



## Nuclear Fashion

Hot Toronto designer goes post-apocalyptic

## Pinball Pep Talk

Coach Clemons pumps up Humber's business students



# HUMBER ETCETERA

APRIL 14, 2005

HTTP://ETCETERA.HUMBERC.ON.CA

VOLUME 35, ISSUE 12



LIZA WOOD

## Ready, Set, Go!

More than 140 students bolt off the starting line of Humber's first annual 5km Fun Run. The run, which took place in Humber's arboretum, raised donations for Humber's food bank. The event was organized by students from the health and fitness program. For more coverage of the race, please see p.11

# Humber enforces zero tolerance drug policies

REBECCA GRANT  
NEWS REPORTER

The college's residence policy of evicting students the first time they are caught doing drug does not seem to be dampening the haze of marijuana that permeates the building's corridors.

While a number of students are removed from residence each semester because of the zero tolerance policy, students say 'soft' drugs are still easy to find.

Derek Maharaj, associate director of ancillary services, says eviction for first time marijuana offences may be difficult to maintain as the substance gains increasing societal acceptance.

"There seems to be more of a

leniency from the point of view of enforcement, it's very hard for us to continue with a zero tolerance drug policy," Maharaj said.

Maharaj notes that marijuana is still illegal and says that it would be wrong to abandon the policy for pot-smokers.

Meanwhile, burning incense and candles may also soon lead to immediate eviction as they once caused a fire in rez and can be used to mask the smell of reefer, according to Maharaj.

Lakeshore residence student Matt "Gimpy" says alcohol is the bigger culprit behind violent disputes and increased vandalism on campus than drugs.

Maharaj noted that people's behaviour does tend to get aggres-

sive when they're under the influence of alcohol. "I think some of the vandalism we've had in the building lately can be attributed to that."

Under-age drinking at residence is dealt with on an individual basis but is not subject to the same zero-tolerance policy.

Regarding other residence rules, Lakeshore residence student Nicole Parker says residence policies are arbitrarily applied by Residence Assistants and should be more uniformly enforced.

She said a friend was fined for repeatedly locking herself out of her room. "Then you've got these other kids who are doing all these drugs in residence, having pets here and very much affecting the

study atmosphere for other people and nothing happens to them," Parker said.

While Maharaj hopes the stiff penalties will serve as a deterrent to student drug use, Parker says people who want to consume drugs or alcohol will likely do so regardless.

Despite a recent spate of drug-related student killings downtown, serious drug disputes do not seem to be afflicting Humber, according to Gary Jaynes, Public Safety Director.

"We don't have a rampant drug problem. There have been isolated incidents that we've addressed," Jaynes said.

"Drugs don't just happen at Humber College, they happen

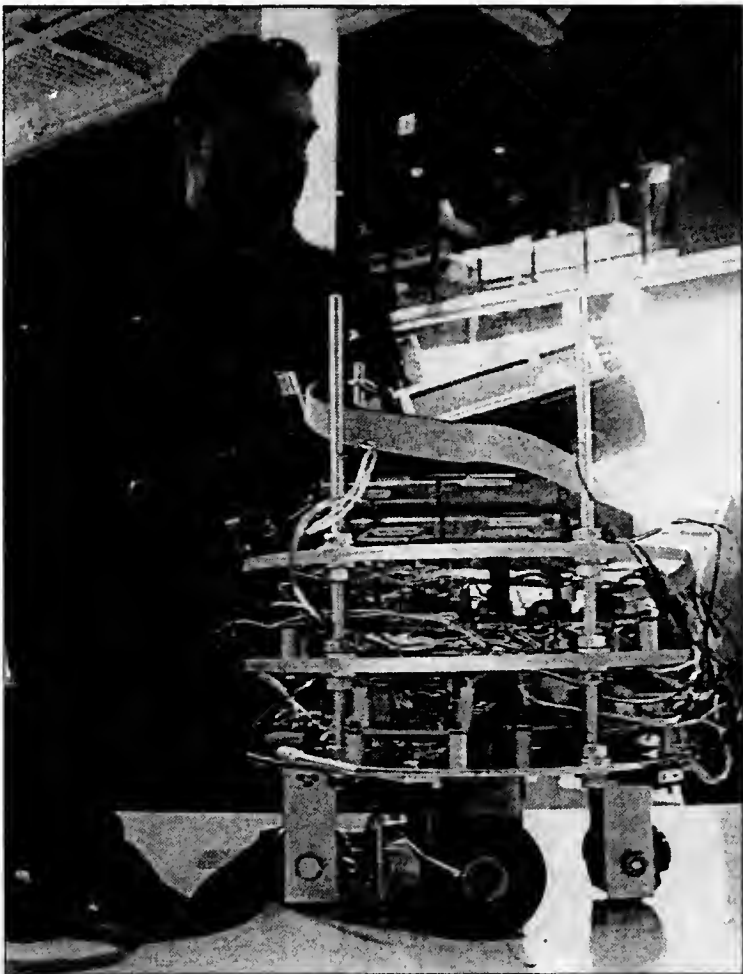
throughout the city and around the world," Jaynes said. "It's best that students who are socializing be aware of this and don't use them."

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# News



JEREMY LLOYD

Kevin Cravo stands behind his robotic mouse, which took first place in the ninth annual Micromouse competition on Friday.

## Competition sends metal mice scrambling in Student Centre

Annual trial features student-designed robotic rodents

JEREMY LLOYD  
IN FOCUS REPORTER

A timeless contest of wits was reenacted with a modern twist in North Campus' Student Centre Friday.

The ninth annual Micromouse competition pitted robotic "mice" against each other in a classic arena – the maze.

The mouse that ran the maze the fastest while accomplishing pre-programmed tasks would claim glory and spoils worthy of a champion.

Final-year students in the Computer Engineering program worked in teams of two, building the robots over the course of the school year.

After projects were graded, the nine best teams were invited to participate in the epic confrontation.

The robotic mice would navigate through the maze and drop ping-pong balls into bins marked out by white paper.

Sensors in the robots were designed to detect the paper and activate their ball-dropping

devices. Each mouse was allowed two attempts to get the best possible time within a four-minute time limit.

Roger Pimentel and Eugueni Belaive were first to unleash their

Politano began yelling encouragement.

"Drop it!" he screamed as the robot neared a target area. It dropped its first ball obediently and moved on. "I love you!" he called out, smiling.

Politano's mouse wasn't fast enough to take the top prize, however.

In a stirring display of robot athleticism, the mouse of Greg Bittman and Kevin Cravo weaved its way deftly through the maze. It didn't even need the white paper to find the first target.

It had mapped the course well enough on its first run to do without it. It finished more than a minute faster than any other robot.

Cravo was a gracious victor.

"All the teams did really well," he said while receiving pats on the back from his fellow competitors. "They all deserved to win."

The top three mouse designers won gift certificates for the campus bookstore valued at \$150, \$75 and \$50 respectively.

**In a stirring display  
of robot athleticism  
... the mouse  
weaved its way deftly  
through the maze.**

mouse on the maze.

As their mouse took the field, it probed the walls of the maze, mapping its design.

It failed to drop its ball on the first target, but hit the second. The crowd of 100 burst into wild cheers.

The spectacle was underway.

During his mouse's run, George

## Unique classroom systems create snags for tech services

DAVID JUTZI  
NEWS REPORTER

The head of Humber's media services says the decision by the college's School of Applied Technology to buy non-standardized equipment compromises his ability to keep classrooms operational.

"Our standard is more money than they want to spend," said Mike Thomas.

According to Thomas, Applied Tech refuses to allow him to design their classrooms.

"If a school wants an electronic classroom they (normally) come to

us," Thomas said. "The (School of Applied Technology) basically does its own thing."

Thomas said he and his staff are trying to create a system of classrooms throughout Humber that can be remotely maintained from the Media Services office.

"We try to make it user-friendly for the faculty. They don't want to worry about the technology in the room," Thomas said.

Features like podium controls are standard in Thomas' classrooms and he claims they make the rooms very easy to use.

"Basically you touch one button and it will do everything for you."

Thomas said the push for standardized equipment in classrooms, which also includes data projectors and DVD/VCRs, stems from a set-up and servicing standpoint.

Schools that use non-standardized equipment don't receive the same support as standardized schools because Media Services may not be familiar with the equipment, and may not have replacements for them should it malfunction.

There is also an issue of how the school's cost-cutting could affect the quality of classroom equipment.

"Cheaper doesn't always mean better," Thomas said. "There is the possibility that they are bringing in inferior technology."

Applied Technology Associate Dean Joe Tomona says his school's decision to purchase the equipment they did was made in order

to best meet their needs.

"We are not out to go against the grain," Tomona said. "Applied Technology has different needs in some areas."

Tomona admits cost was a factor but sees the deal he got as positive for his students.

"If I can save and get two-for-one, I can let twice as many students benefit from the use of the technology," Tomona said. "We don't always need a bus, sometimes we need a Toyota."

"It's a little bit cheaper, it's flexible and it's keeping with the needs of the students."

The School of Media Studies also has non-standardized systems, but Thomas said it is less of an issue because they have their own services staff.



DAVID JUTZI

Mike Thomas says Media Services are trying to create a system of classrooms which can be managed from a central office location.

## Man shot at nightclub

AARON JACKLIN  
NEWS REPORTER

A doorman at the Krystal Nightclub near North Campus was shot in the chest just after midnight on Saturday.

The 40-year-old victim was shot once in the upper chest outside the nightclub.

He was taken to Sunnybrook Hospital with non life-threatening injuries and released the next day.

Police made an arrest Sunday afternoon and are looking for a second man seen at the time of the shooting.

Steven Brent Ali, 30, faces firearms charges and an attempted murder charge.

## Four cars broken into last week

Thieves target Honda Civics in North Campus lots

AARON JACKLIN  
NEWS REPORTER

Humber student Shannon Hughes was not happy to hear four Honda Civics were broken into last week in North Campus parking lots.

"Oh goody. Just what I want to hear on the day I bring daddy's Civic to school," she said.

Sgt. Larry Dee, 23 division, said it's a problem police see every year.

"It's a great fishing spot," he said. "Look at the vehicles you have to choose from."

Gary Jaynes, director of public safety for Humber, said per-

sonal property and stereo equipment were taken from cars this year.

He asked students and employees to make sure their vehicles are secure and that personal property is out of sight to avoid tempting thieves.

Humber security and police patrols have been stepped up in the area.

"The police are well informed," Jaynes said. "They are investigating and we are assisting in that investigation."

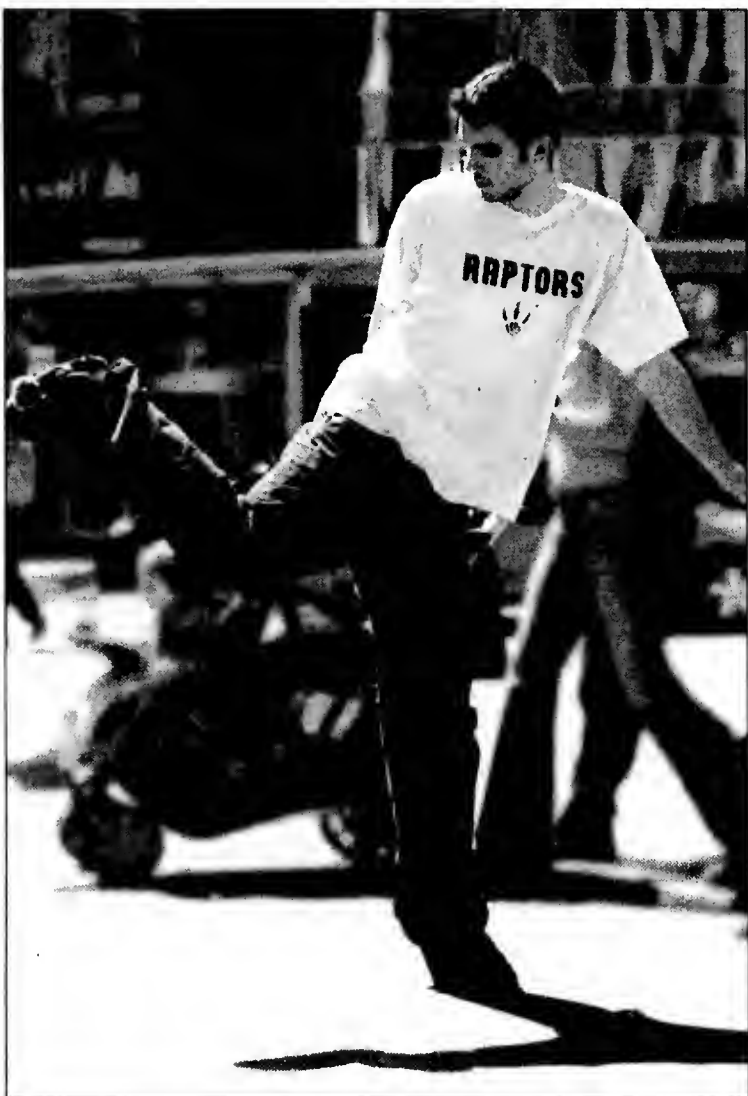
Dee agreed that it will take

public involvement to stop the thefts.

"I think it's going to take a little bit of awareness too, with people hearing alarms going to check," Dee said.

"The last guy we caught there said that nobody comes over when the alarm goes off. In fact, he just went in and disconnected the alarm."

Jaynes asked anyone witnessing suspicious behaviour in the parking lots – people looking into vehicles and lifting door handles – to call campus security.



CYNTHIA REASON

A member of the new 'alternative activity' group practices his hackey sacking skills outside of the Toronto Eaton's Centre last Saturday.

## Humber group hacks it at Dundas Square

CYNTHIA REASON  
NEWS REPORTER

Tourists, shoppers and sun-loving patrons of downtown Toronto's Dundas Square were treated to a spectacle of foot and hand-eye coordination over the weekend, courtesy of some sporty Humber students.

About 20 members of the Non-Competitive Alternative Activity Association converged in the plaza to take advantage of warm spring weather Saturday, by partaking in an afternoon of hackey sacking, yo-yoing and devil sticking.

Co-president Tyler Ryell said the event was planned to get members out to meet new people and enjoy the sunny conditions.

The brainchild of Ryell and co-president Mike Juneau, the NCAAA was formed in September to act as a laid-back option for students wary of more competitive sport teams and clubs the college traditionally offers.

"It just gives people a reason to

go outside and have a good time... to chill and hang out," Ryell said. "Basically that's all we have to offer, just a place to get away, play some sports and be active."

NCAAA members meet regularly once a week and tend to hold impromptu hack sessions between classes wherever and whenever

the opportunity presents itself.

"We just go by the seat of our pants," Ryell said.

The NCAAA, which currently has 22 members, is always looking for new people to join, so if

you think you can keep up with their resident sack-perts, log on to their website and sign up.

Ryell, who will continue as president next year, said he is looking forward to another year full of activities.

"We're going to stick to what we've done in the past... the same free barbeques, the same lifestyle. We'll be back down here (in Dundas Square) next year."

**"It just gives people a reason to go outside and have a good time...to chill and hang out."**

-Tyler Ryell, co-president

## Humber scores best among GTA colleges

Students satisfied with the college; latest survey results released

DANA BROWN  
NEWS EDITOR

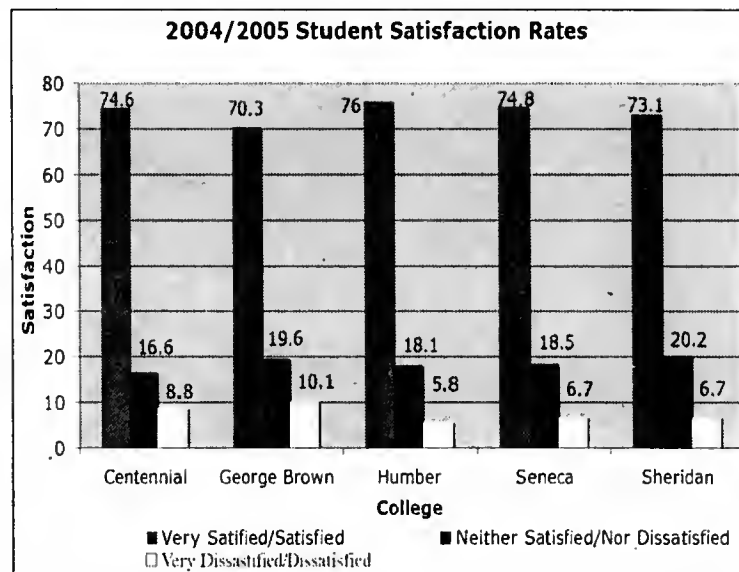
For the fifth straight year Humber students have rated their satisfaction with school the highest among GTA colleges.

On the province-wide Key Performance Indicator survey, administered twice each school year, 76 per cent of students were "Very Satisfied/Satisfied" with Humber overall.

Seneca was second with 74.8 per cent, followed by Centennial (74.6%), Sheridan (73.1%) and George Brown (70.3%).

The KPI rates schools in five areas: graduate employment, graduate, employer and student satisfaction and graduation rate.

Humber increased its rating in each of the categories from last year. Graduate satisfaction was 80.6 per cent, graduate employment rate was 87.9 per cent and Humber's graduation rate



was 59.1 per cent.

However, students are not as satisfied with the college's services and facilities, consistently rating them between 60 - 70 per cent.

College President Robert Gordon said he's aware of space and service issues on-campus, but is satisfied with Humber's rating given the challenges the school faces.

"We're doing what we can but unless we have unlimited money

to build more space to have more services, we probably can't do a whole lot," he said.

"I have to take the position that most of the students are pretty happy to be at Humber... even when it's very crowded there's something to be said for the energy and the dynamic atmosphere that they sense, as opposed to a place which has much better facilities but has no one there or nothing going on."

## Students travelling south of border will need passports

LAURA THOMPSON  
NEWS REPORTER

Students who want to travel south of the border should start thinking about getting their passports. Last week, American security officials announced that a new program, beginning this year, will require Canadians to have passports to visit the United States.

Currently, Canadians only need a birth certificate or a valid driver's license to cross the border.

By the end of 2005, Canadians will need a passport if they are visiting the Caribbean, Bermuda, Central or South America, and their travel plans include a stop in the U.S.

By the end of 2007, Canadians will require a passport for all trips to the U.S.

Dan Kingsbury, spokesman for Passport Canada, said the increased demand for passports would not result in application delays.

"We certainly knew this was coming. The U.S. made the decision on Dec. 31, 2004," he said.

"We've opened two new passport offices in the GTA, one in Whitby and one in Brampton. We are confident if there is an increase in volume, we'll be able to meet it."

In-person passport applications currently take 10 business days to process, while mail-in applications take 20.

Dalyce Newby, international

David Smith, director of SWAP, said the new passport requirements are unlikely to affect students participating in U.S. programs.

"We've always recommended that the Canadian participant arrive at the U.S. border with their passport," he said.

Participants in the U.S. SWAP program are issued an American employment authorization form,

which they present at the U.S.

border to

receive

their

visa. Non-

Canadian

students are

required to

have an inter-

view at the U.S.

Consulate prior to

participating in the

visa program.

"Dealing with the American programs is extremely complex," Smith said. "It was always slightly more complicated than most programs prior to 9/11, and it's been a whole new world since."

The current cost of a five-year passport is \$87. For details on how to get yours, visit the Passport Canada website [www.ppt.gc.ca](http://www.ppt.gc.ca)



student advisor at Humber, suggests students with an interest in going abroad should visit the international student services office.

The centre provides a reference library and SWAP working holiday program materials.

SWAP, the student work abroad program, arranges visas for students to work and travel overseas.

# News

## Used defibrillator to save heart attack victim

# Student to receive civilian award for saving life

MUENI KITHUKA  
NEWS REPORTER

Humber student Ivana Tomas will receive a Civilian Citation from the Peel Police Services Board on April 26, 2005 for saving a life.

The Lakeshore Public Relations student helped a heart attack victim get his pulse back using a defibrillator machine.

Tomas, who was working at the Mississauga Transit Call Centre, received word that a man had passed out.

She called 911 and ran to help the victim.

"He was dark blue by the time I got there," she said. "I checked

for response but there was none so I ran upstairs to get the defibrillator. I cut through his clothes and used the machine to assess his heart rhythm. The machine advised to shock so I shocked him."

The ambulance arrived just as Tomas had opened the victim's airway to check his breathing.

"I didn't realize what I'd done until I gave the police statement," Tomas said. "It was my first time offering such help to anyone."

Tomas received her 'defib' training from Sue Cassidy, a part-time employee with the Department of Health Sciences at

the Lakeshore Campus.

"She is the first of my students to save a life," Cassidy said. "I'm so proud she held it together and remembered what I taught her. She was focused, very calm and did what the machine told her to do. She had only done one session of training."

For Tomas, getting training in CPR and in the use of Automatic External Defibrillators was purely accidental. It is only offered to workers at the Mississauga City Centre Transit Terminal, but somehow 'defib' appeared next to her name in fall 2003 so she showed up for training. Cassidy invited her

to stay in class nonetheless.

Cassidy said Ivana's story has helped her teach her training classes.

"I have sort of changed my method of teaching. I tell my students to listen to what the machine tells them to do. It takes a lot of bravery and concentration."

Sandra Fonseca, from the Public Affairs department of Peel Regional Police, said the Civilian Citation is awarded once a year to different people in the community.

"The citation is given to people who have made a difference in the community and who have helped the police in their work," she said.



MICHAEL LANDGRAF

Humber student Ivana Tomas

## New music program coming this fall

CROYDON DEMELLO  
SPECIAL TO ET CETERA

Humber will unveil a new Bachelor of Applied Music (Contemporary Music) degree next September.

The new Lakeshore program will arm modern musicians with skill-sets required to make it in today's music industry - an era where musical performance, business and technology are at the forefront of success.

The program will also see a brand new state of the art recording studio built at Lakeshore campus.

The program will maintain the essence of its Jazz Diploma program, which is at the core of Humber's music department.

The present curriculum will be updated and a production facility also will be introduced.

Musicians will have the opportunity to specialize in the recording aspect of a CD, advertising jingle, film score and be paired up with students from other programs, (advertising, photo, journalism) in an effort to emulate real life situations.

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## CONVOGATION 2005

|                                                                           |                                                                                                                                                                                                                                                                                                                                                                                                                                                                                       |                                                                                                                                                                                                                                                                                                                                                                                                                                                                                   |
|---------------------------------------------------------------------------|---------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|-----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| Tuesday, June 21<br>2:00 p.m.<br>North Campus                             | School of Social and Community Services<br>School of Hospitality, Recreation and Tourism                                                                                                                                                                                                                                                                                                                                                                                              |                                                                                                                                                                                                                                                                                                                                                                                                                                                                                   |
| Tuesday, June 21<br>7:30 p.m.<br>North Campus                             | Corporate and Continuing Education<br>Liberal Arts and Sciences<br>School of Applied Technology                                                                                                                                                                                                                                                                                                                                                                                       |                                                                                                                                                                                                                                                                                                                                                                                                                                                                                   |
| Wednesday, June 22<br>2:00 p.m.<br>North Campus                           | School of Media Studies & Information Technology                                                                                                                                                                                                                                                                                                                                                                                                                                      |                                                                                                                                                                                                                                                                                                                                                                                                                                                                                   |
| Thursday, June 23<br>The Business School<br>2:00 p.m.<br>North Campus     | Accounting<br>Accounting 2 Year<br>Accounting 3 Year<br>Accounting Business Systems<br>Administrative Services<br>Advanced Accounting<br>Business Analyst<br>Business Development<br>Canadian Institute of Management<br>Computerized Accounting<br>Computerized Accounting Clerk<br>Cosmetic Sales/Make up<br>Court and Tribunal<br>Executive Administrative Assistant<br>Fashion Arts<br>Financial Planning<br>Human Resources<br>International Business<br>International Marketing | International Project Management<br>Law Clerk<br>Legal Administrative Assistant<br>Legal Assistant<br>Legal Studies<br>Logistics Management<br>Marketing Management<br>Medical Administrative Assistant<br>Microcomputer Management<br>Microcomputer Office Management<br>Microcomputer Technical Support<br>Office Administration - Law Firm<br>Paralegal<br>Professional Sales<br>Public Administration<br>Small Business<br>Supervisory Management<br>Training and Development |
| Thursday, June 23<br>The Business School<br>7:30 p.m.<br>North Campus     | Business Administration<br>Business Administration Co-op<br>Business Administration - Professional Golf<br>Bus Admin - Professional Golf Accelerated                                                                                                                                                                                                                                                                                                                                  | Business Management<br>Business Management - Financial<br>Business Studies<br>Marketing                                                                                                                                                                                                                                                                                                                                                                                           |
| Friday, June 24<br>School of Health Sciences<br>2:00 p.m.<br>North Campus | Activation Techniques in Gerontology<br>Advance Care Paramedic - Intensive<br>Clinical Research<br>Community Integration through Cooperative Ed<br>Early Childhood Education<br>E.C.E. - Advanced Studies in Special Needs<br>E.C.E. - First Year through Distance Education<br>Emergency Telecommunications                                                                                                                                                                          | Funeral Service Education<br>Gerontology - Multidiscipline<br>Occupational Therapist Assistant<br>Paramedic<br>Pharmacy Assistant<br>Pharmacy Technician<br>Physiotherapist Assistant<br>Regulatory Affairs                                                                                                                                                                                                                                                                       |
| Friday, June 24<br>School of Health Sciences<br>7:30 p.m.<br>North Campus | Bachelor of Nursing<br>Coronary Care<br>Fundamental of Critical Care Orientation<br>Neonatal Nursing Intensive Care<br>Nephrology Nursing<br>Palliative Care<br>Personal Support Training<br>Practical Nursing<br>Registered Practical Nursing - Operating Room                                                                                                                                                                                                                       | RN - Critical Care Nursing<br>RN - Emergency Nursing<br>RN - Mental Health Nursing<br>RN - Neuroscience Nursing<br>RN - Obstetric Nursing<br>RN - Occupational Health Nursing<br>RN - Operating Room                                                                                                                                                                                                                                                                              |
| Saturday, October 22<br>2:00 p.m.<br>Lakeshore Campus                     | School of Creative and Performing Arts                                                                                                                                                                                                                                                                                                                                                                                                                                                |                                                                                                                                                                                                                                                                                                                                                                                                                                                                                   |

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# Editorial

## An open letter from the editors to you

The editorial board's final words explains what it takes to produce one of Ontario's award-winning student newspapers, the *Humber EtCetera*

### Dear readers:

Being a journalist isn't easy. Then again, parents, teachers, politicians and TTC drivers don't have it easy either. But journalists have to consistently earn the public's trust, despite Suits breathing down our necks about the bottom line and censors trying to stifle our voices.

Publishing a dozen newspapers in one semester is a big task.

For the past 12 weeks, the *EtCetera* staff has done its best to make sure the stories that shape our school and community were shared with our readers.

Who knew a Humber student would become the first Canadian to intern at NORAD?

Or that Humber had its own state-of-the-art culinary lab?

Or that our varsity teams would have the best year in the college's history?

In 12 weeks we faced the challenge of bringing home the tsunami tragedy, of reporting how police are combating the upsurge of gun violence in Rexdale, and of gathering student reactions to the Rae report on education.

We spent hours researching, writing, and designing to produce a student paper that provided information our readers need.

Arguments on how the paper should handle the same-sex marriage debate caused uproar in the newsroom, while one editor vented his anger over the lack of student opinions on the Pope's death.

Yes, we made mistakes and we acknowledged them.

But despite these misgivings, we at the newsroom tried our best to not only get the job done, but done well.

One of our proudest moments was our coverage of last month's factory fire just steps off Humber's North Campus.

That night we were ready to drive a finished paper to the printer, when a staffer reported in about thick, black smoke billowing into the air.

The few students left in the newsroom were first on the



scene, reporting and taking pictures. They worked until midnight, writing and rewriting the story as it developed, selecting pictures and making editorial decisions about which stories would be pulled and which pages redesigned.

It turned out to be one of our best issues. Seeing the hallways filled with people reading it was the biggest compliment we could receive.

So after a semester of newsworthy stories, entertaining features, strong editorials and reviews, the editorial board wants to say our final thank you.

To the students and faculty of Humber College: continue to share your opinions and stories with us, continue to hold us accountable and challenge us, but most of all continue to be our faithful readers.

To the staff of Humber Journalism: continue to push us, guide us, fight for us and be brutally honest. Your opinion and respect mean very much.

And to the next *EtCetera* staff: take risks; don't be afraid to defy conformity and stagnation. Learn from your mistakes. Grow.

Accept that you won't be able to please everybody and under-

stand that debates and arguments are a major part of the newsroom. Don't ever accept any form of censorship. This newspaper is not a PR rag for those in power to promote their agendas.

Have fun, absorb as many lessons as you can, get up when you stumble and vent at every opportunity. Recognize this profession is more than just a job.

There you go, our last editorial, in our last paper. It's been a hell of a ride.

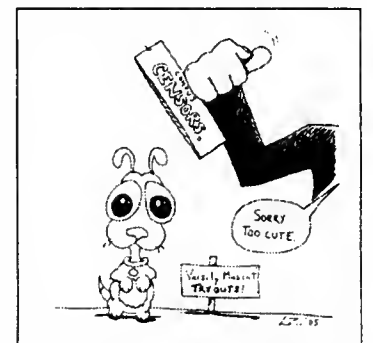
Thank you, sincerely,

**Louis Campos**  
Editorial/Opinions Editor

The following is a collection of editorial cartoons by Columbia Scholastic Press Association Award winning artist, Adam Ledlow:



Jetsgo fiasco (issue 8)



Student censorship (issue 9)



U.S. relations (issue 10)



Canadian sports (issue 11)

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# Opinion



## EtCetera Opinion

From the Pivot questionnaire used on *Bravo's Inside The Actor's Studio*:  
 If Heaven exists, what would you like to hear God say when you arrive at the Pearly Gates?



"What the hell are YOU doing here?"

- Justin Midgley  
Business Editor



"Don't worry – there's tons of chocolate here."

- Allison Moorhouse  
Life Editor



"I'm sending you back."

- Pierre Hamilton  
Arts Editor



"See ya' on the flip side, bitch."

- Jessica Russell  
In Focus Editor



"You're a bad boy."

- Ryan McLandress  
News Editor



"Can I get you a drink?"

- Liza Wood  
Photo Editor/  
Art Director

# Life

## Fall fashion show

### Toronto-based designer makes his catwalk debut



“Art manifests itself in different ways. I just didn’t want a bunch of models walking down a runway.” -Andrew Majtenyi

### Fashion show mixes sex, the 80s, metallics and a futuristic energy

CHRISTINA VELOCCI  
LIFE REPORTER

With a musical performance, a short film and custom motorcycles flanking the catwalk, Toronto-based designer Andrew Majtenyi’s runway extravaganza was no average fashion show.

“Art manifests itself in different ways,” Majtenyi said. “I just didn’t want a bunch of models walking down a runway.”

The Sheridan fashion design graduate described his fashions as a mix of *Mad Max* meets Helmut Newton. He said he was trying to capture a metallic energy.

“I like the post-apocalyptic look,” Majtenyi said. “There is a certain energy to it that I really wanted to explore. I didn’t want *Mad Max*, I just wanted to use its energy.”

He said he only had a vague vision when he started designing the collection.

“I wanted this fashion show to be about 13th and 14th-century design mixed with steel, mixed

up with a little sex and fun. I don’t really intend anything specific when I start; when I design I just go with it.”

He said the best part of being an artist is letting the work do the talking.

His futuristic designs included high fashions of the season such as the re-introduction of many popular 80s looks like tights and high heels combined with faux fur and silver-painted jackets.

“The 80s was about new thought. I wanted to take the audience’s minds back there and explore,” Majtenyi said. “As a business man, I have to consider what sells. I do shows for seasons and stay with trends so that my stuff can be marketable to the public.”

Several Humber College students were involved in the creation of this multi-media collaboration.

“From stylists, make-up artists to lighting, I wouldn’t have been able to put this show together without them,” Majtenyi said.



## Wellness Challenge reveals healthier group



Irene Enesi and Nick Farnell celebrate with the other challengers after completing a gruelling six-week physical fitness program.

Enesi sheds 17 pounds in six weeks; Farnell strengthens his physique in preparation for marathon

ANDREA UTTER  
LIFE REPORTER

Humber's six-week Wellness Challenge came to an end last week with Irene Enesi losing 17 pounds.

"I didn't believe my trainer. I was like, 'is that scale working properly?'" Enesi said. "I felt like I had lost some weight but not that much."

Enesi's next goal is to lose eight more pounds, to be halfway to losing her final goal of losing 50.

She only had one recommendation for future programs.

"For the next challenge, we should have some time where we can meet up with the trainers apart from working out at the gym, where all the delegates can get together and talk," Enesi said.

Nick Farnell, an industrial design student aiming to run a 21km half marathon, said the challenge was a success.

"It was awesome," Farnell said. "Not only for the people involved but for everybody in residence and everybody in the school, just to see people using the facilities we have, having fun and being healthy."

Farnell valued the experience

body that has already done what you've done.

Wellness Challenge director Gwen teBoekhorst, said more communication between the delegates and the Wellness Committee would be an asset.

She said it was a struggle to have regular contact with the delegates.

"The communication sort of died (at the halfway point) from my perspective, but it ultimately worked out because everybody somewhat achieved their goals," teBoekhorst said. "I had to step back from it because it was consuming a lot of my job."

Nutrition consultant Natalie Chinsam shared the same sentiments.

"I wish I could have been involved even more," she said.

**"I felt like I had lost some weight, but not that much"**

-Irene Enesi

of the trainers and learned from their expertise.

"The trainers involved in the challenge run on their own anyways, so they have a lot of knowledge to give to me about running," he said. "It's good to have some-

## Hip-hop for the community

Hip-hop teacher uses her dance training to help children express themselves

NATASHA HANIFF  
SPECIAL TO THE ETCETERA

What does Marceline Goldstein's dance class have in common with abortion clinics in North America? Both are using hip-hop culture in positive ways to benefit their communities.

"I use hip-hop to influence kids and adults to have fun and be active, and that's important with music because there are a lot of artists who are using profanity which has a negative impact on the industry," Goldstein said.

She describes her dance class as constructive and relaxing and says we often don't hear about how hip-hop affects the community in positive ways.

"A lot of employees in abortion clinics found they worked in a very tense environment. Now they play hip-hop in the background and young girls are actually relaxed going into their procedure," Goldstein said. "It's had a huge impact on culture and how people perceive the music."

Goldstein remembers once teaching a 60-year-old student who wanted to learn a hip-hop routine in her leisure time. In exchange for the lesson, the student showed her how to do the Charleston - an old school dance

involving a lot of athleticism. Although not her style, she said both dance forms are fun and engaging ways to acquire a new skill.

Teaching dance is a part-time passion for the 26-year old graduate of the Graphic Design for Print and Web Certificate Program. Her goal is to become a graphic designer, extending her love for artistic expression and creative movement.

**"Underdeveloped communities impacted me the most, just to see how little they had..."**

-Marceline Goldstein, teacher

Every week in Mississauga, a group of young girls between the ages of 4 to 15 meet her at the Ontario Racquet Club. The one hour routine consists of a warm-up, choreography and a cool-down, implementing a dance style that compliments her personality.

"It allows them to explore their personality and see what it would be like to be a performer," Goldstein said. "They enter a social atmosphere so they can interact with each other, learning how to move. If they go to a club with their friends, they know how to dance because people shy away from that if they don't understand."

During four years of training

she noticed that existing hip-hop dance programs lacked a structured lesson plan. This encouraged her to master dance classes, understand the basics and then eventually teach people new skills.

The best experience throughout her dance career involved a devoted group from a low-income community.

"When I came in, they gave me a huge hug. They remembered all the dances and were the keenest group I ever had. They were loving it," Goldstein said.

She attributed their fun loving spirit to the fact that most of them knew of little else that was stable in their lives; her class was something they looked forward to and could count on.

"Underdeveloped communities impacted me the most, just to see how little they had but how much they appreciated what I was doing."

Goldstein hopes her company, Infusion Productions, moves toward implementing art programs and that through grant applications, she can bring dance programs to certain communities and encourage youth to develop their talents through positive avenues.

Questions?

Comments?

Don't Email Us.

- have a great summer!



LIZA WOOD

James Salisko hopes to continue his writing studies at Humber.

## Writers honoured at Humber

NEHA SHARDA  
LIFE REPORTER

The 2004-05 results for The Annual Student Literary competition were announced in the Seventh Semester at Humber College North Campus on Wednesday.

The competition is organized every year by the college's Liberal Arts Department at Humber.

James Salisko is the proud winner of two categories - personal essay and short story writing.

"I participated for the first time and won. I like writing," he said.

Salisko is a 37-year-old professional screenwriter, enrolled in the

general arts program at Humber.

In the future, Salisko is looking forward to writing a novel and staying connected to Humber.

"The writing program offered by Humber is very prestigious. I'm considering it," he said.

First-year journalism student Ashley Carter also won a short story prize. "I was completely flabbergasted. I just did it for marks," she said.

Kimberly Dean won in the poetry category and Julia Bruce took an award for her one-act play.

The winners of the international student literary competition will be announced on May 2.

# Life

## Alumni Watch

Past HSF VP  
now paralegal  
for government

NEHA SHARDA  
LIFE REPORTER

After graduating from the Court and Tribunal program in 2004, Nadia Conforti is now working as a paralegal for the Department of Justice.

"Humber was a great experience," she said. "I had lot of fun and worked a lot too."

Conforti liked to be involved in the political aspects at Humber and was Vice-President of Administration during her time here.



COURTESY

Nadia Conforti

"I would recommend every student to get involved in HSF," Conforti said. "It's good to be politically active."

She was awarded the Presidency Award for showing strong leadership qualities and high academic scoring in 2004.

Conforti said she believes in setting goals and has always been careful to maintain balance in her life.

"I was sure what I wanted to achieve but at the same time I was actively involved in all extra-curricular activities."

Conforti advises prospective paralegals to take advantage of Court and Tribunal staff.

"Go to class regularly and know your teachers," she said. "They are your resources. My resources helped me to get the placement I wanted."

# Spiritual dance new health craze

Nia classes now  
popular in many  
Canadian gyms

ERIN GILLIGAN  
LIFE REPORTER

There are many ways to keep the body in tune – yoga, pilates, dance, martial arts, meditation.

But many Canadians are finding a relatively young fitness regime, called Nia, incorporates all of these options – resulting in a total workout for your body, mind and soul.

Nia, which stands for Neuromuscular Integrated Action and Non-Impact Aerobics, is already 22 years-old, but is just starting to make a name for itself in Canada. Elizabeth Mierzynski, a certified Nia instructor in Mississauga, said the incorporation of different types of dance and martial arts is what makes it so unique.

"You have such freedom with Nia. It's not a competition; it's not a dancing group," she said. "It's just something that you do in your own way, however the music makes you feel – it's your own interpretation."

Mierzynski describes Nia as "joy of movement" – much different from the "no pain, no gain" edict of high-impact aerobics.

She said Nia offers the best of both worlds because it focuses on pleasure and fitness. "Nia is a very energetic workout, but it is also meditation, togetherness."

She said Nia classes are welcoming and friendly. "Everybody likes everybody," she said. "Some come for the fitness; others come for the warmth of the group."

T a b i n d a Nayyar, a 27-year-old student of Mierzynski agrees.

"Being in the class is very soothing and relaxing," she said. "I absolutely love it."

The mystical, rhythmic music is the guide for the fluid actions of Nia – even for the instructor. "Each movement is created with

**"It's just something that you do in your own way, however the music makes you feel."**

-Elizabeth Mierzynski



ERIN GILLIGAN

Nia dancers practice moves at GoodLife Fitness in Mississauga.

the feel of the music," Mierzynski said. "Everybody can choose a different beat or a different melody in the same song – it's totally personal."

Rehmani Suraiya, a 58-year-old student, said Nia has helped heal her body. "I used to have very bad headaches, and I haven't had one in the 10 weeks since I started." Since signing up she has also improved flexibility in a knee

she was never able to bend properly.

Mierzynski and other GTA instructors are getting ready to host "Nia Jam," a charity event organized to raise awareness about the Hospice of Peel and the art of Nia.

The event will take place June 18 at the John Paul II Polish-Canadian Cultural Centre in Mississauga.

# Lack of education makes death taboo

Shows like *Six Feet Under* try to bring awareness

KATIE LAMB  
LIFE REPORTER

The tools used by Michelle Lloyd's students remain hidden from life at Humber.

"We are fearful of bringing caskets through the main hallways (at Humber) because of peoples' reactions," said the funeral home director and teacher for Humber's Funeral Service program.

However, she says shows like *Six Feet Under* are bringing the subject of dying into people's homes and are a catalyst for dis-

cussion on a subject many find distasteful.

Jeff Everden, coordinator of the funeral service program, agrees. In the past five years, he says the issue of death has come out of the closet.

Everden credits *Six Feet Under* with increasing discussions about dying, but Lloyd said death is still a taboo topic.

The two blame the societal fear of death on the advancement of modern medicine.

"Dying in the medical profes-

sion is seen as a failure," Lloyd said. "Western society is stuck on being healthy and beautiful."

Lloyd believes that for people to feel more at ease about death, there should be early education on the subject.

"We push education about sex in schools, but not about death.

It is something that needs to start very early."

Both say *Six Feet Under* accurately depicts the experiences of

families dealing with death and the experiences of funeral home owners.

However, another program which showcases the daily lives of a family-run funeral home, *Family Plots*, is considered unrealistic.

In Canada, there are strict guidelines and

policies that funeral directors must adhere to, and Lloyd said *Family Plots* is an unprofessional interpretation of the funeral business.

**"We are fearful of bringing caskets through the main hallways."**

-Michelle Lloyd, teacher

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## Students dropped their books to race

### 5K Fun Run attracted 146 runners

IAN HONEY  
LIFE REPORTER

Students at Humber's North Campus put on their sneakers and ditched their books Tuesday to participate in the 5K Fun Run.

Health and Fitness Promotion students spent the semester organizing the event to promote fitness and collect donations for the food bank.

Daniel Goldland broke the yellow ribbon in 19:26, taking first place, beating a field of 146 runners.

Goldland, a second-year justice studies student at Guelph-Humber, registered last week by donating one non-perishable food item. He trained six days a week coming up to the event.

"I just wanted to put my best effort into it, and see what happened. I wasn't trying to win, I just wanted to give it my best," Goldland said.

Noleen Muzhandu was the first female finisher, running a personal best time of 23:07.

"I didn't have high expectations

for the race. I was kind of surprised that I won," said the second-year paralegal student.

Muzhandu said that she is going to compete during the summer in five-kilometer events, and hopes to enter some 10-kilometer events in the future.

Goldland and Muzhandu both took home their choice of prizes. Goldland's prizes included a hockey stick autographed and donated by former Maple Leaf Shane Corson, while Muzhandu chose a fleece *MuscleMag* sweater.

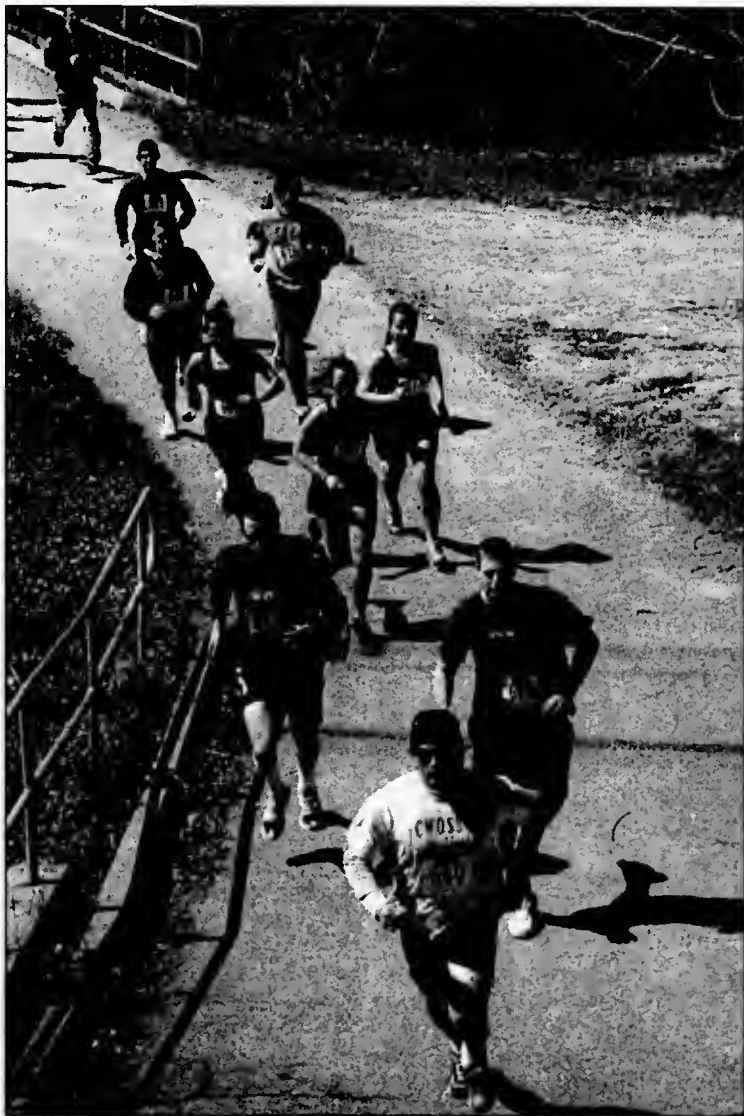
Will Popp, the instructor for the Health and Fitness course, said he was pleased to have so many runners attend, considering this is the first year the event has been held.

Students responsible for the event will be happy to know that Popp said they don't have to worry about a failing grade in his course.

"They'll get a pretty good grade. It's hard not to give a good mark for this, I think it was a success."

**"I just wanted to put my best effort into it, and see what happened. I wasn't trying to win."**

*-Daniel Goldland, winner*



PHOTOS BY LIZA WOOD

Above: runners at the starting line of 5K Fun Run. Middle left: Noleen Muzhandu was the first female finisher at 23:07. Middle right: Daniel Goldland was the first male finisher at 19:26.

## Hot sites in Hogtown

BY NATASHA FALL

For many Humber students not originally from Toronto, this city is a whole new world. A great way to experience Toronto is to check out the many unique attractions priced for student budgets and easily reached by public transit.

**Toronto Hippo Tours** (151 Front St. West) features the Hippo Amphibious, a bus which drives straight into the water for a fun-filled tour of Toronto's waterfront. Admission for students is \$30 and reservations are recommended.

Tours of the **CN Tower** (301 Front St West) begin with an elevator ride to the top of the 550 metre structure where visitors can gaze down on the city, walk on a glass floor and dine among the clouds.

Built in 1976 as the tallest free-standing structure in the world, the CN Tower has been classified as one of the Seven Wonders of the World by the American Society of Civil Engineers.

"It is the centre of telecommunication for Toronto, serving 16 Canadian television and FM radio stations," said marketing manager Irene Knight. Tours start at \$31.99.

Step into a time warp at **Black Creek Pioneer Village** (Jane Street and Steeles Ave West) to see how people did things in the 19th-century. There are more than 35 authentically restored homes, public buildings and farms. Workers in period costumes demonstrate skills such as open-hearth cooking, bread-making, loom, blacksmithing and more.

"What matters most to us is that everything be done as authentically as possible," said Black Creek marketing manager Rick Sikorski.

Black Creek features live bands and festivals in the newly built Event Pavilion. A re-enactment of the Canadian role in the American Civil War is presented July 9-10. Admission for students is \$11.

For a more pulse-pounding thrill, try **Paramount Canada's Wonderland** north of the city. The amusement park offers more than 200 attractions, 65 rides, a 20-acre water park and numerous live performances. Daring visitors go for Drop Zone a 23-storey drop at 100 km/hr, or Top Gun, Canada's only inverted jet coaster.

"The newest addition for this season is The Italian Job: Stunt Track, the Park's 14th roller coaster based on the movie, *The Italian Job*," said Tanya Williams, assistant manager of public relations. Adult admission is \$37.44 for a day visit.

For science and archaeology, **The Royal Ontario Museum** (100 Queen's Park) is the country's largest museum, with a collection of more than five million objects.

The public can visit the museum's permanent collection free on Friday's from 4:30-9:30 p.m. New exhibits carry an additional cost to the usual \$7 student ticket.

Finally, sports fans have Toronto's **Hockey Hall of Fame** (30 Yonge St.). The hall offers interactive exhibits for testing your slapshot or playing goal against virtual players. Try calling the play-by-play of some of hockey's greatest goals in the TSN Broadcast Zone. Students can also see hockey memorabilia from all over the world or get their picture taken with the Stanley Cup.



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# SUMM

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## Colourful events parade our streets

BY JOANNA GRUENBERG

June is one of Toronto's best months, with lots of sunshine and little rain. What better way to kick off the summer than partying during the **25th Gay Pride Week**.

Toronto is known for diversity and this week is when the out-and-proud celebrate sexual diversity with plenty of supporters along for the fun.

Complete with a dyke march and drag show, the festivities from June 20-26 take place in the Church and Wellesley area, the heart of Toronto's gay community. The weekend will bring 16 outdoor stages of entertainment including live DJs to keep you dancing in the streets late into the night. Many performances are free.

Capping off the week is the highly successful **Gay Pride Parade**. Last year more than one million people crammed the streets for one of the biggest pride

festivals on the continent, next to New York and San Francisco. Moreover, you don't have to spend a dime all week. That's the beauty of celebrating outdoors.

But perhaps floats and boisterous people aren't your thing. Would you rather indulge in a bit of ethnic culture — with a side order of souvlaki? Danforth Ave. between Broadview and Donlands is blocked off to vehicular traffic from August 12-14 for **Taste of the Danforth**, a celebration of Greek culture in Toronto. Live music, dancing and activities for all ages take place during one of the city's finest street festivals.

You'll especially enjoy yourself if you love eating: After 12 years, the festival's main attraction is still the food stands of over 70 restaurants that take to the streets with barbecued shishkebob and homemade sweets. Food items range from 75 cents to \$5.

Starting mid-July is one of the most anticipated annual events in the city. Toronto's **Caribana** — a two-week celebration of Caribbean culture — is the largest of its kind in North America. Festivities are packed with plenty of food and dancing in the streets. Caribana music emphasizes the African heritage, featuring live reggae, samba and Latin vibes.

And you'll be mesmerized by the extravagant costumes participants display at the main event: the **Caribana Parade**.

Make your start at Exhibition Place and follow the wild outfits and sound of steel drums along Lakeshore Blvd. for a seven-hour street party. Be sure along the way to grab some jerk chicken, a Caribbean specialty, from one of many street vendors. It doesn't matter what ethnicity you are — Caribana is a time for happiness, partying, and celebrating diversity among us.



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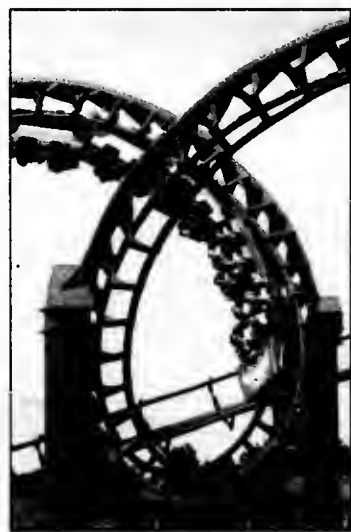
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CANADA'S WONDERLAND, COURTESY



HIPPO TOURS, COURTESY

## Fun times for no dimes

BY SHARI CURRIE

A tight student budget doesn't have to mean no fun in Toronto this summer. The city is full of exciting free activities. Here are the season's top 10 spring freebies in Toronto.

•**The Bata Shoe Museum** ([www.batashoemuseum.ca](http://www.batashoemuseum.ca)) takes you through the history of footwear. Admission is free Thursday evenings from 5-9 p.m. Check out the size of a woman's feet during China's dynasties. Bloor St. W. and St. George St.

•**Babalu's** ([www.teachmesalsa.com](http://www.teachmesalsa.com)) is the home of the Latin Beat by night. You can take free salsa lessons from Wednesday to Sunday evenings. Dress code in effect. Yorkville Ave.

•**The Canadian Broadcasting Centre Museum** ([www.cbc.ca/facilities](http://www.cbc.ca/facilities)) has archived Canadian radio and television history through audio and video clips. Adjacent Graham Spry Theatre has continuous daily screenings of classic CBC TV programs. Free to the public. Front St. W. at John St.

•**The Second City** ([www.seconcity.com](http://www.seconcity.com)) is where many of Canada's most successful comics got their start, performing sketch comedy and improv. Free admission Wednesday evenings at 9 p.m. Blue Jays Way near Front St. W.

•**The Market Gallery** ([www.stlawrence-market.com/gallery](http://www.stlawrence-market.com/gallery)) is where you can see a unique collection of Toronto art and artifacts, paintings and photographs. Check

out *Textures of a Lost Toronto*. St. Lawrence Market.

•**Riverdale Farm** ([www.riverdaletoronto.com](http://www.riverdaletoronto.com)) might just be the best freebie in town for anyone taking little kids on an outing. Horses, cows, sheep, goats, chickens, donkeys and pigs all reside at this Cabbagetown landmark which features daily milking of cows and goats. Winchester St. north of Carlton St.

•**Royal Ontario Museum** ([www.rom.on.ca](http://www.rom.on.ca)) is Canada's preeminent general museum and among the best in world. Admission is free every Friday from 4:30-9:30 p.m. University Ave. south of Bloor St. W.

•**Horseshoe Tavern** ([www.horseshoetavern.com](http://www.horseshoetavern.com)) has hosted more than a half century of rocking live music. Blues, rock and alternative bands from across the country appear here. No cover charge on Shoeless Mondays and free new music on Tuesday nights. Queen St. W. near Spadina Ave.

•**Allan Gardens Conservatory** ([www.city.toronto.on.ca/parks](http://www.city.toronto.on.ca/parks)) is a 16,000-square-foot indoor botanical garden, home to plants from around the world. Six themed, connecting greenhouses have cacti, palm trees, orchids and more. Carlton St. east of Jarvis St.

•**The Japan Foundation** ([www.japan-foundationcanada.org](http://www.japan-foundationcanada.org)) holds special events and mounts art exhibits as part of its mandate to promote meaningful cultural exchange. Bloor St. W. near Avenue Rd.

## Jazz festivals put Toronto into the groove

BY JULIE BROADBENT

As warm weather approaches, Toronto's jazz festivals are poised to again take over the city.

Kicking things off is the **3rd Distillery Jazz Festival**, from May 20-29 in the Distillery District downtown. This year's event will include five, on-site venues featuring jazz in conjunction with modern dance, film, spoken word and fine art.

Weekend daytime events are free of charge, while a passport for \$75 will allow you to visit five venues over the course of three evenings.

The first **Distillery Blues Festival**, a free event expected to draw 100,000 peo-

ple, will run from June 10-12. The festival will feature 26 bands including Juno Award-winner Fathead and Jack de Keyzer.

"We're all big blues fans and have played integral parts in the creation of other music festivals," said Rico Ferrara, the talent director for the Blues Festival. "There's been a void created by the Harbourfront Soul & Blues Festival and the Toronto Blues Festival being cancelled in recent years."

The **19th Annual Toronto Downtown Jazz Festival** will take place June 24-July 3 and present 350 concerts over 10 days on more than 30 different stages.

"Every year the festival tries to present a

little bit of everything for all tastes," said festival publicist Anna Tom, adding that new programs for 2005 include daily workshops with local musicians teaching fans the techniques and roots of jazz music.

This year's lineup includes 2004 Grammy recipient of the Lifetime Achievement Award, Sonny Rollins.

The festival takes place at Nathan Phillips Square and is free. Nightly entertainment at different venues will cost a cover charge.

The largest of Toronto's summer jazz events is the **Beaches International Jazz Festival Week**, July 14-24. This exciting, free-attendance attraction will include jazz

at Kew Gardens with performers such as Jacksoul and Roxanne Potvin.

**Streetfest** will run July 22-24 and feature bands performing jazz on rooftops, street corners and balconies along Queen Street East.

Fans willing to travel can also visit the **Markham Jazz Festival** August 19-21. Markham's festivity opens with a dinner-cabaret followed by a jazz parade down Main Street and features free outdoor concerts.

The fourth annual **All-Canadian Jazz Festival** in Port Hope runs Sept 23-25., featuring jazz music by both established and emerging Canadian jazz artists.

# Summer in the City

## SPACES AND PLACES IN TORONTO

Josh Measures and Abigail Santos introduce you to Hogtown's diverse neighbourhoods



ABIGAIL SANTOS

Hidden in the heart of Chinatown is one of Toronto's best-kept secrets.

Located near College Street and Spadina Avenue, Kensington is THE place for shoppers looking for deals on anything from vintage clothes to groceries to CDs and vinyl retail.

Although nestled in Chinatown, this Bohemian porthole was originally home to much of Toronto's Jewish community in the early 1900s and is still a whole other world.

But Kensington isn't just about good shopping deals. The tastes are just as good as the prices. An eclectic blend of restaurants includes **Bright Pearl Seafood Restaurant**, **Backalley**

**Woodfire BBQ and Grill** and **The Hungry Thai Bar and Eatery** featuring the best schnitzel and pad thai in town.

Toronto native Will Groenewegen loves Kensington Market's simplicity.

"I'm not really into big grocery stores. Kensington has family-run businesses, cheap fare and beautiful women. You can't go wrong."

Whether you're looking for a little simplicity or just something new, spend a day in Kensington. It's like a Toronto you've never seen.

-Josh Measures



ABIGAIL SANTOS

Looking for a great spot to unwind and be merry?

The Danforth is the place to be. It's been home to the second-largest Greek community outside of Greece since the 1950s. Greektown is well known for its flamboyant array of almost everything, from authentic Greek restaurants, lively cafes and bars, to fresh produce markets. You'll also notice the street signs here are written in Greek and English.

This neighbourhood is also known as the spot where film producers shot the movie **My Big Fat Greek Wedding**.

Taste something new at **Athens Pastries** located on 509 Danforth Avenue. You'll find baked Greek special-

ties including **Kreatopita** (ground beef and onions wrapped in a pastry) and the famous **Spanakopita**, made with fresh spinach and feta cheese, each at an affordable price, \$2.90.

For your sweet tooth, try **Bougatsa**, a pastry-wrapped custard pie, sprinkled with icing sugar and cinnamon.

For an extra few dollars, **Patris Restaurant**, at 888 Danforth Ave., is a fine place to dine for delicious Greek cuisine. Expect a cozy, sophisticated atmosphere where they serve enormous dishes of Greek specialties.

At night, the Danforth comes alive as many people walk the sidewalks and

July is just around the corner, so you'll soon feel the heat.

Cool off and treat yourself to mouth-watering, irresistible Italian gelati at **La Paloma Gelateria and Café**, 1357 St. Clair Ave. W. Gelati, meaning 'things that are frozen,' is smoother than regular store-bought ice-cream. Your taste buds will surely thank you after you experience a taste of Rome at this exquisite gelateria.

Little Italy on College Street is home to a mix of cultures including Portuguese and Asian in addition to Italian. Many students also live in this area because of its proximity to the U of T.

Check out the **Sicilian Sidewalk Cafe** located on 712 College St. This hot spot's light on your wallet and open everyday of the week, serving the finest Italian coffees, gelatos, homemade ice-cream, waffles and grappa.

Authentic wine and spirits are under the lime-light in Little Italy, but if you're looking for a good brew, check out **Lava Lounge** on 507 College St. This cafe transforms into a retro-style bar at

night, featuring live musicians and DJs nightly.

Although much of the Italian community has moved to the suburban areas of Richmond Hill, Woodbridge, and Mississauga, the **Corso Italia** neighbourhood on St. Clair Avenue is another Italian area and has been a home to many Italian immigrants since the 1950s.

This neighbourhood is filled with won't-break-your-budget cafes, bars with pool tables and restaurants.

The annual **Corso Italia Toronto Fiesta**, which takes place July 8 to 10, features street musicians, sidewalk sales and other fun-filled activities.

One affordable place you should hit is **The Big Slice**, at the corner of St. Clair Avenue and Westmount Avenue.

They serve huge pizza slices, especially great for the late-night munchies.

-Abigail Santos

It doesn't matter whether you feel like cooling off at one of the dozen patio-restaurants, watching some of Toronto's great local bands or just wasting your day off work shopping, Queen Street W. has whatever you could possibly want.

This funky downtown strip offers everything from clothes to food to entertainment. No matter what your taste or style, you won't leave disappointed. **Noise**, **Black Market** and **So Hip It Hurts** are just a few of the dozens of clothing stores that line Queen Street., each offering something a little different.

And clothing isn't Queen Street's only speciality; comic book stores, electronics outlets, tattoo parlors, furniture shops and

CD/vinyl retailers such as **Second Vinyl** also abound. Queen Street is also home to **MuchMusic**, Canada's hottest music station. Swing by and sneak a peek at your favourite VJ.

The neighbourhood's wide selection of foods is the perfect showcase for Toronto's diversity. Experience flavours from all around the world at **Le Select Bistro** (France), **Terroni** (Italy), **Sushi Time** (Japan) and the **Bamboo** (Caribbean). Feeling tired after your long meal? Pick up a book and relax in **Pages Books and Magazines** or savour a coffee in one of Queen Street's most beautiful cafes, **Portobello Market Cafe**.

-Josh Measures

Toronto's Chinatown, centred at Dundas Street W. and Spadina Avenue, is considered to be the second largest Asian community in North America.

Bright lights and signs adorn the buildings while vendors line the streets, offering everything from a pair of sandals to exotic fruit, all at extremely good prices.

Markets, shops, and theatres offer a glimpse into Toronto's rich Asian culture firsthand, while restaurants such as **Golden Leaf Chinese Cuisine**, featuring all-day dim sum, and **Thai**

**Paradise** are the perfect opportunity to experience the tastes of China, Thailand and Vietnam.

Lyle George, a frequent visitor to the district, first found the area when he got lost downtown a couple of years ago and has been coming back ever since.

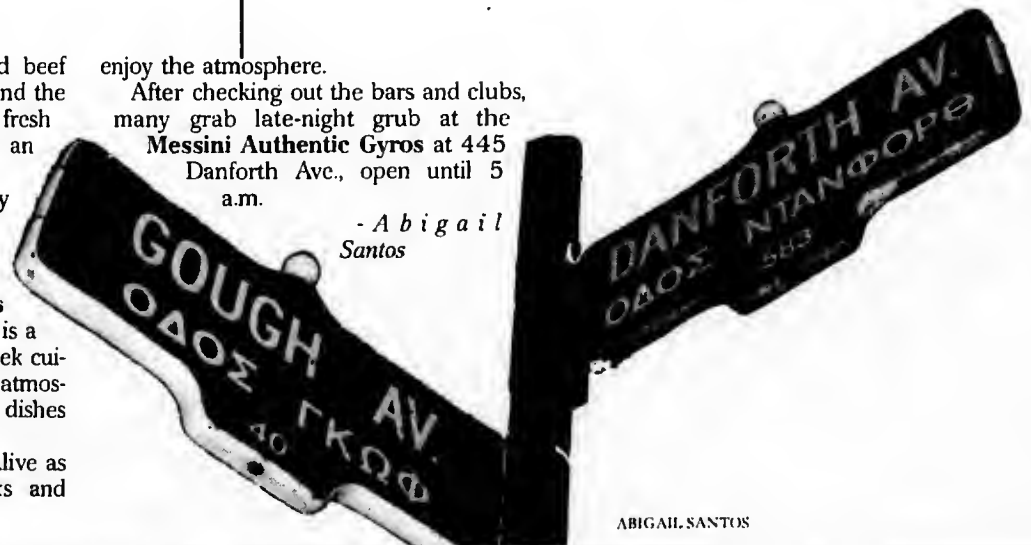
"Visiting Chinatown is an easy way to get awesome deals and you get to see this completely different side of the city," he says. "It doesn't even feel like you're in Toronto."

-Josh Measures

enjoy the atmosphere.

After checking out the bars and clubs, many grab late-night grub at the **Messini Authentic Gyros** at 445 Danforth Ave., open until 5 a.m.

-Abigail Santos



ABIGAIL SANTOS

## Projecting Ontario's grisliest murders onto the big screen

SCOTT JORDAN  
ARTS REPORTER

*Deadly.* A fitting title for a movie based on the murders of Leslie Mahaffy and Christine French by the 'couple next door' Paul Bernardo and Karla Homolka.

The film is scheduled for release close to when Homolka is released from prison after her 12-year sentence ends on July 5.

The film dives deep into the lives of the murderous Canadian couple, who held the whole province in a stranglehold of fear during the early '90s. It depicts their way of life, which included the grisly murder and torture of two young girls from Burlington and St. Catharines.

Dawn Shoebridge, 27, is very familiar with the area where Bernardo and Homolka lived because her rowing club did daily runs by their home.

"It's a pretty brutal and disgusting thing to make a movie about and I will not pay \$9 dollars let alone two cents to see it," she said.

Shoebridge grew up in St. Catharines and was 14 at the time of the murders.

*Deadly* is still in production and the promotion blitz has yet to begin.

To this day, Canadians are unaware of what took place during the murders or the trial itself because of a publication ban imposed by the judge.

Producer Michael Sellers used the courtroom documents of the trial as the basis of *Deadly's* plot.

Because of the touchy nature of the murders, Sellers is running into a few problems trying to get the film distributed here in Canada.

"We are in the works with Tim Danson, who represents the French and Mahaffy families, and we are still without a publicist in Canada," Sellers said.



COURTESY

Laura Prepon, better known as Donna from *That 70's Show*, will play the role of wife-turned-killer Karla Homolka in *Deadly*.

Danson will preview the film to ensure none of Canada's child pornography laws have been broken because French and Mahaffy were under 18 at the time of the murders.

The families acknowledge Sellers' right to make the movie and will not oppose it unless the depiction of their daughters breaks child pornography laws.

"The victims' names were changed; their appearance does not match the real victims, and in the movie they are not depicted nude and there is no simulated sex onscreen," Sellers said.

The scheduled release of the film in Canada has caused an uproar in Ontario, but there has been very little discussion about its content in the U.S.

St. Catharines' Mayor Tim Rigby is against the movie and said the community will resist having it aired in local theatres.

Actress Laura Prepon, better known as Donna from *That 70's Show*, will play the role of Karla Homolka.

Sellers describes how he took Homolka's character on a trajectory from an apparent moral woman to

an unscrupulous psychopath.

"We raise a lot of questions surrounding the Homolka character but it does not let Homolka off the hook and make her another victim of Bernardo," Sellers said.

"It acknowledges that some complex psychological process was at work here because beneath the 'couple next door' persona lived this darkness being played out," he said.

## Family dilemmas; a tale of four siblings and murder

MARY BONNICI  
ARTS REPORTER

You can choose your friends, but you can't choose your family.

That's the premise of David Weaver's latest film, *Siblings*, a dark comedy about four children brought together through complicated divorces and remarriages who attempt to tackle the fiasco that ensues after they kill their despicable step-parents.

Weaver said his goal was to create a movie that would get audiences laughing and keep them laughing, when they least expected it.

"Comedy allows you to talk about things alive in our culture in an honest way that a drama does-

n't allow," Weaver said.

"A lot of people come from blended families; (the script) got to the heart of that and punctured all those pretensions.

"Every kid at some point of their lives wants to escape their parents. The movie is an extension of that idea."

In the movie, a gin-swilling mother and a twisted father are so horrible, viewers will actually want the children to be orphaned.

*Siblings* focuses on the dilemmas that eldest brother Joe (Alex Campbell), his lustful teenage sis-

ter Margaret (Sarah Gadon), his younger, sexually confused brother Pete (Andrew Chalmers) and Danielle (Samantha Weinstein),

*siblings*

the "too smart for her own good" eight-year-old sister, must go through to conceal the deaths, avoid a murder rap and

inherit a fortune.

The film, which debuted to high praise at the Toronto International Film Festival, assembles a cast of talented unknowns with some of the most established actors in Canada.

Sarah Polley plays a rarely-explored comedic role as Tabby, the girl next door and love interest of Joe.

Outstanding performances shine through Jackie May's script, which is rife with clever dialogue, distinct personalities and which balances tragedy and

comedy with ease.

May successfully adds a sense of warmth and humour to the dysfunctional suburban family concept.

Weaver, who was coming off of his award-winning short *Moon Palace* and Genie-nominated first feature *Century Hotel*, was instantly intrigued.

"I (liked) the fact that it is so audacious and it says things that you're not supposed to say in polite society," Weaver said.

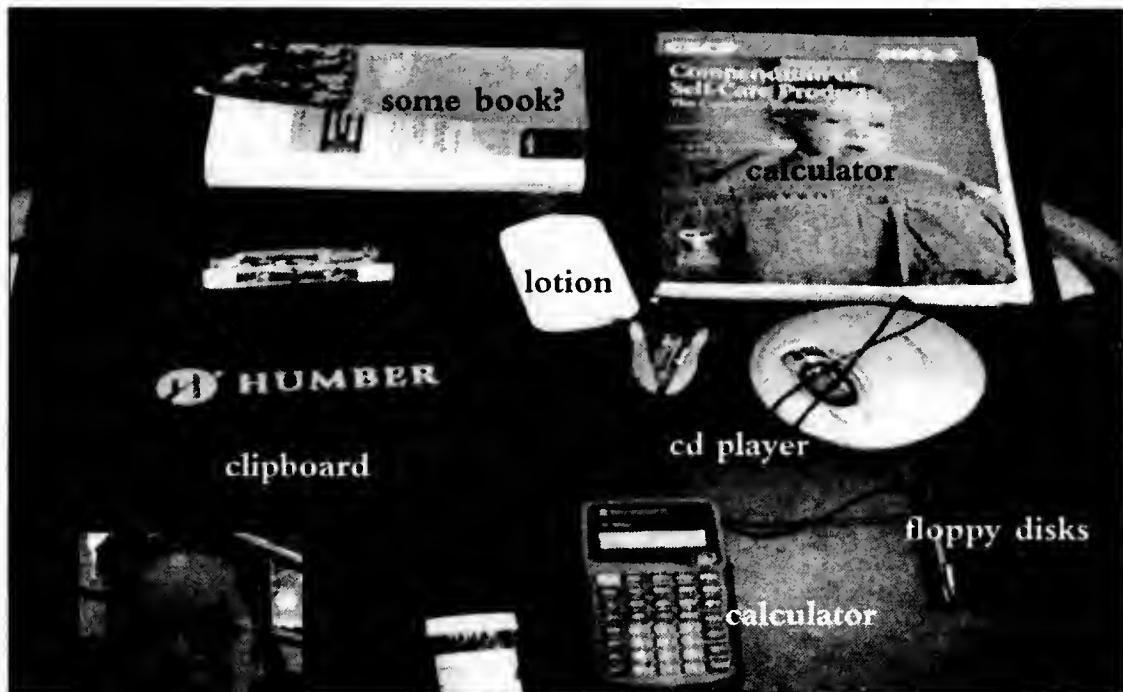
"Things that really push the boundaries. So, I loved that about Jackie's script from the very start."

*Siblings* opens April 15 in Toronto at The Varsity theatre.

# Arts

Carry-on luggage, knapsacks, purses, satchels: as long as human beings have needed to carry things, bags have been there for us.

## What's in your bag?



ERIN TAYLOR

**Fone-Ning Tang, 21,  
Phar-macy Technician.**

Among the items in Fone-Ning's bag is a bottle of cream. "We made this cream in the pharmacy lab yesterday."



PIERRE LACHAINE

**Greg Szymanski, 22,  
Media Foundation.**

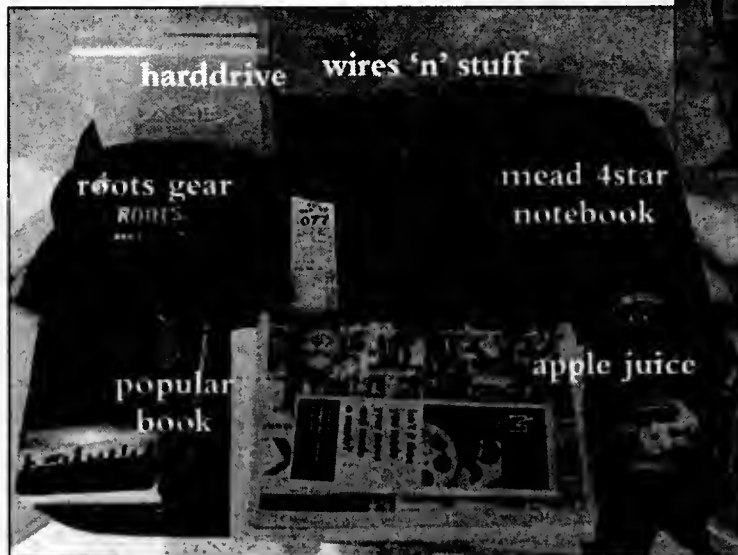
"I wanted a big, dirty belt buckle. Something with a bull and Texas on it. CDs are the most important thing in my bag. Music is everything."



PIERRE LACHAINE

**Leeanne McPhee, 25,  
Court and Tribunal.**

After a 12-hour day at Humber, Leeanne needs her bag to be filled with fuel for the day. "I tutor before and after classes, so I need a lot of food."



PIERRE LACHAINE

**Robert Koszegi, 22,  
Film and TV.**

"My most important thing is my hard drive and my calendar. All of my work and projects are on there. If I lost it I'd have to start a month's worth of work all over again."



# Arts



**Erin Taylor aka ET**  
Listening to:  
Neko Case, Bloc Party,  
Justine Rutledge, K-Os,  
Metric



**Kimberley Hawley**  
Listening to:  
Gun 'n' Roses, Motley  
Crue, U2, John Mayer,  
Roy Orbison



**Scott "Scooter" Jordan**  
Listening to:  
Hot Hot Heat, The  
Dears, Interpol, Kaiser  
Chiefs, Radiohead



**Mary Bonnici**  
Listening to:  
M.I.A, U2, Depeche  
Mode, Hot Hot Heat,  
The Shins, The Killers



**Jaqueline Afonso**  
Listening to:  
Weezer, Abba, Dean  
Martin, Sheryl Crow,  
U2



**Alexandra DeMaria**  
Listening to:  
DJ Shadow, Mark Farina,  
UNKLE, SWAYZAK,  
Terry Francis

**F**or the past 11 weeks we've scoured the hallways of Humber College in search of what you were listening to. From obscure indie bands to sugary sweet pop bands, gang bangin' rappers and all the way to the music we thought no one liked - country. Wait, except for that one girl who came clean and said Tobey Keith was in her headphones. This week, for our final *In Yo' Headphones*, we asked our entertainment writers to tell us what they're spinning. Enjoy!  
~arts/entertainment staff 2005



**Natasha Elkington**  
Listening to:  
CityFolk, Bob Marley,  
Maroon 5, Duke  
Ellington, Nine Simone



**Andy Grozelle**  
Listening to:  
Phish, Sublime, The  
Allman Brothers, Rolling  
Stones, Trooper



**Elaine Wiltshire**  
Listening to:  
Tragically Hip, Dave  
Matthews Band, Queens  
of the Stone Age, Guess  
Who



**ARTS EDITOR**  
Christina Bernardo  
Listening to:  
Michael Buble, Norah  
Jones, The Black Crowes,  
U2, and The Strokes



**ARTS EDITOR**  
Pierre Hamilton  
Listening to:  
Kaiser Chiefs, Bloc  
Party, Hot Hot Heat,  
C Ray Walz, The Hives



**Jennifer Goldberg**  
Listening to:  
The Hidden Cameras,  
Rolling Stones, Bowie,  
Patti Smith, Arcade Fire

# Arts



ABOVE AND BELOW, COURTESY

## Letting the good times roll at Buddies

NATASHA FALL  
SPECIAL TO THE ETCETERA

When David Oiyé arrived in Toronto as a gay man, he wasn't sure how to relate to the community. Now, the artistic director of Buddies in Bad Times fondly recalls the role the theatre played in forging that relationship.

Near Church and Wellesley Sts., where the heart of the gay community beats, the independently-run theatre supports queer culture.

"When I came to Buddies a year ago, I was a co-op student among other gay men and lesbians, (but) I didn't know how interact with them," Oiyé said.

"The beautiful thing about Buddies is that it gives people the opportunity to discover themselves, on their own terms, through creative exploration."

Established in 1979, Buddies has, for 26 years, supported the unique creations of gay and lesbian artists, Oiyé said.

"It provides an important voice for a community within a community and that alternative element provides a challenge."

Buddies runs original and provocative Canadian plays, festivals and cabarets.

Box Office manager Shawn Daudlin said people don't have to be gay to attend. "We have events that appeal to all."

As a non-profit enterprise, Buddies depends on donations from sponsors and government agencies.

Oiyé calls the theatre a rarity. There are a handful of queer-centric theatre companies in North America but most of them are small, receive little government support and play to small audiences.

"We are about being different and breaking boundaries. Our community comes from a place of challenge, of change, fighting for the right to be different and challenging the status quo," said Buddies associate producer, Keith Fernades.

In the past 10 years, Buddies has gone through a growth spurt. It began in the cramped quarters of a renovated garage on George St. An expansion was launched in 1993 and it moved to Alexander St. and a two-floor, two-stage theatre seating up to 300 people.

Its walls are beautifully decorated in vibrant colours, imaginative artwork and mounted posters of past productions.

Since the expansion, Buddies has experienced an increase in audience turnout, especially this year.

"It's definitely busier now than ever. We're starting to notice a much wider range throughout the audience," Daudlin said.

## Pez dispenses sweet tunes

ANDY GROZELLE  
ARTS REPORTER

That large plastic-headed icon, Pez, may soon be dispensing music instead of candy. West Lincoln Studios has announced its brain child, the Pez Mp3 player, may soon be available.

"These products are part of our pop culture," said the inventor of the Pez Mp3 player, Pat Misterovich.

The Pez Mp3 player will cost

\$129 U.S. and will be sold directly from the West Lincoln Studios website. The Mp3 player will not be able to dispense Pez.

Misterovich has an agreement with Pez pending its approval of his final prototype, which is not yet completed.

He is optimistic that he will produce 1,000 this summer and has received a lot of feedback.

"Part of the coolness is that you can put different heads on it," Misterovich said.

Currently, Pez has around 300 different heads for dispensers.

The Pez Mp3 will look like a regular Pez dispenser but with an LCD screen on one side and back buttons on the back.

"As electronics get smaller, we are going to see these things a lot more," he said.

"It's the future of technology."



JAQUELINE AFONSO

Manic Shift from left to right: Liam McGuinty, Dalton McGuinty Jr., Mitch Tilsley and Phil Khoury.

## Ontario Premier Dalton McGuinty's offspring combine to form rock band

JAQUELINE AFONSO  
ARTS REPORTER

Some bands form after their previous groups implode and disband. Others begin as jokes or are born out of chance meetings in the music scene. And then there are those bands formed by the sons of Ontario's Premier Dalton McGuinty.

Manic Shift includes two of McGuinty's sons, Liam and Dalton Jr., along with Phil Khoury and Mitch Tilsley.

They call themselves Manic Shift because of their diverse musical influences.

"Manic came from the style of

the music, how it was pretty much a mixture of a bunch of musical styles and the 'shift' just followed — then everyone agreed on it," Khoury said.

Manic Shift formed in the fall of 2002. Khoury and Dalton Jr. were playing in the McGuinty's basement, and Liam decided to join in.

A week later, Liam brought Mitch on board and the band has been playing together since.

Dalton Jr. describes his relationship with Liam as a natural one. "There's such an easy chemistry. Our personalities are very much alike."

Dalton Jr. also said his parents

have been very supportive of the band.

"They do, after all, let us practice in their basement, although they live in Toronto now.

"They even attend shows. They've both been listening to the CD for the past month and claim to like it," Dalton Jr. said.

"It's tough to tell just because they're our parents. In truth, they were being sincere."

Manic Shift recently released the album, *Videos and Photographs*.

"We wanted it to be a lyric from one of the songs ... we wanted it to have a feel for the album, and *Videos and Photographs* is (about) reminiscing," Dalton Jr. said.

Khoury said it was easy to design the CD cover once they chose a name for the album.

"A lot of those songs are older than the band, lyrically. They are basically snapshots of my experience," Khoury said.

Unlike more popular rock bands, these guys are still in pursuit of higher education. Tilsley goes to Algonquin College, both Dalton Jr. and Khoury attend Ottawa University, while Liam, studies at Carleton University.

Manic Shift has been playing in and around Ottawa, and hopes to play in Toronto this summer.

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## NFB hypes indie films

ERIN TAYLOR  
ARTS REPORTER

The National Film Board's Mediatheque building helps give small film festivals their start and follows up by screening their most hyped selections for free.

*Hardwood*, an NFB film, was nominated at this year's Academy Awards best short documentary.

The documentary's producer, Erin Faith Young, said having their films screened at Mediatheque's personal viewing stations helps expose the filmmakers' work to a wider audience than those who show up at festivals.

"After the festivals and the Oscars there is buzz about the film," Young said. "Now we can direct people straight to the NFB."

She said it also helps the crew in the future when they are applying for funding for new projects because companies can see that the NFB values the quality of their work by showing it in their facility.

NFB community relations offi-

cer Pia Musngi said the Mediatheque is unique.

"This is a public space where we show over 1,400 digitized video selections that can be watched on personal viewing stations," Musngi said.

"Students can come here to research different film techniques, the history of Canadian film, and the evolution of filmmaking in this country."

The Mediatheque boasts two theatres where Musngi said independent film festivals arrive to showcase their work weekly.

Andrea Cohen and Karin Haze, at the John Spotton theatre, were setting up frantically for the Nomades des Courts Mètrange-a Francophone short film festival that they created and curated.

"This is our second year here," Haze said. "We try to bring in the whole community and the NFB helped complete our journey by offering us this theatre."

Musngi said the Mediatheque is proud to be a starting point for



ERIN TAYLOR

Mediatheque allows people to watch films in high-tech viewing stations. For more information visit [www.nfb.ca/mediatheque](http://www.nfb.ca/mediatheque).

these festivals.

"We have a different kind of voice than everything you see out

there," she said. "We're able to bring independent Canadian films to the forefront of the public."

## Unique adaptation of *Alice in Wonderland* hits the stage

Production for a theatrical adaptation of Lewis Carroll's *Alice in Wonderland* is in full swing. Directed by Kevin Sheard, the play features a cast of unknown actors from ages four and up.

They have little to no acting experience and this inventive production aims to reap the fruits of their collective imaginations.

For 27 years, Sheard has enjoyed an active career in the arts. For this project, he wants to strip away all the nonsense, leaving only the acting and imagination.

The play will be performed April 29 to May 15. For further information contact Jane Harbury Publicity 416-922-4459

## TV students to perform before live audience

ELAINE WILTSHIRE  
ARTS REPORTER

The second year Acting for Film and Television class will be getting a taste of the real world next week.

The AFTV class will participate in the first annual live showcase next Friday.

Students are vigorously preparing scenes from various movies and TV shows which will be performed live and broadcast in the HSF movie lounge.

Program Coordinator Neil Dainard said the showcase gives students a chance to understand what it's like to act for an audience

they can't see.

"I got the idea from working in the same building as the theater students who are always performing for an audience," Dainard said. "TV and film actors generally don't have a live audience so they can't change their performance based on the audience reactions."

Student actors are currently in rehearsals for the presentation and are excited about showing what they can do.

"It's a great opportunity to practice in front of an audience other than our teachers," said second-year AFTV student Jennifer Strug. Strug said the showcase mimics

real life because it's only after a film is aired that actors get to see the audience's reaction.

Dainard said he is tentatively scheduling an informal reception where the actors can meet the audience and hear about their performance.

"Feedback is essential," said second-year student Phil Poirier. "An actor has to know what interests the audience and what doesn't."

The showcase will be broadcast at 7:30 p.m. next Friday and is a great opportunity to see what Humber's acting program has to offer.

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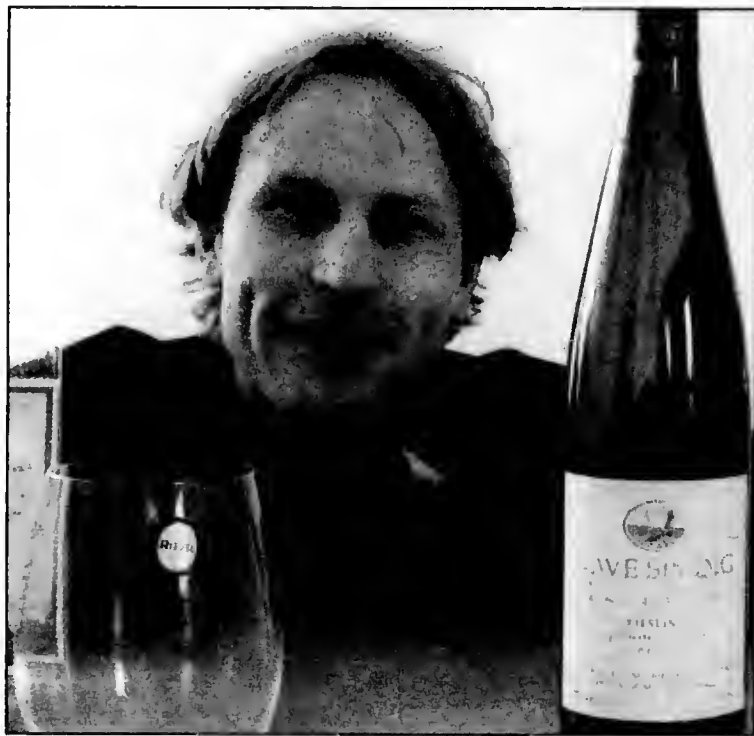



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# Business

## Humber graduate challenges LCBO monopoly



COURTESY

Wineonline.ca co-founder Joshua Arndt is currently enjoying great success with an original service that is in high demand.

NATASHA HANIFF  
NEWS REPORTER

When Joshua Arndt was a 10-year-old boy cutting grass to earn a few bucks, he never imagined that 20 years later his entrepreneurial spirit would make him an international retail wine merchant.

The Humber graduate has designed an alternative to the LCBO with an e-commerce site at [www.wineonline.ca](http://www.wineonline.ca).

The online platform allows him to legally sell domestic and imported wines to consumers worldwide.

"People really like what we do. In other parts of the world wine online has been around for a while but, in Ontario, it's brand new," Arndt said.

"So people are like 'wow this is really cool, I can actually buy wine outside of the LCBO!' There's great wine all over the world but through LCBO you only get a tiny sample of (it)."

The idea of selling wine on the internet started when Arndt reconnected with friend Aaron Bick in Toronto after spending some time

in Vancouver and the Caribbean.

Bick's neighbour operated a wine delivery service where people would phone in their orders and he would deliver a bottle within one hour to doorsteps anywhere in New York City.

**"There's great wine all over the world but through LCBO you only get a tiny sample of (it)."**

-Joshua Arndt, Wineonline.com

The combination of Bick's business experience, Arndt's web expertise and an opportunity to offer a unique service in Ontario resulted in the launch of Wineonline in May 2004.

They carry hand crafted boutique products and the emphasis is

on quality wine not produced in mass numbers. The main attraction of the service is the availability of high-quality products with convenient ordering and delivery service.

The site also lists local restaurants carrying a customer's selection. Arndt says at least 50 of the city's top restaurants make up their client base, lending Wineonline some credibility and giving them exposure through word of mouth.

The biggest challenge was creating a service never before offered in Ontario to give local clients some choice over the LCBO monopoly.

"The regulations with the LCBO are really old," Arndt said. "It took a lot of time to determine if what we were doing was legal; we talked to a lot of lawyers trying to interpret laws and regulations."

Despite the challenges, Wineonline is making a profit, averaging at least 10,000 hits to the site per month and Arndt and his partner have just been granted a license to operate in Nova Scotia.

## Design contest looks for students with an eye for chic

Help design Vespa's new ad campaign and win a scooter

EMILY WILLIAMS  
BUSINESS REPORTER

The Advertising & Design Club of Canada is providing students with an alternative way of earning money and the chance to own a brand new Vespa scooter.



COURTESY

The new 2006 Vespa scooter ET2, donated by Canadian Scooter Corp., is the grand prize in this year's ADCC National Student Competition. The value of the 2005 model is about \$5,000.

The competition is open to all full-time, post-secondary students enrolled in Canada.

Applicants can submit one entry in each of four categories: advertising, graphic design, editorial design and interactive programming. Similarly, judges will include people who work in each of those four fields.

The objective of the competition is to design a new ad campaign for Vespa scooters; to portray them as a chic and trendy form of transportation.

"The entries will be judged on execution and how well they follow the design criteria, originality and creative excellence," said competition representative Karin Dublin.

Each category has different requirements. Work could include submitting an ad campaign, designing a logo, creating a double page editorial spread or making a website.

"The competition is designed along the lines of a professional brief that an agency or a design firm would receive from a client," Dublin said.

In addition to the grand prize Vespa, three cash prizes of \$500 will be awarded by the London International Advertising Awards.

Winning entries will be published in the ADCC 2005 Awards Annual and the first place winner could receive their prize at the awards show on Nov. 3, 2005.

Each submission has an entry fee of \$10 for club members and \$15 for non-members.

The deadline for the competition is 5 p.m. on June 2, 2005.

To download the entry form, visit <http://www.theadcc.ca/vespart>.



COURTESY

A Lakeshore public relations class spent two-and-a-half months organizing the first Humber ApPReciation event.

## Humber shows some apPReciation

LAUREN LA ROSE  
BUSINESS EDITOR

More than 150 public relations professionals, faculty, alumni and third-year PR diploma students attended Humber's first ApPReciation event last Wednesday at the Courthouse Market Grille in downtown Toronto.

The event was to thank sponsors for their contributions to the PR program, which include providing field placement opportunities for final year and post-graduate students, acting as mentors and speaking on campus. PR faculty was also recognized for their leadership of students.

Humber's Cameron Britton Jazz Band also performed as guests

mingled in a lounge atmosphere.

Guest speaker Martin Perelmuter, president of Speakers' Spotlight, spoke to guests of how PR helped grow his business. Door prizes included Blue Jays tickets, gym passes to Soul Fit and Good Life Fitness and necklaces from Foxy Jewellery.

Event chair Elliot Chun said the mood struck the perfect tone and fulfilled their aim of keeping business out of the equation.

"Our goal with an appreciation event is not to create an intense situation for people trying to solicit jobs," he said. "We wanted to avoid the networking aspect and make them feel appreciation for their involvement in the Humber program."

# Business

## Biz students, staff get Pinballed by Argos coach



DANIELLE SAVONI

Mike "Pinball" Clemons shares his unique brand of motivation with students and faculty of Humber's business program.

DANIELLE SAVONI  
BUSINESS REPORTER

Mike "Pinball" Clemons, Toronto Argos running back-turned-coach, was at Humber's North Campus last Thursday to give a motivational speech to business students and faculty.

"He is just as effective a speaker as he is a coach," said Business Administration student Patrick Lodeserto.

Clemons hung up his jersey in September 2000 to become the Argos' head coach. Recognized for his community involvement, he has dedicated a tremendous amount of time to charities and schools.

"It gives me great inspiration to watch young people and to see their passion, their innocence and their fire," Clemons said.

Pinball's message to his wide-eyed audience was about passion and diligence.

"Be passionate about what you do," Clemons said. But he added that passion is only one piece of the

success puzzle and must be combined with hard work. "Success is one per cent inspiration, 99 per cent perspiration."

More than 150 students and faculty attended the event and many lined up to shake Pinball's hand after his speech. Many were touched by his words.

"He was very inspirational and motivating," said Business Administration student Ingrid Oliveira. "He makes you look at life from a different perspective. It's not all about yourself, you need to think about others to build yourself."

Clemons said hard work helps people achieve things beyond expectation.

"My petition to you, is make no excuses," he said. "Excuses are like belly buttons. Everybody's got one, but they're useless."

Alvina Cassiani, associate dean for the business school, said the presentation gave students a good message for exam week. "This is the time you don't give up," she said. "This is the time you keep going - finish it."

**"It gives me great inspiration to watch young people and see their passion, their innocence, their fire."**

-Mike "Pinball" Clemons

## College poker tourney has scholarships in the cards

EMILY WILLIAMS  
BUSINESS REPORTER

Students can win scholarship money and learn life lessons by playing online poker, says Lou Krieger, the host of the already underway second annual College Poker Championships. The online tournament has no entry fees because all events are played with tournament chips.

Thirty-seven qualifying rounds will be played over eight months, after which the top 10 per cent of players will move on to play in a satellite event. The top 20 per cent of that event will move on to play in the final for a chance to win scholarship prizes.

The top 10 in the finals will win a share of \$94,500 US, with the winner taking home \$41,000. Students placing 11th to 80th place win a share in \$15,500 of scholarship awards.

The tournament is open exclusively to full or part-time college and university students worldwide enrolled for the 2005 academic year.

"Most of the players enrolled have never studied poker before and are just flying by the seat of their pants," Krieger said.

Participation is expected to exceed 30,000 people this year, a large increase from last year's approximate 10,000 participants.

## Organic company sees green

PIERRE LACHAINE  
IN FOCUS REPORTER

People looking for environmentally-friendly organic food this Earth Day on April 22 need look no further than Green Earth Organics.

"Right now, we offer three different boxes (of food) with the ability to make four to six substitutions," said owner and president Bill O'Dowd.

After working for Greenpeace for three years after university, O'Dowd and friend Dan Henry decided to start the business in Vancouver in 1998. Their organic food is grown without synthetic chemicals and is grown locally whenever possible.

"At the time, organic food was a subculture which we thought we could make mainstream," O'Dowd said.

They ran the business out of their house until they could afford a van and a warehouse. O'Dowd eventually split the business in two by moving to Toronto and starting again.

Boxes are filled with different organically grown fruits and vegetables which vary weekly, depending on the season. Boxes range in price from \$35 to \$60.

Organic food, O'Dowd said, is better for the environment but many consumers still don't purchase it. Price is a big factor since fruits and vegetables in grocery stores are so much cheaper.

"It's supply and demand. Organic food is more labour intensive." He said the price of organics will drop as more people learn of its benefits and make the switch to support the industry.

O'Dowd estimates that buying through Green Earth Organics will

cost about 20 per cent less than the organics section at the supermarket.

"We don't have a lot of waste because our food is delivered every day," he said. "And we don't have an expensive storefront."

O'Dowd has seen steady growth in the business since he opened in Toronto in the fall of 2000.

With six employees, 2,000 customers and 500 deliveries per week, mostly through their website at [www.greenearthorganics.com](http://www.greenearthorganics.com), the business is catching on.

O'Dowd admits running his own business has been a learning experience, but Toronto has been kind so far.

"We initially did mail-out brochures and we picked key areas we thought would be very receptive, like the Beaches," he said.

He has also found a "community of like-minded businesses" which has enabled him to get his message out through word of mouth.

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# Sports

## Simek looks to bring spiking barrage to the beach Humber athlete-of-the-year shooting for success beyond men's volleyball team

MIKE ANTINOZZI  
SPORTS REPORTER

To many players, beach volleyball is just a hobby, but for Chris Simek, it's a part of life. He's been playing the summer sport since the age of 12.

"One of the guys on my indoor team, when I was in Grade 8, asked me if I wanted to play beach. We started to play on the Ontario Volleyball tour and we finished first in the province."

With the summer Olympics approaching in 2008, Simek says that Canada has potential to cause havoc for opposing countries.

"Conrad Lienemann played really well in the 2000 Olympics. He now has a partner that is 6'-10" and has a lot of ball control. I think they are sitting in the top 25 in the world so they are likely candidates."

With Canada competing in several junior, pro and world tournaments - including one in Montreal this summer - Simek believes the sport can get much

more hoopla than it currently has.

"There are a lot of people trying to promote the sport, which will hopefully cause more publicity to draw people towards playing it. It's a great sport; you're in the sun, getting a tan and doing something fun."

Simek said to succeed at the beach, you must be focused and have knowledge of the game, your opponent and your teammate.

"Beach volleyball is less organized and requires a lot of self-coaching. A coach can only teach you so much. Experience and repetition teach the rest."

That may explain why Simek doesn't focus so much on the beach babes when playing or preparing for a game.

"I don't know if I would go out of my way to pick up a girl at an event. I'm pretty serious about what I plan to achieve."

Focus is a trait that has helped Simek to excel in the sport, but he's had to struggle in the past.

"A rough stage of my life in beach volleyball was in the summer of 2002 when I didn't qualify for the Jr. World Championships," Simek said.

"It was really frustrating to find out someone else qualified and had the option to choose the partner of his choice that ranked in the top five in Canada."

Simek went on to compete at the nationals held in Fredericton, New Brunswick, where he had a successful tournament up until the bronze medal game.

"I got packed pretty hard (in the face)," he said. "The whole crowd was on their feet laughing at me. I don't blame them. It was a good swing that left me on my back."

Simek and his partner, Christian Redmann, will be competing in the Toyota Pro tour on the east coast this summer.

"Hopefully, in the next 10 years, I will be competing for Canada in the World."



## Humber basketball aims at next year's nationals

Provincial title not enough as men's and women's basketball begin gunning for nationals

**"We need our players to get stronger, faster and improve their individual game."**

*Denise Perrier, head coach*

KIMBERLEY HAWLEY  
ARTS REPORTER

The sweat is barely dry on the faces of Humber's women's basketball team, but coach Denise Perrier is already thinking of next season.

"Next year we'll be a young team with a lot of returning players. We had the experience of going to nationals, and we want to build on that. We need our players to get stronger, faster and improve their individual game," Perrier said.

The women's team could be losing two key players, Karine Nicolas and Fayola Creft. Each has one year of eligibility left and Perrier hopes to have them back.

"They both really add to our team," Perrier said.

Only 10 players on this year's team will return next year. Perrier is looking at Erin Chamberlain and Tanya Castang, returning as 3rd and 4th year players, to bring real leadership to the team.

Returning players and new players will be part of the Summer Basketball League. Open runs and individual workout sessions throughout the summer are also important to keep the team in shape.

"We give athletes workout programs for the summer, but most are not disciplined enough to do it. We want to make sure they come into the September training/tryouts in shape to cut down on injuries," Perrier said.

As the coach and players look forward to next season, it shouldn't be forgotten how well the women's team did this year.

In early March they won the OCAA. The team finished their season with a 6th place finish in the CCAA.

KIMBERLEY HAWLEY  
ARTS REPORTER

After a strong season on the court, finishing first at the OCAA provincials in March and a 4th place finish at the CCAA nationals, Coach Darrell Glenn is recruiting for next year's team.

"For us to continue to compete at the level we did this season, we'll have to do a good job bringing in talent," Glenn said.

The men's team is losing a number of players. Samson Downey, Jason Walcott, Sean Bookal, Jon Joseph, Neriya Tsur, Roger Scott and Maurice Spence are graduating while JR Bailey and Aron Barigabre are off to university.

Shane Dennie, Brad Archer, Jake Keller and Andrew Thompson are a few key players who will return.

Glenn has a practical approach when talking about following-up the success his team had this year.

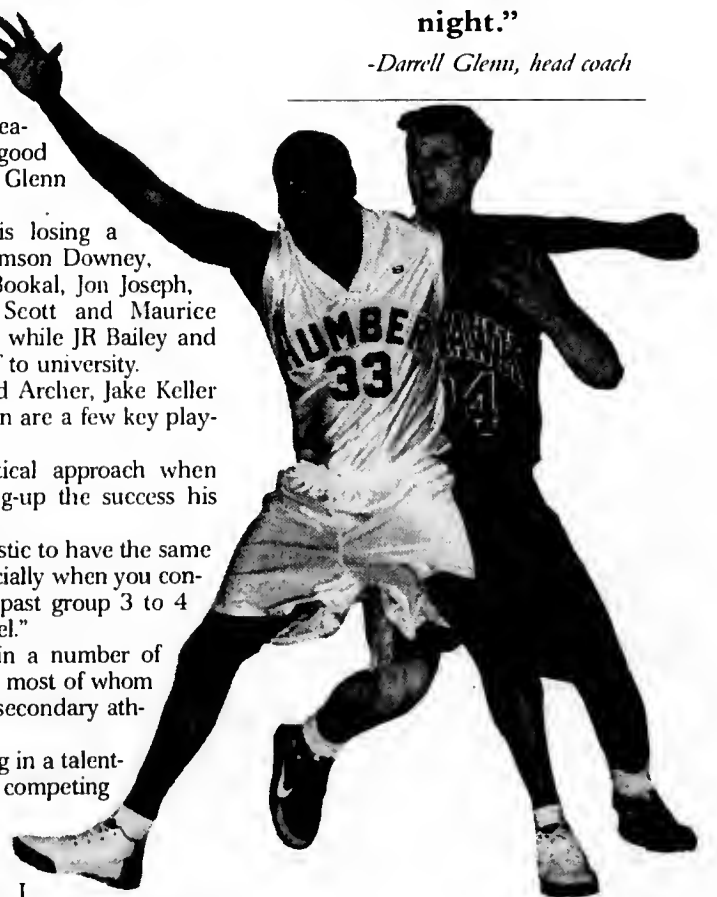
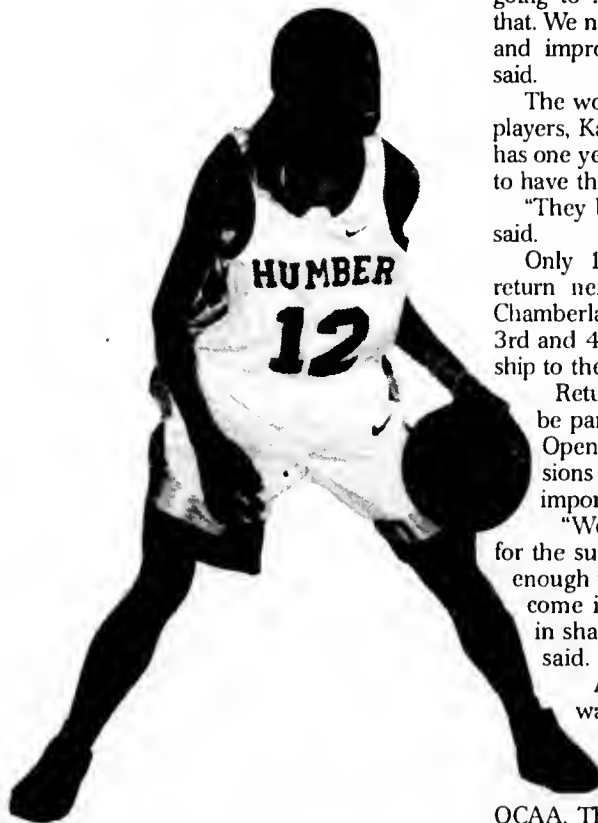
"It may not be realistic to have the same results next year, especially when you consider that it took this past group 3 to 4 years to get to this level."

Glenn will bring in a number of new players next year, most of whom will be first-year, post-secondary athletes and students.

"I'm looking to bring in a talented group capable of competing each night," Glenn said. "Right now I don't have too many expectations because I don't know what kind of team we'll be putting on the floor."

**"I'm looking to bring in a talented group capable of competing each night."**

*-Darrell Glenn, head coach*



## Sidelined



**KEN  
RODNEY**

on the Blue Jays' great start...

Enjoy it while it lasts: The Toronto Blue Jays are off to an improbable and amazing start to the 2005 season that really is a carry over from the success they had in Spring Training.

Every comment I hear about the Blue Jays early success is prefaced by "you know it isn't going to last." Or "there is no way they'll be where they are now in September" Forget September, enjoy it in April.

enjoy

Why not be happy that the Jays are one of the best teams in baseball? Marvel at the fact that Eric Hinske is once again hitting the lights out, a sight we haven't seen since his rookie-of-the-year season. Enjoy watching rookie Gustavo Chacin and his dark glasses as he makes major league hitters look foolish with his breaking pitches. Break out the vintage Joe Carter jersey you banished to the back of your closet in 1997 and wear it proudly or go down to your local sports shop and pick up one of those sweet new black ones.

The Jays are playing every single facet of the game well, including hitting for power, despite the fact that the entire 2004 Toronto Blue Jays offence is starting at first base for the Florida Marlins.

The Jays are defending the field and have even stolen a base making an attempt to get away from the station-to-station baseball that failed them last season.

But not everything has been positive for Toronto in 2005. The fact Scott Schoeneweis is the only lefty in the bullpen has meant that he has pitched in almost every game the blue birds have played. They're going to need another southpaw or give up on matchups because, at this rate, they'll burn Schoeneweis out by June.

recipe

Timely hitting, Cy Young quality pitching and gold glove defence: I'm not trying to say the Red Sox and Yankees are going to finish looking up at the Blue Jays, I'm merely pointing out they are looking up at the Blue Jays now.

This has forced American commentators and sports websites to actually acknowledge that there is a team in Toronto and that they are in fact called the Blue Jays. You should enjoy that fact because come September...well...just enjoy it now.

etceterasports@hotmail.com



COURTESY

Risha Toney accepts the female athlete of the year award from athletic director Doug Fox. Toney led the women's volleyball team to a provincial silver medal.

## Volleyball cleans house at athletic banquet

### Toney, Simek athletes of the year

**KEN RODNEY  
SPORTS REPORTER**

Humber's volleyball teams were the big winners at the Diamond banquet athletic awards held to honour the achievements of the 2004-05 season.

Chris Simek and Risha Toney were named male and female athletes-of-the-year.

Simek burst onto the volleyball scene this year and led the league

in points per game. He played a major part in helping the men's volleyball team win its first provincial gold medal in 30 years.

"He was unstoppable," said Athletic Director Doug Fox. "Nobody had the answer to the type of athletic ability he has."

Toney, a solid and consistent player, was looked upon to lead a very young women's team. She lifted them beyond expectations to a provincial silver medal.

"Risha is the best athlete we've had here for a number of years," Fox said. "For her to play middle position at 5' 4" and dominate the league is just incredible."

Rising soccer star Connie Tamburello was named female rookie-of-the-year while the male first year award was shared by golf champion Mike Zizek and volleyballer Peter Dionisio.

Zizek and lady Hawk volleyball player Jolande Amoraal were honoured for being academic all-

Canadians.

Individual awards were also given out to the top player and top rookie in each of Humber's varsity programs.

The awards were put together by the Student Athletic Association and featured impressive audio/video elements. Handed out in a nomination format usually reserved for the Academy or Grammy awards, they were interspersed by a video, showcasing the best moments of the year. Fox was pleased with the effort put forth by the SAA.

"It was outstanding. The whole evening was tremen-

dous," Fox said.

Everyone attending the awards show was given a yearbook and a DVD copy of the awards video.

The Diamond awards cap off what, according to Fox, has been the most successful season in the history of Humber athletics.

Provincially, the school dominated, capturing six championships and five silver medals. The Hawks also have 26 athletes on various provincial all-star teams. On the national stage, the golf team were the big winners netting five medals including two championships.

Fox is confident his athletic programs can take it one notch higher next season.

"I'd like one year to win every sport we have," he said.

**"Risha is the best athlete that we've had here for a number of years."**

*-Doug Fox, athletic director*

## Humber athletic facilities to remain busy through summer

### National basketball teams, Nike to use Humber gym

**MATT LANG  
SPORTS REPORTER**

Student access to the gymnasium throughout the summer will be available but partially curtailed as the national men's and women's basketball teams will undergo their first developmental training camp at Humber College facilities.

Newly appointed men's head coach and longtime Raptors commentator, Leo Rautins, is expected to

make his first appearance at the camp, which has become an annual occurrence at Humber.

Nike will also hold its yearly All Canada Basketball camp at Humber. The program, operating in conjunction with Basketball

Canada, invites the top ranked male and female basketball players to show off their skills to NCAA Division I recruiters.

Facility manager Dean Wylie said recruiters have come from some of the NCAA's top programs, including Michigan and USC. Given the level of talent under one

roof, Nike has a strict set of rules governing the camp.

"They're very sticky about who they let into the gym," Wylie said. "Coaches are not allowed to talk to the players; no one

is allowed to talk to the players, except the Nike representative."

In addition, soccer and rugby players can expect softer turf on the valley as the long-awaited irrigation system on the multipurpose field should be fully operational at that time.

**"No one is allowed to talk to the players, except the Nike representatives."**

*Dean Wylie, facility manager*

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# HUMBER STUDENTS' FEDERATION

## ABOUT OUR ORGANIZATION

The Humber Students' Federation is the official voice of 16,000 full time students at Humber, the HSF continually offers a wide range of quality services and programs to Humber Students and lobbies the provincial government regarding important issues that affect you. We encourage you to inquire about the many initiatives we are undertaking on your behalf and encourage you to get involved.

## STUDENTS HELPING STUDENTS



### 2005/06 EXECUTIVE

- Joey Svec, President
- Daniella Cross, VP Administration North
- Cynthia Malagano, VP Campus Life North
- Cameron McKenzie, VP Administration Lakeshore
- Michelle Malagano, VP Campus Life Lakeshore

- Humber Theatre
- Humber Student Agreement
- HSF Food Bank & Resource Centre
- Events Fundraising Lakeshore
- Election Funding – Lakeshore
- Campaigning for Elections
- CA Campaigns Funding
- E-Link Logo Rebranding and Infrastructure Improvements
- AP Computer Store Space turning into lounge room and Club Space

### SERVICES

- HSF Food Bank & Resource Centre
- Graduation Photo
- Health and Dental Insurance Plans
- Free Legal Advice
- SPED
- Student Centre
- Used Books Service Lakeshore Campus
- Student Appreciation Awards
- Student Art Show
- Discounted TTC Metro Pass
- HSF Bursaries
- Games Room Facilities
- E-Link Computer Labs
- Members of CSA –  
([www.csaontario.org](http://www.csaontario.org)) Student advocacy  
with the provincial government

# HSF

## FOR FURTHER INFORMATION

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