

**Joven  
Trivia  
Quiz  
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FEATURE EDITION  
**Coven**

Vol. 11, No. 52  
Thursday  
April 21, 1983

HUMBER COLLEGE OF APPLIED ARTS AND TECHNOLOGY

**sac**

SEE PAGE 3

# Athletics review due

**Story,  
page 2**



TOM GODFREY

**Two points!**—Technology student Brian Schopf heads for the hoop as he makes good use of Humber's athletic facilities.

**Oh no!  
It's  
that  
time  
again**

## Inside Coven

Many students at Humber think CAPS has problems. We should just be thankful we're not enrolled at Centennial. That college just had its Thursday night pubs cancelled because of continuing financial losses. To top it off, former Centennial pub manager Wayne Rumpton is suing the college for libel, slander, and improper dismissal.

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Many Humber students, including SAC President John Marcocchio, say they're annoyed at the college policy of recording students' class attendance. However, Applied and Creative Arts Dean Carl Eriksen says mandatory attendance is necessary because it's vital for students interact with their instructors.

See page 2

Humber's new Vice-president of Educational and Faculty Services, Dr. Roy Giroux, started his career as a professional baseball player when he signed a contract with the Chicago Cubs back in 1955. Now, he's at Humber, a college he believes is one of the top colleges in Canada. Giroux says he plans to do his best to keep us at the top.

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When Vice-president Academic Tom Norton came to Humber from graduate school, his first assignment was to supervise the college's new night school program. He had two weeks to lay down the groundwork for what he now claims is Ontario's biggest night school program.

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Anorexia Nervosa, the psychological disorder that causes many young women to fanatically diet themselves literally to death, could be affecting one in every 200 high school and college women in North America. Coven reporter Ruth Johnson takes a look at the illness and its implications.

See page 6

Last Thursday, pub-goers got to hear all the hits as performed by The Features. The one-year-old band is currently touring Ontario's Heritage Highway, but they say they like playing the colleges the best. Eventually, they hope put out their own album and tour Europe.

See page 7



GARY HOGG

**Catch up time**—This extended school year is almost at an end and, in the true tradition of college goers, students will be spending their last few days working at finishing off all those assignments that were due last month and preparing for final exams. Fret not, 'cause in a few weeks when you're out there working for the summer, you can look back at these days and laugh. Well, maybe not.



# NEWS

## Athletics get decade check

by Mark Pavillons

Humber College's Athletic Department will be re-evaluated for the first time in almost 10 years, said Co-ordinator of Student Affairs-Alumni, Paul McCann.

McCann said he brought the matter up at the Council of Student Affairs (CSA) meeting held April 6 because he felt it was time to take a fresh look at the department.

"It (athletic department) has worked well for the last 10 years and basically, what we've discussed at the CSA meeting, is that maybe it's time to re-evaluate it," McCann explained. "In any institution, these things should be re-evaluated at least every 10 years, maybe every five years."

McCann said he thought the CSA was the appropriate body to, at least, initiate this re-evaluation. McCann said President Robert Gordon, who appoints administrators to the CSA, was sympathetic to the review.

McCann said it might be a good idea to have Rick Bendera, Director of Athletics, sit on the CSA next year.

"We may discuss it in that type of format without an official sub-committee," McCann said. "It'll take some time to do a proper re-evaluation. We'll have to look at other colleges and structures and try to put it all together. Maybe we'll come up with a slightly different governing structure for the athletic department and a way

to allow more student input."

Asraf Gamal, Students Association Council (SAC) liason to the athletic department said he is pleased with the suggestion of the re-evaluation. He noted that although there has been a lot of changes and improvements in the college over the years, athletics has remained much the same.

"There have been a lot of changes since the 70s," Gamal said. "I don't think the policies (of the athletic department) that were written in the 70s should be applied in the 80s."

McCann explained that athletics used to be run by the Student Athletic Movement which was a kin to what SAC is now. By 1974, the college had grown and there were more demands for athletic programs. The Athletic Department was later formed as a separate entity and received direct funding from the college and direct control of student activity fees.

Gamal said the athletic department needs student feedback and opinion and would like to see a person appointed to act as a formal direct contact between SAC and the athletic department.

"The unfortunate fact is that as athletic liason, I'm often ignored," he said. "What I'm looking for is a formal relationship between the two departments. Hopefully, the CSA will find an answer."

The last time the athletics department, its programs and its philosophies were re-evaluated was in 1974.

## Pub problems at Centennial

by Robert Kubinski

Last week's cancellation of Thursday night pubs at Centennial College's Progress campus has led to both criminal and civil charges involving the Student Association, the college, and the school's pub manager.

Student Presidential Advisor Stephen Williams said pub manager Wayne "Bud" Rampton is suing the association for libel, slander, and improper dismissal. He said Rampton has also filed a suit against the college for contractual intervention.

According to police sources one student filed a criminal threatening charge against Rampton. Williams said the charge was filed after several students were threatened.

Williams added that all of the charges stem from events which took place last Thursday.

The Student Association's Board of Directors (BOD) decided to suspend the Thursday night pubs because of financial losses. The pub, which operates only on Thursday nights, had a deficit of \$29,000 as of March, 1983.

Williams also explained that Rampton had recently been the target of severe criticism by the school newspaper, the Oracle.

Several articles and editorials in the paper charged Rampton with poor perfor-

mance and loss of revenue," he said.

According to Williams, Rampton had broken the law and endangered the college's liquor licence.

"He put the liquor licence in jeopardy by purchasing beer outside of the normal channels. This is illegal according to the Liquor Licence Act. He had complete autonomy over the pub. We (Student Association) weren't able to make any decisions."

Williams said Rampton's actions of purchasing the pub's beer supplies at a local Brewers Retail was in response to a possible beer strike last February.

"He told the BOD he bought the beer at an outlet and that it was legal, but it wasn't," he said.

Both the fire marshal's office and the health inspector visited the pub after it was learned Rampton had purchased the beer from the outlet.

When the student BOD decided to suspend pubs, Rampton was also suspended without pay. Williams stated that the salary for the pub manager was "\$26,000 annually for a pub that operates one night a week."

After he was suspended, Williams said Rampton offered a deal to the student BOD.

Williams said Rampton would waive his salary for the

summer, approximately \$7,000, and try to get the pub back on its feet again.

He said the BOD decided to accept Rampton's proposal because it would save money. The board had agreed to open the pub on a probationary basis and if it made money or stayed at a constant financial level it would remain open. However, if the pub lost money it would close.

According to Williams, the college president I.V. McCauley vetoed the new proposal because Rampton had already jeopardized the school's licence. Williams said the president was concerned because the operation of hospitality courses such as bartending was at stake.

However, McCauley denied this was the only motivating factor behind the administration's decision and said: "it was a host of reasons". He added that the administration does not like to become involved in the student government affairs.

It was after the administration's actions that Rampton decided to file civil suits against the Student Association and the college.

Williams said there are bad feelings between Rampton, the college, and the student government.

Rampton could not be reached for comment.

## Attendance crucial: Eriksen

by Lea Jacobson

If students are mature enough to be in college, then they are mature enough to decide whether or not to attend class without being marked on an attendance sheet, Students Association Council (SAC) president John Marcocchio said.

However, Carl Eriksen, Dean of the Applied and Creative Arts (ACA) division said attendance

has always been a part of the marking scheme and will continue to be a part of it. He added that marking attendance is generally left up to the individual teachers.

Eriksen said the interaction between students and teachers is of primary importance in the learning process and students that don't come to class miss out on important discussion.

However, the Dean said he

recognizes that it is not necessary that students show up for class, in order to get good grades.

"If attendance wasn't part of the marking system, I would get much better marks. I don't have to come to class to get the work done," said second-year Theatre Arts students Kim Nelles.

"What is more important; the student's grade, or what the student learns in class?" Eriksen said.

"It depends. If you don't attend any classes and get 80 per cent in the course, then there is something wrong with the class," said Ruth Johnson, a second-year Journalism student.

But president Marcocchio maintains that students are disciplined enough to make it to their classes, and if they don't, it's their own loss.

"People should not be penalized for not attending classes if their grades are up to par," Marcocchio said.

Ann Marie Hillis, a first-year Graphic Arts student said she feels if students get their work done and handed in on time, it's acceptable to miss classes once in a while. However, she did admit that if a student misses classes, he might miss out on some vital instruction.

"For instance, I wasn't here on Friday and we were given a really important project," Hillis said. "Now I have to go search out some instructors."


Eriksen said that using attendance as part of student evaluation may change in the future.

"I feel educators will always believe that attendance is crucial for learning to occur," Eriksen said.

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BY  
STEPHEN  
GILL**

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**APPEARING  
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**APRIL 21-23**

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**EDWARD,  
HARDING,  
AND McLEAN**

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**Appearing next week  
Captain Courageous**



## Humber's latest vice-prez plays administrative ball

by Mark Pavilons

He signed a bonus contract with the Chicago Cubs in 1955 and played baseball in Texas and Oklahoma in the farm system. Just last year, he won the Sports Canada Outstanding Service Award for Contribution to Girls' Fastball.

A long way from baseball, Dr. Roy Giroux is Humber College's newest addition to administration, taking the helm in the newly-created position of vice-president of Educational and Faculty Services.

Giroux's contribution to sports only complements his impressive academic career which spans more than 20 years. He taught at the secondary school level in three schools, he directed guidance services for the entire Windsor Board of Education. He spent 13 years as an administrator for St. Clair College and his positions included Registrar, Director of Student Affairs, Dean of Student Services, Dean of Adult Retraining and Vice-President and Dean of Community and Industrial Services.

He has a B.A. in English from the University of Windsor, a B.P.E. from McMaster University, a M.Ed. from Wayne State University, and a Ph.D. in Guidance and Councelling from Wayne State. He is also an accomplished author and lecturer.

Giroux said that he thought Humber College is positioned as one of the top colleges in Canada. In order to maintain this standing, it was believed that additional executive personnel were required and so his position was created.

"It's a matter of maintaining Humber's operations and at the same time, trying to posture yourself for the future," Giroux explained.

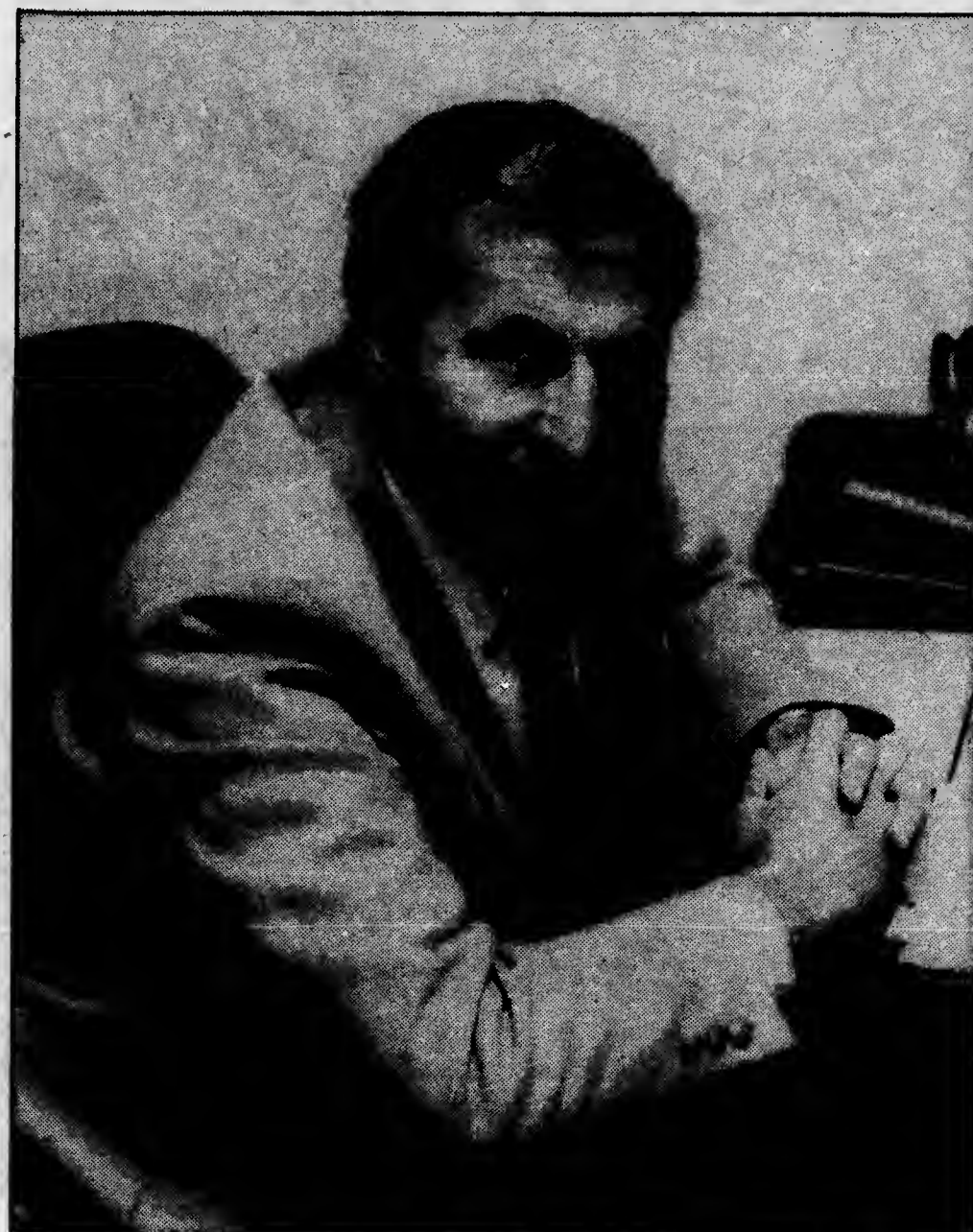
The 46-year-old administrator has had experience in creating staff development programs and he's doing just that at all levels of Humber's organization.

He said that things are changing so quickly that learning styles have to be addressed.

"We're living in a very fast-moving society and if we're going to continue to provide a quality graduate, then renewal or staff development is critical," he said.

One way to do this, Giroux added, is to let faculty do it on their own, but he prefers to be proactive and doesn't want to let staff development happen by accident.

"We're going to plan it and we're going to be supportive of it," he said. "That's one way of saying your people are the most



MARK PAVILONS

**New addition—Roy Giroux is Humber's new Vice-president of Educational and Faculty Services. The 46-year-old administrator brings to the college 20 years of academic experience.**

"We're in a very competitive mode with other community colleges, there are shrinking dollars," he said. "We want to pull our marketing together so we optimize, for the benefit of this community and the benefit of students."

Although student life is rich at Humber, Giroux said the student service programs, which support student life, have never been integrated. He said it's important to provide a strong student services unit and instructional programs in order to support student life, and also make sure the needs of students are met.

Giroux said he will be working with a variety of groups including students, faculty, administration, the Board of Governors, school systems and their guidance counsellors and the Ministry of Education. He added that he's exploring the idea of working with

universities in an attempt to offer masters programs on campus to provide graduate degrees for faculty.

Since starting at Humber on April 4, Giroux said his schedule has been hectic. There's a lot of things to learn, a lot of people to meet and part of it is getting to know the system, he added.

"You have to work with the people because that's what makes the place go 'round," he explained. "A place is only as good as the people."

Giroux said he's looking for the challenge of working with the president's senior administrative team to provide a climate that is productive for students and faculty.

"In terms of the future of Humber, I'm excited and delighted to be a part of it," he said. "It's a fast-moving organization."

### CHINESE FOOD

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HUMBER 27 PLAZA



# Coven

J. I. Smith, Co-ordinator, Journalism Program  
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 Established 1971

## Policy justified

New students enter Humber and are perplexed by college policy—80 per cent attendance in each class is compulsory. Compulsory attendance is something they left behind in high school. Fortunately, it is justified.

A common argument is that students at a college are responsible for their own actions. Of course most students are responsible enough but the rule is in place for those who aren't. Obviously, enough students are responsible enough or the rule wouldn't be in there. Attendance is something which is earned and the student must feel that students haven't earned it yet. The rule is there for those who abuse it, not those who are responsible.

Some leaders claim that the level of post-secondary education is on the decline. If education is on the decline, why should we afford to miss a single class, let alone a semester's classes.

There are classes where attendance is a pain. Classes familiar with Mickey Mouse courses and how to get by with more than our intellect. There may be some who justify mandatory attendance for those courses. Where do you draw the line? Attendance for some is not for others? How would you decide which classes should not have mandatory attendance?

Argument against compulsory attendance is the student who loses and he is the one paying, so he has to be wed to decide. True. But that is only one side. The teacher who spent extra hours preparing for a class and how they felt after preparing a lecture for only half a class show up.

There is the reputation the college receives if students who are not qualified. Graduating and being underqualified can happen. Students don't have to attend to keep up with the current attendance regulations. The future students suffer with underqualified students who get into the workplace. How willing is an employer to hire another Humber graduate if the one hired wasn't up to snuff? Chances are he's not.

Even in today's Coven, SAC President John Marhat if a student marks are "up to par" then attendance shouldn't matter. However, borrowing a class to study isn't a new idea. Borrowing some of the student's 60 per cent goes into the books as a pass. How much did the student learn?

Argument into perspective. If you found out your attendance dropped 30 per cent of his classes, would you go to school or would you change?

Independent college newspaper, is produced twice a week for the students of the Journalism Department.

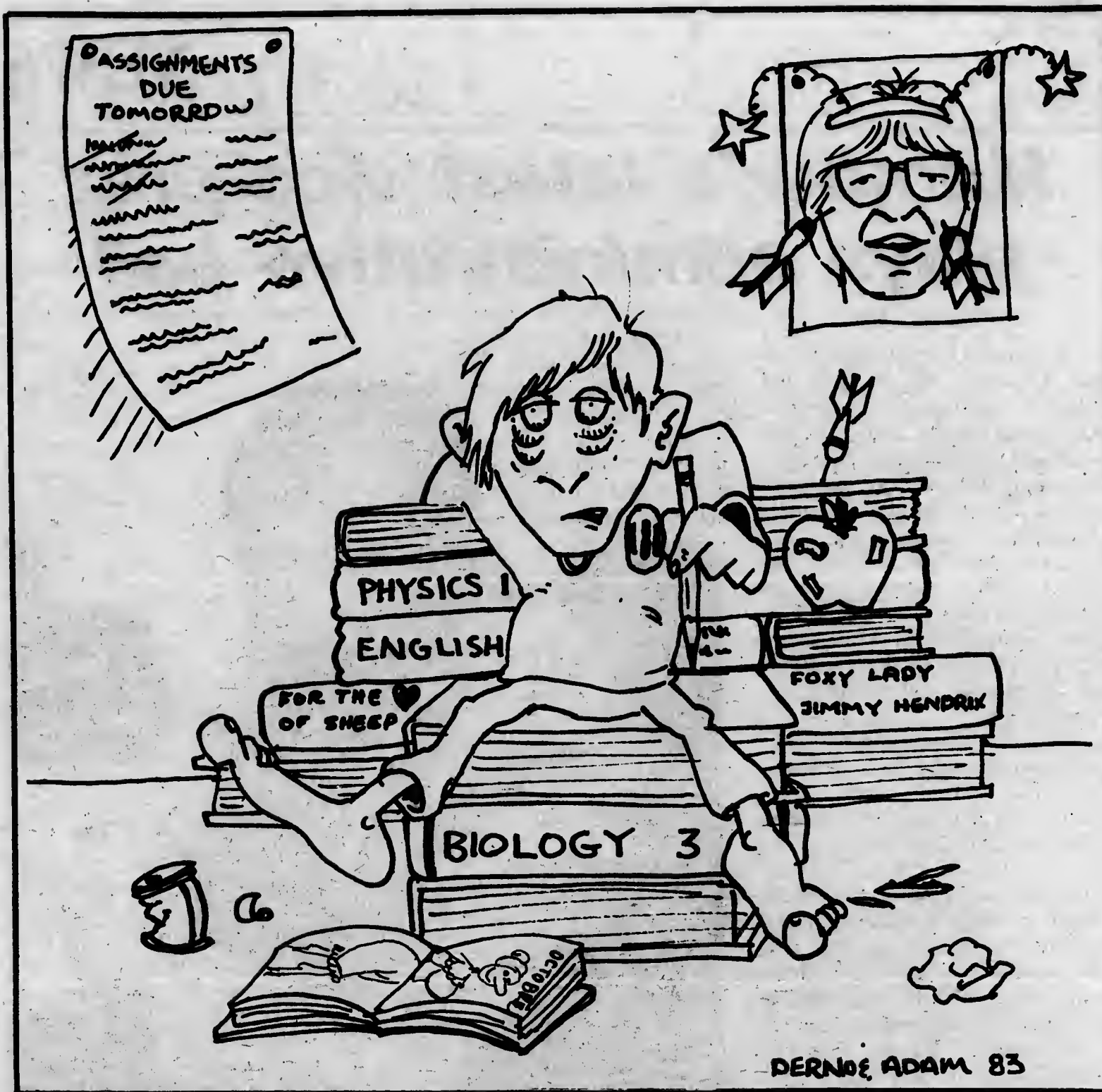
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Thursday, April 21, 1983

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DERRON ADAM '83

## Speak Easy

by Cynthia Powell

*I turn 21 this week and am I ever scared!  
 I promised myself it wouldn't mean  
 anything to me and that I wouldn't worry.  
 But, I sat around too long one day with a  
 cup of coffee and started thinking.  
 Wrinkles, sagging, babies, marriage,  
 LIFE.*

*Everyone says: "Hey, now you're  
 legitimate. Now you can drink in Michigan."  
 Whoopee!*

*I say wrinkles, sagging, babies...  
 I would have been O.K. if not for this  
 month's Glamour Magazine. They had a  
 special segment on—oh no—WRINKLES.*

*I'm afraid to laugh, smile, cry and just  
 generally breath for fear of WRINKLES.*

*I nearly quit smoking this time when I  
 read it causes itsy bitsy weeny WRINKLES  
 around your mouth.*

*Not only am I worried about WRINKLES,  
 I'm panicked about sagging.*

*I went home and worked out so hard I  
 cried, then I remembered the WRINKLES.*

*And babies. I can hear my mother now,  
 "Well, you're a young woman—you'll have  
 to think about BABIES."*

*Thanks Ma, I'd rather think about starv-  
 ing in the desert, being hit by a bus or  
 WRINKLES.*

*Besides, when you think about babies, it  
 may just be wise to think about marriage.  
 Marriage means many, many  
 WRINKLES.*

*Now, life is a whole other story.  
 Did you know that LIFE stands for LINES  
 IMBEDDED FOR EVER (in your face, your  
 neck, your stomach—after the BABIES.)*

*Listen, I vowed not to hang around any  
 longer than 40—maybe 45—I got so scared  
 of WRINKLES.*

*So, here I sit smoking and frowning while  
 writing.*

*I know it sounds neurotic to be worried  
 about these things. It's really nothing new  
 for me. I just wish I hadn't lingered over  
 that coffee and I wish I'd never heard of  
 Glamour Magazine.*

*When I really think about it (don't frown  
 when you think hard) I know in my heart  
 that WRINKLES are a beautiful (if un-  
 necessary) sign of maturing.*

*Besides, if all I have to endure are a few  
 WRINKLES while living, marrying, having  
 babies, I think it is truly worth the  
 WRINKLES.*

*Happy Birthday to me. Ooops, don't sm-  
 ile too hard.*

## LETTERS

### Hearing impaired receive \$1,000

Dear Editor,

On behalf of the Canadian International Hearing Services and the hearing impaired children of St. Vincent, we would like to extend a

big 'thank you' to all those who participated in Hearing Awareness Day on April 7. A special thanks must go to Wayson Choy for 'Totems and Taboos'. The \$1,000 raised will go a long

way towards helping the hearing impaired of St. Vincent.

Sincerely  
 Bud Watson and Gordon Kerr  
 Business Division

### No meeting downtown: Club prez

Dear Editor,

I am the president of the new Chinese Student Association. I would like to clarify a few points in regard to an attack which was launched against me in the April 4 edition of Coven.

The Chinese Student Association is a recognized club for the

Chinese students. The club has been mandated to serve as an agent to improve the working relationship between the Chinese students and all students on this campus. It holds as its first priority the goal of facilitating the cultural exchange between this particular ethnic group and

other groups.

Now that we have clarified our policy, let's turn to the letter of Lay Lim, who was charged that "some events...have recently taken place without any justification." He wants these events to "be justified or rectified." Ok. Here's the



# The birth of Humber's night program

by W. Anthony Poland

Fifteen years ago, William Davis, then Ontario minister of education, decreed that this province should have colleges; an act of legislation made it so.

The idea was to provide those not attending university an alternative form of post-secondary education whose basis was practical, as opposed to theoretical. Born of the same concept was night school education for colleges. Both the day and night college courses met with a fair bit of opposition from people unsure of its intent.

Tom Norton, Humber's vice president of academic, has been with the college since its inception in 1967 and he, more than anyone else at Humber, knows the problems of establishing a night school program. Fresh out of graduate school, Norton was

thrust into the role of night school supervisor, a responsibility which lasted two weeks. During that time he laid down the basic groundwork of what he now claims is the biggest night school program in Ontario.

While it can certainly be said two weeks is a short period of time in the overall scheme of things, one must appreciate the work involved in getting the proverbial ball rolling. Of the many jobs Norton had, which included creating new courses to finding new teachers, one of the most difficult tasks was trying to find acceptance for the college system.

"We were starting a whole new enterprise. No one had marched the streets for there to be colleges, it was an act of legislator. We had to develop things, prove ourselves, my gosh, win our



Still growing—Vice-president Tom Norton recalls the birth of Humber's night programs when only a few business courses were offered.

## Humber: Yesterday and Today

places in the sun, all very quickly," said Norton.

The original night school concept was, in part, a carry over from high school night school programs, claimed Norton. The typical "basketweaving" courses, such as ceramics, were included at the college level along with credit courses in subjects like business.

"The tradition of colleges was borrowed, in some ways certainly, from the (high school) night schools. Certainly in terms of our non credit programs," he said.

With "a mandate of the college to serve both the regular day students and the community", part of Humber's responsibility was offering a broad range of evening studies, said Norton. It was difficult at the beginning, he recalled, because of a negative connotation of community colleges.

"When colleges first came on the scene, the idea of people in non-university courses trying to get credentials that would improve their opportunities in the work place was fairly unusual. That was really a credibility issue that the colleges took, I'd say, eight to 10 years to overcome.

"The image was you went in and did ceramics and things that went on typically in high school. A bit of motor mechanics for fun, neuro-surgery for fun and profit. The idea of recreational things that you want in to have fun."

The economy, said Norton, helped a great deal in giving Humber's night program some credence. He noted that people now have to improve and update their skills just to keep up with changing technology and maintain their proficiency in their jobs. As well, industry has come to appreciate the work Humber has done with employees of its companies. He said this college's night school program has won credibility with local industry.

"That happened simply with graduates or people who completed night courses here. Personnel managers, people in positions of influence in the company would say 'hey, these people taking these courses are better, they're more productive, they're making a larger contribution to the environment, these courses must be good,'" said Norton. "One of the things that really told us how much that was changing was the degree to which industry

were paying the night school fees for their employees."

Of course, establishing credibility with the workplace was not without hard work. In the first year, Humber's credit program centred around business, said Norton.

"It was a fairly small offering," he said, because of the lack of space, time and teachers.

Developing new courses was the foremost in Norton's mind when he was in charge of the program, he said.

"Sitting in a bath tub at home, dreaming up ideas of what might work," was one of the most vivid memories Norton has about early days at Humber.

And Norton also remembers the lighter side of starting from scratch, such as moving to the college's main campus in Rexdale. At the time, the area was not yet developed, so he thought

night school students would be apprehensive about travelling to the college.

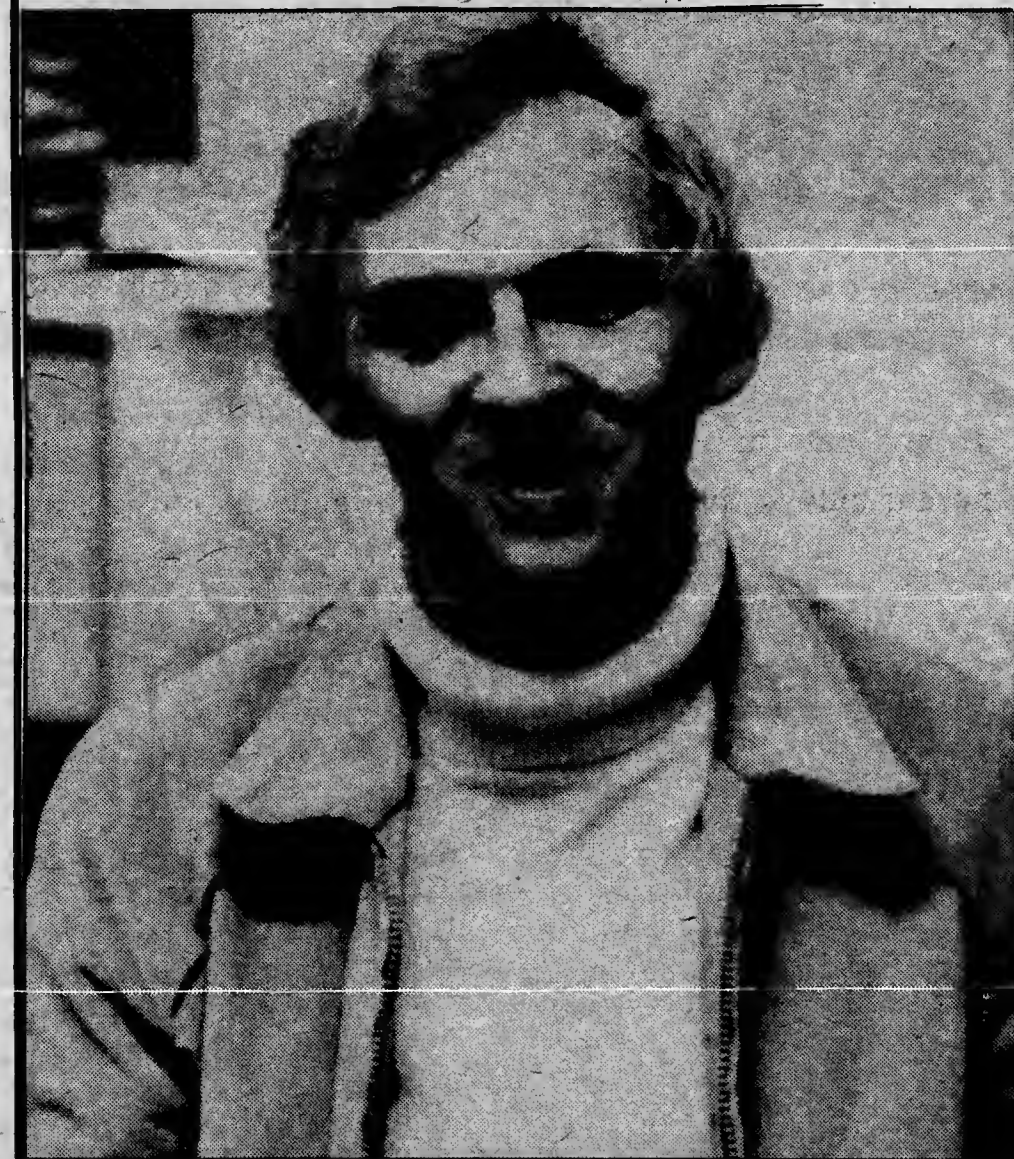
"This was the middle of nowhere and I said 'how in heck are we going to get night school students to drive what seems to be half-way to Barrie?'" lamented Norton.

He even remembers some of the reaction by the students to the new building.

"We had people come in with pieces of their exhaust system saying 'who's going to pay for this?'" he said with a laugh.

But over 16 years, Humber has improved, growing with the times, said Norton. He noted that something that started with only a handful of business credits has expanded to include everything from food hospitality to computer courses, moving Humber to the number one position among Ontario college night schools.

## Trivia Quiz



What, no radio questions?—Humber radio instructor David Spencer scored 11 out of 15 on this week's Trivia Quiz. He missed the football questions but he knew what the Americans paid a "cool" \$7 million for. Answers on page 8.

1. What musical instrument did Sherlock Holmes play?
2. What city did Dick Clark's American Bandstand originate in?
3. What did the U.S. buy for \$7.2 million in 1867?
4. What inventor said: "Genius is one per cent inspiration and 99 per cent perspiration?"
5. What do resurrectionists steal?
6. How many pints are there in a quart?
7. What was John Wayne's last movie?
8. What did Clarence Birdseye perfect in 1924?
9. What football coach said: "Winning isn't everything—it's the only thing."?
10. What trophy is awarded to the winners of the Super Bowl?
11. What state contains the geographic centre of the U.S.?
12. Who did Squeaky Fromme try to assassinate?
13. What part of the human body is most commonly bitten by insects?
14. Who played the most games for the New York Yankees?
15. What were the first words spoken from the moon?

## LETTERS

background.

On April 7, 1983 a first meeting of 23 interested students was held in room H334. In this meeting, the mandate of this club and the duties of the executives were formulated and discussed.

The positions of president, vice-president, secretary and treasurer were opened for nomination. Only the individuals elected as president and secretary agreed to accept their positions.

A second meeting in which the by-election of vice-president and treasurer was held a few days later. Before this by-election notices were posted throughout the campus announcing the purpose, date and location of this meeting, and at subsequent meetings, the positions of president and other executives were

not challenged.

Based on rumors, Lay Lim accused us that "at least one meeting has been held not on the college's grounds but somewhere in downtown Toronto." We assure him that not a single meeting was held in downtown Toronto. There was, however, a social gathering that we had in downtown Toronto!

This gathering had no agenda, nor any minutes. There was dim sum and tea, but no official business.

In replying to Lim's question, "What qualification does a fresher student have to be capable and responsible for this position?" I'd like to say that enthusiasm is everything and hard work should outweigh any arbitrary qualification. We, in this club, are working

very hard for the benefit of our members and of other students. We would appreciate any help and input that may be forthcoming.

May we now invite Lay Lim and others to join our club, rather than merely to criticize unreasonably from the outside.

President,  
and The Chinese Student  
Association Executive

Coven welcomes the opportunity to publish your letters. The Coven office is located in room L225. Submit your letters to the office on Mondays and Wednesdays before 6 p.m. We reserve the right to edit all submissions to ensure quality and taste are maintained.



## FEATURES

# No class boundaries for anorexics

by Ruth Johnson

Night after night, 16-year-old Rebecca, an honors student at a private girls school in Montreal, budding pianist and active equestrian rider, sits at the dining room table and picks over her dinner.

Within 20 minutes, after forcing down a few small mouthfuls of food just for the benefit of her parents, she will hurry off to the washroom, stick her fingers down her throat, and vomit repeatedly.

Rebecca is suffering from anorexia nervosa, a psychological disorder which, according to Dr. Hilda Bruch, author of *The Golden Cage: The Enigma of Anorexia Nervosa*, afflicts about one out of every 200 high school and college girls in North America.

The disorder chiefly occurs among middle and upper-class adolescents and young women, causing its victims to follow starvation diets and, in some cases,

diet themselves into early graves.

Rebecca is not alone in her pathological fear of being overweight.

Ashley, 23, a former Humber Secretarial student who graduated five years ago, was trapped in the "weight-conscious and thin is in" syndrome during her two years at Humber.

While under the care of her family doctor, Ashley came close to being hospitalized when her weight (which should normally be 120 to 125 lbs.) plunged to 100.

"It was a bad situation at home. There was a lot of yelling and screaming at the dinner table," said Ashley's sister, a current Humber student. "Finally my parents just gave up. What more could they do? It reached the point where she wouldn't eat anymore."

Besides severe weight loss (more than 25 per cent of body weight), anorexics experience low blood pressure, a slow heartbeat, and in females, menstruation may be delayed or cease altogether.

It is not uncommon for victims of the disorder to go through radical personality changes. According to Dr. Bruch, anorexia nervosa can cause mental depression, underlying sexual problems, insomnia, and isolation from friends and family.

"Early warning signs include

fanaticism about losing weight, a frantic increase in activities, social isolation, and sleep deprivation," Bruch said. "Anorexia nervosa has a tendency to be self-perpetuating, leading to chronic invalidism or even death."

American medical studies indicate that about half of all anorexics recover permanently after receiving the proper psychological and medical treatment, while 10 per cent die of starvation, and the rest suffer repeat recoveries and relapses.

Humber Health Services Nurse Helen Swann said it is difficult to pinpoint an anorexic without conducting a complete physical investigation.

"I'm sure in a population this size, there are some anorexics who are probably being treated outside the school," Swann said. "Sometimes you can look at people and say my God, look at that cadaver; I wonder what's the matter with her, could it be anorexia?"

Rebecca is currently being treated at a Montreal hospital. She was admitted in January after her 105-pound frame deteriorated to an emaciated-looking 80 lbs.

Her illness has caused a lot of emotional strain on the rest of her family who are now undergoing psychotherapy.

"Treatment involves restitution of normal nutrition, clarification of the underlying personality problems, and coming to terms with family problems," Bruch stated in her book. "Weight gain alone, without resolution of the psychological problems, is not sufficient."

Recent medical research has now uncovered evidence of reversible brain abnormalities in anorexic patients.

At the 12th International Symposium on Neuroradiology in Washington, D.C., the team's chief investigator Knut

Kohlmeyer of the Central Institute of Mental Health in Mannheim, West Germany, reported that anorexics can experience brain abnormalities coupled with impaired mental performance.

However, Kohlmeyer concluded that when a patient returns to normal weight, the brain abnormalities and mental impairment can be reversed.

Psychiatrists are divided on the psychological causes which trigger the emotional illness. Some believe that anorexics try to starve themselves in order to avoid growing into adults, while others contend that anorexics want to gain attention and a sense of being special.

"Sometimes there's the very fat people who want to lose weight and sometimes there are underlying sexual causes, but it's very difficult to pin down for sure," Swann suggested. "There isn't any classic case of anorexia existing, but many of them seem to have a death wish."

Another disorder closely connected to anorexia nervosa is bulimarexia, a condition which causes young women to go on eating binges then vomit afterwards.

Bulimarexia is referred to as the "bingeing-purging" syndrome by doctors, who say victims of the disorder are obsessive, have little self-worth, usually come from families with tight parental control, and are over-achievers.

Halifax psychiatrist Dr. Idian Stokes estimates that one in three anorexics are really bulimarexics who have been misdiagnosed.

"Some are up to tricks like eating in front of people and then marching into the john and bringing it all up," Swann summarized.

"You look around at the passing parade of students and I'm sure there are some who are anorexics. Eventually their body systems break down and they starve to death."

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# SPORTS

## Billy is good for New York

by Tom Michibata

*"New York, New York—it's so good they named it twice." Well, in Billy Martin's case it's three times, as the former manager of the Oakland A's baseball team returns to George's Circus, often referred to as the New York Yankees, for the third time in seven turbulent seasons.*

*As the baseball season gets underway, the return of the fiery, controversy-ridden Martin to the Big Apple couldn't have come at a better time. The men in the pinstripes finished a dismal fourth in the American League East in 1982, nowhere near the division winner Milwaukee Brewers. On top of that, the Yankees rarely made the headlines this year, unlike seasons past. Baseball fans were accustomed to the barbs and cut-throat remarks the players and management directed at each other when Martin was in New York in the late 70's. Reggie Jackson, the club's proverbial loud-mouth for many seasons, became a free agent before the 1982 season and headed to the sunny climes of California. Suddenly the team was devoid of colorful personalities.*

*Enter Martin. He obviously thrives in the media spotlight and public attention. Why would he go from a rather placid club like the Oakland A's who possess no prima dona figures such as Jackson to an outfit that is as explosive as Mount St. Helens?*

*Without the lively antics and daring managerial moves of Martin, the Oakland franchise would have surely withered away into oblivion. Instead he singlehandedly revived baseball in a town which was ready to be put out to pasture due to lagging interest.*

*Martin instilled a hard-nosed, aggressive style of play in the Oakland team which appropriately came to be known as "Billyball". He took a team that finished dead last in the American League West in 1980 to a divisional winner in the very next season. Look at what baseball's premiere base-theft king Rickey Henderson accomplished under Martin's brand of ball. If there is anyone in baseball that can turn a team around in a hurry, it is Martin.*

*In the 1981 World Series the Yanks, under manager Bob Lemon, lost to the Los Angeles Dodgers, dropping the last four games after winning the first two. Somehow it wasn't the Yankee team of old—a team that always saved its theatrics for post-season play. The magic was gone as the Yanks went out rather meekly, losing the final game, 10-1. One watching the series got the impression that if Billy had been there...*

## Fencers to flash blades here

by Keith Gilligan

A flock of Zorros will invade the Humber gym this weekend and they will be trying to foil one another.

The Humber College Fencing Club will be hosting its first competition Sunday and approximately 35 fencers from Metro Toronto and Mississauga are expected to compete, according to John Neill, president of the Humber fencing club. He is also president of the Central East Region of the Ontario Fencing Association.

The club is not officially tied to the college but uses the school name because it trains here. Neill said the college tried to start a club but there was no support. He added that the college stuck by the club but was losing too much money.

"It's the first time there has been this sort of competition at Humber and if the turnout is positive, we hope to do it again," Neill said.

Competing with the Humber team will be members of other local fencing clubs. Each club hosts a tournament each year and Humber's turn has come, Neill said.

"Except for one, we have had good tournaments all year. Each one has been a little better than the one before," Neill said.

The events this weekend are the open men's foil and the open women's foil. The qualifying rounds begin at 9 a.m. and will continue to the finals at about 5 p.m., depending on the number of fencers entered, Neill said.

The tournament is being sanctioned by the Canadian Fencing Association, the national body in

charge of promoting the sport in Canada.

The competition is an electric-equipment tournament, Neill said.

"The fencer is connected to a

circuit and whenever he is hit a light goes on registering it," Neill said.

Anyone can attend the competition on Sunday. Admission is free.

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1980 650xs Yamaha Special, certified, jet black, 7000 km, bought it 1981. Phone Ian 625-5777.

Classified ads are FREE to Humber students, however, make sure you put them directly into the clean, but firm, grasp of either Wayne Pecar or Steve Karl, the advertising managers. If you can't find them, too bad, because these classifieds take up too much of their time anyway. Ads pinned up on the board or passed on through someone else will be slam-dunked into the nearest garbage can. And as always, classifieds are placed depending on whether or not the ad men feel like putting them in. UNDERSTAND!

They're back — "Let it all hang out Apron/Bottle Openers" novelty party aprons. Ideal for the joker at the party. Keep your friends laughing for weeks. Only \$7.00. Phone 231-2057 (makes an excellent gift).

Ford 1977 Mercury Marquis air condition/am-fm radio/good condition/low miles/certified/Call 424-4140 or 782-9921 and ask for Ashi

St. Plus X High School (formerly St. Plus X Preparatory Seminary) will be celebrating their 25th anniversary from May 19th to the 23rd 1983. For more information former students can contact the Alumni Association, 1491 Fisher Ave. Ottawa Ont. K2C 1XA

Apartment to rent starting June 1 1983. \$485 a month includes pool, weightroom, etc. Jane & Finch. Call John 665-9861. 2 bedroom.

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Attention: Humber students interested in having a good summer, tell your parents about this — student selling Wasaga Beach property containing 3 winterized cottages. 100 feet from the beach! 1 three-bedroom a 2 two-bedroom units. All appliances included. \$50,000 for all three as one property. Call Jim after 6 p.m. 451-7921.

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COLECO-VISION — Donkey Kong, Venture, Zaxxon (what, no Hunt the Wumpus?) cartridges almost new — \$275 or nearest offer — worth \$400. See Jenny at the LS1 bookstore or call 270-3592 after 5 or before 10 p.m.

Wanted — bass player with image, into original new music. Must be able to practice 3 weeknights and be willing to play at Queen St. clubs this summer. Own transportation an asset. Phone Don at 533-6144 or Rob at 656-6671.

Roommates leaving? Need a place? Room available, kitchen privileges. \$50 a week Kipling/Albion 742-6478 evenings.

The final chapter is now written. It's time to collect our thoughts and get into the reserves.

Congratulations Joel! I hope one day we are a team (Mc-Postovich). Mom

73 Gremlin—New brakes, exhaust, rad and water pump. Good tires and body. Certifiable—needs \$300 valve job and paint. ASKING \$400 or best offer. Great car for \$700. Call Cyndi, 851-0794.

ACCOMMODATION available now or for September for 2 non-smoking, neat and quiet females. To share a new furnished house with parking, fireplace, broadlumped, laundry and kitchen facilities. \$200 each. Board can be negotiated. Located in Bramalea; must have own transportation. Contact Jane in the Computer Centre.

Wanted to sublet: Apt. (batch. or 2 bed.) within walking distance of North Campus. Call David at 749-7045.

Niagara Falls Collegiate Vocational Institute will be holding their 90th anniversary on the weekend of May 27 to 29, 1983. For more information contact Doug Aitchison, 4700 Epworth Circle, Niagara Falls, Ont. L2E 1C6.

You too (or, two, if you're counting lungs) can learn how to throw batteries and tantrums at school. For more information, send \$2 to the Barbra Streisand School of Schnozes. No time for the address because my ride's leaving now. You should be so lucky.

Let's Bop to the Robin at the Big Gay's Dance School.

T199-4A Home Computer, for games or programming. Like new. With Invaders and Hunt the Wumpus (Oh, sure, it's alright to hunt the wumpus, but if you club one baby seal over the head everyone in the world is on your case screaming: "Save the seals, save the seals." Some of these poor guys in Newfoundland have no other means of income at this time of the year. They have families to support, babies to feed, but no; people want to save the seals. They don't care about the poor starving people. Take the front page of the Toronto Sun for example. They show a picture of a dog stuck under a streetcar and people go wild and send in thousands of letters to the paper. If it was a kid or something nobody would think twice, anyways) cartridges, joysticks, cassette cables. \$425. Call Joel evenings, (you know the rest) at 625-5777.

The wedding is off! Beautiful diamond engagement ring with 2 matching diamond wedding bands (will sacrifice). Phone Jane evenings at 622-0365.

Lost—Typewriter pad, in staff parking lot. Red and white cover, title "Extra". Valuable class notes and personal items. reward. 766-7911, Jerry.

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FOR SALE—Encyclopedia Britannica. 30 volumes. Chris. 421-3733. 1982 edition.

It was a gray day but the popcorn was delicious. Signed Hawaii Five-O

WANTED—A ride to B.C. the first week in May. Mary Margaret, 769-3510.

FOR SALE—72 Dodge Dart, cert. (Faistaff). 29,000, new transmission, new tires, new ball joints. Call Dave 278-9994.

Never hand an American a lighter or a battery. Trust me, they go crazy! Especially if they do drugs. — Wumpus and his merry banditos.

Found — one blue sweater and a silver chain with a name. If you can identify the exact shade of blue, the number of links on the chain and the name, it's all yours. Contact L225 and ask for Dom Redman or Strain Kurl.

To all people who like to throw things: Knock it off or we will be forced to sell your jewellery at Mr. Mike's Pawn Shoppe. Is that real gold or that electroplated stuff? And watch it cuz our next step is setting you up for a date with Sandor — The Friends Of Bob.

Hey, Wamthony, wipe that grin off your face and tell us how the dirty province really was. Sandor wants the movie rights.

I think Americans are beautiful — An American.

TENNIS ANYONE? — tennis player's needed for an upcoming tournament at York University May 21. Fee — \$5. Contact Tom at 663-0985.

Q—What do you see just before midnight; gets you mad; rarely makes you happy; ruins your evening; and sometimes makes you want to throw up?

A—The 11 o'clock Schnozes.

Okay, people. It's about that time. Are you sick and tired of that little runt Garfield? Aren't you just about ready to barf every time you see Garfield comics. Garfield books, Garfield pens, lighters, binders, posters, toilet paper, toilet seats, underwear, diapers, and other trashy paraphernalia? Well I am. Don't you just wish the rotten little caca-brain would get pummeled to death by Odie? Beaten about the head? Stamped on and mashed into the dirt? Kicked in the groin?? Chopped into little pieces?? Made into a tennis racket?? ?? Just blown off the face of this planet???

Q—What is incredibly messy; impossible to get anything done in; the home of a family of pigmies; the central location of many a personal battle; and contains air so thick you could cut it with a hockey stick?

A—The Schnozeroom.



# ENTERTAINMENT

## The Features play hit tunes

by Carol K. Schneider  
It only took a few songs before toes began tapping and pub patrons began dancing to three sets of popular tunes presented by The Features in CAPS Thursday night.

Currently touring the Heritage Highway in Ontario, (next stop — Sudbury) the four-man band gave its rendition of songs by Men at Work, Steve Miller, Todd Rundgren, ZZ Top, and The Eagles. Although the musicians

write some of their own music, The Features played only one original song entitled Turn on the Radio.

"We don't play too much original stuff," said bass player Charlie Towers, 31, originally from Vancouver. "We have a lot more that we can do but, at this point, the economy is pretty bad and until we've got a record out, it's useless for us to go out and pump original tunes to people who are going to the bars."

Only together as The Features for one year, past experiences with other bands and a lot of studio work over the past 15 years have contributed to a polished performance.

Towers and drummer John Lechasseur, 28, spent five years with Frank Soda and the Imps. Guitarist, Don Zablotny, 30 played with Rendezvous and Edward Bear. Keyboardist Robert Steele is a graduate from Berkley University in Boston.

The Features play the college and university circuit as often as possible, said Towers.

"Everybody dances and it's a much better atmosphere than a bar," he said.

In the future, they said they hope to produce an album and tour Europe. Roman Grey, an American group, currently feature the band on its newest release called Look Me In the Eyes.



TRACY NEILL

Pop tunes—The Features gave a "polished performance" in CAPS even though the band has been together for only one year.

## Coven trivia answers

- |                       |                                                             |
|-----------------------|-------------------------------------------------------------|
| 1. A violin           | 10. The Vince Lombardi Trophy                               |
| 2. Philadelphia       | 11. South Dakota                                            |
| 3. Alaska             | 12. Gerald Ford                                             |
| 4. Thomas Edison      | 13. The foot                                                |
| 5. Bodies from graves | 14. Mickey Mantle                                           |
| 6. Two                | 15. "Houston, Tranquility Base here. The Eagle has landed." |
| 7. The Shootist       |                                                             |
| 8. Frozen foods       |                                                             |
| 9. Vince Lombardi     |                                                             |

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