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For Mar 15 - 19 1997  
 Vol. 25 Issue 22

# Humber Et Cetera

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1971 to the Present **25 YEARS** Et Cetera 1997

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# Election candidates are off and running

by **Djamila Assam and  
 Rebecca Reid**  
 News Reporters

The common theme at the first of three Humber election forums was student involvement, but who were candidates speaking for? There were only 50 people present to listen to Students' Association Council (SAC) hopefuls give five minute speeches in the Concourse on Tuesday.

"Student apathy is something that as a student leader you can't overcome. It's something you must learn to deal with. People like to address problems, they don't like to help find solutions," said current SAC president, Steve Virtue.

There are two candidates running for the \$24,000 salary position of president and three people

vying for the \$16,000 position of vice president at the North campus.

At Lakeshore, there are two students running for president with a salary of \$7,410, while three are running for vice-president with an expected salary of \$6,448.

Lakeshore's presidential candidates include, Cameron Swimm and Donny Gilligham, and for vice-president; Jason London, Mark Dewdney and Sonia Levy.

Candidates running for presidency at North campus are Shirley Forde and Johnny Megalos. Vice-presidential candidates are Ryan Johns, Stelios Kyprio and Nikki Dhaliwal.

Each spoke about their goals for the future at Humber and how

they planned to achieve them. One of their goals is to put the student back in student council.

One way of doing this, at the North campus, will be to actually use student fees on the students who pay them.

"SAC receives roughly \$500,000 in student fees. SAC will use this money to go towards things directly for the students," said presidential hopeful, Shirley Forde. SAC also receives about \$150,000 in rent from vendors such as the photocopy shop and the games room.

At the conclusion of the speeches, a question and answer period was open to the audience. Only three questions were posed, among them the issue of student apathy, which was abundantly

clear at this SAC event.

"We try to put out flyers, posters, to attract them (students) but it doesn't work. People are like 'oh I have class at that time' a lot of them just don't care. They want to go home," said SAC member Glenda Galarza.

Poor turnout could not be blamed on a lack of effort by the candidates. They made sure their names and faces got around Humber by hanging posters and handing out flyers in the Concourse at North campus. Two of the candidates had students write their concerns on their clothes with markers.

Voting at North campus is on March 18, 19, and 20 in the Concourse, and in the cafeteria at Lakeshore.

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...see our band schedule on page 21

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# Et Cetera News

## Child poverty rising

by Victoria Jackson  
News Reporter

Homelessness, child poverty, welfare and workfare were just some of the issues raised at a meeting to 'put poverty on Etobicoke's agenda' on Feb. 22.

The meeting, organized by the Anti-Poverty Coalition, took place in Etobicoke's council chambers with only 30 people present.

Kevin Gregory, one of the organizers, said they hoped more people would show up for such an important issue, especially the city's councillors.

"They knew, but they aren't here," Gregory said. "Except for Irene (Jones). She's always been supportive of us. She's our strongest voice on the council."

Councillor Irene Jones led the group in a brainstorming session on ways to bring poverty issues to the attention of the community.

Most people agreed the top priority was for different groups to stand behind one message.

Gregory said the group has to get in people's faces to get their message across.

"You have to make people and representatives aware of poverty and the effects decisions of government will have on societies most vulnerable people," Gregory told the group.

Representatives from several organizations, such as Campaign

2000, Understanding Society (US), and Etobicoke Housing Fightback Campaign, each took turns speaking.

Colin Hughes from Campaign 2000, a group that keeps track of the federal government's 1989 promise to end child poverty by the year 2000, said the rate of child poverty in Canada has climbed five per cent since 1989.

"If we don't hold the government's feet to the fire about that resolution, it may disappear," Hughes said.

Paula Adams of Jamestown Community Kitchen Group, said the government needs to support people who are trying to break out of the binds of poverty.

"We are teaching these people to cook safely, economically and nutritiously. Now these women are coming together and starting a catering business," Adams said. "They can't do it all without some support."

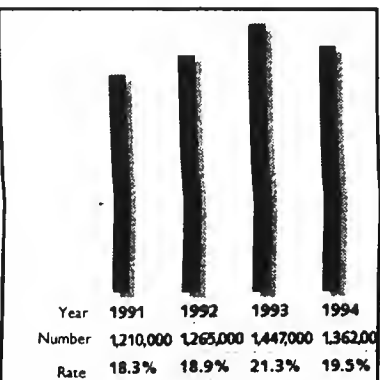
Wendy Curnew, of Understanding Society, started the group with some of her friends as a support network when no one else seemed to understand. The group now conducts sessions and promotes public awareness about women and children on social assistance.

"I've heard all too many times that come 'cheque day', we're all in the bars and not even feeding our children," Curnew said.

She told the group what 'cheque day' was like for her, paying her rent and deciding how much money could go for food and how much she needed for her son's schooling and clothes.

"After paying for rent and groceries and maybe clothes for my son, my money is spent in the time it took me to tell you that story," Curnew said. "Now there is a \$2 charge for each prescription. It may not sound like much, but when you don't have it, it might as well be \$2-million."

Gregory urged people to attend the coalition's meetings at 70 Chartwell Road, on the third Monday of each month. For more information call Kevin Gregory at 416-924-4646.



Between 1991 and 1994, the rate of child poverty climbed from 18.3% to 19.5%, while the likelihood of a senior being poor decreased. Between 1991-1994 there are 152,000 more poor children. From the Child Poverty in Canada 1996 report.

## Students change identity for mock UN conference

by Samantha Jane Weekes  
News Reporter

For several days in February there was a chronic case of mistaken identity in Toronto — a University of British Columbia student was being mistaken for an American.

"For the past three months I've lived and breathed the United States. I've had a couple of delegates come up to me and ask me 'are you American?' and I've said 'No, no I'm not', said Shirin Foroutan, who attended the 1997 North American Model United Nations (NAMUN) conference.

The purpose of the conference was to expose students, from an array of academic disciplines, to some issues currently challenging the United Nations (UN), such as the plight of the Kurdish people.

For many participants, the conference provided opportunities a classroom could not.

"You meet people from other countries. It's nice to know how different people think and different countries behave," said Despina Alexiadou, who travelled from Greece to attend this year's conference.

Alexiadou, who is studying political science and economics at the University of Macedonia, has previous experience with such

simulations. In the past, students from the University of Macedonia participated in UN conferences held in New York and the Hague.

"It helps prepare you better for your future," said J. David Feitchner, a University of Detroit Mercy graduate. "You're going to be discussing, you're going to be arguing, you're going to be hammering out policies. I think it's good in the classroom to write papers but the knowledge does you no good unless you can use it and argue different view points," Feitchner said.

In spite of the preparation required prior to attending the conference, which included giving up weekends and extra work to their already heavy school loads, many student delegates hope to participate again next year.

Humber student Amar Bains said the effort needed to prepare for the conference was worthwhile and other students should not be discouraged by it.

"Complacent attitudes get us nowhere," said Bains. "If you have to prepare, so what? In the end it's worth it. You get to meet so many people from all over North America and you get to hear a respective country's position that you might not have had a chance to hear before this."



Student delegates representing Greece at mock UN conference.

### CORRECTION

In the Feb. 20 issue of the *Et Cetera* (cover story) regarding Academic Council policy on advertising the article stated: "Therefore, no advertising of any kind should be allowed in any classroom, laboratory, or clinical and field placement sites." It should have read: "... not disruptive, intrusive or inappropriate advertising could be accepted by the (proposed) standards of the Advertising Committee in the places named."

A complete copy of the Academic Council Subcommittee on Implications of Advertising Framework Statement Draft is available from Academic Council.

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# Megacity slammed with a NO

by Antonio Tedesco  
News Reporter

The five municipalities and one borough sent a resounding message on March 3 to the Harris government that they did not want a Megacity.

Since the Harris' government's Unified City proposal was announced last December, public reaction has been somewhat mixed.

While the pro-Megacity forces kept a low profile, the anti-Megacity forces held public debates, marches and a referendum - events that Etobicoke Rexdale MPP John Hastings said impacted the final results.

"I'm certainly not surprised by the outcome," said Hastings. "You did not have an active Yes side/No side. You had a very active No side and there is a tradition in Canadian politics that Canadians vote No, at least in the last 20 or 25 years. I think the

media placed a great deal of emphasis on it locally."

On the heels of the referendum a variety of politicians, including Etobicoke Mayor Doug Holyday, considered the referendum a waste of money as well as a poor account of voter reaction.

"I didn't support the referendum and I never supported the cost," said Holyday. "I believe a lot of people didn't have the opportunity to come out and vote."

Both Hastings and Holyday said they agreed the fervor and organization of the anti-Megacity forces went on to skew the final results in favor of those forces. Pro-Megacity forces' voices were rarely heard.

Many Etobicoke residents said it was necessary for them to voice their opinion.

"I believe in using my right to vote. This is an issue that I feel is fairly important," said Etobicoke

resident Peter Bonk.

Cars lined the small residential streets in the Islington Avenue and La Rose Avenue area, but the long line-ups at Etobicoke's Richview Library didn't stop a throng of referendum voters from showing up. Some voters said they didn't mind the long wait to cast their ballot.

"This is the first time I've been glad to be in a line-up," said Etobicoke musician Nick Zubeck. "I'm not too clear on all the issues. I don't know that much about it, but the main thing for me to say No is because I figure that the less representatives there are the less democratic the whole system is."

People appear to have powerful emotions about the Megacity plan, even though many don't know what the actual issues are. One anti-Megacity supporter, who has lived in Etobicoke his whole life, said, "if the Megacity

goes through, I will sell my home and get the hell out of Ontario."

But according to Hastings, Bill 103 will be reviewed and where things need changing they will be changed.

"There are going to be several significant changes to Bill 103, when we resume in the House," said Hastings. "There are going to be at least two dozen amendments by the government as a result of the hearings. We do not have referendum legislation. We are considering introducing a referendum bill in the next year or so if we can ever get it out of the Legislative Assembly."

Despite the strong anti-Megacity tone, there were a few amalgamation supporters scattered amongst the hundreds that waited for their turn to reject Bill 103.

"I will vote Yes, because I don't like all this bureaucracy," said Emanuel Czyzo. "I think

there are too many people doing nothing."

## MEGACITY REFERENDUM

### Question:

Are you in favor of eliminating [your municipality] and all other existing municipalities in Metropolitan Toronto and amalgamating them into a Megacity?

Results:	YES (%)	NO (%)
Toronto	26.5	73.5
York	34.7	65.3
East York	18.5	81.5
North York	20.6	79.4
Etobicoke	30.3	69.7
Scarborough	21.9	78.1
<b>Totals:</b>	<b>24.4</b>	<b>75.6</b>

Results taken from the Tuesday March 4, 1997 edition of the *Globe and Mail*.

## Career Fair to be showcased

by Djamila Assam  
News Reporter

Students will have an opportunity to meet with representatives from major manufacturing corporations next Wednesday March 19 at 1 p.m. in the Concourse.

More than 20 companies will participate in this first-time event, which has slowly gained steam over the past four months.

Many student volunteers are taking part. The school has paired students with companies that represent their areas of study.

"It's a dialogue between students and the industry. Which is helpful. The industry knows what our students are doing and learning, and then putting it in context with what they need in future employees," said Andrew Brown, program coordinator for Machining.

All in all the event is a great chance to observe how the professionals do business.

It's an opportunity to practice networking abilities with possible future employers. There's nothing to lose, and a lot to learn.

# Rocket to ride on new lines

by Adam Weissengruber  
News Reporter

Toronto Transit Commission (TTC) officials told local residents to expect some traffic inconveniences, at an information session about the Sheppard Subway last Wednesday.

The meeting at Dallington Drive Public School was another in a series of meetings the TTC has put together to maintain ongoing public consultation throughout the design and construction of the subway line. The focus of this meeting was the new station at Leslie.

Charles Wheeler, the project director responsible for the design of the new stations, discussed some of the obstacles that must be overcome to complete the project. While the station will be on the southwest corner of the intersection, the Don River, which snakes across the southeast corner, caused in Wheeler's words, 'the biggest design problem'.

They considered burrowing deep below the river but Wheeler said the cost was prohibitive. Instead, they are building a concrete box on top of the difficult landscape.

Wheeler put some fears to rest when he promised the construction of the box, "Will not mean loud annoyances. Some of our testing indicates our volume

will be at an acceptable level."

He said the design will take into account the park land they are working in. Once construction is completed, the box will be buried under soil and vegetation and will be planted so it will blend in with the landscape.

In terms of station appearance, Wheeler said each station along the line will feature its own unique piece of artwork. At Leslie, one of the walls will have tiles with the word 'Leslie Station' written on each of them. The TTC is currently taking handwriting samples from people who want to have their work immortalized on the stations walls.

Before the \$875 million project is completed in mid-2002, commuters along Sheppard and its intersection will have to deal with some road modifications. At Leslie, Sheppard will be narrowed from seven lanes to five during construction but will re open to eight when completed.

While this change could lead to traffic tie-ups, Wheeler said, "there is research that 15 per cent of drivers can find alternative routes to get where they are going when they are aware of possible slow-downs. We are counting on that to alleviate any problems."

Fellow designer, John Soupolous talked about the four



Charles Wheeler, project director discussing plans for new Sheppard Subway line with concerned citizens, at info session last Wednesday.

other stations that will be built, and the line in general. The other stops will be at Yonge, Bayview, Bessarion and Don Mills.

The decision to have a stop at Bessarion has been questioned by some. It is not a major intersection and is only a few hundred meters from Leslie. Wheeler told the audience, "I fought to have Bessarion in there."

Joan King, Metro Councillor for Seneca Heights, elaborated on why the station is important. At the corner of Bessarion and

Yonge is a large tract of industrial land that is currently filled with an abandoned Canadian Tire warehouse. King said while there is no definitive plan in place, a major re-development will take place at the location.

"There is no developer yet, but one of North York Mayor Mel Lastman's proposals for the Sheppard Subway was for development to happen along the whole line. We're sure something will be done at the site soon," she said.

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# FACE-TO-FACE

Compiled by  
**Greg MacDonald**  
News Reporter

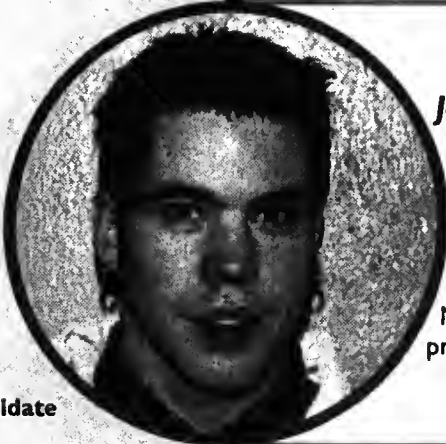
Photos by  
**Kevin Shillinglaw**  
Photo Editor



Presidential candidate  
**Shirley Forde**

Students' Association Council vice-president **Shirley Forde** is running for president. As president, she wants to lower textbook costs through the use of CAN-COPY, a license issued by publishers allowing legal photocopying of textbooks. Forde, a second-year Business Administration student, said CAN-COPY will save students 30 to 50 per cent on books. She said Humber's had the license for a year but hasn't used it. "It's time for our student government to step in and say 'Fine, we'll make sure it gets done'," she said.

Forde said she's held important positions in student government and is not running to pad her resume. "Over the last few years we've done a lot for students," she said citing the new drug plan and funding the Health Centre as important accomplishments.



Presidential candidate  
**Johnny Megalos**

**Johnny Megalos**, presidential candidate and second-year Business Marketing student, wants to brighten student life by having more events. He also wants to help lower students' expenses by having fund-raisers. The revenue generated would subsidize expenses like tuition and parking.

Megalos said he successfully co-ordinated a benefit concert involving Seneca, Centennial, George Brown, University of Toronto, Ryerson and Sheridan. An event like this, he said, "promotes togetherness."

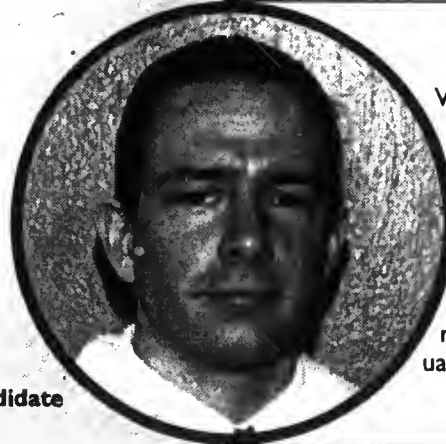
Megalos is running because "it's a very, very good experience and I believe in it. I wanted to prove to myself and to everybody that this school can be a lot better."



Vice-presidential candidate  
**Nikki Dhaliwal**

"Leadership is an action, not a position," said vice-presidential candidate **Nikki Dhaliwal**, a second-year Legal Assistant student.

Dhaliwal serves as a business rep on SAC. Her long list of experience with SAC includes Director for special events and a member of the SAACnet steering committee. She also served on the Student Issues Committee. Her goal is to continue to improve on the quality of SAC services with a focus on student needs. Dhaliwal said she would also like to implement a "Students Against Solicitors" program and improve networking with other colleges and universities for Humber clubs.



Vice-presidential candidate  
**Ryan Johns**

Vice-presidential candidate **Ryan Johns** said students are "not getting the information they need. If we don't take steps now, it's going to get worse and worse."

Johns, a second-year Hotel and Restaurant Management student said this year's council is out of touch.

"It wouldn't take much for them to get out and show a presence. I've seen it from a student's standpoint. They're invisible," he said.

Johns said he is "somebody who's outgoing, ambitious, and will get out and talk to people." Johns further expressed his dissatisfaction with the current council when explaining his reason for running, "I'm just as tired as I think everyone else is with being left out of the situation. I have a voice and the students of Humber have a voice."



Vice-presidential candidate  
**Stelios Kypri**

**Stelios Kypri** is running for vice-president. He said he plans to "improve the communication between the students and SAC" and to "improve the attitude and the positive thinking towards the school."

Kypri, a first-year Business Administration student, plans to improve communication and raise SAC's profile through the use of posters, bulletins and surveys, and by having council members going out and talking to students.

"I don't want SAC to have an 'I don't give a damn' attitude," he said.

"I get satisfaction knowing I helped," said Kypri when asked why he is running.

**Donny Gilligham** is this year's Lakeshore SAC vice-president.

Gilligham, a second-year Business Administration student, running for president. Gilligham said this year, getting people to attend SAC meetings has been a problem. He believes part of the reason is that honorariums, given to SAC members who have performed well, were given out far too early. To change that, Gilligham said he would give every member checkmarks for such things as attending events and meetings before giving them honorariums.

Gilligham would like to better plan recreational events at Lakeshore next year.

"We had some things last year that we did the year before that we'd like to redo next year. What we'd like to do is save money for the students and do more events that they actually like."

Gilligham said he would like to build a games room in the cottages. "It's one of the things Chris and I said we were going to do, and we going to finish it off."



Presidential candidate  
Donny Gilligham

Compiled and photographed by  
Scott Yeddeau and John Wright  
News Reporters

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**Cameron Swimm**, Lakeshore's current vice-president of Finance, has thrown his hat into the ring for the upcoming SAC election for president, in an effort to give a voice to Lakeshore's student body. "Improving student life is one of my goals if elected as SAC president," said Swimm. "The student perspective is very important and valuable to me. I really want to open up the lines of communication and fully develop all areas of the Lakeshore campus."

Swimm who has been an active member of Humber's student government as a Business Divisional Representative for SAC and as a Director on the Council of Student Affairs, said SAC needs strong leadership.

"Although I think that SAC has been providing good things for students, I would like services to become more customer oriented. We have to change our image."



Presidential candidate  
Cameron Swimm

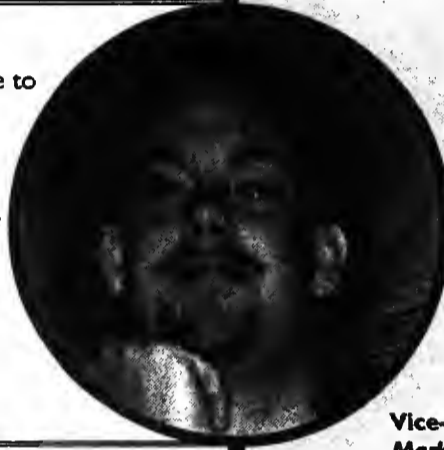
**Mark Dewdney**, a first-year Law and Security student, running for vice-president. He would like to improve the frequency of student events at Lakeshore next year.

"There are a lot of events cancelled due to people not being available on council... so I'd want to change that. You can't really demand things from people and expect them to get it done, but basically you have to make people accountable."

As for the students in the cottages, Dewdney would like to get them more involved with the rest of the school.

"I've heard complaints from the cottages." One thing Dewdney has to criticize is council's lack of an open-door policy.

"There wasn't a feeling you could walk through the door and say 'I have this problem, I want to talk about this' or 'I have a suggestion for you'."



Vice-presidential candidate  
Mark Dewdney

**Sonia Levy**, a second-year Music student, the current director of marketing for SAC at Lakeshore, is running for vice-president

"Spring Fever wasn't well advertised. I'm going to do my best to follow up with the president to pull up that slack," she said.

Levy would also like to encourage student involvement. There's the problem of the students who only attend classes in the cottages, the old buildings across from the main building.

"I want to ensure that signs are put up there too. I've heard about the complaints and I'll do my best to be sure things are followed so they feel like a part of the school."

Levy would also like to have different types of events this year.

"You have to ask the students what they want because it's their student fees that are being paid. You have to try to accommodate them, (to determine) what will be special to them, be meaningful to them."



Vice-presidential candidate  
Sonia Levy

**Jason London**, a second-year Business Management and Financial Services student, said his close relationship with SAC will help him represent Lakeshore's population as vice-president next year.

"I've always had a close relationship with SAC, with past and present presidents. I think the work (this year's council) have done is a really good job."

The first thing London would like to do is finish what SAC started this year, the programs they've set up for

students in the main building, and continue getting them into the cottages.

As for student events, he sees something lacking.

"I'd like to see more promotion, more publicity. Years ago, this school had tremendous spirit, a lot of people got involved. Unfortunately over the last couple of years, that's diminished. I haven't seen the participation out of anybody at the school that there used to be. On a whole, the level of excitement has dropped."

He would also like to change SAC's financial planning. "What I'd like to see is for us to use our budget a little better. We should be able to bring the school closer together, get everybody involved. I'd like to encourage students to suggest more things."



Vice-presidential candidate  
Jason London

WITH  
SAC



ELECTION CANDIDATES

# Humber grads swamp Laurier program

by Jennifer Oxley  
News Reporter

Humber graduates will account for half of the students in Wilfred Laurier University's new part-time MBA program.

John Murray, School of Business professor at Humber, said he was pleased to learn 50 per cent of graduates accepted

into the Laurier MBA program were from Humber.

"I am really optimistic, this is good news for Humber," Murray said.

Murray played an important role working with Laurier's School of Business to forge the partnership between the schools.

Richard Hook, vice-president of Academics, said the first classes will start April 1.

The program is called Laurier on the Lakeshore and will be held at the University Centre on Humber's Lakeshore campus.

Laurier will grant advanced standing and course exemptions for 25 per cent of the MBA

course work to graduates of Humber's Public Relations Certificate program, International Business, Human Resources and Market Management.

The program is part-time and will run for about 20 weekends a year, over three to four years.

Toby Fletcher, School of

Business chair at Humber said the International Business program, along with the Marketing Management and Human Resources Management Certificate programs, are being relocated to Lakeshore campus for fall 1997.

Fletcher said only new students for 1997-98 will attend these Lakeshore programs.

## No traffic lights despite student pleas for safety

City decides to hold back on spending money until someone is seriously hurt

by Renae Jarrett

News Reporter

Despite Humber's concern for safety, it may take a major accident for the College to construct a four-way traffic signal at the entrance near the gym. The price tag for the installation of lights is \$100,000.

"It's easy to say 'we don't have the money,'" said Humber Transportation Planner John Hooiveld.

"But by the same token, I don't want the College to appear callous and not care about the personal safety of people crossing the road," he said.

For the past three years, Humber has wanted the City of

Etobicoke to turn Spruce Vista Avenue and Humber College Boulevard into a signalized intersection to ward off pedestrians and a high volume of U-turns.

However, there hasn't been an emergency, so nothing has been done.

Humber College President Robert Gordon said it will remain that way until the situation becomes serious.

"I can only say it's been an issue, it's never been a crisis," said Gordon.

"We've never gone all out to try and make the changes. I think if someone got knocked down, all of a sudden it'd be an issue," he said.

However, Gordon concedes waiting for an accident is irresponsible. "Maybe we should be looking ahead a little bit," he said.

The College is not the only one looking into this matter. The Toronto Transit Commission (TTC) is concerned about stu-

dents who cross before or behind the bus without using the crosswalk.

"Our experience with crosswalks and students are that they don't mix very well," said Malcolm Kerr, TTC supervisor for Stops Administration.

"I don't like them (crosswalks)," he conceded "I would prefer a signalized intersection. They function much better."

Traffic lights would also help reduce the number of U-turns being made by staff and students.

"I think daring to make a U-turn at a signalized intersection is probably different than daring to make one at an open intersection," said Hooiveld. If there were traffic lights, Hooiveld added, "perhaps they would feel a bit more conspicuous," making illegal turns.

Without the lights, though, U-turns are almost unavoidable.

Even Gordon admitted, "I do it myself quite often."

## Website offers employment opportunities

by Jennifer Oxley

News Reporter

The Canadian government has set up a website in an effort to help youth access job information.

Pierre Pettigrew, human resources minister, launched the government of Canada's Youth Employment Strategy.

The new website is part of the employment strategy and is designed to enable youth to access career information and find out about work and internship opportunities.

"Many young people today are experienced users of information technology. Government has to catch up, and provide them with relevant and useful information so they can make their own informed choices about careers and work," Pettigrew said.

The site consists of self assessment quizzes, information about careers, job banks and training and education information.

The training and education section provides links to provincial, national and international highschools, colleges and universities. Students can gather information about each individual school.

Information can also be found about where careers are heading towards the year 2000.

While the site offers a great deal of information and can download quickly, some users may find it cumbersome.

Even so, the end results can be well worth the effort.

As well as the website, the government has also introduced a summer job program and a new internship program.

Student Summer Job Action will receive increased funding in 1997 to help more than 60,000 young people get career related summer jobs.

The new internship program is designed to create work experience opportunities for 110,000 young people in areas including science and technology, the environment and international development.

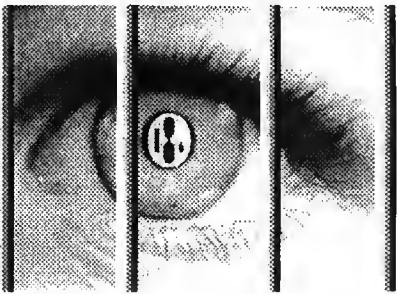
"Investing in young people is an investment in Canada's future. The Youth Employment Strategy provides us with the tools we need to help thousands of young Canadians entering today's complex and demanding labor market," Pettigrew said. "They have an enormous contribution to make."

You can access the website at <http://www.youth.gc.ca>

Or call the Youth Info Line at 1-800-935-5555 for more information.

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Mohawk College

# Culture Shock '97

by Rajesh K. Pallan  
News Reporter

The Humber Indian Students Association (ISA) is organizing its first annual cultural show, called Culture Shock '97, on April 4.

Its purpose, according to ISA Treasurer Kaush Nanubhai, is to preserve South Asian culture in Canada and share its various aspects with other communities.

"Our goal is to bring everyone together and eliminate prejudices, especially among the South Asian community," Nanubhai said.

Gurpreet Basra, ISA's vice-

president, said, "We hope to... show our parents that we treat one another as brothers and sisters and we don't look at people's caste or religion."

The show is being sponsored by various community businesses like J.J. Hair and Beauty Salon, Indian Costume Jewellery, and Z.R. Printing and Graphics. About 10 booths will be set up.

Door prizes will include a gold chain (donated by Patel's Fine Jewellery) and audio cassettes.

"It is a community event, a family event in which we hope to get

a good turn-out," Nanubhai said. "We look forward to an overwhelming response, not only from our community but also from other communities. It will also promote Humber College as a multicultural institution."

The show will consist of a fashion show, skits, and Hindi and Bangla dances.

"We are in the process of sending a request to Humber College President Robert Gordon and some representatives from the Indian Consulate

are also likely to attend the function," Nanubhai said.

The Cultural Show will be at Gujarati Community Centre, 68 75 Professional Court (Derry & Goreway) and the reception will be held from 6 p.m. to 7 p.m. Show times are 7 p.m. to 10 p.m. Tickets cost \$12 for adults (13 and over), \$8 for children (12 and under) and are available at Apollo Video in Malton, Patel's Fine Jewellery in Etobicoke, West End Video Film in Mississauga, and at Oberoi Video in Brampton.

## Graduate's 'I feel good' commercial enters final

by Jennifer Oxley  
News Reporter

A Humber graduate is standing up and speaking out against irresponsible drinking.

Jim Greer, an Advertising and graphic Design graduate, has been chosen as one of three semi-finalists in the Stand Up, Speak Out, Be Heard campaign launched by Canada's brewers last fall.

Greer's entry consists of a 30-second commercial showing the effects of irresponsible drinking.

The commercial is set to James Brown's song 'I Feel Good.'

Cheryl van Wamelen, a media representative with the Brewers Association of Canada, said she thinks it is a good ad and gives a clear message to viewers that it doesn't take long to make a deadly mistake.

"The clock that is featured in the commercial shows that in just two seconds a lot can happen," van Wamelen said.

Greer said he chose the James Brown song for a specific reason.

"It's a party song. It goes, 'I feel good, I knew that I would,'" Greer said. "But did you really know that you would end up in the hospital after totalling your car and killing three kids?"

He said the overall strategy of the ad is not to tell people "don't drink", but make people aware of the consequences and get people to understand what they are getting into when they do drink.

"Everything in the commercial is cause and effect," Greer said.

The semi-finalists will now proceed to the National Judging Panel along with semi-finalists from Atlantic Canada, Quebec, the Prairie provinces, the Northwest Territories and Western Canada.

Greer said the judging will be in early March.

He said he thinks he has a good chance.

"It's a new approach and it is done in a humorous way," Greer said. "It is not trying to force them but it yells at them to smarten up."

Greer said the issue of responsible drinking is one he feels strongly about. He said his job as a freelance designer helped him make his commercial a success.

"The idea of having my message going across Canada blows me away," Greer said.

Greer graduated from Humber in 1993.

Among the runners-up is Brett Abernethy of Etobicoke who was awarded \$1,000 for his entry.

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# Et Cetera Editorial

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## Mike Harris' government should be hospitalized for cuts to the heart

With the closure of hospitals around the province, Premier Mike Harris made the smug comment that the 10,000 hospital workers expected to be laid off can now find other jobs like manufacturers of Hoola-Hoops had to do in the seventies. The Harris government has proven one thing to Ontario by closing 10 Metro hospitals. He has proven he really does believe Ontario should be run like a business, and its hospital patients be treated like many other outdated and fad-dish items manufactured by big businesses.

Harris' closure of hospitals that specialize in treating clients with special needs reflects the approach of many big businesses who view their clients from a very cold and impersonal point of view instead of assessing individual needs.

The Harris government has steadily proven to Ontario his government has very little respect or regard for women's issues. He has reinforced this impression by closing Toronto's Women's College Hospital. This hospital provides many services to women including: obstetrics, premature infant care, dermatology, treatment for eating disorders and a rape crisis centre in an environment specializing in sensitivity towards women's issues.

Moving the rape crisis centre to the Toronto Hospital may be intimidating to rape victims who would have felt more comfortable going to the Women's College Hospital.

Another thing the Harris government has proven in the closure of Metro hospitals, is that he does not care about the increasing number of homeless people, and cares even less about their medical care. One of the hospitals on the chopping block is Wellesley Hospital located in downtown Toronto, which has come to be trusted by many of the poor and homeless who reside in the area.

Wellesley also specializes in treating HIV infected patients. Many of these patients will now be relocated to St. Michael's Hospital. Does Harris expect a hospital with Roman Catholic affiliations to treat patients with respect and understanding when this religion has time and time again discriminated against homosexuals who are among groups at a high risk for HIV infection.

Harris has also chosen to close the Orthopedic and Arthritic Hospital. Perhaps, he didn't think it was enough to make senior citizens pay fees for their prescriptions, but also that he should close the hospital that specializes in treating the two most common ailments among the elderly.

Ontario Health Minister Jim Wilson recently announced the provincial government will reinvest \$83 million into what Wilson has stated as top priorities: cardiac care, kidney and dialysis programs, cancer treatment, transplants, trauma services and hip and knee replacement surgeries. Perhaps the government is saying certain medical problems are acceptable enough to be given top priority and some aren't. Perhaps they are saying those that are a priority of the marginalized or less privileged, aren't theirs.

An open letter to the student body of Humber College of Applied Arts and Technology

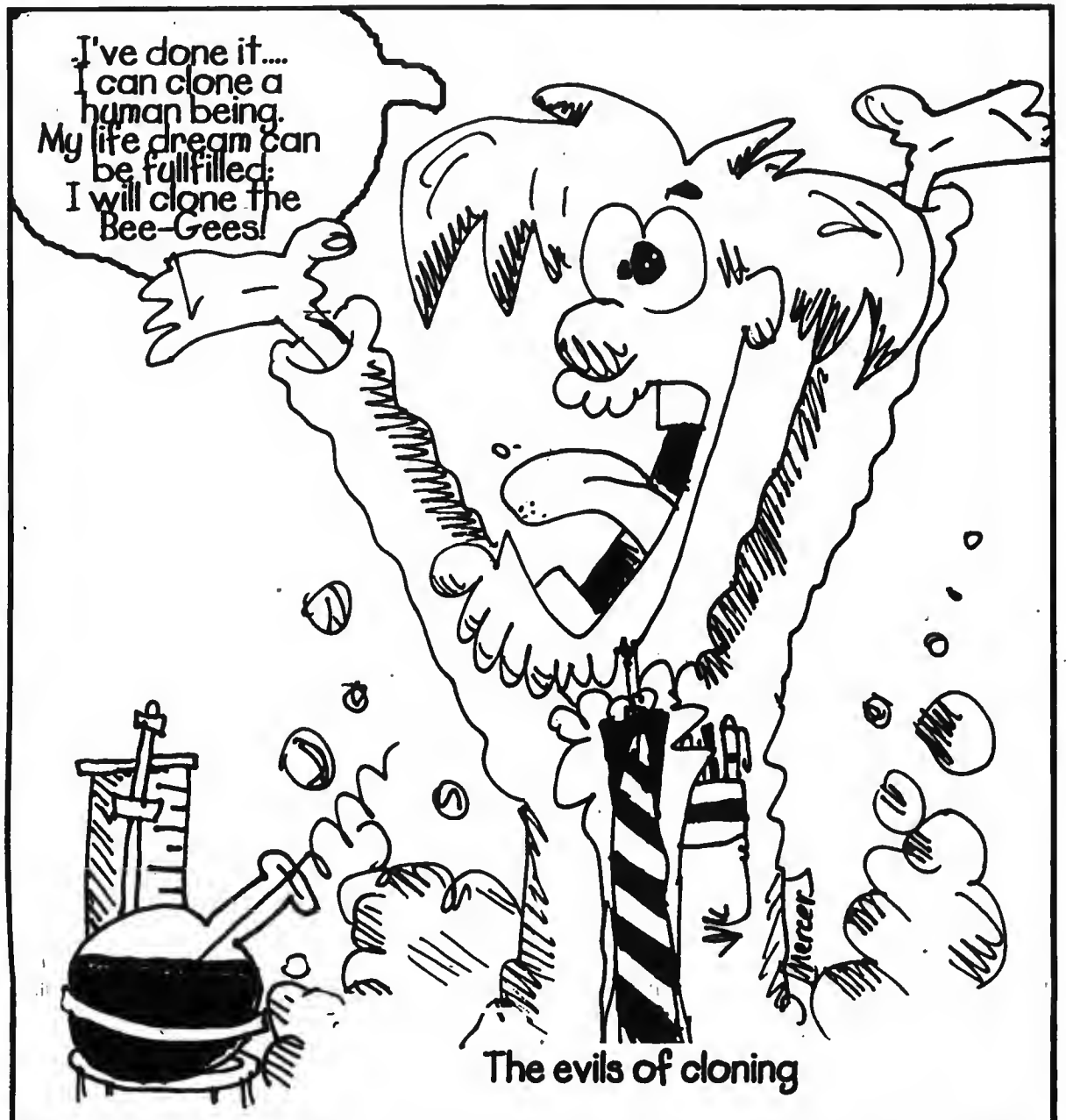
Dear fellow students,

It is during this time every year that the student executive elections take the forefront of attention. From time to time, there arise issues with concern to the definition of the election package and the rules and guidelines held within this package. It is my job, as the Chief Returning Officer (CRO) to interpret these rules in an effort to provide the most democratic processes for the candidates. In the same vein, it is my responsibility as the CRO to ensure that the electorate of Humber - the students - are given the greatest opportunity to democratically choose the leaders of the upcoming year.

This is a trying time for education. With tuition increases and the need for quality education, it is our student leaders who help steer those who make these decisions. Having said this, I would strongly encourage everyone of us to get out and choose our next leaders.

Sincerely,  
 Katina Constantinou,  
 SAC CRO

Letters to the editor  
[humber\\_etcetera@hotmail.com](mailto:humber_etcetera@hotmail.com)



## Please read the label carefully before writing

by Jennifer K. Hamoen  
 Lifestyles Reporter

Recently the *Humber Et Cetera* published a section of stories focusing on people with disabilities. The fact that a separate section was ever published, reflects "disability" attitudes towards the disabled still need improvement. But, the stories positively portrayed people with disabilities.

I was outraged, however, when someone complained about labels used in the stories to describe disabilities. The nit-picking over words reveals that we are still a long way from seeing people with disabilities as people first.

I have cerebral palsy, which affects my mobility. I use crutches to get around. I have had to endure many labels I resent such as crippled or handicapped.

Often people's questions imply labels. For example, 'what's your disease?' and 'what's wrong with you?' These labels really tick me off. However, I have overcome the labels. I've come to realize that most people who use labels are practicing good intention and

they are the only ones brave enough to ask questions.

In grade 11, a classmate asked me what disease I had. I immediately snapped back in anger, "I don't have a disease." After seeing the young man's face turn beet red, I realized his sincere intentions. I gently explained what cerebral palsy was.

Most of the time I am able to get past the labels, to educate, and keep the doors of understanding open.

Don't get me wrong. We should always make a conscious effort to use the correct terms. But even this can be difficult as the terms or labels are constantly changing. The term "physical disability" used to be acceptable but now the preferred term is "physically challenged." Personally I don't see the difference; both terms imply inadequacy. It is always a good idea to use terms that are comfortable to the individual you are referring to. Just don't get so caught up with labels that you miss some people's sincere intentions.

It has been my experience that people are generally terrified of saying the wrong thing and therefore won't ask questions to learn more about my disability and myself. Often people hesitantly fumble through a question like "I was wondering...(and then they point to the crutches) what ah..why do you..ah walk.. what is wrong with your hip?" Many times after I explain to them about my disability, people express their gratitude for the explanation and say they were afraid to ask in fear the questions would offend me. I would prefer people ask questions and say the wrong thing than remain silent and allow stereotypes to continue to thrive. Once people get past the labels they see people with disabilities are in many ways just like them.

Everyone has a disability, some are just more obvious. A bad temper or an inflated ego can be worse than having a physical disability. The day when we are not fussing over labels, is the day we truly see those with obvious disabilities as people first.



Head-to-Head on cloning > Head-to-Head on cloning > Head-to-Head on cloning > Head-to-Head on cloning > Head-to-Head on cloning > He

# We are not a clone

by Mike Ferrara  
Features Editor

Thanks to scientists in Scotland, there's an extra sheep named Dolly, and there might be a few monkeys out there who are products of cloning. However, when we start messing with nature and cloning humans, the species that predominantly rules the world, we have to be asking for trouble.

Being in church for weddings and funerals is the extent of my visits to such a holy place. I am not religious by any means, however, I do believe a higher force was involved in the creation of earth and all those that are on it. I also believe that someone, somewhere, is responsible for deciding what happens while we're here and when our time is up.

Some are saying cloning is a technological breakthrough, and it is amazing, by scientific standards. To imagine you can take the DNA from one living thing to create the exact same living thing is truly incredible. But, just because we've discovered the technology, doesn't necessarily make it a good thing. The nuclear bomb was a major technological breakthrough when it was created in the '40s. Now the rulers of countries possessing nuclear weapons are push-



ing for their destruction, because of the havoc they reap on our atmosphere and the inevitable deaths and illnesses their use can cause.

Even scientists involved in the "Dolly" project are saying the idea of cloning humans is morally and ethically wrong. Cloning, when used professionally and effectively for scientific and medical reasons can be beneficial.

However, if a family member dies is it really our place to play God and disturb the

process of natural selection? If cloning is allowed, parents will be running out to have DNA extracted from their child and put on ice. In the event their child ever dies, they can use the DNA to grow the same child over again. Think of what this would do to the world population. In a sense no one would ever die, because as soon as they did, their relatives would recreate them. At this rate, the world would be bursting at the seams with people in no time.

Although fictional, Stephen King's *Pet Cemetery* and *Invasion of the Body Snatchers* should tell us something about human cloning. Both were written in a horrifying manner, because the idea of human cloning is truly horrifying. We need to lose our urge to become control freaks. Regardless of what we believe, we are not God.

## Picture another ewe living on this earth

by Kevin Shillinglaw  
Photo Editor

Probably no other animal in history has caused as much debate as Scottish sheep Dolly has. Dolly is the first mammal in history to be cloned.

How Dolly was cloned doesn't really matter to the average person, but what she represents does.

Many ethical and moral questions have been raised about the possibility of cloning humans. Should we clone people and, if so, how do we determine who should and shouldn't be cloned? But cloning isn't restricted to making copies of people. I think many people aren't considering what this scientific breakthrough can mean to the human race.

As this procedure is refined and perfected, the medical and agricultural benefits will probably cause many to rethink their posi-

tion. Since cloning is a genetic technique, scientists will have a better understanding of how genes work and will be able to use that knowledge to help find cures for diseases that are passed on through genes, such as cystic fibrosis.

Right now, doctors are using both human and animal organs for human transplants, but organ rejection and, in the case of animal organs, cross-species viruses are always a concern.

Using the cloning technique, scientists could be able to, at the very least, genetically engineer animals, such as pigs, to be per-



fectly compatible animals for organ transplants.

At most, they will be able to grow human organs for transplants using the recipient's own genetic code.

This would greatly reduce, if not completely eliminate, the possibility of organ rejection and other medical problems.

For agricultural purposes, we could create animals that are immune to genetic diseases, such as the mad-cow disease which devastated cow herds in Britain. We could also create sheep with better wool or livestock whose meat would be more nutritious for human consumption.

Because we would be able to grow both plants and animals that are disease-resistant and more nutritious we could increase productivity and therefore reduce hunger.

Another argument against cloning is what would happen if a dictator decided to clone himself. We have to remember that, in all probability, only the body would be the same. There is no evidence to prove that if the body is the same, the personality will be too. If this were so, identical twins, which are basically clones of each other, would behave the same all the time. We know that is not always the case. Identical twins can and have distinct personalities.

As with every technology, there are pros and cons. But in the case of cloning, the pros vastly outweigh the cons.

## "We had a dream"

by Anthony Atakerora & Sharon James

We, as well as other black students, were deeply offended by an opinion piece that appeared in the Feb. 27-Mar. 5 issue of *Et Cetera*.

As a college newspaper, the *Et Cetera* is supposed to be fair, honest and just. In this case, none of the above were practiced.

We were very surprised this piece was even published. How a paper can represent a fair and honest view on the matter without showing an angle from both sides is beyond us.

We were also very disturbed by the fact that no one consulted with us or any of the other organizers (of *A Celebration of Voices*) for a second opinion on the matter or about how this event was even started and why.

Black History month is a time to reflect on our past and to acknowledge the achievements of blacks in our society. We, as minority students, wanted to honor our heritage and culture. We felt there was a need to relay



something positive about our culture, instead of focusing on the negative. We organized this event by inviting prominent members of our community to share their message of encouragement with Humber's minority students. In other words, it was just that, a BLACK history month event. If anyone was offended, they should have left.

Our intention from the start was not to offend anyone. The speakers we invited were there to encourage and inspire minority students to strive for their best. However, the event was open to everyone, and we had hoped everyone would come in with an open mind. If anyone was confused or did not fully understand the meaning of what was said, they could have easily approached the speaker or one of the organizers to help clarify the subject, instead of leaving with false assumptions. There was ample time at the end of the speeches for questions and the speakers were willing to answer them.

We feel, as the speakers emphasized, that there is a desperate need to change the way in which minorities are viewed in this society. There is a deep-rooted problem in our society that anything having to do with violence is associated with black people. Part of this problem is through media portrayal for example, we feel the writer of the piece bought into this stereotype. Before we unite as a people, we need to eradicate these stereotypes. This is exactly the message the speakers were trying to get across.

This event was very important to us. It took a lot of planning and hard work and late nights to organize. We feel we were very successful in achieving our goals and we were very pleased with the outcome.

To echo the words of the great Martin Luther King Jr., "We had a dream", and for us that dream came true.

 <b>Bouquets</b>	 <b>Bombs</b>
<ul style="list-style-type: none"> <li>• Nightlife didn't die with the smoking ban as many patrons smoked at many Toronto bars anyway.</li> <li>• Son returns home with his dead dad in his camper on ice and no charges were laid since there was no criminal intent.</li> <li>• Canadians recognize and celebrate the international success of their own performers at the Juno Awards.</li> <li>• SAC drew a full turn-out to the all candidates meeting, including 8 candidates and 50 potential voters.</li> <li>• No chocolate bars will be offered to lure potential voters to the SAC ballot boxes.</li> <li>• Kokanee beer, British Columbia's best, is finally available in Ontario. It's about time.</li> <li>• Former police chief appointed to investigate Maple Leaf Gardens in the wake of accusations of sexual abuse of children by former Garden staff.</li> </ul>	<ul style="list-style-type: none"> <li>• Rosie DiManno's column in Tuesday's <i>Star</i> comparing non-smokers to Nazis and the smoking ban to racism.</li> <li>• The closing of the Kingston Prison for Women may bring Karla Holmolka to the prison grounds of ex-husband Paul Bernardo.</li> <li>• Child murderer Clifford Olson, will receive a full parole review in August, after serving only 16 years of a life sentence in prison.</li> <li>• The 51st Planet Hollywood opened in downtown Toronto.</li> <li>• The Internet pointed at as the cause of a double suicide in a Toronto hotel.</li> <li>• Ten hospitals across Metro were ordered to close by the Harris government.</li> <li>• Clairol 'Light Golden Blond' haircolor actually turns hair reddish brown. Not good.</li> <li>• Jerry Lewis is still trying to act and sing.</li> </ul>

# Et Cetera Lifestyles

## Kokanee beer comes to Ontario

by **Bethany Lee**  
Lifestyles Reporter

The beer that has been British Columbia's number one selling beer for over a decade is now available in Ontario.

The launch for Kokanee was held at Montana's Bar and Grill on March 6.

Kokanee has been brewed in the Kootenay region by Columbia Brewery since 1959. Each year, more than 156 million refillable bottles of Kokanee have been savored in Canada and the U.S.

It has slowly been making its way east across the provinces, and south to Washington State and Idaho, where beer drinkers have demanded it.

It will be brewed in London, Ontario by Labatt's London brewmaster, Mark Hantiuk. Hantiuk has been working to get the recipe right under the supervision of Kevin Hyrlick, the brewmaster of Columbia Brewery.

"We've been sending samples

back and forth, so that the recipe will be just right for Ontario drinkers," said Hyrlick.

Hyrlick, who has been in the industry for 17 years, describes the taste of Kokanee as "glacier fresh" and "crisp, with no aftertaste".

"It's a beer you can identify with," he said.

The brewmaster said he couldn't have asked for a better atmosphere to launch Kokanee. The sun shone on the outdoor patio which Montana's opened for the event, as huge fluffy snowflakes came down on the crowd.

There is a high energy philosophy behind the beer.

"We're encouraging people to get off the couch, experience life and have fun," said Aidan Tracey, Kokanee's brand manager. With the beer comes a humorous campaign, and the "off-the-wall energy which this brand has always stood for", said Tracey.

The party at Montana's was not short of energetic activities. Skiers

and snowboarders mingled with downtown business goers, restaurateurs and the press.

On hand was a climbing wall to get everybody moving.

Members of Humber's Students' Association Council (SAC) were on hand to test the quality of the brew.

"It's great ... it reminds us of our trip out west last summer," said Steve Virtue, SAC president, as he tackled the wall with Steve Barber, vice-president of Finance, and Shirley Forde, vice-president. Kokanee is already being sold at Caps, said Virtue.

Kokanee contains five per cent alcohol by volume, is brewed without preservatives and features a blend of three malts and Pacific Northwest hops, said Hyrlick.

The lager will be available in six, 12 and 24 packs of bottles and cans, as well as keg draught.

## Stirring your own brew could save you money

by **Chris Stephenson**  
Lifestyles Reporter

If you want something done right, you have to do it yourself — especially when you want good beer.

Beer stores that specialize in brewing your own have gained many supporters over the last six years. They have accomplished this by offering a chance to get good beer and save money.

"People want to drink quality beer and don't want to have to pay an arm and a leg for it," said Gord Maxwell, owner and manager of Select Brewing Services Inc. of Toronto.

Depending on where a person goes to brew the beer, six cases of 24 beers would cost roughly half of what it does at the beer store.

"It's a very good idea for those who drink a lot or a moderate amount of beer," said Matthew Fraden, manager of Toronto's Brew-A-Beer.

There are many benefits to

brewing your own beer. Maxwell said they include making a good product, saving money, having fun and knowing exactly what goes into the beer. The beer is all natural.

Depending on what you want, the length of the brewing process varies.

**"People want to drink quality beer and don't want to pay an arm and a leg for it"**  
- Gord Maxwell, owner of Select Brewing Services Inc

"It takes anywhere from two to six weeks depending on what kind of beer you want," Fraden said. "And it's going to be fresh because it doesn't have to wait around in the beer store warehouses."

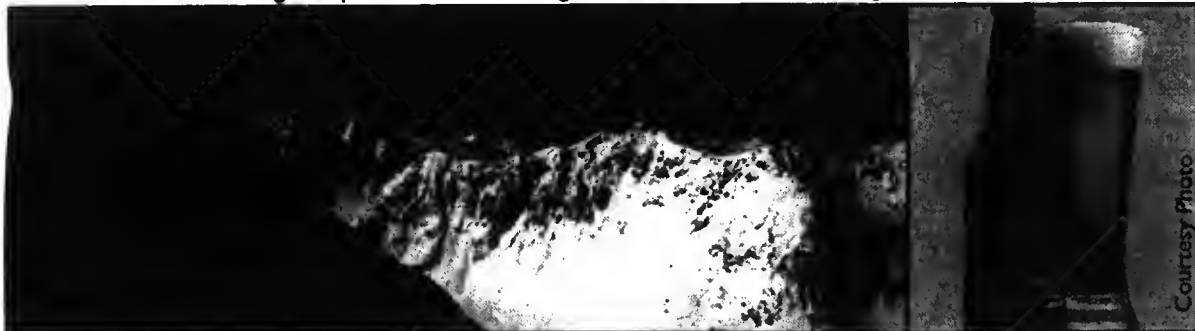
Lager will take longer to brew than ale.

Fraden said

there are a couple of different ways to process.

"One is, you can come in and I'll show you how to do everything from top to bottom. The other way to do it is that I'll prepare it for you but you put in the yeast," he said.

Whichever way you choose, if it is done right the beer could be the best you've ever had.



Kokanee has been British Columbia's best for over a decade.

## Egyptians drinking beer 5,000 years ago

by **Chris Stephenson**  
Lifestyles Reporter

The ritual of drinking away your sorrows over a cold beer is not a new practice. In fact, it's ancient.

"Beer has a history that stretches back thousands of years," said Bob Chant, director of public relations for Labatt's Ontario Breweries.

Indeed, beer's history goes back centuries, solidifying its place as one of the world's favorite drinks.

Indications that beer existed 10,000 years ago were uncovered by researchers. The fact there is mention of the drink in the Egyptian book of the dead proves people have been making beer for over 5,000 years. A 37th century Mesopotamian plaque was uncovered in 1935 that depicted brewery workers stirring their brew.

The ancient records of the Scandinavians, Greeks, Armenians, Gauls, and Romans also mention beer. It is noted as a 23rd century Chinese beverage in the Extract from the Mirror of Chinese History. There is even a small

ancient model brewery on display in the Metropolitan Museum of Art in New York.

Lager has been one of Germany's favorite drinks for about 2,000 years. They were the first to use hops in their beer, which replaced bark and leaves. The Netherlands, Norway and England were introduced to beer around 1520.

For Northern European countries, beer had become a significant industry in the 14th century. Before Christopher Columbus came to North America, there are indications beer was consumed by Natives and the Mayflower's landing at Plymouth was at least partially due to a shortage of beer.

There is some debate as to where the first North American brewery was built, but the first in Canada was built in Quebec City in 1668 by Jean Talon, the Intendant of New France. In 1786, the John Molson Brewery was founded in Montreal, and in 1840 the Carling Brewery & Malting Company Limited of London was built by Thomas Carling.

There have been several smaller micro-breweries built and the popularity of beer has also spawned brew your own beer facilities. The first micro-brewery in Toronto was the Upper Canada Brewing Company, which was formed in 1985.

While the history of beer points to its popularity, it does not explain it.

Chant said it is due to, "its refreshing qualities. It's an alcoholic beverage, and it's got a full flavor."

While this is one explanation for beer's popularity, there is another that has nothing to do with taste.

"Right now, I think it's probably marketing, because Molson Canadian is our number one seller and it is not the best beer we sell," said Steve Portt, manager of the Humber College pub Caps. "It's probably 50 to 60 per cent of our sales."

Marketing is a big part of the brewing industry. A few years ago, there was controversy over higher percentage alcohol beer. It was argued these beers were being

marketed towards younger beer drinkers. While marketing has a lot to do with beer's popularity, the real answer lies somewhere between the ad campaigns and the taste.

Beer remains popular no matter what the reason. Companies keep coming out with new products to stay competitive. The beer business follows the trends and the future of beer could be going small.

"Micro-breweries are really picking up," said Portt. "From the past four years, they went from nothing to now where they are a pretty big percentage of sales."

Chant said he sees a more unique look to beer in the future.

"We're seeing a growth and interest in unique brands. We see brands from different parts of the world becoming popular. It's bringing different styles and ingredients to markets around the world."

Whatever the reasons, beer's future will probably be as long as its past.

Source: *Facts on the Brewing Industry in Canada*

### The scientific side of a brew

- When the cap is twisted off of a beer bottle, wisps of white clouds come out. This occurs because carbon dioxide molecules build up inside the neck. When the cap is twisted off, the gas expands using up a great deal of energy. As the gas expands, the beer is cooled, said Physicist Craig Bohren.

- The foamy head created when you pour a beer into a glass is of the utmost importance. Manufacturers often thicken the foam by adding protein thickeners.

- The pressure inside a beer bottle doesn't change when shaken. There is only so much gas, so there can only be so much gas pressure, said Bohren.

- The color of beer is affected by light. In a bottle, it may be golden or deep brown. In a vat, it is reddish.

Source: *Discover Magazine*

# Career Services helps find summer jobs and internships for students

The hunt for a job is made easier with help from advisors, research, seminars and networking

by Nancy Larin  
Lifestyles Reporter

It's not too late to find a summer job, but it soon will be!

The research and application process will take about three months, said Karen Fast, employment advisor at Career Services.

"If you wait until April you aren't likely to get a job until June...The smart ones started in November," she said.

Fast had this advice for students looking for summer positions.

Most jobs come through networking and personal contacts, she said. Talk to your friends, teachers, classmates, relatives and other graduates.

Especially valuable is a network developed through volunteer work with an association or organization related to your studies.

Local, municipal non-profit resources can be found in *The Blue Book* available in the book store or the library. Camps, day cares as well as park and recreation services hire students in the summer.

Another book found in the library and Career Services, to help students network, is the *Toronto Board of Trade's*.

This book is a 250 page directory profiling over 1,000 businesses and industry-related associations in the Toronto region.

Most associations have a junior or student membership at a reasonable rate.

The 1997 *Canada Student Employment Guide* is a \$22 catalogue of companies across Canada that pay to have employment opportunities listed. It discusses what employers are looking for and includes information on qualifications they want, salary range offered and how often they hire.

The Internet is another place to do research.

"Campus Worklink" is an on-line catalogue of over 600 jobs offered to students attending the five community colleges in the GTA. As of mid-February, there were 142 summer jobs listed.

This program is available through any computer on campus with 'Netscape'. Find it at (<http://ngr.schoolnet.ca/worklink> — user code: hcollege password: bercoler)

Career Services has its own website at (<http://admin.humberc.on.ca:80/careersc>). This site contains information about campus services, co-op placements,



Istar Ahmed, a first-year General Arts and Sciences student, uses the Internet to help find summer work.

resource material, links to the Internet and the work study program.

Career Services also holds workshops, provides resume disks (for \$2), resume assistance and an on-line course for employment preparation and job search (<http://hcol.humberc.on.ca/html/career/course>).

Often post-secondary students are limited to the equivalent of 12 months of work.

**"If you wait until April you aren't likely to get a job until June...The smart ones started in November"**  
- Karen Fast, an employment advisor at Career Services

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The federal government also has a program to hire students.

At the core of The Federal Student Work Experience Program (FSWEP) is a computerized national inventory of students seeking work experience with the federal government. Every student hired for a student job in the government is selected from this inventory.

Georgia Badovinac, a custom's officer at Pearson Airport, said she does not like the program.

She said as soon as students are trained they leave. The students get paid the same rate as the permanent employees, but because they do not have the same payroll deductions the students take home more money. She also said some people get the job as a student and then leave school.

For more details, pick up an

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application in the Placement Centre.

Federal government departments will have access to this

inventory of students starting in mid-March. After April 1, it will be available throughout the year.

Students who want to work outside the country can apply to the "Student Work Abroad Programme" (SWAP).

SWAP is sponsored by the Canadian Federation of Students. It is a working holiday. The registration fee includes legal documentation, maps and guide books. When the student gets to one of the 11 countries serviced by SWAP, a partner agency helps the student find accommodation (usually in hostels or university dorms) and search for a local job.

"This is a reasonably safe way to get international work experience on your resume," Fast said.

If the student has an idea and would like to become self employed Jobs Ontario offers a loan of up to \$3,000, interest free, to start their own business.

For more information on any of these programs visit the Placement Centre.

"The value of related job experience cannot be overestimated," Fast said.

## Ways to find summer employment

**Websites**

- Humber Career Services Website: <http://admin.humberc.on.ca:80/careersc/> (for information on services, co-op, resource material, links to the Internet, work study)
- Campus Worklink <http://ngr.schoolnet.ca/worklink> (user code: hcollege, password: bercoler) (for full time, part-time, summer, freelance, contract employment opportunities).
- Career Connections <http://hcol.humberc.on.ca/html/career/course> On-line course for employment preparation and job search.

**Workshops**

- March 13** Internet is fantastic for job search (Screening Room B)
- March 20** If networking is 68 per cent of employment success, How do you do it?
- March 27** Career portfolio gives you an edge in the interview
- April 3** How resumes are changing
- April 10** Where is this 'hidden job market?'

These workshops are free to Humber students. They take place in Room A136 from 11:45 a.m. to 12:30 p.m.

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# People with anorexia and bulimia need your support

by Lisa J. Kemerer  
Lifestyles Reporter

Careful intervention may be the alternative to watching someone slowly die from an eating disorder.

Both men and women suffer from eating disorders. However, the ratio of women to men affected by eating disorders is nine to one.

Anorexia nervosa is identified by drastic weight loss through excessive dieting. Bulimia is characterized by frequent changes in weight and periods of uncontrollable binge-eating followed by some form of purging in an attempt to rid the body of unwanted calories. Anorexia

and bulimia are marked by an intense fear of weight gain, feelings of ineffectiveness and low self-esteem.

If you have a friend suffering from an eating disorder there are ways you can help.

"Eating disorders are often a call for help," said Susan Maine, a support worker at the Toronto Hospital's National Eating Disorder Information Centre.

When you first approach a friend who may have an eating disorder, she may get angry.

"There is a lot of denial at the beginning," explained Maine. "When they are ready to discuss their eating disorder with you they will. The fact that you have

expressed concern has already helped her."

"Don't focus on weight and lack of food intake," advised Maine. Anorexics and bulimics are usually people who feel a loss of control in areas of their life and, in order to regain a sense of power, they control what goes into their body — they control their weight.

**"If you talk to her about how much she's eating (or not eating), you are taking away her control over her body. This creates a power struggle and can drive her away"**  
- Susan Maine, a support worker

"If you talk to her about how much she's eating (or not eating), you are taking away her control over her body. This creates a power struggle and can drive her away," explained Maine.

It is important not to make comments about her appearance, even if they are complimentary.

"She already has an intense fear of gaining weight and is obsessed with her physical appearance," said Maine. Your comments will only continue, and probably worsen her fixation on body image.

The best thing a person can do to help is to be supportive, said Maine. "When she is ready to talk about her problem it is important for her to know that you will be there to listen — without giving unsolicited opinions and advice," she said.

For more information, call The National Eating Disorder Information Centre at (416) 340-4156.

# Weight obsession blamed on media and supermodels

by Alison Leigh Hanson  
Lifestyles Reporter

In a society which seems to value youth and attractiveness above all else, is it any wonder so many women succumb to the pressure to conform to unrealistic body image standards?

According to Terry Poulton, the author of *No Fat Chicks: How Women Are Brainwashed To Hate Their Bodies And Spend Their Money*, the answer is a resounding no. As evidence of this disturbing reality, Poulton pointed to the financial success enjoyed by the dieting industry.

"The dieting industry has shrewdly capitalized on women's insecurities concerning their physical appearance," said Poulton. "For an industry to earn profits to the tune of \$5 billion a year, they obviously have a high number of individuals purchasing their products; the vast majority of whom are women."

In a speech delivered at a seminar sponsored by the National Eating Disorder Information Centre, Poulton faulted the media for perpetuating cultural expectations for thinness and for being complacent in encouraging weight preoccupation and obsession.

"The media has successfully brainwashed 95 per cent of the female population into believing that they should all strive to achieve the waif look," said Poulton, in reference to the fashion look made popular by supermodel Kate Moss. "But only five per cent of women are naturally built that way. So we have a significant number of women struggling to emulate a very small minority."

In some instances, the eternal quest for thinness can have pernicious and sometimes deadly repercussions. Eating disorders such as anorexia nervosa and bulimia nervosa affect about five per cent of young Canadian women. Another 10-20 per cent experience many of the symptoms associated with these disorders.

Susan Maine, a support worker at the National Eating Disorder Information Centre (NEDIC) at the Toronto General Hospital, agreed with Poulton's assessment of the influence of media.



Too many people are preoccupied with reaching unhealthy weights.

"The media certainly plays a large part. There is tremendous pressure placed upon women to look and be thin," said Maine.

Although Maine stressed there are many underlying causes which can contribute to the development of an eating disorder, she cited sociocultural influences as playing a prominent role.

"There are many pieces to the puzzle, such as family dynamics, an abnormal attitude towards weight and shape and feeling incompetent or unworthy of respect. But as a society, we are constantly bombarded with images of young, thin models who are supposed to represent the beauty ideal. Women, especially, tend to internalize these messages."

Renee Ash, a support worker at NEDIC, encouraged consumers

to express their disapproval of media campaigns which they find exploitative or demeaning to women.

"Consumers can wield a great deal of power through their pocketbooks and letter-writing campaigns, for instance. By not saying or doing anything, we as consumers and citizens are implicitly acknowledging that the status-quo is perfectly acceptable."

Organizations such as the National Eating Disorder Information Centre seek to increase public awareness on the factors which contribute to the development of eating disorders and to bring attention to the high prevalence of eating disorders and weight preoccupation, particularly among women.

# GRAD PHOTOS

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**Humber - Lakeshore March 25. 26. 27. 1997**

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Photos by: STUDENT IMAGE

# Fat burning supplement a hit with athletes and dieters for weight control

by Cathy Koo  
Lifestyles Reporter

L-carnitine offers the perfect recycling program. It converts body fat you don't want into energy you do.

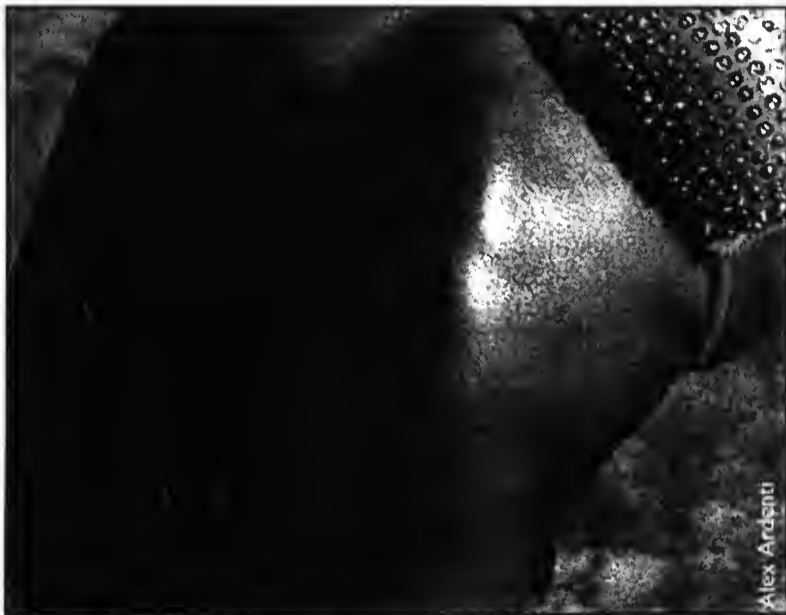
Researchers, dieters and athletes are spreading the word about the fat-burning capabilities of supplemental L-carnitine as a complement to a responsible weight control program.

"I had just had a baby and though most of the weight came off, it was the last 15 pounds that was difficult for me. After one of the trainers at my gym recommended taking L-carnitine, in two months all of the excess weight came off and has stayed off ever since," said Antoinette Condello.

Fat burning may be L-carnitine's first claim to fame, but this natural compound has also been linked to cardiovascular function, physical endurance, and blood sugar control.

This amino acid is found in all living tissue. It is a water-soluble nutrient synthesized by the liver from its amino acid precursors lysine and methionine.

Dietary sources of L-carnitine include lamb, beef, poultry and dairy products. As a general rule, the redder the meat, the more L-



Supplement turns fat into energy needed for long endurance fitness.

athletes," said Cory Holly, a sports nutritionist and executive director of Advanced Sports Nutrition in Vancouver. "Dieters and athletes take L-carnitine since it helps the body use fat more efficiently and since most people do not get enough L-carnitine through the diet, supplements usually increase the body's fat burning capabilities."

L-carnitine can also help you to stay active longer. It's easier to stay physically active when you have more endurance. As dieters everywhere know, the more physical activity they include in their lives, the more likely they are to lose body fat and keep it off. L-carnitine operates to inhibit the build-up of lactic acid in muscle, one of the main causes of fatigue.

"In one recent study, patients with angina were supplemented with L-carnitine. The build-up of lactic acid during their moderate exercise routine was reduced by half, and exercise duration was significantly increased," said Sandra Edwards, a nutritional consultant at Club Markham.

Because of these functions, the amount of L-carnitine in your muscles plays a major role in their efficiency, and places an absolute limit on the amount of energy they can supply.

Balancing blood sugar levels is another way L-carnitine supports healthy weight loss. It improves the liver's ability to generate

more glucose for higher sustained blood sugar levels.

"In a clinical study, Japanese medical students were placed on a two day fast. Some were given injections of 200 mg of L-carnitine, the others received a placebo," said Renzo Passaretti, owner and manager of Pro Fitness in Toronto. "Over the two days, the L-carnitine group maintained ideal levels of blood glucose, while the other group's blood glucose levels were less than two-thirds that of the L-carnitine group."

Thus, the maintenance of blood sugar levels enable individuals to maintain optimal physical energy which is a major component in weight loss.

When purchasing carnitine keep in mind that not all carnitines are the same. Nature gives us two mirror images of carnitine. L-carnitine is the biologically active form naturally present in the body's tissues. On the other hand, DL-carnitine or racemic carnitine is a completely different compound than L-carnitine.

"DL-carnitine contains about 50 per cent of the dextro, or right-handed molecule of carnitine. This substance does not occur in normal foods, and the body doesn't possess the mechanisms to deal with it," said Dave Orzel, manager of the General Nutrition Centre in Markham. "When buying L-carnitine, always check on the back to see if it may be in a base of racemic carnitine."

**"During long endurance exercise fat becomes a major source of energy,"**  
- Chris Dulson, personal trainer

carnitine it has. In fact, L-carnitine is derived from the Latin word *carnis*, which means meat.

L-Carnitine is marketed as a fat burner that improves the body's ability to utilize stored fat for energy while exercising. It achieves this because it helps transport fatty acids across the cell wall and into the mitochondria (the cell's powerhouse) which enables muscle cells to utilize essential fatty acids for energy metabolism.

"During long endurance exercise, fats become a major energy source," said Chris Dulson, a personal trainer at the Olympic High Performance Centre in Toronto. "You won't run out of fats, but you might run out of the chemicals that enable you to use them and this is where L-carnitine comes into play."

"Endurance exercise rapidly depletes the pool of L-carnitine in muscle, so the amount of L-carnitine available is a limiting factor on the energy supply of endurance

# Females have much greater risk of dying from heart attacks than from cancer

Minimizing risk factors that contribute to heart disease can stop heart attacks

by Jackie Christie  
Lifestyles Reporter

Many women don't realize the risk of dying from a heart attack is greater than the risk of dying from cancer.

The Heart and Stroke Foundation of Canada has identified several risk factors which contribute to the development of heart disease. Some of them can be changed, but some cannot. The more risk factors a woman has, the greater the chance she will develop heart disease.

"There are so many different types of risks and problems that contribute to the cause of heart disease," said Karolyn Kane, external relations for The Heart and Stroke Foundation of Ontario.

Some of the risk factors in developing heart disease that cannot be changed:

- **Increasing age** — The chance of developing heart disease increases as women grow older.

- **Gender** — More women die of heart attacks after menopause than men of the same age. However, more men suffer heart attacks more often than women and have them earlier in life.

- **Heredity** — Both women and men are more likely to develop heart disease if their close blood relatives have had it. Kane said, "if there is a family history of heart disease, a person should be more aware of it and should see their doctor for it."

According to The Heart and Stroke Foundation of Canada, some risk factors that contribute

to heart disease, but can be treated or changed are:

- **Cigarette/tobacco smoke** — Smoking is the greatest single cause of death that we can prevent. For women, smoking is the biggest risk factor for heart disease.

- **High blood pressure** — Women are more likely to develop high blood pressure than men especially if there is a family history of it.

- **High blood cholesterol** — High blood cholesterol is a major risk factor for heart disease.

- **Physical inactivity** — Heart disease is almost twice as likely to develop in inactive people than in those who are more active.

- **Obesity** — People who are more than 30 per cent overweight are more likely to develop heart disease even if they have no other risk factors.

- **Alcohol** — Heart failure can result from alcohol, and an excess of alcohol can lead to stroke.

- **Stress** — Tension and inability to get away and relax may be predictors of coronary heart disease.

According to Kane, most of these risk factors can be prevented if a person leads a healthy lifestyle by eating right, exercising regularly, reducing stress and not smoking.

She said there are as many incidences of heart disease in women, but it is more expected by men.

Symptoms of heart disease don't usually show up until years later, and are less noticeable in young women. Even with older women they sometimes mistake heart disease symptoms for abdominal pain because in some cases they don't get the classic chest pains, according to the Heart and Stroke Foundation of Canada.

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# Ethnic bridal show a success

by Paula Davis  
Lifestyles Reporter

Watch any television show or read any magazine about weddings and all you see is the typical bride in a white wedding dress and the groom in a penguin suit. The media has failed to incorporate the multicultural wedding traditions of the different cultures in

Canada.

"It is ignorance in the true sense of the word," said Cathy Hughes, the organizer of Sister Bride Wedding Fair at the Best Western in Toronto. "They don't really realize that people are preferring to get married in traditional customs."

The idea of creating a wedding

show with strictly an Afro-Caribbean theme came to Hughes a year ago, after working with mainstream shows as a bridal coordinator and found ethnic groups' needs were not being met.

"You do not find traditional wedding customs like jumping the broom in Africa or of any ethnic group at mainstream bridal shows. It does not matter if it's Chinese, Polish or Afro-Caribbean. They just don't show it when there is a market for that product."

About 100 people braved a winter storm to attend the event at the Best Western in Toronto. Individuals of different ages, genders and races interacted with exhibitors promoting their bridal services.

"I came to the show because I wanted to contact the black market and more of the afrocentric individuals within Toronto," said Yvette-Michelle Cottle, creator of the Verona Collection. "Also to make connections with other black individuals who are in the bridal industry. This is usually very hard to do because a lot of them are home-based. This was the opportunity to connect."

Cottle established Verona Collections in 1994 and works very closely with the bride to coordinate her ideal wedding.

"We usually try to focus on a minimum of six weddings a year primarily because we are very

centered in terms of what we do and work to formulate the wedding to match what they (bride and groom) are looking for," she said.

Cottle wants to access the Internet in the future and tap into a variety of markets to broaden her client base.

Some exhibitors attended Sister Bride Wedding Show because it is financially accessible. Hughes charged a \$250 fee.

"For \$250 is worth it to me," Karleen Dacosta, owner of Essence Catering said. "I can make that back with one customer. The exhibitors fee at the International Bridal Show is \$1,100 for three days. Since I only do this part-time, it is not feasible. The high fee at the international fair is a barrier to small businesses."

The wedding show included seminars on how to buy your first home and ways to save money by making your wedding decorations. The day concluded with an authentic African wedding fashion show. Prices of the gowns are under \$500.

"I was surprised with the men's clothing," Mathew Herdman, 24, said. "We really just came to see what was out there."

Herdman, who is getting married in July has already planned his wedding but said he wished he could use some of the garments that Hughes made.

"If I had known about this

before, I would definitely have incorporated that clothing into my wedding. But I am going to stick with what we have since it would be too much to revamp everything."

Diane Smith, 26, and her friend Karen Thompson, 26, came to the show because it was an event that was occurring during Black History month.

Smith plans to get married in October but has not started to plan for it yet.

"I thought it would be a good way for her to learn about our culture and include it in her wedding," Thompson said.

"I would like to get married in Jamaica and I have not thought about having an African theme to my wedding until now," Smith said.

The next Sister Bride Wedding Show will be in April at Club Paradise in Etobicoke. Hughes said she plans to change the focus.

"We are going to offer people a little bit more, like a more hands-on approach," Hughes explained. "Instead of watching someone making bows and garland, the guests will be making them at the same time as well."

The African bridal tradition of jumping over a broom started during slavery. Slaves were not allowed to get married, so they laid a broom on the ground and both the bride and groom stepped over it and into matrimony.



Ethnic groups feel traditional wedding shows are ignoring the multicultural wedding traditions and styles.

## Library conditions blamed on budget cuts

by Rajesh K. Pallan  
Lifestyles Reporter

Many students at Humber are not happy with the existing study atmosphere in the library claiming it is marred by noise, inadequate services and scarce resources.

Peter Donato said the major problem with the study atmosphere in the library is the noise level. Open spaces surround it; students scream and talk in the hallways and talking on cell phones makes matters worse.

"I came on Saturday to the library. The girl sitting beside me

kept talking on a cell phone," said Donato, a graduate from York University. "These things should not be allowed to happen. It is sad that students come to the library only to socialize with others."

Some of the noise problems relate to the atrium design of the building and the use of hard tiles on the floor and walls that accentuate and reverberate sound all the more.

"We have identified it as a problem but the current economic climate does not allow us to spend money on making the

library quieter," said Lynne Bentley, systems librarian.

Bentley said she has received both written and verbal complaints about the noise problem. However, this noise problem does not exist on the fourth and fifth floor as much as it does on the first three floors.

"We attempt to have the staff patrolling during peak hours to reduce noise. But we cannot stand and be on the hop," said Bentley. "If they choose to be noisy, we can tell them again. We have a policy about food, drink, vandalism and theft in the library. The rest of this is the code of behaviour."

Other problems include inadequate and ill-planned resource materials like newspapers, magazines and periodicals. Students coming to this college particularly from universities have found some glaring problems with the resources, methodology and services.

"The library at university was more up-to-date in terms of technology. There was more access to computers in terms of CD ROM and in terms of reference material; they were more readily available and abundant in quality," said Krishan Kapoor, who graduated from the University of Guelph.

In order to complete their pro-



Noisy library atmosphere and poor research materials are frustrating some students and forcing them to go to other libraries.

jects or assignments, most students have to go to a university library to do research.

"This library does not have a rich periodical section. For doing my class assignments, the Humber library is the last place for research," Donato said.

The principal factor for these inadequate resources, according to Bentley, has been attributed to budget-cuts.

"Our budget does not match with a university library budget. There is a 17 per cent or 18 per cent cut in the current budget from April 1996 to March 1997," Bentley said.

According to Bentley, it is diffi-

cult to pay adequate attention to all resource areas in the library because of the decline in the budget.

However, in order to strike an even balance in all developmental areas, the college has implemented a new library catalogue called DRA. Now students can link directly to other library holdings like University of Toronto, National Library of Canada, Bibliographical Databases and Canadian Newspapers and Indexes.

This new DRA system is more enhanced than the old system, and there is a chance of adding more and more to it.

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# Immunization – helpful or harmful?

by Jae Burns  
Environment Reporter

Metro resident Heather Stephen and her husband have decided not to immunize their daughter.

She is 20-months-old and has not received the five vaccines recommended by the province's vaccine schedule for a child her age. Stephen said her daughter will never have a needle.

Etobicoke residents, the Snowdons, on the other hand, have decided to vaccinate their three children. Audrey Snowdon said she would far rather her kids be vaccinated than have to deal with them having measles or mumps.

"I feel I should take as much advantage of modern science as possible," she said.

According to the Ontario Vaccine Schedule, a child should have five shots by the time she is a year-and-a-half to prevent diphtheria, pertussis, tetanus, polio, measles, mumps and rubella.

Dr. Judith Shindman, of medical affairs at Pasteur Merieux Connaught Canada, a company that makes vaccines, said a vaccine is something used to produce immunity to a disease without causing the disease.

"Vaccine programs in Canada, and really throughout the world, have succeeded in some cases in eliminating diseases, like paralytic polio and in other cases bringing the rates way down, like measles," she said.

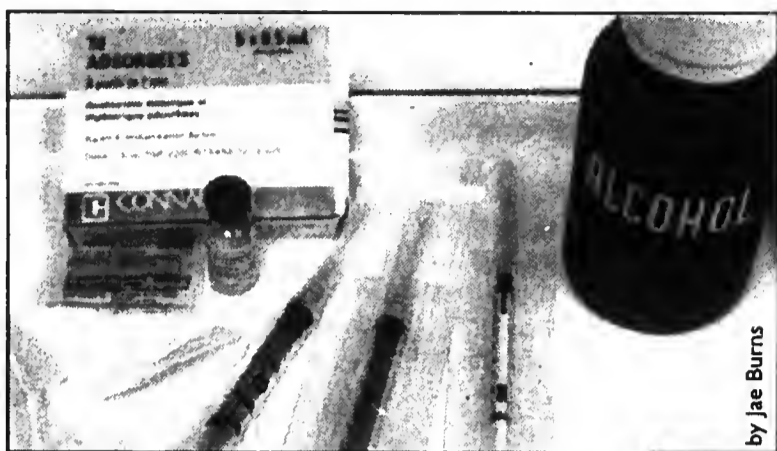
Some parents are concerned about adverse reactions to vaccinations, which range from feeling slight pain at the site of the injection to actually contracting the disease.

Naturopath Fateh Srajeldin has not vaccinated his children for that reason.

Dr. Shindman said the risk of an adverse reaction is specific to each individual vaccine and each disease.

"You really can't look at risks alone, you also have to look at what benefits a vaccine has and what the risks of disease are," she said.

Stephen, a core member of Vaccination Risk Awareness



by Jae Burns

Some doctors and parents are concerned with the possibility of the vaccines causing the illness they are designed to prevent.

Network (VRAN), is concerned about what's in a vaccine. She said people should read the product inserts that come with the vaccine to find the ingredients. Some vaccines, she said, contain trace amounts of formaldehyde, aluminum, residual animal viruses and bacteria.

VRAN came together in 1982 under the name Committee Against Compulsory Immunization. Stephen said the only reason a person could be exempt from immunization in 1982 were medical and religious. She said at that time, the Statement of Conscious Exemption was developed for people who didn't want themselves or their children to be immunized for other reasons.

Jenny Shimono, an immunization nurse for the Etobicoke Health Unit, said parents must go through a legal process to get a Statement of Conscious Exemption. The statement has to be a sworn affidavit, signed by a lawyer, a notary public, an MP, or an MOH.

Stephen said she will sign a Statement of Conscious Exemption when her daughter enters school.

Srajeldin's children already attend school. He said he's willing to deal with the consequences of his decision not to vaccinate them.

"When the schools requested my children have vaccinations, I said no. They threatened they would expel my children during the time of the sickness, if there's an outbreak. That's fine with me," he said.

Stephen said most people think

it's absolutely mandatory their school-age children be vaccinated. She said she wants people to know this is not the case.

Dr. Shindman said part of the reason some parents feel comfortable in not vaccinating their children is because other children have been vaccinated.

"Currently there aren't a lot of cases of preventable diseases, so a lot of people don't have the experience. If you ask your grandparents what it was like to live with polio or the chance that their child might get polio, they might have a different perspective," she said.

Dr. Shindman said the answers to many commonly asked questions about vaccines can be found in publications by the Laboratory Centre for Disease Control, which also has an Internet site, and in the Canadian Immunization Guides.

# Bar employees in cancer danger

by Cathy Mix  
Lifestyles Reporter

Food service workers have a 50 per cent higher chance of developing lung cancer compared to the general public.

Joanna Liebert, health educator at the Etobicoke Department of Health, said studies done in the United States showed restaurant employees had, "increased incidence of death as a result of lung and heart disease ... In some cases they are 50 per cent more likely to die."

"I'm shocked, and worried at the same time," said Mike Lawson, 22, bartender at Jake's Boathouse in Brampton and smoker of six years. "It kind of motivates me to want to quit more, but I'm young right now and don't feel as threatened."

Three hundred non-smokers die in Canada each year from lung cancer caused by tobacco smoke, according to the Ontario Lung Association.

"I don't think it's fair that people die from second-hand smoke but they have a choice to be around it or not," said Lawson.

The Ontario Lung Association also said second-hand smoke or environmental tobacco smoke (ETS) contains twice as much tar and nicotine as first-hand smoke and causes two per cent of all lung cancer in Canada every year.

"Environmental tobacco smoke contains more than 4,000 chemicals of which 43 are known to be carcinogens (cancer causing)," Liebert said.

"Scientific evidence shows that continued exposure to environmental tobacco smoke raises a non-smoker's risk of developing lung cancer by at least 50 per cent," said Dr. Jinsup Kim in an article in the summer 1996 issue of *Health Advocate Magazine*.

According to a health information service published by UtiTech Inc., children of smokers have more respiratory problems and acute respiratory tract infections. There is also evidence these children have reduced lung function compared to children of non smokers.

Liebert said children who are exposed to ETS have higher incidences of ear, nose and throat infections and bronchitis.

"Some people get dizzy after being exposed to ETS. That's primarily related to the carbon monoxide," Liebert said.

She added long term exposure to ETS could result in acute respiratory infections, pneumonia, reduced lung capacity and function and increased lung cancer risk.

ETS can trigger asthmatic reactions in people who suffer from asthma, it also causes people with allergies to have increased sensitivity.

"Even though I'm a smoker, second hand smoke bothers me when I'm in a restaurant eating or in a car," said Mike Lawson.

"When I'm in my car alone and it's the middle of winter I still roll the window all the way down when I'm smoking," he added.

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# Ontario welcoming video gambling

by Ian Karleff

Technology Reporter

The Ontario government's Bill 75 is bringing video lottery terminals (VLT) into Ontario's race tracks, bars and restaurants.

Opponents of VLT's have called them the "crack cocaine of gambling" but arguments against their introduction into Ontario have died. Now the biggest concerns are who will prosper from the lucrative trade and which social agencies will be funded.

In 1995, the Harris government generated \$1.5 billion from lotteries and casinos located along the borders. VLT's will boost this figure when the eventual roll-out of 20,000 machines is completed.

Peter Chan of the Donwood Institute's Problem Gambling Unit said, "increased accessibility to gambling will mean increased gambling." His organization does not want to take a proactive stance against the introduction of VLT's, but it is lobbying for more money to deal with the social fallout.

The government has promised to make a 900 per cent funding increase to help compulsive gamblers and study gambling. This translates into \$9 million and is expected to sufficiently address those who find themselves addicted.



Video lottery terminals will become a common sight in bars and restaurants. Gambling has been a common occurrence here in Caps for many years. NTN terminals are popular attractions in most bars.

The government is expecting \$260 million a year in revenue

from the first 8,500 machines.

Reinder Klein, spokesman of the Council of Christian Reform churches in Canada, said the VLT's have become a "blight on Canadian culture." He is concerned the government is swaying from its intended function.

"It promotes a kind of perception on freedom that has no obligation and lots of people like to hear that, but that is no way for a responsible democracy to operate," said Klein.

Klein cited The Ontario Lottery Corporation's use of the slogan "Imagine the Freedom" as a quick fix attitude and not the right message for a government to be sponsoring.

"There are 20,000 illegal VLT's in the province already. Is it better for the money to be funnelled into organized crime or is it better to bring it into the government and charities?" said Tim Hudak, conservative MPP for Niagara South and supporter of Bill 75.

He said the Harris government is taking a pragmatic and realistic approach to the issue by legalizing VLT's and funding addiction research.

Hudak called Bill 75 "enabling legislation" which allows the government discretionary control over the introduction. He said the government will proceed cautiously with the introduction of

VLT's and look carefully at the experiences of other provinces.

Alberta has had VLT's since 1993 and about 20 communities are now ready to make moves to ban them, along with six communities in Manitoba.

This is the first backlash against what Klein said is a growing amount of evidence concerning the dangers of these machines. He said he worries that our video game savvy population will take to these machines in a futile attempt to gain monetary wealth.

"The process that's being encouraged and suggested by our government makes society less responsible and less involved to working towards real solutions for societal problems," said Klein.

Paul Oliver, president of the Ontario Restaurant Association, has been lobbying hard for the introduction of VLT's. He said he agreed with Hudak about the number of illegal machines already in Ontario and said the police have been unable to crack down on them.

"We would rather see them regulated and controlled," said Oliver. "From our perspective, it's a customers choice to use them or not."

He said he hopes the introduction of machines it will create 16,000 new jobs and provide an additional entertainment factor to bring patrons from their homes.

Statistics Canada found in 1995, 10 provinces and two territories took in \$4.6 billion from casinos, lotteries and VLT's representing about \$154 for every Canadian. Ontario was number one on the list for gambling revenue at \$1.5 billion, representing \$214 per resident, even without VLT input.

The number of compulsive gamblers may not increase after VLT's are legally introduced in Ontario. However the governments addiction to "the crack cocaine of gambling" is sure to increase when the profits pour in.

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## Speilberg's film-making game not worth the cash

by Victoria Pattison  
Technology Reporter

Steven Speilberg is not user-friendly. At least his games aren't.

According to the game box "The Director's Chair" is a game about movie making in which Speilberg takes you through "every aspect of the film-making experience."

The game is three CD's that change at intervals to go to different levels. The price runs about \$72 and was released in time for Christmas.

The game is missing one important aspect, "the game comes with basically no instructions," said Autumn Withrow.

"It just tells you how to install

it in the leaflet, but nothing about how to play it. The little production assistant who keeps popping up into your screen while you play is more annoying than helpful," Withrow said.

Dineen Beaven, who spent a little more time with the game than Withrow, agreed.

"There should be some sort of instruction manual or support number," Withrow said.

"It was brutal on my computer system. It took forever to load from one scene to the other," Withrow added when asked about how it performed with her existing software.

But Beaven said the game does have some really interesting and

fun parts. "I really enjoyed the sound effects and the editing lab."

Both agreed the game held true to what actually goes on in a film production atmosphere. "The technical jargon is true to what we've learned so far. For someone knowing little about the film industry, this would probably teach them something," Withrow said.

"I didn't learn anything new, but I feel it was pretty realistic to a film production atmosphere," Beaven added.

The concept of the game is innovative, informative and entertaining, but they should have taken more time to work out the bugs.



Et Cetera



# Entertainment

Music Movies Theatre Comedy

## Junos' offstage glam

### Happenings

Thursday

Caps  
Pub Night

Friday

The Student Hall:  
Popscene  
(British/American indie)  
9 p.m.

Saturday

Lee's Palace:  
Presidents of the USA  
w/ Redd Kross

Sunday

Dance Cave:  
Lux (Britpop/techno)  
9 p.m.

Monday

The Government:  
British Tech-popsters  
Erasure

Tuesday

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theatre near you!

Wednesday

Phoenix (410  
Sherbourne):  
Marianne  
Faithfull

## Quote of the Week

"His comments followed claims that the prince has been secretly Mrs. Parker Bowles for more than a decade, and as often as once a week."  
-the London Evening Gazette

Schmoozing behind the scenes where the stars and money are made.

by Bernice Barth  
Entertainment Reporter

I always thought the phrase 'Media Circus' was an exaggeration. Last Sunday's Juno Awards at Copps Coliseum in Hamilton proved me wrong.

What goes on behind the scenes at the Junos is as elaborate, if not more so, than what you see in the audience or on TV. Backstage, where paying customers can't see, is another show, the real show at the Junos. It's where stars and money are made.

Schmoozing is the key. If you're big enough though, like Celine Dion or the Tragically Hip, you don't have to schmooze.

In fact, you don't even have to show up in the media working press room, also known as the Silver Room.

Of course the Silver Room and the surrounding accessible area is

not the area to be in.

The Gold Room immediately backstage is the place to be.

That's where everyone who is anyone is. Of course I, the Humber Et Cetera reporter, am not



Celine Dion won 3 Junos.

allowed in there. But it's understandable, there's a food chain and since reporters from as far as MTV Asia came to the awards, I guess I count as a plant.

Security is tight.

There are different colored press cards the reporters wear around their necks. Each colour represents what areas and rooms you can have access to.

You can try charm, sneakiness and even pretend to rush by like you have the right to go into the Gold Room, but it won't work. Security politely explained that a pale blue card doesn't count for beans as far as backstage is concerned.

Still, resourcefulness lands me in the media working press room. Sloan, I Mother Earth, Terri Clark and other musicians all come to have their pictures taken and give interviews. Of course it's crowded.

Over 100 reporters at any given time, plus all their equipment, jostle and push. They all want to be up at the front when the stars come in to hold the fake, non-breakable Juno (there is a man whose sole job it is to polish the counterfeit award in-between stars).

In fact, to ensure their spots, the pro-photographers duct tape

their business cards to the floor. And they aren't shy.

They yell at the stars by their first names to make them look their way.

If the star isn't smiling big enough, they tell them to.

And after the photographers are finished, the TV and print reporters descend like vultures after carrion.

It was easy to tell a newcomer to the music scene in the Silver Room.

They're the ones who looked like a deer caught in headlights, just before the media ran them over.

On the whole, however, everyone was incredibly pleasant and good-natured considering the wild circumstances.

The stars were especially pleasant, talking to me when I ran into them in the halls, during rehearsals and in the restaurant provided.

And at the end of the night, with sore feet and an aching back from standing for over six hours, I told myself I'd do it all over again, given the chance.

## Ju-know what's not on TV?

A reporter's perspective on the 1997 Junos when the cameras aren't rolling.

by Lauren Buck  
Entertainment Reporter

Copps Coliseum was the center of attention last Sunday night, as Canadians from across the country tuned into the 1997 Juno Awards. But what was the show like when the cameras weren't rolling?

I arrived early in the afternoon hoping to catch a glimpse of a certain brunette francophone, or a lively red-head that was going to host the show.

No such luck.

Celine Dion's limo had already disappeared down the "security only" parking garage, and I had missed Jann Arden's down-to-earth strut past waiting fans by mere minutes.

My only brush with fame came unexpectedly as both The McAuley Boys and Sloan walked past me. Unfortunately, they did it so very casually that it didn't dawn on me who they were until afterwards.

The awards were scheduled to be given out two hours before the CBC went live on air.

While the rest of the ticket

buying fans and I froze faithfully outside the arena doors, waiting to be let in by the tuxedo clad ticket takers, the performers were inside rehearsing for their moment in the spotlight.

Running late, the fans were finally let in 45 minutes later, their eruption of cheers and boos as the doors opened seemed to set the tone for the rest of the evening.

With my nachos in one hand and a glass of wine in the other, I sat down to absorb my surroundings.

An announcer's voice echoed through the arena letting us know that the pre-show awards were to be given out in five minutes.

How funny, I thought, that the upper stands were crammed with excited faces while the floor level seats that were reserved for the 'important people' were barely being used.

While fans proudly waved their Canadian flags in support of our country's music, most of the musicians couldn't even bother to show up until the cameras were turned on for the live broadcast.

The pre-show awards were hosted by a woman who Arden affectionately referred to as 'the jerk girl', Kim Stockwood.

Stockwood did an impressive job ad-libbing and ultimately getting the audience riled and ready

for the cameras.

Perhaps the most tasteless decision by the Canadian Academy of Recording Arts and Sciences was presenting Dan Gibson, creator of the *Solitudes* nature tapes, with a career achievement award during the pre-show.

Nonetheless Gibson, a pioneer of the environmental music move-



Alanis Morissette won 3 Junos

ment, accepted his award quite graciously while adding interesting tidbits on his life to his acceptance speech giving the audience a taste of his grandfather-like personality.

When 8 p.m. came around and Copps Coliseum was being broad-

cast live, the mood of the building suddenly shifted.

All the magic and glamour of television lit up before us, putting an end to the chaos and boredom that had preceded.

The show was excellent, as many television viewers can attest.

The audience was a diverse mix of middle aged toe-tappers to teenage headbangers suddenly thrown together to honor a year of great music.

Yes, the glitter and glam of the evening had its tarnished moments.

I wasn't at all impressed with an audience member who felt it her duty to speed up an acceptance speech by shouting 'shut up' as a family member gave her thoughts on her deceased father's jazz-playing accomplishments. Nor was I happy to watch the audience fidget and run for the snackbar during presentations and performances by musicians and categories that aren't considered mainstream.

All in all, my night at the 1997 Junos was interesting.

I think that I would have been more comfortable sitting at home on my couch watching it on television, but I would be hesitant to give up the magic that comes with being within a hundred feet of a celebrity as admired as those that graced the stage that evening.

# Kodo marches to a different drummer

by Ben Truyens

Entertainment Reporter

In the beginning, there was just man and his drum.

When played with passion, this oldest of instruments can evoke feelings we have repressed for centuries, its beat physically pressing against your chest. If surrendered to, some would say it can be felt on a more spiritual level.

Any in doubt of the power of the drum need only to see a Kodo performance.

Kodo is the name of the now world-famous Japanese drum company established in 1971, which features the tradition of taiko drumming.

The name Kodo means both 'Heartbeat' and 'Children of the Drum', expressing the sound and feel of a mother's heartbeat from the womb that the beat of the drums resemble.

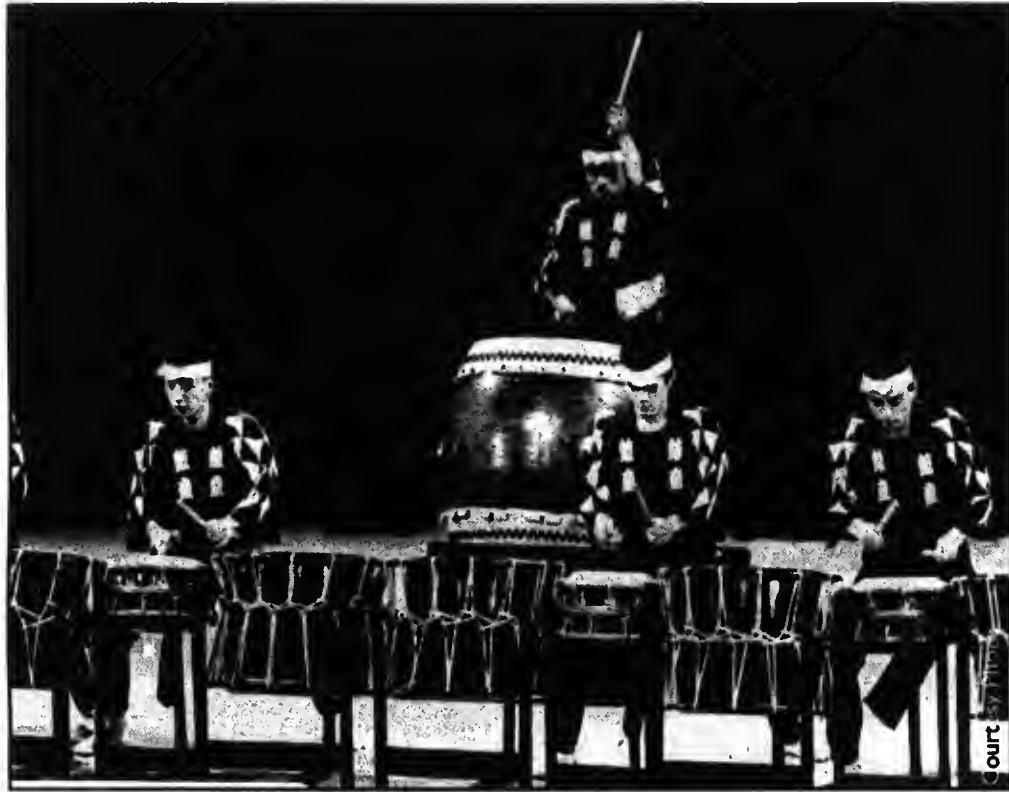
Coming from a completely communal lifestyle, when not touring, the performers are back in the beautiful setting of their home in Sado Island in the Sea of Japan living an almost monk-like existence.

A Kodo performance requires just about all the mind and body energy the artist has and his days back home are spent in study, exercise, and practice to prepare for the drain of performing.

Last week in their 15th year of touring North America, the company came to Toronto for two celebrated shows at Massey Hall.

The experience is alien and thrilling.

In addition to the array of drums, dance and mime as well as a variety of flutes, gongs



Massey Hall resounded with the beats of Japanese drum company, Kodo.

and other musical trinkets are weaved into the performance.

Anyone planning to simply buy the CD should be aware though, the Kodo drummers are just as much a visual display as a musical experience.

Watching the carnal display of several sinewy, powerful men pound large two-sided drums in dynamic choreographed togetherness is after all, half the experience.

It is graceful, as well as athletic, with sticks

fanning perfectly at great velocity, while at other times soft and subtle tappings barely audible to the ear.

The pacing was also impressive with sublime interludes of calm before the thunderous onslaughts of the drum storm.

Most notable of these was the enchanting composition 'Yukia' where duo of drummer and a beautifully-costumed dancer create the passage of time in which the dancer has gone through.

Equally effective was the segment in which a solo flutist plays in the shadows of the crowd while the set-up begins for the 'piece du resistance', the majestic o-daiko drum, a gargantuan 800-pound object carved from a single tree.

Wheeled to the front of the stage on a wooden platform decorated with Japanese lanterns, the drum is played by a single man who clammers onto the platform in nothing but a headband and loin cloth.

What happens next really defies description.

Beating the gigantic drum with sticks similar to baseball bats, the drummer begins an improvised session that builds-up a sound so deep and resonant that it seems to come from the core of the earth itself.

Every drumming segment, whether the thunderous o-daiko or the precision ensembles, was extraordinary and displayed a martial arts-like dexterity and incredible musical prowess that interlocked new and exciting rhythms in spontaneous fashion.

The Kodo drummers are not simply a traditional performance but an impressive forging of new and old compositions that retains the original spirit, timelessness and emotion.

'One Earth', the name of the new tour, refers to the basic notion of taiko which is that a village or community of people is not determined by a geographical boundary but by the farthest distance in which the drums can be heard.

A touching sentiment coming from the people who have extended this universal language across the globe.

## AlterNative music popular

by Bernice Barth

Entertainment Reporter

Aboriginal music is growing in Canada's backyards and making its force felt through incredible talent and a supportive community.

Last week marked the third annual Aboriginal Music Week '97 Celebration. The highlight of the festivities was the AlterNative Rez Rhythms 3 Showcase at the Coloured Stone in downtown Toronto on Thursday night.

Curtis Jonnie, a prominent figure with the Aboriginal Music Project, launched the showcase. At one point early in the evening he asked the audience: "Does the Aboriginal community have talent or what?"

On hand was Don Ross, the man known to play guitar with three hands. Listening to him play made it easy to understand why he won the US Fingerstyle Guitar Championship twice. His hands flew over the strings in a flurry of blurred motion.

The biggest attractions at the showcase, however, were the six man band, Chester Knight and the Wind and Claude McKenzie. Both were Juno nominees this year for "Best Music of Aboriginal Canada."

Chester Knight and the Wind are a Saskatchewan based band. They gave a powerhouse performance at the Coloured Stone, even though it was their first time playing in Toronto.

"I'm really actually amazed that I got nominated," said Knight about the Junos, "It's only because the

album is my first album I didn't think I would have this much success with it," Knight said.

The band's songs, written by Knight, reflect both reserve and city life. Chester attributes this diversity to the fact that he was born on a reserve, but moved to Saskatoon when he was 13 years old, "I've kind of got a little of the reserve life in me and the city life."

The songs on the CD also range from historical to contemporary subjects. "That's the way the songs worked out. I didn't intentionally write, like this is going to be more of a heritage or cultural song," he said. "I tend to think that it comes more form the spirit and so if the spirit is kind of creating this song you got to kind of listen to the spirit. And so you just follow that, follow that inspiration that's coming out of your soul."

Knight's favorite song on the CD is 'Tecumsah'. "I really love Tecumsah because it's the spirit overcoming the will of the body and because our greatest enemy, as Chief Dan George once said, was ourselves. And that's what that song is about," he said.

Chester Knight and the Wind's future plans include touring "Freedom" and making a new album.

The other Juno nominee at the Coloured Stone was Claude McKenzie. The building energy level he caused could be felt rippling through the bar.

McKenzie comes from an eastern town of approximately 1,000

people on the borders of Labrador and Quebec. This year marks his solo debut album, called *Innu Town*. Prior to this album he played in the band Kashin, which was nominated for a Juno in 1995.

McKenzie's album has 10 songs in his native Innu language, one in English and one in French. "Well, you know, it's natural for me to do it like that. I'm more comfortable to sing in my own language. What we are is very important, I think," said McKenzie. "To sing in your native language is really important, you keep your character, you keep your spirit singing in Innu."

The title track of the CD, called *Innu Town* has gained him the Juno nomination, which he wrote 30,000 feet in the air on a plane going to Edmonton. "I'm very proud of it [the Juno nomination] because it's my own stuff now, you know, and it's amazing because my CD just came out 4 months ago," he said.

Yet even with all his popularity, McKenzie is surprisingly humble by nature and generous almost to a fault. He thinks it's a miracle that he's so popular.

"I don't want to impress anyone, except myself, it's important to do it without pretension, your work, yourself," he said.

McKenzie's future plans reflect his modesty and good nature. All he can think about is visiting his home and seeing his family and friends. He had to be reminded that he has a gig at the Toronto Opera House on April 11.

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# CDs

reviewed by  
Christian Kluszczynski

## REDD KROSS

*Show World*  
(This Way Up/Polygram)

After nearly 20 years as California's own spandex clad poster boys, Redd Kross have returned with their sixth album, *Show World*. Songs like "Mess Around" and "Ugly Town" are what pop is all about. The McDonald brothers have proved yet again why the Kross are one of the most respected bands in the world. *Show World* will leave you singing its choruses for weeks.

## 3 COLOURS RED

*Nuclear Holiday*  
(Creation)

Creation records surely has pulled the wool over our eyes on this one. Expecting to hear Oasis-like pop and Teenage Fancub-like harmonies, this four-piece aren't even close. Reminiscent of London's Wildhearts, 3 Colours Red are the epitome of rock. Energetic vocals, fast paced guitar with pessimistic lyrics are what this band is all about. And although this is their debut single, don't think for a second that this is the only great thing they'll ever have to offer, these guys are headed straight to the top.

## SPACE

*Spiders*  
(Gut/Universal)

This is the most original band in a long time. Mixing guitar, techno and movie-theme lyrics will assure that much. Listening to songs like "Female of the species" and "Me and you versus the world" there's little doubt that Space will be one of the biggest bands this year. Keep a keen eye and ear on them.

## THESE ANIMAL MEN

*Life Support Machine*  
(Hut/Virgin)

This is by far the best single you'll hear all year. The men from Brighton have surely found something they've been missing all their lives — maturity. *Life Support Machine* isn't as quirkily guitar pop as the men of old, but it'll surely find a place in the hearts of glamsters everywhere. They seem to have grown bored with simple guitar, adding an organ into the mix — which may prove to be a very noble thing to do.

## 60FT DOLLS

*The Big 3*  
(DGC/Universal)

Wales has got to be heaven. It's produced some of the most brilliant bands this decade, and like Super Furry Animals and Manic Street Preachers before them, the 60 Ft Dolls are no exception. Their debut, *The Big 3*, is a timeless effort, laden with some of the best rock songs you'll hear from the U.K. This year. Richard Parfitt's rough vocals give the three-piece an almost Americanized tinge. Excellent.

# Harbourfront craft studio unique

by Maureen McReavy  
Entertainment Reporter

The crowd of spectators was silent and still, fascinated by the young blond man in green army shorts, a two-foot long pipe extending from his mouth.

They were focused on the hot, translucent ball of glass at the end of the pipe that was being expanded and shaped by his breath like a balloon.

"It doesn't really take a lot of air when the glass is really hot," said Alan Burke, a glassblower and resident of the Harbourfront craft studio.

Visiting the craft studio is like going to the circus or the theatre. Crowds of visitors stand above on a walkway, looking on while 16 craftspeople below perform, making beautiful objects before their very eyes.

The most dramatic performers are the glassblowers.

"I've never met an introverted glassblower. They love performing for the crowd," said Melanie Egan, Harbourfront's craft studio coordinator.

The Craft Studio's residence program is unique in Canada, giving visual artists an opportunity to develop their work and establish professional careers.

"During the initial four to six months, the artists are getting their feet wet, becoming used to the 'fishbowl' experience. At first, it's nervewracking for them but then they learn to pace themselves," said Egan.

When the Harbourfront festival is in full-force on summer weekends, they won't do delicate work; instead, they'll do some throwing (clay) and glassblowing," said Egan.

In exchange, Harbourfront provides and maintains fully-equipped studios set up for glass, textiles, metal and ceramics.

It charges the artists minimal rates, gives them the opportunity to exhibit their work, publishes *Onsight*, a newsletter that promotes the program and also gives residents the chance to teach classes.

"It's a place in between school and having your own studio," said Joanne Noordhuis, a potter and Sheridan College graduate. "You could work for five years at your craft and work jobs, like waitressing, just to get some money to buy a kiln or a wheel. Here, you have the equipment and you can earn extra money teaching. You're practising your craft. It's like an incubator," she said.

Van McKenzie, a former resident, gives informal tours of the facility on Sundays to the public.

"The residents don't work for Harbourfront. They rent space and teaching classes is one way they can support themselves," said McKenzie.

The interaction of the artist and the public also helps breakdown the stereotype of the artist as 'weird' and art as a frill.

Egan thinks this kind of negative stereotyping begins in school

where art is an 'add on' and considered 'different'. She said she hopes public exposure to the craft studio and the residents will help change that.

"A young woman painter told me she trained for 12 years — that's as long as a doctor but the work of the artist is considered 'less than'. If the work is strange and new, it is suspect," she said.

"Artists pay taxes, rent places and add economically to the country. Yet they have to justify and fight for every dime."

Noordhuis said being at Harbourfront is great.

"It's a cost thing and you also get support here in terms of your work and grants and promotion on site."

If you'd like to see a sample of the artists' work, the craft studio Residents' Annual Exhibition is now on and will run until March 31 in the York Quay Gallery, 235 Queens Quay West.

Also, an exhibit called *Illustrious Alumnae* runs until April 2.

It is a showing of the current work of eight former residents of the craft studio.

This exhibit is just around the corner from the York Quay gallery.

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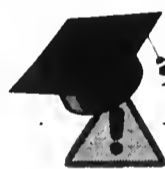
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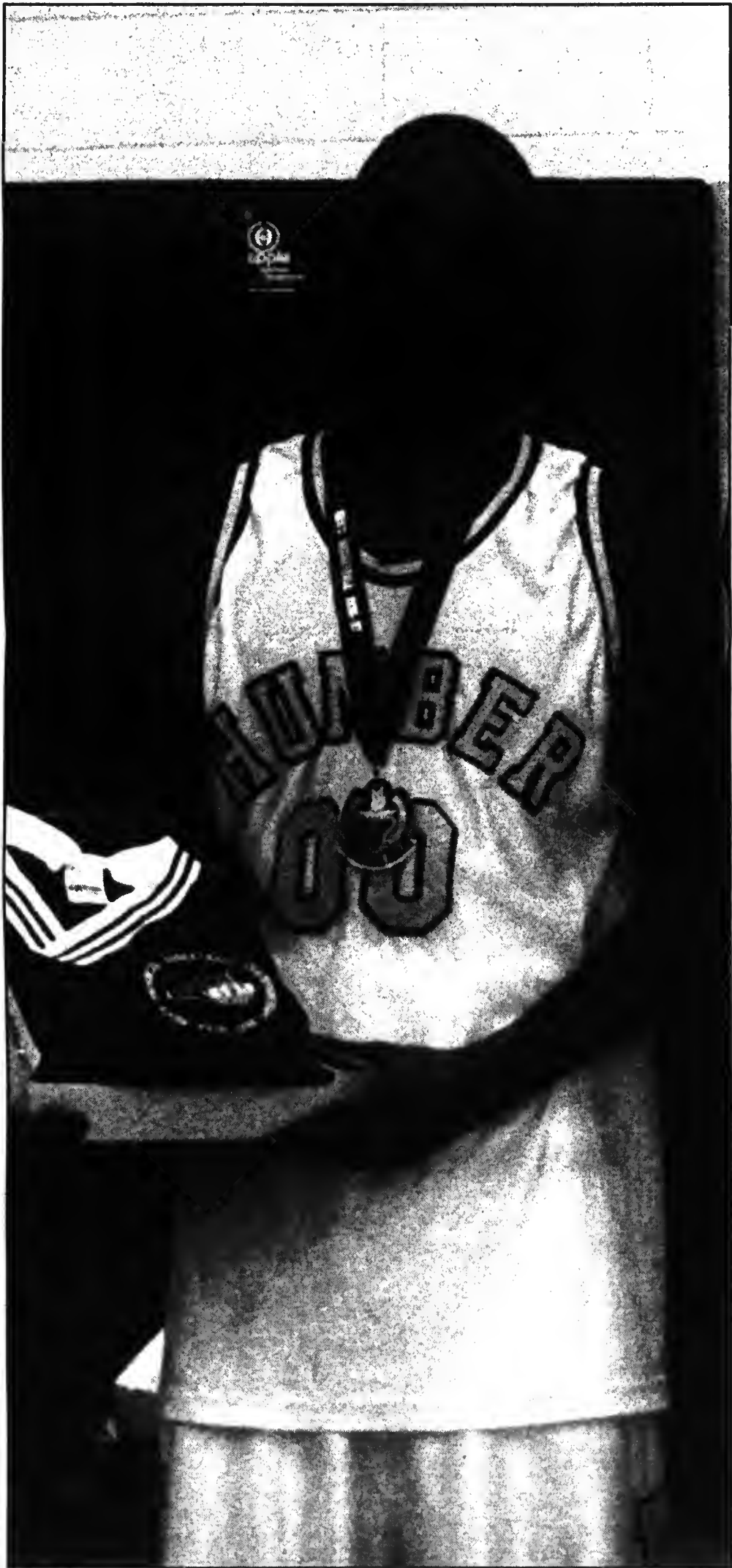
# Sports

Basketball Volleyball Soccer Hockey

## Humber's silver lining



Melissa McCutcheon fights off a Seneca defender to score a layup in OCCA women's basketball action over the March Break. The Hawks will find out later today whether their silver medal performance will be enough to get them into the Canadian championships later this month in British Columbia.



Jason Daley and the Hawks will bring their show to British Columbia for the Canadian champions on March 20. They played impressive basketball to collect a silver medal, losing out to a gritty Durham Lord squad in the Ontario championship game.

# Women walk away with silver

by David Critelli  
Sports Reporter

A great season ended in an exciting fashion, as the 14-2 Humber Hawks women's basketball team captured silver at the Ontario Colleges Athletic Association championships, losing to the tough Durham Lords 58-50 in the final.

Humber started the 'Final Four' tournament as one of the favorites to advance to the Nationals (Canadian Colleges Athletic Association Championships) in Vancouver.

While future prospects will not be known until later this week, the Humber Hawks women's basketball team can only concentrate on the present.

In their first game of this two-day event held at Seneca College, the Hawks were pitted against the hometown Scouts.

A large crowd was on hand to witness two nationally ranked teams do battle.

Tough, early defence and quick penetration towards the basket saw Humber blast out of the starting gates. By tallying nine straight points to begin the game, the women Hawks were an intense and focused group.

Seneca quickly heated up and mounted a charge. Battling for every loose ball and rebound,

they moved within five points, 15-10, with 10 minutes to play in the first frame.

Aggressive defence soon became the name of the game for both squads.

Good perimeter passing by Humber was the key early, as they continued to fight hard for their points.

Whenever Seneca made a run to take the lead, the Hawks would counter with efficient shot selections.

At half-time, this hard-fought and exciting affair had the makings of a classic. Both squads were playing with vigor and vitality, as Humber led by a slim five point margin, 36-31.

The Hawks started fast in the second half, scoring two quick baskets to increase their lead to nine points.

Stifling defensive pressure in the middle frustrated Seneca's inside game, forcing the Scouts to shoot from the outside.

But, instead of wilting under the heat, the host squad buried long range buckets with deadly accuracy.

Through constantly making little runs, they managed to keep the score close.

The Hawks went cold close to the 10 minute mark, as Seneca began to put on a defensive clinic.

Through forcing bad passes, the Scouts thoroughly frustrated the Hawks. The full-court press disrupted Humber's offensive game plan and forced them out of the driver's seat. Seneca took the lead with just under 10 minutes to play.

The see-saw battle ensued, as Humber jumped ahead again. Timely baskets and excellent foul-shooting by both squads saw the lead change hands several times.

In the end, a resilient Humber Hawks team iced the game by driving hard to the basket and making their free-throws.

Great spirit, enthusiasm and sportsmanship saw these stellar clubs play a memorable game.

With this gritty 72-67 win, Humber advanced to the finals and were set to meet the arch-rival Durham Lords.

Through a great team effort, guard Melissa McCutcheon was named the 'Player of the Game.' Her uncanny ability to get the offence in motion and distribute the ball helped the winning side immensely.

The super back-court duo of Aman Hasebenebi and McCutcheon set the tone and totaled 33 points and 12 rebounds.

OCAA leading scorer, first team all-star and all-Canadian finalist, Tanya Sadler, contributed with 15 points and seven rebounds. OCAA second team all-star, Heather Curran and Amy Lewis also turned in strong efforts, chipping in 11 and eight points each respectively.

Head Coach Jim Henderson was well prepared for the hard fought battle.

"The game went a lot like we expected," he said. "We knew it would be close and come down to the last five minutes ... I was confident we could do the job in the second half."

Aman Hasebenebi said she felt the team had to concentrate on the basics to win.

"We knew we had to do the little things," she said. "We really

wanted [the game] bad."

The Championship pitted the two best teams in Ontario against one another. A packed house turned out to watch the 14-1 Humber Hawks and Durham Lords do battle.

Nervousness saw both clubs struggle early on, as Humber jumped out to a 5-0 lead in this slow placed affair.

With 14 minutes left to play, Durham capitalized on a cold Hawk squad and took a 6-5 lead.

Good defence stymied the Hawks' inside game. While Durham was playing technically sound basketball at both ends of the court, Humber was out of sync and not executing well.

At the 10 minute mark, the Lords were more than doubling Humber, 15-7.

The focus and intensity of the previous game was simply not there for the Hawks. Turnovers by Humber led to countless missed opportunities.

Durham, while struggling offensively, shut down the visitors through in-your-face defence. At half-time, the Lords led by eight, 27-19.

The second frame saw both squads come out with renewed vigor.

A see-saw battle ensued as the contest heated up, physically as well as emotionally.

It was a war and the killer instinct in the players' eyes showed.

Both squads began to emphasize the hustle and energy that brought them to this point.

The Hawks slowly narrowed the Lords lead to five, 39-34, by mounting a charge close to the 10 minute mark.

Timely shooting and a good offensive rhythm saw the Hawks tie the score late.

But, Durham proved to be too tough on this night. By playing a smart and feisty game on both ends of the floor, the Lords got under the Hawk's skin through tough and aggressive play.

They hit the necessary foul shots as the clock ticked down to put the match on ice. The final score was 58-50 in favor of the new OCAA Champions.

Marcy Skribe was a force at both ends of the court, totalling a game high 18 points for Durham. Ernestine Dunkley and Julie Goedhuis contributed 13 and nine points respectively.

Key players for Humber included Tanya Sadler and Amy Lewis, with 12 and 10 points each.

Heather Curran and Shane Ross put in valiant efforts, both notching eight points.

Tournament all-star positions were awarded to Sadler and Aman Hasebenebi for their outstanding contributions to team play.

Disappointed with the outcome, Coach Jim Henderson chose to stay positive.

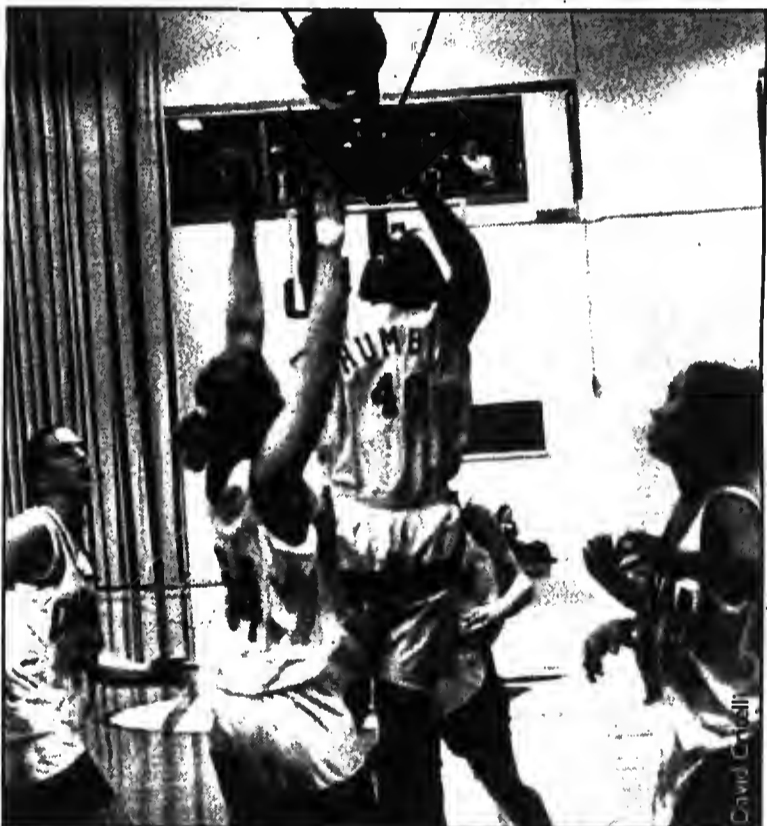
"We played fine," he said. "We just didn't shoot well."

Citing experience as the motivating factor, Henderson said he hopes to gain a wildcard position at the CCAA Championships in Vancouver.

"If we go to Nationals, it will give us the experience of high caliber competition," he said.

The Hawks will find out later today whether they will be selected as a wild card entry in the CCAA tournament. Coach Henderson is very optimistic about the Hawks' chances of being at the big show, saying they have around a hundred per cent chance.

**"We knew we had to do the little things. We really wanted [the game] bad."**  
-Guard Aman Hasebenebi



Tournament All-Star, Tanya Sadler, skies over three Durham defenders for two of her 12 points in the 58-50 loss to the gritty Lords. Sadler was named along with Guard, Amy Lewis, to the tournament All-Star squad.

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# Men mining gold in Vancouver

by Vince Versace  
Sports Reporter

In the end, playing like a champion does not necessarily mean a team will win. The Humber men's basketball team endured this fate last weekend at the OCAA Basketball Championships.

The Hawks traveled to Algonquin College near Ottawa to defend their six-year stranglehold on the provincial title.

The three other teams looking to overthrow Humber were the Mohawk Mountaineers, Durham Lords and the host Algonquin Thunder.

Humber defeated the hometown Algonquin Thunder 68-60, in one thrilling semifinal. Meanwhile, the Durham Lords crushed the Mohawk Mountaineers 100-67 in the other semi-final.

This set up a final between the two powerhouses of the Central Division. Humber and Durham had played twice during the season, each team winning one game.

Unfortunately, Durham's incredible size advantage proved too much for Humber in the final. The Lords defeated the Hawks 57-52 in a tight defensive battle.

"It was a tough game. Tough games happen," said Hawk center James Ashbaugh. "You can't win them all."

The silver medal for the Hawks left the team dispirited and hanging their heads.

However, there were reasons for optimism about the future. Rowan Beckford capped off an

amazing rookie season by receiving All-Canadian honors and being selected to the Central League All-star team. Adrian Clarke and Jason Daley received tournament all-star awards. Daley, capped off his stellar Humber career with the all-star award and by sinking his last jump shot during the regular season, as a Hawk.

## HUMBER VS. ALGONQUIN

The Hawks played the Thunder in front of roughly 100 screaming Algonquin fans.

**"We had a game plan and we played it. We went out hard."**  
-Jason Daley

Humber had defeated Algonquin, in double overtime, earlier this year in an exhibition game. This game proved to be just as exciting and was a true test of Humber's heart and will to win.

The game was tied at 18 after eight minutes in the first half, before Algonquin's hot shooting took over. The Thunder went on a 13-0 run and had knocked Humber back on their heels.

"We were ready but tentative, in the first half. We weren't executing well," said Hawk guard Stephan Barrie.

The Hawks started the second half losing 42-29, but it was a dif-

ferent Hawk team that took to the court. In the first four minutes the Hawks went on an 11-1 run. Jason Daley, Adrian Clarke, Stephan Barrie, Rowan Beckford and Al St.Louis, off the bench, all made crucial plays throughout the comeback. Humber's tenacious defense helped them collect 10 of their 15 steals in the second half.

"We came out in the second half harder. We played with a purpose," said Barrie. "When we got the lead we were able to hold it."

The game was tied at 46 before St.Louis hit a three-pointer to put Humber ahead. Ten minutes into the second half the Hawks had outscored the Thunder 20-4.

However, Algonquin did not go away quietly and fought back to tie the game at 60 with two minutes to go.

Beckford hit a jumper with a minute and 10 seconds left off a Barrie pass, making it 62-60. Then, Daley stole the ball and hit a lay-up and was fouled. He hit his two foul shots, icing the game for Humber. Daley had 16 points, eight rebounds and four steals. Clarke had 15 points, seven boards and four steals. Barrie hit three three-pointers and St.Louis had 11 points off the bench.

## HUMBER VS. DURHAM

Size, size and more size, that is what the Durham Lords had to offer in OCAA final against the Humber Hawks. Humber had to find a way to contend with Lords on the boards and defending

against their powerful half-court offense.

When Humber defeated Durham 85-80 earlier this season, they did it by playing one of their most complete games this year. They executed effectively on offense and shot 75 per cent from the field. It would take a repeat performance of that to give any chance of winning the provincial title.

The first half was a slow scoring affair, thanks to the tight defense played by both teams. The score was knotted at 16 after 14 minutes of play. Humber shot 30 per cent from the field in the first half. One point, the Hawks missed seven consecutive shots.

"Our defense was solid in the first half. We missed some shots," said Daley. "Our early shooting hurt us."

Rowan Beckford hit a three pointer to break a 22 all tie with 50 seconds left. It seemed Humber would go into the dressing room with a three point lead. However, a mental miscue turned over the ball to Durham and they scored an easy lay-up with two seconds left, leaving Humber with a 25-24 lead at the half.

When play resumed Humber's man-to-man defense and crowding of the ball down low, helped them to a 43-40 lead after 15 minutes of play.

Unfortunately, with three minutes left, Durham's size advantage began to take its toll, they began to win more battles under the boards.

With a lack of rebounding on defense, the Hawks found themselves trailing 54-48, with a minute and 50 seconds left. Daley hit two foul shots to bring Humber within one point. The turning point of the game came a few seconds afterwards.

Humber had possession of the ball in Durham's zone. They inbounded the ball and got it down low to Beckford. He made a valiant attempt but was shut out by two Durham defenders. The Lords pushed the ball up the court and put the game out of

reach.

The Hawks still battled, but Durham pulled away as Humber was forced to foul them, to have any attempt at regaining possession. The looks of disappointment and tears could be seen on many Hawk faces. They had come so close as a team, but fell just short.

"We ran out of time," said Daley. "We worked hard and played hard. We had a game plan and we played it. We went out hard."

"They were a much more talented team. Their size at some point, finally made a difference," Athletic Director Doug Fox said. "In the last three minutes, their size got them offensive rebounds and tips, which got them first and second chances to score."

Beckford lead the team with 12 points and had five rebounds, Adrian Clarke had 10 points. Daley had eight points, a team high nine rebounds and a game high six steals.


This Hawk team was not expected to go far with only four returning players from last year. However, with eight rookies in their lineup, they were still able to play for Humber's seventh consecutive provincial title.

Also, it was Jason "Super J" Daley's last year. Daley has stated he has been passing the torch, the tradition of Humber's winning ways, to "Super Rookie" Rowan Beckford.

Beckford, Adrian Clarke, Al St.Louis and O'Neil Marshall will all be returning next year, giving Humber a strong nucleus. Furthermore, with this year's freshman having gained valuable experience and possible new recruits, Humber could easily find themselves battling for an OCAA title next year.

But first the men have to concentrate on the real task at hand. The Hawks received news on Tuesday that they have been invited to the National Championships in Vancouver.

The tournament itself starts on March 20 and runs until the 22.



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# Men's basketball a dynasty

by Vince Versace  
Sports Reporter

Each sport, at every level, has had a dynasty at some point. Hockey had the Montreal Canadiens of the '50s and '70s. Football had the Pittsburgh Steelers in the late '70s. Pro basketball had the Boston Celtics from 1957-69 and the Chicago Bulls of the '90s. U.S. college basketball had the UCLA Bruins from 1964-75.

What made these teams "dynasties" was their ability to excel and win consistently. They were all built from the bottom up and developed into the dominant teams of their era. Canadian college basketball has had a dynasty for the '90s—the Humber Hawks.

The Humber men's basketball program, over the last six years, has been the most successful college basketball program Canada has ever seen. Their record has been unparalleled thanks to the foundation it has been built on. Two men who are responsible for this, Athletic Director Doug Fox and current Head Coach Mike Katz. They are the architects of this dynasty.

"I've tried to emulate the Montreal Canadian organization. They have a mystique about them. They know how to treat their alumni and teams and we have done that here," said Athletic Director Doug Fox.

The Hawks have won an unprecedented six straight provincial titles. Unfortunately, the quest for number seven was not lucky for them. They lost this year, by five points against Durham College, in the provincial final. During their six year stretch of excellence, they also won four national titles, three consecutively from 1990-93. No college can boast these credentials. What factors have played a part in this success?

"The support I've had here from the administration, the school president and Doug Fox has made a difference. Doug Fox works tirelessly. He doesn't compromise his values for success," said Mike Katz.

You need good players to win but you need to know how to treat them. It comes down to basic good communication and caring. Treating the players well helps them to respond positively to the strategies and game plans of Coach Katz.

"I find that a lot of coaching is counseling nowadays. Players want to know what it is they can do to be better," Katz said. "The counseling is really important, I find. It is a big part of being successful. It contributes to the welfare of your team, you get a sense on how the team is relating to what's being coached."

The treatment also extends to

"..dressing up your players," as Fox put it. "We were the first team to provide away warm up suits, it makes the players look professional and feel proud. You care about them, they care about you."

Fox's involvement goes way beyond just providing a good wardrobe for the players. He once was the coach of the team for five seasons and is now the president of the OCAA. That has

**"You don't preach it, (winning) you bend it and shape it."**  
-Coach Mike Katz

helped him develop important contacts throughout the league.

"I can help determine talent and get feedback from behind the scenes which can help us," explained Fox.

An important factor in any "dynasty's" success is its ability to change and still win. Being able to keep some core players for more than one year, introduce new strategies to complement the team's makeup, is something the program has excelled at.

"All parts of the program and team has had refinements over the years," Katz said. "Team scouting has really improved the years. The way we've prepared is more sophisticated. There's been a whole refinement technically throughout the league."

The biggest refinement, both men observed, is that teams are taping games now. Game tapes are an essential part in game preparation for Katz and his coaching staff. It is this supporting cast, his assistants over the years, that has also contributed to Humber's success.

"Dave Deaveiro is a budding a coach and my assistants, Rick Dilena and Tom Elwood, were very good assistants that gave great support," explained Katz.

Both Katz and Fox chose the 1990-91 OCAA Championship final as their personal highlights of the "dynasty". The Hawks were down 21 points with eight minutes to go against Sheridan.

"We fought back to win on the last shot by Patrick Rhodd. It's one of the greatest comebacks in college basketball history. It allowed us to go and win a national championship," stated Katz.

"I still get chills when I think about it," said Fox. "It is eight minutes of film we still show to every team we've had since. It shows that there are always ways

to do things."

Between the both of them, Katz and Fox have provided a blueprint for continued success. According to Fox, the key ingredient is Coach Katz.

"The basketball program is Mike. He is an outstanding coach. He likes the players and cares for them. They like who he is. He is the reason we are what we are, successful," emphasized Fox.

Coach Katz believes that "the success of the last six years creates a winning environment. This success is upheld internally. You have to sell the long run benefits, the winning. You don't preach it, you bend it and shape it."

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# Parabolic skis put fresh curve on slopes in Canada

by Bethany Lee  
Sports Reporter

Skiing is making a comeback with the Parabolic ski, and the industry is buzzing with the tracks these skis are making.

Hurt by the popularity of snowboarding over the past 10 years, the ski industry has introduced the new skis to make an impact in the market.

The skis are a lot more fun, because they are designed to make everyone look like a professional.

"The cut skis are the most exciting thing that's happened since snowboarding," said Brian Donato.

Donato is a Canadian Ski Instructors Alliance Level IV Examiner, a representative of

Rossignol, and director of sports at Hockley Valley Ski Resort.

"The ski reacts more than a conventional ski does," said Donato. This is why there is such hype over the introduction of these skis to the public. Donato said skiers who are trying to break out of the intermediate range will benefit from the ski the most, as they will get to feel what it is like to really carve the snow. Beginners may find the hourglass shape a bit tricky to control.

Right away the extreme curve of the skis is obvious. The ski is wider at the shovel (the front of the ski), and wider at the tail, said Donato.

The idea behind the ski is that you can pick up the edge much earlier in the arch of your turn

simply by applying pressure to the edge of your ski. Turns will hold a lot easier because of the construction of the ski, Donato claimed.

Is this a marketing scam, forcing you to go out and buy new skis?

"It's not a ploy — it really works!" said Derrick Ypenburg, Canadian Ski Instructors Alliance (CSIA) instructor.

Rossignol recommends buying these skis about 10 to 15 centimetres shorter than conventional skis. With less ski to control, and with the hourglass shape, everyone will be making much tighter turns.

This type of ski will be pushed at resorts around the world. Skiers will take lessons to adjust

their technique. The parabolics require the skier to assume a wider stance, and ski with a little bit more of an inclination.

"Not enough people know about them yet, and not enough people recognize that you have access to them through rentals," said Ypenburg. "Five years from now, you will see normal skis in a museum."

However, snowboarding is still strong, said Ypenburg. He explained snowboarding and skiing are two separate entities. Although the ski industry hopes snowboarders will switch over to skiing, insiders doubt they will.

As the snow flies over the winter season, the parabolic skis will be on slopes everywhere. Snowboarders beware!

## sports quote of the week!

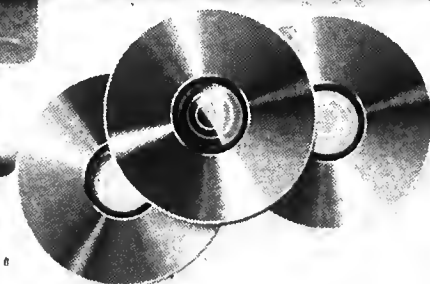
Dennis Martinez on his spring training debut as a Seattle Mariner.  
**"I was kind of lost in the first inning because I didn't know where the plate was."**

USA Today's Baseball Weekly



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