



## Culinary students learn in a new, state-of-the-art kitchen

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# Humber Et Cetera

Thursday, October 1, 2009

Vol. 41 No. 1

## CSI: Lakeshore

### New lab simulates real life experience

**KYLA SERGEJEV**  
IN FOCUS REPORTER

CSI comes to Humber College's Lakeshore campus in the form of a car dealership-turned-Centre for Justice Studies.

Located adjacent to the Lakeshore campus, the stylized structure houses six state-of-the-art laboratory spaces: a crime scene simulation room, a forensic laboratory and four interrogation/counselling rooms.

"These forensic labs support the Police Foundations program where students never had the opportunity to study in a laboratory situation," said Gina Antonacci, dean of social and community services.

The first room, a forensic laboratory, is filled with raised tables and seating for analyzing evidence that will be collected in the second space, a crime scene simulation room, a small one bedroom apartment surrounded by theatre-style seating and cameras.

Both laboratories seat 65 people, and have the latest state-of-the-art media capabilities.

"Students go to a crime scene created by their instructors and we will have cameras recording what they are doing and beaming it up on big screens," said Antonacci.

"They will also be able to play back the recordings and analyze what happened."

Centre Co-ordinator Rod Spencer said students get more hands on experience collecting evidence thanks to the crime simulation room.

Students will re-enact conflict resolution scenarios, learn how to de-escalate situations and talk to people at the crime scene, properly store medication and accommodate persons with disabilities. They will also lift fingerprint evidence from the crime scene and process it in the forensic laboratory.

"The space was created to be as multifunctional as possible," said Antonacci.

The new space exists firstly for the Police Foundations program, where classes are scheduled to start in January, but Antonacci said that the school is hoping to introduce a forensic program later on.

■ More campus development page 13



Courtesy David Lui

**Doris Tallon, seen here at the August 2003 President's Breakfast, spent her retired years supporting the Humber community.**

## 'First lady's' lasting legacy

### Former presidents' assistant dies at 87

**KAYLA CARD-FORBES**  
NEWS REPORTER

Doris Tallon, long-time executive assistant to Humber's first and second presidents Gordon Wragg and Dr. Robert Gordon, passed away on July 14. She was 87.

Playing a large role in Humber's establishment, Tallon was often referred to as the "first lady" of the college.

"She opened the doors to Humber," said Michael Hatton, vice president of academics. "She was the fundamental of day-to-day aspects of this college."

"She was particularly supportive of students coming out of poorer backgrounds," said President John Davies, who worked with Tallon until her retirement in 2007.

Dr. Gordon said Tallon personified the values of the college, like respect, equality and compassion.

Student oriented, caring, encouraging, inclusive, dedicated and a tremendous sense of humour were commonly used when colleagues described her.

"Without sounding cheesy, everyday was quite fun with her," said Valerie Hewson, current executive assistant to Davies. "I really enjoyed working with her, I miss her now," she said. "It's a shame she isn't at the oth-

er end of the phone line anymore."

Despite retirement, Tallon continued to contribute to Humber until December 2008, organizing numerous convocations and a Remembrance Day ceremony, Davies said. Tallon remained committed to helping students in financial need, privately helping them in various ways without ever taking credit.

"Even though she retired, she was always here," said MaryAnn Rad, assistant to Hatton, "and her spirit is still here."

Tallon will remain a large part of Humber's culture and will continue to be remembered. While Tallon and family strongly expressed a memorial is not necessary, a dining hall in the Seventh Semester was named in her honour, prior to her death. The arboretum's tranquility garden is also dedicated to her.

"She didn't like notoriety," said Hewson. "She wasn't big on awards either, at least not for herself."

"The best way to remember her is to do the things that Doris did," said Davies, adding students should continue to receive help. "Even if you need to go out of your way to help them, do it, because that's what Doris would want and that's what Doris would do."

In support of Tallon's wishes, bursaries have been created to continue to help students in financial need, specifically international students.

WITH FILES FROM KYLE BARON

## Students left searching for missing LinX

**RACHEL YAGER**  
NEWS REPORTER

LinX, the new campus pub, opened its doors last week only to re-close them the next day to continue preparing for the pub's long awaited official debut.

Students were able to take a peek last week when LinX opened from 9 p.m. to 2 a.m. for the first pub night of the semester.

Located in the LX wing of North Campus, LinX had problems throughout renovations and continues to deal with issues that caused delays to its opening. The setback now is

the lack of a full liquor licence.

Terry Kyritsis, director of campus services, said there isn't a full licence at the pub because it still needs inspectors, such as the fire department, health inspector and building inspector, to sign off.

"They applied for the licence, all the paperwork is in, but until all the inspections are done, that's a problem," said Kyritsis. "We hope we will get everyone's blessing in terms of the approvals from the various inspection bodies by the end of or beginning of October."

Renovations began in mid-June, but were set back more than once

during construction.

Site supervisor Henry Miers said there were difficulties moving the cold water domestic pipe. There were also engineering and structural problems.

"Those were our main problems that set us back a lot near the beginning of the job," Miers said.

Electrician Johnny Laroux said other issues included problems with the cooling system, changes to the ceiling and the AC units on the roof and a lot of problems with the lighting.

"It took us more time to create the ceiling that you see there now so we can protect from the potential of dust falling off or insulation falling off

onto our customers," said Kyritsis.

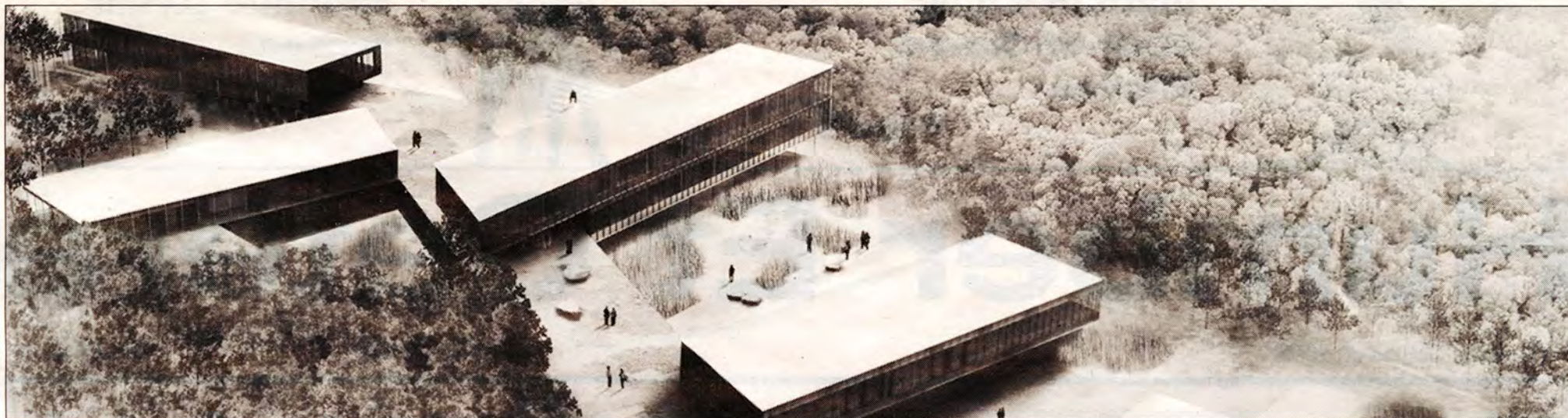
Kyritsis said the pub planned to open on Aug. 30, given that residence students moved in on that date, but that did not happen.

"We would like to have been open for Frosh Week, but then on the same token, as long as we're open before Christmas," said Chris Shimoji, Operations Manager of LinX.

"It should have opened way before it did," said Adam Czich, a first-year sustainable energy and building technology student. "It definitely would have brought in a lot more revenue."

Kyritsis said LinX hopes to open Oct. 13.





Courtesy gh3 Architects

Artist rendering of aerial view of Humber College's Orangeville campus.

## Delays interrupt construction of new campus

**JUAN SISON**  
NEWS REPORTER

A college can be a handful to run, especially when classes are in a rec centre and the staff consists of three people.

Humber's Orangeville campus officially opened in the fall of 2007 but is operating out of the second floor at the Alder Street Recreation Complex.

Joe Andrews, Orangeville campus director said Humber encountered a few delays in the construction on the 28 acres of land donated by the town-

ship of Orangeville.

Andrews said the Veteran's Way property is adjacent to protected land that falls under the Credit Valley Conservation.

"They're very much protectionistic of the land that exists under their jurisdiction," said Andrews.

According to Scott Valens, associate director of capital development, Humber hired an engineering consultation firm to comply with CVC protocol.

"This is what would be required for anybody that had land bordering on

the CVC," said Valens.

After all of the hiccups encountered by Andrews before the school was developed, he said the biggest challenge is the school's growing population run by a meager academic staff size.

"We have a small staff of literally three people, we have a multitude of hats."

A majority of the services provided are on a needs basis. For example, counselling occurs one and a half days a week and IT support is three days a week. There is also "an improv health centre" that partners with the

Headwaters Health Care Centre.

The erratic schedule for the services is due to the school's small size. With 215 students, Andrews said the school has a small community feel.

"Very much on a first name basis, I know everyone, everyone knows our staff here. Unlike being a number at a large campus, we react quickly."

Humber Student Federation President Shugufa Kaker echoes Andrews sentiments.

"It is like a small community," said Kaker. "More of a one-on-one feel from teachers and students."

Kaker said that she walked around the campus with the HSF executives introducing themselves to students at the tail end of summer.

"When we went there to throw our barbecue at the end of August, we got to really have face time with the students."

Humber president John Davies said the small school population is a result of Humber taking a "conservative and cautious" approach.

"It makes sense for us to grow it to a critical mass and then move and continue to grow from there."

## Out with the Leafs, in with the Hawks

**GRAHAM STEELE**  
NEWS REPORTER

For almost a decade it was the Toronto Maple Leafs' practice facility. But Lakeshore Lions Memorial Centre will transition from a sports facility to the home of some of Humber Lakeshore's performance arts programs.

Built in 1951 at the corner of Elder Avenue and 21<sup>st</sup> Street, just north of Lakeshore Boulevard West, the building will house Humber's Theatre Performance and Theatre Production programs, as well as the Acting for Film and Television program by February 2010.

The Comedy Writing and Performance program will also move in time for the start of the Fall 2010 semester.

"The arena was an opportunity to relocate some programs that need larger spaces," said Pamela Hanft,

principal of the Lakeshore campus. "There really isn't a lot of room for expansion on the existing Lakeshore campus."

The acquisition comes after the college received \$35 million from the federal and provincial governments as part of the Knowledge Infrastructure Program. Humber signed a 20-year lease — rent — free with the Toronto District School Board for the building, after the Toronto Maple Leafs relocated to a new practice facility nearby.

The college is responsible for the renovation costs and has agreed to share the facility with the high school and community groups, said Hanft.

"The building will give us better facilities than we have now, because currently our facilities are inadequate," said Diana Belshaw, director of the theatre performance program at the Lakeshore campus. "We don't have enough space."

Redesigns of the 46,000 square foot building intend to provide enough space for all the students moving between buildings.

"It would be better to have space for where we're working, especially since we're moving around a lot," said Caitlyn Smith first-year acting for film and television student.

Programs currently being taught in Lakeshore's L building will relocate to the new building over Humber's reading week, Feb. 15 – 19.

The L building will then be demolished, with a new four-storey academic building taking its place.

For most, the move will be welcome. For others, it will be bitter sweet.

"One of the sad things is that we will no longer be on the campus," said Belshaw.

"On the other hand we'll be in a new neighbourhood. We're now part of a different community."



Graham Steele

Lakeshore Lions Memorial Centre will sit abandoned until reconstruction starts in October.

## coast to coast

### Lama tours Canada

On his tour across Canada, the Dalai Lama called for a century of peace in front of a B.C. audience after saying the 20th century the bloodiest. "The future of the century is in your hands," he said.

The Globe and Mail

### Billionaire blasts off

Yesterday morning Guy Laliberte — founder of Cirque du Soleil — was launched into orbit as Canada's first space tourist. With an estimated \$2.5 billion net worth, Laliberte spent \$35 million to visit the International Space Station.

The Canadian Press

### July GDP numbers flat

Canadian gross domestic product was stagnant in July, despite economists predictions for a 0.5 per cent increase. GDP is one of the broadest indicators of economic activity.

cbc.ca

### Tsunami hits Samoa

On the morning of Sept. 29, an earthquake shocked the South Pacific sending a 4.5 metre tidal wave to the Samoan islands. The wave has killed almost 100 people and caused massive property damage.

Time Magazine

### Iran flexes muscle

This week Iran test fired two long-range missiles. The launch has drawn criticism from western leaders. The provocative move may lead to further sanctions and possible military action in the tense region.

aljazeera.net

## around the world



# College loses a good friend in Miller

Mayor announces he will not run again, leaving many at college with questions

TREVOR KOROLL  
NEW REPORTER

With David Miller's announcement that he will not run for mayor next year, the college's close relationship with City Hall might be in jeopardy.

Since his election in 2003, the mayor has had close ties with Humber, partnering in a number of events, including the opening of the Arboretum in 2006 and speaking to journalism students yearly.

"It was something that he really liked to do," said Don Wanagas, Miller's communications director and part-time faculty member. "He was just happy to come up there, and engage students in conversation."

Miller also worked with Humber on a number of community outreach programs such as the Rexdale Pro Tech Media Centre at Woodbine Mall a joint effort by the city, Humber College, the HSF, and Microsoft.



Mayor David Miller poses with Humber college journalism students.

Mike Melanson

"David Miller has been very supportive of Humber," said John Davies, the president of the college.

"I think he realizes the Humber

community is active in building in the Rexdale area as well as the Lakeshore area. I think he recognizes that and in return is willing to put some of

his time into helping us."

David Miller announced his decision not to run in November 2010 at a press conference at City Hall on

Friday Sept. 24.

In an emotional speech, Miller said being away from his family was a major factor in his decision.

"I was surprised," said Davies of Miller's announcement. He said being mayor is a "very difficult job" and it "takes a huge toll on your family."

The mayor also included Humber in the TTC's Transit City plan. Miller said that he wants to build a light rail transit line to Humber by 2014.

"It would be great to have a subway line up here," said Michael Delduca, 21 year-old business management student in his first-year at Humber. "But we'll see. Some people have different agendas"

"I didn't vote for him," said Delduca, adding that the garbage strike over the summer wasn't handled very well. He also should have re-thought building a bridge to the island airport said Delduca, something that Miller has long opposed.

With Miller not seeking re-election, the future relationship between City Hall and the college is now up in the air. Davies said he couldn't comment on "where we go from here."

"What they will or will not do in terms of focus will depend very much on who that is."

## Give me the 311, Toronto

TREVOR KOROLL  
NEWS REPORTER

There's a new number in Toronto that aims to save Torontonians a bunch of headaches – 311.

Launched on Sept. 24, the 311 call centre will bring over 250 departmental phone numbers into one centralized location. If you need to know anything about city services – day or night – it can all be found by calling 311. The services range from finding out when your garbage will be picked up, to when a local pothole will be fixed or even registering for a film or TV shooting permit. The 311 opera-

tor will connect you with the specific department you need.

"I can't imagine a simpler way for people to get into contact with their city government than by giving them a three digit phone number," said Stuart Green from the mayor's office.

"We set out to make city services as easy and accessible to people as we possibly could and there's no easier way than a 24-7 phone number."

The call centre, said to be North America's biggest, cost the city \$35 million. It is located at Metro Hall in downtown Toronto, can serve customers in over 180 languages and employs more than 100 people. It aims

to bring the individual Torontonian not only closer to city services, but closer to city hall.

Yet one city councillor sees the new hot line putting him out of work.

"What is 311?" said Rob Ford, Etobicoke Ward 2 city councillor.

"It's a councillor's job. You go to their front door to serve them. If people have a cracked sidewalk, they need their garbage picked up or their trees pruned – it's a councillor job." Ford said he returns around 40 to 50 calls a day and frequently meets with constituents a day after their first phone call.

"Why even have councillors? It doesn't make sense," said Ford.

But for Ana Knezovic, an early childhood education student at Humber, the number makes sense. "I will be using the number," she said. "I never called before because I didn't know who to call and didn't want to go through all the trouble."

Knezovic said she would use the number to let the city know about broken street lights in her community as well as potholes that plague her local roads.

"The city level of government is about front line service," said Green. "There's nothing you're doing today that isn't somehow city related. Whether it's walking down a sidewalk, a bus or in a park, these are all services the city provides."



Kyle Baron

Motorcycle student puts his weight into a turning exercise.

## Bike strike hurts program

KYLE BARON  
SENIOR REPORTER

The ongoing DriveTest strike has put the brakes on enrolment in the college's Motorcycle Training program.

Doug Penney, a motorcycle instructor at Humber, said the program is at about 25 per cent of its usual capacity, with between 20 and 30 students showing up at a time instead of the usual 100.

Due to the strike, eager bikers will have to write their M1 learner's permit test at the only location currently open, at 777 Bay Street.

M1 drivers will then have 90 days, extended from the original 30, to complete their M2 licence before their M1 expires and they have to repeat the process. The strike began on Aug. 21, with workers citing issues regarding wages, job security, and full-time employees potentially losing their jobs.

"There's a lot of inconvenience," said Roberto Cordovado, a student in the M2 course at Humber.

"A lot of people want to get their M1 and complete this course, and I know the enrolment in this course has gone down since the strike started and I just want it to be over with."

Andy Hertel, manager of the motorcycle training course, said he was surprised at the strike, and that his initial short-term solution was to wait it out.

He said he is no longer optimistic that the strike will end soon, and that its resultant drop in attendance put an early end to what was once a very busy summer season.

"For me, it's not a big deal because it's not my livelihood," said student David Belluz, who said he only found out about how to get his M1 from a Humber instructor.

"One guy I met at the ministry, he had been laid off in the automotive industry and he was in his early fifties wanting to take truck training."

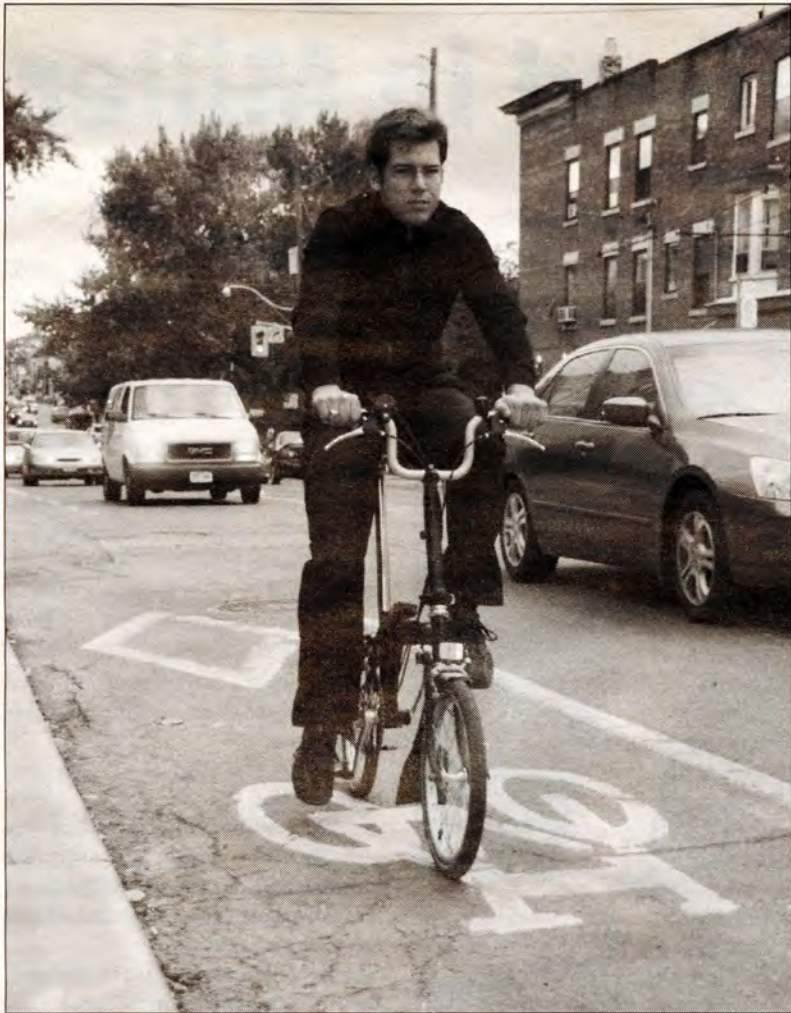
Belluz also said that the DriveTest employees "should get back to work, there are a lot of people's lives that they're screwing up."



Trevor Koroll

Although calling 311 doesn't offer any student specific departments, a range of city services can be accessed by dialing 311.





Daniel Filipe

The bike helmet law only applies to riders under 18 in Toronto.

## Helmet law, licences won't make cycling safe in T.O.

Students and Toronto Cyclists Union agree bicycle lanes are key to safe riding on city streets

**DANIEL FILIPE**  
NEWS REPORTER

Some Humber students said they would prefer the expansion of bike lanes to ensure cyclist safety rather than government mandating helmet use and licensing for all cyclists.

Colin Larocque, 22, a first-year tourism management student, said wherever there is a bike lane on the road, the cyclists are usually there.

"If there's no bike lane on the road then nobody's there. They need to find different routes because a lot of drivers just don't care, they don't look," said Larocque.

Larocque rides his bicycle for both transportation and recreation without using a helmet. He has never gotten into an accident and said he is a self-aware rider.

Larocque said mandating helmet use and licensing for cyclists will discourage the growth of cycling.

"It's just more of an effort to ride a bicycle," he said. "It's just a bike, not a car."

Aping Ilyong, 20, a first-year accounting student, rides his bike to get to school and work and believes helmet use is unnecessary.

"It depends on how you ride your bike, if you're good at it you probably don't need one," he said.

Ilyong said bicycle lanes are an effective way of ensuring the safety of not only cyclists but pedestrians.

"If I ride my bike on the sidewalk, sometimes I bother people walking," he said.

Nathan Atkinson, 19, a second-year visual and digital arts student, said he's always aware of where he's going when riding his bike.

Regarding drivers, he said "they're supposed to be aware, but I'm more aware than they are."

Cyclists are usually more aware due to the higher risk of injury for bikers compared to drivers, he said.

Yvonne Bambrick, executive director for the Toronto Cyclists Union, doesn't feel the need to wear a helmet.

"Many people who wear helmets wouldn't want it mandated, it should be personal choice," she said. "Both of those are barriers to entry."

We want to be encouraging people to ride bikes, so they're in conflict with each other," she said. "If you look at what it would cost to design, implement and enforce a licensing system, it's a huge barrier."

Bambrick said the integration of bicycles into our transportation network should be a priority.

"The most successful cycling countries and communities have put money and made policy choices to prioritize safe space for cyclists and have very little if any helmet use," she said.

"We've got spaces for pedestrians, cars, trucks and buses. We've been left the dangerous spaces in between," she said.

"We're taxpayers too, and we have not been given safe passes on the roads we pay for."

Bike lanes are one of the cheapest and easiest ways to increase the capacity of our road ways, she said.

# New light bulbs to save a half million dollars

**JORDAN MAXWELL**  
NEWS REPORTER

World leaders may be blinded by the light as they try to come to a consensus on climate change. Humber, however, can see just fine.

Humber has replaced 1,050 halogen light bulbs from the North and Lakeshore campuses with LED (light emitting diodes) lights, to decrease energy consumption.

The lights are scattered around the college, conjoined to black light bars on the ceilings. They can be found in classrooms, cafeterias, offices and hallways.

David Griffin, operations and maintenance manager at Humber, said the school will save \$525,000 over nine years while electrical demand and utilization will decrease 88 per cent.

One LED light provides up to 50,000 hours of lighting which adds to the amount of money saved on labour costs, new bulbs and light disposal.

Griffin also said that the number of halogen bulbs sent to the landfill will significantly decrease, reducing the amount of harmful chemicals seeped and spewed into the earth and air.

"Halogen lights contain mercury which is harmful to the environment and we're trying to change that," said Debbie Bamforth, leader of corporate communications at CRS – the company that provided the new bulbs.

Bamforth also said that CEO Scott Riesebosch, engineer and designer of the LED, made the lights to generate



Jordan Maxwell

1,050 low-energy LED bulbs have been installed at Humber.

less heat, which initiates healthy decrease the amount of gas and hydro consumed by the school.

With the amount of energy being saved in the next decade, Humber's future looks optimistic.

"We have been able to reduce our energy consumption by 15 per cent over a three-year period and we're going to continue to plug away at it,"

said Humber President John Davies.

Davies said it's sad Canada isn't a global leader on climate change and wonders why we don't have the courage and foresight to deal with this issue.

World leaders will meet in Copenhagen, Denmark on Dec. 7 to discuss a viable solution to climate change.



Jason Rauch

Students can use their student health insurance simply by providing their student card.

## Get your drugs at school, campus pharmacy opens

**JASON RAUCH**  
NEWS REPORTER

The new pharmacy at North campus is now open in the student centre.

Besides being close-by, there are other benefits to the students who use the pharmacy. There is a delivery service for students in residence, and students can use their student plan by showing Humber ID.

"He knows that you're a Humber student," said HSF President Shugufa Kaker, about the pharmacist, "you're just telling him your student number."

But not every student thinks a pharmacy is a good thing.

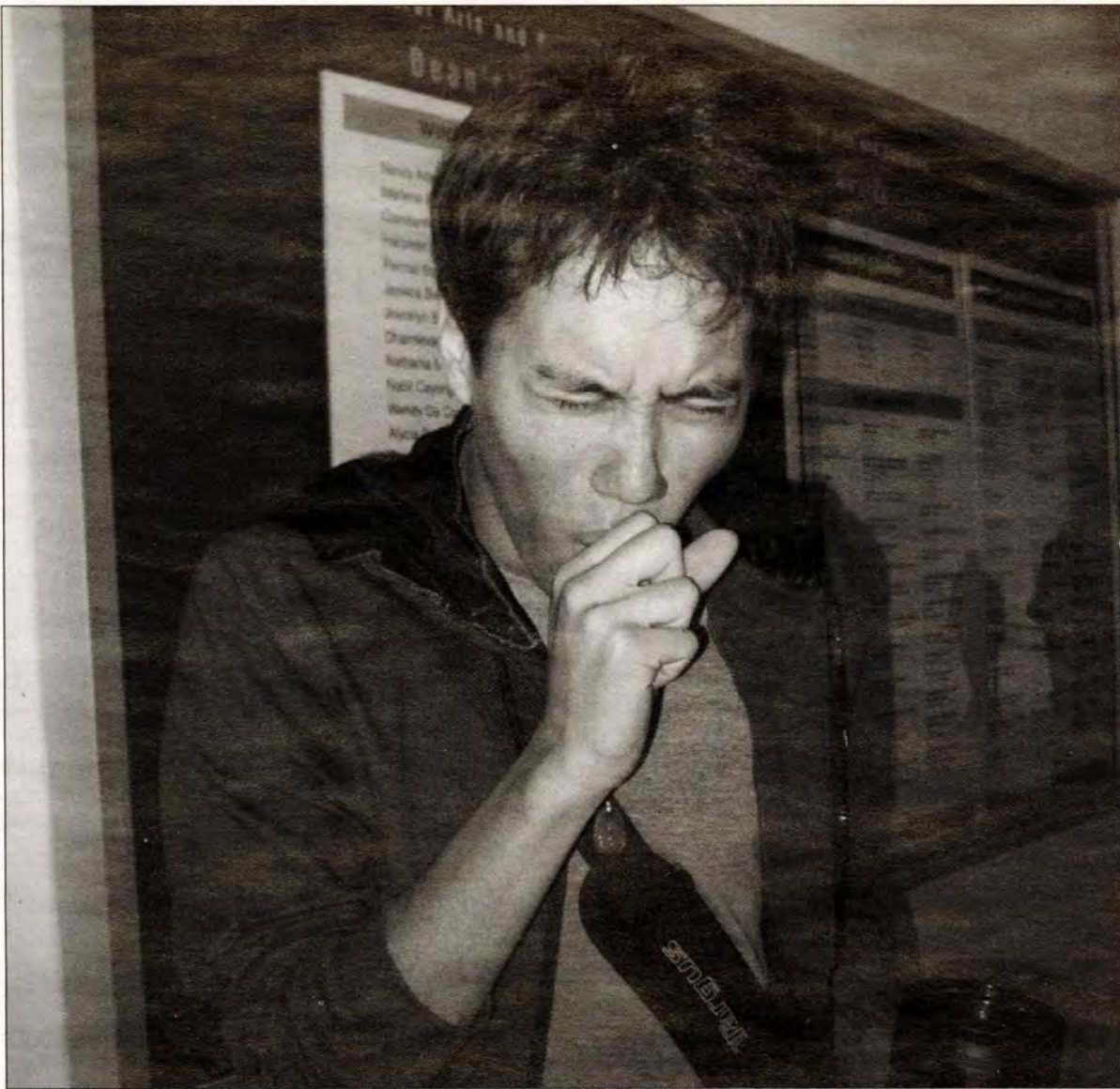
"Honestly, I think they should have put the money towards more computer labs," said Bailey Trenholm, 25, a final-year nursing student, af-

ter learning the entire student centre project cost \$3.5 million. "Trying to find a computer at noon, on a weekday, is pretty much impossible."

Kaker said the money came out of a building budget that accumulated over several years with the help of the college and HSF.

The pharmacy is open from 9 a.m. to 5 p.m. Monday to Thursday, and Fridays from 9 a.m. to 4 p.m.





Malorie Gilbert

# Foiling the flu

**MALORIE GILBERT**  
NEWS REPORTER

With the fear of a second, stronger wave of the H1N1 virus on everyone's mind, Humber staff and students are taking precautions to ensure the school and surrounding community stay protected.

"We have had in place for months now a pandemic flu plan," said Sylvia Kowal, Humber's director of marketing and communications. "When the World Health Organization elevated the status of H1N1 they elevated the status around the world, which meant not that it was more severe, but geographically it had spread to many countries. So, we activated our plan."

The plan is intended to go into action should a pandemic flu occur. For now, Humber has set up various other means of protection and information, including safe hand washing tips, posters demonstrating how to cough and sneeze without infecting others, ads airing on 96.9 FM Radio Humber and the installation of hand sanitizing dispensers around the school.

"What you've seen to date is a campaign based on flu prevention — any kind of flu prevention," said Kowal. "We figure if we do a really good job staying safe and preventing the regular flu, the chances of H1N1 taking

hold are reduced."

Medhat Gerges, a pharmacist near the William Osler Health Centre in Etobicoke, said, "hygiene is the proper way to control swine flu. If the students have symptoms, check them right away."

Students on Humber's campus are aware of the flu campaign, though some say they aren't worried about becoming infected.

Sherita Kaizar, a third-year early childhood education student, said, "I practice hand washing a lot and I have heard about the virus, but I don't really pay attention to exactly what it is."

Still, the college is conscious of student safety and continues to work to prevent the virus from affecting Humber.

"We think we are well ahead of the game with the communications and all of the things we have done," said Kowal. "The most important thing is preventing H1N1 from taking root here and spreading."

Despite the campaign and its efforts, however, some students continue to maintain an indifferent attitude.

"I don't really think about," said Yousef Al-Zawahreh, a first-year game programming student. "I think if I don't really think about it, it won't happen to me."

Students like Dragan Mergelmier, 20, should use hand sanitizer to prevent spreading germs.

## Mom's fight motivates daughter's run for cure

**ANGELO ELIA**  
SENIOR REPORTER

Cancer hit home for one Humber student, and she isn't taking it sitting down.

Atash Khosrorad, 24, a creative advertising student, is participating in the CIBC Run for the Cure Sunday to support her mother and other victims of the disease.

"My mother was diagnosed last year and motivated me to participate in the event," said Khosrorad. She began an event through HSF to support the cause.

"I started my own event to contribute to the Canadian Breast Cancer Foundation where they send me posters and pink ribbons."

Khosrorad received a donation from a sponsor for the event, set for City Hall and Nathan Phillips Square, and she raised money from bake sales on campus.

"I held bake sales for all the proceeds to go the Breast Cancer Foundation to raise money for a good cause," said Khosrorad. "I raised close to \$300 in bake sales from students in residence."

Azi Khosrorad, 54, Atash Khosrorad's mother, was 52 when she was diagnosed with breast cancer, and said her daughter's participation in the event keeps her strong.



Courtesy

Atash Khosrorad, 24, (right) is raising money for cancer research. Her efforts motivate her mother, Azi, (left) who is fighting cancer.

"It was the biggest accomplishment and I'm really proud of her. It was very hard yet she motivated me to fight the disease. She really helped me to go through this."

Ms. Khosrorad said she is a guest speaker and attended many fundraisers in Dallas, Texas, where she resides.

"The more awareness I get the harder we try to let people know and the more power institutes and centres

have to cure it," said Ms. Khosrorad. It's a "very painful journey, you have to be positive and hope everyday they can make it better."

Ms. Khosrorad is inspired by her daughter to never give up. "I have love for God and my daughter and every night I held a cross and a picture of my daughter beside me and I say 'I can do it.'"

Laura Strickler, a volunteer run di-

rector for the foundation is participating in the event by working with others to keep the committee in order.

"Everyone is welcome and if participants raise \$150 there is no registration fee and they get a free T-shirt," Strickler said.

Participants can run or walk, and the top donors and runners receive prizes, she said.

"The prizes we give out are for

people that raise the most amount of money and as well for people that finish the race first."

Strickler said people should participate because anyone can get breast cancer.

"One in nine women are diagnosed with breast cancer and if you think of your mother or daughter or friends, every donation makes an impact."



## student accountability

# Follow your money

In the early weeks of a new academic year, the pressure of balancing between school, work and personal life can often seem like too much to handle. We here at the *Humber Et Cetera* are students too, so it is not without understanding that we ask to add one more thing to that list of yours.

Humber's elected officials are charged with protecting the interests of each and every student under the college's umbrella. While our individual interests may vary, the principle responsibility of our government is to look out for our basic needs as students. Insurance coverage, food services and events not only meet these needs but essentially take the place of services provided by our provincial government until we enter the work force.

In the same way daily news organizations keep tabs on our nation's government, we here at the *Et Cetera* hope to do the same for the Humber Students Federation. But while we try to fulfill our role as journalists by reporting on their activities, we urge you to keep tabs of your own. Our view of what is important to Humber might differ from yours, and your voice should be heard too.

In an interview last week, we asked HSF president Shugufa Kaker to remind you of the promises made last year: she had said that she hoped to unify Humber's three campuses, bring us more ethnic foods, improve public transit to the college and even build a windmill on campus. Kaker told us these goals were well on their way. At the same time she admitted her idea to get a windmill on campus was perhaps a bit premature, saying the costs to the school and students

would be considerable. But Kaker said with student support, the HSF might re-examine the idea.

The student activity fee is the primary source of income for the HSF. With our president bringing in an annual salary of \$34,000, we want to make sure that she earns it. Since the executive is paid by and works for you, it begs the question: do you know where your money is going?

The federal government saw intense backlash in the aftermath of the sponsorship scandal. The sense of entitlement that was found to have surrounded those involved lasted as long as it did because of a lack of public awareness. While we realize that the government defrauding citizens of millions of dollars cannot compare to an organization that runs our dental appointments and free concerts, it is always dangerous to stop thinking about the people that represent us. In these last short years before the student becomes the worker, the ability to affect change so directly is one we should all take advantage of. Also, your voice is not limited to Humber's walls — as a member of the provincial College Student Alliance, which advocates issues directly to the Ontario government, what's important to you can even end up on the province's drawing board.

Keeping the HSF accountable can be as easy as joining their Facebook group, following them on Twitter or even attending a board meeting with some friends. Ask your elected officials — what are you doing for me? After all, that's what they're there for.

## construction delays

# The pub with no home

Construction delays for the new pub at North campus have left Humber students without a place to relax and socialize after class, severely limiting our college experience.

For the last 30 years, we've met at the campus pub to sit, drink and chat with friends. We were used to making the lengthy trek through the athletic wing to the former pub, called Caps, because it was the only place on campus to hang out.

Caps was demolished in May 2009 to make room for the new spa management program facility. The new pub, renamed LinX after a college-wide contest, was moved to the LX building. But when *Et Cetera* reporters went in search for the new pub on Sept. 8, excited by the prospect of ringing in the new semester with a few pints and a little camaraderie, it was closed. Three weeks later, it still is.

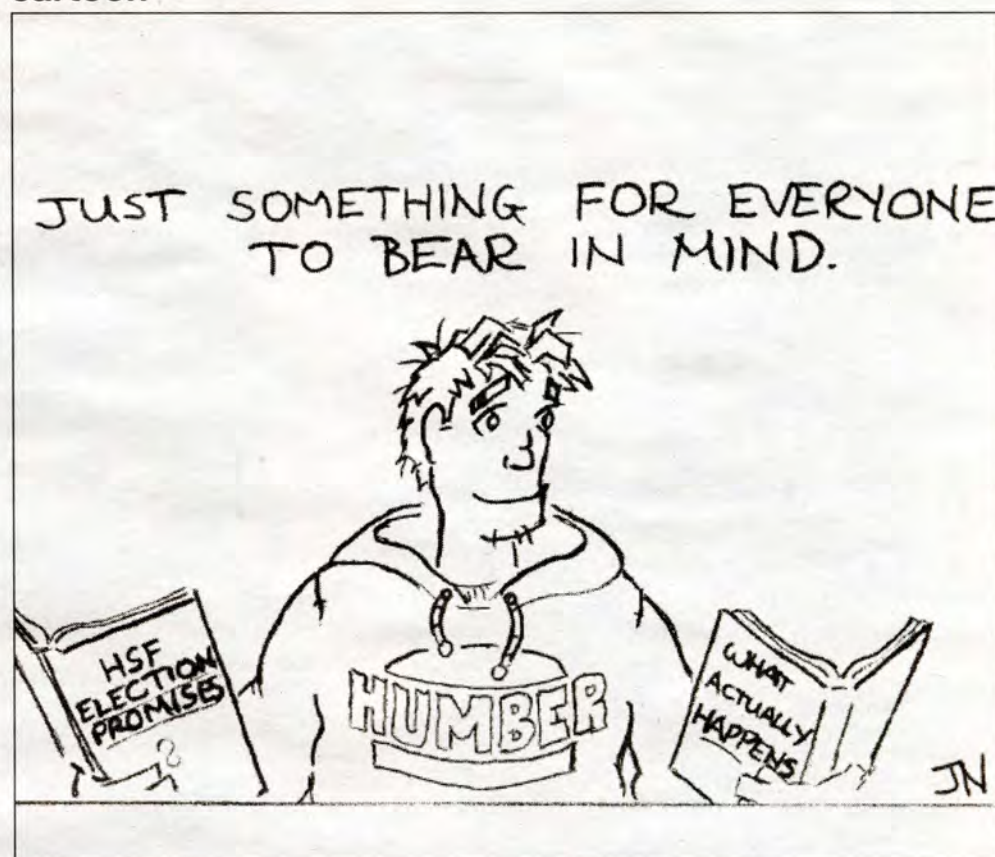
Last week, electrician Johnny Laroux told *Et Cetera* reporter Rachel Yager that the cooling system, combined with structural and lighting problems pushed back LinX's original opening date of Aug. 30. Terry Kyritsis, director of campus services, said these problems had to be

addressed before the pub could get a full liquor license. Kyritsis added he hopes LinX will be open by Oct. 13, which is over a month after the first day of classes. It's a long time for students to wait. Yager's full story is on page one.

But these construction delays wouldn't have affected students if Caps had been left alone until the new pub was ready to open. And while Kyritsis told the *Et Cetera* that the new pub and spa management program facilities were being built to serve North campus' future needs, campus services should have had more consideration for the immediate needs of students. The only places we can hang out with friends now are crowded hallways, the noisy cafeteria or bus stops — and as students at a commuter campus, we spend enough time at bus stops as it is.

Without a place to socialize, we're missing out on a valuable part of our college experience. The campus pub is supposed to be the place where friends meet, good times are had and memories are made. Without a place to socialize, we have almost nothing to do but go to class then go home, leaving little time for us to build the relationships that make college life worthwhile.

## cartoon



## quoted

## What is the student government's most important function?

**Sylvia Rohrer, 19**  
1st year 3D Animation

"I don't really know anything about the student government here."

**Emma Chalmers, 20**  
2nd year Accounting

"I've never gone to the student government, but I would think they are here to help us out with financial needs and if we're having problems with school and such."

**Zohar Sandler, 18**  
2nd year Accounting

"They should drop prices on food for one thing. I mean, it costs three dollars for a slice of pizza, and I can buy a whole one for seven dollars off campus. If they've been trying to do stuff for us, I haven't seen it yet."

**Tara McDougall, 22**  
2nd year Fitness and Health

"I don't usually think about it. I'd think that they deal with things in relation to coverages for student, like the dental plan."



### The Et Cetera wants to know what you think

We greatly appreciate letters or emails expressing your opinion on issues covered in the paper. Reporting the news is not a one-way street. Hearing from our readers is important to us and debate will bring more depth to the news we report. Think we're missing out on the real issues at Humber? Have we not told the whole story? Let us know!

Send us an email at [etc.humber@gmail.com](mailto:etc.humber@gmail.com)

## Humber Et Cetera

The Et Cetera will engage, challenge, and inform the Humber College community with progressive and contemporary content reflecting the diversity of its readership.

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humber bureaucracy

# Take a number, any old number

STEPH DAVIDSON  
COPY EDITOR



Part of living in a capitalist society requires an exchange of money for goods and services. Customers can use their money to speak for them. If you don't like the way a company does something, it's simple — don't buy things from them. Money talks and the consumer has the power.

This relationship gets rocky in the realm of post-secondary education. Students pay for a service, but satisfaction isn't guaranteed. You could spend lots of time and money on school and end up with nothing to show for it if you don't put in the work. The school — specifically the administration and the offices that deal with tuition, grades and graduation — is in charge. Students, or "customers" as this administration has called us, can't take their money elsewhere midway through a program if they are unhappy.

So although we're not technically customers, the school's customer service department treats us as such and should help to solve our problems — eventually. While teaching overseas for the summer, I wired my tuition payment to the school. There was a mix up with the account number, and it ended up floating around in limbo for a few months. I first sent five emails, each promptly responded to — after five business days. I then called and spoke to a supervisor who promised to get back to me in a week. She didn't. I called a week later and

spoke with another supervisor who asked me to call back in an hour. She didn't answer. It wasn't until another twenty phone calls and a few more emails later that the problem was thankfully solved.

Had I received this kind of service at a store, I most likely wouldn't shop there again. I probably would have mentioned something to a manager, maybe even written a letter, and been given some sort of compensation. But those tactics aren't really an option here. I doubt Humber is going to give me a discount on tuition for my trouble.

Like most businesses that rely on computers, other mistakes can happen as well. Also this summer, four journalism students unexpectedly received diplomas in the mail — a full year before their graduation. An interview with the registrar's office revealed that a combination of human and computer error caused the mistake, and that it's only happened once before. But this isn't a grocery store that accidentally mailed out four too many coupons. The public holds colleges and universities to a higher standard for a reason — they represent the legitimacy of the skills we acquire. Of the four diplomas that were sent out, only one was returned. Three official diplomas, regardless if they wouldn't stand up to verification, don't reflect well on Humber's reputation.

Students aren't customers and it sends the wrong message for the school to interact with them through a customer service department. College isn't about a simple exchange of money for goods. I'm here for an education.

entertainment

# Warning: In defence of Kanye West

ANGELO ELIA  
SENIOR REPORTER



The backlash from Kanye West's now famous Taylor Swift interruption at the MTV music awards led to judgment from the world over.

Not only have the media and public pointed the finger at West, but also his fellow celebrities. Twitter played host to a number of these attacks, including posts from Pink — disrespectfully calling him "the biggest piece of \*\*\*\* on earth" — and *The Hills* star Heidi Montag. This is not the first time someone has stepped on stage at an awards show to speak during another's moment, nor is it the

only time West has shocked us with his words. Regardless, it doesn't make him the horrible person he is being painted as. When West won video of the year at the 2005 BET awards, he gave his award to the hip-hop duo OutKast, acknowledging their work over his own.

West is an acclaimed, talented and passionate artist who has worked with a variety of artists and has a deep understanding of the music industry. He was even called "the smartest man in pop music" by Time magazine in 2005 — and despite his sometimes questionable methods, he bases his opinions strictly on music content.

While some celebrities have jumped on the West-bashing bandwagon, Jay-Z recently appeared on

pass	fail
<ul style="list-style-type: none"> <li>• To the Canadian government, for keeping its mission in Afghanistan humanitarian, despite the call for a troop surge</li> <li>• To the NDP, for biting the Tory bullet and saving us all from a fall federal election</li> <li>• To U.S. President Barack Obama, for being moderate and understanding that healthcare reform requires a compromise between parties</li> <li>• To the L.A. district attorney, for after more than 30 years, finally succeeding in the arrest of film director Roman Polanski</li> <li>• To Theoren Fleury, for returning to the Calgary Flames, scoring in the hockey pre-season and retiring with dignity</li> </ul>	<ul style="list-style-type: none"> <li>• To the Canadian government, for committing to development projects in Afghanistan that require more troops</li> <li>• To Liberal party leader Michael Ignatieff, for lashing out at the NDP — when they likely saved the Liberals a loss of seats had an election been called</li> <li>• To Prime Minister Stephen Harper, for calling Canada the world's envy while denying our history of colonialism</li> <li>• To Roman Polanski, for leading a charmed life abroad — while being a fugitive under charges of having sex with a minor</li> <li>• To Gary Bettman, for still refusing to allow the sale of the Phoenix Coyotes to Jim Balsillie</li> </ul>

student living

# Organize yourself to sleep

KYLE BARON  
SENIOR REPORTER



Most of us complain about not getting enough sleep, and it's usually our hectic schedules that take the blame. But sometimes we put off sleep to finish that last chapter, another hallmark of achievement in a video game or a mound of homework that we've saved until the late evening. Judging from what can be overheard in the hallways on any given day, tired Humber students returning to their routines are staying up late to do absolutely nothing — Facebook, browsing the net, talking on the phone with friends — sound familiar?

There are, however, those who suffer from legitimate medical conditions. The National Sleep Foundation lists dozens of known and often treat-

able conditions that prevent a good amount of shut eye. Insomnia alone has between 30 and 40 per cent of the population stirring in their beds, but it's clear that for a fair number of us, it's a lack proper mental conditioning. It's not as hard as it seems, either — especially when the ramifications of not getting enough sleep may be more serious than we realize.

Fighting against lack of sleep can bring on depression or difficulty concentrating. And it doesn't end with a day framed by droopy eyelids — a lack of sleep can start a chain reaction. A study in the 2004 issue of *Annals of Internal Medicine* tells us that too little sleep can actually increase appetite, and that an unhealthy diet of fast food and quick fixes (a prime solution for cash-strapped students) can make getting some shut eye even more difficult. That's right — those

quick egg and bacon muffins the morning after a late night are likely making things worse.

With a little self discipline, you can head to bed relaxed and free of distractions and establish a routine for you and your body. After that, it's a matter of maintaining that routine with some healthy eating and exercise mixed in. It's important to remember that some things can wait until the next day — after all, you probably won't come up with the best essay ideas at two in the morning, and your midnight Facebook profile updates won't seem as important when you're hitting the snooze button the next day. If you have a condition, consult a doctor. For the rest of us, it's time we put some sleep and proper time management before our many distractions.

**Our website is currently under construction.**

**Stay tuned to next week's issue of the et cetera for updates.**



# Survey shows price rules food choices

**NATALIA BUIA**  
LIFE REPORTER

Students surveyed by *Humber Et Cetera* said they make their campus food choices based on price more so than nutrition.

According to a 100-person survey done by the newspaper's Life reporters on Tuesday, Sept. 22 on Humber's North campus, 75 per cent agree that price is the deciding factor on what they decide to eat, while 25 per cent said it wasn't.

Fifty-nine per cent said that nutrition mattered when choosing what they ate, 41 per cent said it did not.

When asked how they would rate the nutritional value of the food offered, seven per cent said that it was excellent, 82 per cent said it was average and 11 per cent said it was not acceptable.

Six per cent rated the pricing of food on campus as being excellent, 54 per cent said it was average and 40 per cent said not acceptable.

Some students combat high prices on campus by bringing their own lunch. Anton Lozowsky, a first-year media studies student, said he doesn't eat on campus.

"I sacrifice my appetite for a few

bucks. I'm a poor college student, it's the only choice I really have," said Lozowsky.

Students who do buy food on campus will be pleased to know the prices of food will not be going up this year according to John Thompson, food services manager.

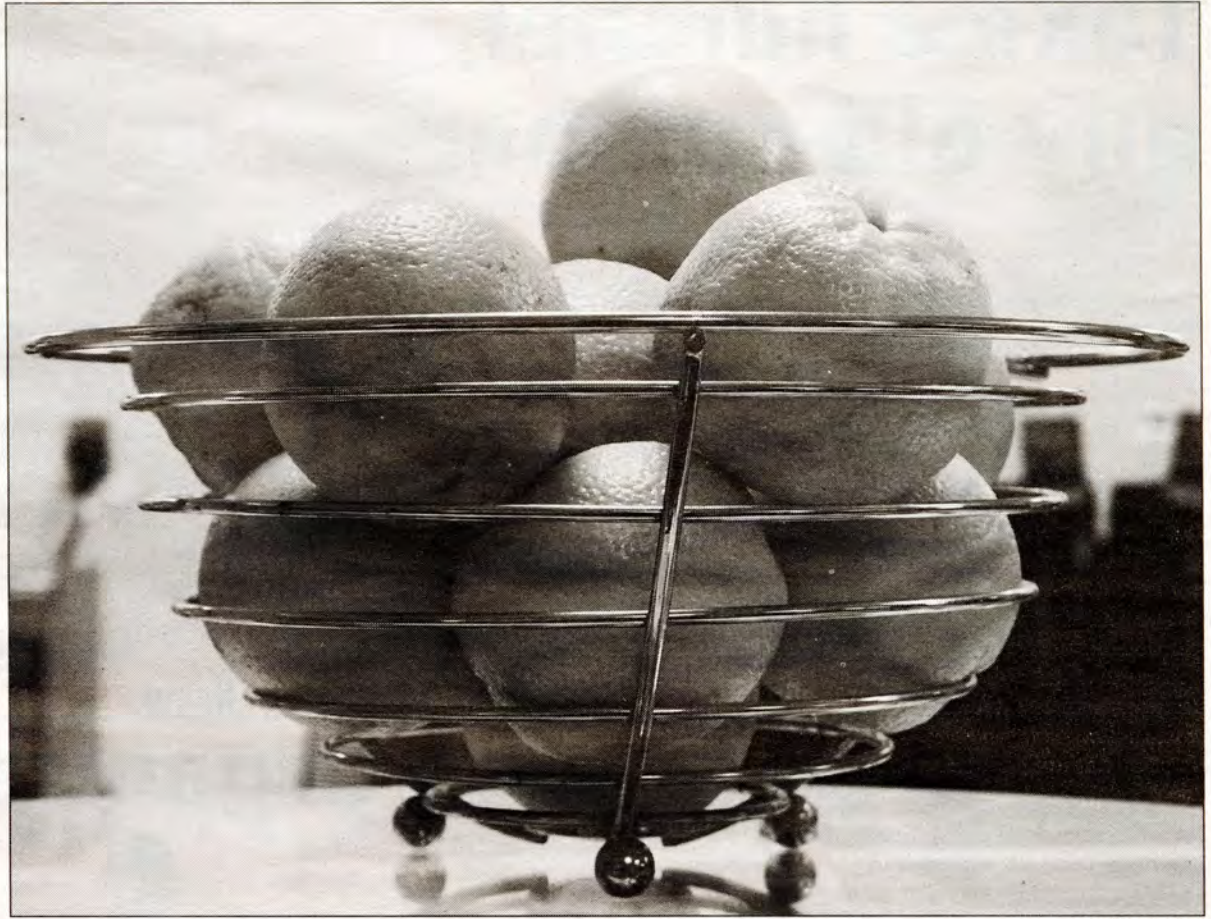
The survey shows that 80 per cent of students said the nutritional value on campus is average.

Dave Devine, a second-year architectural technology student, said buying a few small things at Java Jazz like muffins and coffee is not burning a hole in his wallet.

Campus Services Director Terry Kyritsis said he reviews prices annually with contractors to make sure the prices match that of other colleges and universities.

"We made a decision to offer fair trade, organic coffee over a year ago and also made the decision to provide biodegradable paper cups," said Kyritsis. "Both add to the cost of a cup of coffee but are consistent with our sustainability support initiatives."

Some good news for students looking to save: they can now receive a 20 per cent reduction on the price of coffee if they bring in their own mug.



Jennifer Conley

When it comes to making the nutritious choice, price proves to be the deciding factor.



Angelo Elia

Career Centre Manager Karen Fast feels that there are opportunities available for graduating students.

## Career Centre optimistic about job opportunities available to graduates

**ANGELO ELIA**  
SENIOR REPORTER

The recession is getting worse but the Career Centre has hope for students after graduation.

"I'm thinking that by May next year, we're certainly going to be seeing the light at the end of the tunnel," said Karen Fast, manager of the career centre. "There should be a lot of good full-time positions for students who graduate."

Fast said the recession has affected employees more than students.

"For students, the recession hasn't hit them the way it hit somebody who is working fulltime. We're lucky in that way and that students are able to get part-time work," she said.

Fast said there are more students

looking for part-time work this year compared to last year.

"There's more people coming into the centre to look for work. There's a lot of students looking for work on campus."

The Career Centre has expanded its services this year in an attempt to help students during the recession. Students can access the centre both online at [www.careers.humber.ca](http://www.careers.humber.ca) and at the North campus.

"Students have access to more of our services online, we have improved our job portal because that way we're able to rack over 900 jobs that have been posted on our website," said Fast.

The centre also offers students an easier way to get help on resumé techniques during this tough time.

"We have hired nine new resumé tutors, they're going to be looking at resumes, edits, formatting, and spelling checks," said Fast.

Saurabh Banbay, a second-year chemical engineering student works part time but he said the recession prevented him from getting the job he really wanted.

"I put 10-12 resumes to other companies but I couldn't get this one because they don't need people now."

Simon Lee, a first-year mechanical engineering student, recently quit his job so he could have time for college, but has not found a new job yet.

"I've been looking for another part-time job and it's been hard."

## Orangeville campus without health-care centre

**LINDSAY BELFORD**  
LIFE REPORTER

For students at Humber's Orangeville campus, there is not a doctor in the building.

Unlike North and Lakeshore, Orangeville campus does not have a health clinic on campus. The closest option for these students is Headwaters Health Care Centre.

The hospital is located seven kilometres away from the campus.

Donna Huxter, a first-year business administration student, thinks the Orangeville campus should have a doctor come by the school once in a while.

"It's somewhat good if you have your own doctor," said Huxter. "For younger students it's a problem though."

Joe Andrews, Orangeville's campus director, said they have a partnership

Getting from school to the clinic is a long walk when I don't have a vehicle.

**Mark Mendelson**  
1st year Police Foundations

with a local clinic which is a five-minute drive away.

Mark Mendelson, a first-year police foundations student, doesn't always have access to a car so it's harder for him to get around.

"Getting from school to the clinic is a long walk when I don't have a vehicle."

Andrews also said there are plans to get a clinic on campus in 2012 when

the new location is completed.

Orangeville campus receives literature about certain health concerns from North campus, which they have available in the student commons area but it's no substitute for a clinic.

Mendelson, 19, said, "I get sick a lot and it would be nice to have a clinic on campus."





Saudia Mohamed

Peter Lucoe and Stephanie Toro are busy whipping up a new dish in the brand new facility.

# New kitchen recipe for culinary success

**SAUDIA MOHAMED**  
LIFE REPORTER

Students studying to become chefs can now study in Humber's newest facility.

Alister Matheison, dean of the hospitality, tourism and recreation program, said the facility has new technology currently unavailable anywhere else in Canada.

"It now has inducting technology, and Humber is the only institution that has this facility in North America," she added.

According to the Humber website, inducting technology is different from all other cooking techniques because of the intensity of the heat. The food is cooked faster making it a much easier process.

The facility has a stainless steel ceiling, vents and fans that eliminate

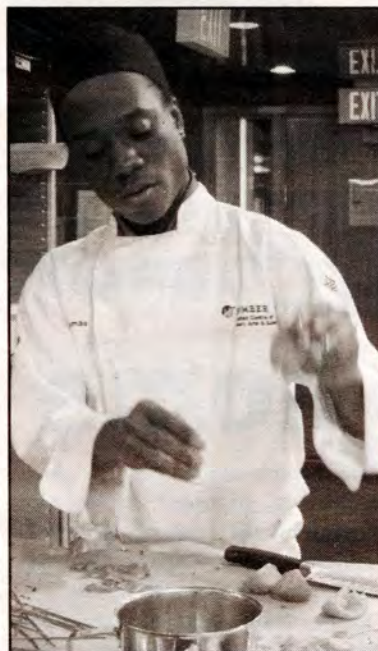
grease and bacteria build up. It is also equipped with four plasma screen TVs, where presentations are seen more clearly and have a satellite for international broadcasting.

"The new kitchen is completely stocked with all new supplies and the best, and most recent, kitchen technology. Honestly, once you cook in the new kitchen, you don't want to go back to the other ones," said Nicole-Catherine Reid, a second-year culinary student.

Stephanie Toro, a student in the culinary arts program, thinks her dream of becoming a chef is closer thanks to the new facility.

"The stoves are so much more up to pace, and it is much easier and quicker to cook in this kitchen," she said.

Reid said students are lucky to have this new kitchen and can benefit from all it has to offer.



Saudia Mohamed

Keifer Rose cooks up his own recipe for success at Humber.

## the extra Feeling Cheesy

It is the only thing we've made so far, and it's easy to make at home, affordable at school, and is very tasty.

**Cody Fotheringham**  
First year culinary management

### Cheese Biscuit ingredients

- 2 cups biscuit baking mix
- 2/3 cup 2% milk
- 1/2 cup cheddar cheese, shredded
- 1/4 cup butter, melted

Price: \$ 4.50

### Preparation

1. First things first, you want to preheat your oven to 450 degrees.
2. Grate cheese or packaged grated cheese, and you will need 3/4 cups.
3. You will then mix your biscuit

# Students fear another H1N1 virus outbreak

**SARAH JACOB**  
LIFE REPORTER

The possibility of a second H1N1 outbreak this Fall is forcing students to take action in protecting themselves.

First-year computer programming student Joey Leopizzi said he knows what to do to keep himself safe.

"I'm making sure that if someone in my class or near me is coughing and sneezing I move away. Also I'm covering my sneezes and coughing with my arm and not my hands. I'm making sure that I sanitize my hands frequently."

Second-year nursing student Shanea Morris said she has become a clean freak because of the warnings.

"I'm extra, extra careful. I have two bottles of sanitizer in my bag. I have sanitizer in my car," Morris said.

"When I'm in the hospital for placement I'm currently sanitizing my hands, washing my hands, making sure everything is clean."

Humber posted signs about the flu in order to maintain a healthy campus environment, along with sanitizer stations. More information about the flu is available online at [www.humber.ca/flu](http://www.humber.ca/flu).

Leopizzi said he thinks that is basically all Humber can do. Everything

else is up to the person to make sure they know to keep clean.

Morris said she has doubts about how some students are reacting to the warnings.

"I'm pretty sure not everyone uses the sanitizer. I'm pretty sure not everyone washes their hands."

Leopizzi said he has seen a few people leave the washroom without washing their hands.

It is vital that each and every single person takes precaution against H1N1, said Sherre Bond of the Ontario Nurses' Association.

"The latest studies have shown H1N1 is spread through droplets and so the best advice is sneeze into a kleenex or your sleeve. Don't spray it all over the room, the same thing for coughing," she added.

If you get sick, Bond said students should stay home from school or work.

A memo sent to all faculty on Sept. 1 stated if students get sick that it will not affect their success in class. The memo also said teachers should let students know of their absences if they were to become ill in order to work co operatively.

Despite Humber's efforts in protecting the campus, Morris fears an outbreak is a possibility.

# Unprepared for college

**PAUL PAQUETTE**  
LIFE REPORTER

Some students aren't quite ready for the transition from high school to post-secondary.

Jessica Hurrle, a first-year spa management/esthetics student said high school did not prepare her for college.

They should give students a basic outline and say it is exactly like high school, just different schedules, she said.

"Every high school student in Grade 10 has to take a course called career studies. In that course they explore the difference between college and university. They talk about the transition to post-secondary learning," said SarahJane Greenway, recruitment manager in the office of the registrar.

Humber's student population is usually 60 per cent being not directly from high school and 40 per cent being directly from high school, added

Greenway.

Abigail Wilson-Deckary, a Grade 12 student at St. Augustine Secondary School in Brampton, said all her school told her was how many credits she needed to graduate.

She said she would like to see her school better prepare students by presenting them with a variety of post-secondary experience such as "tour guides to different colleges and explore them to see if that is where we really want to go."



Paul Paquette

Cap and gown to college life.

mix, milk and cheese together.

4. You will now take the mixed ingredient and pour it into ungreased muffin tins.

5. Put biscuits in the oven so that they can begin to bake.

6. You will now have to pay close attention to when they are almost

ready, so approximately 15-20 minutes they will be nicely crisp. Before you take them out, brush your butter on the top of the warm biscuits.

7. Using a potholder, remove muffin tins from the oven and remove biscuits from baking sheet.



# Third-year acting student catches break

Theatre performance major lands role in professional production

**SAM CARSON**  
A&E REPORTER

For the first time in four years, one of Humber's theatre performance students is appearing in a professional production during the school year.

Bahareh Yaraghi, 27, a third-year student in the program at the Lakeshore campus, is appearing in a play called 'Hallaj', which tells the story of Mansur Al-Hallaj, a 10<sup>th</sup> century Persian prophet. She plays the role of Atiya, the daughter of the king.

The play was co-written and directed by Soheil Parsa, of the Modern Times Stage Company.

When the original actor became pregnant, Parsa called Yaraghi to audition for the role of Atiya.

"She was taking risks, that's what fascinated me," said Parsa about the

young actress.

Simply getting the role after the audition wasn't enough though. Yaraghi still had to get approval to appear from Diana Belshaw, the director of the theatre performance program.

"These opportunities are few and far between," said Belshaw, adding the timing of the play was a factor in her decision to let Yaraghi appear.

Having to balance working on the play with attending classes has been an eye opener to the difficulty of the industry for Yaraghi.

"It's definitely shown me how hard I'll be working," she said.

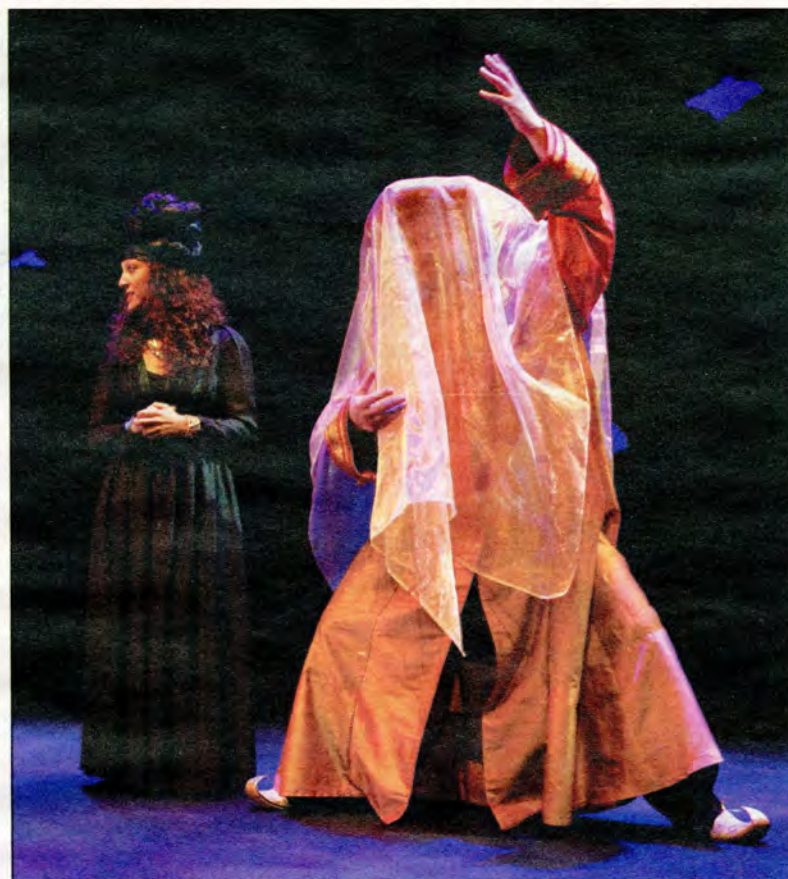
The strength of the character is what drew Yaraghi to the role of Atiya. She describes Atiya as believing in Hallaj's journey enough to sacrifice her own happiness to help it.

The play in general appealed to Yaraghi because she felt it reflected on how little power women are given in parts of the world today, which is a theme in the play: Atiya is forced to keep her beliefs hidden.

Yaraghi came to Toronto in 2006 after graduating from the Vancouver Film School. She quickly realized that she needed more training in acting for theatre, so she came to Humber.

While her focus had always been on acting, it was the move to Toronto that really made Yaraghi want to focus on theatre.

"I have a lot of faith in what the city is going to bring," she said. "It's really different than anything I'd seen in Vancouver."



Courtesy Guy Bertrand

Bahareh Yaraghi (left) as Atiya & Costa Tovarnisky (right) as The Caliph



Courtesy Ashley Kikut

Humber grad Ashley Kikut poses for a photo beside fashion guru Jeanne Beker.

## Success returns home

**BRANDON GEOBEY**  
A&E REPORTER

A returning fashion arts grad is adding to her list of accomplishments after beginning an international freelance make-up career.

After interning at *Elle* magazine in New York City for four months, Ashley Kikut is now back at Humber and focused on completing the Bachelor of Applied Business-Fashion Management program. "The fashion arts program gave me a taste of many different aspects of the fashion industry. It gave me a really good understanding of what kind of jobs you can have in fashion and helped me find my place."

After graduating in 2005, Kikut enrolled at Laurier for a communications degree. She received a job opportunity as a personal assistant to make up artist and swimsuit designer, Cheryl Gushue. Kikut then chose to start her

career instead of staying at Laurier. "Ashley always stood out to me," said Cheryl Gushue, makeup artist and former cosmetic applications teacher at Humber. "She really reached out to me during and after school eager to get one step ahead. Her personality is strong and very professional, which has and will get her places."

Kikut began working at major events and fashion shows such as the International Salon and Spa Expo in Long Beach, Goldwell TrendZoom in Mexico, Las Vegas and Berlin and Valentino for Fashion Television. She then coordinated Cheryl Gushue's swimwear show at C Lounge. C Lounge is owned by the Liberty Entertainment Group, where Kikut was introduced to the director of marketing, Milka Mili.

Kikut was hired on shortly after as the marketing co-ordinator for the Liberty Entertainment Group, doing a mix of marketing, public relations

and graphic design.

"She kept to herself at first, but throughout the years she has really developed into a diverse, amazing makeup artist," said Milka Mili.

"What really stood out to me was that she didn't let the industry get to her, which proves she is cut out for this. She has made me very proud to be a part of her success."

Back at Humber with plans to graduate in 2011, Kikut is focused on gaining another internship next summer and ultimately moving back to New York City.

"My dream would be to do marketing or sponsorship for IMG Fashion. They are the producers of Fashion Week in NY, Miami, Berlin, Sydney, Mumbai, London, Hong Kong and Moscow, and they represent the commercial rights for Milan and Toronto. I am hoping to intern there this summer," she said.

## Guitar hero to host musician workshop

Triumph's Rik Emmett comes to Orangeville

**FRANCISCO QUIÑONEZ**  
A&E REPORTER

Someone who fit the bill of a great, versatile musician was needed to hold a workshop at Humber.

After discussing possible hosts, Joe Andrews, director of the Orangeville campus, along with the Headwaters Art Festival, felt Rik Emmett was the perfect choice.

"He's a very successful guitar soloist and the former head of songwriters," said Andrews.

Emmett, a Canadian rock legend who's created a variety of music ranging from acoustic to jazz to rock 'n' roll, will be hosting a workshop at the Orangeville opera house for fans, aspiring musicians and anyone with a passion for great music.

The workshop takes place Oct. 3 and everyone who likes music is invited.

The workshop is a great chance to meet and be taught by a musical professional.

"Out of a lot of musicians, he is multi-dimensional, he's well rounded, he's got a good head on his shoulders and he's a natural born teacher," said Rick Wharton, Rik Emmett's manager.

Students will be learning techniques Emmett gained from his experience.

"Students will gain a clear perspective on the ins and outs of the indus-

try, the trials of becoming. They will learn a little bit about the process and the attitude that implies to someone who is successful," Andrews said.

Specifically, music students who attend the event are in for a treat. Andrews said they will experience some amazing techniques, tips and ideas for creativity.

Greg Hurst, a music teacher at Orangeville Secondary School encourages all students to attend the workshop. Hurst has a rock club at Orangeville Secondary School and will be taking the club to the event.

"Anytime you can sit down with someone of that calibre, you are going to learn," he said.

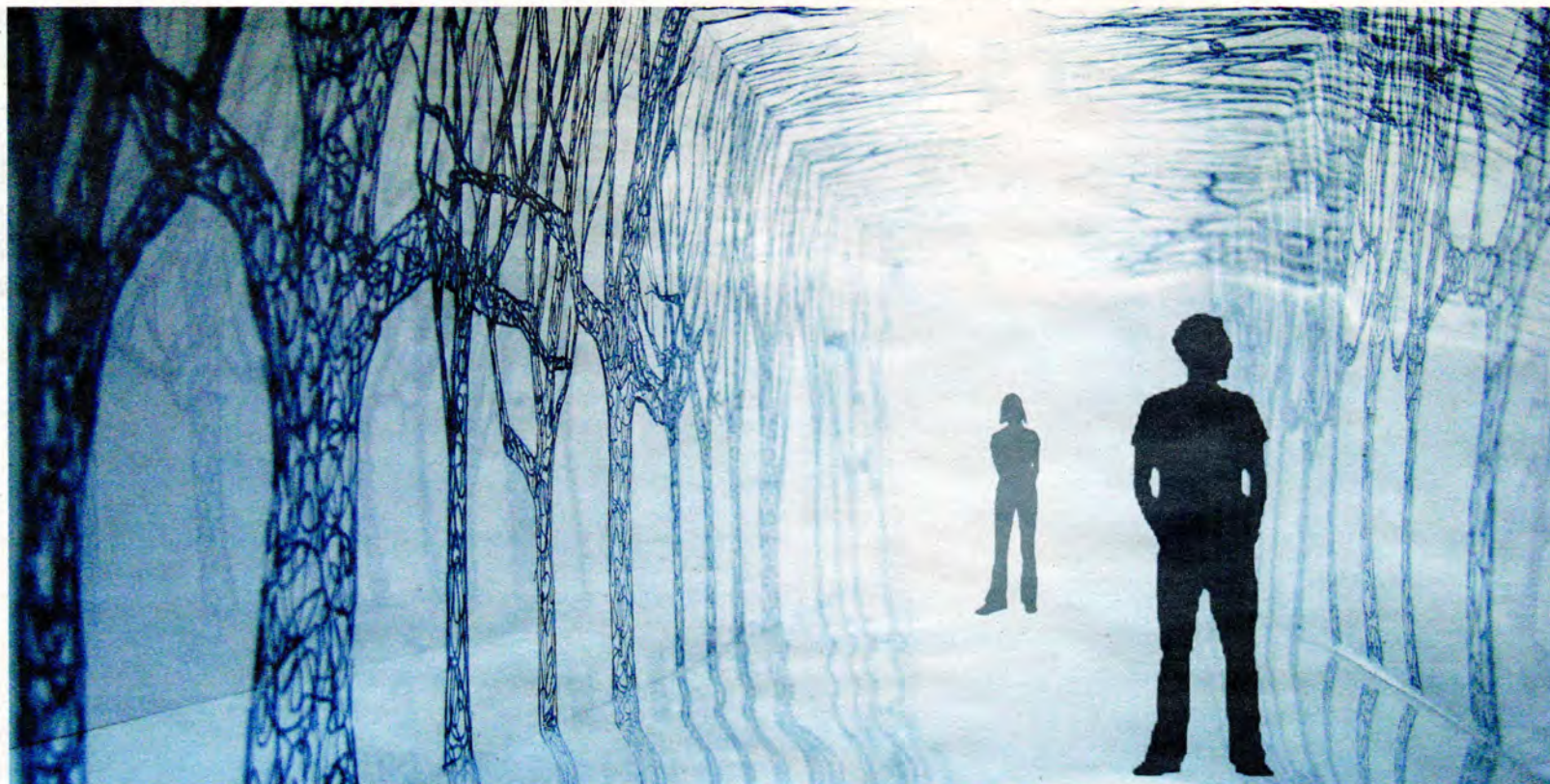
Hurst said most students are well aware of music genres and time periods.

"There are high school students who know the 70s versus the hip-hop, electronic and music generated music of today and they really appreciate just how good the old artists really were," he said.

Emmett had originally attended Humber for music but had left to form his rock band, Triumph. He had been in Triumph for eleven years from 1977 until 1988.

"They've toured all over the world and were very popular in U.S.A., Japan, Europe and Canada too," said Wharton.





Courtesy City of Toronto

The Lost and Found Collective's "Artificial Forest" captivated audiences at last year's Nuit Blanche.

## Nuit Blanche promises more for students this Saturday

AMANDA GRAHAM  
A&E REPORTER

This sleepless night won't be spent slaving over homework.

Toronto's fourth annual Nuit Blanche extravaganza is here, promising students an entire night of exploration inside downtown's stunning art world.

Divided into four zones, the city transforms into a night crawler's haven submitting patrons to a 12-hour art exhibit from dusk to dawn. The festival showcases over

130 pieces of art produced by both established and emerging artists.

Last year the event drew in over 800,000 visitors. This year's spokesperson for Toronto's culture and tourism department, Giannina Warran, explains the city's goal is to attract even more people to 2009's Nuit Blanche, with the main focus being students.

"Nuit Blanche was made for students. This year we have created student travelling packages with VIA, Greyhound and the Delta hotel making the night more accessible to everyone," said Warran.

With the new benefits being provided for students, first-year media foundations student Chad Siddall looks forward to his first experience at Nuit Blanche this weekend.

"Being an artist myself, I am anticipating being able to gain inspiration and see how students outside of Humber are expressing themselves," said Siddall.

Fortunately for Siddall, Nuit Blanche is a thriving source of inspiration, allowing people to walk through art installations in unexpected parts of the city.

The doors to several of Toronto's galleries, including the A.G.O. will be open as well.

Humber's very own visual art and design program coordinator Noni Kaur was a featured artist at last year's festival and highly recommends students to attend.

"It brings art to a different audience, it's the excitement of being invited to an opening without the invitation; it's a sneak preview for everyone," said Kaur.

## Music grad takes home first Emmy

MELANIE KERR  
A&E REPORTER

A Humber graduate was recognized in Los Angeles after winning a Daytime Emmy award for Best Original Song.

Anthony Vanderburgh, a 1981 graduate of Humber's music program, won the Daytime Emmy award for his work on the 6TEEN theme song with his partner and Berkeley graduate, Don Breithaupt. 6TEEN is an animated TV series shown on Teletoon which launched in 2004.

Vanderburgh said that he chose Humber's music program because it was the best music program in Canada. He said that although he learned a lot about arranging and composing during his time at Humber, there was a lot to learn in the world of music.

"It's a crazy business and no one can really prepare you for that" said Vanderburgh.

His success was not instant. He explained that music was always something he wanted to pursue and began playing in bands as early as Grade 8. After graduating from Humber he was hired at Canada's Wonderland



Courtesy Anthony Vanderburgh  
Vanderburgh holds his Emmy for Best Original Song

for the summer as a leader in a ten piece band.

Vanderburgh said he later got involved in making music for TV.

"I went knocking on doors and finally got a shot with a company called Nelvana, I was knocking on their door for about 10 years. They hired me for a few different things and were great with getting me started."

The Daytime Emmy awards were

held in Los Angeles on Aug. 30. "I wanted it to be a fun day, not a big day, and then when we got there we realized everyone else was nervous and excited at the same time. When you see everyone in tuxedos and beautiful dresses you just start feeling really great and happy to be there," said Vanderburgh.

"We were so excited and ran up to the stage, our wives were screaming and yelling and my partner Don Breithaupt's wife was yelling 'We're from Canada!'"

Vanderburgh and Breithaupt have also had songs on other TV shows such as *Dawson's Creek*, YTV's *Beyblade*, and kids' shows like *Franklin the Turtle*. Vanderburgh also produced music for many Canadian heavy metal and adult contemporary artists.

After listening to the winning 6TEEN theme song, Steve Onotera, a first-year music student at Humber, said "it seems like the perfect song for the show, it fits perfectly."

Onotera explained he also chose to study at Humber because of the respect the program receives from the

industry.

Dean Lauderdale, a second-year vocal training student described the song as "very catchy, especially the melody. I think if the person is left singing the last bit of the song or some part of it rather, then you've got a song that can be enjoyable to listen to."

Vanderburgh's advice to Humber students is to "collaborate with others. It really boosts your chances because that person will know people that you don't. You're more likely to be hired as a strong team rather than just an individual. Also, just be persistent, knock on doors and try to talk to people."

## Lakeshore jazz bands T.O. debut

MICHAEL VAN OOSTEN  
A&E REPORTER

Student camaraderie has marked the beginning of two new Humber bands.

The Lucas Robertson Trio and Esprit D'escalier debuted last Wednesday at The Boat, one of Kensington Market's music hot spots.

"We play improvised jazz, all original," said Lucas Robertson, 22, guitar player and graduate of Humber's Lakeshore campus music program. "It was a good program it absolutely helped with my music."

Robertson has been playing music for 13 years, "But this was the first time I've performed with my band. When I first started I had bad nerves, but with my lessons, and plenty of practice and rehearsal, they've gone away," said Robertson.

Also debuting with the L.R.T. was an eight-piece Humber jazz group called Esprit D'escalier. The name is a French saying that means a clever comeback that was said too late.

"We play modern jazz improvised with our own sounds," said Nathan Dell-Vandenberg, the band's trombone player and third-year student at the Lakeshore campus' music program.

"The band members all bring their own original compositions, it makes it fun," Dell-Vandenberg said.

"It was a way to meet a great network of musicians and it helped with the process of writing and on how to gather material."

Jeff LaRoche, 22, a fourth year student in the music program and member of Esprit D'escalier said, "It takes lots of commitment, but it's also challenging, fun and rewarding."

It was the first show they've played LaRoche said, "But I enjoy it. It gives you a chance to connect with your audience."

Dell-Vandenberg and LaRoche both agree that their instructors were helpful and offered inspiration.

"Several of our instructors were great guys, like Pat Labarbera to name one."

"They (Dell-Vandenberg and LaRoche) were keen students, always punctual" said Labarbera, a music instructor for the School of Creative and Performing Arts at the Lakeshore campus. "As an instructor all I can hope to do is give them the tools to go out and make a living."

"Not just make a living, but to go out and get their performance chops."

## ALMOST FAMOUS

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# School for writers gets word heard



Antanas Sileika addresses the Wordshop Marquee crowd at Word on the Street.

**RICHARD HINKSON**  
A&E REPORTER

The faculty of the Humber School for Writers made its presence felt at the 20th Toronto Word on the Street book festival Sunday.

"We're actually here in two ways," says Antanas Sileika, the school's artistic director.

"Firstly, we're handing out brochures for the writing school. Secondly, we're hosting the Wordshop Marquee in co-operation with Word on the Street."

Cynthia Good, director of the creative book publishing program at Humber Lakeshore and former president of Penguin Books, kicked off the Wordshop Marquee with the 'Insider's Guide to Getting Published in Perilous Times'.

Good said the guide was "to give them (writers and students) a few easy tips, if they're considering publication, something they can keep in mind while they're writing their manuscripts."

"It's also to remind them of all of the resources we have at Humber for

writers and people interested in publishing."

Thousands of people turned up to the festival, with at least 100 people turning up at the Wordshop Marquee.

The programs featured in the marquee ranged from writing about loved ones, what agents can do for writers and travel writing.

Perhaps the most popular was the "How Am I Doing So Far?" program in which people in attendance submitted one page of the stories to be assessed—at random—by a panel consisting of ECW Press publisher Jack David and teacher Kim Moritugu.

Budding author, Bobbie Smith, was one of the many authors to have her stories read.

"I'm glad they said good things about my story; how the tension in the story was good," Smith said.

"It's a really engaging way to have publishers and teachers look at your work in an objective way. It's all about the writing and the analysis afterwards."

## Guitar wizard takes bite out of jazz capital NYC

**ADEY MULUGETA**  
A&E REPORTER

Ted Quinlan, head of the guitar department at Humber's School of Creative and Performing Arts, said he is taking a year off.

Quinlan will be taking a one-year sabbatical to study and practice his craft. During that time, he intends to recharge and travel in between his home in Toronto and in New York City, "the main center of jazz in the world."

Quinlan is recognized for his skill as

a guitarist, both amongst students as well as some of Canada's top jazz musicians, performing with the likes of Chet Baker, Doug Riley, and Michael Brecker.

"It's inspiring to be around," said third-year guitar student Nic Ladouceur. "He's played with lots of people. You want to be around that."

The 23-year-old guitarist studied classical guitar at the Royal Conservatory of Music before being recommended to Humber's guitar jazz program by a professor because of Quinlan.

"He's brought more guitarists to Humber. Many people chose to study here because they heard that Ted Quinlan was the head of the department," said Ladouceur.

"Ted's way cool, he'd sometimes come to parties and tell you stories," said fourth-year guitar major Feurd Moore. "I'd say one of the most important things I've learned (from Ted) is to just play with others as much as you can."

"Certain times a jam's going on and my students invite me and I appreciate that. If I'm not working and I can go, then I do," he said. "A lot of them end up being people I work with later on," said Quinlan.

Quinlan is preparing for the upcoming release of his new CD "Streetscape," alongside two other Humber College faculty members, drummer Ted Warren and bass player Kieran Overs. The CD release is on Oct. 4<sup>th</sup>, at Hugh's room.

"One of the greatest things about Ted is that as amazing as he is, he still wants to travel and keep learning to bring it back to the college," said Ladouceur. "People will miss him but he'll only have that much more insight."

## Screenwriters get wired

**ANGELO ELIA**  
SENIOR REPORTER

The screenwriting course at the North campus is now redesigned as an online course, said Basil Guinane, associate dean of the School of Media Studies and Advanced Technology.

"Rather than delivering it in the traditional way in the classroom, we made it totally online so students can log in when they want to," said Guinane.

Students are taught by professional screenwriter and facilitator of the program, Lori Spring, as well as experienced screen writers from around the world. "We bring in professional screen editors to give advice on changes," said Guinane, "I see it as having a North American reach."

Students are to submit scripts for

evaluation in order to be accepted into the course. "There are not many requirements, all we ask is a 10 page treatment," said Guinane, "the ideas of what you want to achieve throughout the course."

Guinane said the script can be about any subject the student has their mind set on. "Potentially it could be a movie, it could be a short show made for a television movie—we don't really restrict it by genre."

There are not any popular shows or movies produced yet by screenwriting students. "But the course is exclusive to Humber and is not evident at other post-secondary institutions," said Guinane.

"Students learn how to make successful and professional screenplays." They are taught the various components, structure and the tools to make

a successful screenplay.

Hermeet Singh, 21, first year business Marketing student said screenwriting students can become successful if they have a positive state of mind. "It's a good place for people to become famous because of their feelings, what they think, the passion, the talent, they could show it on what they do," Singh said.

Ananjot Singh, 20, first year Hospitality and tourism management student believes being successful in the screenwriting course has to do with both the student's and the professor's attitudes. "Basically 50% is on the institution, how it makes the students grow, and 50% is on the students."

Guinane said screenwriting classes are no longer divided into two parts, but instead flow through weekly from October to March.



JILLIAN CECCHINI

### What's in your headphones?

**Samantha Silvestri, 21**  
1st year occupational physiotherapy assistant

1. Jay-Z ft. Alicia Keys – Empire State of Mind
2. Drake – Best I Ever Had
3. Bob Marley – Sun Is Shining
4. Lauryn Hill – Can't Take My Eyes Off Of You
5. Jay-Z feat. Kanye West & Rihanna – Run This Town
6. Kid Cudi feat. Kanye West & Common – Make her Say
7. Akon – Sexy Bitch
8. Kings Of Leon – Use Somebody
9. Lil Wayne – Every Girl
10. Lauryn Hill – Ready Or Not

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Johnna Ruocco

Students eat in a packed cafeteria at North campus. North is Humber's largest campus with over 12,000 full-time students

## The evolution of a school

JOHNNA RUOCCO  
IN FOCUS REPORTER

Navigating the halls of a Humber campus is a lot like migrating among a group of wild animals.

However, it hasn't always been that way. There was a time when stepping out into the halls didn't mean getting bumped and bruised by a massive herd of travelling strangers.

In the fall of 1968, Humber College opened its doors to 89 students. Today, Humber has 19,000 full-time and 55,000 part-time students.

These students have an array of programs to choose from. There are over 350 programs spanning eight academic schools.

Sophie Goodman, a graduate of the pharmacy technician program in 1984, said a lot has changed since she was here.

"Some of the classes were in labs. They had about 20 people because there wasn't enough equipment to go around. We had computer programming for a retail pharmacy setting and also for working in a hospital. This was back when we still used DOS though," said Goodman.

It's more common for a program to be modified throughout the years rather than dropped, and with good reason, said Ann Dean, associate dean of program development at Humber.

"We're trying to map the curricu-

lum always against the changes in the field of practice," said Dean.

When introducing a new program, different types of research such as occupational trends and student interest are considered.

"We're looking at a program that's related to something else we're doing. So we'll run focus groups with students, we'll do surveys with students. We've even gone to survey in high schools to see if there's interest in programs," Dean said.

Among the newest programs starting this fall, Dean said, "We have two degrees -- one in criminal justice, one in film and media production. On the post-secondary side, media communication and massage therapy."

Amanda Baskwill, coordinator for the massage therapy program, said, "It fits well with some of the other programs, especially in the School of Hospitality, Recreation and Tourism. It fits with that idea of health and wellness, and so it was a very natural fit and something that wasn't really found in the other programs that were here."

Even though Humber is constantly bringing in new programs or modifying existing ones to remain current, some past programs have been cut. Metal arts, yachting studies, steam fitting and hairdressing, didn't have staying power and were discontinued.

## Opportunities for Orangeville campus

Students at the newest location welcome future improvements to 28-acre site

LANCE HOLDFORTH  
IN FOCUS REPORTER

Currently occupying the second floor of the Alder Street Recreation Complex at 275 Alder St, the Humber Orangeville campus first opened its doors in the Fall 2007, and has grown from 60 students to 215.

Orangeville campus looks to the future with the construction of a new facility to accommodate its growing student population.

In 2005, the city of Orangeville donated a 28-acre site for the construction of the 20,000 square-metre campus, which is set to break ground in 2010, and open two years later.

"I took this responsibility to heart, and I thought if we were going to create something in Orangeville it had to be at a grass roots level," said Campus Director Joe Andrews.

In 2006, the school finalized the initial courses offered, and has since expanded from three full-time courses to five, which Andrews contributes to the school's growth.

"The Orangeville campus is committed to servicing the students that have enrolled in our programs at this campus. As a result we are seeing growth that is extremely positive," said Andrews.

Chantelle Arseneau, 21, is in her

first year of the early childhood education program at the campus, and said she is benefitting from everything the school currently offers.

"The teachers are great. It's convenient for me. I have a daughter, they have daycare here, and I live close," said Arseneau.

Fellow ECE student Bailey Mills said the new facility will provide a larger atmosphere with a variety of courses, which the 18-year-old said could attract more students to the city.

"I think it will give a lot of people the opportunity they don't really have right now. I think it will bring in a lot of students from the north," said Mills.

"I think it will give students the experience they want," said Arseneau.

Andrews has worked closely with the community of Orangeville to make the new campus a reality. He's helped the school set roots in the city, which he said is a great opportunity for the school.

"This is a commitment from Humber to expand its educational expertise with a variety of different educational post-secondary credentials," he said.

The facility will be constructed in phases over a two year period. Upon completion, the campus will be capable of servicing more than 2,000 students.



Lance Holdforth

Students break for lunch outside the Orangeville campus.

## Students take eco-friendly attitude

HSF vice-president promotes green acts around campus

AMY DOUGLAS  
IN FOCUS REPORTER

Humber has been bulking up the number of green initiatives around campus this year, making it a very different place from the Humber of just 10 years ago, when environmental concerns were few.

With new environmentally friendly outlets popping up almost everywhere, Humber has taken several steps towards being an environmentally conscious school, which Melissa Mendes, vice-president of the Humber Students' Federation, said is very important.

"Our slogan is green is the new black," said Mendes, explaining that this year the school wants to push forward and have even more green acts throughout the campus.

Changes around campus include Onebottle, reusable stainless steel water bottles available through the Humber Students' Federation, as well as formerly bulky paper notices being sent out on USB keys instead.

According to Mendes, awareness is key.

"I think the ultimate goal is exactly that, to get each and every student aware and get them involved as well," she said.

Humber has changed a lot in the past 10 years, former student Miriam Osborne remembers.

"I have no memory in the three years that I was there from 2000 to 2003 of anything like this," she said.

In the past the environment wasn't as much of a focal point, and though Osborne can recall concerns being present in some social circles, Humber as a whole didn't appear to be very concerned.

Humber continues to change by becoming more environmentally aware, and maybe it will encourage the students to do the same.

Ronnie Di Gironimo, a first-year civil engineering student, considers himself to be fairly environmentally conscious. He doesn't litter and tries to recycle, but admits that sometimes if it isn't convenient, he'll throw it out in the first place available.

Regardless, he feels having a green state of mind is a good idea.

"It gives the school a better image. It shows that we actually care about the environment and the community around us."





Courtesy Spencer Wood

Taken in 1959, this picture depicts the same buildings that were once built to house a mental institution, originally called the Mimico Lunatic Asylum.

## Revisiting Lakeshore's eccentric past

The campus property once housed an asylum, but today the same buildings have very different occupants

**MARK ANTO**  
INFOCUS REPORTER

Known when it was built in 1888 as the Mimico Lunatic Asylum, Humber's Lakeshore campus is an intriguing mixture of the very old and the very new.

There is a tunnel running under the campus's east side connecting the cottages – which once housed psychiatric patients – that are now used as classrooms.

Spencer Wood, manager of maintenance and operations, said the tunnel was used to deliver food and laundry to the cottages.

"There was even a railway for that purpose at one point, but all remnants of it are now gone."

The tunnel is now used for the electrical, heating and cooling systems.

Wood said there is a historical easement on the site, which means that while Humber can do whatever

it wants to the inside of the buildings, but the outside must stay the same.

However, this costs much more than normal construction.

The government recently contributed \$35 million, and a portion of this will go to rebuild L building, which sits in the middle of the campus's east side.

"We want to build something that will match the heritage of the site. This is a really ugly building from the 70s which has the potential to be very nice," said Wood.

When constructed, the new L building will have a cafeteria and house the Creative and Performing Arts program, including a state of the art theatre.

Lakeshore is nearing the final stages of its construction.

Over the summer, a year-long project on the K building was finished and now houses the HSF headquar-

ters at Lakeshore.

Matthew Mendello, 27, a first-year police foundations student, said the renovation will benefit future students.

"I think it's good that they are retrofitting the old buildings."

Joe Bowden, program assistant for theatre/AFTV, said many things have changed since he was a business and music student at Humber North.

"There's a lot more student activity, the campus's are much more exciting."

G building, however, remains untouched.

"You don't know what is in there, there's holes in the walls and floors as well as mould," said Wood.

"At this time we don't have the money to fix it."



Mark Anto

G building as seen from the North side today.



Colton De Gooyer

Students board the Humber shuttle bus as it prepares to leave.

## Transportation gets easier

**COLTON DE GOOYER**  
INFOCUS REPORTER

As the brakes on the buses come to a screeching halt, Humber students arrive in hoards. Some days it's the TTC, some days it's the Brampton Transit, but in the past it was only a shuttle bus.

Humber grad Maureen Huddleston said when she took the shuttle back in the early 1970s, it was a little school bus painted black with Humber College written on the side.

"It reeked of tobacco and weed because people were allowed to smoke on the bus, as long as they smoked in the back," she said.

Huddleston said the shuttle came

two times a day; once in the morning and once in the evening, during rush hours. It stopped at Islington Station, Port Credit Lake Mississauga, and even walking distance from her house at Dixon and Royal York.

"Buses were packed, everybody squeezed on, some people sat in each other's laps," she said.

Today, the shuttle is a full-sized yellow school bus and doesn't smell of tobacco or weed. Shuttle bus driver Glenn Rosastik picks up students parked in the overflow lot at Queen's Plate Drive.

"The volume of students the first three days was a lot more," said Rosastik.

The shuttle bus today runs every

15 to 20 minutes and often has more than enough seats for everyone.

Rosastik said lots of students park at Queen's Plate because they don't want to pay for parking at school, however parking enforcement does issue tickets to cars found parked in the area for any time longer than three hours. It costs \$526 per year to park in lots nearest the school.

Jessica Marco, first year law clerk student, said, "I have a parking spot at Queen's Plate and waiting for the bus can take a long time. I wait about 15 to 20 minutes sometimes."

Even though the shuttle may have its bumps here and there, there's no doubt it's a part of Humber that just keeps on rolling.



# From intoxication to wellness

Construction is underway to turn former home of campus pub into a space that promotes healthier lifestyle choices

**VALERIE BENNETT**  
INFOCUS REPORTER

One door closes and three more open as Humber undergoes major renovations, such as closing Caps to make headway for LinX Lounge, and the development of the fitness and wellness centres.

After 30 years at Humber's North campus, Caps pub closed, though its traditions are not forgotten.

John Mason, vice-president of Student and Corporate Services and Humber graduate, witnessed much of what Caps had to offer students through the decades -- both as a student and faculty member.

"The pub became one of the social hubs for residence students," said Mason.

After its opening, Caps quickly became the place on campus for students and faculty to meet, especially after the development of the on-cam-

pus residences.

Christopher Shimoji, current LinX and former Caps operations manager, says that Caps was known for as the social meeting ground within the college.

But even tradition requires growth. Despite the development of Caps during the course of its three decades on campus, increased demands for an expanded fitness centre, a new wellness centre and a renovated pub started the motion for renovations.

The opportunity to move the student pub to a new space in the college provided an area for the development of the two-story fitness and wellness centres and was beneficial to everyone, said Athletic Director Doug Fox. Shimoji also recognized the advantages for all parties involved by moving the bar.

"If a space can benefit someone better than it can us, and if we can benefit

from a newer space, then it makes sense for both people," said Shimoji.

"Caps was starting to look aged, so they knew it needed renovations as they were doing anyway, so they found another location for it. It was good for the college to have an opportunity to move Caps," said Fox.

"I think Caps was ready for a new venue, for a new incarnation," Mason said, "because I think the old facility was still pretty 'pub-ish.' It had a limited focus on decor and food. This opens up more items and more variety for a broader and more diversified student group."

With the end of Caps comes the chance to start new traditions and three new facilities for student use.

The Gordon Wragg Centre will house a new triple gymnasium, locker rooms with saunas as well as a squash court, sports injury clinic and a community pool.



Courtesy Humber Facilities Management

An artist's rendering of the new fitness and wellness centre



Natasha Fearon

Orangeville's new home renovation lab is under construction.

## Hands-on training at Orangeville's new home reno lab

**NATASHIA FEARON**  
INFOCUS REPORTER

Humber students can add hardhats and hammers to their school supplies as Humber's Orangeville campus opens the doors to its new home renovation lab.

Program Coordinator Richard Lawson said the new 8,000 square foot lab is expected to hold three houses built by the students in Orangeville's newest program, Home Renovation Technician.

The accelerated one-year program allows students to get real life experience in a hands-on environment over the course of three consecutive semesters.

"Every student should walk out knowing exactly what they're doing," Lawson said.

Lawson, who has been in the industry for over 40 years, said many contractors aren't properly trained.

He said students should be taught by people with knowledge about the industry.

Lillian Paquette, 47, a student in the home renovation technician program, said she found out about the

program on the Second Career website.

Launched in 2008 by the Ontario Ministry of Training, Second Career offers to pay up to \$28,000 toward the training and education of laid off Ontario residents seeking to get a better job.

"I'm hoping to start my own business, or try getting a job after graduating," Paquette said.

Humber student James de Jong, 38, said he's excited to build a house from the ground up and doesn't mind the 24 person class size.

"You can get more one-on-one time with instructors," he said.

Joe Andrews, campus director, said the program came at an ideal time for the community as the population grows.

"Students are coming in from Brampton and Mississauga," Andrews said.

Lawson said successful students will demonstrate the proper process of a home renovation, including contracts, bylaws, and blueprints.



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# Men's soccer perfectly on pitch

Janjic, Rosario lead offence to 29 goals in only seven games as Hawks continue unbeaten season

**MATTHEW LOPES**  
SPORTS REPORTER

With seven wins, no losses and four shutouts, the men's soccer team is intent on dominating the pitch this season, focused on winning it all.

The Hawks last captured both provincial and national titles eight seasons ago, but that might be about to change.

"We are a much better team this year," said veteran coach Germain Sanchez.

The recent success of the team can be credited to their offensive style of play, which has produced 29 goals in only seven games.

"We play with three forwards, we want to keep the other team busy," said Sanchez, who said he has been impressed with the performance of star strikers Aleks Janjic and Calvin Rosario.

Janjic has seven goals on the seasons, and Rosario was selected as the top player of in the province for the



Matthew Lopes

**Martin Wysocki battles for possession in Humber's 5-0 win at Lambton College on Sept. 27.**

week of Sept.14-20, which saw him score three goals in a 3-0 win over Fanshawe.

Although the strikers have been lighting up the score sheet, the Hawks

play on the other end of the pitch has been nothing short of spectacular.

Returning keeper David Ragno has three shut-outs despite having only played five games.

Backup Nicholas Koutroubis also performed well at the tail end of a two-game road trip where he captured a shutout against Lampton College.

## Hawks reaching for repeat championship

**KEITH HOLLAND**  
SPORTS REPORTER

The Humber Hawks shutout the Conestoga Condors 39-0 in their season opener last Thursday, in what the team hopes is a sign of things to come.

The squad got a great performance out of their rookie fullback Jordan Reid, who scored three tries in his debut with the squad.

Assistant coach Mark Falkinson praised his rookies, who did not look out of place among the many returning veteran players.

Other tries for the Hawks came from wing Stuart Findlay, fly-half Rob Lefler, scrum-half James Thompson, and flanker James Costa.

The Hawks showcased themselves defensively as well, smothering the Condors attack.

Head coach Carey French praised the team for its elite fitness level and

said he was glad to get the team's first-game jitters out of the way.

Though coming off back-to-back gold medal seasons in Ontario, the team underwent major changes this offseason, including a new captain and assistant coach.

But the goal remains the same as ever.

"As long as everyone buys into the system of how we practice and how we play we expect nothing less than gold," said new captain David Lambden.

That philosophy was echoed by the coaching staff.

"The team always consistently improves every year" said Falkinson.

This year's edition of the rugby Hawks 32-man squad features 19 first-year players and 13 veterans.

Lambden said that camaraderie is what keeps the team strong year after year.

"It's not just a rugby team," he said.



KEITH HOLLAND

**Warren Lindsay gets a lift in Thursday's win.**

"It's a big group of friends."

The team continues its push for a third consecutive provincial championship this Saturday in its home opener against the Mohawk Mountaineers.

## Expectations are high for the Hawks' racketeers

**MARK BOWMAN**  
SPORTS REPORTER

Humber's badminton players are facing an extraordinary amount of pressure to succeed not only at provincials but on the national level this season.

"If we don't win a team gold this year at the OCAA's and get some players through to the nationals in Alberta, it would be a failure," said assistant coach Mike Kopinak, who's his fifth year with the team.

"No question we could be better, we have a core group on the men's side that could run the table," he said.

The Wong brothers, Raymond and Mark, two of the most talented players in team history, are returning to anchor the team, as well as team captain Charlie Lay.

Mark was a triple crown medalist - in singles, doubles, and mixed doubles - last season while Raymond won a bronze medal when Humber hosted the national tournament in March.

Raymond, 22, a business management student and a third year player

said he likes the outlook of this year's team.

"We have a chance to win gold at the provincial level," he said. "The team will be even stronger than last year."

On the women's side there is a buzz about one of the top three recruits in the college system, Renee Yip, choosing to come to Humber.

Yip, an 18-year-old fitness and health student said that she does feel pressure.

"Badminton is all competition and Humber has a reputation to keep," she said.

Yip said she chose Humber because she knows they have a strong athletics program and the facilities are top of the line.

Women's captain Rosanna U is also returning.

"She's a great leader who does take control and knows what to do so it's great to listen to her," said Yip.

Humber begins regular season play in the Humber Cup tournament, Oct. 16-17.

## post to post

### OCAA Soccer

Toronto's George Brown is off to a hot start in women's soccer. It leads the eastern division with four victories and one draw against zero losses.

### OCAA Fastpitch

Candice Gatecliffe threw the first no-hitter in St.Clair College history in the Saints' season opener against Mohawk. The team is off to a 7-2 start, leading the OCAA.

### OCAA XCcountry Running

Jon Mason of Fanshawe was named the OCAA male athlete of the week for his performance at the Fanshawe Invitational meet. He finished 12 seconds before his closet competitor.

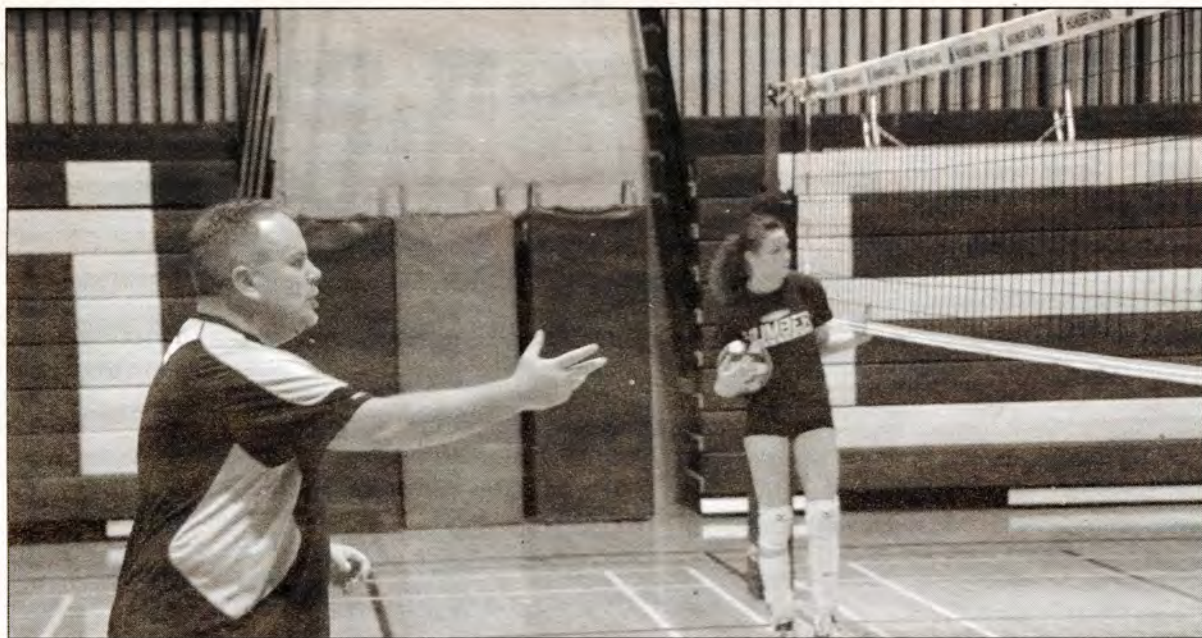
### OCAA Basketball

The Sheridan Bruins began their pursuit of a third consecutive provincial championship on Sept. 26 with a 85-64 victory at home against the George Brown Huskies.

### OCAA Golf

Kayleigh Kramer was named the OCAA female athlete of the week. The Durham College golfer shot a final round 79 en route to capturing the Durham College Open.





Thomas Parisi

Women's volleyball coach Chris Wilkins will lead a squad of young players up against the rest of the province this season.

## Looking for net results

THOMAS PARISI  
SPORTS REPORTER

Rejuvenation and repetition are key words when it comes to this year's edition of the Humber women's volleyball team.

The team is younger and less experienced than in previous years but the Hawks are looking to repeat as provincial champions.

"We have a great crop of new talent," said reigning Ontario coach of the year Chris Wilkins. "Many of our senior players graduated but we're looking forward to growing new talent."

Among the new talent this year is first-year student Kelly Nylhof.

"I'm excited to start playing college volleyball, I've been playing for my old high school and club team but this is new and exciting," she said.

Nylhof said she expects to see some playing time this year but that does not mean she'll taking any short cuts in practice.

"They practices are tough but they

teach us so much so you can't help but do your best all the time," she said.

The team's captaincy is vacant this year and coach Wilkins said it's open to whoever steps up the challenge.

"We've been throwing some names around but haven't made a decision," said the long-time Humber coach, "We will take our time deciding and trying to find the right players."

Former captain Rachel Dumbledam returned to the team this year – but as part of the coaching staff.

"We're very excited to have such a great former player on our staff," said Wilkins. "She brings experience and uncanny talent to the table that the new players can really benefit from."

Dumbledam said she's happy to back with the team in her new capacity.

"The transition wasn't hard because I've only been away from the game for one year," she said.

But there's one thing she might not be able to resist.

"There's definitely going to be times where I want to jump on the court

and help the team but I'll have to hold back."

Over the past few seasons, the coaching staff has been able take advantage of veteran leadership, Wilkins said.

"The players were veterans and they taught the small number of rookies so we coaches almost took a step back," he said. "But this year I can go back to coaching and I feel rejuvenated, that's what I'm looking forward to the most this season."

Hard work, commitment and determination are all the coaching staff is asking of the players.

"If we can do all those," said Wilkins. "I have no doubt in my mind we can repeat no matter how young the team may be."

With new players comes new challenges and new strategies will be tested with this year's squad.

While Coach Wilkins said he would not divulge some of his new plays, fans can see them when the season starts in early November.

## Reno means better facilities for athletes

JEFF BLAY  
SPORTS REPORTER

Humber's athletics department continues to grow with a multi-million dollar renovation to expand the athletic centre.

The 14,000 square-foot addition will include a new cardio centre, change rooms and two fitness studios which will allow more space in the current wellness facility for weight training.

"This is not only a project for varsity athletes — it is intended for the general population," said Doug Fox, athletics director. "We used to think the old weight room was big, but as the college grows, so does the need for a larger wellness facility."

The new centre, originally intended to open in January but now delayed, will be on the second floor of the A building, above what used to be Caps pub. Massage and cosmetics classrooms will be on the main floor, along with the spa program and the health centre.

"We thought about this project about three years ago, and the college reacts quickly to meet the needs of students," said Fox. "C building was

renovated last year to accommodate the old classrooms; the college felt it was a priority to get this project on the go."

With the increase of student population as well as the growing interest in both the Humber fitness and the Guelph-Humber kinesiology programs, the current facility does not have the capacity to accommodate the needs of its users.

"If you come into the weight room at certain times, people will be waiting in line to use cardio machines as well as weight machines; it was just time for an expansion," said fitness coordinator Leanne Henwood-Adam. "I think people were staying away because of how busy it is all the time, so hopefully the expansion will bring more people out."

Humber College contributed \$1 million to cover the expenses of the new classrooms while athletics took care of the remaining \$4.5 million for the new training facilities.

"This is my first year at North, but Lakeshore's gym was small and cramped," said fourth-year business administration student Edward Paulionis, 21. "Seeing the renovations for the new gym here is impressive."

### CALLING ALL FANS...

JUSTIN MILLERSON  
SPORTS REPORTER

The Student Athletics Association is making a push for an increased fan base at Humber by introducing varsity fan club, the Hawk Flock.

The club will give members the opportunity to get up close and personal at the varsity games and with college's athletes. As of September, there were over 850 members. The club replaces the Flight Deck, which folded in 2008 because of lack of interest.

All members receive an exclusive Hawks scarf and will have a chance to win a prize of \$500. Members also have access to priority seating at all varsity home games, free popcorn and "Hawk Dogs" from the BBQ for outdoor games.

The SAA has also announced that they will regularly set up contests where prizes will include Humber Athletics apparel. This is also the first year that sports apparel has been made available for purchase.

"We want to get students butts in seats," said Jennifer Maclam, campus recreation co-ordinator.

## Men's volleyball squad on road to redemption

In first games back since '09 playoff loss, team impresses against U of T in pre-season tournament

KRISTINA RUSSO  
SPORTS REPORTER

After losing in the quarterfinals at last year's Ontario championship, the Humber men's volleyball team is hoping for a bounce-back season.

Tryouts have ended and the team has been established.

This year's roster is definitely not lacking in height.

Eleven of the active players are over six feet tall.

With only six returning players, there are a lot of new faces including Mack Robertson, 18, a freshman whose decision to come to Humber was based solely on volleyball.

"It was either come play here or go back to high school and play volleyball there, so I chose to come here and play."

Robertson, a six-foot-seven middle,



KRISTINA RUSSO

The Hawks spiked a strong showing against the Varsity Blues.

is enjoying his time on the team so far, and is getting support from veteran players.

"I like that there's a mix of ages,"

eh said. "Rookies can come and jump right in because there are a lot of veterans that can help them out."

Hawks assistant coach Hank Ma is happy with the look of this year's team.

"I think this year's team is pretty decent. I think they're positioned to do very well — a very balanced team," said Ma.

The Hawks travelled to the University of Toronto on Sept. 25 for an exhibition match-up against the Varsity Blues, who the Hawks hadn't beaten in three years.

The Hawks entered the fourth game down two sets, but defeated the Blues by a commanding score of 25-16, to forcing a deciding fifth game.

The Hawks came up short in the final, losing 15-12.

Head coach Wayne Wilkins said he used the game to give the rookies the

opportunity to prove themselves, and he was not disappointed.

"We played well — We saw a lot from a lot of guys. We looked a lot more prepared than I thought we were going to," Wilkins said. "This was definitely the best time we've ever played them."

Rookie Terrel Bramwell, contributed a bulk of the offence.

"For the most part he did everything we asked him to. He's offensively talented, there's no doubt about that," said Wilkins.

The Hawk's next game is an exhibition match against Humber alumni on Saturday.



# Stakes high, spaces low for would-be hoopsters

Hopefuls, veterans battle for coveted spots on the men's basketball squad

**JASON NOVICK**  
SPORTS EDITOR

Men's basketball tryouts have arrived, and head coach Darrell Glenn thinks sophomore hopeful Ron Gabay will play a significant role on this year's team.

"In terms of his basketball ability, I think the sky's the limit for Ron," Glenn said of the returning forward. "He's a great rebounder, can pass the ball well, can hit the mid-range jump shot. One of his greatest strengths, I feel, is to get up and down the floor."

Gabay also gets a glowing endorsement for his hard work and academic achievement. Glenn refers to him as

one of the team's hardest working players in the post, (saying that he runs the floor extremely hard). He also said he is an "exemplary" student-athlete and an honour-roll student.

Gabay lists his defence and his hustle as his strengths, citing former Toronto Raptor Anthony Parker as a player he tries to emulate.

He said, however, that making the NBA is not his dream. After graduation, the second-year industrial design student hopes to move to Europe and work as a car designer.

Of his academic achievements, he remains confident that he can balance it with his athletic success.

"It's tough, but if you like something, I believe you can find the time and the passion to do both."

According to James DePoe, varsity basketball co-ordinator, approximately 60 walk-on students are trying out for the team, in addition nine high school recruits and nine return-

ing players. With only 16 spots on the roster, this raises the question of whether veterans like Gabay have an advantage going into tryouts.

Assistant Coach Ajay Sharma said there's more trust in returning players than new ones.

"Definitely, they have an advantage, because of the familiarity of knowing how hard they have to compete, how fast the game is played," he said. "Rookies really struggle with that early on."

"They're definitely evaluated differently based on what year they're coming back, how much work they've done on improving in the summer-time."

And does Ron believe he has an advantage coming into tryouts?

"I think it's different after playing one year," he said. "You gain some experience and it helps you, but there's always competition, so you've got to play hard."



Jason Novick

**Rob Gabay takes aim at a top spot on the Hawks basketball team.**

## Women's team small but mighty

Players hope their speed will help them overcome their height disadvantage

**UWAIS MOTALA**  
SPORTS REPORTER

The Humber Hawks women's basketball team will have to create speed to overcome their height disadvantage during the 2009-2010 season.

The women's basketball coach Denise Perrier said that the team's height, which averages around five-foot-six to five-foot-nine, is going to be an obstacle to overcome against teams like Sheridan and Seneca.

"Our weakness could also be that we're young," said Perrier.

Last season, the Hawks had 14 rookies on their roster and six of those should return this year.

The team also recruited two new players and have ten new rookies this year, yet they are still small.

But Perrier said she believes the girls want to win and have the right attitude to work as a unit.

"I think a lot of the girls want to compete," said Perrier. "We have better shooters."

The players also said the team has good chemistry going into the season.

"We have camaraderie," said new-recruit Rebecca Dietrich, 19, who is in her first year of paramedics.

The Hawks' goals for the season will not be easy to accomplish — they're looking to finish top-two in the west division and get back to the provincial championships.

They finished fourth in their division last season and were eliminated by the Seneca Sting in the quarterfinals.

Most of the rookies will have to be more competitive because college basketball demands more from its players than high school.

Dietrich said there is more intensity in college basketball than in high school.

The season is longer than high school and the girls must work hard on speed, movement of the ball and intensity in a physical environment.

Team captain, Michelle Commandant, second-year kinesiology student, said that height and inexperience are both strengths and weakness.

The 19-year-old said veteran players like Maria Suriani, Alyssa Ferreira, Aindrea Barrett and Trisha Taylor will have to help rookies on the court and use their speed.

Perrier said she didn't know who will become the starting five for this year and that it's too early to know how they will manage their inside game versus bigger teams.

The Hawks begin their pre-season next week with a tournament at Vanier College in Quebec.



Michael Prestia

**Mike Zizek admires his drive during the Humber Invitational.**

## Hawks soar at the National

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Stirling's David Booth had the tournament's best individual score at 153, while Hawk James Castle had Humber's best finish with 158, two strokes behind University of Waterloo's Garrett Rank.

Humber's partnership with Stirling began at the 2008 World University Championships where Chateau met Raleigh Gowrie, Stirling's sports performance manager.

The two sat down at the Gary Player Course's Halfway House in Sun City, South Africa and discussed the idea of an exchange.

Stirling's visit to Canada comes six months after Humber made the initial journey across the Atlantic. In Scotland the Scottish National Championships, where Hawk All-Canadian Mark Hoffman finished third.

Chateau said the trip paid dividends both on and off the course.

"It was great in terms of golf, but it was great in terms of culture and life experience and building those lifelong friendships that are taking place right now," said Chateau.

Stirling head coach Gordon Niven said the partnership gives his team the opportunity to face good competition outside of Britain while playing at top courses.

"Canada is so attractive because of the quality of the venues, the golf courses and the facilities in the Ontario area" said Niven. "It gives our boys more experience of a different type of golf course, a different type of grass and stronger competition so it could only help our program."

Stirling plans to fly home today while Humber continues to prepare for the OCAA Championships next week.

## Men's B-ball team set sights on finish line

**MATTHEW INGRAM**  
SPORTS REPORTER

Hopes are high for Humber's men's basketball team as they prepare for the upcoming year and look back on a fantastic 2008-2009 season.

The Hawks defeated the Algonquin Thunder in the finals last season to win its third OCAA championship in five years and placed 11th overall in Canada.

"I'm pretty confident this team has the ability to win," said Doug Fox, director of athletics. "The team has a very good returning nucleus this year. It's a deep team with a lot of toughness and it has great ability to improve."

Fox, however, expects a number of

opponents to provide competition for the Hawks this year including the Fanshawe Falcons, Saint Lawrence-Kingston Vikings, Algonquin and the Sheridan Generals, who have played Humber in the finals many times.

Head coach Darrell Glenn, who was named CCAA and OCAA Coach of the Year, offered up his own thoughts on the upcoming campaign.

"It's important to set individual goals and to work as a team," he said.

One of his assistant coaches, Shawn Collins, also gave his thoughts.

"The team has a real good balance of rookies and veterans this year," said Collins. "The team has to be constantly challenging itself in order to be successful."

And Glenn wasn't the only Hawk



Matthew Ingram

**Players toe the line in hopes of triumphing at nationals.**

to rack up some off-season accolades. Fourth-year forward Jadwey Hemmings was named the OCAA Top Defensive Player.

"I would say that Jadwey Hemmings is the most under-recognized player in the league," said Fox. "He makes or breaks the team."





Michael Prestia

Humber's Mark Hoffman tees off on the final day of the Humber Invitational. The Hawks won the tournament, which included a top team from Britain.

## Hawks soar at the National

**MICHAEL PRESTIA**  
SPORTS REPORTER

Humber played the ungracious host at the National Golf Club of Canada this week, defeating some of the best student golfers of Ontario and Britain during the Humber Invitational.

Shooting from the furthest tees, Humber finished with a two-day total of 633 strokes, ten strokes better than second place Universities of Ontario All-Stars and 12 strokes ahead of British university champions, Scotland's University of Stirling.

Humber's victory came despite a soaked course and fierce winds.

"We did great, these were some of the hardest conditions I've ever seen these guys play in," said Humber head coach Ray Chateau. "It's the hardest golf course in Canada, the wind was

over 40 km/h and they still played it from over 7,000 yards."

Humber captain Mike Zizek said his team's depth was the reason they came out on top.

"Any one of our guys can step up if another is having a bad round," said

Zizek. "On any given day our number one guy can beat our number five, and vice versa."

Stirling, who flew in from golf's birthplace 10 days ago and finished the tournament with 645 strokes.

■ Continued on page 19

## Women's footy team takes aim at top spot

**ANGELO MAZZIOTTI**  
SPORTS REPORTER

After winning a bronze medal at the national championship last year, the Humber Hawks women's soccer has returned to the pitch as the number-two squad in Canada.

It's the program's highest rank ever, but co-head coach Vince Pileggi said he is taking the honour in stride.

"Being ranked number two is a great honour, but it comes with a lot of responsibility," said Pileggi. "Other teams are going to be gunning for us - we have to continue to work hard."

With Humber hosting this year's national tournament - as well as the core of last season's championship team returning - the coaching staff said the team has a good chance for repeat success.

The aim is always to put the best team out there, said co-head coach Mauro Ongaro.

"The goal going into this year is

to repeat at provincials, and with 12 returning players, we feel that we have a realistic shot at winning nationals this year as well," he said.

Ongaro also said this year's team will be an aggressive, attacking team.

"We're going to be in your face," Ongaro said. "We have a very offensive style of play, always moving the ball forward."

Rose Mary Ormeno, last year's Ontario Colleges Athletic Association women's goalkeeper of the year, is back in net, with the reigning OCAA women's defensive player of the Year Joanna Alexopoulos returning to the backfield.

Humber's 9-0 victory at Lambton College on Sunday raised their record to a perfect 6-0-0 in league play.

Six different players found the back of the net, including a beautiful strike from Keyla Moreno who tallied her team-leading ninth goal.

Both head coaches were very

pleased with the win.

"I think we looked a little fatigued coming off of the back-to-back games but I liked the way we responded today," Pileggi said.

Ongaro credited the team's balanced roster with the victory.

"We have a lot of depth on the team this year," Ongaro said. "It's always nice when you have that. I think today's result shows that."

Assistant coach Filomena Aprile was pleased with the way things are going but said there is always room for improvement.

"We still need to work out a few kinks," said Aprile. "Just things like getting first-year players adjusted to our style of play - but we have a great core who knows how to play and want to win. Things are looking good."

Students can get a good look at the team when they start a five-game homestand on Thursday against the Sheridan Bruins.



Angelo Mazziotti

Brittany Szczerbakow and the Humber Hawks are head and shoulders above the competition.