

Osler may get extra parking

by Chris Mills

After more than 10 years of struggling with local residents, Osler campus may soon have its needed additional parking.

Plans for a western extension to the south parking lot will add 15 to 18 parking spaces to the present 50 spaces sometime this spring, said Jim Davison, Humber's vice-president administration, at a recent Board of Governors meeting. Additional parking for meeting

campus has been blocked for more than 10 years by the area's ratepayers association and the ward two alderman.

A multi-level garage in the Humber Memorial Hospital parking lot was axed by the hospital administration, street parking near the campus and a parking lot on the campus greenbelt were blocked by the Dalbeattie Avenue ratepayers, and underground parking was dismissed because it was "prohibitively pricey."

A 38- or 49-car parking lot on the west side of the campus building (which would have required rezoning) was suggested last November, but because of ratepayers' objections, the construction was scaled down to the present plan which requires only a permit rather than public hearings.

Humber's administration has been reluctant to release information on the parking lot because of fears the ratepayer's group may try to block the permit.

Ken Cohen, Humber's physical resources director, has refused to comment at all because of fears of a letter putatively denying Humber permission to build on the school property.

Mario Gentile, Ward Two alderman for the Dalbeattie Avenue residents, attended a meeting between college officials and the ratepayers last November and said he doesn't know anything about the letter.

He said in an interview that un-

til the college applies for a permit he "can't do anything" for the ratepayers. He added that a study of street parking will be finished this spring, but that the school already has access to parking in the hospital lot.

"It's not up to me," said Gentile. "It's between the school and the hospital to arrange for the parking at the hospital, which I understand they have access to."

According to Davison, however, the hospital is not co-operating with arrangements which were made between them and the person who gave Humber the campus property with the understanding that Osler residents and teachers would have access to the hospital parking facilities.

However, Davison said the North York city planning department is "willing to work with the college" to obtain the permit for the extra 15 to 18 parking spaces which requires no rezoning or bylaw changes.



COVER

THURSDAY
MARCH 14, 1985
VOL. 14, NO. 29

HUMBER COLLEGE OF APPLIED ARTS AND TECHNOLOGY



PHOTO BY DON DOULOFF

"Who helped me? Me!" — Jim McKenny, former Toronto Maple Leaf broadcaster, participated in Humber's Alcohol Awareness Week by recounting his problems with alcohol on Monday in the concourse.

McKenny kicks habit

From the bottle to the tube

by Don Douloff

Jim McKenny, sports broadcaster at CITY-TV and a reformed alcoholic, preached the gospel of self-help during a lecture last Monday in the concourse.

"Who helped me? Me! Luckily, I got into AA (Alcoholics Anonymous) and got my (act) together or I'd be in big trouble right about now," said McKenny, 38, who played defence with the Toronto Maple Leafs for 15 years before joining CITY.

His lecture was one of a number of events organized to promote Alcohol Awareness Week.

McKenny described the affects of alcohol on his personal life.

"I was great to everybody outside the home, but I was a real bastard at home. My wife and family were standing between me and the booze, and I hated them

for it," said McKenny, who admits he "still struggles" against drug addiction.

Dodging inane comments provided by the crowd, he said athletes are ripe for drug abuse because of their large salaries and copious amounts of spare time.

Using an easel as a visual aid, McKenny detailed the cycle of artificial highs and equally shattering lows the drug addict and alcoholic endures.

He said 1960's rock stars, not athletes, furnished him with role models.

"I didn't want to be like the Beatles. I liked Jim Morrison and The Doors. They were a big influence on me," he said.

McKenny, who has had a drinking problem since he was 16-years-old, insisted drinking didn't affect his career.

"I played 15 years. I couldn't have lasted much longer," he said.

And he underscored the seriousness of his former drug problem: "(NHL President) John Ziegler said that when Turk (Derek Sanderson) left the league, (the NHL) cut their drug problem right in half."

He advises all alcoholics to go to AA and drug addicts to go to the Addiction Research Foundation.

McKenny said society often judges people unfairly, according one group pity and heaping scorn on another.

"The only difference between winos on the beach and guys in the three-piece suits gettin' totalled down on Bay Street is in the name. (Society says), 'If you've got money, you're a character; if you haven't, you're a bum.'"

Student fare too costly

Reduced TTC rate runs out of gas

by Dante Damiani

The latest attempt to create a reduced public transit rate for students has been abandoned, according to Donivan Robinson, assistant to Ward 6 Alderman Jack Layton.

The decision was announced last week after a report by a Toronto consulting firm said reducing rates were too costly.

The consulting firm was hired by the Toronto Transit Commission (TTC) to conduct a \$10,000 feasibility study after a group headed by Layton made a presentation to the commission in late November, 1984.

John Knight, a spokesman for the TTC, said, "It would cost us (the TTC) several million dollars a year to do what they asked."

He said if they decided to lower student prices, the price reduction would have to be subsidized by taxpayers or by increasing the fares of other passengers.

He added that the TTC is not the appropriate agency to approach. "Our job is to provide a bus service in the most efficient way we possibly can."

Water pipe rupture drains caf of \$700

by Kenny Whitmell

A March 1 break in a water pipe under the Humberger has resulted in a \$700 loss in revenues for the North campus cafeteria.

A number of Humberger customers were lost because they take time to eat only when it's convenient, according to John Mason, director of Food Services.

"A student or staff member comes to the college intending to

have a quick breakfast. When the Humberger, the most convenient location is closed, the individual will not take time to walk to the Pipe. Therefore, the sale is lost," says Mason.

The closing also made it difficult to forecast the food requirements for the day.

"Approximately 125 sandwiches and 40 salads were prepared, but not sold. These were donated to the Salvation Army."

Inside...

Beware of job rip-off	p.2
OFS may lose Humber	p.3
Can't beat Saturday TV	p.5
Foot-stomping pub pleaser	p.6
Hairy convention	p.9
Hawks make finals	p.10

News



PHOTO BY DAVE EARLE

If you drink, don't drive—The concourse wasn't the only place to see Alcohol Awareness Week displays. A car wreck was placed in the parking lot to illustrate the results of drinking and driving.

Avoid pay rip-offs

Learn employment rights

by Mike Goldrup

Students who are employed for any amount of time should know their rights so they can protect themselves, says Placement Officer Judy Humphries.

"In most cases, employers have good business practices, and they adhere to them under the law," said Humphries. "And although this type of situation is the exception, not the rule, students should still be aware that it can happen and what to do about it."

Mike Griese, a second-year business administration student at Humber found out the necessity of this last summer when the company he was working for, Deakin Pools Limited, failed to pay him any over-time.

"When I was hired they told me I would get lots of over-time and I naturally thought this meant they would pay me for the extra time I worked," said Griese.

"I was working 14 to 15 hours per day servicing pools, which is very physically demanding," added Griese.

Griese got the job through Canada Manpower when they had a branch operating at Humber last spring.

An employee of Deakin Pools, Lolla Jull, said they hadn't known they were supposed to pay Griese any over-time until he registered his complaint.

Griese went to the labor board, and they suggested he write the company a letter telling them of their obligation to pay him for the

over-time he had worked, or he would be forced to let the labor board handle his complaint. Once the company was aware of the oversight, they apologized and paid him the sum of over \$400 in over-time pay they owed him.

According to Humphries, some small employers are just as ignorant of the rules governing employment as the employees.

Before anyone agrees to work for a company, they should have done some research on them, said Humphries.

This research involves reading any literature on the company, asking about the company at the Placement Centre, if that's where they got the job, or phoning the Better Business Bureau, which has information on any business, said Humphries.

Students can find out about employment standards at the placement centre, or from the Ontario Ministry of Labor's Employment Standards Branch, said Humphries.

When there is a problem, the students should contact the Placement Centre, even if they didn't find out about the job there, said Humphries.

"We would then get in touch with the company to see if this happened out of ignorance, or if it was deliberate," she said. "And the student should have done the same thing."

If this doesn't prove satisfactory, the Placement Centre would stop any dealings with the business, said Humphries, and the stu-

dent would then have the choice of continuing to work for the business, leaving, or reporting them to the labor board.

"The real importance of this," according to Humphries, "is not that the student can go into the employment of a company looking for a conflict, but that he or she is aware of their rights and therefore has the ability to protect themselves should a situation warranting it arise."

Problem increasing

High alcoholism among nurses

by Tara McKnight

Nurses with alcohol or drug-related problems are becoming increasingly apparent in hospitals throughout the country, according to Sharon Wyatt, a registered nurse with Project Turnabout, a support network for impaired nurses.

"When you see fellow nurses slipping off the floor to get a drink, you start to notice a problem," said Wyatt, in a talk with about 50 nursing students at Osler Campus last Monday.

Wyatt's lecture was one of the activities planned for Alcohol Awareness Week.

Wyatt said according to an American study conducted in 1981, 5 per cent of working women are alcoholics, and out of that figure, 75 per cent are nurses.

"Nurses should keep an eye out for one another. We should be aware of our limitations and ask for help. After all, we're not superhumans," said Wyatt.

Project Turnabout was initiated in November 1983, as a confidential way for nurses to get help with alcohol and drug problems. It is supported by the Addiction Research Foundation (ARF) and the various nursing associations in Ontario.

A nurse requiring help may call the 24-hour number (595-6026), or a concerned colleague may request that an outreach call be made to a particular nurse.

"Most nurses realize they need the help and volunteer," said Wyatt.

The ARF provides intensive three-week programs for the nurses, free of charge. Eighty per cent go back to nursing jobs after taking the program.

"It can be frightening for a nurse going back into something she's worked at for 10 years. It takes time as well as help from the program," said Wyatt.

Wyatt said there is no clearly defined age group or time in a career when nurses have drinking problems.

"It depends when you come for help. You could go through a 20-year career without getting caught," said Wyatt.

The Human Studies Division
presents

TIMOTHY FINDLEY

Winner of the Governor-General's Award and Author of
The Wars
Famous Last Words
and
Dinner Along the Amazon

Tuesday, March 19, 1985, 11:00 a.m.

Lecture Theatre

— Free Admission, so get there early —

Famine fundraiser planned for April

by Janet Smellie

A second campaign to raise money for Ethiopian famine relief has been planned for mid-April.

A committee of volunteers met last week to generate ideas for a week-long fundraiser they hope to begin on April 15.

SAC Representative Richard Gignac raised only \$37.03 during the first fundraiser. He said because of the lack of time left in the school year, the campaign has to have short term events that are easy to organize.

Those who have volunteered to sit on Gignac's committee include faculty member Benny Quay and SAC President Darrin Caron.

Caron announced that SAC is willing to kick-off the campaign with proceeds from their first pub in April.

"Hopefully we can make at least \$500 or \$600."

Quay stressed at the meeting that in order for the campaign to be successful they need an active student body. He teaches a political science course and said his students have agreed to help with the campaign in lieu of a mid-term exam.

Computer learning

Techno teacher won't take jobs

by Rick Vanderlinde

Computers will be teaching more students in the future but teachers won't lose their jobs, according to Humber's computer systems manager.

"I can only expect that there'll be more and more of this type of learning. Not because it's cheaper. In many cases it isn't cheaper. It's an illusion that you wheel in the computer and wheel out the teacher and thereby save a salary," Peter Muller said.

The teachers role will change, he added, but the amount of teachers will stay the same.

"The computer can't assist in that important element of education that comes from human interaction."

Computer Assisted Learning (CAL) is already being used at Humber in some course areas. Basic programming is now being taught through computer software and programs are being developed to teach graphic arts students computer graphics.

Gary Begg, vice-president of the faculty union, said teachers don't oppose new educational

technology and don't feel threatened by it.

"We don't anticipate that there would be any situation that would lead to lay-offs of teachers because of highly advanced new technology that involves the teaching mode," he said.

To assure this, a phrase in the faculty contract says if teachers are displaced by technology they must be given the opportunity to re-train.

But Begg said he doesn't think there will be a need for re-training because education will always need the individual teacher no matter how far it evolves.

And because of the cost of developing high quality educational software, most teachers won't be affected by CAL for some time.

This month's edition of Computers and Electronics says many educators think only one in 10 educational software programs is worth buying.

Muller said it's not the computer that is slowing down the implementation of CAL, it's the difficulty of developing good software programs.

Poll to determine future role in OFS

by Tom Foley

A referendum will be held April 4 to determine the future of Humber SAC's association with the Ontario Federation of Students (OFS).

Every SAC member wants out of the OFS.

SAC President Darrin Caron was to meet with OFS officials Wednesday to determine the exact wording on the ballot.

He said the ballot must carry a question which will not induce voters to be swayed either in the direction of the OFS, or SAC. But both the OFS and SAC will launch ad campaigns around Humber to win votes.

Caron said OFS officials asked for use of SAC office space from which to run its campaign, but said he was in no way bound to honor the request.

Caron admitted he didn't think many students were aware of the function of the federation, but will be learning soon.

He said SAC will buy space in

the school papers, distribute flyers, post banners, and SAC reps will visit classrooms to convince students to pull out of the OFS.

According to Caron, Humber students contributed \$19,500 to the OFS this year.

The money comes from the student activity fee, and works out to \$3 per student.

The money will stay in student pockets next year if SAC has its way.

Caron said the OFS is not an effective means of dealing with the problems of community colleges. He said they are primarily funded by Ontario universities, and it is those institutions who gain the most from it.

However, Caron said he does endorse a subsidiary of the OFS, the Ontario College Commission (OCC).

But he said SAC must withdraw from the OFS completely, and then consider membership in the OCC alone.

You ride without pride if you drink and drive

by David Martin

The prevention of drunk driving was the theme of the Alcohol Awareness Week display in the concourse this week.

The display included representatives from the Metro Police, the Insurance Bureau of Canada and Parents to Reduce Impaired Driving Everywhere (PRIDE).

According to Constable Bob Vanes of 23 Division, people are aware of the problem of drunk driving, but don't associate themselves with it until they find themselves directly involved.

"By travelling around with a display like this we hope we can change the social attitudes to-

wards drinking and driving," he said.

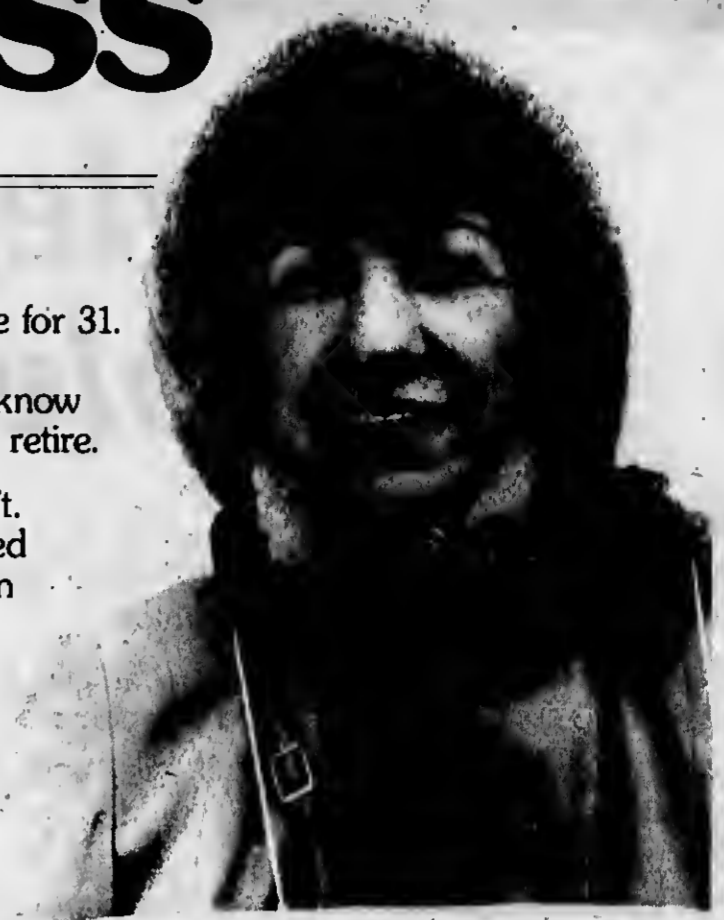
The police have been travelling to high schools lecturing on alcohol awareness for many years now, but this is the first time they have ever visited Humber, he said.

Connie Bates lost her eight-year-old daughter to a drunk driver and formed PRIDE. According to her, the group tries to inform the public of the cost of drinking and driving and also tries to help families who have lost loved ones through it.

"We meet once a month and it helps for the family to be able to discuss their feelings with others who have lived through the same thing," she said.

Ida Dale, 50, has a few words about

FAIRNESS



"I've worked at Eaton's for 17 years. My husband, Dennis, has been there for 31. We're both on strike now for lots of reasons. For one thing, we need to know we'll have decent pensions when we retire.

We know Eaton's employees don't. When my friend, Vera Sumka, retired after 26 years at Eaton's, her pension was \$115 a month. Clara Boone's was \$70 after 16 years. Thousands of people have the same problem. And young people don't want that to look forward to.

You can help cut into Eaton's unfair control over people's lives. We're striking for fairness. Please don't buy from Eaton's."

Fairness for Eaton's employees

I'm returning my Eaton's Account Card in support of people like Ida and Dennis Dale.
Please send me a button saying "I've cut into Eaton's".

NAME: _____

ADDRESS: _____

If you want to show your support for fairness for Ida, Dennis, Vera and the young employees who could be in their position someday, please shop elsewhere. If you have an account card, cut it up and send it with this coupon to the Ontario Federation of Labour, c/o Committee for Fairness at Eaton's, Suite 202, 15 Gervais Drive, Don Mills, Ont., M3C 1Y8. That way, you'll receive a letter of appreciation and a special button.

To explain why you won't shop at Eaton's until the company helps settle the strike with a fair agreement, write to Fred Eaton, President, T. Eaton Co. of Canada Ltd., 19th Floor, Eaton Tower, 1 Dundas St. W., Toronto, Ontario, M5B 1C8.

Even if there's no Eaton's near you, you can jot down a few lines of support for the employees.

Produced by the Ontario Federation of Labour Committee for Fairness at Eaton's, in conjunction with the Canadian Labour Congress. For more information, contact your local labour council or the OFL at (416) 441-2731.

sac

INCOME TAX CLINIC

Come and let business students advise you with your income tax problems.

SAC
Monday — Thursday
Quiet Lounge

March 4
to
April 4

Hours posted on the door

Editorial

Spineless scribblers

The spectre of racism is still haunting Humber College. One need not look any further than the walls of the men's washrooms at the north campus to confirm the problem.

Here, racial slurs about those of Italian and East Indian origin abound. At York University, the Jews come under attack.

Barring any pathological reasons, why does such trash exist? Civilized members of this college should be addressing the question.

Racism in the form that litters the bathroom wall is commonly referred to as ethnocentrism. Simply defined, this is a condition that exists when members of a certain ethnic or racial group perceive members outside their own group as a threat.

During wartime, this psychological disorder, (which most people have in varying degrees) was manipulated by governments to motivate enlistment. Depicting the enemy as a cold, barbaric, bloodthirsty pilferer and raper of women was a calculatedly effective method of "institutionalized racism."

In the global village that now exists, such practices have, for the most part, ceased to be.

Yet, in spite of this noticeable absence of wartime propaganda, people have not altogether abandoned this mentality.

Nowadays, with the help of such "public service organizations" like the Western Guard and the Neo-nazis, ethnocentrism is very much alive. Indeed, in some circles it has even become institutionalized.

For the most part, the derelicts who defecate their verbal diarrhea on the washroom walls are simple victims of this phenomenon. They don't realize how idiotic their statements are, or what a source of embarrassment such filth is to the college's image.

They are supreme cowards who epitomize the mentality of the true ethnocentric, a loser who can only reinforce his importance by anonymously disgracing groups he cannot understand.

Paranoid to the nth degree, he is seldom caught. Unfortunately, if one is caught, seldom is he penalized.

An interesting idea may be to publish the names of these anti-heroes, perhaps alongside some of their more interesting scribbles.

It would be an exciting prospect to see how courageously they could stand up to some of the groups they continuously defame.

Rim shots

In spite of a continuous attempt by the author of this section of Coven to produce relevant, topical and socially conscientious pieces of prose, by far the largest amount of feedback remains:

"The stuff's just not as funny as it used to be!"

What is it with people, anyway? Are they starving for humor?

Don't they realize that editorial pages are designed to be dry, sombre and serious?

However, since I don't want to be accused of insensitivity or arrogance, I'll share with you some of the best gags I've heard recently. Don't look so surprised, already. Editorial writers have a sense of humor too, you know.

My first entry comes from the master of one-liners, Rodney Dangerfield.

"My wife's cooking is so bad," he says, "that the other day the flies pitched in to fix the screen door!"

Not bad eh? O.K., stop laughing or you'll miss the next one.

My next gag is probably attributable to Woody Allen, although it could have been borrowed from one of the Marx Brothers.

"I don't want to achieve immortality through my work," he muses, "I want to achieve it by not dying."

My favorite joke of late comes from Southam columnist Allan Fotheringham, who writes: "Swivel (civil) servants never look out their office windows in the morning, because they want to save most of their work for the afternoon."

There, are you satisfied now? You're not? I tell ya', editorial writers never get any respect at all.



Thanks Lettaps

Dear Editor:

I would like to thank those people in the college whose help, advice and support enabled the Alcohol Awareness Week to be held.

Alcohol abuse is this country's number one drug problem. In a classroom of 49 students and one teacher, between five and nine people in the class have sobriety problems. None of them set out to abuse alcohol. It just happens over a period of years (7-15).

Alcoholism has been called the "disease of denial" because your friends or your relatives will always deny that they have a drinking problem. They can stop any time...but that time may never come. Thirty-four point five out of 36 alcoholics will die from it without ever having received treatment.

Between 25-50 per cent of hospital admissions are due to alcohol and only 34 per cent of alcoholics can be classified as "skid row bums."

Help your friend, help your family, offer to go with them to an open Alcoholics Anonymous meeting. In Metro Toronto there are over 300 meetings a week. (Good luck getting them to go with you, but keep on trying... you are showing your love and concern for them.)

And if life for you at home is unmanageable, go yourself to an

Al-Anon meeting. There you will find out that you are not alone or responsible for making them drink as they will so often tell you. You can learn to live your life day after day...without guilt.

I would especially like to thank the committee members who helped organize the week, and the speakers and the groups in the concourse who donated their time and services.

They came to Humber for free because they are concerned and were more than willing to help educate us.

And for free... help your friend and help yourself in learning a new way of living, and I wish you good luck. There is help available.

Steve Pridham,
Co-ordinator

Sympathy

Dear editor:

One thing I have learned from working on the Committee for Alcohol Awareness is that the "Alcoholic" is a real person, with real feelings, who happens (like some of us) to have a real problem.

I see a stereotyped attitude towards the Alcoholic, one which is founded on ignorance and fear. You may know an Alcoholic personally and at times choose to withdraw from situations involving this person.

I believe your love and support may be the only answer for them. If you are aware of anyone with an Alcohol Problem, don't be afraid to reach out, to support them. Your caring will make a sincere difference in their lives, and, may give them the self confidence needed to admit to Alcohol Abuse and seek help.

Consider who's hurting the most here. If knowing an Alcoholic bothers you in any way, what must the Alcoholic believe he/she is really worth.

Your concern and support is appreciated. Thank you very much.

Janice Ibbotson

Tacky!

Dear editor:

Do you know who does the decorating for the college?

Case in point: Have you seen the decor of the Business Office (the one right off the concourse) recently? Green carpets and blue drawers. Come on, is the government so cheap that they can't even afford to hire a sighted person to do the decorating? The carpet is so tacky with patches all over the place. YUCK! I'm glad that I only have to go in there "once in a blue moon". It's so unprofessional and tacky, tacky, tacky! Shame on them! Come on folks, let's take up a collection so the Business Division can get new carpet. Any takers?

The Voice

COVED

Established 1971

Linda Kerley	Editor
Adrian Blake, Dante Damiani	Leisure editors
Mike Williscraft	Sports editor
Marc Mascioni	Editorial
Mark Reesor	Photo editor
Linda Cardoso, Ursula Mertins	Advertising managers
Tina Ivany	Staff supervisor
Don Stevens	Technical advisor

Coven, an independent college newspaper, is produced weekly by the students of Humber College

Humber College of Applied Arts and Technology, 205 Humber College Blvd., Rexdale, Ont. M9W 5L7. Publisher: J. I. Smith, Co-ordinator, Journalism Program. Main newsroom, North campus, Room L225. (416) 675-3111, Ext. 4513, 4514. Member of the Audit Bureau of Circulation. Advertising deadline Monday 9 a.m.

For National Advertising, this paper is a member of The Campus Network, 310 Davenport Road, Toronto, Ontario M5H 3K2 (416) 925-6358

Good for the last drop

Coming from behind the bottle

by Nicholas C. Ghosh

Booze, hooch, juice, sauce, firewater, moonshine, vino, grog, suds, cool one, mixed drink, cocktail, highball... call it what you will. Alcohol is still alcohol.

I'm a beer-drinker by tradition. I've been quaffing Blues, Golden, Black Labels and Bradors since I was 19 — just after the drinking age in Ontario was lowered to 18. I was just entering my first year of university and, as everyone knows, students like to drink.

So, no different from the rest, I would spend several hours a week in the pub, sharing a jug of draft beer or a couple of quarts with a few of my school buddies. And, of

course, I would also pick up a case of 24 every Friday evening to tide me over the weekend. (I only indulged on Fridays and Saturdays as I couldn't stomach the thought of a drink come Sunday).

I had developed a habit of being a weekend drinker

This ritual lasted throughout my university years and continued right on through my post-student years while I worked at various jobs out West. I had developed a habit over the years of being a weekend drinker, which left my work week alcohol-free.

Abstaining from beer from Sunday morning through Friday afternoon wasn't hard for me to do. In fact, it worked out well as it didn't seriously impair my health, deplete my bank account or otherwise interfere with my life. So, this weekend drinking pattern lasted for almost 13 years with only the occasional drink during the week.

In January, 1984 however, just before I turned 32, I quit my factory job of four years as I had made up my mind to go back to school in the fall in order to train as a journalist and begin a 'real' career. And, because my course didn't start for eight months, and I wasn't working — other than doing some volunteer work and taking some evening classes — I had a lot of free time on my hands.

I filled my spare hours watching the 'tube', a cigarette in one hand and a beer in the other. And, be-

least one evening a week at the Distress Centre.

The ironic fact was that I was experiencing some measure of stress myself. And, being a person who doesn't react very well to pressure — I often get 'hyper' or flustered and swear a blue streak — I would get home and then, chain-smoke and chain-drink while watching TV.

hang-over and a dull feeling of remorse, rush off without any breakfast, and just make it to class on time — if I wasn't already late.

This self-destructive process went on for the duration of my first semester and continued into the second.

Just after Christmas, I vowed I was going to make a New Year's resolution to give up drinking and smoking during the week except for Fridays and Saturdays. And, I did. For one week. I managed to distract myself from the overriding temptation to indulge by resorting to other means of reducing stress and promoting relaxation.

I vowed I'd give up drinking

I would try to relax by reading a book, doing a jig-saw puzzle, listening to a record or even calling up a friend for a chat. And, all of these strategies worked for awhile. But, come Friday, my willpower weakened and I again stocked up with a case of beer and a carton of cigarettes. So, the cycle started up all over again. I was right back in the same old rut!

I broke this self-perpetuating cycle a second time while I had the flu in February. I went without smoking or drinking for, once again, a week.

Before the week was up, I had given myself many a severe lecture: "Come on, man, get your act together — smarten up. You've got to get your life in order. You want to do so much in life and you've got so much to offer. But, first, you need to get control of your own life. Before it's too late."

Don't waste any more of your willpower. Get on with your life and get cracking at all those important things you want to do. That book will never get written if you're too hazy to think clearly. And, you'll never graduate from this course or get a job if you're too hung-over to get up on time each morning. So, guy, let's get it together right now!



This three-fold activity — smoking, drinking and watching TV — is a mutually reinforcing process for many people. For me, it was an unsuccessful attempt to escape the worries and cares of the day. Believe me, it doesn't work!

In fact, this habitual consumption of alcohol practically every day started to produce even more stress as it threatened to jeopardize my health, my budget and my school year. I would often stay up late at night guzzling one beer after another in front of the TV, sleep right through the alarm the next morning, wake up with a

Drinking was becoming an addiction

cause there were many empty hours to fill, there were also many 'smokes' and many 'brews'. And gradually, over the eight month period, the former weekend drinker was becoming a week-long drunk.

The vice had spread from two to nearly seven days a week. This once confined habit was now getting out of control. Drinking was becoming an addiction. It was controlling me! And, it was starting to play havoc with my life.

This became growingly apparent after I began my course in September. Because I had been out of school for nine years, I had gotten out of the habit of having to do homework every evening and of having to hustle to get in assignments on time. So, I began to find the mad rush to get all of my work done without missing classes somewhat stressful. And, it took me almost three hours to travel to school and back every day. On top of this, I was also volunteering at

Where are they now?

by Belinda Hansen

Life hasn't been easy for Craig Vanderlaan who graduated in 1982 from Humber's Cabinet Making program.

Making program, Vanderlaan applied at several companies only to land a job as a salesman at a small furniture store.

"I found it difficult to get into the wood work, if you know what I mean," said Vanderlaan. "They wanted someone with a lot more practical experience."

After working as a salesman for one year, Vanderlaan said he gave up.

"I didn't take the course to become an idiotic salesman," said Vanderlaan. "I didn't take the course to become a cabinet maker for the rest of my life either... I enjoyed working with my hands and creating something."

When he graduated from Vincent Massey Collegiate High-school, he wanted to work full-time at an easy well-paid job. He currently lifeguards at Etobicoke swimming pools and works for the Etobicoke Parks and Recreation Board.

"I like to laze in the sun and get a dark tan and get paid for it," said Vanderlaan. "But, it's not all roses."

Once Vanderlaan had to save a child from drowning after he'd been pushed into the swimming pool.

"I don't consider myself a hero... it's all a part of my job," said Vanderlaan.

When asked why he didn't enter into the field of health or something related to the life-saving aspect, Vanderlaan said it never came to his mind.

"I picked up a course book and found something that interested me," said Vanderlaan.

After careful deliberation and family pressure to get an education, Vanderlaan chose the Cabinet Making program.

"I thought it would be a fun and easy way to spend time," said Vanderlaan.

With his parents satisfied, Vanderlaan carved and hammered his way into Humber.

But, he said, the social life got the better of him and his marks and enthusiasm fell down.

"If I could do it all again, I would choose something in Emergency Care or in Health Sciences," said Vanderlaan.

At the present, Vanderlaan said he is content with being well paid for having a good time.

Weekend TV a cultural smorgasbord

by Tom Foley

Perusing Humber's other newspaper, one sometimes encounters a column bemoaning the state of network TV. One would believe some of the views expressed therein are representative of our intelligentsia's low regard for things video.

Far be it from me to consider myself intellectual. But I would like to bring to attention a few master-strokes of programming genius.

Never mind weeknights. Who among us has such spare time to become engrossed in the Dynasty or The Gyp. One could tune in the latter's theme song Alone to provide a week's edification.

I'm talking weekend viewing. It's the best. Consider Saturday.

I don't know about you, but I'll accept an invitation to party with B.H. 'Red' Fisher any day. Any fella who fashions an ashtray from a moose hoof is O.K. by me.

Who wouldn't spend a day at Scuttlebutt Lodge? Especially when Alan Hale Jr. is on tap? I just love the skipper, and he flings a mean cart.

Ezra Pound, T.S. Eliot, Hart Crane, B.H. 'Red' Fisher. A veritable who's who of 20th century poetry. Fisher's immortal verse celebrates the decidedly masculine rush of blasting a few mallards from the wild blue.

B.H. 'Red' Fisher is a genius, there's no denying that. But for an hour of viscerally gratifying entertainment, pencil in channel 29 for noon, Saturday.

Those of you who have been paying attention to the unfolding drama of WWF wrestling will have noticed the explosion onto the scene of a big lovable, affable guy from Mudlick, Kentucky.

That's right, I mean Hillbilly Jim. Ole Jim don't have much rasslin' experience, but by gum he's sure heavy gittin' the job done. Since his baptism by popular heavyweight champ Hulk Hogan, Jim's opponents have been generic grapplers. You know, guys who don't even have a nickname.

But lord knows what kind of fireworks will erupt when Jim goes up against some uncontrollable mat maniac like The Iron Sheik, or Nikolai Volkoff. Volkoff is an humungous Russian who treats audiences to his basso profundo renditions of the Soviet anthem before reducing opponents to mere shadows of their former selves.

Incidentally, the Russky's manager, Classy Fred Blassie, is the author of a singularly brilliant country and wrestling record. On the disc, which is unfortunately next to unavailable, the Hollywood fashion plate grows self-penned classics like "U.S. Male"

and "Pencil-Necked Geek."

In "Geek", Blassie declares he's so mean and unscrupulous, he'd kick his own grandmother for a field goal.

With fab TV fare like this, why are the intelligentsia weeping and gnashing their teeth? They're obviously tuned to the incorrect frequency.

And that's just Saturday. Sunday morning offers an incredible slate of viewing, guaranteed to boggle even the most jaded and cynical of observers.

Get up about 7 a.m. on the sabbath. Better yet gobble a fistful of hallucinogens and stay up all night. But be prepared for creeping suicidal tendencies.

Jerry Falwell, Jimmy Swaggart, Ernest Angley. You better listen to what these people are saying. Check out Angley. I mean try to follow his crystalline logic. I have. He is better than the worst politician. Ernie can interpret scripture for hours, and never say a damn thing. I'll bet bucks for bacon B.H. 'Red' Fisher is a devotee of Angley's show. These are profoundly religious men, if you get my drift.

Why are the intelligentsia screaming? Who knows. After a weekend of this kind of viewing, I have to unwind by reading such low-brow periodicals as Scientific American and Foreign Affairs. I can't hardly stand it.

Leisure

Hewitt's a one-man show

Crowds stomp feet in sing-along



by Janice MacKay

Those who showed up at last Thursday night's pub got into the 'sing of things'.

Singer Pat Hewitt had the whole audience singing along to all-time favorites including theme songs from gone, but not forgotten shows like the Adams Family and Green Acres.

Hewitt's one-man band became a group effort when everyone joined in on the foot stomping and finger snapping to help the show along.

And even though Hewitt's show didn't attract a crowd — only half the pub was open and was not filled to capacity — the audience loved being part of the action.

One student, Paul Trepanier, said the atmosphere was different from any pub he's ever been to.

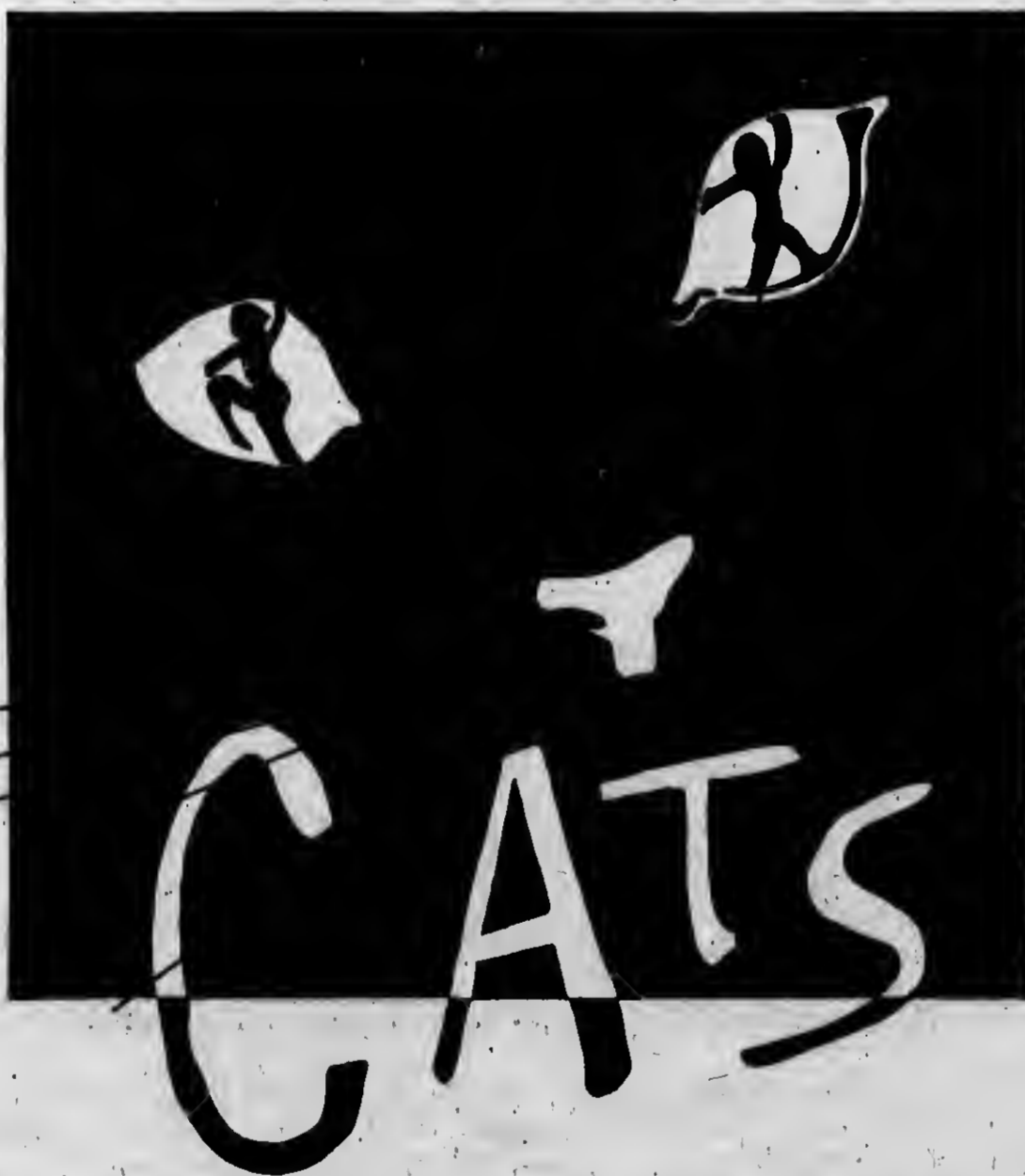
"I really loved being a part of the show instead of just an observer. No matter what song he sang, it was always one that you knew," he said.

And if everyone knew the words to the songs (or at least to the chorus) that Hewitt played, that was fine with him. Hewitt tries to play songs familiar to his audience.

Green Acres is the place to be... — Singer Pat Hewitt had the audience singing along to such favorite tunes as Green Acres and the Adams' family at last Thursday's pub. The one-man show, however, did not draw a large crowd.

PHOTO BY JANICE MACKAY

BEST MUSICAL



The Broadway Smash Hit
to be shown at the newly opened

ELGIN THEATRE

JOIN US

TUESDAY, APRIL 2ND, 1985

for a

WINE AND CHEESE PARTY

\$35 per person with transportation included

tickets available in the SAC office

ANOTHER ACT OF
SAC

"I play what the audience wants me to play. If they're familiar with the song, they get involved, and that's what I want. I want to let them know they're part of the performance," said Hewitt.

Hewitt had no formal training as a performer. He learned by ear.

And although Hewitt enjoys being on stage, he says he's actually a bit shy. He can sing to an audience, but he can't talk to them.

Hewitt just performs to fill in time and stash away some extra cash. He said it's not what he wants to do for the rest of his life.

"I can't count on it as a career. I'll wind up singing in bars until I find I'm at the end of the road," he said.

Hewitt is studying to be a chiropractor at the Canadian Memorial Chiropractic College in Toronto.

When Hewitt wasn't keeping the audience singing until they were breathless, comedian Ron Vaudry took over and kept the audience laughing.

Vaudry told crude but humorous jokes. He knocked both males and females alike with his somewhat sexist jokes.

And students enjoyed all this for only a \$2 cover charge.

CAPS suds flow despite dry-up

by Dante Damiani

Although the province-wide Brewers Retail strike may be taking its toll on many of the local drinking establishments, the suds continue to flow at CAPS.

Margaret Hobbs, SAC facilities manager, said she expects the beer to hold out until the end of the week.

Dave Keenan, assistant manager of CAPS, said in anticipation of the strike, "we ordered about 10 or 12 extra cases of each brand" two weeks ago.

"If the strike lasts for say three weeks, in order for CAPS to stay open, we will have to go to Hamilton Amstel or somewhere else," Keenan said.

"Hopefully the strike won't go that long, but it could because of all the ramifications and job loss involved," he said.

Hobbs said CAPS has run out of draft, however plans are being made to fill their draft supply from Amstel Brewery's in Hamilton.

LET'S SEE
YOU DO IT!

PARTICIPATION



**O.C.A.A.
HOCKEY FINALS**

**HUMBER
VS
SENECA**



Saturday, March 16

7:30 p.m.

Westwood Arena

Game No. 1

HUMBER at SENECA

Thursday, March 14, 4:00 p.m.

*There is a FREE FAN BUS leaving for Seneca, this afternoon, please inquire in Athletics immediately.

Yuk Yuks comic funny, but not quite until the end

by Kathy Patton

Yuk Yuks comedian Rick Solomon should have quit while he was ahead last Wednesday in CAPS.

For the first half of the show, the comedian seemed to have the Humber College audience eating out of the palm of his hand.

But, during the final 10 minutes — at a time when most CAPS audiences are at their peak because of the extra beer they have consumed — Solomon seemed to lose his touch.

And as Solomon's jokes began to lose their humor, the laughter in the audience died down and a few people admitted to becoming bored.

"He started off great, I thought he was really funny...but then he started telling some dumb jokes," said Beth Jones, a second-year retail student.

Tracey Ciano, a former secretarial student, also lost interest in Solomon by the end of his show.

"He was good at first, but after a while, he just wasn't funny anymore," said Ciano.

Solomon, who would only admit to being over 30-years-old, has been a professional comedian

for three years.

So far, the comedian said the most important thing he has learned is to be himself on stage.

"Not only do I try to show the audience a good time too," he explained.

He admits he gets nervous before going on stage but says this helps him to perform.

"When I'm nervous I have more energy and more fun," said Solomon.

For the 12 years before becoming a comedian, Solomon said he didn't "have fun." During this time he was a carpet salesman, but dreamed of making people laugh.

"Those were 12 long years. I thought about becoming a comedian all the time," he said.

Solomon believes it was partially fear, and partially family disapproval that kept him from becoming a comedian earlier.

"When I was younger I mentioned becoming a comedian to my father. But he told me I was crazy...he wanted me to get a real job," Solomon said.

Even though he got a late start in life, he still hopes to be the funniest man in Canada someday.

Lakeshore pubs are high and dry

by Robin Ginsberg

Friday night's CHUM-FM video dance pub at Lakeshore was a success, but will be the last one for a while.

Due to the current lock out by the three large breweries, Cheryl Simpson, assistant pub manager, said SAC has been forced to cancel future pubs until the strike is over.

The campus's pub, the Lakeshore Lab, has a capacity of 500 people, said Simpson. Friday night, the pub only managed to pull in approximately 100-150 students.

According to Simpson, since the teacher's strike, pub turn-out has been disappointing. To make

matters worse, Simpson said the CHUM-FM pub came during exams.

Pubs are held regularly at Lakeshore every Wednesday afternoon and every other Friday night.

The 100-150 people who did show up at the pub Friday night enjoyed themselves, according to Simpson. Diane Bachan, secretary for Lakeshore's SAC, said the turn-out was exactly as they anticipated.

TYPING / WORD PROCESSING SERVICE

- Essays, Theses, Resumes
- Very Reasonable Rates
- Islington Subway
- Call Kathleen 233-4264

CHBR Humber's Distinct Alternative

THIS WEEK'S TOP 30 AS SELECTED BY HUMBER STUDENTS

TOP 30

LW	TW	SONG	ARTIST
2	1	Tenderness	General Public
1	2	Easy Lover	Phil Collins & Phillip Bailey
3	3	I Want To Know What Love Is	Foreigner
7	4	Shout	Tears For Fears
6	5	Run To You	Bryan Adams
5	6	Loverboy	Billy Ocean
11	7	We Run	Strange Advance
4	8	Careless Whispers	WHAM
12	9	Jungle Love	The Time
9	10	Method Of Modern Love	Hall & Oates
8	11	Neutron Dance	The Pointer Sisters
13	12	Somebody	Bryan Adams
10	13	You're The Inspiration	Chicago
19	14	The Old Man Down the Road	John Fogarty
20	15	Burning In Love	Honeymoon Suite
14	16	At The Feet Of The Moon	The Parachute Club
21	17	Just Another Night	Mick Jagger
15	18	Not In Love	Platinum Blonde
16	19	Solid	Ashford & Simpson
22	20	Shades Of '45	Gary O'
17	21	Don't You (Forget About Me)	Simple Minds
24	22	Private Dancer	Tina Turner
28	23	Sexcrime (Nineteen-eighty-four)	Eurythmics
26	24	Criminal Minds	Gowan
23	25	Take Me With U	Prince
18	26	Sea of Love	The Honeydrippers
29	27	Innocent Little Boy	Lamarche
30	28	Smalltown Boy	Bronski Beat
27	29	Tonight	David Bowie
25	30	Material Girl	Madonna



Dialogue on drinking
Think about it. Talk about it.
Take action.

TAKE ACTION ON OVER-DRINKING.

"I like the taste of a cold beer on a hot day, but I certainly don't think you have to get the gang together with a couple of cases of beer just to celebrate the fact you've had a bit of exercise."

JOHN WOOD
OLYMPIC SILVER MEDALLIST

Canada Health and Welfare Canada Santé et Bien-être social Canada

Thursday Night Pub



This week featuring

Grottybeats

March 14

Students \$4.00 Guests \$5.00

Doors open at 7:30 p.m.

COME AND BE A PART OF THE CHANGE!

Watch for: The Secret Police next week

Bars around town:

Spotlight

by Janice MacKay

Young or old, punker or rocker, everyone's kept bopping at the Horseshoe Tavern.

Located at 368 Queen W., the relaxed atmosphere at the Horseshoe is perfect for any type of person to mingle, or just to enjoy the up-beat music.

Bands at the Horseshoe play a wide range of original music including rock, new wave, blues and country. According to manager Ken Sprackman, the bar features bands to please all.

"Eight to 80, blind, cripple or crazy — that's our clientele," said Sprackman.

Up to 350 people can come and enjoy bands such as Paul James or David Wilcox.

"We prefer bands that do their own material — up and coming rising stars," said Sprackman.

Sprackman calls his tavern a local neighborhood bar and said they feature local Ontario talent.

And anyone who can't afford to pay to see the local talent, can sit in the front room at the Horseshoe for no charge.

"We have two rooms. The front room has a pool table, a shuffle board, and a good

view of the band for no cover charge," said Sprackman.

But for those who want to dance, or who want a closer peek at the band, the cover charge is \$4.50.

Although some say the cover charge is a touch on the expensive side, most, such as those who packed the house to see Paul James on Feb. 23, agree that it's worth the price.

"The music here is always superb. I love Paul James and have his album at home — so I don't think the price is bad," said Pete Harding, a regular at the Horseshoe who attended Paul James' performance.

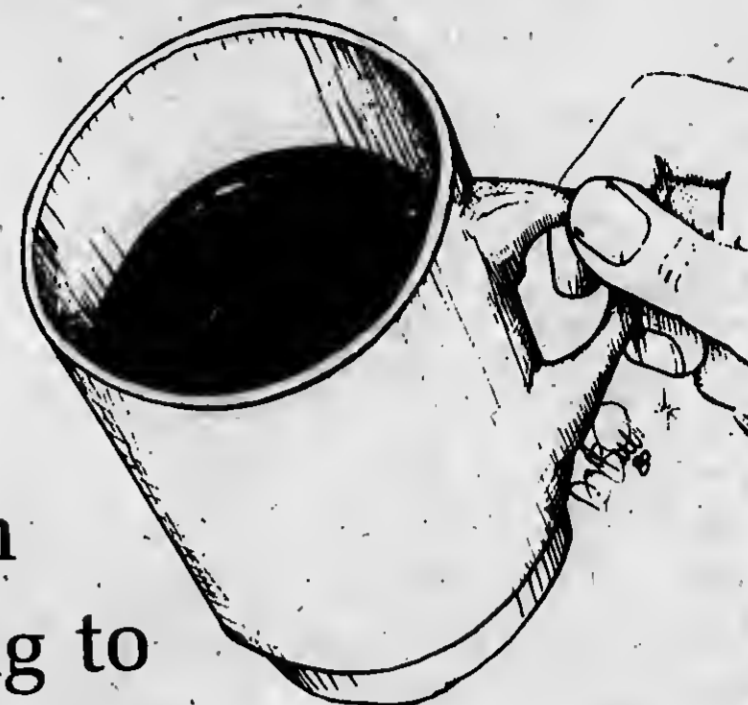
And booze prices aren't too bad either. They range from a \$2.05 beer to \$3.25 for a cocktail.

"I come here with the guys after work. It's a cheap and relaxing place to be," said Harding.

The bar has been a gathering place since 1947. Bands like Loretta Lynn and the Police have performed there. At one time the bar featured big country stars, and, later, big bands from England.

The bar still has relics from its earlier ages. Generations of music cover the wall in the form of albums. Walls not plastered with records, are cluttered with posters.

JOIN US FOR A SPECIAL COFFEE HOUSE



Enjoy your lunch
while listening to
the smooth sounds of

TIM ALLEN

11:30 — 1:00 p.m.

FREE!

ANOTHER ACT OF
sac

EMPLOYMENT OPPORTUNITIES PLACEMENT SERVICES

COMPANY	PROGRAMS	APPLICATION DEADLINE	TYPE OF POSITION	INTERVIEW LOCATION	DATE
Cineplex	Bus. Admin., Gen. Bus., Mktg.	Fri., March 15	Permanent	T.B.A.	T.B.A.
McKechnie, Jurgel, Mackenzie	Legal Assistant	Fri., March 15	Permanent	T.B.A.	T.B.A.
Wang	Electronics Tn./Tgy. Presentation: Wed., March 20	Wed., March 27	Permanent	North	Thurs., March 21
Ontario Cancer Institute	Safety	Fri., March 15	Summer	T.B.A.	T.B.A.
Stanton House	Any	Fri., March 22	Permanent	North	T.B.A.
McDonalds	Hospitality, Gen. Bus., Bus. Admin.	Tues., April 2	Permanent	North	T.B.A.
North American Decorative Products	Chemical (Lab. Tn., Industrial, Micro., Eng. Tn./Tgy.)	March 19	Permanent	T.B.A.	T.B.A.
Futurepak	Bus. Admin., Gen. Bus., Mktg.	March 27	Permanent	T.B.A.	T.B.A.

SEE YOUR PLACEMENT DEPARTMENT FOR FURTHER DETAILS.
BE SURE TO ATTEND AN INTERVIEW WORKSHOP IN SAC CONFERENCE ROOM:
MONDAY, MARCH 18 — 9:30 to 10:30 a.m.
THURSDAY, MARCH 28 — 2 to 3 p.m.

THE PLACEMENT CENTRE HAS PLANNED A SPECIAL WORKSHOP FOR SUMMER EMPLOYMENT — TUES., APRIL 9, 3:30 P.M. TO 5:00 P.M.
COME AND FIND OUT THE SECRETS OF FINDING WORK IN THIS COMPETITIVE MARKET.

ALSO BE SURE TO REGISTER NOW FOR SUMMER EMPLOYMENT WITH THE CANADA EMPLOYMENT CENTRE FOR STUDENTS IN THE PLACEMENT CENTRE.

Feature

Beautician love-in a hairy sight

by Tom Foley

Rod Anderson is surrounded by curious hairdressers, but they're not inspecting his close-cropped head. The Humber graduate is demonstrating a new hair coloring product from L'Oreal called Easi-Meche.

The scene is the Metro Toronto Convention Centre last Sunday, where thousands of beauticians have gathered in a hairy two-day love-in, to see and be seen. This is the Allied Beauty Association's annual trade show, largest in Ontario.

Anderson, 20, is an honors grad of Queensway's hairdressing program. He says most his age don't usually get the chance to be in shows like this.

He is wearing see-through white silk pants and a G-string

But according to L'Oreal technical manager Ray Plunkett, Anderson's age was among the reasons she chose him.

"I was looking for the youngest generation of our industry," she says in her Scottish brogue.

Anderson has only been in the business two years but has already established many contacts. He credits much of his rapid advancement to his employers, McKinnon Hair Design in Hamilton, where he is a color technician.

"McKinnon was rated one of the top 50 salons in Canada by Toronto Life magazine," Anderson says.

One of that salon's owners, Andy McKinnon, says participation in trade shows is a fine way to advance a career. "They opened the door for me," says Anderson, "now it's staying open." He pauses as two French-Canadian models glide by. They look like bored Dairy Queens.

Anderson points out a middle-aged man whose hair is in a pony tail. It is Luc Traversy, a top Montreal stylist. He is wearing see-through white silk pants, and a G-string. He is responsible for the cone heads.

Three women dressed in synthetic hair are boogeying

Anderson went to Humber because the government requires beauticians to take a course in basic technique to obtain their licence.

He says it's a good course, but thinks it's about time the authorities updated the examination procedure. "They teach a lot of stuff that you never use in the salon, like finger waving and roller sets," he says. "They don't teach much about coloring, either."

And he says it's difficult to learn from instructors who haven't been out in the real world for a while.

He sips his beer. Another model drifts by. This one is a human palm tree, wearing the same weary expression as the others.

Anderson thinks the models are a trifle conceited. "You give them some clothes and a hairstyle and they think they own the world." He's not impressed.

He glances at one of the many

stages around the floor. Three women dressed in synthetic hair are boogying to the folk-rock version of "Age of Aquarius."

Elsewhere, a stage bedecked with Italian flags is offering an innovative presentation.

As stylists snip away, a bearded gentleman is scrawling feverishly on a large notepad. His teeth are bared, his expression tortured. They are selling something.

"I don't mind being a salesman," says Anderson. "L'Oreal makes good stuff. I believe in it." Plunkett says Anderson is doing a great job selling Easi-Meche.

Next up for Anderson is 10 days in London, England, where he is taking a L'Oreal color course.

While he's getting more involved with the company, Anderson says he wouldn't accept a job with L'Oreal. "I'm happy where I am," he says. Anderson has a vision of one day running his own salon.

The day is coming to a close. A short fat man is playing an accordion. He is bald. It's time to leave.



"I feel as if I'm speeding down an endless black tunnel"

Getting tanked on tranquility

by Don Douloff

I used to hate the dark. But not anymore. I recently had a revelation.

For the price of four Sinatra albums, I penetrated new areas of my mind, healed a squash injury and got high. All of which took place in something that looks like an oversized coffin with a side door.

I climb through a small entrance into a plywood container filled with water and shut the door. Total darkness envelopes me. It's humid, like a pup tent on a July afternoon. Something's happening. I feel as if I'm speeding down an endless black tunnel. My mind shrieks: "I'm not in control. I've got to get out." I push open the door, relieved at my return to familiar surroundings, the comforting pink room, soft and bright.

This colorfully decorated room holds a sensory deprivation tank. Invented in 1954 by Dr. John Lilly to aid his mind research, tanks have become quite popular in the last five years among frazzled urbanites. Medical and behavioral researchers are using tanks to study everything from over-eating, to educating children, and improving athletic performance.

What is an isolation tank? It's a plywood container measuring about eight feet by four. It contains 10 inches of water heated to just below skin temperature. One thousand pounds of Epsom salts are dissolved in the water, creating an extremely dense solution. In the tank you float like a cork in a soundless, lightproof environment.

Basically, flotation tanks harness our imaginations by forcing the brain to turn its powers inward. The brain spends most of its waking hours processing the millions of stimuli that bombard us daily: sights, sounds, smells, temperature changes, gravity. In fact, most of our fatigue results from fighting gravity. Floating eliminates these stimuli. With nothing to do, the brain has some fun.

Some fun. I'd just paid \$25 to lie in a dark bathtub for four minutes. My cowardice annoys me. Loathe to waste money, I decide to continue, inserting the wet cotton balls that keep the salt water out of my ears. I get in and close the door. The outside world disappears, replaced by a new one.

White, indistinct forms dance before my eyes. I'm completely still now. I'm losing awareness of my body. I forget I have arms and legs. I'm in inanimate suspension in a tepid, liquid void. The only sounds I hear are the deafening pulse of my breathing and heartbeat.

A knock ends my reverie. I want to respond, yet can barely move my arm the necessary eight inches. Numb, I splash a reply. I must leave my world and enter theirs.

Did floating benefit me? Absolutely. I need less sleep now than I did before the float. An old squash injury, which had left some stiffness in one ankle, disappeared. And there's that indescribable peace, which no drug could match.

Sports

Hawks soar into provincial finals

by Donna Ranieri

Bring on the Braves. Humber's varsity hockey team dished out the Georgian Grizzlies with last Saturday's a win in the third and deciding game of their best-of-three semifinal series.

The clubs were tied at one game apiece heading into the match after a pair of tough games. The Hawks required the craftsmanship of their artful centre, Doug McEwen who led the team to the 6-4 victory by scoring two goals and adding two assists.

McEwen, who has been sidelined with a severe knee injury since November, got back into the Hawks' lineup just in time.

His rehabilitation went almost exactly as according to plan as both McEwen and trainer, Alf Bormanis estimated months ago he would not return unless the Hawks made it past the first round of the playoffs.

"It was the first time I was on a line with Horvath (Bruce) and Rosenberg (Dwayne) and we only practiced once," said McEwen,

"I felt good."

Hawk coach, Gord Lorimer had nothing but praise for McEwen's effort.

"Dougie is like a thoroughbred race horse, once he gets going he wants to go, go, go!"

Not only was it the first time McEwen played a regular shift since the injury, but it was also the first time the Hawks received the fan support they deserved.

The bleachers at Westwood Arena's were nearly full and announcements of the goals near

the end of the game were barely audible due to cheers of encouragement.

In the second game of the series the Hawks got away from the strong checking game which had been so effective for them in the past but in the third game, it was back to basics.

According to Grizzlie coach Rick Hopper, the difference in the game was that Humber out muscled his club them.

"We're a lot more fancy team than they are but they've got some

big guys with a lot of talent like O'Brien (Bob), Horvath, Turner (Steve) and Skjodt (Paul)."

The only time the Grizzlies were leading was in the first period when winger Scott Jackson notched a hat trick and provided his club with a 3-2 advantage.

Jackson's three power play goals were countered by markers from O'Brien and McEwen.

Although Humber was short-handed for most of the period, they still managed to keep the Grizzlies in their sights. Hawk goaltender, Scott Cooper's performance between the pipes was definitely one of the reasons.

"They took penalty, after penalty, after penalty and we just didn't capitalize on them," said Hopper.

Lorimer acknowledged that the Hawks will have to cut down on the amount of time they spend in the penalty box if they want to remain in the hunt for a national title.

"I thought we took a lot of bad penalties but the referee was over exaggerating on a few of them," he said.

In the first game of the series which the Hawks also won 6-4 at home, Turner continued his incredible scoring pace with a hat trick and Cooper played his best game of the series.

Cooper playing at his best

"Cooper was fantastic, he proved he's the best goalie in the league," said Lorimer.

Hopper echoed Lorimer's thoughts.

"Cooper is one of the best goalies in the league, he proved it tonight, he was outstanding."

The second game was played at Barrie in front of a crowd of some over enthusiastic Grizzlie supporters.

After Georgian scored their sixth and winning goal with only 16 seconds remaining some overzealous fans began leaning into the Hawks bench area.

It took a concerted effort by some partisan Humber fans to remove them from the area.

Some coaches around the League have voiced their dissatisfaction with the playoff format employed by the league and Hopper is no exception.

"I'm not being a bad loser or anything but it's just not a good playoff format," he said.

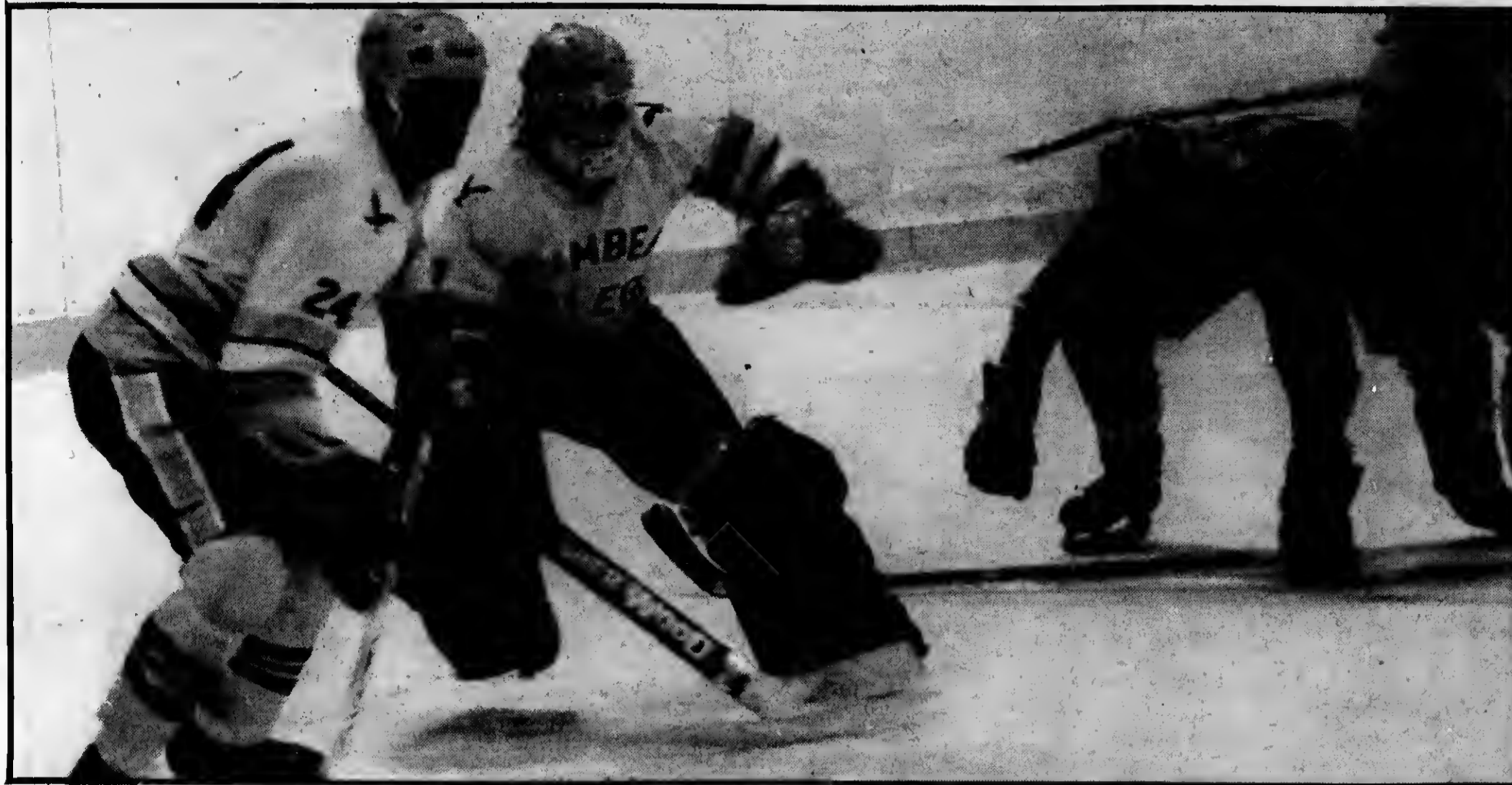


PHOTO BY DONNA RANIERI

Uh oh! — Goaltender, Scott Cooper hustles to get back into position for a shot coming from the point in last Saturday's series clinching win over the Georgian Grizzlies. The Hawks now advance to the OCAA finals against their crosstown rivals, The Seneca Braves. Humber will be at home Saturday 7:30 p.m. at Westwood Arenas.

Arch rivals meet for championship

by Mike Williscraft

Any time a Humber Hawks and a Seneca Braves squad hook up in any type of competition the rivalry is intense, but when Humber's men's hockey team travels to Seneca's home arena for the beginning of the Ontario Colleges Athletic Association's (OCAA) finals this afternoon things will be at a fever pitch.

The build up to this series has been going on since the early part of the season.

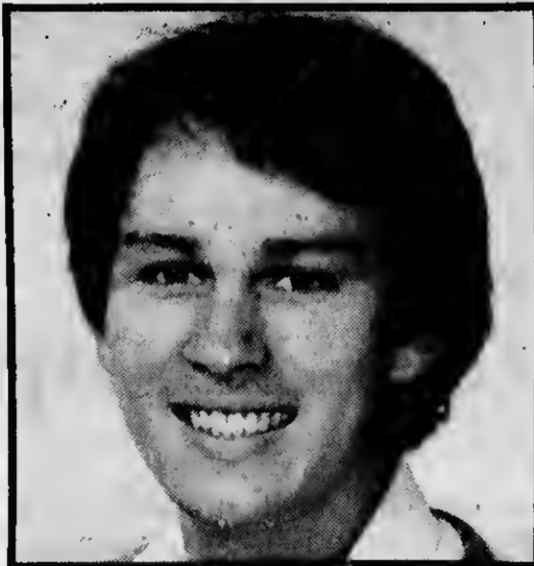
The first two meetings between the teams were not too pleasant for the Hawks as they were trounced by scores of 12-3 and 11-5.

But, the next two matches were very good outings as they downed the Braves 3-2 and 5-4, with both games being decided in overtime.

If one was to make excuses for the pair of early-season blowouts, one could blame the injuries that plagued the Hawks just after the season started.

The Hawks lost the following players: Doug McEwen, 21 games because of a knee injury; Bob O'Brien missed most of the season because of a shoulder injury; and Steve Turner, who finished in a tie for second in OCAA scoring, missed several games due to a knee injury.

Now, the Hawk machine is rebuilt, rolling, and gaining speed rapidly.



Doug McEwen

McEwen is back, strong as ever. In three playoff games he has bagged two goals and set up six others. O'Brien is also playing very well, as is Steve Turner, whose recent red hot scoring has led the Hawks into the finals.

The Braves, on the other hand, have been relatively injury-free although their physical condition after their semi-final match against the rugged Canadore Panthers is unknown.

There were unconfirmed reports that Seneca's league-leading scorer, Drake Turcotte, suffered a separated shoulder in the series. Those rumors are untrue, according to Dave Idiens, Seneca Sports Director.

"We will be at full strength Wednesday and Drake will be in the lineup," he said.

With both teams at full

of Seneca's, it would be considered a good crowd.

The schedule for the final series looks this way:

Thursday, 4 p.m. at Seneca
Saturday, 7:30 p.m. at Westwood
Monday, 4 p.m. at Seneca (if necessary)

strength, a major factor could be the number of penalties taken by each team.

Recently, the Hawks have done a good job of curbing their penalty-taking habits, but in the third game against the Georgian Grizzlies the problem arose again, as they spent a large portion of the game either one or two men short.

Although Humber's penalty killing unit is very strong, the rest of the squad will have to keep a tight rein on their emotions or the Braves' potent powerplay will eventually capitalize on their opportunities.

Another factor which could affect the outcome of the series is Seneca's home ice advantage.

Their home arena is small but always packed to the rafters with wild Braves fans.

If the crowd at Saturday night's second game (7:30 at Westwood Arenas) was one quarter the size

For more Yukon Jack recipes write: MORE YUKON JACK RECIPES, Box 2710, Postal Station "U", Toronto, Ontario M8Z 5P1.

Curling rink in provincial tourney

by David Canivet

Humber's men's and mixed curling squads entered the Barrie regionals on February 21-22 with high hopes, but only one team survived to capture a spot at the provincial championships.

The mixed team, consisting of Bruce File, Jeff Holmes, Lisa Riley and Joanne Mangotich, just did make it into the provincial tournament with a 5-4 record.

Their win-loss record was good enough to place them in second spot behind the league leading Seneca Braves whose record was 8-1.

However, the same 5-4 record was not good enough to help the men's team, made up of Brad Frazer, Ken Chinico, C.J. Miller and Rob Saunders, get into the provincials as they finished third behind the Centennial Colts and the Georgian Grizzlies.

Both rinks were at the London regionals last week-end, with Humber in the B division.

The abrupt ending to the men's season was disappointing, especially because of the way they lost their final game by one point to Georgian.

In that match Humber was

down by a considerable margin until they staged a big comeback only to have it fall short by a single point.

"At one point, we were down four and we scored a five ender to take the lead. That gave us a little confidence back. It ended up coming home in the last end that we were all tied-up," said Ken Chinico.

"We had it all set-up to steal the end, but one of our rocks didn't curl enough to get behind a guard. We didn't capitalize on it. They made a good shot to win the game."

Both teams came into the regionals sporting identical records of 4-2, and their records at the regionals were both 1-2.

The mixed team lost 9-5 to Georgian and 8-4 to Seneca, while they scored their lone victory by nipping Centennial 6-4.

Meanwhile, the men hammered Seneca 15-6 but lost 7-2 to Centennial and 9-8 to Georgian.

All games in the regionals paired teams in the same Ontario Colleges Athletic Association (OCAA) divisions as the Humber rinks.

In the past, teams from Hum-



ber's zone have gone on to greater heights according to Chinico:

"The level of competition in our zone goes all the way to the Canadians from what I understand," he said.

"They still have to get through the provincials, but they're usually respected in high competition."

GRIZZLY

No. 1 in a roaring good series.

ENCOUNTERS

(The day Guy Mann ordered the toast.)



I was sittin' in this roadside joint when along comes a bear all dressed up like a waiter. Told him I'd like a Grizzly Beer and an order of toast. "I can getcha the Grizzly, but there ain't no toast," said the bear. "This is lunch, doncha know." I was real tickled that they had the Grizzly Beer. Told the bear how smooth and easy goin' down it was, and how it came in a nice tall bottle and went at regular beer prices. Also told him it was sellin' like hotcakes down there in the U.S.

"Don't have any hotcakes either," said the bear. "This is lunch, doncha know." Fine, I said. Get me a Grizzly Beer and a toasted chicken sandwich. Hold the mayo, hold the lettuce, hold the chicken. Smilin', the bear said, "Where should I hold it?" Well, to make a long story short, the bear brought the Grizzly. And we struck up a friendship. 'Cause he had a sense of humour, you see. Holdin' all that chicken and lettuce in the place he was holdin' it.

Grizzly. Paw yourself a smooth one.



HUMBER

Student Life Appreciation Award

The Student Life Award is a way to honour and express gratitude to those who have tirelessly and unselfishly given of themselves beyond what is expected of them as a member of the college community.

Student life at Humber is all things which support and enhance students' existence on campus, in addition to their academic pursuits. An anonymous committee, appointed by the Student Life Appreciation Committee, will consider nominees in the following areas:

COMMUNICATIONS

Any person who contributes to Newspapers, Radio Stations, Clubs or Course Associations.

ATHLETICS

Any person who contributes to Varsity or Intramural programming, facilities or special events.

STUDENT GOVERNMENT

Any person who has shown outstanding contribution towards Student Government and the success of their of their services and activities.

SPECIAL EVENTS

Any person contributing to the success of any of the following: Children's Christmas Party, Blood Donors Clinics, the United Way or any fund raising events.

ASSOCIATE

Any person or group from outside the immediate college community, for example an Alumni, who contributes outstandingly to Student Life at Humber.

Staff, Students or Faculty can nominate ANYONE for a Student Life Award. Nominations will be accepted from March 1, 1985, until April 1, 1985 from all campi. Awards will be given out at the Student Life Appreciation Banquet, April 29, 1985 (Invitation Only).

Nominations can be dropped in the Housing or SAC offices, or mailed through the Internal Mailing System within the college.

NOMINATION FORM

Name of Nominee

Award Category

Department/Division

Name of Nominator

Department/Division

*Nomination form must be accompanied by a short letter of recommendation describing the activities of the nominee and your reasons for selecting them.