaws and allows tenants to register and track complaints.

The website includes essential details on the condition of apartment buildings and a history of violations over the past two years for any building with four or more rental units.

Apartment-dwelling students will be able to make complaints or request to have an inspection done by the city online at [toronto.ca/apartmentstandards](http://toronto.ca/apartmentstandards).

## College planner urges students to curb energy consumption

by eileen hoflyzer  
NEWS REPORTER

Humber doesn't have a concrete plan for dealing with rolling blackouts that Ontario's energy agency is projecting for 2008, but is working on it.

"We're actually updating (the conservation plan) right now," said Spencer Wood, project manager in charge of Humber's conservation plan. "We're trying to do quite a number of things to reduce our consumption."

Humber spent \$1.6 million in the 2001 fiscal year. They spent \$2.6 million in the 2005 fiscal year and are projecting \$3.2 mil-

lion for 2006.

Mayor David Miller urged Toronto residents to conserve energy after announcing early last week that the city could face blackouts as early as the summer of 2008 because its demand for electricity is greater than its supply.

Lisa Pearson, spokesperson for the Independent Electricity System Operator, the agency that controls Ontario's electricity supply, said transmission lines are importing electricity into Toronto at full capacity, and conservation alone will do little to prevent blackouts in the future.

"Conservation and demand management can help, but we're

talking about quite a bit of energy," Pearson said.

"Those actions right now won't be able to satisfy the demand needs of the city."

She said the city could build new transmission lines or a new power plant to solve its supply problems.

The agency released a report last Thursday that two of Ontario's coal plants should be kept running past 2009, when they were scheduled to be shut down, to ensure the province has enough electricity. Part of Humber's conservation plan is simply encouraging people to turn off lights, computers, and equipment when they are not in

use, Wood said. The more expensive part involves changing equipment.

"We're working on a project now to change our chilling system, which provides air conditioning," Wood said, "but it's a lot of money."

They're still working out the details, but the project will be going ahead. The total budget to replace the aging equipment is \$2.6 million.

He said students can do small things to help the college conserve.

"If they leave a classroom, turn the lights out. When they're done with a computer, shut it down," Wood said.



Canadian youth, aged 15 to 29, have accounted for 27 per cent of the 15,696 positive HIV cases (4,238 overall) recorded during the period from 1985 to 2004.

# Man charged with spreading HIV across GTA

Experts hope arrest serves as a wake-up call to young people unconcerned with sexual safety

by jaimie kehler  
NEWS REPORTER

The recent allegation of an HIV-positive man spreading the AIDS virus to numerous sexual partners should be a wake-up call to young people who believe it's safe to have unprotected sex, health professionals warn.

A 26-year old American man accused of infecting his former girlfriend and exposing at least eight others is feared to have spread the virus to upwards of 40 young women in the GTA.

Howard Matthews, 26, a former Florida resident, has been living in Toronto under a visitor's visa since 2004, and was arrested last week under a slew of domestic assault charges. Police are encouraging anyone who had unprotected sex with Matthews to get tested and contact the authorities.

"It is paramount that they get tested if they've had any sexual contact with this man," said Constable Randal Cave from the 31 Division Domestic Violence Unit. "All it takes is one (infected person) to spread it to three or four people."

Eight women have already come forward for questioning and are awaiting their HIV test results. Aside from Matthews' former 31-year-old girlfriend, who already tested positive, all the women are between 20 and 28 years old.

According to the Canadian Public Health Association, the rates of sexually transmitted infections amongst young people, including HIV, are the highest they have been in 20 years.

"The reality is young people aren't practicing safe sex these days," said Ian Culbert, director of the Canadian HIV/AIDS

Information Centre.

Police have received a number of anonymous calls related to the case, saying that Matthews regularly frequents nightclubs in the Scarborough area and has been seen leaving with young women.

"It could be upwards of 30 or 40, we don't know yet," said Cave about the possible number of women that have yet to come forward.

"Quite frankly, I don't want to look into those numbers because it's scary," Cave said.

Police are notifying the public through safety alerts and media releases, but Cave is concerned that the message will be missed by young people who could be at risk.

"The problem is many 20 to 22 year olds don't read the paper, don't watch the news, and don't listen to the radio. How are they to know?" said Cave, who believes notification should go up in local nightclubs.

Matthews, who is currently being held at a facility in the GTA, faces at least four charges of aggravated assault, and one charge of sexual assault for allegedly exposing women to the virus that causes AIDS. More charges are in the works.

While no section of the criminal code mentions HIV-related assault, previous court cases have suggested that a crime is committed when one knowingly has unprotected sex with others while HIV-positive.

It is unclear at this point whether Matthews was aware of his HIV status at the time. Police say if his former girlfriend goes on to contract AIDS, the charge could be increased to attempted murder.

At present, there are at least

four active HIV-related court cases in Canada. Johnson Aziga was the charged with first-degree murder earlier this year, when two women he infected with the HIV virus later died of AIDS — the first charge of its kind in Canada. CFL linebacker Trevis Smith was similarly charged with aggravated assault for allegedly exposing women to the virus.

"We don't think criminalizing HIV is the best response," said Leon Mar, director of communications at the HIV/AIDS Legal Network. "It sends the wrong message. It links criminality to their HIV status."

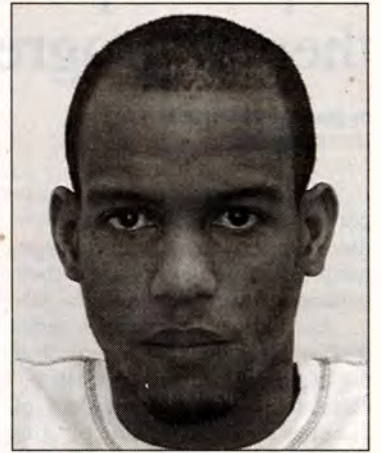
The Canadian Public Health Association is concerned that HIV-positive individuals won't come forward for treatment if the illness becomes a legal matter.

"This is a public health issue, not a criminal issue," Culbert said. "Education is our best tool."

"Young people in this country don't think it's their disease," he said. "They think it's an old gay man's disease, a prostitute's disease, or worse, an African disease. Only once their friends start dying will they get the message."

Sixty-five percent of all positive HIV test results in Ontario have been reported in the GTA. To date, nearly 16,000 people have tested positive for HIV in Toronto. Young people between the ages of 15 and 29 account for nearly half of all new HIV infections worldwide. An estimated 10 million young people are currently infected with the virus.

The HIV/AIDS Information Centre receives annual government funding for a national awareness campaign in an effort to inform young people of the dan-



Howard Matthews is accused of exposing 9 women to HIV.

gers of unprotected sex.

"It's not about trust," Culbert said. "It's about protecting yourself."

Even though free condoms are available to Humber students at the health centre, nurses have noticed an increasing complacency among students regarding the use of condoms.

"I'm concerned," said nurse practitioner Carole Gionet. "An alarming number of students aren't using protection."

"Research is showing that if a guy knows a girl is on birth control, it's more likely a condom won't be used," she said. "But the pill doesn't protect against STIs."

Whether HIV-related offenses will be written into the criminal code is still to be decided. In the meantime, young people are urged to be responsible with their sexuality.

"Don't get me wrong, one night stands are fun," said Culbert, "but protect yourself!"

## Griffith UNIVERSITY

Queensland, Australia

Meet a Griffith representative and discover what study opportunities are available for you at Griffith University.

Griffith University is one of Australia's most progressive, innovative and dynamic universities. Established in 1971, Griffith has recently set up an articulation partnership with Humber College. Strategically located in Australia's fastest growing region — the flourishing Brisbane-Gold Coast corridor, Griffith is a five-campus university with more than 3200 staff and 34,000 students, including 7000 international students.

### Articulation arrangements

For a list of Humber College Diploma's that will lead into one or more of over 300 undergraduate and postgraduate programs at Griffith University, please visit [www.griffith.edu.au/credit](http://www.griffith.edu.au/credit).

### Scholarships

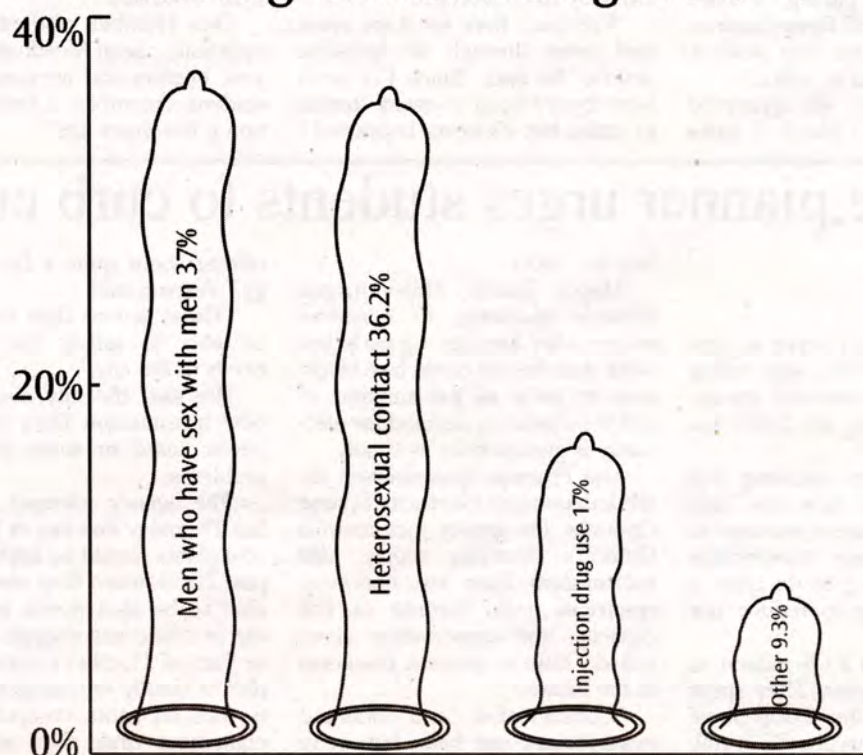
Scholarships are available each year for students of Humber and other Ontario College articulation partner institutions. Applications must be sent to KOM by 1 October for study in February the following year, or by 1 March for study in July. Selection criteria will include academic merit, demonstrated leadership and personal character.

A Griffith representative will be available to discuss study opportunities. Please contact KOM for further information, details and an application form.

KOM Consultants  
PO Box 60524  
Mountain Plaza Postal Outlet  
Hamilton, Ontario L9C 7N7  
T: 905 318 8200  
E: [info@komconsultants.com](mailto:info@komconsultants.com)

CRICOS Provider Code: 00233E

## Most common forms of HIV transmission among Canadians aged 20 - 29



brian bento



A recent Health Canada report indicates youth smoking rates were the lowest ever during the period from February to December of 2004.



andrea damiani

Ontario recently raised its tobacco tax \$1.25 per carton, or 12 to 15 cents per pack. The price increase is part of the Smoke-Free Ontario act, established by the province last year.

## Smoking a more expensive habit

Ontario's \$1.25 price hike expected to deter young smokers, officials say

by andrea damiani  
NEWS REPORTER

Chain-smoking students will find their purse strings strung a little tighter following last Wednesday's price increase.

Ontario Finance Minister Dwight Duncan announced without warning that tobacco taxes on a carton of cigarettes will increase by \$1.25, or 12 to 15 cents a pack.

"Young people are especially sensitive to price increases," Duncan said. "Anything we can do to get them to not start in the first place is a good idea."

The new tax, which amounts to \$24.70, will see the average price of a carton of cigarettes cost over \$67.

Students who were asked what

effect the price increase will have on their spending habits seemed unfazed.

"I don't really pay attention. I just buy them no matter what," said business management student Tiffany White, 18.

The smoking rights association My Choice, which refused to comment to *Humber Et Cetera* on the basis of not wanting to be seen appealing to a younger audience, says on its website that with the tax increase, the Ontario government has not followed through on promises to "use increased tobacco tax revenue to make smoking cessation medication available to all smokers trying to quit."

The tax instead goes into the general revenue pot, said Sean Hamilton, press secretary to the

office of the Ministry of Finance and a Humber graduate, adding the tax Ontario pays on smokes is the lowest in Canada after Quebec.

Alternatively, anti-smoking associations like the Ontario Campaign for Action on Tobacco also criticize the increase, telling *The Globe and Mail* that studies show it takes at least a 10 per cent price increase to create a 3 to 4 per cent reduction in buyers.

The tax increase is part of the Smoke-Free Ontario Act, established by the McGuinty government last year.

The act has a range of programs and legislation, including the complete ban of smoking in enclosed public and work spaces by May 31, 2006.

## Continuing education for Humber grads

Postsecondary business students eligible for BAs, while Postgraduates can attain their MBA

by andrea damiani  
NEWS REPORTER

Lakeshore campus will host an information session this week for students interested in continuing their education at a private American college.

Centenary College, located in Hackettstown, NJ, works in partnership with Humber College to give post-secondary business students the chance to earn a four-year Bachelor of Arts (BA) degree, while presenting post-graduate students involved in those programs an opportunity to earn a Masters of Business Administration (MBA).

Students enrolled in certain Public Relations programs are also eligible.

Many students opt to study online rather than move to Hackettstown, said Ronald Bays, manager of Humber graduate studies at Centenary.

Thirteen Humber students were among those who graduated in a recent convocation, with nine students currently enrolled online. "Centenary obviously thinks very highly of Humber," since this is the best deal struck with any other school, said Graeme Simpson, program co-ordinator of Human Resource Management at Humber. Students who have completed

selected two or three year postsecondary diploma programs in Business Administration, Marketing, Management, Accounting and Fashion are eligible to apply to Centenary for a four year degree in business, merchandising or design.

A student's Humber credits could count for up to 50 per cent of their degree at Centenary.

Postgraduate students, who attend Humber for certain one-year business certificates, are eligible to enroll in Centenary for their MBA, and can also count on their credits to make up 50 per cent of their degree.

The MBA is also available to postgraduate Public Relations students with advanced standing, although such students are unlikely to receive the full 50 per cent transfer credit. Such situations are dealt with on a case-by-case basis, said Pat Meeks, associate dean of the business school.

All interested students, undergraduate and postgraduate alike, require a minimum 75 per cent grade point average and a letter of recommendation from Humber.

An information session for interested students will be held Monday, February 13, at 1:30 p.m. in H105, on Lakeshore campus.

## Famous journalist addresses students on global concerns

by rebecca payne  
SENIOR REPORTER

"I have a nasty feeling that the holiday from history may be drawing to a close."

Gwynne Dyer, best-selling author and internationally published columnist, was at Humber yesterday as this year's fourth speaker for the President's Lecture series. His speech was the first of the series to be simulcast at both the North and Lakeshore campuses, as well as online.

He began with a brief history lesson, outlining the formation of the Triple Entente – the alliance Britain formed with France and Russia, in response to its waning control over the industrialized world in the latter half of the nineteenth century.

Dyer paralleled this to the relationship the U.S. has been cultivating with India and much of Asia since the election of President George W. Bush in 2000. Dyer said the reason the U.S. has formed a military alliance with India is the same as Britain's nearly 100 years ago – to encircle the greatest threat to the U.S. domina-

*"There is now virtually no American alive who can't remember a time when they weren't top dog,"*

– Gwynne Dyer, journalist

tion of the industrialized world – China.

Dyer cited a study that predicted China's gross national product will exceed the U.S.'s in 2040. He said the "classical strategic perspective" of the neo-conservative Bush administration, combined with the fact that Americans are accustomed to being the reigning global power, is the reason the U.S. is making the aggressive move to encircle China.

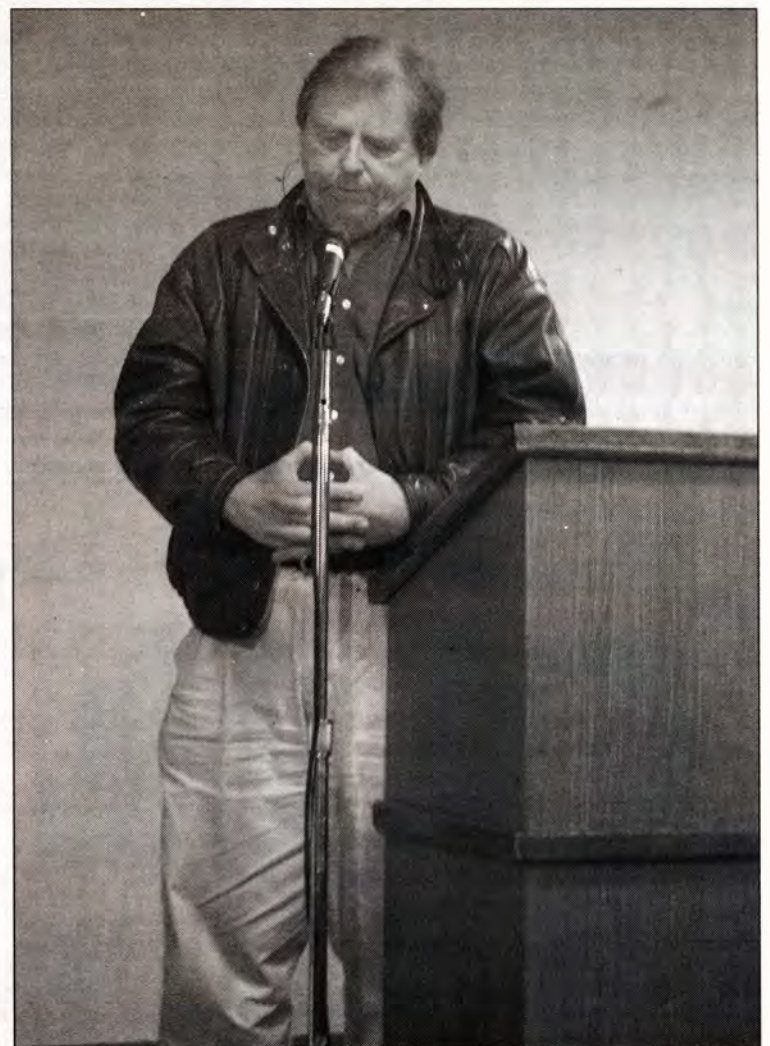
"They've been on top since 1945, and there is now virtually no American alive who can't remember a time when they weren't top dog," he said.

This encirclement is not as literal as it was 100 years ago. There aren't troops moving across India to invade China; Dyer says it is a psychological one. Luckily, Dyer said China has not responded to this threat by arming itself to the teeth. In fact, he said that China has fewer nuclear weapons than Israel. He said that since China's economy balances on U.S. trade, it is unlikely they would take aggressive action against the United States.

"(The Chinese) government is constrained to respond to these threats because they can't afford to disrupt the flow of trade," he said.

Dyer said that it will be a shaky transition for the U.S. when their time at the top comes to an end. As their ship goes down, he said, if their guns are still blazing, the whole world will feel the consequences, as it did after World War One and times before when the Imperialism of Spain, France and England ended.

Dyer concluded his speech saying "There is a remarkable consensus (in the world) that our major task (in the next 40 years) is going to be finding a way to let the U.S. come in for a soft landing."



rebecca payne

Gwynne Dyer addresses students in the lecture hall yesterday.



# editorial

"I hate to advocate drugs, alcohol, violence, or insanity to anyone, but they've always worked for me." — U.S. journalist Hunter S. Thompson (1939 - 2005).

## Two wrongs won't make it right Violence over a cartoon is simply senseless

It all started with an ill-drawn, not particularly funny doodle of the Prophet Mohammad with a bomb-shaped turban. It has degenerated into riots, burning embassies and deaths in the Middle East and South-East Asia. Iran has vowed to cut off relations with Denmark, the country where the original cartoon was published, and Scandinavian countries have warned their citizens not to travel to certain countries.

All this over a drawing.

Depicting Mohammad is strictly forbidden by Islamic law, and doing so, even in a complimentary way, is considered severely blasphemous. The Danish paper received complaints about the cartoon back in October, and publications all over Europe reprinted it early this year to protect freedom of expression, saying that anti-European and anti-Israeli cartoons are routinely published in the Arab world.

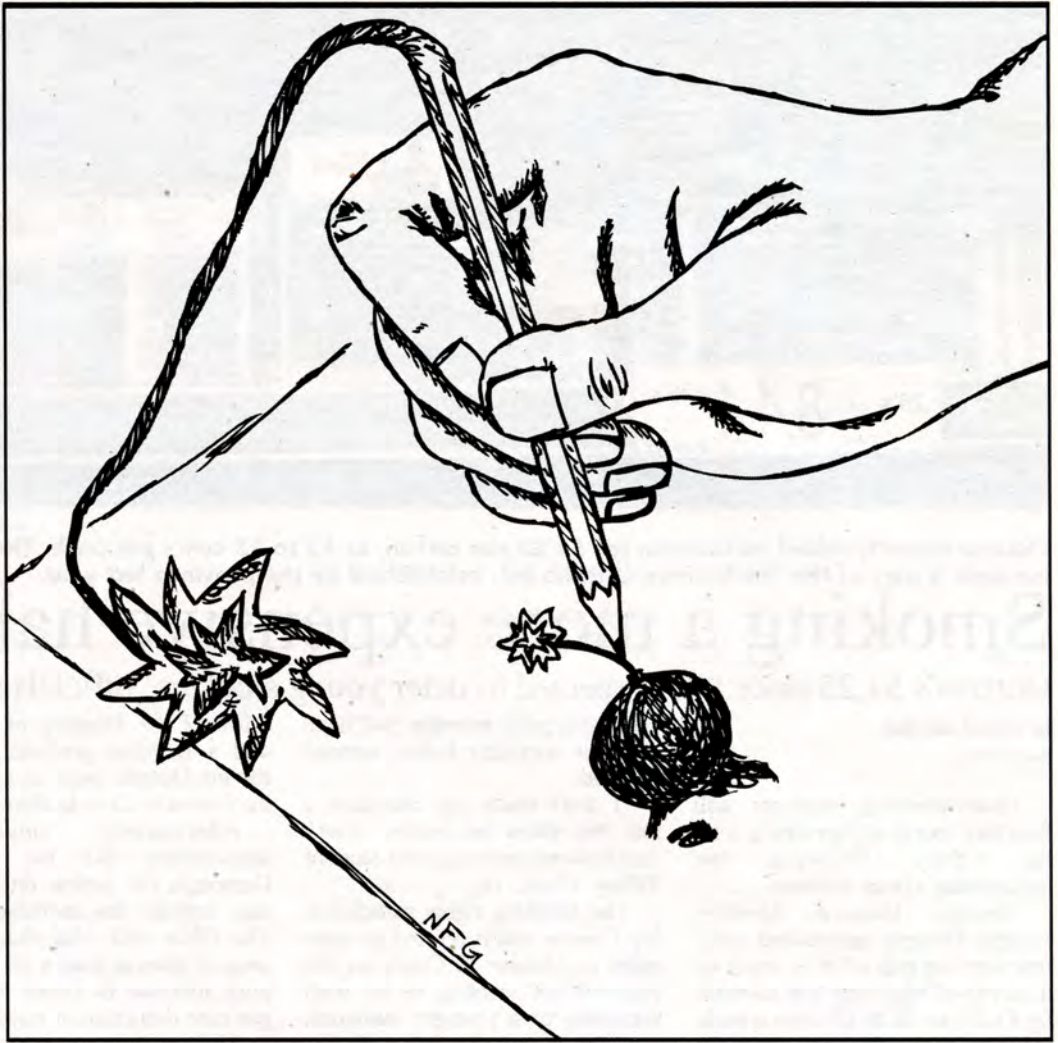
This argument basically says that two wrongs make a right.

Many have compared the current hysteria with the reaction to Salman Rushdie's *The Satanic Verses*, a book

that so enraged the mullahs of Iran that in 1989 they declared a fatwa, a contract on Rushdie's life, and the author had to go into hiding. Anti-Rushdie demonstrations took place and it was years before Rushdie could lead a public life again. The same argument is being used in both cases: that the subject matter misrepresented, insulted and demonized Islam. In both cases, freedom of expression was used as a defense.

There is a marked difference between the two works. Rushdie's novel was a criticism of Islam, but one that raised questions about Islam in an intelligent and respectful way. The doodle, on the other hand, was not only disrespectful in its depiction of Mohammad, but it was a racist comment on the whole Islamic faith.

Freedom of expression is a right that must be upheld, and a right that must, in cases, be fought for. But the re-printing of this cartoon fanned fires that have led to unrest and death in the Middle East. This fight has been taken to unnecessary extremes by both sides; it isn't worth it and it never was.



## On-campus assault an insult to Humber Students need to realize this is their school

On Monday afternoon the North Campus student centre was the scene of an armed robbery. A student had his laptop stolen and was accosted by a man brandishing a pistol. This is something many in the Humber community are familiar with; muggings and shootings around the campus are not as uncommon as we would all hope. The fact this incident occurred on campus, during the afternoon and in a crowded place is what makes this so startling.

We've enjoyed relative security from the crime and violence that has plagued our city over the past year, and it looks as if we've simply been lucky. Having a firearm brought into a place of learning is atrocious enough, but having that weapon used to brutally assault an unsuspecting student is unacceptable.

A college is a place for people to come and receive an education, and as such the threat of violence against any student should be met with the most serious repercussions. We all come to school each day with our minds on our

work, or at the very least without the expectation of an armed confrontation while waiting to get money from the bank machine. What kind of school do we attend when people feel they can break the law and endanger students with such callous disregard? Humber is a much better, safer school than an incident like this would suggest, and as students of this college we should strive to make the actions of those who perpetrated this crime something of the past.

This should serve as a wake-up call to Humber students. We cannot simply treat the problems of this community and this city as the problems of others. When the safety of students at this school is threatened we should all be looking for ways to make this school safer. There will always be calls for more security and more cameras, but all that is required is that students come forward when such incidents occur, and that they keep a watchful eye for people on our campus who look suspicious. Only then can we hope to avoid a repeat of this week's injustice.

## PROPS & BURNS

Our men's and women's volleyball teams for going a combined 4-0 this past week.



The people of Haiti for turning out in record numbers for their elections this week.



Pat Quinn for finally benching Jeff O'Neil for having such a horrible season.



The head ice maker at the Olympics in Turin, Italy, for not allowing a Loonie to be put in the ice.



Stephen Harper for appointing a Liberal to his cabinet when he couldn't find an elected MP from Toronto or Montreal.



Toronto's budget committee for cutting more than \$6 million in proposed funding to the already cash strapped TTC.

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“Go not for every grief to the physician, nor for every quarrel to the lawyer, nor for every thirst to the pot.” — English clergyman George Herbert (1593 - 1633).

## Like it or not it's still a democracy



by **nicole grondin**  
EDITOR-IN-CHIEF

Isn't it awful when a country democratically elects a party that Western superpowers dislike?

Well, horror of horrors, the Palestinian people have done just that by choosing Hamas to represent them, and the big guns of the world aren't happy about it. The road to peace seems to have become a place where Israel and Palestine play an epic game of chicken. And although they're driving tanks, they continue to promise that the peace process is being put 'back on track.'

The death of Yasser Arafat left a vacuum in the Palestinian Authority, one that the ruling powers of the West weren't eager to see filled. Arafat, once the definitive voice of protest and revolution in the last 20 years of his life that rendered him largely useless. Politically castrated by the Oslo agreement of 1993, he lost the small amount of clout left to him and lived his last days in exile with little control over his people or the now-unwieldy Palestinian Liberation Organization.

Hamas, on the other hand,

wasn't always the super-terrorist organization that it is touted as being today. In the 1980s and early '90s, that role was filled by Arafat, which led the Israeli government to deal directly with — can the reader guess? — Hamas.

How quickly favourites are thrust aside. As Hamas gained strength with the Palestinian population and its demands for a sovereign state grew more aggressive, Arafat was shaking hands with Bill Clinton on the White House lawn, agreeing to a set of rules that all but threw away everything that the PLO had fought for decades to get.

After the Oslo Accord was signed, the Israeli military opened a dialogue with top Hamas members, who were still seen as largely non-threatening. By circumventing the PLO leader, they not only contributed to Arafat's fall from power, but dealt a death blow to the mortally flawed Oslo agreement and boosted the power of Hamas.

When rocks were deemed deadly weapons by the Israeli government, soldiers were granted the power to shoot to kill anyone brandishing a stone, resulting in the deaths of dozens of Palestinian children in the West Bank and Gaza. When a suicide-bomber incinerated nearly 20 Israeli citizens in a Jerusalem pizzeria, the youngest an 18-month-old girl and the oldest a 73-year-old grand-

mother, the Israeli military reacted by bulldozing homes in the West Bank. One of the victims of this was a paraplegic who couldn't leave his home in time. The lines between victims and aggressors have been blurred beyond recognition, but one truth remains, a truth that is often overlooked: these are not tragedies, or acts of terrorism, or military operations. They are murders. All of them.

UN Resolution 242, which states Israel must withdraw from all Arab lands, has been largely ignored, and little outcry over this has been heard from anyone other than the Palestinians. Israel has also flouted the Geneva Convention, which clearly states that no nation may colonize occupied territories, by encouraging settlers to build homes in the West Bank.

Over the weekend, two Palestinians involved with Islamic Jihad were killed when Israeli missiles hit their cars in Gaza. The group had claimed responsibility for recent rocket attacks that wounded three Israelis, including an infant.

Listing every murder with its coinciding retaliation would take up more space than I am afforded. Suffice to say that the road to peace, which stretches beyond sight toward the horizon, has been riddled with bomb-induced pot-holes and stained with blood.

## Hear this if you still can iPod lawsuit is a case in common sense



by **brian bento**  
PHOTO EDITOR

Apple was hit with a class action suit last week over their ever-so-popular iPods. Apparently, the iPod can hit a decibel level of 115, which can cause hearing loss over time.

The suit was filed on behalf of John Kiel Patterson and other iPod users who claim that the portable audio device's ear bud headphones can cause hearing loss. A similar court action in France ended with the same restrictions on iPods. What isn't stated in the North American suit is whether Patterson has suffered hearing loss.

Let me get this straight. You put on your headphones, pump your iPod to the max volume and let the world melt away, and when you go deaf you blame Apple?

You choose to set the volume that loud and should understand that your ear drums aren't indestructible.

This sentiment also applies to things like cigarettes, coffee, sugary treats, cars, cell phones and fast food. I choose to use these things, with full knowledge of consequences.

Cigarettes will stain my teeth and

probably give me cancer. The packaging comes with a warning label telling me so.

I know these things will have side effects and I can choose whether or not to use them. I take the responsibility for my actions and the effects they cause.

Of course, the suit against Apple comes conveniently after the release of a report stating iPod users were at risk of hearing loss. But anyone who's bought an iPod should read the manual, specifically the safety and cleaning section where it recommends setting your iPod volume "to a safe level" to prevent hearing loss. The manual even tells you what the signs of hearing loss are. In his suit, Patterson's claim states the warnings are not clear enough, but you shouldn't even need a warning label. Didn't your mother ever warn you that playing music too loud would make you deaf?

These senseless lawsuits have to stop. If you're going to sue somebody, at least make it for something more important than your choice to blow out your own hearing. If you're going to sue somebody, find a lawsuit that makes the world a better place, rather than lining your pockets with some extra coin.

I could tell Mr. Patterson and other iPod users who join him where they should stick their suit, but why bother? They probably won't hear me.

## Valentine's Day has become yet another reason to empty your wallet

The history and meaning behind the date has become a victim of our society's materialistic values



by **robina kumar**  
SENIOR REPORTER

A dozen red roses, heart-shaped chocolates, tiny cinnamon candy and stuffed teddy bears — that's right, it's Valentine's Day! Sounds like Prince Charming went on a shopping spree and came home broke. Valentine's Day has become

overly commercialized and people seem okay with that. Since when does love have a price tag?

Whatever happened to the true meaning of Valentine's Day, the day that was set aside to represent St. Valentine, who died for love? The true meaning of this day has been wiped out, replaced by meaningless materialism.

Almost 2,000 years ago, Roman men were needed for wars abroad, and the emperor at the time decided it would be easier to get

men to join the army if they could not marry. For marrying men and women in secret, St. Valentine was put to death on Feb. 14, and thus became reason for our celebration.

The day may have started out with good intentions, but now it's just another way for companies to boost their sales. Ads on TV and in magazines and newspapers make you feel horrible for not buying something for that special someone in your life. The flowers, candy and cards — it's all done out of obliga-

tion. It's the way the media says we're supposed to show someone we care about them. Shouldn't love and affection be spontaneous and genuine?

This 'holiday' is geared towards women and their expectations of how men should be treating them. They expect guys to surprise them with the perfect gift and sweep them off their feet. At least, that's what the ads tell them.

Men seem to have no idea of what to get because nothing seems

to be good enough. Items that are deemed worthy are often overpriced. Laura Secord, for instance, sells a heart-shaped box of chocolate for \$150. \$150? For chocolate? That's insane. But regardless of the price, people are still buying them.

As long as there are lovers, Valentine's Day is going to be a big money-making day for businesses. And they're going to take every chance they can to make you feel like your love simply isn't good enough for your partner.

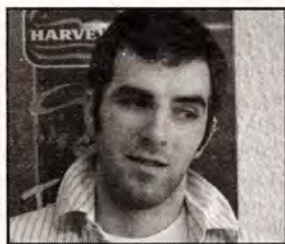
## Says You!

What do you think about the armed robbery on campus?



I think the school needs more security.

— **Theresa Nguyen**  
Business Administration,  
second year



I don't really care that much, I just go to school here.

— **Jon Shabl**  
Industrial Design,  
first year



I'm shocked and appalled that stuff like that happens on campus. Where is security?

— **Josh Moss**  
Public Relations,  
third year



I think it's horrible, I think we need more cameras in the student centre.

— **Whitney Shanfield**  
Media Studies,  
third year



I think it's sad you can't be safe inside or outside the school.

— **Sarah Mason**  
Family and Community  
Social Services,  
second year



# common cents

College graduates are eligible for CIDA's International Youth Internship Program. Visit [www.acdi-cida.gc.ca/internships/youth](http://www.acdi-cida.gc.ca/internships/youth) to apply for an overseas placement.

## Artists need biz factor

by marsha casselman  
BUSINESS REPORTER

Third-year industrial design student Miri Segalowitz is more interested in creating her art than marketing it.

"I'd rather just be an artist, I'd want someone else to take care of (business)," she said.

But Kadija de Paula, administrative director of Kensington's XPACE Cultural Centre, said business skills are essential if artists want success in the creative world.

"You don't really need to be that good of an artist, but more of a business person," de Paula said last week during a professional practices seminar. "Because if you are an amazing artist, but if you can't represent yourself, you're not going to get anywhere."

The seminar, which drew 50 people to XPACE on Feb. 1, targeted artists and students studying photography, fashion and design, though none were from Humber.

Humber art and design students can get similar advice from business instructor Jim Skinner, author of *Business Plan to Business Reality: The Practical Guide to Working for Yourself in Canada*.

Skinner stressed that before



marsha casselman

**XPACE Administrative Director Kadija de Paula speaks to a group of artists about the basics of starting up a business.**

artists consider selling their work, they must have an official business plan.

"We know that businesses that are started with formal business plans have a much higher success rate," Skinner said.

Part of the plan artists often neglect is identifying a target market and selling solely to it.

"If you ask them who they are selling to, they'll say, 'To anybody that's willing to buy, anybody that wants pictures taken, I'll take the pictures.' That's the wrong answer," Skinner said. "That person's never going to make any money."

He recommends artists find a niche market for their work and warns against trying to build a customer base by networking.

"Networking sort of implies that if you go to enough cocktail receptions, everybody will get to know you and get to know what you're

selling, then people will be beating down your door to buy from you. But this just won't happen. You'll just end up an alcoholic with no business," Skinner said.

Instead, he recommends the direct sales approach — knocking on doors.

"That's something that non-business students are extremely reluctant to do ... There's certainly a lot of fear involved in doing this, but it's the single most likely way they're going to sell their design services, their paintings, or sculptures," Skinner said.

That means finding lists of potential customers and phoning or visiting them directly, skipping the gallery middleman.

Skinner's best advice to arts students thinking of starting their own business is to take a professional selling course, or get experience working as a commissioned sales person.

## City drops hiring age

### Employed youth may help improve troubled areas

by james koole  
BUSINESS REPORTER

Toronto is lowering the minimum age for employment in the parks and recreation department from 16 to 14 to provide work for at-risk youth in Toronto's poorer neighbourhoods.

"We're trying to reach down to a younger age, to reach the kids before things like guns and gangs get to them," said Ward 1 Councillor Suzan Hall, who represents the district that includes Rexdale and Humber College.

Across the city, Toronto's parks and recreation department provides 10,000 part-time and seasonal jobs every year, Hall said.

There are 31 parks, three community centres, and two pools in Ward 1, including the pool at Humber.

Mayor David Miller has often pointed to youth unemployment

and poverty as root causes of crime.

"We have proven over and over again that education, job training, and jobs that give young people hope and opportunity help turn young people away from criminal activity," he said in a speech last September.

The employment initiative is aimed especially at areas such as Jamestown, northeast of Humber's North Campus, which has been identified as a priority by the city's Community Safety Plan. The plan was created in 2004 to get kids on the right path. Humber participates by providing job training for young people in this community.

The YMCA Rexdale Youth Resource Centre, which operates in partnership with Humber, Toronto parks and recreation and a number of other community agencies, assist those between the ages of 15 and 30 in finding and maintaining jobs.

Manager Ian Nyman likes the idea of lowering the hiring age. "There are a lot of youth at the age of 14 who are capable of part time or seasonal work," he said. "The busier we're keeping our youth, whether it's in employment or recreation or whatever, hopefully it steers them on a more positive track."

## The intern advantage

by ryan miller  
BUSINESS REPORTER

Students approaching graduation are often lacking one key job qualification — real world experience. While internships provide practical training, getting one for the summer means applying now.

"Internships are important, and are 100 per cent worth it," said Karen Fast, manager of Humber's Career Centre. But, she said, students should apply early.

The Career Centre's website provides links to many sites with internship postings and, Fast said, these could be a good starting point for a student's search.

First-year fundraising and volunteer management student Courtney Sidsworth started looking for internship opportunities early, and has secured one at the Canadian Workers Group for HIV this summer.

"Internships are great because they let you use everything you have been taught and you get to have hands-on experience," she said.

Many programs at Humber require students to complete an internship as a program requirement, Fast said.

Graham Simpson, co-ordinator of the human resources program, said his department has postings that help students set up internships, but he recommends aspiring interns try to find their own placement through networking.

"Word of mouth is often a useful way to find internship opportu-



ryan miller

**Courtney Sidsworth beat out the competition by applying early for an internship.**

nities," Simpson said.

Jennie Gruzman, a third-year public relations student, landed a corporate sponsorship internship with the Toronto Marlboros, the Maple Leafs' farm team.

She said students need to know life as an intern isn't always what they expect it to be.

"Don't expect to walk in and be handling big corporate accounts, because in reality you might be getting coffee," she said.

As an intern for the Toronto Marlboros, Gruzman has to attend all of the games, which she said makes for some long days.

But, she admits, working in a fun environment is important — she has already been offered a position.

"My internship has been a great opportunity for me, even though it is hard work and I work long hours," she said. "It's all worth it when you work with good people."

## Branded: Humber's baffling re-invention

by jen wareham  
BUSINESS REPORTER

When students come to Humber, Kris Gataveckas considers them consumers of the Humber brand, a trademark that is the result of a 10-year campaign started in 2000.

"Learning has become a life cycle," said Gataveckas, Humber's vice-president of business development. "We are in competition for students, for corporate clients, for continuing education students."

Post-secondary education is no longer a once-in-a-lifetime commitment, Gataveckas said. Many students find themselves going to school a second or third time — and Humber wants them back.

"Our goal is to build life-long relationships with students," Gataveckas said. The more positive their association with the school, the more likely they will be to spend their education dollars here, she said.

Branding, according to Gataveckas, works from the inside out. The administration consults students and decides how it wants the school to be perceived. Then, it works to communicate this message to the student community.

"Branding means the totality of your mental perception of what Humber stands for," Gataveckas said. "We want you to think of this

as a customer service oriented organization."

The first part of Humber's branding campaign involved a redesign of the school logo.

The logo design, described in a January 2000 edition of the *Humber Et Cetera* as "an 18-month image makeover," cost around \$400,000.



When faced with the logo, second-year law clerk student Alana Marinhas was stumped. "I have no idea. I know about the colours, (but) I have no idea why they would use the dot," she said. She didn't try to interpret the swoosh, but eventually guessed at the dot. "Is it a destination?"

The swoosh, explained Gataveckas, represents a pathway to learning, and the dot is the destination, or attainment of educational goals. The circle surrounding it represents the continuity of the learning cycle.

"It's not critical for students to understand all aspects of the logo design," she said. Instead, she explained, it's more important that staff understand what the administration hopes to communicate with the brand.

The next phase of the campaign is messaging, which Gataveckas said involves communicating a consistent message to students.

"We want to zero-in on three or four key adjectives (for students to use) when they think of the Humber brand," Gataveckas said.

While the administration decides on what message it wants to send, current students already know how to describe their experiences at Humber.

"Overwhelming," said first-year early childhood education student Briney Buckley. "It's new to me, a new environment, new rules."

Others seem to have branded the school as a necessary obstacle.

"School is school to me," said Rob D'Angelo, 23, a construction and maintenance electrician student. "I don't have any choice. I have to be here."





In an attempt to thwart partying college students on spring break, Daytona Beach, Fla. officials banned thong bikinis in 2002. — USA Today.



courtesy of STA Travel

## Reading week vacations promise sun, sand

by eunice oluoch  
BUSINESS REPORTER

Students who haven't made vacation plans for Humber's Feb. 20 to 24 reading week still have some last-minute options to choose from.

For those who love sun, sand and swimsuits, party tour specialists Breakaway Tours has put together a competitively priced trip to Panama City Beach, Fla. If you make your own travel arrangements and stay five to a room, you can holiday for five nights at \$169 per person. Bus and accommodation packages are also available for \$349, with travellers spending two overnight trips on the bus.

Humber students have other tour companies to choose from, including student vacation special-

ists Temple and Temple Tours (TNT for short), which has a representative at Humber's North Campus every Wednesday.

TNT has organized Spring Break in Cuba for just over \$999 for flight and accommodation. The Friday to Friday trip leaves Feb. 17 and returns Feb. 24. Breakaway Tours is also offering tour packages to Cuba for a similar price.

TNT service associate Kale Johnson said the Cuba tour provides a mix of Varadero and Havana.

"You can go hang out in Havana for a couple of days and really experience Cuban culture, and then go to the beach resort in Varadero, away from everything, and hang out there for a few days afterwards too," he said.

For about half the price of a trip to the Caribbean, students can

spend spring break in Daytona Beach, Fla.

This TNT bus trip includes five-night accommodation and continental breakfasts each morning at a three-star beachfront hotel.

As with most bus packages offered by party tour companies, there are discounts for group bookings. If eight students book together, they get one ticket free.

The average rates are just under \$500 per person if you have five people to a room.

Despite the discount, some students, like second-year early childhood education student Ipsita Chakraborty, are not enticed by this offer.

"I wouldn't like that for a holiday because a holiday for me is a relaxing event, and living with four (other) people in a room is not my idea of relaxing," Chakraborty

said. "For me relaxing would be one or two people in a room, but not five. And if it's strangers, no way."

Lora Zeldin, director of marketing and promotions for Breakaway Tours, said shared accommodation is always at the discretion of the traveller.

"We never put people in rooms with other vacationers that they haven't met. We leave it up to the students to decide whom they want to room with," she said.

Student vacation specialists STA Travel has also organized bus tours to New York for under \$400. This price includes accommodation at a bed and breakfast, as well as transportation. The travel agency is also offering a trip to Cancun, Mexico that starts at just under \$1,400 for a seven-day beach adventure.

## Tips for extra cash at tax time

by jen wareham  
BUSINESS REPORTER

For students filing tax returns, there may be some extra cash on the way.

"Just by filing their tax returns students get a \$100 federal tax credit," said Humber accounting teacher Wayne Hughes. "If you pay rent, you get an Ontario tax credit. And you are eligible for a GST tax credit, which is about \$85 a month, if you don't earn any income."

That's more than an extra \$1,000 a year.

"If they don't file a tax return, students are really missing out on those exemptions."

Before filing, Hughes said, students need to get their paperwork in order. The T2202A form for claiming tuition is available on the SRS website, while T4s for any part-time or full-time work should be provided by employers this month.

"And if they're claiming rent, they should get a receipt from their landlord," said Hughes.

Any type of income students earn is taxable, including wages earned through internships. Scholarships are also taxable, except for the first \$3,000, Hughes said.

Anyone who earns less than \$8,148, is not required to file a return. Those who owe taxes, have taxable capital gain for the year, have sold a property or have an outstanding balance from money borrowed on an RRSP must do their taxes, Hughes said.

A student's taxes, according to Hughes, are relatively simple. If students use mall accountants — those filing services that set up booths during this time of the year — they can do the job for around \$50.

"They aren't (chartered accountants), but they have the skill to do it," said Hughes.

For those students confident enough to do their own taxes, there is software available.

"In all the labs (at Humber) there's Profile (a tax software). Students can access it in the labs and get information there," he said.

But for those who know nothing about filing their taxes, Hughes' accounting class might be able to help. The veteran tax teacher in the business department is willing to connect students struggling to do their taxes with experienced grads from his class.

Students can contact Wayne Hughes via e-mail at: [Wayne.Hughes@humber.ca](mailto:Wayne.Hughes@humber.ca)

## Online job hunting not the easiest way to find work

by laura thompson  
BUSINESS EDITOR

Job seekers hoping to simplify their work search by using the Internet may be in for a surprise.

First-year business management student Shayne Pinto posted his resume online a few years ago, but said the response was disappointing.

"The first time I posted it up ... I think only about five to seven employers looked at it," he said. "No one contacted me."

Mark Swartz, author of *Get Wired, You're Hired*, estimates only 15 per cent of all available jobs are ever posted on the Internet.

"Considering how many people there are in Canada, the number of jobs posted online is extraordinarily small," said the Toronto-based career coach.

While many of these postings appear on large job boards like WorkopolisCampus and Monster, Swartz said students also need to check industry and professional association websites.

Karen Fast, manager of

Humber's Career Centre, said students often make the mistake of applying to large companies that may receive thousands of applications for a single job posting.

"Students are still wanting to respond to big names and they are typically not approaching or responding to small companies," she said. "Ninety-five per cent of companies have less than 100 employees."

**"Considering how many people there are in Canada, the number of jobs posted online is extraordinarily small."**

— Mark Swartz, author

Large employers are also likely to use a more sophisticated online application process.

Fast said more companies are pre-screening applicants with short questionnaires that require them to write about a time when they

demonstrated a particular skill.

Employers are also embracing Optical Character Recognition (OCR), Swartz said. OCR is an electronic scanning process that searches for keywords in text.

Documents, like resumes, are digitally scanned for specific terms, making it entirely possible for an applicant's resume to never be viewed by a human being.

Swartz recommends including a keyword section, or integrating keywords employers would look for directly into the resume.

Swartz said posting resumes on major job banks is a must, but cautions students against publishing elsewhere.

"What you probably don't want to do is post on a personal website or on a blog because anybody can look it up," he said. "That's when identity theft is an issue."

Peter Sullivan, president of Workopolis, said his company has strict terms and conditions for employers searching the resume bank, but advises students to only post essential contact information, like an e-mail address.



# arts & entertainment

Good tracks to download: *Mushaboom* by Feist, *Everyone's A Winner* by The Meligrove Band, *Hoppipolla* by Sigur Ros, *Conceived* by Beth Orton — The Wedge.

## Less Than Jake still a skankin' good time

by **andrew stewart**  
ENTERTAINMENT REPORTER

Gainesville, Florida's best known ska-punk band, Less Than Jake, came back to Toronto to play a sold-out show at the Phoenix Concert Theatre last Saturday night.

Opening acts Damone, Rock 'n' Roll Soldiers and A Wilhelm Scream did well to warm up the audience, though no one in the crowd of a few hundred seemed to know more than a couple of their songs.

Less Than Jake came out to roaring approval in front of a huge Godzilla-emblazoned backdrop while the PA system ran a soundtrack from old monster movies.

"If you go crazy for this new song, crazy like you did for Britney Spears' first album, then we'll stick to playing older songs because that's what you like best," said Chris Demakes, lead singer and guitar player.

The set list included a heavy rotation of songs from the albums *Losing Streak*, *Hello Rockview* and *Anthem*, even though this current tour is to promote the band's upcoming release, *In With the Outcrowd*.

This is normal for a band that caters to its fans, focusing on the songs that made them big while letting newer material settle over time.

Fans of all ages crowded into the venue, which was charged with



andrew stewart

Less Than Jake's next performance will be in Columbus, Ohio on Feb. 9 at Newport.

an energy that few bands are able to generate in today's punk music scene.

"I had a great time," said Ryan Chin, 27, of Mississauga after the show. "I saw people of all ages having fun and full of positive energy. The band itself was full of energy and knew how to get the crowd going."

Less Than Jake had the entire crowd dancing with their catchy guitar rhythms, blazing horns and thundering drums, while band members constantly circled the stage and interacted with fans.

While Less Than Jake mostly stuck with older songs, they avoided playing them in a similar order from previous tours. This show

also included a medley which was well received by the audience.

The band closed its set with an ode to their hometown, *Gainesville Rock City*, while cannons fired confetti into the crowd, creating a chaotic scene of dancing and jumping to the rhythm of the music.

Overall, the show was fantastic.

The band had great sound, funny banter between songs (such as trying to get shots sent to the stage for the band) and the lively crowd made it an enjoyable night.

The only downfall of the lively was the 9 p.m. curfew the Phoenix Concert Theatre enforced so it could operate as a dance club later that night.

## Sarah Slean more than a voice

by **crissandra ayroso**  
ENTERTAINMENT REPORTER

The Spin Gallery on Queen Street brought a crowd of music and art lovers together for the opening of Bleak House, an exhibit of original paintings and drawings by Sarah Slean and Louise Upperton.

"(The exhibit) is a combination of all the best things in life, as far as I'm concerned," said Slean, the Juno-nominated singer-songwriter originally from Pickering, Ont., "cre-

ating, thinking and manipulating your love of the world into new objects."

Slean, 28, shares the show with Upperton, art director for the Toronto record label Arts & Crafts. Upperton has created album covers for Slean, as well as for other musical artists like Broken Social Scene, Stars and the Most Serene Republic.

Bleak House is a reference to Charles Dickens' novel of the same, describing the gallery as "sinister, peculiar and tenderly psychotic."

About 20 of Slean's paintings and drawings are on display. The images have a blend of charm and horror that are drawn from Dickens' novel, like the drawing of a priest looking at a cake on a crucifix on fire, entitled "Happy Birthday," selling for \$750.

Another was of a woman in a red Victorian dress riding a piano drawn by cellos entitled "Emily's Chariot," which sold before the end of the evening for \$550. The price range for Slean's artwork is \$300 to \$800.

Before the exhibit opened, the Blue Spruce Quartet treated the crowd to a performance of wonderful songs, including tracks from Slean's 2004 album *Day One*.

"There's harmony in her art," said Sameera D'souza, 23, a fan who attended the gallery. "I don't think you'd see that if she wasn't a musician."

Influenced by artists such as Egon Schiele, Tim Burton and circus posters from the Barnum and Bailey era, Slean makes a seamless transition from recording artist to painter.

The show is accepting donations, a portion will be donated to the Royal Conservatory of Music's community school outreach program. The exhibit runs until Feb. 16.



crissandra ayroso

Slean at the Spin Gallery located at 1100 Queen Street West.

## VISIONARY Photo of the Week



by second-year creative photography student aaron noel

If you are a creative photography student, please send your photos in original format to [arts\\_humberetc@yahoo.ca](mailto:arts_humberetc@yahoo.ca), subject: "Photo of the Week".



"Writing about music is like dancing about architecture — it's really a stupid thing to want to do." — musician Elvis Costello makes it clear what he really thinks.



Despite the band's best efforts, students cleared the pub within twenty minutes of their set. saida ali

## Oktoberfest in January empties Caps

by **saida ali**  
ENTERTAINMENT REPORTER

Though the fall leaves are long gone and there isn't a pumpkin in sight, the German band was back at Humber performing their English and German polka set to a confused crowd at Caps.

"I thought it would be hilarious to bring them back," said Cynthia Malagerio, HSF vice-president of events.

Malagerio booked the band as part of a series of random events she is organizing this semester. While she anticipated an initial shock from the crowd to an Oktoberfest band in the winter, Malagerio said she thought people would get in to it because of how great the band was.

Suffice it to say, Malagerio did not stay for the whole first set and neither did the rest of the students at the pub during the noon to 1 p.m. lunch period last week.

About seven minutes into their first set students began trickling

out of the pub. The band continued to play another 10 minutes before taking a break. By this time, they had lost their entire audience.

"Our general audience consists of 35-year-olds and up," said accordion player Borut Lapagne. "We play at campuses, but not all the time."

Lapagne, the only member of the band who isn't retired, is an accountant and plays with the band whenever he can. "It's a hobby for me," he said.

He and his band-mates (lead vocalist Gunter Franke, the only German born member of the band, and drummer Brian Toner) have been playing polka music for a decade and are disappointed at what has become of the Oktoberfest sound.

"Things are changing," Lapagne said, pointing at the empty room.

"Years back, there used to be Oktoberfest at the CNE. There used to be Oktoberfest at Harbour

Castle and there would be between 3,500 and 5,000 people."

Even during the German festival's off season, Lapagne said German music can be heard at theme parks, pubs and restaurants.

"They used to have German music all summer at Ontario Place. Those days are gone," he said.

As for the name, the band said they were just a band that plays German music.

"We play polka and sing in German," said Franke.

At a regular show, Franke said audiences can expect "lederhosen with sexy legs."

"We do a lot of polka dances, drinking songs, and everyone can join in," Lapagne said.

During Oktoberfest the band plays anywhere from 15 to 20 gigs from here to Kitchener.

"We enjoy playing the music," Franke said as he tuned for the band's second set.

## Students' film entered in NY fest

by **kelly anderson**  
ENTERTAINMENT REPORTER

Humber students past and present combined their talents on the movie *Time in a Life*, which follows an amateur hitman through a very eventful snippet of time.

Philip Phangsoa is a first-time director and third-year student in the theatre performance program at Humber College.

The main character, played by Sefton Jackson, a Humber theatre performance graduate, swings between being a cold-blooded killer and a man whose actions weighs on his conscious. Acting alongside Jackson are Rory DeBrouwer, another Humber theatre performance grad, and Jessica Bouvin, a graduate of the acting for film and television program. Co-writer Michael Luckett also shares the screen as a pivotal character.

The film will be screened at the New York International Independent Film and Video festival.

"(The festival) is all about getting our names out there," said Luckett after screening the film at Lakeshore campus last week.

Now in its 13th year, the festival is a major independent film event that attracts entries from all over the world that range from amateurs

to seasoned professionals.

Phangsoa and his team shopped the film around to many different festivals, and found out they would be included in the New York festival two months ago.

"After it's viewed at the festival, it can only make money. So we're just looking for producers and for ways for it to be distributed," Phangsoa said.

The cast and crew fall into the amateur category of the festival because most of them had only one year of theatre performance.

"The only experience I had in directing was watching a lot of movies," Phangsoa said. He said he also gained some knowledge about technology, cameras and editing systems through friends in the film industry.

"The whole thing, including shooting and editing, took about a year-and-a-half," Phangsoa said.

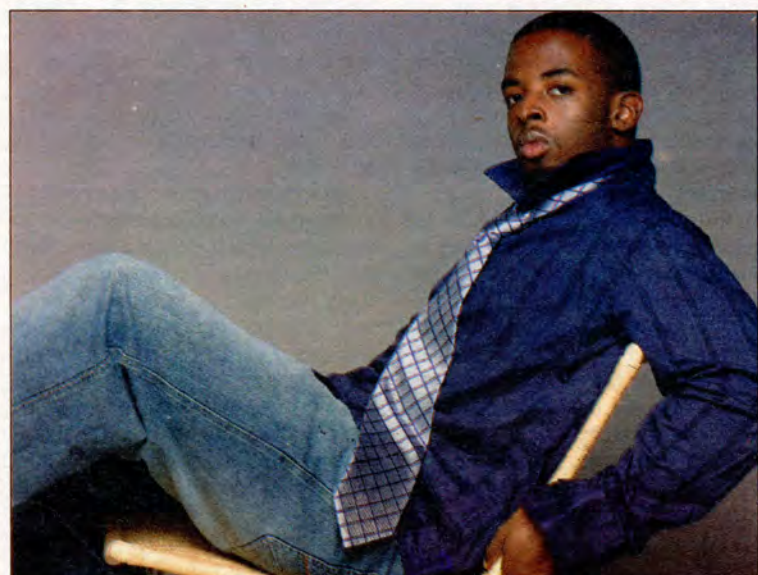
The movie does not have a linear time line, but instead shuffles from the present to the past in a Pulp Fiction-like manner.

However, Phangsoa's inspiration was not a film, but a video game.

"I really enjoyed a game called Hitman. When playing that game, I saw the images of what a movie could be and how more fleshed out this Hitman character could be," Phangsoa said.



*Time in a Life* will also be screened in Los Angeles March 9. kelly anderson



Melanin focuses on hip hop, but is open to all kinds of music. courtesy

## Music club looking to take you to school

by **carina sledz**  
IN FOCUS REPORTER

Melanin is a new club at Humber that caters to students who enjoy musical culture and learning about different lifestyle groups.

"Our main goal is to enhance and educate people about our culture through music and art," says Mark Dyer, vice president of Melanin. "We would like others to embrace us, even if they only have a deep passion for music."

The founders of the club, Dyer and Hashim Arthur used to be involved in the Caribbean Culture Society, but decided to create Melanin in the hopes that it would

bring a more positive vibe to the school, and open doors for other students to relate better to one another.

"Music is a common ground for everyone," Dyer said. "We're trying to close the gap, so other cultures can integrate and create their own Melanin with us."

The name Melanin refers to the substance that gives colour to the skin.

"We chose this name because we would like to spread our melanin, our culture, to others by educating or enhancing the Humber environment through different mediums," Dyer said.

Melanin provides an outlet for students to showcase their talents

in all forms of music, but their primary focus is on the hip-hop genre.

"Hip-hop is not just music. We would like to educate and create the positive movement of the hip-hop culture within the college," Dyer said. "We would like to merge our culture with many musical cultures, creating a new culture, creating a new Melanin."

The club hosts a series of musical shows that feature hip-hop, rock, and R&B music. They also host various open mic sessions that cover other topics as well.

"The shows we put on are a great tool for student artists to start networking and make contacts that might help them in their future."



# arts & entertainment

The Smashing Pumpkins' Billy Corgan and Jimmy Chamberlain have reunited. The band may headline this year's Lollapalooza in Chicago Aug. 4-6. — NME.com

## The Academy Is...the next big thing

# LISTED

### Sold-out North American headline tour features sole Canadian date

by **josh measures**  
ENTERTAINMENT EDITOR

It's two hours before the doors are supposed to open at The Docks Concert Theatre. The line up to get inside the club already stretches down the street. Girls are screaming, some even have hand-made T-shirts professing their love for the band.

At first glance, the only answer is that N' Sync is back. But I have a ticket, and I'm pretty sure it's not for N' Sync. This is just another day and another show for breakout band The Academy Is.

*"I'd be lying if I said I didn't want as many people as possible to give us a chance."*

— Mike Carden,  
guitarist of The Academy Is

A year ago, the band was about to release its debut full-length album *...Almost Here*, but it didn't take long before The Academy Is was receiving heavy rotation from radio stations in the States and space in ultimate-scene mag *Alternative Press*.

"It's a little unbelievable. We weren't trying to do anything huge, we just wanted to put out a record we could listen to and enjoy," says guitar player Mike Carden in an interview with the *Et Cetera*.

The kind of exposure The Academy Is has received over the past year would usually have some fans screaming "sell out," especially following the band's stint on MTV's Total Recall Live a couple

of weeks ago, but The Academy isn't the first 'emo' band to get this kind of attention.

Friends and label-mates Fall Out Boy broke down the wall over the past 12 months, selling more than a million records and hosting both award and radio shows.

With a precedent like that, selling out isn't much of a concern for The Academy Is. Even if it was, Carden doesn't seem like he'd really care.

"I'd be lying if I said I didn't want as many people as possible to give us a chance. As long as it's organic and it's real."

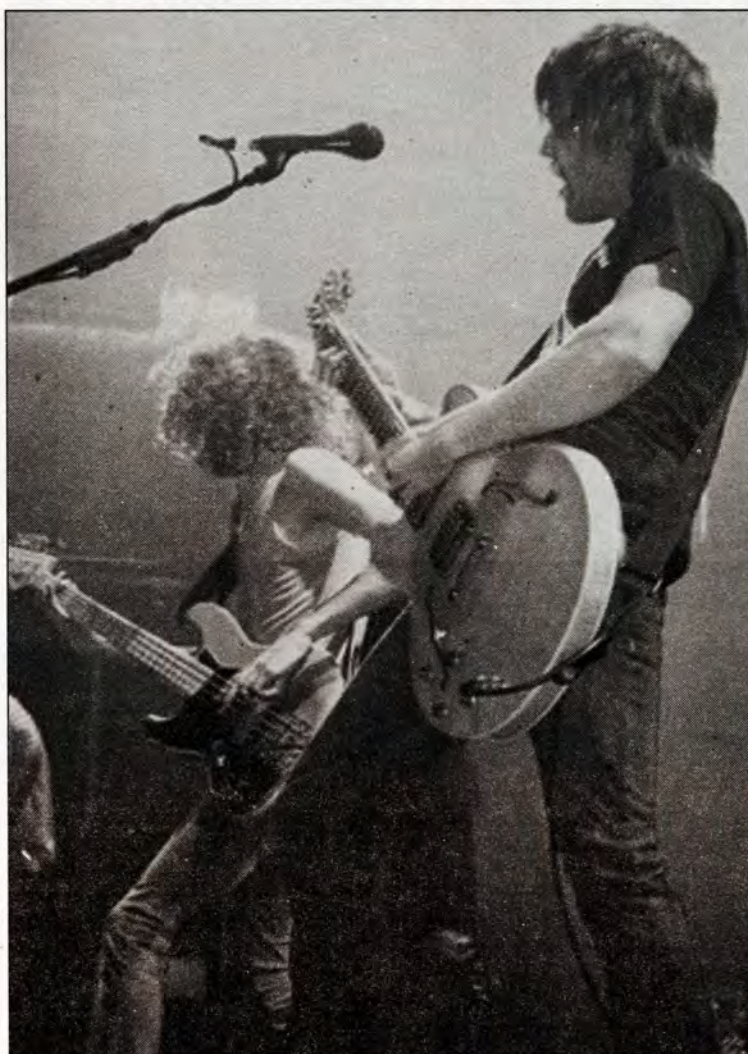
Being friends with a band like Fall Out Boy is certainly enough to make most bands famous, but The Academy Is have always stuck to doing it their own way.

The Academy Is have remained on independent record label Fueled By Ramen despite numerous inquiries from some major labels. Atlantic records were able to sign a distribution deal with the band, but when they wanted to sign The Academy Is, the band said no thanks.

"Being on Fueled By Ramen gives us a lot more flexibility. We have people who believe in us. We didn't want to sign to a label where they haven't even listened to our record," Carden says.

The Academy Is plan to release a follow-up to *...Almost Here* later this year. While the sound might mature a little, it appears the band will stick to doing what they do best; crisp, clean vocals and catchy, guitar driven pop-punk songs.

"I think we're comfortable with our sound now. When we released our EP, we didn't know how to write songs or structure them. We have kids asking us to play some of



alana seldon

The Academy Is plan to release an EP on Feb. 21 through iTunes.

those songs, and we can't believe people actually want to hear them."

The band plans to release a new EP on Feb. 21 through iTunes titled *From The Carpet*, featuring three new songs and acoustic touches on three songs off of *...Almost Here*.

Although The Academy Is have gone from van to tour bus, empty bars to packed clubs, Carden says

life in a band definitely isn't easy.

"Being in a band is definitely a weird position. There's no proper way to do this, no textbook. You have to figure it out for yourself."

At least they seem to have their priorities straight.

"At the end of the day I only care about touring and recording."

Check out tour dates, videos, photos and MP3s at [www.theacademyis.com](http://www.theacademyis.com).

### IN CONCERT

Feb. 9  
Electric Six  
Lee's Palace

Feb. 10  
Thornley  
Horseshoe

Feb. 11  
Evan Dando  
Horseshoe

Feb. 12  
J.P. Cormier  
Nathan Philip's Square

Feb. 13  
Chris Koster  
Drake Hotel

Feb. 14  
Philosopher Kings  
First Canadian Place

Feb. 15  
Nickelback  
Air Canada Centre

### IN FILM



Both films are out  
on Feb. 10.

## Start the weekend early at

1/2 Price Chicken Fajitas

\$6.00 32oz Pints

29¢ Wings

1/2 Price Pasta

New Pub Menu

\$3.25 Coronas



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NEW NTN interactive games

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(905)857-2211

crabby\_joes@bellnet.ca

\*Must show valid Student ID  
\*Must be of legal drinking age

## How I saw four movies for \$10

by **andrew stewart**  
ENTERTAINMENT REPORTER

### OPINION

Movies are obviously a good way to kill a couple of hours for students, but going to the theatre isn't always the cheapest thing to do.

After my last visit to the movie theatre, I began wondering how many movies I could possibly see after paying the initial \$10 to get through the front doors.

I decided to go to a local theatre, a mammoth 24-screen cinema, to test my theory of how many I could end up seeing for ten bucks. The first movie's end would lead me to another screen and another movie, repeating as often as possible.

At 3 p.m. I arrived at the movies, and paid my \$10 to see the only movie starting at that time, *Fun with Dick and Jane*. Not a fan-

tastic movie, but it worked as the door into my experiment.

The end of the movie was the part I found to be the toughest of theatre hopping, getting over the initial worry of thinking you will get caught.

As a kind yet naïve manager explained to me, "If a person is caught without a ticket, or is in a theatre for a movie they didn't pay to see, we'll ask them to leave the premises."

Knowing I wasn't going to be getting arrested, I simply had to push my conscience out of my head and ignore that I was committing a morally reprehensible act. Fortunately, I am good at rationalizing, and for the pursuit of a story I went into the next theatre to see movie number two of the day.

For the curious, I ended up seeing part of *Transamerica*, but didn't enjoy it so I moved to the screen next door.

My next mission was a little harder. I decided to see if I was

able to cross from one side of the building to the other without being caught. This was easier than I had thought. Not one employee gave me a second glance at all. Now I had the whole theatre to bounce around from movie to movie, staying as long or as little as I pleased. I sat in to see *Underworld: Evolution* which was all right. At least there was Kate Beckinsale to keep my attention.

Roughly two hours later I was at a crossroad. I could easily walk in to *Capote* which began a mere five minutes later, or I could go and get food. I listened to my stomach, having satisfied my curiosity about whether I could get to more than one movie without the movie Gestapo dragging me off into the night.

Now you know how easy it is to make the most of your money at the movies, all you need is an ability to ignore the small rules and make the most out of the free refills on the bladder-buster sized drinks.



A day for celebrating love or for sucking up? According to e-zine DALnetizen, teachers receive the most valentines cards, while sweethearts receive the least.

# Think outside the heart-shaped box

by jen mcLeod and ashleigh smollet  
LIFE REPORTERS

If you're the type of person who likes to point out that "love" spelled backwards is "evol," or who walks around muttering about that corporate whore St. Valentine, relax. It doesn't have to be all boxes of chocolate and long stem roses. There are plenty of creative ways to spend the day, whether you are attached or otherwise.

"My best Valentine's Day was when a guy took me on a bus ride around the city," said Lee Shalom, 23, a travel and tourism student. "The lights were really pretty. He brought a picnic, and we were the only people on the bus."

Many places around the city make great dates that won't break the bank.

According to Toronto.com's Valentine's Day listings, skating is a fun, creative way to get the blood flowing. Nathan Phillips Square, or the Harbourfront Centre won't cost you a dime as long as you have skates.

For something a little steamier, Come As You Are, an adult sex toys store, has two events on-deck that are guaranteed to set the mood for your Valentine's Day date. The Erotic Blender art show, which features nude photography by new artists runs all month.

The store is also hosting a Valentine's Day erotic massage workshop for couples. The workshop will be run by a massage therapist and an aromatherapy expert.

"This workshop is great for couples to focus on the sensuality of sex," said Sarah Forbes Roberts,



emina gamulin

## Dinner plus hand holding doesn't always equal true love.

the store's co-owner, "not just the standard, tried-and-true techniques, but helps them view the whole body as sensual. What better thing could you do for your partner?"

Sarah Elliott, 22, a public relations student, said she wouldn't mind trying it out. "I think it would be especially fun for a first date, something to really break the ice," she said. "And who doesn't like getting a massage?"

Remember, moping on the couch about your singledom is a cliché too, so get off your butt, take your spoon out of that Ben and Jerry's and head down to Yuk Yuk's on Richmond Street (east of Duncan Street) for amateur night. Misery loves company, and what better place to find people who are just as, if not more, cynical about love, romance and Valentine's Day

than you are.

"It's just a bonding experience to laugh at the same things," said a Yuk Yuk's comedian who goes by the name Yvonne1234.

Yuk Yuk's showcases up and coming talent twice every Tuesday night for a mere \$2.

If comedy isn't your cup of tea,

you can always host a Fantasia party. Think Tupperware party but with sex-toys. Get a bunch of people together and book a party with your own consultant. She will visit your house - with various products in tow including oils, toys, and lingerie.

It costs nothing to hire the consultant and you can buy any of the products on the spot. As a bonus, the hostess receives additional goodies.

"We always think that when talking about St. Valentine, we are talking about a couple, and it's sad for the people that are alone and feeling left out," said sales manager Joanne Bourque, who has been with Fantasia for over a decade. "But the fact of the matter is that at Fantasia parties you can have as much fun as anyone else."

For more info on how to book your own sex toy bonanza visit [www.fantasia.ca](http://www.fantasia.ca)

If you can't think of any creative ideas this Valentine's Day, you could always just spend the day making out with someone. Try to break the world kissing record - 417 minutes!

# Sex, love and learning

by maria papadopoulos  
LIFE REPORTER

As part of Sexual Awareness month, a series of Valentine's Day events start today.

There is a sex and relationship workshop from 4:30 p.m. to 6 p.m. today in screening room B at North Campus.

On Tuesday, Radio Humber will host the last of its Condoms and Kisses events from 9 a.m. to 3 p.m., live to air from the media studies office. Two draws are being held, one for singles and one for couples. "For the dream date you can win dinner, movies, a game of pool and flowers all paid for by Humber Radio," said Stephanie Rossen, 19 a radio broadcasting announcer. "For the blind date there are ballots where you put in your name and desired age and sex of your date, and then we pick out two

people to match and take out on a blind date." For singles, Caps will host a free speed dating event on Monday. Speed dating allows a person to go on multiple dates during one night. Doors open at 9 p.m. and the dating begins at 9:45 p.m. "We're going to be giving away prizes, mostly cash," said Caps manager Kenny Vimech. "If we can get coupons for dinners for

two, we will use them. If not, people can use the cash to go out for Valentine's Day. That's basically what it's about, using the cash that we give away for Valentine's Day."

Students wishing to participate in the speed dating event can sign up at the HSF office.

HSF will host events all week long, from games and giveaways in the Student Centre to a visit from sex guru Sue Johanson.

HSF executive Cynthia Malagerio said "there's going to be Valentine's games for fun little prizes in the Student Centre. All our stuff is free."

Johanson is coming to Lakeshore Campus on Monday



## Free condoms will be given out.

With over 25 years of sexual health experience, direct answers and humor, Johanson is a perennial favourite. The 14th is also Love and Sexual Awareness Day at Lakeshore Campus from noon to 3 p.m. Booths will be set up in the H building with information on sexual awareness and free condoms. At North Campus, there will be Valentine's quizzes and games where students can win dinner coupons and Raptors tickets.

until 2 p.m. in the H building cafeteria. She will also be at North Campus next Thursday where she answers students' questions about sexual behavior.

With over 25 years of sexual health experience, direct answers and humor, Johanson is a perennial favourite.

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# WHISK

WEEKLY RECIPES FROM HUMBER'S  
CULINARY ARTS STUDENTS

## Valentine's Cheesecake

### Ingredients

#### Graham Cracker Crust:

1 1/2 cups - graham cracker crumbs  
1/3 cup - packed light brown sugar  
6 tablespoons - butter, melted

#### Cheesecake Filling:

5 ounces - white chocolate, coarsely chopped  
1 tablespoon - butter  
3/4 cup - heavy cream  
24 ounces - cream cheese, softened

1 1/4 cups - granulated sugar  
3 large eggs, at room temperature

2 teaspoons - vanilla extract

#### Caramel Sauce:

1 cup - granulated sugar  
1/4 cup - water  
1/4 teaspoon - lemon juice  
1 cup - heavy cream

### Make the crust:

1. Preheat oven to 325°F. Lightly butter 9-inch spring form pan. Tightly wrap bottom of pan with heavy-duty aluminum foil.

2. Mix together graham cracker crumbs, sugar and melted butter in bowl. Press mixture in bottom of prepared pan. Refrigerate crust while preparing filling.

### Make the filling:

Place white chocolate, butter and cream in small microwave-safe bowl. Microwave on medium (50% power) for one minute. Stir. Microwave 30 seconds more or until chocolate is softened. Stir until smooth and let cool.

Beat cream cheese in mixing bowl until smooth using electric mixer at medium speed. Add sugar and beat until light and fluffy. Add eggs one at a time, beating well after each addition. Mix in vanilla and cooled white chocolate using low speed. Pour mixture over crust.

Bake for 40 minutes or until center is firm. Turn off oven and leave cheesecake in for 30 minutes to cool - open door all the way. Refrigerate when cheesecake is room temperature.

### Make the caramel sauce:

Combine sugar, water and lemon juice in saucepan. Cook over medium heat, stirring frequently, until mixture turns light golden brown. Remove from heat.

Heat heavy cream in another saucepan until it comes to a gentle boil. Gradually add hot cream to sugar mixture, stirring until blended. Cool completely.

Loosen edge of cheesecake with a knife. Remove side of spring form pan. Cut into wedges.

Add macadamia nuts to caramel sauce. Heat sauce over low heat until warm. Spoon over cheesecake wedges and serve immediately.

Recipe By: Sheena McLean - 2nd semester chef training student and Chef Anthony Borgo, The Humber Room Restaurant.

## THREADS YOUR PERSONAL STYLE ON CAMPUS

Big boots are here to stay. The Inuit look is so hot. Get it? Hot! Seriously though, Suzanne Tremblay, 19 knows how to mix style with staying warm. The first-year fashion arts student's threads are the proverbial hot chocolate of outfits. That's how comfy she looks. When asked to describe her style she was a little caught off guard, but her helpful friend summed it up in one word "Warm."

"I just wanted to go for a skinny look on top and emphasize my boots," she said. Her favourite style icons include Heatherettes, Gwen Stefani and Nicole Richie. She enjoys shopping at H&M and Surf Paradise where she works. Her scarf was a gift from her mom, her jacket is Gap, and her lovely boots can be found at Aldo.





"When I am no longer rapping, I want to open up an ice cream parlor and call myself Scoop Dogg." — Snoop Dogg has some interesting ideas on retirement.



christina del zotto

Chocolate has traditionally been a Valentine's Day favourite — but picking the right type is not as simple as some may think.

## Bad chocolate a Valentine's Day no-no

by cristina del zotto  
LIFE REPORTER

Like sex, chocolate is best savoured over time.

"When I try other chocolate, like chocolate bars, I find the chocolate is very sweet, and all you taste is the sugar that's in the chocolate," said Michelle Medeiros, 18, Godiva Chocolaterie sales associate and Guelph-Humber early childhood education student.

Good chocolate starts out with good quality beans that are properly graded, roasted and processed. If the process is rushed, the chocolate becomes grainy, said Sue De Grandis, of the award-winning Bernard Callebaut Chocolaterie. "Look for the cocoa content. Make sure it has no hydrogenated oil, and that it has both cocoa liquor and cocoa butter," said De Grandis. These ingredients are combined or "conched". The longer chocolate is conched, the smoother it becomes.

Like coffee, cocoa beans come mainly from Africa, South America and Indonesia, and have their own properties depending on the soil and

weather conditions. Cocoa has to be grown in the shade, said De Grandis, whose family has been growing cocoa beans in the Caribbean for almost 300 years.

Although the best way to tell if a product is good is to taste it. Ingredients give clues about the quality of the chocolate. While milk chocolate may list sugar as one of the first ingredients, De Grandis said, dark and white chocolate should never list sugar first.

Good chocolate, said Medeiros, is smooth and rich, leaving a velvety sensation in the mouth without an overwhelming sweetness.

De Grandis warns chocolate eaters to stay away from any chocolate that has artificial flavourings and hydrogenated oils.

"Artificial chocolate needs to be broken down with your teeth. You need to grind it.

"If a chocolate goes into your mouth and you say, 'Wow that's a terrific chocolate' right off the bat, that means artificial flavours. The more you eat, the more you get tired of it," De Grandis said.

The cocoa butter content, though tasteless, is used to give chocolate its smooth texture and

is also an indicator of high-quality.

"Cocoa butter is what gives you the good 'mouth feel'. That's an expression used in the chocolate world. The more cocoa butter in your product, the faster it melts in your mouth," said De Grandis. "You shouldn't have to chew it, it melts on its own."

Cocoa liquor, a natural cocoa bean extract, must be added to the chocolate to give it the chocolate taste.

Larissa Harrison a 20-year-old court and tribunal agent student, said a Valentine's Day gift of low-grade chocolate reflects the sentiment of the gift giver.

"That means he can't be bothered. I'll eat it, but I'd still make him buy me a good one."

Although the quality of chocolate is often reflected in the price, high cost does not always ensure the best product.

"In over 90 per cent of the cases, yes, price makes a difference, but not always," De Grandis said. "There is a company whose chocolate was originally made in Belgium and is now made in Pennsylvania. (They) charge a lot, but it is mostly sugar."

## New love tonic to give libido a boost

by kathryn hudson  
LIFE REPORTER

For students seeking a boost it may be disappointing to learn that Nexcite, a popular aphrodisiac drink is more marketing than medicine.

"We market this drink as a romantic drink or as a party drink," said Michael Wallen, the drinks inventor, from his office in Sweden. "The product isn't tested in any clinical way to prove any effects."

The fizzy blue drink is made from all natural ingredients, including energy drink staples like ginseng, caffeine, guarana. The drink also contains damiana, the South American shrub touted to increase sex drive.

"There is psychology in the success of it," he said, admitting that Nexcite's effects may be more mental than medical. "We have had partners that have done some tests. Some people don't feel any-

thing and some people feel that they get a little bit more excited."

While Nexcite is described as a romantic love tonic, it is not marketed directly as a medicinal product because the Food and Drug Administration does not recognize any products as legitimate aphrodisiacs.

Extensive clinical testing is demanded for all products that wish to get the FDA's seal of approval as a drug.

Pharmacist Ray Ho, owner of a downtown Shoppers Drug Mart, agrees after reviewing the products ingredients, saying "If you picked up a bottle of Red Bull, or any

other marketed energy drink, you would find roughly the same ingredients."

As for Nexcite's use of damiana, Ho is skeptical.

"There is no empirical or scientific evidence on which to base the efficacy of these things," he said.

The herbalist at Herbie's Herbs agrees, saying "honestly, people come in here all the time looking for products to increase their sex drive and I would never recommend damiana. It's simply not strong."

He explained that many household foods and spices are said to have effects on the libido,



Courtesy

The drink will arrive in stores on Valentines Day

but that does not make them potent. Cloves, for example, are used in everyday cooking, yet are listed as an aphrodisiac.

He stressed that the stronger, libido-friendly herbs favored by herbalists should be taken in a supervised and responsible way, rather than mixed into a happy-hour cocktail.

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## Sex & TV = bad combo

by tyler kekewich  
LIFE REPORTER

If your definition of action is watching an Arnold movie, your TV set may be to blame.

An Italian study conducted at the Riza Institute of Psychosomatic Medicine in Milan has found that couples who have a TV in their bedroom have less sex than couples who don't.

The study, which focused on the sex lives of over 500 Italian couples of varying ages, was carried out by sexologist Serenella Salomoni and a team of psychologists "Television can put you in a very passive place," said Marion Goertz, a Toronto relationship therapist. "When in fact intimacy involves a very active, proactive, very intentional effort and involves both people being present not only physically, but emotionally and intellectually."

Although Goertz has heard this complaint in her clinic from both sexes, she says men are stimulated by visual images like porn that offend most women.

"If one partner isn't enjoying the visual then it isn't working," said Goertz.

There are better things to put in the bedroom to turn a couple on, according to Toronto sexologist Joan Marsman.

"The bedroom should act as more of a retreat for a couple than a work or recreation place," Marsman said. "So anything that makes it a retreat or a sensual place is personal to people's decorating preferences."

A computer in the bedroom is another bad idea, according to Toronto sexologist Wendy Trainor.

"People lose track of time," she said. "They get on the computer and next thing you know an hour has gone by and you just meant to check a couple emails."

Kristen Diehl, 18, a radio broadcasting student who lives on campus wasn't concerned about the effects a TV in the bedroom might have on her sex life.

"When my boyfriend comes over, we put on the TV or a movie to get things started, there's a bunch of movies we haven't finished," she said. "I won't be taking the TV out of my bedroom anytime soon!"



Radio Humber CKHC 90.7 FM is Canada's only all-Canadian content radio station.

This week...

# Inside Humber



karen mackenzie

Students in nursing, paramedics, pathology and funeral services learn human anatomy with plastic scale models and real bodies donated to the college.

## Cadavers used in school of anatomy

by karen mackenzie  
IN FOCUS REPORTER

In a small room in Humber College's H wing lie two of the school's most valuable educational resources — a pair of donated, dissected cadavers.

Humber is the only college in Ontario to have a licensed School of Anatomy, and the donated corpses give students a distinct advantage in their training, said Kathleen MacMillan, dean of the school of health sciences.

"This is a really important gift that some people choose to give to learning," MacMillan said. "It's a privilege to be part of that learning experience."

Nursing, paramedic, pathology and funeral services students have all made use of the bioscience lab

and its cadavers in various ways since the School of Anatomy was founded in 1985.

The school generally receives one male and one female cadaver at a time for use for about a year, said bioscience lab technician Niki Kohli.

The bodies come from the University of Ottawa's donation program. They undergo an embalming process similar to the traditional one performed before a funeral service, but with chemicals designed to make them last longer, Kohli said.

The cadavers are stored under lock and key in a specially ventilated room, which is kept slightly below room temperature. To maintain them, Kohli occasionally sprays them down with a special moistening agent and disinfectant.

Before students get to work on

the bodies, a professional dissector cuts away certain sections — hips, shoulders — to enable nursing students to practice such precise procedures as administering intermuscular injections around the sensitive sciatic nerve.

### The School of Anatomy receives one male and one female cadaver at a time for about one year of use.

Students are also able to lift out and handle the bodies' various organs.

Upon first viewing, the body's face, hands, feet and genitals are

usually covered.

"The rest of the body is sort of impersonal," said Dr. Norman Wintrip, a professor at the School of Health Sciences. "The first time (the students) are always a little apprehensive and it manifests itself in different ways — bravado, nervousness. But we very seldom have a negative physical reaction."

Although the adjacent lab is still filled with sophisticated anatomical models, the cadavers provide health science students with a more tactile experience, Wintrip said.

Atinuke Adesoji, a first-year practical nursing student, said "there's so much that you learn in class that you don't know how it feels, but when you see it and feel it, you feel if it is hard, if it is soft, you can really identify."

First, though, students must sign a code of conduct, as required by law for schools of anatomy. It reads in part: "Such sacrificial giving totally of oneself for others merits the highest respect that I can give."

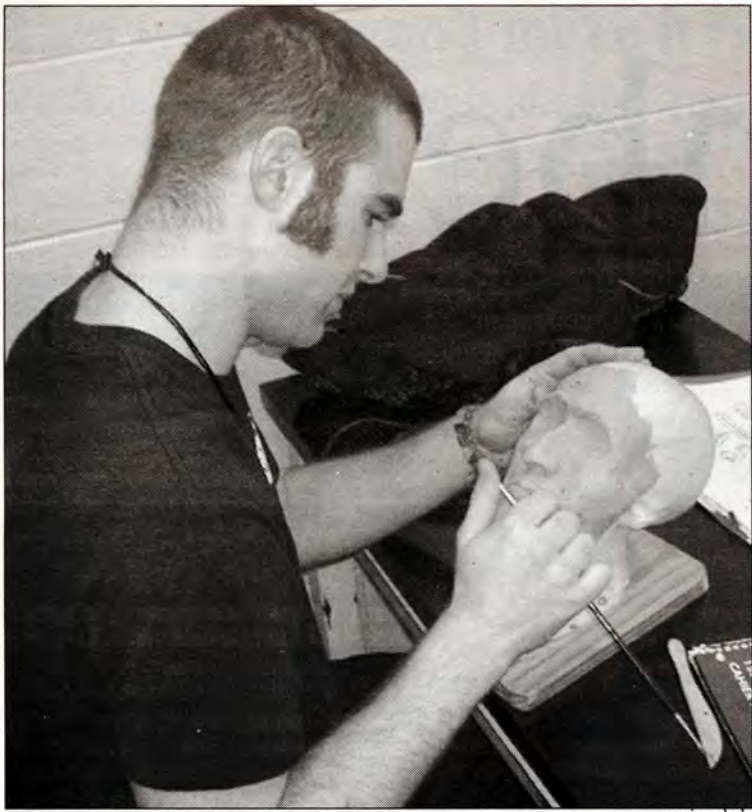
They also watch a video which depicts a memorial service held annually by the University of Toronto Faculty of Medicine to honour the donors and their families.

Although Humber does not hold a memorial, the bodies are returned to Ottawa for a service once their period of usefulness has passed.

"Everything is done to make sure of confidentiality, [respectful] treatment of the remains and to maximizing the learning," MacMillan said.



Humber's Sailing and Power Boating Centre is the largest Sailing Centre in Eastern Canada.



Justin Cider practices his skills in his restorative art class.

# Mending the dead

by **lina toyoda**  
ENTERTAINMENT REPORTER  
AND  
**carina sledz**  
IN FOCUS REPORTER

Funeral Services has such a solid reputation that funeral homes send their toughest cases here for reconstruction.

"They're certainly experts," said Jim Cardinal, funeral director of Cardinal Funeral Homes in Toronto. "The teachers there are very well equipped to teach restorative art and to teach all aspects of funeral service. They do it more often than the rest of us when it comes to restorative work and dealing with difficult embalming. They get a lot of pretty rough cases there, so they deal with the most extreme all the time ... they certainly have a lot of experience."

Humber receives 100 to 110 cases each year from as many as 70 funeral homes in the GTA.

Many are extreme cases of disfigurement from accidents or disease, which require more time and extensive work.

Materials such as clay, cotton, plaster and wax are used in

reshaping and reconstructing disfigured bodies, and cosmetics are often applied to provide a natural appearance.

Jeff Caldwell, co-ordinator of funeral services at Humber, says that restorative work is a priority of the program.

"We set ourselves up as having a reputation," he said. "Our mandate is utmost respect and care and procedure."

Humber's services help funeral homes have open caskets at funerals.

"Funeral homes are extremely busy places a lot of times," Caldwell said. "There are a lot of time constraints. It's often in the funeral homes' best interest and in the families' best interest to send the bodies to Humber. We will take whatever time is necessary and do whatever is necessary to do restorative work and thereby allow a family to have an open casket."

Cardinal said Humber also takes cases of people who were homeless or alone. "The embalmings that they do there are often people that are indigent, or there's no family." Humber is one of only two schools in Ontario that offer

training in funeral services, the other being a french program at Collège Boréal in Sudbury, Ont.

Enrolment has been steady, said Caldwell, with 350 to 400 applicants in recent years for the 130 places in the program.

Justin Cider, a second-year student in the program, said he chose this career path because of the important role it plays in the community.

"Being able to relate to people is probably the most important part of the entire process. You deal with the body for a limited period of time and the rest of the time you're dealing with the families and other directors. You really want people to feel like the send-off of their loved one has been meaningful."


The two-year program includes an internship in the second year, with a 95 to 100 per cent job placement rate after obtaining the required provincial license to become a funeral director.

Cardinal said "the vast majority of funeral directors in Ontario have been trained at Humber College, myself included."

## A Humber for All

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 **HUMBER**

# A musical education

by **beth macdonell**  
IN FOCUS REPORTER

The music program is even better for students pursuing a career in performance.

Instead of getting a diploma, students can enrol in a four-year program that will give them a bachelor's degree in applied contemporary music.

It's a program unlike any other in North America that allows students to not only focus on their skills as musicians, but also have a degree to fall back on if they don't end up performing.

"The reality of the industry is that musicians need to diversify, which means everything from composing to teaching," said Brad Klump, adviser for the diploma and degree programs.

In Ontario, performance programs are offered at York and the University of Toronto. But Humber's program "is nothing like what the universities teach," Klump said.

Dominique Morier, 22, plays the alto-saxophone and is a first-year student in the new applied music degree. He was a music student at Dalhousie University, but hated the program because it wasn't geared towards being a performer. He said there were too many theory, history and general education classes, and not enough opportunities to play. When a friend told him about Humber's program, he checked out the school on its website and said "it looked like a palace."

That year he dropped out of Dalhousie and applied to Humber.

Morier said he loves the program. "You are always with your instrument," he said. "Every class



beth macdonell

Humber focuses on more contemporary music styles, like jazz.

incorporates the students playing their instruments."

Morier said the other major advantage to the program is the instructors. "All the teachers here are working musicians. They are working downtown and actually playing," Morier said.

Klump said "the real world connections of the faculty are the skeleton of the program. We have a lot of students that come to study here because of the faculty."

Pat Labarbera, Ted Quinlan, and David Occhipinti are some of the big jazz names in Canada who teach at Humber.

It's also the only program that focuses on jazz, pop, world music and R&B. Unlike universities, Humber provides no classical training. The program's foundation in jazz allows students to pursue "contemporary" styles.

The program teaches a wide range of skills universities don't. In the new degree program, students

learn how to write music, produce it, market themselves, make a press kit and create a website.

"Our goal is to train students to become versatile musicians," Klump said.

The degree program has been drawing national and international interest, said Klump. The music department's students represent every province and five to six countries at any given time.

This week, David Liebman, an internationally acclaimed saxophonist, visited Humber as part of its Artist in Residence week, an event that takes place five times a year with visiting musicians from Canada or around the world. Students attend classes and seminars with the artist. The visit ended with a performance by Liebman.

There is stiff competition to get accepted into Humber's degree in applied music. Only one out of every six applicants made it this year.



Lakeshore campus, former site of the Lakeshore Psychiatric Hospital, is rumoured to be one of the most haunted places in Toronto.



courtesy andy hertel

During riding courses, front parking lots 6 - 8 are frequently closed to the public on weekends .

# Learning to ride

by vakis boutsalis  
IN FOCUS REPORTER

It's the largest of its kind in the world, and according to its programming director, most Humber students have no clue it exists.

"Students are not aware that right in their own backyard, or in this case their own parking lot, we run a very large, very visible motorcycle riding program," said Andy Hertel, a former accounting student who now heads Humber's Motorcycle Training Centre.

"I was a full-time Humber student back in the '80s. I rode a motorcycle, and I didn't even know that the school had a program like this," he said.

Operating out of the college's School of Transportation on Highway 27, north of Finch Avenue, the training centre offers a wide variety of courses that teach students everything from riding a bike to advanced maintenance.

The program's most popular course is "gearing up," which teaches newcomers the basics.

This doesn't mean there aren't programs available to people with experience. Humber offers courses for all levels.

"People who rode 20, 30 years ago and put it on the shelf for careers, families, whatever, have now come back to riding," said Hertel, who has 23 years of experience with bikes.

"Our average age of students is 34 years old."

Basic riding courses cost \$375 including tax and are 18 hours long, with one day spent in class and two days on a bike. Refresher courses take only a day and cost \$225.

The training centre is also certified to hand out M2 and M-class licenses, which means students can become fully licensed riders through the program.

"Aside from the Ministry of Transportation, we hand out more M2s and Ms than anybody in Ontario," Hertel said.

While you don't need a motorcycle to take the course (the college provides bikes) you do need at least an M1-class license, which means you must be at least 16 years old.

M1s can only be obtained through the ministry.

Humber also insists that proper safety equipment be worn at all times. This means an approved helmet, riding pants, jacket and

gloves, as well as eye protection and boots.

Students who sign up for courses this year will get a special surprise. The program is overhauling its fleet of motorcycles for the upcoming season.

A deal was struck between the college and Yamaha, and 135 brand-new 250 cc Viragos are going to be available to students when classes resume at the end of March.

Hertel said he is excited about the new fleet, saying it is the first time students will be able to practice on actual street bikes instead of the dirt bikes used in previous years.

Training courses take place during spring and summer months at both the North Campus and the Yamaha Centre in the east end of Toronto near Finch Avenue and Victoria Park Avenue.

There are plans to launch a third location this summer in Mississauga.

For those students who cannot wait until the riding courses begin, lessons on advanced motorcycle maintenance will begin on Feb. 8.

from 20 different countries, including China, Korea, Russia, Italy, Mexico and Columbia.

## School of Business

Humber is the first college to offer a Spa Management Diploma, which is starting this year. The students will soon have their very own spa in which to practice.

## School of Hospitality, Recreation and Tourism

A new program is being offered for at-risk students in the Etobicoke area who want to go into culinary

arts but have dropped out of high school. The program is a one-year cook pre-apprenticeship program.

## School of Technology

Each year, Skills Canada - Ontario coordinates the Ontario Technological Skills Competition. This is a three day event in which students from across the province showcase their talents and test themselves against industry standards. Every year, Humber students come out as winners. In 2005, Humber took first place in four out of five competitions.

# A diploma in funny business

Eugene Levy, Billy Crystal among famous names to visit school

by jonah bettio  
IN FOCUS REPORTER

Humber's School of Comedy at Lakeshore Campus is the only program in the world where students can earn an undergraduate or post-graduate diploma in comedy writing and performance.

The program was founded in 1999 by Joe Kertes, dean of Humber's school of creative and performing arts, and Yuk Yuk's Comedy Club owner Mark Breslin.

Since that time, it's grown from several courses offered during the summer into a successful program that gets international attention and visits from world famous comedians.

Program coordinator and stand-up comedy veteran Larry Horowitz has seen them all. "We have a lot of big names come through the school like Eugene Levy, Billy Crystal," he said.

Celebrities bring much appreciated attention, but for Horowitz the real strength of the program is the faculty.

"Every teacher is an actual working comedian. They go out at night to work and then they come back during the day and translate their experiences to the students," he said.

The diverse professional background of the faculty is reflected in the curriculum.

Students have the opportunity to take courses in everything from physical comedy to improvisation, and new courses are always being added.

"Since it's a new program, we're constantly changing things around," Horowitz said.

There are also many opportunities outside class that help students to grow as writers and performers.

"I think that it's amazing that it's mandatory to perform at Yuk Yuk's," said post-graduate student Pam Thomson. "That was an area I wasn't interested in, probably

because I was really nervous about it. Making it mandatory forced me to do it. Now I'm considering doing more work in stand-up."

For Anne Jennings, a post-graduate student in the program, it's her fellow students that make the program shine.

"Everyone has a different sense of humour and talents. Some people are amazing writers, some are amazing performers," Jennings said. "We bring out a lot of each other's strengths, not our weaknesses. It's not competitive and everyone is prone to helping one another."

The comedy school also attracts students from all over North America.

Post-graduate student James Ponce first found out about the program in his hometown of San Antonio, Texas.

"I did a show in San Antonio with (Toronto stand-up comedian) Russell Peters. He told me a lot about the program," Ponce said. "The first thing that really intrigued me was the students because everyone brings their own passion to everything they do."

Often, that passion amounts to professional success for many of the program's graduates.

Levi MacDougall and several other alumni are working on The Comedy Network's show *Popcultured*. Graduate Nikki Payne has starred in her own *Comedy Now* special on CTV, and written for *This Hour Has 22 Minutes*.

"Four of the five finalists in the Comedy Network's *Cream of Comedy* competition were from our program," said Larry Horowitz, program coordinator. "The guy who won it (alumnus Jeff McEnery), has had a ton of offers for work."

The Lakeshore Campus auditorium plays host to *And Still More Comedy*, directed by Lewis Bowmader and featuring the work of comedy school students on Sunday at 8 p.m.

*"We bring out each other's strengths."*

*Everyone's prone to helping one another."*

- Anne Jennings, student

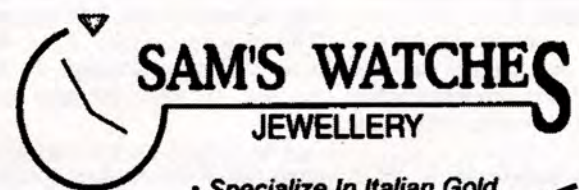
## More things that make Humber stand out

### School of Social and Community Services

The two-year police foundation program is Humber's first online diploma that can be taken from anywhere in the world, says Dean Ian Smith. Canadian Forces personnel stationed in Afghanistan are enrolled in the program.

### School of Liberal Arts and Sciences

Seventy per cent of students in the English program are international students, says program manager Vera Beletzan. They come



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"The country is full of good coaches. What it takes to win is a bunch of interested players," said Don Coryell, coach of the San Diego Chargers from 1973-1986.

# Perfection leads the way



Humber Hawk Perfection Powell served her team well on Sunday against Nipissing. She was named player of the game.

## Hawks spike winning weekend in Nipissing

by dennis chung  
SPORTS REPORTER

Humber's Perfection Powell won player of the game in Sunday's volleyball match against Nipissing, which was fitting as both the women's and men's teams combined to go a perfect 4-0 on the weekend home stand.

The women's team beat second place Nipissing (25-18, 25-12, 16-25, 25-15) to clinch first in the Central West division with a 12-0 record. Nipissing fell to 10-2 with the Hawks providing both of their losses. Humber also beat Canadore 3-0 Saturday.

After winning the first two sets, Nipissing came back to win the third as the Hawks grew complacent.

"It was a good eye opener for us," said coach Chris Wilkins. "We have to stick to our game plan and we can't get lazy and we did that in the third game."

Losing the third set woke the Hawks up and they came back in the fourth to win the match.

"We dominated and we showed them that they shouldn't have won the third game," Powell said. "We're number one in Ontario and we're trying to prove it."

The men's team also defeated Nipissing (21-25, 25-19, 27-25,

25-18) to bring their record to 5-6. The win, along with the 3-0 victory over Canadore on Saturday, kept the Hawks within reach of second place Nipissing, who fell to 7-4. Mohawk leads the division with an 11-0 record.

The Hawks made 13 unforced errors in losing the first game, but were able to control the second set to even up the score.

*"We're number one in Ontario and we're trying to prove it."*

- Perfection Powell, women's volleyball team

"Dropping the first set was kind of heart-breaking," said team co-captain Mike Smith. "To see a team full of rookies and inexperience fight back, it's a really great sign."

The turning point of the match came in the third set when, momentum swung back and forth.

With Fred Lee winning player of the game, the Hawks won in extra points with the home crowd cheering them on.

"We started to realize that 'geez, you know what? We can win this game!'" said coach Wayne Wilkins. "As they continued to falter, we capitalized and scored more points."

The men's team is assured a third-place finish, and can still reach second place if they win their remaining two games and Nipissing also loses their final two.

Both the men's and women's teams play next against Niagara.

## This week in sports

### Friday Feb. 3

Detroit Red Wings general manager Ken Holland will be Team Canada's GM for the 2006-World Hockey Championship.

Raptors trade Jalen Rose to New York Knicks for Antonio Davis.

### Saturday Feb. 4

Leafs win against New Jersey Devils. (4-2)

Retired quarterback Warren Moon becomes first African American to be entered into NFL Hall of Fame.

Atlanta Thrashers guaranteed in playoffs according to GM Don Waddell. They currently stand in 11th place.

### Sunday Feb. 5

Canada's Sarah Renner wins silver medal in women's world cup cross-country 10km classical race in Switzerland.

Tiger Woods wins Dubai Desert Classic.

Pittsburgh Steelers win Super Bowl XL over Seattle Seahawks (21-10) It is the Steelers fifth Super Bowl win.

Kevin Martin wins his second straight Canada Cup of Curling title.

### Tuesday Feb. 7

Phoenix Coyotes assistant coach, Rick Tocchet is charged with financing a gambling ring involving NHL players.

Bengie Molina is signed to the Blue Jays for a two year deal.

# Women shoot to score at extramural

by rui gomes  
SPORTS REPORTER

Lindsay Alvario allowed only two goals in three games to back-stop the Humber Hawks to the women's extramural hockey championship in Sarnia.

"Lindsay probably stopped, in the last two games, maybe three or four breakaways," coach Jim Bialek said after the tourney.

"She was unbelievable. She made huge stops at key points in the games."

In the final game against the defending champs from Durham College, goals by Erin Carter and Emily Curcuruto gave the Hawks a 2-0 lead midway through the first period.

Durham scored one minute

into the third period, but Humber stuck to a dump-and-chase game to clinch the championship with a 2-1 win.

"It was amazing to see a group of individually skilled girls, who gave up part of their own glory, to ensure team victory," Bialek said. "Other schools may have had more skill down through the roster, but we were the best team there."

The women started the tournament with a 2-0 shutout win over Sir Sanford Fleming, with goals from Becky Lundy and Mandy Clemens.

"Becky scored the prettiest goal of the tournament and probably the prettiest I've seen in a while," Bialek said of the play that started with Curcuruto flipping the puck in behind Fleming's



The women's hockey team has recently earned a championship plaque which will be displayed in Humber's Athletic Centre.

defence.

The Hawks then faced rival

McMaster University, still stinging from a loss to the Hamilton school

in the last tournament.

Trailing 1-0 for most of the game, Carter tied the score with just under six minutes left in the game and two McMaster players in the penalty box. Ten seconds after the second penalty expired, Clemens scored, completing the comeback. Humber held onto the lead for the 2-1 victory and for a spot in the final.

Curcuruto said McMaster was the toughest opponent in the tournament, which was held at the Sarnia Sports and Entertainment Centre.

"We had to fight back just to win," she said. "It was a physical game. We took a beating but the girls played very hard and we played as a team."

The team plays on Feb.17 in Kitchener.



**"Baseball is the only field of endeavor where a man can succeed three times out of ten and be considered a good performer." — former baseballer Ted Williams.**



Doug Gilchrist

Even with injuries to key players, Humber's teams have been able to remain competitive thanks to the efforts of the physiotherapy department, headed by Lydia Henry, above.

## Where there is pain there is no gain for Humber teams

by **doug gilchrist**  
SPORTS REPORTER

Despite being bit by the injury bug, Humber's varsity teams have managed to stay at the top of the standings in the Ontario Colleges Athletic Association (OCAA).

Both the men's basketball (9-2) and women's volleyball (10-0) teams are ranked first in the OCAA despite missing key players over the season due to injuries.

"We've been really fortunate this year," said Darrell Glenn, coach of the men's basketball team. The team has 14 players and each "has been able to start and make an impact."

This was important because all-Canadian Shane Dennie and key post player, Sebastien Hunziker, were each out six weeks with high ankle sprains. Yet the team was 5-0 at the Christmas break.

Since Boxing Day, women's vol-

leyball all-star and co-captain Risha Toney has been sidelined by a viral blood condition that struck her while the team was in Calgary for a tournament.

"It's an injury that kept her out for a long time," said Chris Wilkins, coach of the women's volleyball team.

The condition makes Toney's heart work harder than normal. She has to be monitored and have her blood tested every week until her doctor clears her to play.

Wilkins calls this "the most unique and difficult" injury he has ever had to deal with. "To this day no one has been able to give me an answer to how she went down."

"I go to the doctor every Friday to make sure my blood volume is going up," Toney said. She is hoping after her next test she will be cleared to play in the weekend games.

Amanda Arlette, the other captain for the women's volleyball

team, was sitting out of practice last week, icing her knee from an inflamed tendon below the kneecap known as "Jumper's Knee."

"I can't be one of those people who stands around and watches people play," Arlette said. "I have to be part of the team. It's hard for me not to be."

All the varsity coaches have high praise for the physiotherapy department, headed by Lydia Henry. She said her job is to be aware of the care of all the varsity athletes and to help the student therapists that are assigned to each of the varsity teams. Henry said they are always with the teams when they are playing and "also treat (the players) in the clinic."

Laurie Augustin, the student therapist for the women's volleyball team said the secret to remaining injury free is "stretching, proper sleep, proper nutrition, and just maintaining a healthy lifestyle."

# Sideline



by **adam pochwalowski**

## Saving the goaltender

Just over halfway through the season it's apparent the National Hockey League is a collection of have or have-nots. You either have a goaltender that will carry your team through to the playoffs, or you don't.

With the new rules in effect, goaltenders have suddenly become more important than they have in the past, and now there are a number of teams that are solely dependant upon them. Before the lockout last year, in the days of clutch and grab hockey, a team could get away with having a mediocre goalie because the defence could manhandle players and take away scoring chances. But those days have passed. As it stands now, players can crash the net almost uncontested, which means goalies now have to put up with injuries inflicted by flying players.

Teams like Toronto, Colorado, Montreal and others all have holes to fill in net, so to speak. A look at goaltender stats shows how woeful it is for these teams, with all of them ranked 31st or lower in their goals against average, with Toronto's Ed Belfour bottoming out at 34th with a 3.29 GAA.

Jose Theodore, once the darling of Montreal, is in the hot seat right now, having been pulled three out of his past four games.

He is now in the very real danger of losing his starting position to upstart Cristobal Huet. Toronto isn't any better off, with Belfour only showing brief flashes of the brilliance he's displayed in previous years. With every sub par performance, the chances of Mikael Tellqvist being in net next year or the Leafs trading for a goalie becomes more probable.

Some of the teams near the bottom of the standings have talented goalies, and most of them can, on any given night, steal a game for their team. But a team cannot rest that responsibility on their pads every night. The defensive aspect of the game has become that much more vital to a team's success, and without a solid defensive core, a win is hard to come by. A good look at Toronto or even Atlanta shows even with a talented goaltender in net, they can't buy a win without their best defencemen playing.

The smaller equipment or the new puck handling rules implemented for this season could be blamed for the degradation of stats, but at this point the adjustment period should be over. It shouldn't be an issue any more.

Until the league's defencemen are able to keep the front of the net clear, goalies will be what makes or breaks a team.

## Olympian highlights of the first week

- Feb. 10 - Opening ceremonies.
- Feb. 11 - Women's hockey, Canada vs. Italy.
- Feb. 12 - Ski jump finals.
- Feb. 13 - Ladies snowboard

- halfpipe finals.
- Feb. 14 - Speed skating, women's 500 metre.
- Feb. 15 - Men's hockey Canada vs. Italy.

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