



PHOTO BY TOM GODFREY

**Up in smoke** — Last Thursday night, more than \$100 damage was done to a janitor's storage room when a fire started in a garbage bin. Officials believe the fire was caused by a smouldering cigarette butt that had gone unnoticed by the janitor. The

room, H236, was locked at the time of the fire. A heat detector set off the alarm and students passing by noticed smoke and tried to break the door down. A janitor was called and the door was unlocked. The flames were extinguished before firefighters arrived.

## ***Smouldering cigarette blamed***

# **Garbage fire causes \$100 damage**

by Dina Biasini  
and Annemarie Kruhl

More than \$100 damage was caused when fire broke out in a storage room in H Block last Thursday evening.

The fire started in a janitor's garbage bin and was believed to have been caused by a smouldering cigarette.

The fire was discovered about 7:20 p.m. when the fire alarm went off, triggered by a heat detector in the storage room.

Five second-year Electronics Technology students were the first to witness the smoke and fire underneath the storage room door at H236.

"The fire alarm was already on when we walked by and saw the smoke and flames under the door," said Aldo Ferrante.

Another student, Sam Chiappetta, said they tried to kick the door down, but couldn't get it open.

Then the janitor came and

opened the door. We grabbed two fire extinguishers to put it out," he said.

Student Ezio Capobianco said the garbage bin was on fire and the paper tissue on the shelves was also ignited. He said the flames were burning the ceiling and there were bottles of cleaning fluid on the shelves as well.

"It didn't look too serious. I think the cause was cigarette butts. At first we thought it was just a joke," said Luigi Bove.

The fire was extinguished before firefighters arrived, although the alarm continued ringing for an hour. Gary Jeynes, manager for safety services, said the students and janitors handled the emergency fairly well. There is no sprinkler system in the storage room.

Jeynes, who was having dinner in the Humber Room at the time of the fire, said the detector control panel indicated what floor the fire was on.

Janitor Bill Bedford was also having dinner at the time of the fire.

"Why did they pick my room?" he said. "I locked the door and left. I had swept everything off the floor. It could have been a hot cigarette butt."

Norman Aylwin, Etobicoke district chief, said a cigarette was found in the garbage canister. The bottles and their contents in the room were non-flammable.

## A three per cent hike

# Student drop-outs increased this year

by Sam Scrivo

Humber College's Registration Centre has received a record 21,247 applications for full-time studies and submissions are expected to rise to more than 25,000 by the 1984 fall semester.

According to Associate Registrar Judy Knoops, the present total represents a nine per cent increase over last year's figures.

The record-breaking statistic represents applications to Humber's seven campuses.

She said all programs are well-subscribed, with the heaviest demand in the Health Science areas of Nursing, Early Childhood Education and Ambulance and Emergency Care. Business Administration and General Business are also over-represented.

According to a College press release, two major factors are responsible for the increase of applications. One is the Universities of York and Toronto will boost their admissions cut-off point next fall to a 65 per cent high school average. It currently stands at 60 per cent.

Guidance counsellors are recommending students apply to as many institutions as possible.

While youth unemployment remains high, young adults continue to apply to post-secondary institutions. Of the more than 25,000 applications Humber will receive this year, only 5,000 freshmen are expected to register, according to the release. The remaining applicants default at various points prior to September and either drop out altogether or continue their studies elsewhere.

Meanwhile, Humber's overall attrition rate increased to 9.7 per cent between November 1983 and February 1984, compared to 6.1 per cent last year. Other figures show 8,082 students were enrolled at Humber in February, a sizeable increase over 7,781 the same time last year.

However, Applied and Creative Arts Dean Carl Eriksen believes the attrition figures are somewhat misleading. There are students who leave the College for various reasons, Eriksen said.

What the figures fail to show is the number of graduating students or those who enrol in other programs in January. Eriksen said the declining figures are normal for this time of year.

"When I look at the attrition rates of other colleges, they are

relatively the same," said Eriksen. "It's very difficult to be specific as to why people leave. But I know that in the Arts there's a tendency for more people to move around."

The number of students in the ACA division has gone from 2,301 in November, to 2,017 in February. Theatre Arts has the highest attrition rate. Twenty-six of the 78 students enrolled in the program did not return in the second semester.

Eriksen said students have a tendency to change courses in the middle of the year, job-out, or leave for personal reasons. Some students don't return simply because they haven't kept up with course requirements.

Although Humber's attrition rates are relatively similar to those of other community colleges, Eriksen hopes to reduce the figures and encourage students to continue.

"I'd like to get attrition rates down," said Eriksen. "However, not at the expense of lowering our standards. It's a matter of talking about the issue constantly to students and faculty members."

Norma Peterson, Fashion Modelling and Related Careers coordinator, gave various reasons as to why some of her students quit. Peterson said some of her students have problems living away from home.

More than 60 per cent of her students are from out of town, some as far as Newfoundland.

Fashion Modelling and Related Careers has the third highest attrition rate following Theatre Arts and Audio Visual.

Peterson also said some students have false expectations of what they're getting into.

"I think there are a lot of misconceptions in the program," said Peterson. Students don't realize

industry's expectations and are often unprepared to meet the challenge of their courses, she said.

Vickie Jones, 19, a Fashion Modelling and Related Careers student, said some women in the course limit themselves to just modelling, neglecting the rest of the courses such as Cosmetology.

The one-year program is demanding, especially when you're from out of town and without a part-time job, said Jones, a Stratford resident.

"It's discouraging when you're putting all your money in the course and there's no income coming in."

Eriksen said eliminating attrition is virtually impossible, but it can be reduced to an extent if students are encouraged to remain in school for the duration of their program.

## Placement needs volunteers

by Claire Bickley

A unique opportunity is available in Humber's Placement Centre for students willing to volunteer a small amount of their time each week.

The centre is currently taking applications for 15 voluntary student placement officers at the North and Lakeshore campuses.

Although there is no salary attached to the position, Placement Director Martha Casson said it offers many benefits.

Successful applicants will spend approximately three hours a week in the centre and will be responsible for helping students prepare resumes and brush up interviewing tips.

Other responsibilities include

promoting the hiring of Humber students and visiting area businesses to develop a mailing list of potential employers.

Casson said the position is a good chance for students to learn to deal with their peers and practice public speaking.

She said it is an ideal opportunity for social services students to gain practical experience, but she is encouraging students from all programs to apply.

As well as providing those students chosen with experience and an honorarium expected to be about \$100, the volunteer work may aid the students in finding employment for themselves. In addition to easy access to the Placement Centre's resources, the

staff will be the first to know of job openings.

Casson said she is looking for out-going, energetic students who will be returning to school next year.

The positions will become available in the fall semester of this year and run until Christmas. The deadline for applications is April 6, at both campuses.

## SAC jobs get interest from students

by Josefina Albihn

There has been an apparent increase in Humber students' interest in SAC this year. The voting turnout for the presidential election more than doubled compared to last year, and, last Wednesday the SAC-representative nomination closed with 28 students running for 19 positions.

"Usually, there aren't enough people to fill the positions," said Claire Bickley, SAC's Chief Returning Officer, who met with the students to declare them candidates and to give them some hints for their campaigns.


She attributed the students' growing wish to get involved to the groundwork done by the candidates that ran for SAC's executive positions. With their visits to each classroom, "they encouraged people to vote and run for the rep election," she said.

To enter the race, the nominees had to submit a \$10 deposit and a copy of their academic standing, collect 30 signatures from their division and name a scrutineer.

Six candidates were acclaimed at the meeting.

This week, the other candidates from the Business, Applied and Creative Arts and Health Science divisions will spend their time convincing fellow students that they have what it takes to become SAC reps.


The General Arts and Science division "still need a rep," said Bickley.



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## Humber Arboretum sponsors symposium

by Grace Rutledge

Spring has arisen, and the thoughts of many green-thumbed gardeners are turning to plans for this year's display of flowers and shrubs.

And because this is also Toronto's 150th birthday and Ontario's Bicentennial, their thoughts might also turn to the history of gardens in southern Ontario.

On Friday March 30, Humber College Arboretum will sponsor a one-day symposium on the garden history of southern Ontario. The site for the symposium will be the Old Mill, where the preservation of natural surroundings have always been a high priority.

Although it is a relatively new field of study in Canada, garden history has been thoroughly researched and delves into how humans have attempted to improve their natural surroundings by looking at ideas and raw materials that shape our gardens.

Five speakers will cover different aspects of early Ontario landscaping, ranging from a focus on gardening in early Toronto by landscape architect Ron Fischer,

who will cover differing aspects of early Ontario landscaping, to garden writer and historian Pleasance Crawford, who will present a survey of the nursery business in 19th century Ontario.

"The nursery business in the Toronto area dates back to the early 1800s, which is surprising, because settlement was only beginning at that time," Crawford said.

Other topics addressed will be a review on the research and development of Morgan Gardens in London, Ontario; the development of changes in the southern Ontario landscape, and the transformation from forest and plain to agri-business and city.

Arboretum Director Art Coles says he expects about 50 people to attend the symposium at a cost of \$55. Each which will include lunch at the Humber Room.

"A team of two program coordinators came up with the idea for the symposium, and I thought it was a good one," Coles said.

The symposium starts at 10 a.m. at the Old Mill, 21 Old Mill Rd., Toronto. For registration information, contact Art Coles at 675-3111, extension 4445.

**Program expands**

**Computer Co-op begins work terms at Humber**

by Louella Yung

Humber's newly established Computer Co-op Program (CCP) is preparing to enter its first phase of work term experience but the students are finding strong competition for placement from other colleges and universities.

The CCP was offered for the first time last fall at Humber. Coordinator Don Cassel said the program was geared towards mature students because the college "recognizes the need need in our society for retraining."

Fifty per cent of the CCP students possess university degrees and Cassel said the average age among students is about 27.

"The educational level is relatively high," Cassel said, adding, "There's probably a need, as well, for students who have exposure to the business world."

The first CCP group is approaching its first work term in May. However, Cassel said there may be some difficulties in getting all the students placed.

In order to be eligible for the work term, a student has to maintain a 70 per cent average, Cassel said.

Anyone who fails to achieve the required percentage will have to transfer to Computer Programming, an academically identical program.

Deanna McKenzie, the placement officer working with CCP, said progress has been slow because this is the college's first CCP work term.

Humber's CCP students have to compete with computer co-op stu-

dents from other Ontario colleges and also from the University of Waterloo, which has long established its computer co-op program.

To date, about 20 companies

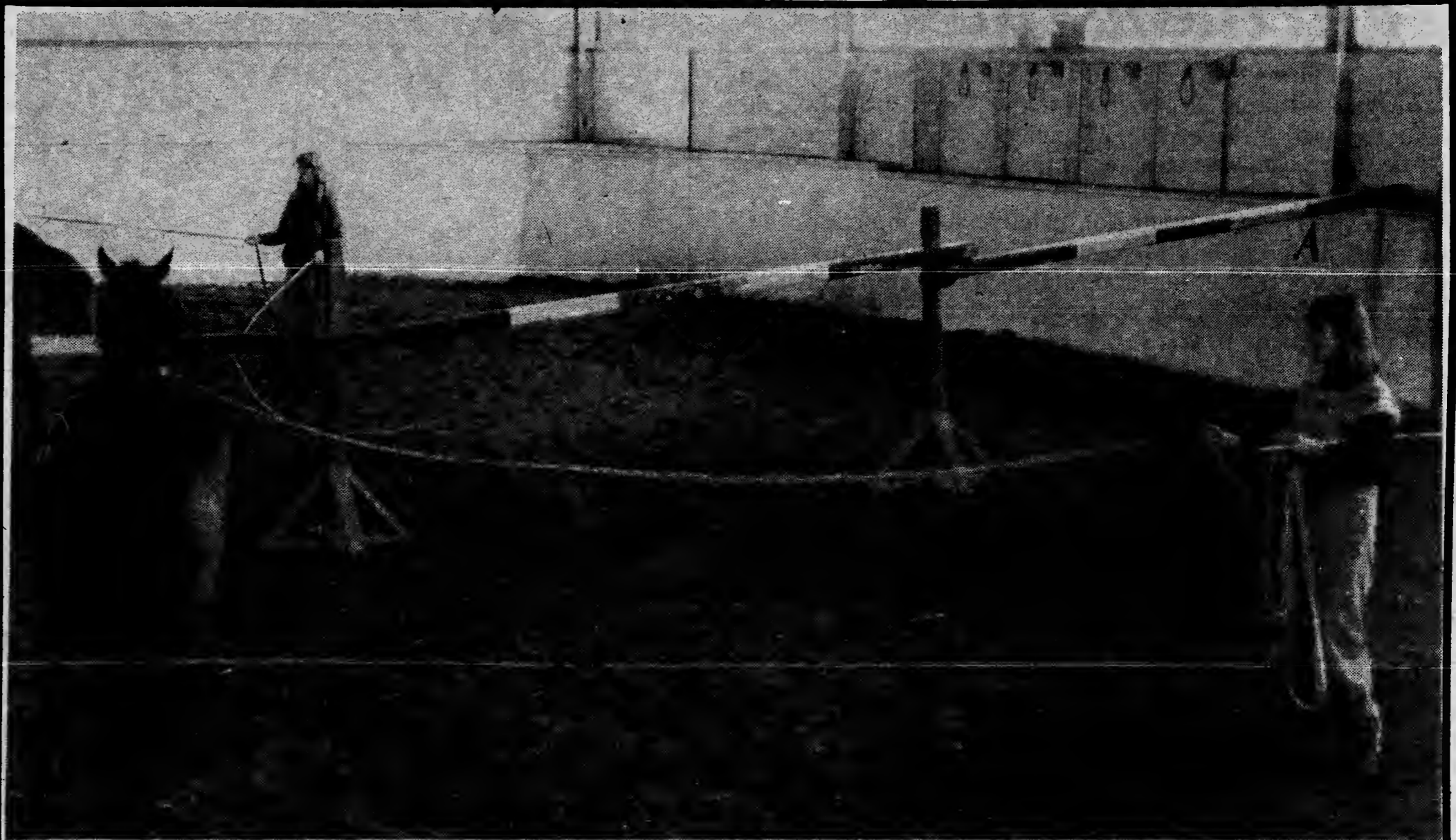
have come up with 24 positions for 27 qualified CCP students. McKenzie has until the end of May to place all available students.

McKenzie said she has found

this group to be "high calibre" students, who are extremely well qualified and have excellent communication skills and mature attitudes.

"The employers are quite

amazed because they are used to getting people from other Ontario colleges who come right out of Grade 12, having no working experience and with an average age of 17."



**"Windy Boy" goes to college** — Second year Equine Coaching student, Susanne Bradshaw, is trying to "break-in" a new horse. This course is part of the Equine Studies program which is offered at Humber college north campus.

PHOTO BY JULES STEPHEN XAVIER

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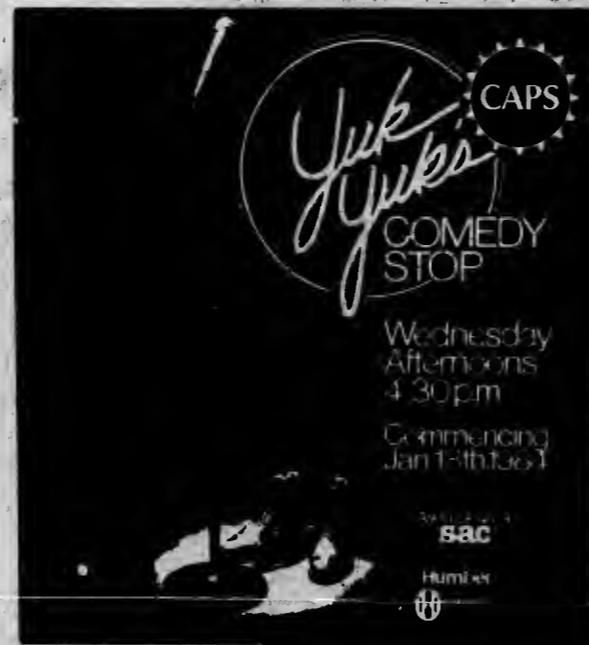


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# EDITORIAL

## College policy vs. attrition rates

It's one thing to be accepted into a program at a community college in Ontario. After all, Humber's Registration Centre has received a record 21,247 applications to date for full-time, first year students and will only accept 5,000 freshmen next year.

But, if Humber's attrition rate is any indication, it's another thing entirely to graduate from a program.

Humber's overall attrition rate from November, 1983 to February, 1984 was 9.7 per cent, compared to 6.1 per cent during the same period last year.

And according to Carl Eriksen, dean of Applied and Creative Arts, the problem is not unique to Humber. The attrition rates at other colleges are relatively the same, he says.

There are many reasons for such a large rate. Some students, who have moved away from home for the first time, fall by the wayside, unable to handle their new responsibilities and independence. Others job out before they complete their program and still others are forced to drop out for financial reasons.

The college can't be expected to solve these problems but there are two other major reasons for student attrition that we think the college could go a long way to solving.

First of all, the admission requirements should be better spelled out and more selective for certain programs. Currently, an admissions committee at the college is reviewing a new policy draft from the education ministry which would allow, it appears, certain programs to be more selective in the types of students it accepts into first year. We would support this move.

After all, if students come into a program better-equipped or with skills specific to that program, we would think fewer failures would result.

In addition, during the admission interviews, both what is expected from the student and what will be taught in the program should be better spelled out. Such a practice should decrease the number of students who drop out because they are not prepared to meet the challenge of the program or call it quits because they are disillusioned with the content.

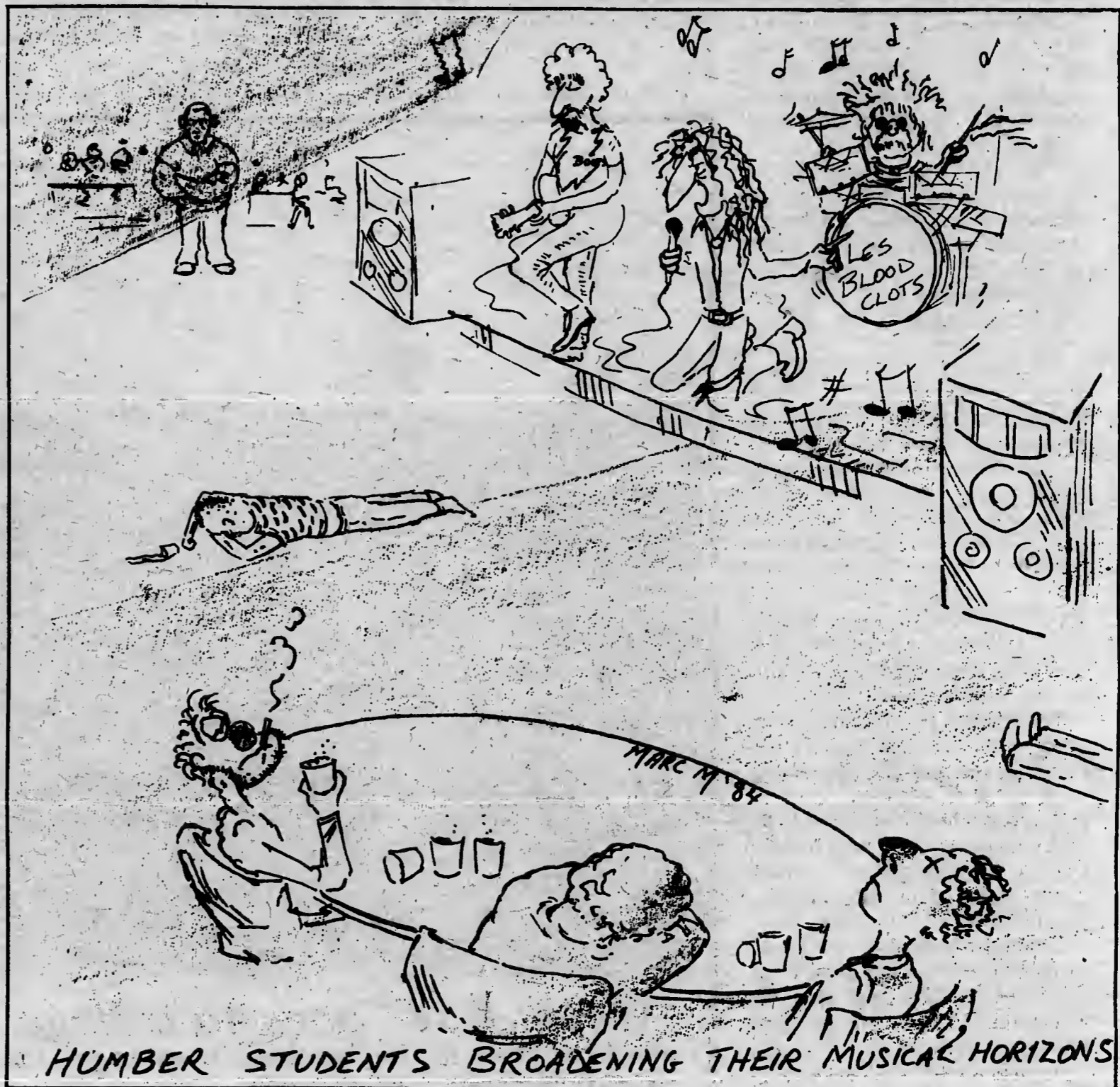
The other area the college could take a good hard look at is its apparent emphasis on quantity, perhaps at the expense of quality. There are 8,000 full-time students in the college this year in a facility designed to handle a number far fewer than that.

Complaints about a lack of space and either not enough or out-dated equipment have become commonplace.

How much individual attention can a teacher give a student when classrooms are so crowded? This type of atmosphere can't be very healthy for a student who needs extra attention or tutoring.

Could all the recent talk of student apathy have anything to do with this?

Taking all of this into consideration, we believe the college must decide whether or not it wants quantity or quality, after all isn't this institution for the betterment of the students' future?



## Letters

### Student labels probation policy insulting

Editor:

Insulting and demeaning — in my opinion these words best illustrate my feelings on Humber's probation policy.

The probation policy commits students to probation in cases where a student achieves two course studies of less than 60 per cent. On the surface, the policy appears seemingly realistic; the college has no room for academic deficiencies. The purpose of probation is clear, it is designed to either foster academic awakening in the student, or induce student declination from their courses. On the surface this appears reasonable.

On the other hand, many students are placed on probation not because they suffer low academic marks, but because of a 10 per cent

deduction in their marks for poor attendance. This I find insulting and demeaning.

I am one of many students placed in this unfortunate situation. The 10 per cent deduction rule brought two of my courses to a standing below 60 per cent. If your marks are based on your marks, then why am I on probation?

I had this illusion that once in college, we would have control over our lives. After all, who pays our teacher's salaries? I think we all know the answer. I assumed in college you pay for your instructions and that it is up to you to pass or fail, depending on your effort and capability. I suspect I should file this belief under M for mis-

conception. It just goes to prove that the student is always treated like a child.

Because of poor attendance I suffer. I lose 10 per cent of what I earned through hard work. Fair? Hardly! I am a victim of a policy I affectionately refer to as 'attendance penance'.

I hope the policy-makers hear the voice of this unsatisfied student.

I feel the students should be graded on their work, not on their attendance. The probation policy angers me, hence the inflammatory letter. What can I do? Nothing. Perhaps if the students got together and protested we could remedy this situation.

Gary Michael Dunsmuir  
SU rep

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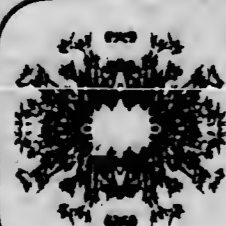
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## corridor comment

SAC has proposed a federation of student governments from all six of Humber's campuses. Do you think this is a good idea?

**Cathrine Strong, 19 — Package Design**

"I think it's a great idea. It would give them a chance to improve their ideas. They'll be able to compare notes."

**Richard Blaskovich, 19 — Advertising**

"I don't think it's a good idea. It's better when they're separate. It's a lot more personalized that way."

**Cathrine Nurse, 18 — Advertising**

"I think it's a good idea because it will be like we are one college instead of having all the other colleges. We're all suppose to be one college anyways."

**Sheila Walters, 19 — Graphic Design**

"I don't think it's a good idea. I don't see how their going to save money. Why bother having one big organization?"

## Quest for the warmth

by Alan Johnson

The washroom-equipped bus was a blessing, with all those six-pack-attacks on the way down. Every time the Greyhound came within sight of a drug store, my friend, about whom this tale is spun, would make a dash for the beer cooler.

After all, a bus trip from Toronto to Fort Lauderdale can be rather uneventful without a little beer to help pass the time, even if it is American beer.

That was the beginning of one Humber student's quest for warmth, on the week of March 5. He didn't know why he was going, he just knew he was on his way.

Actually, my friend did mention the cold weather was getting to him, but I think he went for the girls. From what I've learned, he got what he wanted.

He spent the first night in the company of five Humber females. Now, that's one good way to get to know someone for the first time.

But after the second night, my friend could sense a little tension in the air of the crowded hotel room. The girls didn't actually come right out and say it, but my ami sensed they wanted their privacy back. So, being the resourceful Humber student that he is, my friend set out to find another good samaritan to spend the night with.

Wandering the hot sands in search for a place to stay was no great hardship for this man. After the strange people he had met on the bus, the Fort Lauderdale girls proved to be a sympathetic group. Certainly more sympathetic than the guy from Texas who threatened to beat his brains in.

Other roommates included a generous group of girls from Seneca College and an ensemble of 10 American students. The hotels maids must have really appreciated cleaning the room where eleven people had spent the night.

On his final night in the South,

luck was with my friend again. He stumbled upon an all night beach party and enjoyed the company of a very musical and crazy group of Floridians. But their guitar playing was no match to his antics.

My friend is not shy, and the challenge from one of the girls to bare his all, was not something new to him. Admittedly, he had never before done it at 3 a.m. on a crowded Florida beach, but there is a first time for everything.

Problems started to develop, though — he was refused the return of his apparel. It became an embarrassing morning-after when he recalled singling out individuals and asking them if they had seen his clothing.

The trip back to Toronto was somewhat less memorable, except for the fact he arrived to Canada's cold and snow with only a pair of sandals for his feet.

And that's one Humber student's alternative to Air Canada's package deals.

## Picasso and Dali deserve more than political hay

by Brad K. Casemore

An ominous transformation is occurring on the North American art scene.

Recently, most art exhibitions occurring in the artistic centers of this continent, especially New York, are taking on unnecessary political connotations. In many cases, painting exhibitions are being displayed, or not displayed, according to political criteria set by major promoters and sponsors of art shows.

The promoters, who very often prefer to remain anonymous, are apt to present paintings, sculptures, or collages by so-called neo-conservative artists. Artists and creations, which are outside that specific genre, are either ignored or displayed in a manner that doesn't conflict with the styles and perspectives the promoters and financial backers are trying to establish.

An example of this situation is the current exhibition of Pablo Picasso's later works in New York. According to art critic John Bentley Mays, the Picasso show,

which includes only works from the artists octogenarian years (he died at 92 in 1973), has been stealthily crafted to denigrate Picasso's more vital and eclectic earlier creations.

Those early works made him, in the eyes of many art critics, a precursor to Dada and Surrealist schools, which were considered to be anarchistic and revolutionary forms of expression. As he aged Picasso, like Salvador Dali, became more traditional and even reactionary. The paintings at the New York exhibit reflect the man's later disposition.

The Picasso display is certainly not the only example of politics entering into the realm of artistic endeavor. Understandably enough, the exhibitions that get the most media attention and promotional dollars behind them are those by artists such as David Hockney and Malcolm Morley, who are dubbed a "reactionary bunch" by Mays and other respected critics.

It's interesting to note that Hockney and others have con-

ceded they are trying to destroy whatever legacy the Dada, Surrealist, and Conceptual schools had left behind.

This attitude seems to indicate that the high profile promoters and financial backers of the larger art exhibitions decided they couldn't just ignore a powerful and imaginative artist like Picasso. So, instead of neglecting the man and his works they have tried to relocate him, so to speak, to put his work in a context that is more commensurate with their feelings about art.

Accordingly, Picasso (and Joan Miro before him) have been addressed in a way that does not detract from the fashionable North American painters of today. The magic of promotion makes it appear that Picasso, Miro, Duchamp and others have a lot in common, both ideologically and artistically, with artists like Hockney.

This contemporary episode in the evolution of art only proves that the past is being changed by some people who live in the present.

## Speak easy

by Annemarie Kruhl

On a cold, rainy day in March, uneasiness crept through my mind. My nerves were frazzled from a lack of sleep spent in restless confusion.

Today was the day.

My family and friends reassured me that outpatient minor surgery at Etobicoke General was nothing to worry about. Needless to say, I worried.

I am naturally apprehensive towards medical remedies and especially toward that medical-man-in-white. I was not amused with the prospect of the scheduled surgery that same afternoon.

It's amazing how an impending surgery makes your life flash before you. I will admit (guiltily) I have put this operation off since last summer — in fact, up until a complete physical by my family doctor had called attention to the prospect of eventual surgery. The physical revealed, to my dismay, a "cyst."

What's a cyst? Popular to belief, cysts are quite common. The cure, I was told, is a no-risk routine minor operation. Considering my last visit for surgery was due to wisdom teeth, my thoughts were uneasy. An operation to remove wisdom teeth, I was told, was simple and routine. In turn, I spent four weeks in the heat of August, suffering. The last experience with surgery did not help reassure me.

I was immediately told to contact a surgeon, Dr. Werry, recommended by my family doctor, Dr. Misumi, for minor surgery.

Like usual, I procrastinated. Like usual, I frustrated my friends and family. Why? I can't honestly decipher why I gave an endless amount of excuses to avoid eventual surgery. I just didn't think a cyst called for any cause of alarm. Until the day arrived.

After nervously pacing in the outpatients' waiting room, I was told to follow the assistant nurse to the operating room. Dressed in the par usual hospital gown, sitting on the edge of the operating table, I took in the ambience of the surrounding area to overcome my nervousness. A middle-aged doctor dressed in surgical attire, wearing a mask over his mouth, entered the room in a confident, light-hearted mood. He tried to put my mind at ease by explaining, in simple terminology, the origin of cysts. Cysts collect upon tiny miniature follicles under the skin. Excess oil produced by one's glands is produced and builds up to form a type of blood-clot.

Some people's skin structures are more susceptible to cysts. In many cases, cysts return even after surgical removal.

My first instinct had been to turn around and run, hoping no one would notice. I wanted to dismiss the cyst as just a nuisance — irrelevant.

Further inquiry into the removal of the cyst revealed an eye-opening fact. Fact: a cyst can become infected and lead to a form of cancer. If it's benign I could rest easy. But if malignant, the outcome would definitely be serious.

I was thrown aback by this new insight. Why hadn't I been told? Like others before me, I was not aware of the consequences. I suppose unnecessary worry would have added to my troubles.

How many people realize that cysts can become cancerous? We know through medical science that cancer cells exist in all of us.

The full impact hit me. I had been playing a game with my life, by stupidly putting off minor surgery. It never occurred to me that this mole — like cyst could become cancerous. I would rather avoid that fate.

The imminent surgery hung like a silent gloom dampening my optimism. Although local anesthesia was injected into my back by one of those long needles to freeze the area, I clenched my fists. The tiny tingling sensation lingered as needle and thread were expertly applied by the surgeon in closing.

During the surgery, the assistant nurse and the surgeon continuously chatted away, providing a diversion — a ploy no doubt — to sway my thoughts away from the incision. I expected the process to last one to two hours, and not to be fully-conscious throughout. Neither expectation took place. The total time? Fifteen minutes. Piece of cake! There was really nothing to worry about.

In retrospect, I am eternally grateful for my two friends who provided moral support before and after the surgery. Supportive friends are rare.

Back at Humber the next day, the initial twinge of pain subsided considerably. The aftermath remained however. The removal of stitches in three days.

Thinking back, procrastinating about surgery was not wise. However a flicker of hope remains. I gambled, paid a price, and won.

# Students out for blood!

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nets 633 pints

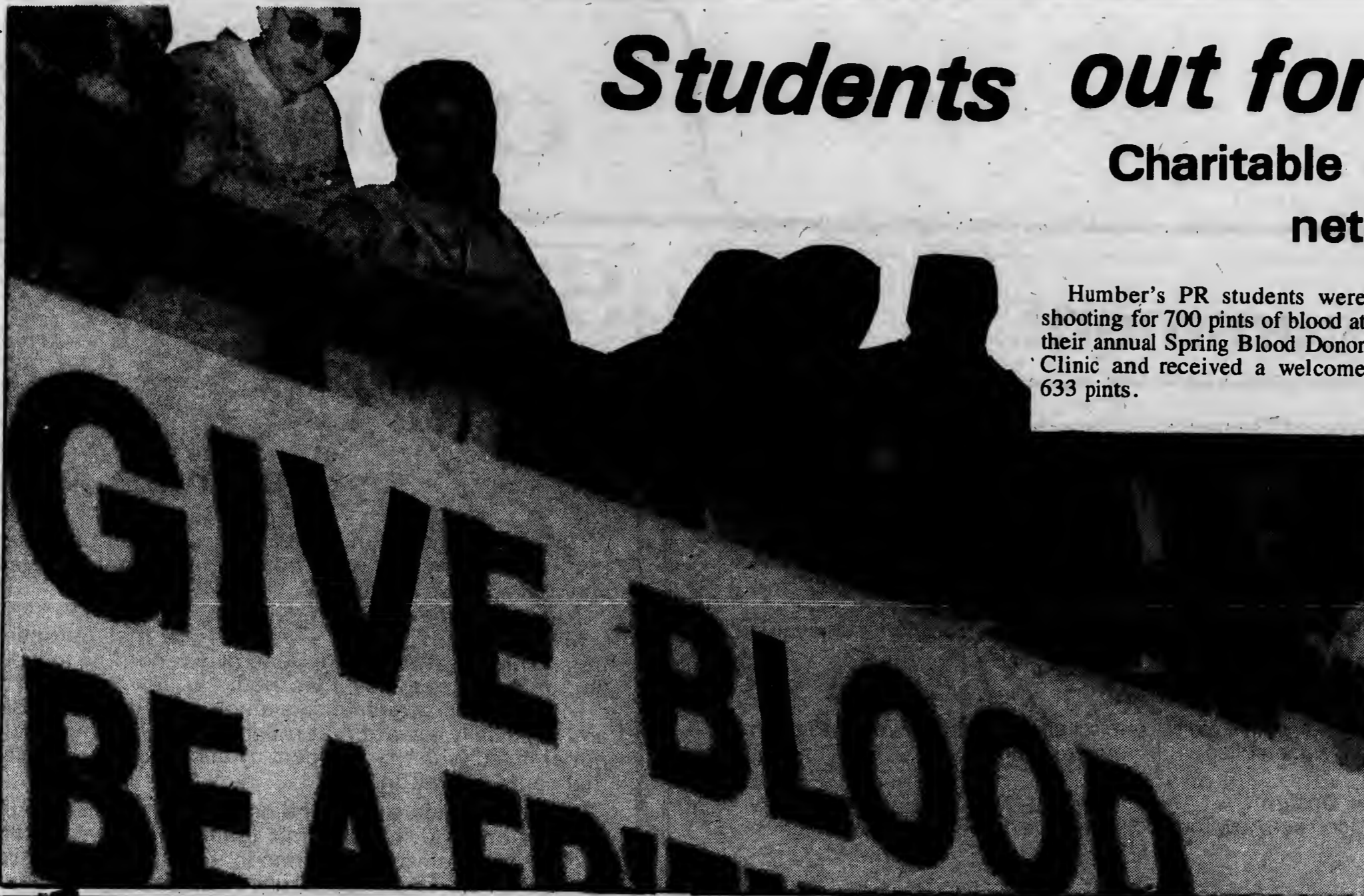
Humber's PR students were shooting for 700 pints of blood at their annual Spring Blood Donor Clinic and received a welcome 633 pints.

Tom Browne, a PR instructor, was quite happy with this achievement even though their goal wasn't reached, saying there were two major reasons why their objective wasn't reached. The first is due to spring colds that many students have at this time of year.

The second relates to a decrease of 2,000 students in the school since September, either because of drop outs or attrition.

"We're absolutely delighted with it (the amount of blood donated)," said Pam Heenan of the Etobicoke Red Cross, adding the Red Cross was aiming for a goal of 600 pints. Some 729 students and staff attended Etobicoke's largest clinic with the intention of giving blood.

Humber's fall clinic raised 823 pints, 73 pints over their goal. The next Blood Donor Clinic will be held in November.



**A welcome diversion** — Bodybuilder Sue McConie dances in the Concourse at Thursday's Blood Donor Clinic.



**A friend in need** — McConie chats with one of the 633 donors during the three day event. Humber's two annual clinics are the largest in Etobicoke.



**Hospitality wins**  
**divisional Olympics at**  
**blood donor clinic**



**If this is pain, I love it** — General Business student Tom Omazic got more than he bargained for at the clinic organized by the Public Relations students. But did he mind?

Photos by  
**Jules Stephen Xavier**

# McAleese yukked it up to hecklers

by Victor Saville

Yuk Yuk's comedian Jim McAleese stood up and was counted in CAPS last Wednesday.

McAleese was often good but never great. Considering CAPS doesn't charge and it's only a short walk from class, the time spent was worth it. In short, if it's worth a smile, it's worth the effort.

McAleese often joked with audience members. Initially he

seemed uncomfortable with the hecklers but calmed noticeably after exchanging barbs with a few patrons. Including a complaint by a female student sitting beside a blaring speaker.

Each time McAleese pronounced a "P" she was nearly knocked from her seat. McAleese said, "that's what happens when you have a Polish Walkman."

Most of McAleese's humour

was directed at ethnic groups. He made fun of Italians saying, "if it weren't for them, we wouldn't have any porches. We'd have to run and jump in order to get into the house."

Like most of McAleese's routine, this joke brought chuckles and more heckling from the audience.

McAleese occasionally talked too quickly, making it difficult to understand all he said.

McAleese's best moments came when he was able to trade jokes with the Caps patrons.

When he mentioned the theme song to Andy of Mayberry, students started whistling the tune. He and the audience continued with this by singing the lyrics to *The Beverly Hillbillies*.

Then he went into a rather drawn-out hockey routine. For those not familiar with the play-by-play drawl of Ted Darling, Bob Cole or Danny Gallivan, these impressions held little or no meaning.

The crowd identified with McAleese when he said his favorite all-time television show was *Star Trek*. He hummed the theme

song, floating daintily around stage like the U.S.S. Enterprise on maneuvers.

McAleese related about watching that show once — when Spock was injured, Captain Kirk asked Dr. McCoy to administer to Spock. McCoy replied, "Dammit Captain, I'm a doctor, not a veterinarian."

McAleese finished his act by doing impressions of Johnny Carson, Colonel Potter of *M.A.S.H.* fame, former provincial NDP leader Stephen Lewis and former Prime Minister Joe "Who" Clark.

Yuk Yuk's comedians return to CAPS next Wednesday when another jester will have an opportunity to make Humber laugh.

## Dance conference for July

by Andrea Weiner

Canada's diverse dance culture will be demonstrated by 120 dance companies and independent choreographers at Toronto's 12th annual Dance in Canada Conference this June.

Humber students interested in expanding their knowledge of ballet, modern and jazz techniques can attend daily workshops headed by artists such as Milton Barnes, Helen Jones and Martine Epoque.

According to Toronto's Mayor Art Eggleton, the conference promises to attract outstanding national and international teachers, choreographers, speakers and performers from all areas of dance, the arts and education.

histories will be recounted by Canadian dance pioneers.

Scheduled sessions include composition, avante garde dance, tap, notation, creative dance, dance writing, administrative development, and movement programs for the disabled. Lorraine Thompson, a CBC commentator and former dancer will host the sessions.

Performances will be held at Harbourfront's York Quay Theatre, Hart House Theatre, UC Playhouse and Benson Building at the dance gallery of University of Toronto, and the Premiere Dance Theatre.

Tickets will be available through Bass outlets and the Harbourfront box office.

The conference is planned to coincide with Sesquicentennial celebrations, the Toronto International Festival and Ontario's Bicentennial.

"Speakers and panelists at the four-day event will discuss dance issues from choreography to commissioning music to fundraising," said Lynn McGuigan Conference Chairperson.

Special events will include the Awards Breakfast where the annual Jean A. Chalmers Award in Choreography, the Canada Dance Award and the Dance in Canada Association Award will be presented.

A series of multi-cultural workshops will explore the many roots of dance and a sequence of oral

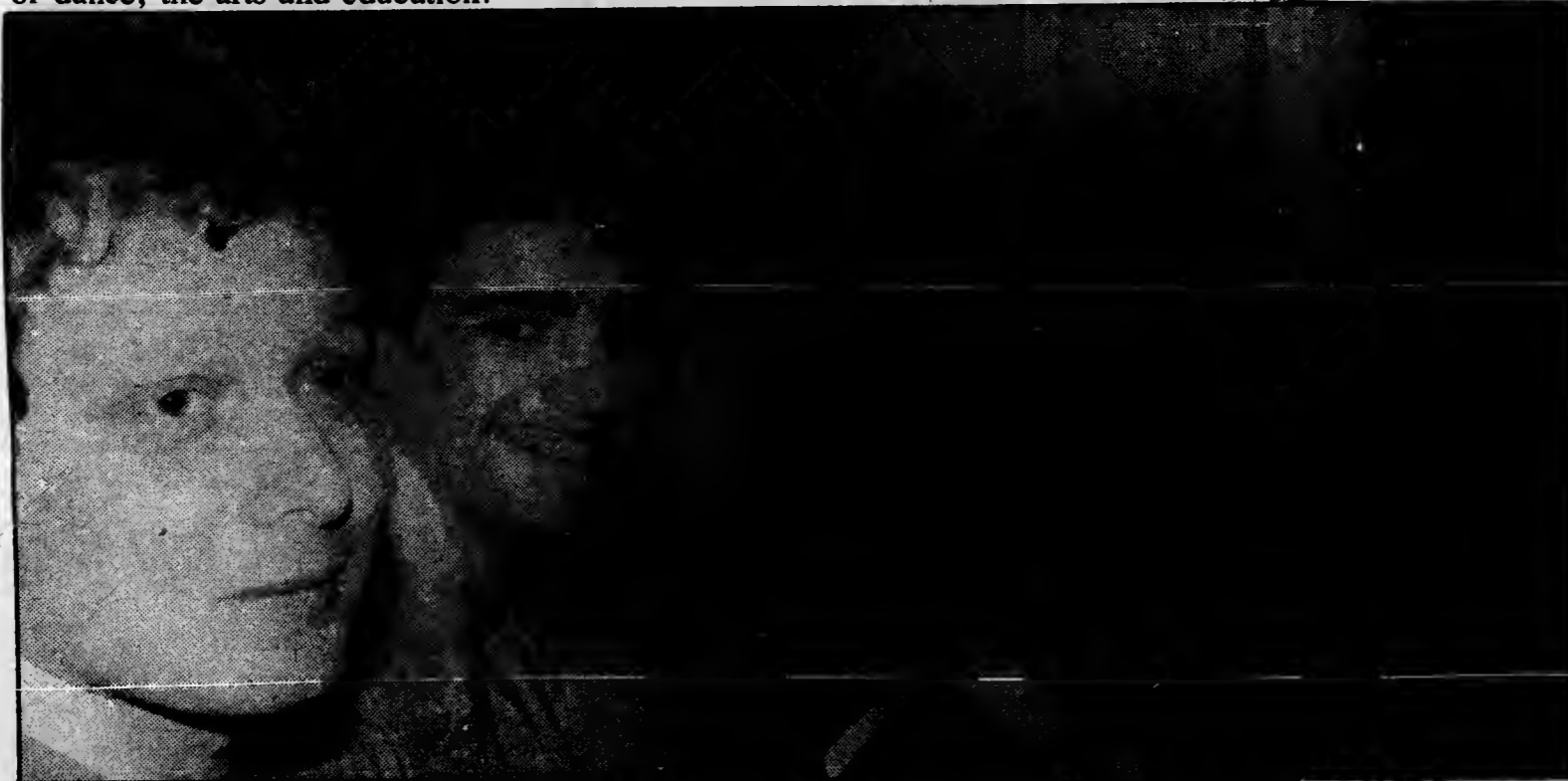


PHOTO BY ZENON M RURYK

**Smokey the Bear couldn't do it any better** — This fire-fighting foursome (from left) Sam Chiappetta, Luigi Bove, Frank Rotundo and Ezio Capobianco discovered and helped extinguish the smoldering garbage container in a Humber storage room last Thursday.

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**ARCHIE McLEAN**

SENIOR VICE-PRESIDENT, MARKETING, McCAINS

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TIME: 9:00 TO 10:30 A.M.

PLACE: LECTURE THEATRE

McCains is clearly one of the most innovative marketing companies in Canada — This presentation will be most informative and enjoyable.

## Annual athletic jog goes cross-country

by Annemarie Kruhl

Students and staff of Humber who want to spring into action this April have an opportunity to sign up for the intramural cross-country run.

Cathy Joyce and Jim Bialek, recreation co-ordinators, and Ingrid Golemic, a placement student, organized this year's cross-country run.

Changes had occurred since last October's jog-a-thon. The cross-country run is changed from the previous six point six kilometre route to a five kilometre (three miles) route.

"This intramural run is basically organized for participation and general interest," said Joyce.

Each entry is handed a number for identification before the race.

Timers are positioned at the finish line to record the winners of the men's and women's divisions.

Two of the staff members, Hawk's basketball coach Doug Fox and Assistant Director of Athletics Peter Maybury, were among the 12 to 15 entries already signed.

The winners of the women's division and men's division of the cross country run will receive a mug, an invitation to a wine and cheese party, accumulate bonus points and have their name inscribed on the intramural championship plaque.

According to Joyce, the run in previous years had not been as popular or as successful as hoped.

Entries opened on March 28 and will close April 6.

**GOOD FOOD**

&

**ALL THAT JAZZ**

WEDNESDAY, APRIL 11

*It's New Orleans Night*

IN THE HUMBER ROOM

and

*It's Big Band Time*

IN THE CONCOURSE

DINING ROOM DOORS OPEN AT 5:30 P.M.

CONCERT BEGINS AT 8:00 P.M.

**THE HUMBER ROOM**

## The strain of pain

### Expert treats knee injuries

by Dina Biasini

The knee joint, the largest and most injured structure in our body, handles about 12 times our body weight. Yet, we don't stop to think about the stress and damage that can occur.

We rely on our knees for walking, running and participating in sports, but do we ever think about how much pressure we put on them?

Last Thursday Grant Woods, a Certified Athletic Therapist at Humber, spoke to a group of people about knee injuries and how they can occur.

With the aid of slides and two skeleton legs, Woods described the workings of the knee.

"The way some of the athletes are injured in today's sports is by getting hit from the outside and inside of the knee, creating stress on the knee, causing instability on the joint and abnormal wear and tear," said Woods.

Hyperextension, another form of knee injury, occurs when a person lands and hyperextends the leg straight back, tearing the back of the knee and fracturing the tibia. Muscle imbalances create instability from weak thigh muscles or weak hamstrings.

"The ligaments in the joint are left to support the joint. As the game progresses the muscles become fatigued. The more stress put on the joint the greater the chance for injuries.

Sprains involve ligaments and may be recognized on any type of joint, not just the knee. Whereas, strains involve the individual muscles.

The symptoms of a first degree sprain are local swelling, pain on contact and there may be a slight disfunction, a limp. A first degree sprain about 10 days to recover.

A second degree sprain involves even more stress including tearing and moderately severe pain. Local swelling turns into whole joint swelling. The joints may be a little unstable and muscle spasms may occur. It takes about four to six weeks to recover.

A complete rupture of the ligament is a third degree sprain.

"There is instability and there may or may not be any swelling right away. But it will definitely swell 24 to 48 hours after the injury. It may not require surgery but if it does, it will require a cast," Woods said.

In case of an injury such as muscle tear, Woods recom-

mended the usual — ice.

"The best thing you can do is put ice, compression and elevation on it," said Woods.

Woods treated the onlookers to a video of the inside of a knee; The Scope of Arthroscopy, by "the father of arthroscopic surgery," Dr. Robert Jackson, an orthopedic surgeon at Toronto Western Hospital.

The people watched attentively as Jackson probed and explained the inner workings of the knee.

The Director of Purchasing at Humber, Pat Kelly, sat in as part of a demonstration and displayed his knees to the audience. He was injured three times and had cartilage removed from his right knee. Kelly had been Woods' patient at the athletic clinic for seven years.

"The first time I was hurt was nine years ago. I was playing lacrosse and I got hit on the outside of my right knee. I tore ligaments. The second time was when I played hockey. I jumped over the goalie and scrambled in the crease and my knee gave out." Kelly said the third time he injured his knee was by playing hockey also.

Woods is planning another lecture on shoulder injuries sometime in April.



Charles Atlas, eat your heart out — Thirty-two-year-old Sue McConnie flexes her muscles for interested onlookers at Humber's Blood Donor Clinic Thursday.

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APPLE SORBET

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SACHER TORTE

(With Whipped Cream)

PUNCH FRANZ JOSEF

(Inlander Rum & Fruit Juices)

Doors Open: 5:30 — 7:00 p.m.  
Reservations: 675-5022 or Ext. 5022

## THE HUMBER ROOM

## Bodybuilder thrives on keeping in shape

by Annemarie Kruhl

A woman bodybuilder stole the show at Humber's Blood Donor Clinic Thursday, leaving health buffs in awe.

A mother of two children, Sue McConnie began bodybuilding "as a hobby" four years ago.

McConnie has appeared in the Toronto Star and Homemakers Magazine and has to her credit two trophies; Miss Provincial and Miss Eastern '83.

In addition, she runs seminars for fitness classes and coaches at the Airport Racquet Ball Club in Mississauga.

McConnie's performance at Humber, a 10-minute posing session of flexing muscles to the upbeat sound of Earth, Wind and Fire, drew cheers and whistles from the crowd.

Until four years ago, McConnie had never attempted any kind of exercising. Part of the reason for taking up bodybuilding was due to childbearing and excess weight she had accumulated.

Lloyd, her husband, is a former gym owner who has trained Olympic bodybuilders. He encouraged and inspired her to begin getting into shape.

"My two children come to see my contests. I believe that my bodybuilding will discourage them from role-playing in the future," said McConnie.

A local bodybuilding judge, Paul Cullington, coached her and

choreographed the routine for the performance at Humber's Blood Donor Clinic.

According to McConnie, Cullington is one of the most respected in the competition and judging end of bodybuilding.

"Women's bodybuilding is still in its infancy, but is becoming one of the fastest growing sports in North America. The reason? Women bodybuilders are becoming socially acceptable," said Cullington.

McConnie said at first she squatted up to 50 pounds but gradually worked herself up to 200 pounds in two years.

"I think more women should try bodybuilding. It is the only exercise you can do to achieve total shape," said McConnie. She added, "It is a trend that will hopefully last."

"I would like to inspire women and encourage them to bodybuild and that at whatever age, it is not too late to start, said McConnie.

Her next competition in June will be for the Ontario Couples, posing with Daryl Sarkisian, in Toronto.

Pat Wiper, a Public Relations student involved with the Blood Donor Clinic, invited McConnie as publicity for the clinic to inspire students to give blood.

McConnie's future plans are to enter more competitions and to continue training to get results. She added, "I plan to compete with my eldest son, who is now eleven, in future competitions."