



Walk It Out fashion show salutes 'Modern Warrior'



Humber College Fashion Arts & Business program put on a show at Toronto's Palais Royale on Tuesday as a tribute to the 'Modern Warrior', featuring Toronto-based designers and marking traits of 'identity, power and freedom.' Event Management program joined in an interdisciplinary effort that also involved photography and cosmetics students. Story on page 7.

ALANNA FAIREY

Opioid overdose antidote Naloxone unavailable on campus

Michelle Rowe-Jardine

NEWS REPORTER

While the opioid crisis trails across Canada from east to west, the country has created strategies and amended policies at provincial and federal levels to adapt to the changing circumstances. One involves making the opioid-reversing medication Naloxone more accessible.

Humber's Director of Public Safety and Emergency Management, Rob Kilfoyle, said there isn't currently a Naloxone kit onsite.

Naloxone, which is commonly sold under the brand name Narcan, was delisted from the federal prescription drug list in 2016. Universities in British Columbia, Manitoba, Calgary and Alberta currently have kits available at campus health centres for students.

Naloxone reverses the effects of overdoses by knocking opioids out of

the opiate receptors in the brain. This counteracts the depression of the central nervous system and respiratory system which allows the person to breathe normally, giving the person time to get emergency care.

Kilfoyle said in his four years at Humber, he isn't aware of an opioid overdose occurring although there are lots of drugs on campus.

Security guards are trained in emergency first aid and they partner with the student emergency response team, Kilfoyle said. Etobicoke General Hospital is also near the North campus if an overdose occurred, he said.

An Ontario medical directive was amended in December 2016, allowing paramedics to administer Naloxone without having to contact a base hospital physician first. In normal circumstances, paramedics must consult with a base hospital doctor before administering a drug.

Richard Alvarez, a professor in Humber's Paramedic program, said amendments to these directives usually take months to implement.

"That was the first time, at least in my time as a medic, that I've seen something so abrupt," he said.

Once a directive is amended, it must be taught to students, so they learn to administer Naloxone in their second semester, Alvarez said.

Although Ontario launched a provincial opioid strategy in October 2016 to address the issue, Alvarez said as a paramedic, he has not noticed an increase in opioid-related incidents.

"Throughout my career (the frequency of incidents) been pretty steady...I think the scare is the increased strength of these drugs," he said.

Opioid overdoses accounted for nearly seven hospitalizations per day in Ontario in 2014-15, according to

the Canadian Institute for Health Information's most recent report.

While Ontario plans to stay one step ahead of the developing opioid crisis, some of the province's data is two years behind. The province's health officials launched a weekly tracking system to follow the burgeoning crisis caused by opioids, prescription drugs used to manage pain which are now a major black market presence in Canada.

Weekly overdose data reports are now being compiled across Ontario hospitals and sent to the Ministry of Health to be studied, according to the ministry.

Dr. Eric Hoskins, Ontario's Health Minister, sent a letter to the Ontario Hospital Association explaining that information regarding age, sex, address, health card number, overdose date, outcome and motivation will be collected. The data will be analyzed to "identify relevant informa-

tion and trends such as geographic clustering or opioid overdoses within specific demographics," Hoskins said in the letter.

The most recent data from Ontario's Chief Coroner shows a steady rise in deaths related to fentanyl, one of the strongest opioids available. The province's death rate reached 154 in 2014, the most recent data available, up from 23 in 2004.

Opioid-related deaths, including from heroin, morphine and Oxycodone, reached an annual record of 534 in 2014, from 200 in 2004. The Coroner's Office reported a total of 4,053 deaths from opioid toxicity during that decade.

And it appears that the crisis could deepen. Carfentanyl, an elephant tranquilizer that can be 100 times stronger than fentanyl, made its way onto the streets last year, according to the British Columbia Ministry of Health.



HARJAS BADYAL

The annual Student Appreciation Awards were held this year in the Seventh Semester to recognize students, faculty, staff and administrators.

Humber hosts 33rd annual Student Appreciation Awards

Harjas Badyal

LIFE REPORTER

Humber College celebrated both students and faculty in the Seventh Semester at North campus on Monday as they hosted a groovy 1960's themed night in honour of Humber's 50th anniversary for the 33rd annual Student Appreciation Awards banquet.

The Student Appreciation Awards were established to recognize students, faculty, staff and administra-

tors who exemplify dedication and excellence. This year, the event was coordinated by second year Public Relations students and sponsored by IGNITE.

"We recognize students, faculty and administrators who do an amazing job within the Humber community," said chair of the event, Tuwauna Hibbert.

Nominees can be recognized for social or cultural contribution, athletic achievements, or peer mentor-

ing and support.

Awards are given in such categories as Volunteer of the Year, Student Spirit or Ignite Club of the Year.

Current IGNITE Vice President, Ammar Abdul-Raheem did not disclose how much funding the event received from student government but said, "We need to do more as a community in appreciating our students."

The hip night started off with popular songs from the 1960's covered by a local indie pop rock band,

Jammer's Waffle House, as the crowd trickled in.

Attendees were encouraged to dress according to the 1960's theme as a costume contest was held towards the end of the night. Guests were also greeted with a photo booth station replete with props from the 1960's era.

A student nominated professor Sara Nickelson White for an Appreciation Award for giving her support during her father's battle with can-

cer. After the student's father passed, White asked her at the funeral, "Can we hug?" Last night when White went up to receive her award, she asked her student, "Can we hug?" and they both hugged and cried together on stage.

Performances throughout the night by musicians Taylor Adams and Jessie Bower kept the night lively between award presentations and Steve Luxton closed the night covering Otis Redding's *The Dock of the Bay*.

Parking fees not a hassle for Orangeville students

Justice McCormack

LIFE REPORTER

While the staff and students of Humber's North and Lakeshore campuses must pay for parking, the attendees at the college's Orangeville satellite campus do not.

Every day out of the school year, a total of 415 staff and students at Orangeville get to skip the hassle of parking fees.

All attendees, including visitors, get free parking because the town of Orangeville owns the local recreation centre where Humber's campus is housed.

James Irvine, the manager of Transportation and Parking at Humber, notes that Humber Orangeville is a small campus.

"The majority of the facility is a community recreation centre (pool, library, hockey arena), meaning the parking lot must remain open and accessible to the community," Irvine explained.

With access to only 250 spots, parking is on a first come, first served basis.

"Humber leases the classroom space from the Town of Orangeville and the Alder Street Recreation Complex and therefore doesn't own the property and cannot implement paid parking on property it does not own," Irvine added.

Joe Andrews, the Campus Direc-



JUSTICE MCCORMACK

With classes starting and ending early, the lots of Humber's Orangeville Campus remain empty despite students having access to free parking.

tor of Orangeville, explains that the loss of parking funds depletes support for upkeep of the campus.

"Since there is not a direct revenue from parking, there is not a fund to take care of the asphalt in

the parking lots," Andrews said.

Brandon Bottineau, a Police Foundations student at Orangeville, has mixed feelings about the parking situation.

"It is free parking, but you got

to walk like 10 miles to get to the building, though. But I never have trouble finding a parking spot," Bottineau exclaimed.

As they move forward with their lease agreement, Humber Oran-

geville plans to change the situation in the medium term future.

"I envision we will be implementing a parking charge in three to five years," Andrews said.

Students network with black alumni professionals in community

Lotoya Davids

NEWS REPORTER

An Evening with Black Professionals was hosted for its sixth consecutive year on Humber's Lakeshore campus last week by The Bridge Program.

The event invited Humber students who identify as black to connect with successful black professionals in fields such as engineering, dentistry, business, and psychology. It began with a panel discussion on the experiences of these professionals, with attendees then divided into breakout groups where they were able to ask questions and seek advice.

The Bridge program was founded six years ago at the Lakeshore campus by Dr. Beverly-Jean Daniel, program coordinator of Community and Justice Services.

Describing the Bridge program, Daniel said "We wanted to provide a space for people who are African, Caribbean, and black and who identify as black."

The existence of a program like the Bridge is necessary to prevent black students from becoming discouraged and failing to complete their education at Humber, she added.

"We recognized that they were bright, they were capable, but somehow they weren't completing their programs and we wanted to figure out what is it that was happening and how we might be able to [combat that]," Daniel said.

An Evening with Black Professionals is one of several events hosted each year to combat the issues The Bridge recognizes among black students.

"I think it's important that we have a space to work in, to feel comfortable in, and to help each other to network," said Rodger Ross, a Community and Justice Services student. "Having events like this where you



LOTOYA DAVIDS

The Bridge Program hosted their annual Black Professionals event last week. Humber's black students connect and interact with The Bridge alumni.

can learn from community members, past alumni of The Bridge who come back and pass on their knowledge onto us. I've heard some students say without The Bridge they wouldn't still be in school. It's had a very big impact on some of us."

However, some people don't understand the need for a space that focuses on providing black students with these opportunities, Daniel observed.

"There are some members of the administration who have been supportive of the program, or else it would not have gotten this far, but I would make the argument that in

large part there are still significant levels of resistance to having a program that specifically targets issues of black students. So that tends to be a significant challenge that we have," she said.

Since the beginning of the program six years ago, it was only last year that The Bridge was able to expand to the North campus despite the largest population of black students being based there.

"When you're trying to implement program such as The Bridge, which is the first of its kind in any institution in Canada, firstly you're walking into uncharted territory, secondly you're coming up with

something that nobody has tried before, thirdly you're butting up against a system that says we don't do race. So it's been quite a challenge getting people to understand and recognize the importance of the program," Daniel said.

An Evening with Black Professionals can be viewed as an event created as a means to bridge the disconnect between black students at Humber and their goals by providing guidance through interactions with successful black professionals within the larger community.

"Understand that when we talk about successful, that's being loosely

defined but it is important for us to expose the students to people who are in different spaces in their career. The idea behind it is not only do they get to recognize that we do exist but also that you can actually engage with black professionals in an intimate environment," Daniel said.

Though the panel discussions brought forth stories of subtle racism in Canada such as disbelief that a black professional could own an engineering company, or comments made based on stereotypes, the main focus of the event was succeeding in academic life and achieving career goals.

Children need more male role models from ECE programs

Aleisha Legair

NEWS REPORTER

There is a dire need for more men to get involved in Early Childhood Education, according to statistics and Humber College's ECE program.

An event hosted at the North campus last Friday raised awareness of a huge disparity between male and female workers in the field, and called for more involvement from men.

A statistic from Childcare Canada reveals females outnumber men in the field by an almost 99 to 1 ratio. Women in ECE account for 98.6 per cent, while males only make up 1.4 per cent of workers in all of Canada.

This lack of male involvement in early childhood education is important to note because it has some serious adverse effects on the lives and futures of children, according to experts in the field.

Studies show positive male inter-

actions in the daily lives of children generally lead to fewer behavioural problems, increased levels of sociability and better performance at school.

Humber ECE student Vincezo Giovannini, one of only three male students in the program, said the odds are pretty much against children without a positive male role model in their early lives.

"Children (without male guidance) are 10 times more likely to abuse drugs," he said.

"They're four times more likely to be raised in poverty, twice as likely to commit suicide and nine times more likely to drop out of high school," he added.

He said the mission of the recruiting event held at North campus last week was an attempt to get more men involved in the field.

"If we can get more men in ECE, in daycares and in the school board, then...children (who) don't have a strong male figure at home...can

rely on the role models at school or at daycare, and if we can get to them at a young age, then hopefully we can stem the problem from there," Giovannini said.

Shirwa Shuriye, another male student in the program, echoed the same damaging effects and said men generally shy away from that line of work because of the stigma attached to it.

"(Men) have to fight a stigmatism," he said. "People don't really trust men with children because of things they hear in the news. A man might be considered a pedophile just because he wants to work with kids," he said.

Shuriye, who plans on becoming a teacher, thinks more men should ignore the stigma and focus on the bigger picture, which is to help children.

"At the end of the day, it's really about the children. And what we're trying to do is help the children develop properly, and to do that, they

need males and females working together," he said.

The other male student in the program, Ayub Touray, who was led into ECE because of his experience training kids in sports, said he was even warned from entering the program for fear he would be stigmatized.

"When I was first saying that I wanted to come into the ECE program, my mom was saying 'be careful' because many females feel like they can't trust males with their children," he said. "This idea is very common... in some centres they don't even allow males to do diaper changes."

But much like his other male counterparts in the program, Touray, who wants to stay in ECE and branch out, said it is time for men to shed the idea of the profession being a woman's job, and focus on trying to help the younger generation.

"The ECE aspect of supporting a child in their cognitive, physical,

communication, emotional, social, development (stages) is very important," he said.

Giovannini, who wrote a letter to Premier Kathleen Wynne to help raise awareness and fill the need for male involvement in ECE, said the benefits of helping a child far outweighs the fear behind it.

"When men are in the school boards and daycares, boys are 50 per cent more likely to approach a male about bullying," he said.

"And they (boys) were 49 per cent more likely to approach them about their problems. So there is that positive outcome that we all have to look forward to," Giovannini said.

He said he plans on working with disabled children after graduating.

The ECE department continues to improve its advocacy for males in the program by working with school guidance counselors to recommend suitable males, and encourage their participation in the program.

Remote Year program inspires digital nomads

Irina Kouchnir

BIZ/TECH REPORTER

A report from the Center for Economic and Policy Research says Canada is “less generous” than the rest of the world when it comes to paid annual leave.

Canada ranked 19 out of 21 countries named in the report when it came to guaranteed paid vacation, granting workers only 10 days. The United States ranked last among the economically advanced countries, granting its workers no mandatory paid vacation days.

However, workers no longer have to be at the mercy of employers when it comes to vacation leave. How we do our work and from where is beginning to change in a big way as more people are deciding to combine work and travel.

This is exactly what Greg Caplan had in mind when he started Remote Year, a program that works by gathering 50 to 80 professionals to travel together for a year while working and exploring a different international city each month.

Costing \$27,000, the program includes “full accommodation, all travel between destinations, a common workspace available 24/7 in each city, tours, events, speaker days, and other activities.”

Programs like Remote Year are growing in popularity because there is a demand. Many people, especially millennials are happy to leave their belongings in storage and become digital nomads.

Why? A nationwide survey conducted online by Harris Poll on behalf of Eventbrite found millennials considered experiences to be an important aspect of leading a fulfilling life.

“This generation not only highly values experiences,” concluded the



IRINA KOUCHNIR

Digital nomads make the world their office while they relax in Sahara desert after a productive day of work.

survey, “but they are increasingly spending time and money on them: from concerts and social events to athletic pursuits, to cultural experiences and events of all kinds. For this group, happiness isn’t as focused on possessions or career status.”

Humber Business Management student Dimytro Krachun loves the

idea of working and travelling.

“I have worked remotely before and am currently looking for another job that will allow me to travel while I work after graduation.”

Mevish Aslam, founder of Terminal 3 says in an interview with *Forbes* a “lack of human interaction” and “finding a work-life bal-

ance” can hurt productivity.”

However, Aslam says that most participants agree that the benefits of working and travelling outweigh the downs.

“The life lessons you learn along the way, which in turn facilitate your growth on a personal and professional level. Ordering food using

sign language, getting the wrong bus to the other side of town, getting lost and being invited to have dinner with locals — it is through such challenges that our growth lies.

“This is priceless. An investment in material things cannot buy this. The best investment in life is in yourself,” he said.

Social media use adds to ‘psychological distress’

Irina Kouchnir

BIZ/TECH REPORTER

Health care professionals have long known our surrounding environment impacts mental health and wellbeing, but new research suggests social media can predict depression and anxiety.

A study conducted by epidemiologists from Ottawa Public Health and published in *Cyberpsychology, Behaviour and Social Networking* found students who spent more than two hours a day on social media reported “poor self-rated mental health, psychological distress, suicidal thoughts or unmet need for mental health support.”

Dr. Hugues Sampasa-Kanyinga, lead researcher of the study, says the link between depression and social media use does not necessarily mean causality.

As part of the study’s concluding

remarks Dr. Sampasa-Kanyinga said “it is unclear whether social media contributes to poorer perceived mental health among adolescents, because issues such as cyberbullying and unrealistic body images affect them negatively, or whether social media is relied on as a coping strategy by adolescents who feel isolated and alone and suffer from poor mental health.”

A study published by team of researchers from the Happiness Research Institute in Denmark reported that Facebook users are “39 percent more likely to experience feelings of unhappiness than non-Facebook users.”

The study found participants who stopped using Facebook for one week reported significantly higher level of life satisfaction and better concentration than those who continued to use the site.

The Dutch website 99 Days of Free-



CHRISTINA MCALLISTER

A study from the Ottawa Public Health suggests increased social media use impacts mental health and may contribute to “poor self-rated mental” when more than two hours daily use is involved.

dom is an online experiment aimed at encouraging people to stop using Facebook. The goal is to show users how a Facebook-free life can affect happiness. Users can sign up on the website for 99 Facebook free days, or longer if they choose, to see what impact it has on their life.

Current Humber College student Sommer Juliana has a more positive approach to social media and says Facebook doesn’t depress her because she mostly uses it for news and doesn’t dwell on the negative aspects of social media.

“You can focus on the positive or

negative aspects of anything,” said the 44-year-old, “but I can understand why some people would get depressed using social media if they are comparing their lives to others and then feeling bad about that.”

Nintendo's new console switches things up

Matthew Hodder
NEWS REPORTER

Nintendo's new console, the Switch, released over a month ago on March 3 and was an immediate success for the video games company. Since the release of the Switch, Nintendo's stock has gone up almost 20 per cent. With almost two million units sold, it is difficult to find a store with a Switch on their shelves.

The success of the Switch is surprising given the precedent set by Nintendo's last console, the Wii U. Less than four weeks after the Wii U launched in November 2012, Nintendo saw the value of their shares fall by close to 30 per cent.

Typically, a console will launch alongside a game that is only available on that console. This helps to create exclusivity and boosts console sales. When the Xbox One launched, Microsoft released *Killer Instinct*. When the PlayStation 4 launched, Sony released *Killzone Shadow Fall*.

Nintendo's consoles, however, seem to defy this trend. When the Wii U launched, there were more than 10 games on the platform that were not on others. By contrast none of the Switch's games, including their flagship title *The Legend of Zelda: Breath of the Wild*, are exclusive to the console.

According to Jeremy Bethel, a video game connoisseur, the success of the Switch could be attributed at least in part to innovations made to the design of the console's controller.

"The Switch's controller is hard to compare to anything else out there right now," says Bethel.

The Switch's controller features an attached screen similar to that of the Wii U, but the grips with the

joysticks and buttons can be separated from the screen for use with a television. The individual grips are called "Joy-Cons," and the one that goes in your right hand has a "motion IR camera." The camera is able to read hand gestures, giving users the ability to make inputs to the controller without touching it.

"HD rumble" is another new feature of the Joy-Con. According to Bethel, "the rumble is precise enough to simulate the sensation of shaking one or several ice cubes around in a glass, and you can tell the difference depending on the number. It can also simulate the feeling that someone is filling that glass with water."

The Switch's success may be also be a product of the hybrid design of the console. Unlike other home consoles, the screen that attaches to the Joy-Cons allows users to take their console games mobile.

"The portability of the Switch makes it appealing to children, who are already a huge chunk of Nintendo's audience," says Bethel. "They can play it on the bus, while they are running errands with their parents, or they can easily take it to a friend's house."

Nintendo also put forward a robust advertising campaign for the Switch. The advertisement for the Switch that played during this year's Super Bowl was the first that Nintendo has ever purchased for the event. Nintendo has also been advertising their console during other sports events.

"Only a few of them are available now but there are games, like *Steep*, for the Switch that are about sports," says Bethel. "There are also games that require you to use the motion controls and be physically active. Not only is the sport demographic



ROBERT MEIKLEJOHN

The Switch resembles a tablet with detachable red and blue controllers and includes a dock for charging and TV play.

a huge one, but it is one that could enjoy the console."

While sports games typically are not exclusive to any one console and the Switch has no exclusive titles yet, Nintendo has garnered a sense of exclusivity around the device itself.

"The demand for preorders alone was more than Nintendo could handle," says Bethel. "There was a line of people waiting to buy the console

before it even came out, which made everyone talk about it."

The Switch is hard to find, but it is not impossible. Armaan Randev, a student of Humber's Sports Management program, says his friend was one of the lucky few to find a Switch in store. Randev says his friend bought his console "only a few weeks ago."

Nikita Plakhotim, a student of

Humber's Information Technology program, also says his friend "ordered one on Amazon without any trouble."

Nintendo has said they are trying to minimize the wait for more consoles. Production of the Switch is doubling to meet a goal of at least 16 million Switches before next March.

U.S. travel ban opens door for Canadian tech industry

Irina Kouchnir
NEWS REPORTER

U.S. President Donald Trump's recent travel bans and his executive order on merit-based immigration has resulted in a stream of foreign talent into Canada, according to widespread media accounts.

Canadian venture capitalists predict that this influx of highly educated immigrants will give Canadian startups a big boost.

Carol Leaman, CEO of Waterloo-based tech firm Axonify, observed, "we've got an opportunity here to take advantage of it."

Historically, Canada has been sitting at the lower end of global innovation, as many talented citizens sought jobs in the United States. Even if Canadians are responsible for several billion-dollar start-up companies such as Hootsuite, Shopify and Uber, the problem is most Canadian start-up founders no longer live in Canada, having

moved to the U.S. for its wider opportunities.

But since Trump has tightened U.S. borders, many professionals have begun to seek employment in Canada, particularly in Toronto, which has been happy to welcome the new influx of foreign talent.

"We just hired a new director from India who passed Silicon Valley job offers in favour of the job in Toronto," said Mark Organ, founder and chief executive of Inluitive, a marketing Toronto-based startup. "Global talent abhors uncertainty, and Canada is just a beacon of stability."

With strong science and engineering programs in Canadian universities and with the new influx of talent, Canada should be strengthened as a tech hub, reflected in the 70 per cent application increase University of Toronto has reported seeing since Trump won the presidency.

Richard Florida is an economist

and professor at the Rotman School of Management at the University of Toronto, and says in order for a city to attract a "creative class," three T's are required: talent, tolerance, and technology.

Toronto appears to be excelling in all three areas.

In terms of expansion, the Canadian tech hub is predicted to grow from the two factors.

First, by the creation and growth of in-house startups, propelled by Canadians and international immigrants, who prefer the social and political environment of Canada instead of the tense U.S.

Second, by the migration of foreign employees of already established firms to a friendlier Canadian environment.

When a Canadian immigration website crashed after Trump's election, Christopher Reid's Kitchener-based tech startup company posted ads on Facebook inviting unhappy U.S. citizens to apply.

"Thinking of moving to Canada? Sortable is hiring!"

Dennis Pilarinos, a former Microsoft executive who owns Vancouver-based Buddybuild, sees opportunity for Canadian firms as well.

"I think it's really sad and horrible from a political landscape perspective, but very selfishly it's an incredible opportunity," he said.

In addition to U of T attracting more international applicants, Kitchener-Waterloo has also been receiving a significant influx of immigrants who are skilled workers and students.

With University of Waterloo positioned as what Stanford University became to Silicon Valley, a primary engine in the nurturing of talent and knowledge, and with Toronto, which has a respected startup ecosystem of its own, Canada looks ready to expand its creative class and grow the tech industry.



UNIVERSITY OF TORONTO

Richard Florida (above) thinks Toronto is the next Canadian tech hub.

Percy the therapy dog provides stress relief to students

Junisha Dama
NEWS REPORTER

In a stressful time in the college semester of exams and finals, Percy the therapy dog is a refreshing face, a therapeutic Golden retriever owned by Melanie Shulman who offers her pet for hugs.

“Students face stress and those who live away from home, often miss their dogs as well,” said Shulman, noting that a dog you can cuddle when you’re overwhelmed with assignments and the stress of exams, does help.

Therapy dogs today often visit old-age homes, hospitals and schools, as these are places where they are most needed. Several medical studies suggest that many people are most responsive during and after such a visit by an animal. Clinical research has shown that therapy dogs not only lower stress levels and blood pressure but also leave patients and others with a feeling of companionship, comfort and confidence.

Shulman said that Percy was trained to be calm since she first had him, with training to work well with strangers, a room full of children running around and more.

“There was an activity where you’re supposed to get your dog excited by showing him a toy and then supposed to calm him down immediately. But I had already trained Percy to be calm and wait for a toy



JUNISHA DAMA

Golden retriever Percy is found at Humber’s North campus every Tuesday at Student Centre and Wednesday at LRC.

if he wanted it, so it was more difficult for me to get him excited”, said Shulman.

“I happened to be at the North campus once and saw Percy. It was very comforting because he’s such a

calm dog. I’m a little envious of the students at the North campus ever since, but I try and drop in on days Percy is on campus,” said Beverley Almeida, a student at Lakeshore campus.

On Tuesdays at the Student Centre and Wednesdays on the third floor of the Learning Resource Commons, between 12 p.m. and 1 p.m., Percy can be seen getting cuddled by several students.

Soaring student stress levels addressed at workshop

Fareah Islam
NEWS REPORTER

With the winter semester coming to an end, students can be seen rushing to classrooms, finishing assignments in the library and studying in the hallways.

Since stress can be a major concern for many who have to balance school, work and family life, Humber held a Stress Management workshop Wednesday at Lakeshore campus to discuss how students experience stress and equip them with the tools to manage their stress levels.

“Stress is a state of mental or emotional strain or tension resulting from adverse or demanding circumstances. Positive stress can motivate, improve performance and efficiency, while negative stress can cause unproductive anxiety, strain in relationships, addiction and possibly even physical illness,” said Ranjit Saini, coordinator of the workshop.

According to the National Institute for Mental Health, 70 to 80 per cent of all doctor visits are stress related. Saini says today more than 30 per cent of first-year students report frequently feeling overwhelmed, which is double the rate it was in 1985.

First-year Marketing student Hayley Mackie agrees.

“Right now I feel extremely stressed. I’m just trying to get everything done. I play for Humber’s soccer team and I need to be able to

maintain a certain average in order to receive my scholarship funds. I get stressed at the thought of losing my scholarship,” said Mackie.

Saini provided examples of how different types of stress can be managed.

“People can feel physical stress by having stiff joints, fatigue, headaches and shortness of breath. The best way to combat these are by being physically active through jogging, swimming, cycling and walking. There is also emotional stress and this can include having anxiety, depression, nervousness, moodiness, insomnia and short temper,” she said.

Saini suggested counselling, listening to or writing music, talking to family and friends, meditating or praying as coping methods.

“While I do feel stressed, I know I just have to stay focused and get in the mindset of getting everything done. I try to manage my stress level by working out, playing soccer and being around people who are going through what I’m going through,” said Mackie.

Humber provides various resources help people deal with stress, such as counselling services and access to facilities such as the gym, Career Centre and the Humber Spa.

“Humber counselling services is a confidential, non-judgmental setting where students can discuss whatever difficulties they are concerned about,” said Saini. “The Career Cen-



FAREAH ISLAM

Ranjit Saini, coordinator of the stress management workshop

tre can be an important resource for those who are worried about finances or need help finding a job. The Spa at Humber offers massages, facials and a multitude of other services to help students destress.”

Himaali Patel, a first-year Mechanical Engineering student and an attendee of the stress management

event, said she was able to learn different methods to deal with stress.

“I think most professors here are very considerate and are willing to understand student difficulties. I try not to procrastinate and I take advantage of the resources Humber has to offer to manage my stress,” said Patel.

Literacy scores drop as parents call for more accommodation

Jane Burke
NEWS REPORTER

On Monday, Grade 10 students across Ontario sat down to write the Ontario Secondary School Literacy Test. The test usually has an overall success rate of over 80 percent, a rate that’s much higher than other standardized test results.

However, statistics reveal that 40 per cent of students with special needs requirements and 47 per cent of students in the applied stream aren’t passing. Unlike other standardized tests, passing the OSSLT is mandatory to graduate high school; although accommodations can be offered, all students must write the same test. “I believe there are a number of issues with the OSSLT,” said Dana Sahian, a parent who works in the education sector. “My son is dyslexic and will be writing this exam. I really feel that this test not being offered at an applied level is a violation of his human rights.”

Sahian has reached out to other parents hoping their dissatisfaction can turn into real change in schools. Following high school graduation the next step for a majority of young Ontarians is to continue their education in the college and university system. For students who struggled with the OSSLT, however, the test becomes a major barrier to that goal.

“I remember that test, I was nervous at the time, but honestly it didn’t really matter, in my program now I don’t really use those types of skills that way,” said second year Humber Tourism student, Tony Nguyen. Like many post-secondary institutions in Ontario, Humber College offers accessible learning services to students who require them. During the last academic year, that was nearly 3,000 students, about 10 per cent of the full-time student body. The most common services students use is extra time for tests and note taking support.

“Humber is committed to providing an inclusive learning environment for students. The facilitation of academic accommodations is one part of that mandate. Without academic accommodations, many students would be unable to access post-secondary education,” said Nora Simpson, the associate director of Accessible Learning Services at Humber’s North campus.

During standardized province testing in grades three, six and nine, students in an applied stream take different versions of the test than students in the academic pathway. Should a student fail the OSSLT exam, they can either rewrite it or they can register in a one-year course to make up the credit.



ALANNA FAIREY



ALANNA FAIREY

Integrated disciplines grace Walk it Out fashion show

Alanna Fairey

LIFE REPORTER

Humber College's Annual Walk it Out fashion show was showcased at downtown Toronto's Palais Royale on Tuesday to much praise.

The show was part of a capstone project curated by the Fashion Arts & Business graduating class, showcasing the theme of a 'Modern Warrior' to reflect the theme of power, identity and freedom.

"That was really important for us to really look at what it had meant to embody a great person," said Amber Bernard, host of the evening and professor for the Event Management postgraduate certificate program and the Fashion Arts diploma program. Man, woman, anything you want to be or if you don't want to be, that's fine, too," she said.

Featured designers included Wully Outerwear, Copious Couture, Chris-

topher Paunil, Angela DeMontigny, Joseph Tassoni and Stephen Caras. Each of the looks was contemporary, emphasizing couture, femininity and individuality.

The biggest surprise of the night was when Paul Mason, otherwise known as the infamous Fashion Santa, graced the runway.

James Cullin, associate dean of the Business School, shared that Modern Warrior marked his second fashion event in his role and praised the integration among the Fashion Arts, Media and Cosmetics students.

"This team has been a delight to work with, really representative of Humber's polytechnic identity to be able to use this fashion show as a leverage for fashion students to go very in-depth in a capstone on event planning," said Cullin.

"The cosmetic students have an opportunity for real world experi-

ence providing makeup for models which is a little different than what they would be able to do in a classroom," he added.

The event also used the School of Media Studies' HD TV mobile unit to live stream the event, in addition to four cameras filming.

"I want to continue the spirit of integration," said Cullin. "If I had a hope, it would be to bring the photography students in to shoot the show."

Sebastian Blagdon graduated from the Fashion Arts program last year and is now in the Fashion Management degree program. While the program catered to his love of fashion, he praised Humber for offering the business aspects of fashion, as it gives students real world experience.

"Humber doesn't offer fashion design," Blagdon said.

"The Walk it Out event is a really good opportunity for students to get used to actual productions and

learn how to put a fashion show together from scratch and look at the whole other side of the fashion."

Cullin reiterated the importance of the hands-on experience that the students are given through the experience of putting together a themed fashion show.

"It is a unique experience for students to put on a live fashion show with real Toronto based designers," Cullin said.

"The benefit to students is that they are able to take all of the event planning skills that they developed during the fall semester and apply it in an off-campus meaningful fashion and synthesize everything together."

While the next Walk it Out event is a year away, it is Cullin's hope that next year's group will follow the trend of thinking about fashion in a more sustainable manner and will seek out designers who have sustainably-based apparel.

Students urged to make fuller use of health insurance

Alan Sebastian

NEWS REPORTER

You've paid your tuition fees and run out of your savings. And if you're down with a flu or have a terrible toothache that needs to be looked at, you usually avoid the doctor when you don't have to.

That's why the end of the semester is when many students realize they still have insurance leeway to receive further care.

"We get a lot of students who come in for a basic teeth-cleaning so that their insurance is used. This generally happens at the end of the semester when students realize they haven't used their insurance," said Shana Wilkins, owner of Dental Hygiene Clinic at Humber Lakeshore campus.

The fine print on the offer letter confirms student fees include health insurance, meaning it is paid as part of tuition. But this insurance applies only to full-time students, who pay a premium of \$500, kept aside from tuition automatically as part of the insurance package with no option to opt out.

"We have devised an awareness campaign that will be advertised to students during specific months of the year in order to further ensure that students are educated and reminded of their entitlements at Humber College," said Ahmed Tahir, President of IGNITE.

These campaigns are advertised around the months when the calendar year either comes to a close or during a time when most of the students make use of their insurance, he adds. Humber also puts up notices informing students where to go to learn more about their benefits.

"We have thousands of students carrying thousands of dollars on their student loan for years to come for the services they didn't know were available to them and therefore did not use them," said Wilkins.

Humber holds a seminar during Orientation Week to educate students about their benefits, usually diverting them to the Humber healthcare websites for further assistance.

Some international students, however, say they experience an overload of information at this time, combined with apartment hunting and the many other challenges faced by those who have just landed in a new country.

If students do not take advantage of their benefits within the allotted calendar year, the money goes to the insurance companies. The insurance cannot be transferred nor can it be refunded to in case a student decides not to use it. That's part of the reason Wilkins says she pays two of her employees, who are Humber students, to educate other students of their benefits.

Le Boeuf brothers conquer crowd at Lakeshore concert

Arsen Krasiy
NEWS REPORTER

For the New York City jazz group Le Boeuf Brothers, popularity and selling tickets aren't what they're made out to be. Making and enjoying music is all that matters for them.

The Le Boeuf Brothers are award winning composers and musicians who developed themselves through jazz music.

The group that conquered Humber in a Lakeshore campus concert last week consists of two identical twin brothers, Remy and Pasqual Le Boeuf, saxophonist and pianist respectively, as well as drummer Justin Brown and bassist Ben Street.

Although not many in the Lakeshore Auditorium audience knew much about this group, expectations were high.

"Every week it should happen, this is just good entertainment, it enriches everyone's cultural life," attendee Marius Sarunas said.

A large contingent of music students came to the concert. Henry Gouthro, who is a music student, says he viewed the concert as a learning experience for himself and others.

During the concert, no one dared to break the silence in the room except the musicians and their music.

"It was wonderful performing for such an intelligent audience. We felt energy in the room and it came out in music," Pasqual Le Boeuf said. "You could tell everyone was hearing all



ARSEN KRASIY

New York City jazz group Le Boeuf Brothers mesmerized Humber Lakeshore campus in concert last week.

the details of the music and asked a lot of intelligent questions."

Pianist Pasqual underlined that success is not a priority for the band.

"Success, there are lots of ways to define it. Sometimes it is an artistic

success, and I think what we are interested in is the artistic success, being able to do something we feel really authentic about and make it a part of our lifestyle in a sustainable way," he said.

He also said that their music is a signature of the group because fans expect them to play their original songs.

"It was something that was from the artistic standpoint is quite unusual, you not gonna hear this kind

of group very often because the kind of music they are playing is extremely demanding, extremely unique to their own playing and their own style," Humber Music director Deny Christianson said.

Student documentary films appeal to sense of humanity

Brett McGarry
NEWS REPORTER

Documentaries have the capacity to compel and inspire us by showing the truths of our world that often exists behind a very thin veil. Around the corner, down the street or half way around the world, a reality exists that could be stranger than fiction or appeal to our sense of humanity. This is what a good documentary can do and this is what Humber film students have been aspiring to capture.

This year the Bachelor of Arts Film and Media students will have 10 short documentaries playing at the Humber Documentary showcase in Etobicoke.

The lineup of docs features a diverse range of subject material. *Upcycle* explores the work of bicycle pirates starting their own DIY bike repair shop. *Life in a Box* exposes the unnatural and often inhuman conditions that animals are kept in for human entertainment in zoos. *Not Just a Pretty Face* examines cosplay culture, community and taboos and the seven other works display the wide berth of material covered in this year's showcase.

Students have been planning these projects for almost a year

with the pitching process starting in the fall semester and after going through a selection process immediately began work getting in contact with subjects and beginning the production process.

One of the largest hurdles for *Upcycle* producer Suzy Queen was communicating and coordinating with her subjects. Her role entailed sorting out such logistical challenges.

"The bike pirates were completely DIY. They had no cellphone and telephone and the only internet they used was spotty Wi-Fi they borrowed from a neighboring cafe. All the money they made went towards biking and bike parts," said Queen

Coordinating unscripted subjects was a learning experience for everyone in producing a documentary. Director of *Departed*, about crisis in Venezuela, Isabella Salinas also found the process of working with these subjects difficult but rewarding.

"Directing is a challenge for me so it was a different kind of production. You had to deal with things on the go and subjects can be difficult subjects. We were used to having scripts and sometimes things would go according to plan, but it all made me realize I really liked pre-production," said Salinas.

The challenges often bore many



MARK GERA

From left to right Kaitlin Kealey, Max Bishop, Chelsea Blochinger, Sara Linares, Suzy Queen of *Upcycle* doc.

kinds of rewards. Being able to explore subject matter that was close to the heart of the crews was an important aspect of making these films.

"I feel like I might have done things differently if I could do it again, but I feel good about the film. It was very poetic. Since it was not about me it allowed the people who do not normally have a voice to have a voice for their issues. I just want people to be aware and talk about the issues the documentary raised," said Salinas.

For Megan Harrison, animal lover, activist and director of *Life in a Box*, making this piece come together was deeply an extension of herself.

"I think the ultimate goal is to have people really think about the welfare of animals and all the flaws of the archaic zoo system," said Harrison.

The documentary showcase itself will allow the students to share material they are passionate about with a larger audience but also showcase the application of their hard won skills

gained over the years in the program.

"It's really a chance for exposure for us. We've all worked really hard and this is an important point in our individual careers. We'll have something to be proud of for our portfolios," said Queen.

The 10 documentaries will premiere April 21 at the Assembly Hall located at 1 Colonel Samuel Smith Park Drive, adjacent Humber Lakeshore campus in Etobicoke. Doors open at 6:30 p.m. and screenings start at 7 p.m.

Filth City makes waves with Ford Nation

Ieva Lucs

ARTS AND ENTERTAINMENT

A new movie about a gangster mayor who smokes crack is stirring up controversy for its resemblance to the life of the late Toronto mayor Rob Ford. *Filth City* is the indie feature that is drawing attention, for a variety of reasons, in the entertainment and political arenas of Toronto.

The film is an interpretation of events that happened to, and around, former city mayor Rob Ford in 2013. Director and co-writer Andy King calls it a “crime comedy with a Canadian twist.” But both King and the film’s star, Humber College comedy grad Pat Thornton, insist the movie is not “the Rob Ford story.”

Thornton, whose physical resemblance to Ford is scarily close, was King’s first and only choice to play the role.

“He’s got all the power of a Chris Farley without the dysfunction,” said King, referring to the late Saturday Night Live comedian.

There are scenes in the movie with the fictional town of York’s

Mayor Hogg (Thornton) brandishing guns, hiding bodies and groping women, as well as many, many scenes of crack smoking. The film won Best Comedy and Best Ensemble Performance at the Canadian Film Fest in March.

King said younger people seem to really like the movie, and get that it’s a satire, but *Ford Nation* is having a much harder time seeing the humour in it. King has received numerous death threats online after Doug Ford went on CP24 and warned King not to cross the street if he’s driving down the road.

King revealed that just days ago he spoke with Doug Ford on the phone. King said he was told Ford was going to apologize for enabling the threats by not telling *Ford Nation* to back off. However, according to King, the apology never happened. In the beginning of the conversation he said Ford “vented” on him, but then started telling him stories about his brother.

“I told him I thought Rob would like the film,” said King.



SOURCE FILTH CITY

Ford Nation went after *Filth City* director Andy King on social media after Doug Ford threatened him on CP24.

By the end of the conversation King said they had made a date to go for a coffee.

The Humber *Et Cetera* reached out to Doug Ford but had not heard back by the time of publication.

Both King and Thornton said they were not Ford supporters when

he was mayor, but appreciated why people loved him so much.

“I think he was a very likeable guy, but he obviously lived his life out of control,” said Thornton.

“I feel like people haven’t processed Rob Ford yet and what he meant to our city - his legacy. Making this mov-

ie was our own way of doing that,” said King. “Other people can use it as a way to discuss their own feelings, too. That’s art -- that’s what it does.”

Anyone interested can pre-order a DVD of the movie at filthcity.net. No future screenings of the movie have been announced.

Bassist Mike Downes digs deep on *Root Structure*

Brandon Choghri

ARTS AND ENTERTAINMENT REPORTER

Mike Downes’ fingers deftly fly around the fretboard as he performs the title track from his latest project *Root Structure*, his impassioned face wrenched in time with the groove being laid down by drummer Larnell Lewis. It’s particularly fascinating to watch Downes make these *guitar faces*, typically reserved for six-string shredders like Steve Vai or Jimi Hendrix because he’s not a guitarist – instead he’s wielding an upright bass, which stands over six feet tall.

The impressive flourishes of notes seem almost effortless for the Winnipeg native, who has helmed Humber College’s Bass department since 2000. The school’s esteemed music faculty help round out his quartet as well, with fellow teachers Lewis on drums, Ted Quinlan on guitar, and Robi Botos on piano.

In an interview before a performance last Sunday evening at Gallery 345 in Toronto’s west end, Downes says that he doesn’t just play with these three members of Humber’s music department, but pretty much everyone on faculty.

“It’s a great musical community there, and everyone is a working professional musician. I’m blessed to play with a lot of them.”

The performance marked the release of the Mike Downes Quartet’s new record *Root Structure* – or it would have if the CDs had been manufactured in time. Downes told the crowd that production for the discs was behind schedule, but assured them they’d be ready in the coming weeks. Given the delayed release, those in attendance at the

club were treated to an exclusive preview of the album, as the quartet navigated two sets of intricate jazz instrumentals.

The venue is managed by Edward Epstein and is on the first floor of a century-old warehouse in Toronto’s Parkdale neighbourhood, which makes for a uniquely warm and open sounding room.

As Downes says, Gallery 345 is “a beautiful space for acoustics” – and that’s almost a criminal understatement. The combination of the plaster and brick walls and the 15-foot-high wood ceilings in the intimate, L-shaped room lend themselves superbly to the quartet’s sound. Epstein outfitted the venue with a 1960 Baldwin concert grand piano to take advantage of the superb sounding room, and it sounded immaculate in Botos’ hands.

Downes says that *Root Structure* is a play on words referencing his bass playing, but admits that there’s a more profound significance to the name.

“It’s about things that lie beneath the surface, getting in deep on things,” he says. “That’s how I feel when I play with these guys, and I wanted to do that compositionally and create that kind of environment.”

That sort of compositional connection was apparent from the quartet’s first notes – each individual performance seemed to feed off the last, and the solos grew more spirited as the night progressed.

Downes’ thumping low end notes seemed a little bit clearer as he made eye contact with his bandmates mid-jam, and Lewis somehow found another gear long after his rolls and fills behind the kit would have left a lesser band in the dust.

The band’s sound filled the room with infectious grooves, with impressive soloing from each instrument. There were times when Lewis’ drumming overpowered the basslines of Downes, and Quinlan occasionally even stopped strumming his tobacco burst Gibson to make way for Botos’ quieter piano solos – but these problems are to be expected when the instruments aren’t being pumped through a PA system.

The quartet’s final tune was the monumental jam “Moving Mountains” which featured a ludicrous drumming showcase from Lewis. The Humber alumnus’ full drumming vocabulary was on display for the audience as he powered through the lengthy solo. The sound of the other instruments seemed to fall away, but even his grinning bandmates didn’t seem to mind as they watched one of the world’s most talented drummers let loose on his Yamaha kit.

Lewis says that he’s been playing with Downes since he was a student at Humber College, and the chemistry they’ve developed shone through on *Root Structure*.

“To come full circle and to be in this project is a lot of fun,” he says. “There’s a great energy between everyone so it really made for a fun project to capture.”

Downes says that he isn’t just motivated by his bandmates, but his students as well.

“There are some killer bass players and musicians on every instrument. It’s pretty inspiring to see these guys who are so young and just absolutely killing it.”

The bassist says that he truly loves teaching his students, but finds himself



BRANDON CHOGHRI

Bassist Mike Downes in performance last Sunday at Gallery 345.

learning more and more from them each lesson. One thing he tries to stress to them is that despite the state of the music industry, there are still opportunities for those who seek them.

“People are kind of doomsayers about the music industry – but for what we do, you just keep doing it and make things happen,” he says. “There’s still a lot going on if you want to be a creative artist.”

The associate dean of Humber’s

School of Creative and Performing Arts, Dr. Andrew Scott, says that Humber’s faculty is full of incredible educators and musicians, and they’re lucky to have talent like the Mike Downes Quartet on staff.

“Good teachers, like good musicians, are above all communicators of ideas – and you couldn’t find better communicators than Mike, Larnell, Ted and Robi whether in the classroom or on the bandstand.”

EDITORIAL

Government control will hurt legalized pot

The legalization of marijuana is now only a matter of time. This huge move has some pot smokers questioning whether this is a move forward in pot policing or just a move for the government to grab another cash crop.

Many in our generation have smoked cannabis and are glad of legalization. It is not fair to tell people what they can and cannot do with their bodies. You may instruct them on health effects, but at the end of the day it should be left to individual to decide what is best for them.

Now the de-criminalization of marijuana and marijuana consumption is good, as it allows people to consume on their own terms and not necessarily behind closed doors. It offers more individual choice and freedom with what we choose to do in our lives.

According to the University of Ottawa, roughly 90,000 people are annually arrested in Canada on marijuana related offenses, and about 70 per cent of those were for possession. The enforcement of marijuana laws roughly runs the government a bill of \$500-million a year. This is a lot of tax dollars going to wasted police hours, when the majority of

convictions and penalization comes from simply having the substance on one's person.

It is well known how much marijuana is recreationally used in Canada; according to the same Ottawa study, an estimated 2.3 million Canadians smoke weed, and people are usually introduced at a young age, around 15.

We have an annual production of over 2.6 million kilograms of marijuana, with around 215,000 grow operations around the country, the university finds. Many people grow their own and not document this information, so these numbers are likely a low estimate.

On the cusp of Canadian legalization of recreational use of cannabis, what we don't want to see is government control of the industry, with so many private businesses ready to cater to pot needs. A myriad of dispensaries are already distributing to customers who have "green cards" for medical use. Marijuana distribution should stay in the private sector. It will thus open up more jobs and keeps provincial governments from pricing the commodity at whatever level they want.

Government clearly has an issue

with the already existing dispensaries, as many Toronto pot shops were raided in March. The police action was ostensibly in response to concerns about the quality and safety of products, yet the government had already received and accepted tax dollars through the sales of marijuana.

The legislation indicates that marijuana will be secured and regulated by Ottawa, and that producers will be licensed by the government. It is fine for the majority of vendors to require permits and licenses to sell their goods, but the fact that the government will regulate production, maintain the supply and set the prices is problematic.

This is like the LCBO, and its control over almost all alcohol sales in Ontario. We are all forced to go to one shop for our alcohol, which leads to even more issues such as congestion and wait times.

It is reasonable to have rules on the safety of cannabis, ensuring it does not have negative health effects. This is just the same as butcher shops; if a customer gets a bad piece of meat that was prepared unhygienically, they can take legal action against the private establishment.

Meanwhile, it is a government-paid

health inspector who has the final say on what is to be done in regards to health regulation and product sold.

The continued presence of a tobacco industry also means there is an issue of double standard if government wants to apply stricter controls on cannabis. Think about cigarettes. It is well known that they contain worse chemicals and carcinogens than the tobacco itself. Yet they are still sold with very little restraining regulation, in corner stores, in practice often allowing underage consumers to purchase smokes. They are kept around because they make a lot of money.

Government organizations should be included in the vetting and regulation of hygienic practices and health issues surrounding any product, a matter associated with public health. That does not mean that they need a complete restrictive power over the marijuana industry.

The LCBO was founded in 1927, placing alcohol consumption and distribution under the direct control of the province of Ontario. This is exactly what they want to do with marijuana but the justifications for such an approach remain unclear.

'Gross' Pepsi ad shows Jenner's lack of judgement



Neha Lobana
LIFE EDITOR

olence and police brutality can be avoided if we simply offered police a can of Pepsi.

Not only was the message of the campaign absolutely gross, but Pepsi chose to feature a white, blonde, affluent kid born into the celebrity lifestyle to play a person who is representing struggle and civil unrest. An abuse of power of its own.

The two minute video quickly went viral and broke the internet.

Bernice King, daughter of Martin Luther King Jr. blasted the commercial with just one powerful tweet.

"If only Daddy would have known about the power of Pepsi," she tweeted. King paired the message with a black and white photo of a police officer with his hand on her father's chest mid protest.

After less than 24 hours of receiving major backlash, Pepsi decided to remove the commercial.

"Pepsi was trying to project a global message of unity, peace and understanding. Clearly we missed the mark, and we apologize. We did not intend to make light of any serious issue. We are removing the content and halting any further rollout. We also apologize for putting Kendall Jenner in this position," read the statement that Pepsi released on Twitter.

This statement itself created the next wave of controversy for the company, as many began to question why Pepsi was apologizing to, and infantilizing, Jenner.

A source close to Jenner revealed in an interview with *People* magazine that Jenner is not happy about



PEPSI

the controversy and is laying low until things calm down.

"She has been very upset. She feels terrible. She loves being a model. To get a Pepsi gig was a big deal. She was very excited. She never expected it to receive such backlash. She hopes people understand that she wasn't involved in the creative process," said the source.

First things first: Jenner is not a child. She is grown adult. A 21-year-old woman who has a net worth of US\$10-million. According to *Forbes*, Jenner is one of the world's highest paid models, having walked for high fashion designers in the New York, Paris and Milan fashion weeks along with the Victoria's Secret Fashion Show. Besides her modelling, she is the co-owner of The Kendall and Kyle Collection, a clothing line created with her younger sister, Kylie Jenner.

Jenner is also the brand ambassador for cosmetic giant Estee Lauder and The Estee Edit, as well as owner of a \$6.5 million mansion. And let's

not forget about her family's reality show that helped create the Kardashian-Jenner clan.

So why is it okay for Pepsi and others to say that 21-year-old Jenner is merely a child and cannot be blamed for taking part of the campaign?

After all, Mike Brown was 18-years-old when he was fatally shot six times for allegedly pushing an officer.

And Trayvon Martin was just 17-years-old when he was shot dead by George Zimmerman.

And how about 12-year-old Tamir Rice, who was also shot to death for playing with a toy gun on a playground.

Why is it that all three have been viewed as adults yet multi-millionaire Jenner is being considered a child?

There is no need infantilize her, especially because she was not blind-sided.

Jenner was not forced into the gig.

She chose to be part of the commercial despite being informed about the concept of the campaign. She did it out of free will and in fact, believed that she was making the

Humber Et Cetera serves to inform the Humber community and give its readers well rounded coverage on the things that matter to them.

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right move as her source previously stated that "she never expected it to receive such backlash."

Susan Akens, an entertainment law professor at the UCLA School of Law told the *Washington Post* that stars often demand review rights prior to signing a contract as this protects them from unflattering edits.

"What level of creative control is along the line of the clout of the talent. All talent makes the decision of what they want to be in," said Akens.

She went on to say that Pepsi issued the apology either from a public relations standpoint or because Jenner's team demanded the apology to maintain their relationship.

Jenner's lack of judgement is not only inexcusable but shows her small-mindedness as she truly thought it was an honour to be part of a campaign which had the audacity to co-opt the visual language of resistance movements to sell sugary beverages.

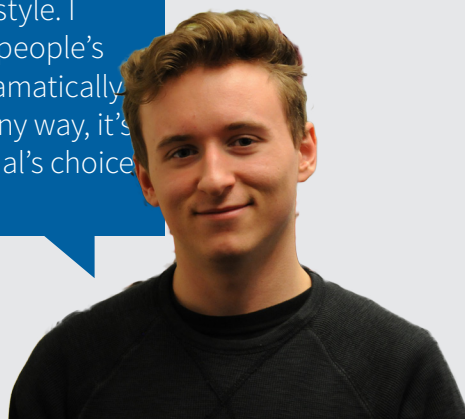
QUOTED Will people's habits change when marijuana is legalized?

"I can't see much of a difference. Smokers will keep smoking and non-smokers will continue not to, but I can easily see adults who usually never smoke making a night of it."



Austin Riswick
FILM AND TELEVISION
1ST YEAR

It's your own choice for your lifestyle. I don't think people's lives will dramatically change in any way, it's the individual's choice."



Hugh Thomas Fraser
MEDIA COMMUNICATION
3RD YEAR

I have friends who smoke marijuana, even though it's illegal. They do it three times a week, but if it's legal, they'll do it every day. Its legality won't make it taboo anymore."



Trevin Remd
BUSINESS MANAGEMENT
2ND YEAR



TO THE NINES

Nakshdeep Kaur
Business Management
1st year
19

Sari: from Punjab, India
Shoes: from Punjab, India

"Today is our traditional festival called Vaisakhi."

HOROSCOPES



JAN. 20 - FEB. 18
Rebel cautiously as the full moon makes you overly destructive; real life kicks back in on Monday.



JUL. 23 - AUG. 22
Avoid table dancing for the next couple of days, but we know you won't listen.



FEB. 19 - MAR. 20
You're a tortured soul... so deep and artistic. Alas, Edward Cullen doesn't exist so get over yourself.



AUG. 23 - SEP. 22
Don't forget to clean this weekend before the new moon comes. Dust is the root of bad juju.



MAR. 21 - APR. 19
It's impolite to put your ram horns where they don't belong. Keep em' to yourself!



SEP. 23 - OCT. 22
Try not to be pretentious at the next social event you attend: the planets show a potential burning at the stake.



APR. 20 - MAY. 20
You're stereotyped as stubborn more often than not, but it's a conspiracy Aries made up to stay ahead.



OCT. 23 - NOV. 21
You're sexually driven and there's nothing wrong with that. Just be wary of surprises at the doctor.



MAY. 21 - JUN. 20
You're either overbearing or too much of a pushover, find a balance so your loved ones don't hate you.



NOV. 22 - DEC. 21
You're quite the foolish decision-maker -- careful where your next adventure leads you.



JUN. 21 - JUL. 22
You will have a reason to cry again today. Be prepared.



DEC. 22 - JAN. 19
Your love for lists and logical reasoning will come into use when you make a big career decision.

Interim head Bowles now women's softball coach

Scott Hokkanen
SPORTS REPORTER

The Humber Hawks Women's softball team has a new head coach...sort of.

Duaine Bowles, after serving two years as an assistant coach and one year as the interim head coach, will be taking on the position permanently starting in the 2017 season.

Bowles' student-focused and developmental coaching style connected with this year's team.

"He makes sure we understand what each player's role is and what we need to do to be successful. We all love him, we were hoping he was going to get the position permanently, he deserves it," said Hawks outfielder Aaliyah Davidson.

The upcoming softball season is an important one for the blue & gold, as Humber will be hosting the 2017 OCAA Women's Softball Championship.

Bowles sat down with the *Humber Et Cetera* to discuss his new position and all things Humber softball.

How does it feel to accept the full-time head coaching position?

It feels great, I'm incredibly blessed to be staying on to coach this team. We've been working for the past two or three years to put together this team's core and I believe that this team going forward is going to give us a really good chance to have sustainable success year after year. Being able to wear the blue and gold, it's incredibly exciting, it's one of those things that I've been looking forward to, and hopefully moving forward we can bring a championship banner back home.

What's your favourite part of working in the program?

It's the girls, their personalities, they keep me coming back every day. It's a lot of fun to coach them. They could be having the worst day, but will still bring their infectious energy every day. They bring you up and it's a lot of fun. But on top of that, they're extremely competitive. It's always refreshing to coach



HUMBER ATHLETICS

There are large expectations for Duaine Bowles this season, after having a successful interim head coaching season. He takes on role as permanent head coach of the Hawks Women's softball team.

a team that wants to win every day. Being able to coach these girls is just incredible.

To you, what are the greatest qualities a coach can have?

One of the things that I believe I need to be as a coach is adaptable,

to be able to adapt to different situations. You have to manage personalities. Once you get through the on-field aspects of the game, managing people who are growing, and understanding everyone is different is really important. You have to take the initiative to care about them as a person, because you never know what

might be on a young person's mind when coming to practice. Our mantra is "Check it", when you walk into a practice or a game, check your ego at the door, we play for Humber, for the name on the front of the jersey.

TFC teams up with Humber for discount ticket deal

Adam Bernards
SPORTS REPORTER

Humber College has teamed up with Toronto FC to make attending TFC games cheaper this season.

The city's professional soccer team has been steadily growing in popularity since its inaugural season in 2007. The home field for the red and white, BMO Field, has a capacity of just over 30,000 seats, with 21,000 of them being filled with season ticket holders.

TFC's director of communications, Jeff Bradley, says that number is very high compared to other teams in the league.

"The passion from the fans is all you need to see to understand the connection between the city and the team" says Bradley.

TFC fans are known for their boisterous support of their team. It is common to see massive banners and flags being waved in the crowd, large drums being beaten, and even the odd red flare being set off.

But the club is always trying to build on that and expand its fan base further and further into the city. Part of that effort is to offer ticket deals like the one Humber students can take advantage of this spring.

With the promo code HUMBERTFC17, students can get up to 25 per cent off tickets for select matches this spring. The offer is valid for four TFC matches this season, including a game on April 21 against the new club of German soccer star Bastian Schweinsteiger, the Chicago Fire.

Other upcoming discounted



TORONTO FC

After renovations between 2014-16, BMO Field is now the home of the Canadian Football League's Toronto Argonauts, and can expand to 40,000

matches are on April 28 against the Houston Dynamo, and May 3 against Orlando City.

Humber student and soccer enthusiast Zakie Faqiyar was excited to learn of the deal.

"I've always wanted to go to a game," said Faqiyar. "Now that I know about the deal, I would defi-

nately go to a game."

Soccer's popularity in Canada and the United States has been steadily rising over recent years, largely due to the success of Major League Soccer at bringing in stars like Schweinsteiger, and TFC's Sebastian Giovinco.

This rise in popularity has cul-

minated in a joint bid from Canada, Mexico and the United States to host the 2026 FIFA World Cup.

Soccer fans in Canada and the U.S. can be excited at the prospect of a World Cup on home soil. It would do wonders for the sport on the continent. The exponential rise in popularity of MLS in recent years is

encouraging for those who want to see good quality soccer played right where they live.

With a potential World Cup hosting gig looming, and a successful soccer franchise that's still growing, now is a great time to be a soccer fan.