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SAC turns back on rally

Students heated up for Queen's Park protest while Humber SAC chills

By DOUG GLAZEBROOK
News Reporter

The Canadian Federation of Students (CFS) and its supporters will march on Queen's Park Friday. Humber College SAC will not participate, fearing, in part, CFS protests give students a bad reputation.

Tracy Boyer, Humber SAC president and marketing and public relations advisor to the Ontario Community College Student Parliamentary Association (OCCSPA) said that Humber will not take part or support any event organized by the CFS.

"Humber will not be associated with actions by CFS," said Boyer, "because we do not want our institution to be reflected on as being related to what CFS wants and how they go about doing their lobbying."

Joel Harden, Ontario Chairperson of the CFS, said the rally, which leaves Union Station at 2:30 p.m. Friday, Oct 16, has been organized by the CFS and is the culmination of their first ever

Student Week of Action

The march, which is being billed as a "trail of influence" walk, will wind its way through the downtown business district and end at Queen's Park.

"We are doing (the rally) to draw attention to the influence (the business community) has over decisions in post-secondary education," said Harden.

According to Harden, the business community has lobbied for cutbacks in social spending and has "found a very willing ear in the Harris government. And we (the CFS) have a problem with that -- that these people who are (non-elected), who don't represent what the majority of Ontarians want -- in the sense of massive cutbacks to post secondary education and health care -- are having such an undue amount of influence over the government."

Cynthia Hilliard, executive director of OCCSPA, Humber's student advocacy group, said that there are much more effective ways of changing policy.

"This provincial government is very different than any other gov-

ernment," said Hilliard, "and it requires the employment of more creative ways of lobbying than the traditional ways and we've seen the confrontational style... doesn't always work."

Hilliard said she believes the public's perception of students and student issues is very important and events such as strikes must be conducted with care.

"There is a public perception that students are whiny and that they are getting everything they need anyway and we don't want to perpetuate that stereotype of students," said Hilliard.

Although Hilliard supports the majority of demands the CFS has, she said that this Friday's march will have little impact on changing public policy.

"I think that they'll be effective at drawing some attention to themselves and to the issues but I'm not fully convinced that (a march) really effects change," she said.

Boyer shares Hilliard's opinion that the march will accomplish very little in the way of changing current legislation.

"I think going through OCCSPA is much more credible because OCCSPA knows the issues well and we actually influence policy," she said.

Harden willingly agrees with Boyer on this point but said he believes that although OCCSPA appears to be active in policy making, they hold little more than token power.

"OCCSPA may be policy makers, but it's one thing to put your stamp on a document that's already been written before you've had any opportunity to consult on it, and it's another thing to make news, and that's what we (CFS) do," said Harden.

"The tactics that are going to win are strike tactics," said Harden, "If students don't go to class, who are the professors going to teach? The whole process will shut down... we will draw an immense amount of public support because I think the majority of Canadians out there feel bad about what's happening to students



PHOTO BY DOUG GLAZEBROOK

Ontario CFS Chairperson Joel Harden is looking to rally the support of CFS members across the country.



PHOTO BY CLAUDIA ZOQUE

And all he wanted was a little colour in his life
Rookie Jonathan Chapman is welcomed with love to the Men's Varsity volleyball team by his teammates.

visit our new beefed-up site @

<http://etcetera.humberc.on.ca>

Right inside

"I've never heard about it in my life."

- the kids in the halls -

Are you going to the Student Day of Action on Friday?



Helen Mao 1st year Legal Assistant student
"The what? What is that? I've never heard about it in my life, so I guess not."



Inbal Dery 3rd year Interior Design student
"No. I have classes."



Rick Conte 2nd year Plastics Engineering student
"No. I have classes and I'm behind."



Brenda Gajardo 1st year Travel and Tourism student
"Student what? I don't think I will be (going) because I don't know what I'll be doing."

Studying made easy

by NADIA HOSEIN
On Campus Reporter

With mid-terms here and in full swing, there is a lot that we have to do to prepare. For some people however, it's just not that easy.

Cy Bulanda, a counsellor at Humber's North Campus said that there are several factors (other than study habits) that may affect a student's grades.

If the problems are study related, the student can be referred down to the peer tutoring centre. The tutee must fill out a peer tutoring program application form which asks for personal information, the program you need help in and what the problem is. The registration fee for the program is \$10 for eight hours of tutoring.

"The tutee is responsible for doing homework, assignments given to them and attending class. They can't skip class and expect a tutor to teach them a missed class. (Tutoring) is going over already taught information," said Nicki Sarracini of the peer counselling department.

At our Peer Tutoring and Counselling Centre students can pick up a booklet called, "Skills for College Success Workshop." This book takes you step by step, through an ideal studying regimen.

Also given are tips on how to write an essay exam, a glossary of terms used on tests and a quiz called "Are you Test Anxious?" which lets you evaluate yourself.

On the Internet one can also pick up some useful study tips by logging onto www.howtostudy.com. This website offers: top 10 study guides, student experience, study tips, control stress and memory training.

If you've decided to leave

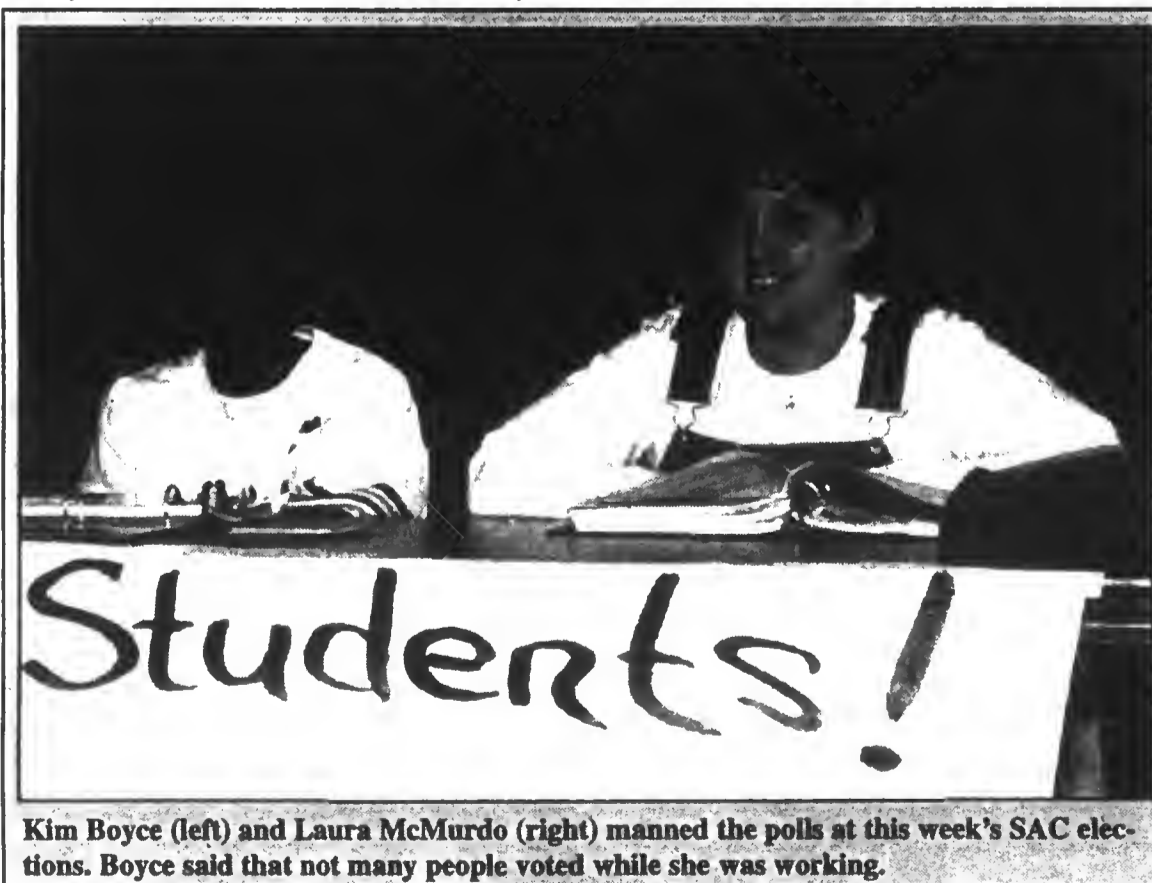
your studying to last minute, here are three last minute study tips from the on-line study guide:

1. Turn topics into songs or poems
2. Have someone quiz you
3. Stop stalling!

If the study guide doesn't work, it might be helpful to visit the counselling centre for some guidance and support, "If they need more help than what they can do by themselves, that's

when the tutoring service comes into play," Bulanda said.

If you would like to help by being a tutor, you must have a grade-average of 75 per cent and an 80 per cent in the course you would like to tutor in. Tutors work a maximum of 10 hours per week and earn \$7.50 to \$8 per hour. The counselling department is located in room D128 at North Campus and A120 at Lakeshore.



Kim Boyce (left) and Laura McMurdo (right) manned the polls at this week's SAC elections. Boyce said that not many people voted while she was working.

Coming Events

October 15: SAC By-Elections
October 15: Varsity Women's Soccer vs Redeemer at 4:30 p.m.

October 15: Indoor Soccer skills competition in athletics from 2-4 p.m.

October 15: Radio Day 11 a.m. - 2 p.m. at the registration entrance. There will be contests, giveaways, and visits from Hits 103.5, Mx 99.9 and the Fan 590

October 17: Joe Kertes will be reading at the Heritage Soup, Lakeshore

October 18: Humber Community Nature Celebration at the Nature Centre: nature walk, musical entertainment, and a BBQ lunch

October 19: Rez Nite in athletics

October 19: Entries open for squash tournament (Athletics)

October 20: 2 on 2 Volleyball from 2 - 4 in athletics

October 21: Ice Hockey League entries close

October 21: Alcohol Awareness Day in the Student Centre 10 a.m. - 2 p.m. features live music, games, giveaways, and contests

October 21: CSA special meeting at 4:30 in the SAC lounge (Lakeshore)

October 22: Alcohol Awareness Day at Lakeshore Campus

October 23: Co-ed extramural Volleyball at Humber College

News

"Get away, or suffer the touch of evil!"

Social critic speaks at Humber

Linda McQuaig talks power, money, and globalization with the students who she says have a lot more power than they think

by COREY KEEGAN
Editor

A prominent left-wing Canadian writer and social critic brought her warning against national "impotence" to Humber College on October 13.

Linda McQuaig is a big name among small "I" liberals, and a huge nuisance to the nation's conservatives of all sizes. She is the author of, most famously, *Shooting the Hippo*, and most recently, *The Cult of Impotence: Selling the Myth of Powerlessness in the Global Economy*.

McQuaig provided thought-provoking opinions on Canada, its economy, and society as it stands in the world today during her hour-long afternoon speech and question/answer period. The session was attended by about 200 students and some faculty members at Humber's north campus.

McQuaig was invited to Humber by members of the Liberal Arts and Sciences (LAS) division.

Melanie Chaparian, coordinator of Humanities, said the

division tries to host at least one speaker per semester, and considered it fortunate to have McQuaig as this term's guest.

"Our students will learn that there are alternative voices in the public arena that question the wisdom of the day," said Chaparian.

McQuaig's speech covered topics ranging from pre-World War II global economics to modern technology's ability to track money as it flies around the world in currency markets. Her argument throughout - all is not as it seems in the world of economics, and Canadians should reject much of the rhetoric espoused by government and the gods of high finance.

"We're told we have to cater to what the financial elite want," McQuaig told the full lecture hall. If we disagree, she said, we are then told we don't understand the "realities of the global economy," and our concerns are dismissed.

When people mistakenly accept their ignorance of those "realities", said McQuaig, they become members of what she called the Cult of Impotence.

"We are told we can't have full employment, health care, and education," said McQuaig.



PHOTO BY COREY KEEGAN
Writer Linda McQuaig speaking to students and faculty at the north campus.

"We have a great deal more choice than our government would have us believe . . . there's nothing preventing us from having the same kind of society we want."

The kind of society McQuaig said she wants would stop the widening gap between the rich and poor in Canada, and would

preserve equal rights among the nation's citizens.

What stands between McQuaig's Canada and the increasingly privatized nation of the late 90s, is not technology or globalization, as she said some would have us believe.

"The real obstacle is the same old obstacle we've always had the financial elite," said McQuaig.

She said there is a lack of political will to stand up to the financial elite, and that Canadians "mindlessly" have thrown away the power to control their own lives.

She cites health care in the United States compared to Canada as "glaring proof," claiming that Americans pay 40 per cent more per person than Canadians. And yet, there are many on this side of the border who would gladly privatize our system.

McQuaig doesn't discount all elements of modern capitalism. She said while greed exists and is an important part of our economic system, greed is only one part of human personality.

She accuses the rich of being

out of touch with the majority of people who have needs deeper than simple avarice.

"There is a need for a sense of belonging to a community," she said.

McQuaig said she knows she is thought of as somewhat of a radical, but hasn't given up hope people will come around to her theories.

She said when *The Cult of Impotence* was published in the spring there was little chance mainstream politicians would have taken it seriously, but when Finance Minister Paul Martin recently suggested emergency measures be taken to slow down the global currency crisis, McQuaig said she felt a little vindicated.

"No, what I'm talking about isn't that radical. I'm talking about making our democracy work," she said.

Money ready for Portuguese students

Humber College students of Portuguese descent may qualify for a scholarship previously unavailable to them.

The Federation of Portuguese Canadian Business and Professionals (FPBCP) is offering scholarships to deserving Portuguese students.

This is the first year students at Humber College have been able to apply for these scholarships.

Previously, application had been limited to university students.

Community involvement and academic achievement are factors in deciding who obtains the awards.

Last year over 15 awards of \$1,500 were handed out.

Deadline for application submission is November 2, 1998.

Application forms are available in the Financial Aid office, the SAC office, from reception in H420, or John Elias, also in H420.

For more information contact the FPBCP at 416-537-8874, or Louis Louro Jr. at 416-961-4653.

Hunger striker still going

by SHAUNA DEGAGNE
News Reporter

Humber student Bill Warnick is into the fourth week of his hunger strike in protest of a decision made by the Worker's Compensation Appeals Tribunal.

"I never would have imagined I could have gone without food for this long," Warnick said.

Six years ago, Warnick fell off a six-foot scaffold while working on a construction site.

His back was badly injured in the accident and he started receiving payment from the Worker's Compensation Board (WCB) shortly thereafter.

Eleven months later, doctors decided he was fit to go back to work. Because of this decision, Warnick was no longer eligible to receive support.

Warnick said he was not fit to go back to work and appealed the board's decision.

Warnick lost the three appeals he made to the WCB.

His last option was appealing to the Worker's Compensation Appeals Tribunal, a government body that can override decisions made the WCB. Again, he lost.

Warnick said he stopped eating after he lost the last appeal because he wants the tribunal to reconsider.

"They (the tribunal) don't care. They might take a look at it (Warnick's case) some-



PHOTO BY SHAUNA DEGAGNE
Bill Warnick is still fighting the good fight for his rights.

time this month," he said.

He said he won't start eating again until he gets a fair decision.

Warnick weighed 160 pounds when he started his hunger strike. He now weighs 143 pounds.

"I'm surprised," he said. "I thought I'd drop 40 or 50 (pounds)."

Warnick said he consumes less than 300 calories a day. He said the healthy calorie intake for a man his size is about 2000 calories a day.

Everyday, Warnick said he drinks two litres of water, one cup of either tomato or apple juice, one glass of skim milk, and two or three cups of decaffeinated coffee with one sugar per cup.

According to Warnick, starving is "really hard to describe." He said he isn't constantly hungry, but he suffers from temptation when he sees TV commercials or walks past restaurants. He said he is very weak and has a hard time concentrating. Often, he said, he gets bursts of energy that last about two hours, but then he gets really tired. He said his sense of smell has increased and he finds it hard just to walk around outside because he can smell food being cooked.

Warnick said he read about a group of men in Ireland who were also on a hunger strike. It wasn't until 66 days had passed until one of them died, he said.

Warnick is willing to go the 66 days, or longer, if it means getting justice done.

"I'm determined to win this case," he said. "I will not eat until I get a fair decision."



PHOTO BY CHRISTINA KUDLIK

Fire Safety Week highlights the importance of planning an escape route and avoiding fire.

Lakeshore blaze sparks safety debate

by CHRISTINA KUDLIK
News Reporter

The recent fire-related death of a three-year-old boy near Humber's Lakeshore campus created a somber atmosphere at the kick-off to Fire Safety Week, October 8.

About 200 people, including local celebrities, gathered in front of Metro Hall, to raise fire safety awareness and mourn the death of Nathaniel Oakley, 3, who died in a townhouse on Summerhill Road, about one kilometre from the Lakeshore campus.

"The fire services are no longer alone, the whole commu-

nity helps out," said Alan Speed, Toronto's new fire chief. "Fire is the primal force that will be in your life one way or another," said Speed.

The theme of fire prevention week is Fire Drill: Plan Your Escape.

Television host Mike Bullard brought his profile to the event, and urged children to avoid playing with fire. Misuse of a lighter was found to be the cause of the blaze which killed Nathaniel.

"I am here to support the fire department of Toronto and to remind you to never play with matches," said Bullard, host of CFTO's Open Mike.

Police and the fire department are co-operating to raise money for the Oakley family.

"Right now the fundraising is our department," said Aurora Auxiliary OPP Const. Alistar Thomas. "But we are going back to the office, and other departments will contribute."

"We are going to buy household items and clothing, and we are going to the Wellesley burn unit this afternoon to see Laura, and take the money and clothing to Marie Benn, (her mother)," said Thomas.

Laura Oakley, Nathaniel's mother suffered burns re-entering her home in an attempt to rescue her son.

Cashing in on holiday generosity

by LOUIS TSIKSIRIS
News Reporter

Thanksgiving brought out the best in Torontonians.

More than 2,000 volunteers showed up at the Toronto Daily Bread Food Bank over the weekend to offer their help.

The number of volunteers and people needing the assistance of food banks continues to rise.

"It's a direct correlation to the welfare cuts of 21.6 per cent - since then food bank use has doubled," said Devi Arasanayagam, hunger educator and action co-ordinator at the food bank.

According to Arasanayagam, 55,000 children in Toronto need the food bank - 39 per cent of the total bank users.

"The food bank itself is not able to resolve the whole problem of food, because a lot of food banks have a limited supply of food, and that's why we need the food drive," he said.

With more than 263,000 kilograms of food collected so far, last year's number of donations has been surpassed by 13,000 kilograms.

Nadia Vento, a telecommunications analyst from Etobicoke, had to work on Thanksgiving but brought in a box of canned foods.

"I don't have time to volun-

teer, so I just try to do what little I can," she said.

Users of the food bank are given hampers of food which are supposed to last them for three days.

The food often isn't enough, so people try to make it stretch over five or six days.

"You see mothers having to water down the milk that they feed their children and that leads to an impact in their health, and that becomes a long-term problem that affects the community at large because they end up being a burden to the health system," Arasanayagam said.

The theme of this year's food drive is Health and Hunger.

The aim is to keep people healthy by providing them with enough food to not become a burden to the health system in the future because of malnutrition.

"It's going to cost us money later on if the government doesn't resolve the issue right now," continued Arasanayagam.

Even though Thanksgiving is over, the food drive continues until Sunday.

Donations can be made at any fire hall, Loblaws, or the Daily Bread Food Bank warehouse, located on the north-east corner of Lakeshore Boulevard and Bathurst Street.

For more info or to make VISA donations, call 203-0050.

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PHOTO BY LOUIS TSIKSIRIS

Government cutbacks have strained the resources of the Toronto Food Bank; the theme is Health and Hunger.

Education strife in France

Ontario post-secondary students aren't the only ones fighting their government this week.

Thousands of high school students in France took to the streets October 12 to demand their government hire more teachers and buy more equipment.

Students have been protesting in a number of French cities

for the past 10 days.

Monday's Paris demonstration attracted 10,000 students complaining class sizes are too large and curriculum is outdated.

Police patrolled but did not cut off traffic.

Education minister Claude Allegre promised to do what he can to improve conditions.



PHOTO BY STEVE PROCEVIAT

The Humber College Library has spent \$400,000 updating its computer systems to better meet the needs of students. Databases are now accessible from the privacy of your home.

Hitting the links

New databases provide users wide-reaching resources

by JENNIFER BOYD
News/Tech Reporter

Humber College's library web page is being changed to support new resources available through the internet.

The College Bibliocentre spent almost \$400,000 setting up a new network of computers to access a number of specific databases. The college hopes they will help students in their studies.

"They're all web-based and we have a variety of ways of accessing them," Lynne Bentley, the senior library co-ordinator said. For some of the databases, the access is limited to network machines in the college. But, "our long term aim with this is to provide remote access from home," she said.

The library will soon be setting up their home page so all databases available will have links to them on the home page. Then a student can go directly to the library home page and the specific link they want without having to memorize the URL.

For students to access these databases, they must set up their e-mail account and receive their password. They can then log on to any computer network in the school.

"If you have access to Netscape from some of the school labs, SacNet lab, or even the library has Netscape machines on the second floor, they can go in and just put in those URL's and it will work," Bentley said.

Some of the databases already have remote access so students can log on from home.

Academic Search Fulltext Elite, Canadian MAS Fulltext Elite, DRA Web OPAC, and Health Source Plus are all accessible from home, but students must have accessed their e-mail account in order to choose this option.

"We're getting into the virtual library, we're going outside. There's no more walls anymore," Bentley said.

The DRA Web OPAC database is a web library catalogue that will show the entire catalogue of Humber College's library as well as other colleges across Ontario.

The library home page is: <http://www.humberc.on.ca/~library>.

Databases available

Britannica Online

Academic Search Fulltext Elite

AgeLine

Canadian Education Index

Canadian Business and Current Affairs

Canadian MAS: Fulltext Elite

Canadian NewsDisc

DRA Web OPAC

Health Source Plus

Repere

Literacy vital

by TATJANA SULKER
News/Tech Reporter

For adults learning to read, a supportive environment and a peer group of other learners can make all the difference.

Sara Clenyg-Jones, an employee at the Fred Victor Center said, "illiteracy was named as a priority by the government but has lost that sense of urgency. Illiteracy among adults is such an issue of pride and dignity."

Toronto's Fred Victor Center offers adult education and literacy classes within community-based settings. Some students live at the centre while they are learning.

Clenyg-Jones said: "In order for people to use this, they are learning with the people they live with."

"Some prefer to do it away from home so the people they live with don't see that they can't read or write."

"The key is getting something that people are comfortable in. This is a very supportive environment. They (the adult students) help each other tremendously," she said.

"When one has gone further (in their education) and has self-confidence in reading and writing, they are able to help the others," she said.

According to an article in the '97 Microsoft Encarta Encyclopedia on adult illiteracy,

Canadians are gradually becoming more literate and educated. For example, the proportion of Canadians completing secondary school rose to 86 per cent by 1991, from 62 per cent in 1971. During the same period the percentage of Canadians with university degrees increased to 11 per cent from 4.8 per cent.

"There are people in the class who can't recognize letters of the alphabet, who haven't gone far in education, not even enough to get by or hold a job," Clenyg-Jones said.

Statistics Canada reported that in 1992, with an education of grades zero to eight females earned an average of \$12,418 per year and males \$20,427. With some or completed high school, females earned an average of \$12,735 per year and males \$21,926.

For those with a post-secondary certificate or diploma, females earned an average annual income of \$21,556 and males \$33,501. Females with a University degree earned \$32,933 and males \$49,554.

Clenyg-Jones said there is "a lot of denial in the adult population on where they are, in their reading and writing abilities, and people have developed amazing skills to hide."

"There is help for Canadian adults who are illiterate - to take the first step is very hard," she said.



All students are welcome to attend a meeting to discuss Constitution changes for the Lakeshore Student Council.

Wednesday, Oct. 21 @ 5 p.m.
Lakeshore Quiet Lounge

Do you have any story ideas? Ask for Steve or Wylie in the newsroom. 675-6622 ext.4514



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Editorial

"There are none so blind as those who will not see."

Days of Action or another round?

Freedom, and the future of education versus beer. Such a weighty decision. And yet, sadly, on Friday, Oct. 16, the winner must be, against our collective better judgment, that fancy-sounding first option.

Yes, Humber's student body could easily be divided along two lines.

The first group will, this Friday, be debating which bar or pool hall to hang out in, or what video to rent or what movie to see, or whether a case of beer is preferable to a bottle of rye. This group represents the majority. Good, fun-loving, easy-going people.

The second group of people, a tiny few, will be thinking about just how much shit they can stir up at the Student Days of Action protest as they march from Bay and Front Streets to Queen's Park. This group of is made up of what? Et Cetera can't be sure. We won't be there. We'll likely opt for the beer and the rye. But the point is we shouldn't.

Even if the protest is completely futile, we should all be out there with them.

Why? Because the concerns the protesters are addressing are all too real. By 2000, College tuition will have increased 147 per cent, according to the Canadian Federation of Students. They also said the Harris government is responsible for the largest ever cuts to post-secondary education in its history.

Humber's SAC doesn't support the protest. They believe in a quieter, diplomatic approach to dealing with the powers that be. OCC-SPA, SAC's advocacy group of choice, prefers to sit down, to give their "non-binding" advice like the dinner guests of Dracula.

We want action. If the anti-education trend continues, it will surely mean the death of opportunity for the many students who, at present, can barely afford to better themselves.

So it's up to you Bucky. And, if not for yourself, for your little brother, or your niece, or the child most people are praying you won't have.

Opposition, en masse, is the only clear and visible opposition poor, powerless plebs like ourselves have against Harris and friends. That's right, there's only one batch of bastards on earth who care less about the future of education than Humber students - The Government of Ontario.

The problem with apathy is if you don't care, somebody else will do your caring for you. When you don't voice an opinion, someone else will voice an opinion on your behalf. When you can't be bothered to decide what's in your interest, someone will tell you what's best for you.

Don't let Harris tell Ontario "the silent majority" supports his cuts. Go down, make some noise, and then go out drinking.

If you have a complaint or a compliment, write a letter to the editor. Letters can be brought to L231 or e-mailed to etceteraeditor@hotmail.com. We reserve the right to edit for brevity and offensive material. We will not publish any letter unless it has a name and phone number.



Cart and stage sound investment into the next millennium

SAC rep says stage will be used for graduation

Dear Editor,

Your cartoon and article entitled "Your Hard Earned Tuition at Work" written about the Students' Association Council, was misleading and written in poor taste. The elected Students' Council and the Council of Students' Affairs approved this purchase in the hope of raising the level of awareness. The promotion booth that the cartoonist makes fun of will hopefully help answer the problem that was

pointed out in the October 8 edition of Et Cetera.

Students are not aware of SAC and this is hopefully an excellent way to promote the Council and what it does for the college. When it was written that SAC spends \$22,000 on a stage and promotional booth and only \$15,000 on peer tutoring, you forgot to mention that SAC spends \$15,000 per year on peer tutoring.

The stage and booth are a one-time deal that will benefit the students and the college well

into the next decade. The stage is versatile and can be used in many locations throughout the college. One suggestion is to use the stage for the graduation ceremony held each year. The promotional booth can also be used to help promote the clubs, as well as help them conduct fundraising. The stage and booth expense is reasonable and cannot be compared to yearly spending.

Grant Armstrong
SAC rep

HUMBER ET CETERA

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Opinion



"Turkeys have better Thanksgivings than we do. They get to die."

Too bad we don't give thanks everyday

The turkeys on our plates aren't the only turkeys in this world some have typewriters

by **BILLY IKOSIPENTARCHOS**
Opinion Writer

Turkeys have better Thanksgivings than we do. They get to die. For the rest of us that get to live, what can we be thankful for? Not too much.

Should the homeless in our city give thanks? Sure they should. We are shown how food drives have fed them this weekend and the media tells us that 4200 people will have a bed tonight. After giving our consciences a quick wash, we pay no attention to the fact that homeless people have to eat every day and that 4700 people in our city will not have a bed tonight.

Hooray for legislation that will wipe out those annoying squeegee kids. That should make it easier for us to see those Nike billboards. Which reminds me, I hope those exploited workers in Asian sweat shops appreciate their blessings.

Thanks to Ontario Hydro for switching from nuclear to coal burning power plants that over two years (from '96 to '98) have increased emissions of several pollutants by 76 percent. American car companies should also take a bow for introducing bigger and heavier sport utility vehicles instead of developing electric car technology. Thank the Canadian government for subsidizing oil making it cheaper to the market than bottled water. Thank them for the three smog alerts we had last summer, for the white Thanksgiving in Saskatchewan, and for the rise of asthma cases in children.

We can thank Mike Harris for creating long lines at emergency rooms and for surgical procedures, for bed shortages, and for practically eliminating home care.

Parents can thank him, his education minister, the teacher's union and the teachers them-



Billy says all we are saying is give peace a chance.

selves for not caring about their children's education.

Globally we can get ready to thank NATO for protecting democracy yet again as they plan air strikes against the Yugoslavian president. Yes thank them for adding another war to our history of wars that didn't need to be fought.

Thank scientific achievement for Pakistan being able to add nuclear capabilities to their arsenal in their holy war against India.

Thank misfortune for causing a financial crisis in Japan which led to international economic fallout around the world.

Thank the Grim Reaper for making Russian president Boris Yeltsin sick during one of his countries gravest economic crises. I hear the Pope isn't too well off either. Doesn't something really bad happen when he dies?

Thank ignorance for our social bigotry. Thirty years ago homosexuality was a criminal offence in Canada. This summer Mel Lastman walked in the gay pride parade. Last week a gay student at the University of Wyoming died as the result of a hate crime. I guess homosexuals living in Canada should appreciate the fact that we don't gay bash them anymore.

Black people in Sudan are sold as slaves for \$73 a head. I guess Afro-Canadians should be thankful that we saved them

from slavery during the civil war in the States, only to bring them here to face a kinder gentler racism

We should all be thankful that inbreeding is illegal, but somehow organizations like the Heritage Front live to keep ignorance alive.

Most of us ate a thanksgiving meal with our families this weekend while native Canadians gave thanks for the existence of the white man who stole their land.

Being born a white man, the only thing I can give thanks for is inheriting the guilt of all of the injustices my ancestors created on this planet.

There is only one thing we can all truly be thankful for.

Every morning we are given another chance to become a better civilization than we were yesterday is a gift we should all cherish.

Letters to the Editor

Prez tells it like it is

Non-tuition fees are essential for education

by **TRACY BOYER**
SAC President

What do you, the average student, get for your non-tuition fee? Humber students get services, programs and student representation for their \$62.

This is where your money goes. The health care centre has a constant stream of students and also runs educational programs (cost = \$69,000). Our health insurance plan makes sure that students can afford prescription drugs and other medical items (cost = \$135 000). Peer tutoring helps thousands of students each year (cost = \$15,000), Thousands of student handbooks have been handed out. Numerous clubs encourage students to meet and share their interests, (cost = \$7500 + Special Event funding). SAC's helps with orientation week and provides thousands of students with orientation packages. We run a games room, have employment opportunities, run a free legal consultation



SAC President Tracy Boyer breaks down SAC expenses

service, organize concerts and events (aids awareness day, alcohol awareness week, multicultural week), lecture series, movie series, art competition, grau photos, posting service, information boards, leadership opportunities.

To make all these things happen, we also have to pay certain hidden costs, such as office supplies and equipment. For example, it costs SAC \$6,000 to lease a photocopier each year, which is both cheaper and more time effi-

cient than to pay Grenville for each copy. Political representation on college and provincial committees is very important as well. SAC makes sure that Humber students' concerns are heard by the college administration and the government.

The staff and executive are not over paid. SAC has been extremely lucky to have dedicated staff who are willing to work at wages similar or lower than the market standard. Our staff, not unlike a typical business, are paid to perform specific tasks: services coordination, programming, leadership coordination, financial management and administrative assistance. To our benefit they do their jobs well.

SAC staff and executive work hard on behalf of Humber students. We are always open to new ideas. If you think what we are doing is unreasonable, please come down and find out what you are paying for. It's your right to know the whole story.

Not a fan of Billy's

Dear Editor

I read the editorial this week about prostitution and I had a hard time figuring out if the author was kidding, in which case I can write his column off as being pure satire, or serious, in which case I truly feel sorry for this man.

Although it sounds like the only thing he would have left going for him is prostitutes, because I read through the entire article about how all he thought about during his "date", (and according to him, what all guys think about in the same situa-

tion, although I wonder how he got access to my brain) is having sex with this girl, and then bragging about it to his friends.

I have a question him...you graduated from high school right? Small wonder you're still having problems if you think this way.

Yes, I agree prostitution is best for you, since you don't want to bother with "date stuff". Good luck.

Scott Yeddeau

Moron of the week



It was bad enough that Prime Minister Jean Chretien is under the gun for Peppergate, but did he really have to make a stupid joke about peppersteaks? For this Chretien is our Moron of the Week.

Lupus – the disease of 1000 faces

by NIKOLINA MENALO
Health Reporter

Lupus is a disease that can affect anyone, including men, women, and children of all ages.

"We call it the disease of 1000 faces," said Laura Baine, of the Lupus Foundation of Ontario, "everyone is affected differently, and it is extremely hard to diagnose."

Lupus develops most frequently in women between the ages of 15 and 45.

"In this age range, Lupus is eight times more common in women than in men," said P.K. O'Brien, national coordinator of Lupus Canada.

It is a disease that affects the immune system, where antibodies are created and attack healthy tissues in the body, such as the skin, kidneys, lungs, heart and brain. This attack causes inflammation, redness, pain and swelling.

There are three major types of lupus: lupus which affects certain parts of the body called systemic lupus, lupus that affects the skin, or lupus caused by

medicine, drug-induced lupus.

Lupus is a completely different disease for each person. There are many symptoms, but depending on the person, symptoms can be mild or they can be severe, depending on how the person reacts to treatments.

Often, there are certain general feelings of illness before specific lupus symptoms arise. Some people describe flu-like symptoms such as fatigue, aching muscles or joints, loss of appetite, fever and swollen glands.

"These symptoms may persist for several months and are often early warning signs of disease activity," said O'Brien.

Diagnosing lupus is a time-consuming process. Doctors need a detailed medical history which might show illnesses in the past that now point to lupus. The person has a thorough physical examination, where the doctor looks for symptoms of lupus, and there are numerous blood tests to look for cell counts and the presence of any bad antibodies.

A newsletter by the Lupus Foundation of America states that more people have lupus than AIDS, cerebral palsy, multiple sclerosis, sickle-cell anemia and cystic fibrosis combined. They also estimate that between 1,400,000 and 2,000,000 people are reported to have been diagnosed with lupus.

There are a lot of treatments for lupus.

Skin rashes are often treated with cortisone cream that is applied regularly until the rash is under control. When lupus affects a major organ such as the brain or kidneys, powerful drugs such as Prednisone may be used to depress the activity of the immune system.

Although at one time Lupus was called a life-threatening disease, recent developments in medications and treatments have changed that.

"The majority of people who have lupus can be treated successfully," said O'Brien, "and can look forward to a normal life expectancy."

SIGNS and SYMPTOMS of LUPUS :

1. Pain in the joints of the hands, arms, shoulders, feet, legs, hips or jaws which may move from joint to joint and may be accompanied by swelling, redness and heat.
2. A red rash across the upper cheeks and over the bridge of the nose.
3. An unusual and excessive reaction to sunlight.
4. A red scaly rash on the face, scalp, ears, arms, or chest.
5. Small, usually painless, sores found on the moist lining of the nose or the mouth.
6. Chest pain that worsens when breathing or lying down.
7. Weight gain and swelling of the feet and legs which is caused by decrease in kidney function.
8. Seizures or severe mental illness.
9. A decrease in the number of red or white blood cells or platelets.

* The above is not a complete listing of lupus symptoms, however, it does provide sufficient criteria for confirming a diagnosis of lupus.

- the Lupus Canada Association

Depressed? Help is not all that far away

by JENNIFER PECK
Health Reporter

Slipping into a depression for no apparent reason can be as easy as catching a cold, according to the National Institute of Mental Health (USA).

Michael McCamus, the youth awareness co-ordinator for the youth programs at the Mood Disorders Association of Ontario and Toronto said that mood disorders usually develop at a young age and do not become noticed or properly treated (e.g. medication, counselling etc.) for at least 10 years.

"That's a problem because the earlier the person gets help, the greater the

Depression Quiz

If you answer "yes" to five or more of these statements and have felt this way for several weeks you may be experiencing clinical depression.

1. I am unable to do the things I used to do
2. I feel hopeless about the future
3. I can't make decisions
4. I feel sluggish or restless
5. I am gaining or losing weight
6. I get tired for no reason
7. I am sleeping too much or too little
8. I feel unhappy
9. I think about killing myself

Note: if you answered "yes" to the final question, you should get professional help immediately, even if you answered "no" to all the other questions.

Source: National Institute of Mental Health

chances they will be restored. The longer it drags on untreated the worse (and deteriorated) the person can become," he said.

McCamus said that many of the adults affected today knew they had the problem when they were young.

"Most of our members knew they were ill when they were teenagers but for whatever reasons (such as) stigma, lack of support, fear or embarrassment kept them from getting help," he said.

The MDA is an organization with 18 support groups for people with disorders such as depression, anxiety, seasonal affective disorders (SAD), manic depression and mood disorders.

The web page of the National Institute of Mental Health states that quite often there is nothing to blame mild depression on which can be very confusing for the person affected and his or her loved ones.

Mild depression (a.k.a Dysthymia) has low level symptoms such as poor self-esteem, lack of energy, excessive crying and irritability.

Major depression has higher level symptoms such as losing interest in life and incapable of feeling pleasure.

According to the Institute, sadness is a normal part of life but when sadness

never returns to gladness (it could) become a major depression.

The most serious symptoms can indicate Bipolar Disorder (a.k.a manic depression) which can have major depressive episodes alternating with high-energy periods of wildly unrealistic activity.

According to the Ministry of Health Ontario depression responds well to treatment.

Some forms of treatment are drug therapy with antidepressants and mood stabilizers, electro-convulsive therapy (ECT), as well as psychotherapy and self-help groups.

Deborah Bullwinkel, the program director from the Manic-Depressive

Association in Chicago said that manic depression (a.k.a Bipolar Disorder) is a totally different illness than normal depression.

"Manic depression has depressive episodes in it but they are treated differently. Clinical depression has no mania in it," she said.

The MDA has many options of support for youths. It offers a youth support group the first Tuesday of every month at the Nightingale campus of George Brown College (room 218) from 5:30 - 7pm.

Family support groups, guest speakers, youth information kits, library servic-



ELI LILLY & COMPANY
More than 17 million people suffer from depressive disorders.

es on mood disorders and a web site are just some of the other avenues for young people with questions or concerns. The organization hopes these programs will help promote awareness and help the younger generation with these disorders.

Support is also offered at the Humber College counselling department in room D128.

Having someone lend a sympathetic ear can sometimes do a world of good for someone who needs to talk about his or her problems, according to Cy Bulanda, a professional counsellor for the Humber counselling department.

"(The students) ... may have a lack of motivation or are not enthusiastic about life, studies and relationships," he said.

Bulanda said it's a good idea for students with depressed feelings to talk to a counsellor.

"We might be able to sort out the problem before (the student) gets to an extreme clinical (depression) diagnosis," he said.

Bulanda said he can usually help a mildly depressed student sort out his or her problems by finding constructive ways of dealing with them.

He said just listening to the student and suggesting a few solutions will sometimes help ease their depression.

Bulanda wants the counselling service to become a place where students can feel comfortable. More than 17 million people suffer from depressive disorders according to Bullwinkel.

She said more than 80 per cent of people with depression can demonstrate productive lives if professionally treated early.

On campus

"People are being really generous."

Squeegee for charity

by WENDY STEBBINGS
On Campus Reporter

Students and staff from residence raised more than \$250 for charity by playing squeegee kids last Thursday.

The money raised went to Covenant House. Covenant House is a shelter that helps runaway and homeless kids between the ages of 16 and 21 and keeps them off the street.

"People are being really generous, one guy gave a five dollar bill," said Lori Gentile, a first-year funeral services student. Gentile said she volunteered because it's a good cause and a fun way to raise money.

There were nine people stopping traffic.

Organizers said that the response for volunteers was not good, probably due to the cold weather and upcoming Thanksgiving weekend.

"The people that have come out to volunteer are awesome, they're having so much fun," said Cherri White, residence programmer.

Covenant House has been helping out since 1982. The organization provides an on-site health clinic, spiritual guidance, and counsellors. The staff teach job search skills, resume writing, and help drop-outs get back into school.

A runaway prevention team also goes into schools and the community. Covenant House is located at 20 Gerrard St in Toronto and is open 24 hours a day.

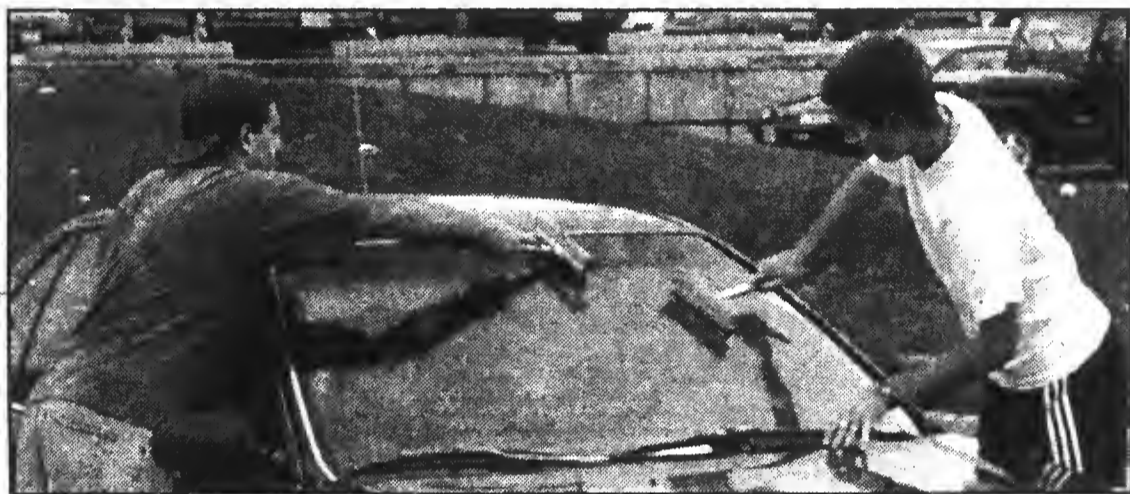


PHOTO BY WENDY STEBBINGS

Humber residence staff and students squeegeed cars last Thursday to raise money for Covenant House, a shelter for homeless kids in Toronto.

Disney to hire from Humber

by SHAUNA DUFFY
On Campus Reporter

Get ready kids. Mickey Mouse is coming to Humber.

Well, not exactly Mickey, but there will be Disney's people. On October 17th at 9 a.m. Disney representatives will be coming to the Humber Room to give an information seminar and recruit students to work for Disney.

Rosemarie Grivich, program co-ordinator for hospitality, said students work at the Canadian pavilion at the Epcot Centre in Florida. This type of experience is valuable for networking and contacts.

"It gives them a chance to meet people from all over the world who work in the field, and they can work for a very large, profitable company," said Grivich.

Kevin Polstra is responsible for the recruiting. He and his co-workers come from Florida to

find prospective employees.

Rick Simone, from traineeship services for HRT students, said Disney is looking for HRT students.

Simone said anyone can attend but they must be graduating at the end of December to be hired.

Students from the recreation, leisure, travel and tourism, and culinary programs can apply.

Simone said that the representatives will give a presentation on what the company is about and what they look for, and then interview interested students.

Usually 40-50 students show up but only about three to four people are recruited.

Grivich said that Disney provides intensive courses for their employees, which are useful to students and the student+careers.

Humber has been a recruiting target of Disney's for quite a while.

"Disney's been around for 13 years. They come twice a year," said Grivich.

The work terms are six months, nine months, or one year. Grivich said terms may be shorter depending on what the company needs.

If the student commits to the proposed contract, Disney will pay for half the cost of the flight. Accommodation is provided for a fee that is taken out of the employee's pay.

Grivich said the application process starts "as soon as you walk in the door." Students should be dressed in business attire, and be wielding their resumes.

Grivich said the recruiters look for people who fit the Disney image and the image of a Canadian.

Other schools that are solicited are Ryerson, Fanshaw, Guelph, and Niagara College.

is
Humber
College
separated?

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next week's
special section

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Lakeshore

"Will you give me your blood, though you die?"

VAMPIRE novelist reads at the cottages

Nancy Baker already sold two movie rights out of her three books

by SHANNA RUNDLE
Lakeshore Reporter

Meet Nancy Baker, acclaimed vampire author and the first author participating in the literary readings at the Lakeshore campus.

Baker is currently on her fourth book. She was asked to do the opener of the readings because of one of her books, *The Night Inside*. The story's setting takes place at a psychiatric hospital which was what a part of the Lakeshore campus used to be.

"What makes me different from Ann Rice and other vampire authors is that I try to make my vampire characters more human."

Nancy Baker

However, Baker said that she had no idea that it was a real place.

"I just made it up," she said.

Baker read a portion of "The Night Inside" and "A Terrible Beauty" at the event.

When asked why she was drawn to this event, she said, "It seemed like an

interesting venue — a chance to meet readers in a different way than I usually do."

During a pre-reading interview luncheon with Baker, Ben Labovitch, organizer of the event, said they had asked Baker to come because one of his students had referred her.

"This event has been going on for 19 years," he said, "and we try to get authors who we think the students would like."

But let's get back to Nancy Baker.

All three of her books have a vampire theme. Coincidence?

"No, it was just chance," Baker said. "The first (book) was an idea — the second a sequel. The third was the reversal of *The Beauty and the Beast*," said Baker.

She used this theme she said because "it was a story I've always loved. I've always written about strong female characters. It's different to see what frightens men about women," she said. "Men and women see each other as aliens."

Baker said that she holds a reader's attention by creating characters the readers care about and are interested in.

Currently there are movie rights to her first two books and all three have been translated into six different languages.

"I've read the scripts to the movies," she said. "What makes me different from Ann Rice and other vampire authors is that I try to make my vampire characters more human."

Baker said her stories could be catego-



PHOTO BY SHANNA RUNDLE

Students were able to have their books signed by the acclaimed vampire novelist Nancy Baker. She is the first author in Lakeshore's reading series.

rized as "dark fantasy", but not very horrific. Instead they are more focused on the characters struggling to find their way in the world.

"Will you give me your blood, though you die?" she quoted from her book, *A Terrible Beauty*.

After the luncheon and the half-hour reading, students asked questions, got their posters signed, and also had a

chance to buy her books.

The next reading will be by Michael Helm, communications teacher at Lakeshore, who will be reading from his book "The Projectionist" on November 11. Joe Kertes, Humber School for Writers

"Men and women see each other as aliens."

Nancy Baker

director, is set to read from his book, *Boardwalk* on October 17 at the Heritage Soups Cafe.



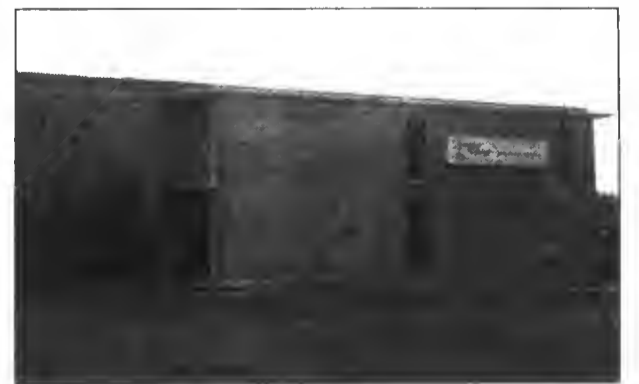
COURTESY PHOTO

Second-year Theatre Arts students rev up at the recent Lunchtime Revue. This act entitled *The Finale* drew applause. Students from the three years performed 10 acts each from Tuesday to Thursday. From these acts there were three winners for each level. Winning acts were performed again Friday.

LAKESHORE TRIVIA

What were the Lakeshore campus main buildings used for before Humber College took over it?

The two main buildings of Humber College used to be Lakeshore Teacher's College. When Humber took over the facility exactly 20 years ago, the campus offered primary re-training and academic upgrading programs. Administrative Assistant to the principal Annette MacDougall said one of the programs offered was Metal Arts where students were trained how to create their own jewellery.



School for Writers director visits Lakeshore

by KEVIN MASTERMAN
Lakeshore Reporter

Humber veteran, Joe Kertes, is a director by day and a writer by night. Stumbling into writing in the late '80s, Kertes is a venerable writer who sees himself humbly, as a talent co-ordinator for the Humber School of Writers.

Kertes will read from his second novel entitled Boardwalk, this Saturday near the Lakeshore campus. Boardwalk, is a story of two wildly opposite brothers who spend a vacation together in Atlantic City. These two drastically different

people learn that their way of life is not what makes them a good person. They gain respect for each other in that knowledge along the way.

His first novel, Winter Tulips, met with critical success, and won the Stephen Leacock Award for comedic writing in Canada. But Kertes said the accolades all came too fast.

"It was sort of a life goal and I achieved it a little too soon, so it actually affected me adversely because I felt I had to follow up the same act," Kertes said.

After completing his PhD Humber offered Kertes a job. He began to write seriously in his thirties and became a Communications co-ordinator at Humber. Kertes does not

regret leaving his studies behind to pursue his career.

"I'd rather write a really good novel than get a PhD. Over the years I've kind of lost some respect for my university studies. The notion of the ivory tower being isolated from the rest of the world is really true, I got tired of thinking of how Huckleberry Finn compared to Hamlet," Kertes said laughing.

He has two novels and children's books to his credit.

"Unlike some writers who have a clear plan, I never know what I'm doing until I do it," Kertes said.

His books for children are written in what Kertes referred to as child-like tone, not condescending to children. He admits the stories are somewhat sophisticated, but are meant for discussion by parents

with their children after they have shared the story.

The children's books are about adjusting to a new place, something he himself had to do when he immigrated from Hungary at the age of five.

Kertes is currently working on an immigrant saga, Yard With Trees.

"That book is deadly serious, I just follow whatever voice needs to express itself," Kertes said referring to the struggle between the comedic versus serious tone.

"I'd rather write a really good novel than get a PhD."

Joe Kertes



COURTESY PHOTO

Joe Kertes will be the first reader in the Lakeshore Arts fall reading series.

Kertes will read from Boardwalk at The Heritage Soups Cafe, 2974 Lakeshore, west of Islington, this upcoming Saturday at 8 p.m. He said that he looks forward to reading. Kertes said he enjoys the audience reaction, it means so much to him.

•••••
**HUMBER
WRITING
WORKSHOPS**

The School for Writers, Joe Kertes' other passion, will have its workshop on July 25-31, while the Comedy Writing Workshop will have its next session on July 12-19. Thirty-week correspondence courses will be held in the new year. Students should enroll before November 17.

Future workshop projects includes publishing and animation.



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Might as well face it, you're addicted to ca\$h

by EMMA MAXWELL
Lifestyles Reporter

Going to the casino may be fun and exciting, but for some people gambling is an addiction.

Gambling comes in many forms. Whether it is playing the lottery, or going to the casino or track, many people are lured into becoming compulsive gamblers.

"A compulsive gambler is defined as an individual who has major areas in their life affected by gambling. They are definitely in difficulty because of their gambling habits," said Jane Scott of the Canadian Foundation on Compulsive Gambling.

A person does not have to gamble all the time to be considered compulsive.

"You can gamble as little as three times a year to be a compulsive gambler," said Scott. "You can still get into as many problems gambling three times a year as you can gambling three times a week. Problems include being away from home, spending large amounts of money, and maxing their credit cards."

In between their binges these people tend to show nervousness, irritability, frustration, indecision, and a breakdown in personal relationships, according to the Gamblers Anonymous web site.

With students usually being on tight budgets, it may be surprising that many would waste what money they have on gambling. However, Kim Jones, a recent graduate of Fanshawe College, did exactly that.

"Just the thought of winning money, even if just a little bit, was great. There

was always the thought that if I played just one more slot I'd win the jackpot," she said.

This thought of winning the jackpot is often referred to as the dream world of gamblers.

"The egos of compulsive gamblers are centered around the fact that they want to make impressions. They want to be a big shot. They think about the things that their winnings are going to buy them. We try to take them out of this dream world and bring about realities," said Scott.

When problem gamblers do win, they continue gambling. When they fail, as most do, their dream world shatters around them.

"The more you play, the more you lose," said Scott.

Jones' personal experience proves this. "One night I won \$900 on the slot machines. It's not that much money, but I knew I should have stopped," she said. "I spent all night at the casino until every penny I had won disappeared. I should have stopped after \$500, but I still played."

Geoff Noonan, a researcher at the Donwood Institute for Addiction and Mental Health, is in the process of researching compulsive gambling. In his research he has found that early wins and big wins lure people into a gambling problem.

"The excitement that goes along with a win, or the anger of a loss can lead people to compulsive gambling," he said.

According to the Gamblers Anonymous web site, some characteristics of a compulsive gambler are an inability and unwill-

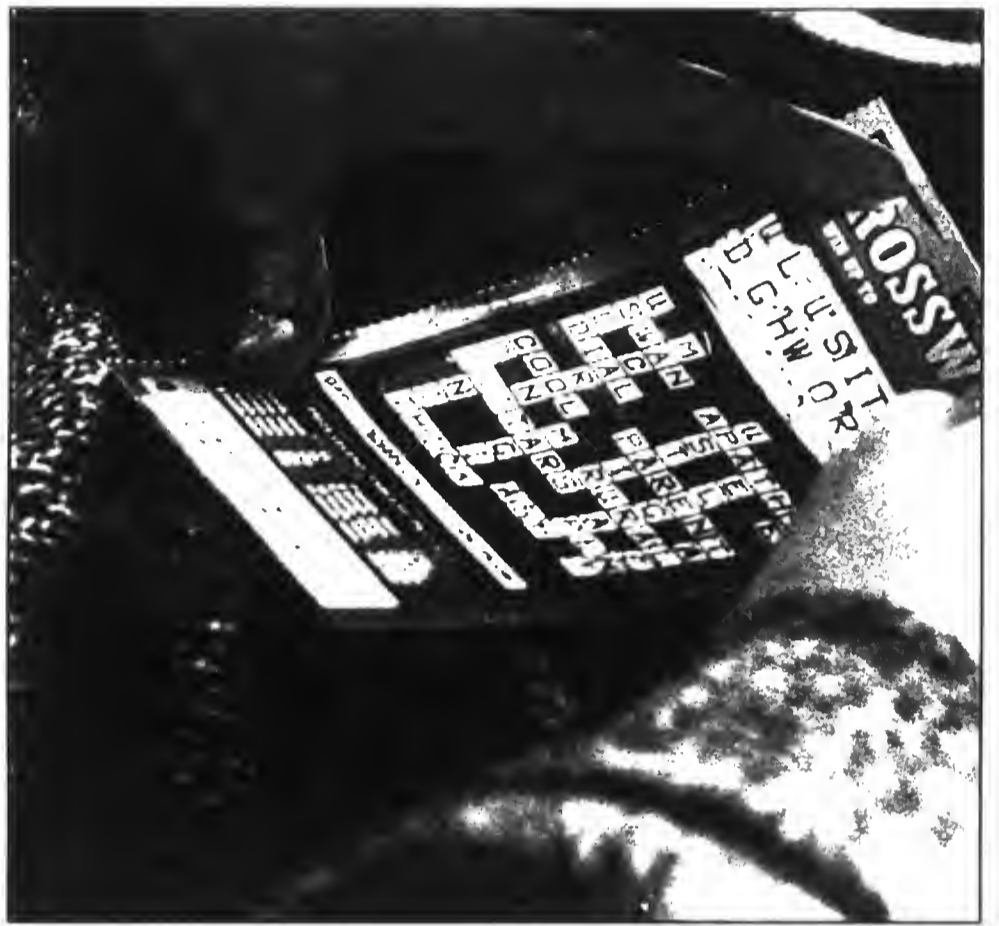


PHOTO BY EMMA MAXWELL

Sometimes it only takes lottery games to feed a gambling addiction.

ingness to accept reality, emotional insecurity, and immaturity.

"All I wanted to do was win money without having to do much for it. I guess you could call me lazy," said Jones.

Most casinos support responsible gambling. Casino Niagara and the Canadian Foundation for Compulsive Gambling (CFCG) have a partnership to raise awareness of this problem. "Know when to walk away," and "Gamble with your head, not over it" are examples of advertisements posted around the casino. Some ads include the toll free number for the Ontario Problem Gambling Hotline.

There are numerous support groups for compulsive gamblers, such as the CFCG, and the Donwood Institute. Once treated for their problem, most compulsive gamblers will never be able to gamble normally again. If they do gamble, they will soon fall back into their old routine.

"We have to look at the fact that some people relapse and fall off the wagon. After people have been treated, the two years following treatment is the crisis

point. If they haven't gambled at the two year mark they probably won't gamble again," said Scott.

Kim Jones never really thought of herself as a compulsive gambler. Luckily, her friends were able to break her habit.

"I don't think I had a problem gambling, but I did enjoy going to the casinos," she said. "Unfortunately, I didn't have a car so I couldn't go gambling any time I wanted to. My friends would always drive, but they got sick of going. If they weren't going, I couldn't go. I guess that is good though."

It is important to plan ahead when venturing into the gambling world.

"When going to the casino or track make sure you have a fixed budget. Most problem gamblers are persistent until they have no money left. Gambling is a form of entertainment. Also, plan on losing money and not winning it," said Noonan.

The next time you go gambling take out some money and leave your debit and credit card at home. It could save you a problem in the long run.

Hemp products on shelves despite concerns

by SHAUNA DEGAGNÉ
Lifestyles Reporter

New hemp-based products are now available in stores, despite prior concerns from Health Canada.

After eight months of testing the new products, Health Canada contacted the Body Shop on October 2 and threatened to seize any hemp products sent to stores, said Sorya Ingrid Gaulin, a public relations manager of Body Shop Canada Ltd.

"Legally, we could have launched," Gaulin said.

Health Canada wanted to review documentation to make sure the tetrahydrocannabinol (THC) levels in the

products were safe, said Margot Geduld, a media relations spokesperson for Health Canada.

"We followed standard procedures to protect the health of Canadians," Geduld said.

Industrial hemp must contain less than 10 micrograms of THC, the active chemical in marijuana.

The Body Shop sent their top chemist to Ottawa to reassure Health Canada that exposure to industrial hemp is safe, Gaulin said.

After a day-long meeting with Health Canada representatives on October 5, the Body Shop got the okay to launch their new products, Gaulin said.

Doug Stephenson, operations manager of Hempola

Inc. in Mississauga, said Health Canada has never opposed his selling of hemp products.

"They've (Health Canada) been very supportive," Stephenson said. "It has never really been illegal to have hemp based products."

Stephenson said he thinks Health Canada's initial opposition to the Body Shop's new products was a misunderstanding.

The Body Shop's new products include hemp soap and lip conditioner.

He said he thinks people should be educated about the benefits of hemp products.

"It's an industry that's still in its infancy," he said.

Couple desperately seeks baby

A family turns to adoption after failing to conceive for four years

by JENNIFER BOYD
Lifestyles Reporter

A Toronto couple is asking for your help. Judy and Franklin Smith are looking for a child to adopt and have sent letters to all campus newspapers across Canada trying to find that child.

The Smiths are looking to "raise and love a child who may be ours or may not be ours (biologically) but will certainly be ours in every sense of the word," Franklin said.

The couple have been trying to have a child for the past four years without success. They are now trying to adopt a child through private adoption, and want to find a birth mother who feels that she cannot care for her child and plans to give the baby up for adoption.

The Smiths have a private social worker and have gone through a year-long process in which a home study was conducted on them to see if they were fit to be adoptive parents. They were found fit, the document was completed and is now ready to be filed. Now they are searching for a child any way they can.

They have approached all campus newspapers across Canada to tell them about themselves and to ask that either a story be written about adoption or an ad be placed, encouraging any individual who is thinking of placing their child up for adoption to call their 888 telephone number. The couple has also contacted many doctors and lawyers to make themselves known.

The Smiths have put together a letter of introduction to add a special touch to any mother who may be considering them as parents for her child.

This letter describes the adoptive couple in a more personal way. It depicts their hobbies, interests and other things the couple may want to include such as pictures.

The Smiths are also looking to adopt through public adoption. They have registered with the Children's Aid Society and have been added to a very long list of prospective parents-to-be. The problem with public adoption is the wait is so long.

"The waiting lists are a major issue," Franklin said.

A lot of younger mothers are now choosing to keep their children and, as Franklin explains, "courts are very reluctant to pull children away from natural parents until it is a last resort."

Because of this, fewer children are available to be adopted than there are parents who want to adopt. The wait can be up to five years in length for an older child who may have special needs and up to 10 years for an infant.

The message the Smiths are trying to send is there is another option available to women who find they are pregnant but do not want to turn to abortion or go through Children's Aid to give their baby up.

The mother can choose the parent they want to raise their child by going to a private adoption agency.

The Smiths tried to be "as optimistic as possible" through the emotional roller coaster they have been through. Judy has gone through many "disheartening" troubles while trying to have a baby. She



The Smiths are trying everything to get the child they've always wanted.

has had two miscarriages and continues to go to a fertility clinic every month to try once again. She is now 43, so time is of the essence.

Anyone who is interested in learning more about the Smiths, would like any more information, or is considering placing their child up for adoption privately can reach them at their toll free number, 1-888-559-8117.

Chatters, don't trust everything you read

Chatlines are a potentially dangerous way to meet people, so check them out

by TATJANA SULKER
Lifestyles Reporter

You never know who is on the other end of the keyboard when you use chat lines. You can't hear, you can't see, and according to experts, you can't trust.

Chat lines are similar to telephone lines in the sense that you talk to someone at the other end of the line. Words are exchanged through the keyboard and viewed on the computer screen rather than a voice or one on one visual conversation. But are they a safe way to meet people?

Les Hughes from the RCMP in London, said that chat lines "are very unsafe."

When using chat lines to meet someone for a relationship, friendship, or just to talk, you really do not know who you are talking to. You also do not know whether the information you're getting is true.

"If your interest is to meet somebody for companionship or as a friend, in that type of a case, you don't know what type of person it is you're meeting," said Hughes.

It is easy to lie, edit parts of your life, or personality to benefit your current situation. It is even easier to do when the person you are talking to cannot see you.

"You're running a very, very big risk," Hughes said. "If you're on the Internet, you have no idea whether the person at the other end is a legitimate person, like yourself, or whether they're a predator."

Melissa Matson, a 20-year-old Georgian College student, uses chat lines about four times a week for an average of an hour or two at a time.

"I use chat lines to pass time, out of boredom, and to learn about other people and cultures," she said.

Matson said that chat lines are a safe way to meet people, "if you are careful."

"I talk to some people for an extended period of time through the chat lines," she said. "If they are interesting, then I may talk to them for a period (of time) on the telephone. And then, I might actually meet them in person." Matson estimates that she had spoken to 200 people, both male and female, on chat lines, in the last six months.

Although Matson did not have lengthy conversations with them all, she has met three in person.

"If and when I have met someone, I take a friend with me, and go to a public place, like a coffee shop, mall, or restaurant," she said.

"Let's say you were meeting somebody on the Internet, and even if you were the type of person who is content to meet somebody and arrange for a sexual encounter, even if you are that type of person,

you're running a big risk," Hughes said. "You may be meeting someone for a sexual encounter. Or you could be ending up meeting a predator who's going to rape you or hurt you or do something that is not welcome by you."

Matson said that if she is interested in meeting someone, she will check out information given to her by the person on the other end of the chat line. If she is told about a school that the person said he or she attended, she will find out if the school actually exists. She will also ask other people if they know of the person she has



Beware when chatting on-line, not everyone is who they seem.

been speaking to.

"If you meet John Doe and he says this is who I am, this is the school I go to, and this is the grade I am in, then you have the opportunity of checking that person out before you ever meet," she said.

"Probably, 99 times out of 100, people are actually arranging a meeting with someone without ever checking him or her out. They're doing it based on conversations that they're typing back and forth," he said.

Matson advises chatters not to believe everything people say. Talk to the person a lot before you meet them. And if you do meet them, do it in a public place and don't do it alone.

Chat lines can be entertaining but can also be dangerous if safety precautions are not taken.

"It's sad because there are so many predators out there," Hughes said. "I feel that it's an opportune way for be it a sexual predator or any type of predator that's out there that wants to cause harm to someone it (chat lines) are an excellent way for them to get at someone."

Humber childcare a godsend

by MIKA AMITOVSKI
Lifestyles Reporter

For some students going to school is a godsend. While most students consider full-time courses a challenge, students with young kids consider it a vacation.

Chantele Cumberbatch is a General Arts and Science student and a full-time mom who works part-time for Virgin Records. What makes it easy for her to attend classes and do her assignments, is the daycare on campus. Her baby stays in the Child Care Development Centre while she is in class.

"My daughter has been in the daycare for only a few weeks now," Cumberbatch said. "She's in daycare from 9 a.m. to 4 p.m., while I'm in classes every day. It used to be harder for me last semester but now it is a lot easier because my baby is adjusting."

The Child Care Development Centre is a fully licensed, community-based daycare that is located in the FX wing of Humber College. The daycare is run by graduates of the early childhood education program and student placements from the program.

There is also a Humber daycare centre outside of the building situated right near residence.

Kids in the daycare centres,

rang in age from birth to Grade 1 and costs vary according to age.

Cumberbatch was able to put her baby into daycare thanks to government subsidies.

"Parents can apply to the government for subsidy, which fees will be calculated by the government if they have trouble paying for daycare," said Nancy Roscoe, supervisor of the Child Development Centre.

Full fees for infants are \$978 per month, toddlers are \$789 per month and preschool kids are \$685 a month.

"I had no problem putting my daughter in to the daycare because I'm subsidized and have OSAP," she said.

Cumberbatch finds the daycare very qualified, trusting, and she said that the teachers treat the children with care.

She had first hand knowledge of the daycare when her niece was attending.

"I've known Nancy Roscoe, the supervisor, and some of the teachers from when my niece used to go here. That's when I found out how great the daycare was," said Cumberbatch.

Cumberbatch does have it good. Not only does she have the daycare for when she goes to school, she also has her parents to take care of her baby when she needs them after school.

"I live with my parents. When I need to go to work or want to go out, my parents are always there for me," she said.

Susan Midolo has it a little harder, she's a mother of three, who went to night school for Early Childhood Education. She said that it was very difficult for her after she finished classes because her husband was always away working and she was all alone with her two kids at the time.

"It was hard to do my homework, that was due the next day, and having to feed two children at the same time. Children need a lot of attention," she said.

Midolo said for a parent going to school, daycare centres are great, but are hard to find.

"You have to find a daycare that you trust your children at, and if you have a daycare at your school, it's a bonus," she said.

The Child Development Centre and the Humber daycare centre are great for parents attending classes at Humber.

"40 to 50 percent of Humber (parents) are using our daycare," said Susie Stokes, staff acting supervisor, of the Humber daycare centre.

The ratio of teachers is one teacher to three infants, one teacher to five toddlers, one teacher to eight preschoolers and one teacher to every 10 kindergarten students.

Electronics continue to invade

by ANDREA STONEHOUSE
Lifestyles Reporter

Remember when it was cool to own a Commodore 64? And the Atari, who could forget that? Pop in a game cartridge and you're ready to play. With constant advances in technology however, products like the iMac, the Nokia 9000, a hand held portable Internet link, and various video game systems like the Sony Playstation make old systems seem like dinosaurs.

Chances are that you could live without a computer, Playstation or your Nintendo 64. But could huge corporations like banks deal without computers?

"An individual could live without them. An enterprise can't," said David Pearce, systems developer for CIBC banks. "The enterprise would die."

With the growing number of customers that banks service, it is indeed unlikely that banking could be done accurately without the aid of computers.

Intranet/Internet Application Developer Chris Whiteford said he agrees. "The work force would have to be extremely large to do the same job," he said. "Also the accuracy and ability to keep the massive numbers of records would be greatly affected."

Whiteford has worked in the computer industry for about three years now, and said he thinks a lot of people would have a hard time coping if there were no computers.

Our means of communication have also advanced. Pagers and cellular phones are becoming a more frequent sight. Now, watch-style pagers are available, and upgraded cellular phones such as the Nokia 9000, which features a keyboard inside the phone and the ability to connect to the Internet are on the market.

People who own a home entertainment system would probably argue that they couldn't live without them. From Atari to Playstation, the advances are phenomenal, but Whiteford said he feels the problems begin when people spend too much time with them.

"Games have taken over kids a little much," Whiteford said. "There is the possibility they can become tied up in the games and not concentrate on other things such as school work."

Exercise is key to avoiding the famous frosh 15

More time at the gym and less time with greasy burgers equals healthy living

by DAN LAWRENCE
Lifestyles Reporter

Almost everyone has heard of the frosh 15, but coming to live in Humber's Student Residences doesn't necessarily have to turn into the battle of the bulge.

Amanda Hickey, a first-year Developmental Services Worker, said that students who put on the little bit of extra weight might be suffering from homesickness.

"When you come to res you're away from home. A lot of people need comfort and they find comfort within their food," she said. "I find a lot of comfort with Kraft Dinner."

Colin Gallagher, a third-year Electronics student, is an old hand when it comes to living in res.

He admitted to gaining five to 10 pounds in the three years he's gone to Humber. His suggestion: go for a swim.

"The pool is a great form of exercise for losing the weight you put on here at school," he said.

The school's gym facilities are also a good way to burn off those extra pounds, if you're not afraid of some work.

"I like to use the gym every once in a while and work-out my lower half, sometimes my stomach, because that's where the weight usually goes anyway," Gallagher said.



PHOTO BY DAN LAWRENCE

Sitting around watching television is not the way to keep off those unwanted, extra pounds.

Jason Henry, a first-year Architectural Technology student, said he's gained at least five pounds since coming to Humber, despite a fairly good regiment of 10 to 12 hours of exercise a week.

"I roller blade, I jog, I go to the weight room, I go to the cardio-vascular room, I play sports," he said.

They may have good intentions, but many students never get around to taking that extra time out of the day for exercise.

Amanda Hickey's daily exercise regimen consists of

walking to and from res. "That's a lot," she said. "Sometimes I go swimming, but after I go swimming I get really hungry."

The Residence cafeteria does offer a healthy selection of food, but that doesn't stop students from opting for the greasy grill.

One of the most important parts of keeping the weight away is eating the right foods.

"I drink skim milk now a lot," Henry said. "I try to eat fruit every day. I try to keep away from the fried stuff."

Arts

"I don't think I sound anything like Bob Dylan."

Lindy hops into the limelight

With a new album, and a video being played on MuchMusic, Canadian folk artist is beginning to look like a giant success

by MICHELE STEFANCIC
Arts Reporter

The name Lindy may not be familiar to most people, but it will be hard to miss the 'Gentle Giant' for much longer.

At the tender age of four Lindy's Icelandic parents introduced him to the stage, where he has spent most of his 26 years. Playing coffee houses and folk festivals across Canada, Lindy is about to become a household name.

During a pre-show interview on Oct. 10 the 6'7" folk singer spoke candidly of his life as a musician and the crazy people he's met along the way.

The newly signed artist explained why there were numerous delays with the release of his self-titled disc.

"The delay was about timing and the record company," Lindy said. "It was about making it sound as good as it possibly could. The album was finished in February of this year, but we went back into the studio and changed a bunch of things, and just made it sound better. It real-

ly made a big difference."

Long time fans are familiar with the majority of the songs featured on the self-titled release, most have been around for a couple of years. Working with Steven Drake (The Odds) has brought freshness to the disc.

"I sent him the material after Mark Lazar at Aquarius records suggested him, and he was into it and that was great," Lindy said. "I went to Greenhouse Studios in Vancouver and that's where we did the re-mixing in June. I had a really great time working with him, and we've become good friends."

The multi-talented artist has been performing for a number of years. He has played solo, with a drummer, and he'll soon be touring with a band. He said he prefers to play solo.

"It's the most powerful thing, it's my favorite. It's the most effective way of getting the raw song across," he said.

It's hard not to notice the beautifully poetic lyrics he writes. He credits his inspiration to moving around the country frequently, meeting people and

having strange encounters with them.

"Inspiration comes from transition, ... life is a transition from one minute to the next," he says.

Being signed to a record label has given Lindy something new to experiment with—the making of a video. Ring Around The Moon, the first single was transformed into a video.

"That video was a whole, huge right-of-passage. I'm really glad because they're playing it," he said. "MuchMusic added it. It's been on really heavy rotation on Musique Plus in Montreal for the last three weeks."

Reading reviews of the disc, the most common reflection made is Lindy's comparisons to Bob Dylan.

"I don't mind the comparisons for the most part, as long as people don't take it too far, 'cause I don't think I sound anything like Bob Dylan," he said. "I think I was listening to a lot of Dylan when I recorded the record and some of my vocal stylings are quite similar."

Next month brings the start of a new tour for Lindy. He will be



Folky Lindy hopes he doesn't sound too much like Dylan.

playing 40 shows in 49 days. This time out, drummer Paul Brennan (Big Sugar, Odds) and bass player Mike Pelleren, will accompany him. Lindy and his band will be playing at the Rivoli in Toronto on November 13.

Shaking up the Ant Farm

by NATALIE DAYE
Arts Reporter

Dreamworks' Antz wasn't the only blockbuster to spice up Toronto's nightlife this weekend.

Jimmy Allen's Ant Farm shimmied into the Rivoli Friday, October 2 as family, friends and curious passers-by celebrated the much anticipated release of their first CD, *Everyone In The Pool*.

"It really means a lot to us that we finally made it here," said lead singer Matt Watson.

Guitarist, Andy Hansen agreed that the night was an exceptional event.

"Yeah, tonight's big 'cause it's our CD release party," he said.

Jimmy Allen's Ant Farm formed



Jimmy Allen's Ant Farm release their debut CD at the Horseshoe

three years ago when long-time friends Watson and drummer Grant Caton, experimented with rusty

... cont'd on page 16

Movies on the cheap

by LINDA VERI
Arts Reporter

If you want a cheaper way to enjoy great movies but hate the Tuesday night rush, Cineplex Odeon Theatres offer you an alternative.

The Cineplex Odeon Mystery Shopper Club is an exclusive group of customers who evaluate Cineplex theatres around the city. Customer service manager Jeanne Potesil was very surprised by the number of people who joined the group.

"We have a lot of members in the club. The response has been overwhelming," she said.

Joining the club is very simple. There is an annual membership fee of \$35. After you pay the initial fee,

Cineplex Odeon will provide you with several movie passes for admission and gift certificates for concession purchases.

You will receive a movie kit at least four times a year. Along with the movie passes you receive, you will get a concession gift certificate valued at \$10 and all Cineplex Odeon wants you to do is evaluate the service they provide.

Cineplex Odeon will mail you a set of passes, gift certificates and an evaluation form. Pick the movie of your choice playing on any day of the week and attend the theatre of your choice. After you have watched the movie, you must fill out the evaluation form about the staff and mail it off.

"We hear the complaints

that people have, so by sending shoppers into our theatres we can find out the problems and concentrate on improving them," Potesil said.

The only obligation you have is to complete and mail back the evaluation form. Not a bad deal considering the amount of money you will save to catch your favorite flicks.

To sign up, all you have to do is go into your nearest Cineplex Odeon Theatre and pick up a Mystery Shopper Registration Form. Fill it out and mail it off and within 10 days you will receive your first evaluation kit. Becoming a mystery shopper is a great way to check out hot new movies without burning too much cash.

Getting Downey—comedy style

Laughing and dancing the night away with Toronto's comedy queen, and genial host, Jo-Anna Downey

by MAREK KOCHMAN
Arts Reporter

Abrasive, flirtatious, friendly, and funny are all words that can be used to describe the Mother of the Toronto comedy scene, Jo-Anna Downey.

The 31-year-old comedienne has been working the open mike alternative comedy scene for almost three years and she has had a fairly successful career thus far. She is currently producing and hosting open mic night at Spirits Bar and Grille and has also produced a play called "The Visitation." Not bad for someone who started working comedy because of a bad haircut.

"I fell into comedy" Downey said. "I was at Spirits with a friend for an open mike music night and they didn't have enough comics, and I had a really bad haircut, so I went up on stage never really thinking of doing comedy."

Three years later, her career continues. Currently she enjoys mid-card status, which means she is being paid for 20 minutes of material. Her act consists of lesbian jokes, flirting with the audience and just



Jo-Anna Downey hosts a weekly open mic night at Spirits Bar and Grille.

having a grand old time. Though some of her material might nudge people the wrong way, that doesn't seem to bother her.

"The thing with me is I like to push

people's buttons. It's interesting to see how people are going to react," Downey said. "It's very weird. Once I had some people come out and say 'we really like Jo-Anna, and she's a lesbian so it must be

okay', and it put me in a very awkward position because I'm not a lesbian." Her stage persona is interesting, autobiographical, and honest. She is not afraid to let things fly on stage.

"I'm a very open person. I'm just like that," she said. "So to be on stage saying who I am, I'm just being an honest person. Most of what I tell is true. I think my life is funny and I find humour in everyday things. Performing is always going to be an aspect of who you are no matter what you're doing."

With her current projects she is working to change the Toronto Comedy scene with her Thursday shows at Ted's Wrecking Yard (549 College St.). The show involves short stand up sets, combining for about an hour and a half of comedy and then two hours of disco dancing.

"Combining dancing and comedy has never really been done in the Toronto scene. Especially on a Thursday."

The show at Ted's Wrecking Yard starts on Thursday night at 9:30 p.m. Humber College students with student cards will be admitted free of charge courtesy of Jo-Anna Downey.

Ant Farm celebrate CD release

... cont'd from page 15
old pots and pans.

Time went by and they decided to find a bass player. Caton and Watson found bassist Erin Lang.

"It's good," Lang said. "They're like my big brothers—always keeping a good watch,

we're all good friends."

"It's cool that we're so close and we've known each other for so long, it's a lot easier to work with them, and argue," Watson said.

The threesome composed and played some original songs, and some cover tunes, at local small

clubs and bars. In the summer of 1997, after he graduated high school, Hansen joined the Ant Farm.

Nearly a year ago, Shaun Bowring, a member of Pink-Glazzies - who opened up for Jimmy Allen's Ant Farm - spotted the band at the Horseshoe Tavern.

Soon after the meeting, they closed a deal to record three songs.

"We all decided to record a full length album and take a year off school," Hansen said.

Since then, the foursome has had a few shows at the Horseshoe Tavern and the Reverb in Toronto. The band also made a few trips out to Kingston, Huntsville and Guelph.

They even made their way across the border to New York.

The CD release is a long awaited milestone for the band.

"It feels great," said Watson. "It was a really, really long process for us, we did a few demos last February. It just feels really good to have it out and done."

On the same day as the CD release party, Bowring had pulled a few strings over at 102.1, The Edge, and persuaded DJ Kim Hughes to play Jimmy Allen's Ant Farm's first single, 'Time.'

"We're pretty excited about that," Watson said.

The band's beaming excitement was apparent as soon as they walked on stage.

Their opening song 'Horoscope' lured the crowd onto the dance floor. Parents and friends from Montreal and

Guelph, were getting their groove on.

"Our parents are cautiously supportive," said Watson.

Three couples came out from the back of the club to slow dance, as the fourth song, 'On The Table' slowed things down.

Soon it was a reunion of cigarettes and hugs as more friends met on the dance floor.

"You look beautiful," said Watson, as he over looked the crowd.

Near the end of the night, the band performed their rendition of Bob Marley's 'No Woman No Cry.'

When Jimmy Allen's Ant Farm bid their farewell to the Horseshoe, the crowd did their best Stompin' Tom Connors impersonation, as they stomped and cheered, calling the band back on stage.

The band was ill prepared for an encore and ran out of original songs, so they covered The Fly's 'Got You (Where I Want You).'

"People our age are afraid to play pop, people will make fun of them, but I wouldn't feel right going up there and playing metal," Watson said backstage.

As he took a drag from his cigar backstage, Watson said, "if it goes well, we'll keep doing it."



Jimmy Allen's Ant Farm: defending the life of rock n' roll with three mighty axes.

RAVING AND DROOLING

Music reviews for the tired and lonely

Sweet loaf

An eye witness account of what may have been Archers of Loaf's last Toronto show.

by ELIZABETH TRICKETT
Arts reporter



Lauryn Hill
The Miseducation of Lauryn Hill

Just when I was wondering "why don't people make music like this anymore?", I got a copy of *The Miseducation of Lauryn Hill*. The first solo album from the Fugees alumnus is a soulful heartfelt record of a woman's life, and there is nary a bad track to be heard.

The lyrics, whether discoursing on love or politics or music are very personal. The vocal arrangements are stunning, the beats are heavy, and the musicianship is astounding.

The *Miseducation of . . .* will leave you feeling like you've been tied up and whipped for 70 minutes-and liking it.



LOCAL H
Pack Up the Cats

Local H continues to deliver heavy-hitting rock with their latest release. The guitar and drums duo of Scott Lucas and Joe Daniels somehow manage to pump out the tunes better than most bands twice their size. This well-mixed album sounds Nirvana-ish at times, only a lot louder. If you need a musical accompaniment to your road rage, pick this one up.

The Miller Stain Limit
Radiate

This alternative Toronto band sounds like Collective Soul with a singer who sounds like he's trying to be the guy from Days of the New.



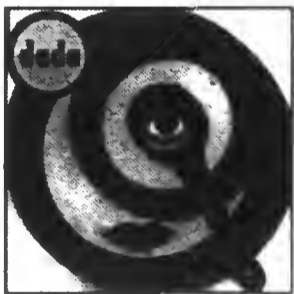
The Miller Stain Limit doesn't have an original sound and they rely too much on the vocals, while the instrumental is weak.

The lyrics are nice if you can get past the vocals.



Permanent Midnight
O.S.T.

Reviewing a soundtrack is like reviewing a buddy's mix tape. Having not seen *Permanent Midnight* makes it even harder. However, as a collection of songs this soundtrack almost has something for everybody. Some of the better tracks are credited to BT, Lael Alderman and Gomez. All very eclectic choices on here.



dada
(self-titled)

dada's three members have put together an album that you may not think you have enjoyed until you find yourself shamelessly humming their tunes an hour or so after the listen. That is a compliment. The opening track *Information Undertow* is a very catchy song, and is a perfect example electronic folk sounds you'll be hearing for the following hour.

The Archers kept the music and the jokes going all night. Their show was interesting and entertaining.

When they returned to the stage for their encore, they took requests from the audience. One lucky fan got his request played and went up on stage and danced while they played.

The whole atmosphere of this concert was remarkable. The crowd was mature, but willing to let loose. The band played well and had a good connection with the audience.

It was apparent that if this actually is Archers of Loaf's last tour they will be greatly missed in the college music scene.



ALBUM PHOTO

Archers of Loaf going out in style? We'll see...

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Sports



"We're ranked number 1 in Ontario, and we have to show it" - Walter Martins

Hawks secure post-season spot

Injury bug continues to bite the women's soccer team as play-offs approach

by ANDREW BISSON
Sports Reporter

In the most competitive and exciting game of the year for the Humber women's soccer team, the Hawks battled to a 1-1 draw with the Mohawk Mountaineers on October 6.

Two days later the Hawks shutout the George Brown Huskies 4-0, giving Humber a record of 3-1-1 for the season.

With only one game remaining on the schedule, the Hawks seem to be at the top of their game just in time for the Ontario Colleges Athletic Association (OCAA) championships.

Battling to a draw with Mohawk was a definite indication that the Hawks were play-

ing better, considering they came out on the wrong end of a 2-1 decision against Mohawk earlier in the season.

The two rivals faced off against each other in Hamilton last week. Both the Hawks and the Mountaineers came out firing at the sound of the opening whistle.

The Hawks opened the scoring before the game was five minutes old.

Filomena Aprile potted the goal on a beautiful individual effort, maneuvering her way through a couple of Mountaineers before striking the ball into the right hand corner of the net. It was Aprile's second goal of the season.

But the Hawks' lead would

be a short one, as the Mountaineers capitalized on a defensive miscue by the Hawks, tying the score at 1-1.

It proved to be the final goal of the match.

Humber put together a very strong second half.

The majority of the play was in the Mohawk half of the field, but the Hawks were unable to put one past the Mohawk keeper.

Jen de Miranda got the start in net for the Hawks.

"Both teams played very well," Hawks coach Vince Pileggi said. "We just didn't get the result we were looking for."

Pileggi singled out the play of the Mohawk keeper.

"She was the difference in the game," he said.

The Hawks, especially Pileggi, got a scare in the game when Maria Stangherlin, a second-year player on the team, suffered a knee injury when she was awkwardly tackled from behind.

"We definitely need her for the stretch run," Pileggi said.

Stangherlin was later diagnosed with a mild medial collateral ligament (MCL) sprain in her knee. It is uncertain if she'll be back for the championships.

Rookie Megan Beckett acknowledged that the game was hard fought, but she felt the team should have scored more goals.



PHOTO BY ANDREW BISSON

Filomena Aprile (right) gets tackled by a Mohawk Mountaineer during Central West division play.

"We have to score on the chances we get. We missed a couple of open nets out there," she said.

The Hawks found their scoring touch in their game against the George Brown Huskies two days later.

Adriana Cataldo scored her team-leading fourth goal of the season, with Dyan Layne notching her third of the year, Angela MacDonald her second, and

Beckett her first.

The Huskies, who have recently had a problem getting a full team on the field, were unable to muster a shot on the Hawks keeper Kim Thompson for the second time this season.

The Hawks' final game of the regular season is at home against Redeemer October 15, who also clinched a play-off spot.

The OCAA playoffs start the following week.



PHOTO BY ANDREW BISSON

Corrie Wilson (left) attempts to clear the ball away from an oncoming Mountaineer forward.

Men hoopsters off and running

Exhibition win shows promise of good things to come for Hawks basketball

By JOANNE ROMANOVICH
Sports Reporter

The Hawks feasted on the Huskies in an 80-70 exhibition win at George Brown.

In the first half the Hawks played like they were walking on a tight rope, battling back and forth with George Brown for the lead. After the half, the Hawks Nike's and Wheaties kicked in.

"It's a good start," head coach Mike Katz said. "I liked their intensity in the second half. We played extremely hard, got a lot of rebounds and loose balls."

"I'm very impressed with this

basketball team," Doug Fox, Humber's Athletic Director, said.

"They have tremendous depth and they are much further ahead than they were this time last year," he said.

"We played extremely hard, got a lot of rebounds and loose balls."

-Hawks coach Mike Katz

Nate Hogan, a veteran forward from the Huskies, disagreed.

"They are not as strong as the early 90's squad," Hogan said. "But Humber always comes through in the end no matter who they play."

Though the Hawks were 14 points ahead of the Huskies at one point, some believed they didn't play as well as they could have.

"At the beginning we played selfish ball. We were playing too much like 'I'm the only one,'" Adrian Clarke, veteran for-

ward, said.

"We played a little shaky in the first, but in the second half we really picked it up. It's to be expected, it's early in the season," Hawks rookie Isaac King said.

"Humber always comes through in the end no matter who they play."

-Huskies forward Nate Hogan

"I could have played better," forward Keffrin Dunson said. "I could have grabbed more rebounds than I did."

Top scorers from the Hawks were Clarke with 23 points, King with 17 points, and Dunson with 10.

The Hawks travel to Montreal for the Dawson Tournament October 23-25.

Humber will play in the Central division along with Algonquin, Centennial, Durham, Seneca and Sheridan.

The Hawks next face Fanshawe at home October 28.

Hawks brought down to earth

Men's soccer suffers first loss of season — but can clinch division with a win

by MIKE GENTILE
Sports Reporter

The men's soccer team got a dose of reality with their first loss of the season, but came back with a win to all but secure the division title.

The Hawks travelled to Hamilton for a rematch against Mohawk.

Humber beat them 2-1 the week before, and a Hawks victory would have ended any possibility of the Mountaineers stealing first place from Humber.

Marco Frasca scored only five

minutes into the game after faking a pass to Jesse Calabro

Just eight minutes later, the Mountaineers evened the game after breaking through on a 3-on-1

It was a rough game and it showed as fouls were called from every end of the field. With 15 minutes to go, the Mountaineers scored to go up 2-1. The frustration showed as Calabro was red-carded just before half-time.

Head coach Germain Sanchez was not pleased with the mediocre officiating and was

given a warning by the referee

With the Hawks down a man, they came out and completely dominated the second half

Captain Walter Martins led by example and the team responded by out-shooting the Mountaineers 6-1. Despite the great half, the Hawks were handed their first loss of the season.

"We made some stupid fouls, and we were being undisciplined," Martins said after the game. "We're ranked number 1 in Ontario, and we have to show it."

The Hawks went on to battle the George Brown Huskies in what was supposed to be an easy game. It marked the return of Nathaniel Singleton who scored just six minutes into the game after a nifty pass from Phil Ionadi.

With the half winding down, the Huskies scored a shocker to silence the Hawks. The team looked stunned at half-time and veterans Marco Frasca and Martins spoke out to wake up the team.

In the 62nd minute Carmel Zammit put the Hawks up for good with his first goal of the season. Zammit has been on fire the last two games and was one of the best Hawks on the field.

Coach Vito Colangelo said that despite being hurt, Zammit



PHOTO BY MIKE GENTILE

Hawks' Mike Rodriguez (right) attempts to steal the ball from a George Brown player.

has turned up his game. "He's playing like a man possessed, and he's hurt, too."

With three minutes left Singleton scored his second of the game capping off another victory.

Martins and Ionadi were brilliant in mid-field giving the forwards ample scoring opportuni-

ties. Singleton was first to praise the two.

"I'd like to thank Phil and Walter for doing their job, which is playmaking," he said.

The Hawks conclude the regular season October 14 against the Redeemer Royals at Valley Field.



PHOTO BY MIKE GENTILE

Nathaniel Singleton (right) eludes an oncoming Mohawk Mountaineer to receive a pass.

MEN'S SOCCER

OCAA CENTRAL WEST STANDINGS

	GP	W	L	T	GF	GA	PTS.
Humber Hawks	5	4	1	0	15	5	12
Mohawk Mountaineers	5	4	1	0	10	3	12
George Brown Huskies	5	2	3	0	6	9	6
Redeemer Royals	5	0	5	0	3	17	0

WOMEN'S SOCCER

OCAA CENTRAL WEST STANDINGS

	GP	W	L	T	GF	GA	PTS.
Mohawk Mountaineers	5	4	0	1	17	3	13
Humber Hawks	5	3	1	1	14	6	10
Redeemer Royals	5	2	3	0	14	11	6
George Brown Huskies	5	0	5	0	0	25	0

Division Leading Scorers (Men's)

Player	Team	GP	G
Jesse Calabro	HUM	4	3
Nathaniel Singleton	HUM	3	2

Division Leading Scorers (Women's)

Player	Team	GP	G
Josie Tucceri	MOH	5	5
Adriana Cataldo	HUM	5	4

Results as of Oct. 13, 1998.

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